# 6 - ORIGINAL ARTICLE ANESTHESIA

# Effects of a continuous rate infusion of butorphanol in isoflurane-anesthetized horses on cardiorespiratory parameters, recovery quality, gastrointestinal motility and serum cortisol concentrations<sup>1</sup>

Bianca Paludeto Dias<sup>I</sup>, Marcelo Augusto de Araújo<sup>II</sup>, Maurício Deschk<sup>III</sup>, Thomas Alexander Trein<sup>IV</sup>, Nirmem Carlos Pinheiro<sup>V</sup>, Silvia Helena Venturolli Perri<sup>VI</sup>, Celso Antônio Rodrigues<sup>VII</sup>, Paulo Sergio Patto dos Santos<sup>VIII</sup>

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<sup>1</sup>Master, Program in Animal Science, Faculty of Veterinary Medicine, Sao Paulo State University (UNESP), Araçatuba-SP, Brazil. Acquisition of data, technical procedures, manuscript writing.

<sup>II</sup>Master, Faculty of Veterinary Medicine and Animal Science, Federal University of Mato Grosso do Sul (UFMS), Campo Grande-MS, Brazil. Acquisition of data, technical procedures.

<sup>III</sup>Fellow PhD degree, Program in Animal Science, Faculty of Veterinary Medicine, UNESP, Araçatuba-SP, Brazil. Acquisition of data, technical procedures.

<sup>IV</sup>Fellow Master degree, Program in Animal Science, Faculty of Veterinary Medicine, UNESP, Araçatuba-SP, Brazil. Acquisition of data, English language.

<sup>v</sup>Agricultural technical, Department of Clinical, Surgey and Animal Reproduction, Faculty of Veterinary Medicine, UNESP – São Paulo State University, Araçatuba-SP. Acquisition of data, technical procedures

<sup>VI</sup>PhD, Assistant Professor, Department of Support, Animal Production and Health Faculty of Veterinary Medicine, UNESP, Araçatuba-SP, Brazil. Technical procedures, statistical analysis

VIIPhD, Associate Professor, Department of Surgery and Anesthesiology, Faculty of Veterinary Medicine and Animal Science, UNESP, Botucatu-SP, Brazil. Critical revision.

VIIIPhD, Assistant Professor, Department of Clinical, Surgery and Animal Reproduction, Faculty of Veterinary Medicine, UNESP, Araçatuba-SP, Brazil. Conception, design, intellectual and scientific content of the study; statistical analysis.

# **ABSTRACT**

**PURPOSE:** To assess the cardiorespiratory parametes, recovery, gastrointestinal motility and serum cortisol concentrations in horses anesthetized with isoflurane with or without a continuous rate infusion (CRI) of butorphanol for orchiectomy.

**METHODS:** Twelve adult, intact, male horses weighing  $332 \pm 55$  kg were included in the study. Xilazine was administered as premedication. Anesthesia was induced with ketamine and midazolam and maintained with isoflurane. Butorphanol (0.025 mg kg<sup>-1</sup> bolus) or an equivalent volume of saline (0.9%) was given intravenously followed by a CRI of butorphanol (BG) (13  $\mu$ g kg<sup>-1</sup> hour<sup>-1</sup>) or saline (CG). Cardiorespiratory variables were recorded before (T0) and every 15 minutes for 75 minutes after the start of infusion. Serum cortisol concentration was measured at T0 and 60 minutes, and 30 minutes and 19 hours after the horse stood up. Recovery from anesthesia was evaluated using a scoring system. Gastrointestinal motility was evaluated before anesthesia and during 24 hours after recovery.

**RESULTS:** There were no significant differences between groups in cardiopulmonary variables, or recovery scores or serum cortisol concentrations. A reduction in gastrointestinal motility was recorded for 60 minutes in BG.

**CONCLUSIONS:** Continuous rate infusion of butorphanol in horses anesthetized with isoflurane did not adversely affect the cardiopulmonary variables monitored, or recovery scores. A small but statistically significant reduction in gastrointestinal motility occurred in the butorphanol group.

Key words: Blood Gas Analysis. Analgesics, Opioid. Anesthesia, Inhalation. Orchiectomy. Horses.

#### Introduction

Inhalation anesthesia is associated with a dose-dependent cardiovascular and respiratory depression<sup>1</sup>. Balanced anesthesia is often used to decrease inhalant anesthetic requirement, thereby limiting cardiovascular depressant effects and providing additional analgesia<sup>2,3</sup>.

