Dear reader,

The changes implemented in the REEUSP are already being noticed. We have received warm compliments for the modifications and we are grateful for these gestures that encourage us to do more, disseminating in earnest quality research and reflections on Brazilian nursing. It is also worth mentioning that it is a pleasure to be publishing the research of our colleagues from different regions of Brazil and abroad.

This issue has a red cover (the color of fire, symbolizing vitality, transformation and light) and shows that nurses are broadening their understanding of care, seeking new knowledge to better serve the health needs of the public. They are initially practicing on themselves some complementary health practices, such as floral and phytotherapy, and massage.

We present some experiences from the health sector that have contributed decisively towards the materialization of the principles of the SUS (Brazilian Unified Health System), and which have also provoked important changes in the current care model.

The struggle of nurses to understand how patients with chronic renal insufficiency deal with their hemodialysis treatment and with the possibility of a kidney transplant.

Another study discusses information technology in education, its benefits, its ethical and ideological implications of its use in nursing education and practice.

Information technology is the focus of a study which describes the development of an online course concerning the process for the administration of medicine, using the WebCT (World Wide Web Course Tools) with university students.

Anxiety and mechanisms for coping in ambulatory surgical patients during the preoperative period continues to concern nurses, due to the results of a study showing that there is no statistically significant relationship between the anxiety state, coping mechanisms and clinical alterations. Just as another study, by our colleagues in Ceara, Brazil, that shows there is no direct relation between the number of hours worked and the stress of nurses that work with patients with mental disorders.

The focus of research presented by our colleagues from Ribeirao Preto, Sao Paulo, Brazil, addresses cultural perspectives of nursing professionals who care for burn victims in a burn unit. Sexuality appears as a cultural construct in research conducted with a group of 11 women from a rural community, in the state of Rio Grande do Sul.

Our colleagues in the state of Minas Gerais share their qualitative research, with a phenomenological approach, which seeks to explain what it means for women to be submitted to a colposcopic exam.

Psychiatric patient care appears in a study that addresses the importance of promoting physical activities and aims to identify the potential for change in behavior and the beliefs of nurses about the benefit of physical activities for patients, relating how these activities are developed in the hospital and the factors that have influenced the nurses to promote these activities.

We close our third issue of the year with the second part of the article "Critical thinking and accuracy of nurses" (the first part was published in this year's second issue), a contribution from our North American colleague.

We are grateful for the confidence you have placed in our periodical. Our aim at REEUSP is to emulate the action of a fruit tree, which when their branches are heavy with fruit, bend and dip for others to pick what it has to offer.

Enjoy!