Butorphanol, a synthetic narcotic agonist-antagonist ( $\mu$ -receptor antagonist and k-receptor agonist), is commonly used in equine medicine and is considered an efficacious and safe visceral analgesic in adult horses<sup>4-6</sup>. Causes minimal cardiovascular and respiratory effects in adult horse<sup>7,8</sup> and contributes to the management of balanced anesthesia<sup>9</sup>.

The use of butorphanol in horses with abdominal pain is controversial. Even though it provides considerable visceral analgesia, it promotes gastrointestinal changes, decrease in gastrointestinal sounds, reduction in fecal output, and production of dry feces, as well as changes in behavior such as excitement, increased locomotor activity, tremors, pawing and ataxia<sup>6</sup>.

According to Sellon *et al.*<sup>8</sup>, a continuous rate infusion (CRI) of butorphanol at 23 µg kg<sup>-1</sup> hour<sup>-1</sup> in healthy horses, compared to a bolus administration of 0.13 mg kg<sup>-1</sup> in the immediate postoperative period, was useful for pain management. The continuous rate infusion had less impact upon gastrointestinal function than the bolus. Moreover, the use of a continuous rate infusion for postoperative analgesia in horses with colic (13 µg kg<sup>-1</sup> hour<sup>-1</sup>) provided less weight loss and faster hospital discharge<sup>10</sup>.

The purpose of this study was to investigate the changes in cardiopulmonary parameters, serum cortisol concentrations, quality of recovery, and postoperative gastrointestinal motility in horses isoflurane-anesthetized and submitted a CRI of butorphanol. The authors hypothesized that a CRI of butorphanol would not cause clinically relevant changes in cardiopulmonary variables and postoperative gastrointestinal motility, but would improve the quality of recovery and decrease serum cortisol concentrations.

# Methods

The study and experimental design were approved by the local Institutional Animal Care and Use committee (protocol number 005866). Twelve adult, intact, male horses aged 3  $\pm$  1 years and weighing 332  $\pm$  55 kg were included in the study. All the horses were healthy as determined by physical examination and whole blood count. The animals were equally and randomly distributed into two groups, butorphanol group (BG) and control group (CG), and submitted to orchiectomy.

Food and water were withheld 12 and 4 hours, respectively, prior to anesthesia. On the day of the experiment, a 14-gauge catheter (Insyte, BD, Juiz de Fora-MG, Brazil) was aseptically inserted into each jugular vein for administration of drugs and intraoperative fluid.

Benzathine penicillin G, (22,000 IU kg<sup>-1</sup>; Pentabiótico reforçado, Fort Dodge Animal, Campinas-SP, Brazil) was administered intramuscularly (IM) before anesthesia.

All horses were premedicated with xylazine (0.5 mg kg-1; 20 mg mL-1; Dopaser, Calier, Osasco-SP, Brazil) by intravenous (IV) injection. Anesthesia was induced 10 minutes later by ketamine ( $1.8 \pm 0.6$  mg kg-1; 100 mg mL-1; Vetaset, Ford Dodge, Campinas-SP) and midazolam (0.05 mg kg-1; 5 mg mL-1; Dormire; Cristalia, São Paulo-SP, Brazil).

Immediately after induction, the horses were intubated with an endotracheal tube, positioned in dorsal recumbency and maintained on isoflurane (Isoforine, Cristalia, São Paulo-SP) vaporized in oxygen at a flow rate of 15 mL kg<sup>-1</sup> minute<sup>-1</sup>, using a calibrated vaporizer (HB, São Paulo-SP) and a rebreathing circuit (Conquest Big, HB, São Paulo-SP). The end-tidal isoflurane concentration was maintained at  $1.5 \pm 0.2\%$  and measured using a digital gas analyzer using infrared absorption (DX-2020, gas analyzer module; Dixtal, Manaus-AM, Brazil). Samples were continuously aspirated from a sample line connected between the endotracheal tube and the breathing circuit. Lactated Ringer's solution (Glicolabor, Ribeirão Preto-SP, Brazil) was infused at 3 mL kg<sup>-1</sup> hour¹ during anesthesia.

A 20-gauge catheter (Insyte, BD, Juiz de Fora-MG) was placed in a facial artery for arterial pressure measurement and blood sample collection for blood gas analysis. After a mean stabilization period of 35 minutes, a loading dose of butorphanol (0.025 mg kg<sup>-1</sup>; 10 mg mL<sup>-1</sup>; Torbugesic, Fort Dodge, Campinas-SP) was administered IV over 1 minute in BG, followed immediately by a CRI of the opioid at the rate of 13 μg kg<sup>-1</sup> hour<sup>-1</sup>, as described by Sellon *et al.*<sup>8</sup>, using an syringe pump (ST680, Samtronic, São Paulo-SP). The same methodology was instituted in CG, however, substituting the opioid with 0.9% sodium chloride solution (Glicolabor, Ribeirão Preto-SP) which was administered at the same volume and rate as butorphanol.

The animals were initially allowed to breath spontaneously. However, when the end-tidal carbon dioxide tension (PE $^{\prime}$ CO $_{2}$ ) reached 80 mmHg, mechanical ventilation was instituted. Intermittent positive pressure ventilation (IPPV) was achieved by adjusting the ventilator to cycle at a peak inspiratory pressure of 15 cmH $_{2}$ O and respiratory rate ( $f_{R}$ ) of 6 breaths minute<sup>-1</sup>.

Measurements were started immediately before administration of butorphanol or saline (T0). Subsequent recordings were at 15 minute intervals after the start of the CRI for a total of 75 minutes (T15, T30, T45, T60, T75). The studied variables were as follows: heart rate (HR), respiratory rate ( $f_R$ ), rectal temperature (RT), systolic, diastolic and mean arterial pressure (SAP, DAP, MAP), end-tidal carbon dioxide tension (PE´CO<sub>2</sub>), oxyhemoglobin saturation (SpO<sub>2</sub>), partial pressure of arterial oxygen (PaO<sub>2</sub>), partial pressure of arterial carbon dioxide (PaCO<sub>2</sub>), arterial oxyhemoglobin saturation (SaO<sub>2</sub>), bicarbonate (HCO<sub>3</sub><sup>-</sup>) and arterial pH (pHa).

Twenty minutes after the loading dose, local blockade of the spermatic cord was carried out in all animals using a 1:1 combination of lidocaine (20 mg mL<sup>-1</sup>, Xylestesin; Cristalia, São Paulo-SP) and bupivacaine (5 mg mL<sup>-1</sup>, Bupi; Cristalia, São Paulo-SP), infiltrating a total of 10 mL into each spermatic cord. Orchiectomy started at T35 and finished immediately before T45. The surgical procedure was performed by the same surgeon, in order to ensure a standardized surgical time and technique.

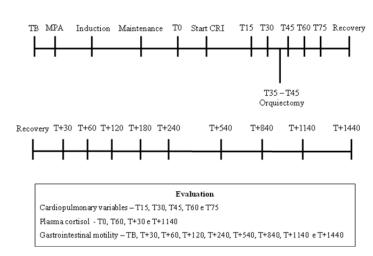
Isoflurane and the butorphanol infusion were discontinued after T75 and the horses were transported to the recovery stall. The quality of anesthetic recovery was evaluated using scores, according to the scale proposed by Borges *et al.*<sup>11</sup>: score 1, excellent (stands at first attempt, after the animal assumes sternal recumbency); score 2, very good (stands at second or third attempt, after the animal assumes sternal recumbency); score 3, good (stands at fourth attempt, after the animal assumes sternal recumbency; without excitation); score 4, regular (stands after more than four attempts, after the animal assumes sternal recumbency; significant ataxia); and score 5, poor (multiple attempts to stand; evident excitation; high risk of injuries).

Blood was collected for measurement of serum cortisol concentration at T0, T60, and 30 (T+30) and 1140 (T+1140) minutes after the animal stood up (approximately 2 and 19 hours after surgery, respectively). In order to minimize the effects of the circadian variation of cortisol, animals from both groups were equally distributed into two periods: morning and evening. Therefore, of the six animals belonging to each experimental group, three underwent anesthesia and surgery during the morning and the rest during the evening. Eight mL of venous blood (jugular vein) were collected in 10 mL assay tubes, without anticoagulant, which were refrigerated for 2 to 4 hours at the temperature of 5 °C. They were then centrifuged (3000 rpm for 10 minutes) to obtain serum and stored in 1.5 mL

microtubes (eppendorf) at -20 °C. The samples were analyzed using radioimmunoassay, using Coat-A-Count Cortisol kit (Cortisol Coat-a-Count, Genese, Cambuci-RJ, Brazil).

After surgery, local dressing was applied with povidone iodine (Iodopovidona 10%, Icarai, Santa Rita do Passa Quatro-SP, Brazil) and insect repellent (Cidental, Mogivet, Mogi das Cruzes-SP, Brazil). Flunixin meglumine (1.1 mg kg<sup>-1</sup>; Banamine; 50 mg mL<sup>-1</sup>; Fort Dodge, Campinas-SP) IV was administered in the immediate postoperative period and at the same dose IM every 24 hours for two days.

Following recovery from anesthesia, gastrointestinal motility was evaluated by abdominal auscultation using a stethoscope, according to Teixeira-Neto et al. 12. This evaluation was always performed by the same evaluators, unaware of the treatment. For this, the abdomen was divided into four quadrants: right ventral, left ventral, right dorsal and left dorsal. Each quadrant was evaluated for at least 1 minute, with an interval of a few seconds between them. A subjective score was designated for each quadrant (0- no intestinal sounds; 1 - low pitched crepitant sounds, frequency of one per minute; 2- low pitched crepitant sounds, frequency of one to two per minute; 3loud borborygmi sounds, frequency of one per minute; 4- loud borborygmi sounds, frequency of more than two per minute). The intervals for this evaluation were as follows: TB (baseline; before the anesthetic procedure), T+30 (30 minutes after the animal assumes a standing position) and at 60, 120, 180 and 240 minutes (T+60, T+120, T+180 and T+240), and every 5 hours, over 24 hours (T+540, T+840, T+1140 and T+1440, respectively). (Figure 1)



**FIGURE 1** - Time line of evaluations in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (CG) or with butorphanol (BG).

# Statistical analysis

All values, with the exception of the intestinal motility variable, were expressed as mean ± standard deviation. All variables were subjected to the Kolmogorov-Smirnov test for normal distribution. Variables which presented normal distribution were subjected to analysis of variance (ANOVA) and Tukey's *post-hoc* test to compare values between intervals and groups. Those that did not have normal distribution were subjected to statistical analysis by the Mann-Whitney test. Fisher's exact test was conducted to determine if the butorphanol had interference in respiratory control and need for IPPV. The statistical analysis was performed on a standard computer using Graphpad Instat software

(Graphpad InStat version 3.05, Graphpad Software, San Diego, CA, USA). A p≤0.05 was considered statistically significant.

#### Results

The cardiopulmonary parameters and blood gas values did not show any significant difference between the groups (Tables 1 and 2). Three animals in BG and one in CG required controlled ventilation, when the maximum established PE'CO<sub>2</sub> value (80 mmHg) was reached, but statistically butorphanol had no interference in need of IPPV (p=0.5455). There were no other statistically significant differences between the groups or between times (Tables 1, 2 and 3).

**TABLE 1** - Mean  $\pm$  standard deviation of cardiopulmonary parameters and rectal temperature obtained in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (treatment C) or with butorphanol (treatment B).

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	Times						
Variables	<b>Treatment</b>	T0	T15	T30	T45	T60	T75
Heart rate	С	46 ± 8	45 ± 7	$42 \pm 6$	$40 \pm 5$	41 ± 7	$40 \pm 6$
(beats minute <sup>-1</sup> )	В	$43 \pm 6$	$42 \pm 6$	$39 \pm 6$	$38 \pm 5$	$38 \pm 6$	$39 \pm 3$
Systolic arterial pressure	C	$90 \pm 23$	105±17	115±19	$120\pm20$	114±16	107±13
(mm Hg)	В	$85 \pm 23$	$92 \pm 18$	$103\pm17$	$93 \pm 13$	$108\pm22$	$99 \pm 23$
Diastolic arterial pressure	$\mathbf{C}$	$46 \pm 14$	$59 \pm 11$	$71 \pm 7$	$82 \pm 8$	$75 \pm 12$	$68 \pm 13$
(mm Hg)	В	$45 \pm 17$	$49 \pm 15$	$64 \pm 22$	$70 \pm 28$	$75 \pm 24$	$73 \pm 19$
Mean arterial pressure	$\mathbf{C}$	$65 \pm 18$	$78 \pm 10$	$87 \pm 9$	$97 \pm 8$	$91 \pm 13$	$85 \pm 14$
(mm Hg)	В	$58 \pm 20$	$66 \pm 16$	$80 \pm 20$	$76 \pm 21$	$87 \pm 23$	$83 \pm 20$
Respiratory rate	C	$4 \pm 2$	$4 \pm 2$	$4 \pm 2$	$4 \pm 2$	$5 \pm 1$	$5 \pm 2$
(breaths minute <sup>-1</sup> )	В	$4 \pm 1$	$3 \pm 2$	$4 \pm 2$	$4 \pm 2$	$5 \pm 2$	$5 \pm 1$
SpO,	$\mathbf{C}$	$95 \pm 3$	$95 \pm 3$	$97 \pm 2$	$96 \pm 3$	$95 \pm 5$	$94 \pm 4$
(%)	В	$96 \pm 4$	$94 \pm 6$	$94 \pm 6$	$94 \pm 6$	$93 \pm 6$	$92 \pm 8$
PE'CO,	$\mathbf{C}$	$54 \pm 4$	$55 \pm 4$	$56 \pm 5$	$57 \pm 6$	$55 \pm 8$	$55 \pm 12^{\circ}$
(mm Hg)	В	$58 \pm 16$	$63 \pm 16$	$59 \pm 8$	$57 \pm 11$	$52 \pm 12$	$52 \pm 12^{\circ}$
Rectal temperature	$\mathbf{C}$	$36.6 \pm 0.7$	$36.3\pm0.7$	$36.1 \pm 0.6$	$35.9 \pm 0.4$	$36.0\pm0.6$	36.0±0.5
(°C)	В	$36.9 \pm 0.6$	$36.6 \pm 0.7$	$36.5 \pm 0.7$	$36.4 \pm 0.7$	$36.3 \pm 0.7$	36.1±0.7

0.9% NaCl solution = Butorphanol at all times (p<0.05)

**TABLE 2** - Mean  $\pm$  standard deviation of arterial pH (pHa), oxygen partial pressure (PaO<sub>2</sub>), carbon dioxide partial pressure (PaCO<sub>2</sub>), oxyhemoglobin saturation (SaO<sub>2</sub>) and standard bicarbonate (HCO<sub>3</sub>), obtained in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (treatment C) or with butorphanol (treatment B).

		Times					
Variables	Treatment	T0	T15	T30	T45	T60	T75
pН	С	7.29±0.04	7.278±0.05	7.266±0.06	7.261±0.06	7.272±0.03	7.277±0.02
	В	$7.28 \pm 0.07$	$7.270\pm0.05$	$7.286 \pm 0.06$	$7.316 \pm 0.05$	$7.329\pm0.04$	$7.340\pm0.02$
PaO,	C	255.2±118.8	244.9±110.6	230.9±109.9	$213.9 \pm 102.2$	$177.1\pm91.0$	$162.6\pm95.3$
(mmHg)	В	295.5±144.1	$252.4 \pm 137.3$	$220.6 \pm 143.8$	$199.3 \pm 152.0$	$192.9 \pm 140.3$	186.6±129.4
PaCO <sub>2</sub>	C	$64.6 \pm 8.6$	$67.3 \pm 11.6$	$70.1 \pm 15.7$	$70.0 \pm 14.3$	$67.5 \pm 10.2$	$66.7 \pm 9.0$
(mmHg)	В	$70.7 \pm 15.5$	$73.2 \pm 13.3$	$71.9 \pm 11.6$	$66.7 \pm 10.3$	$64.9 \pm 10.8$	$62.8 \pm 9.6$
SaO <sub>2</sub>	C	$98.5 \pm 2.5$	$98.6 \pm 2.0$	$98.4 \pm 2.4$	$98.6 \pm 1.7$	$97.1 \pm 3.9$	$96.4 \pm 5.2$
(%)	В	$98.7 \pm 2.9$	$97.6 \pm 5.1$	$96.9 \pm 5.2$	$96.5 \pm 4.9$	$96.2 \pm 5.5$	$96.4 \pm 5.7$
$HCO_3^-$	C	$30.5 \pm 2.4$	$30.7 \pm 2.5$	$31.1 \pm 2.7$	$30.7 \pm 2.5$	$30.6 \pm 2.9$	$30.7\pm3.2$
(mmol L-1)	В	$32.5 \pm 3.0$	$32.7 \pm 2.8$	$33.4 \pm 2.1$	$33.2 \pm 2.2$	$33.4 \pm 2.8$	$33.3 \pm 3.8$

0.9% NaCl solution = Butorphanol at all times (p<0.05)

**TABLE 3** - Median (Md), minimum and maximum score of recovery, and mean and standard deviation of recovery time, in minutes, obtained in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (treatment C) or with butorphanol (treatment B).

	Recovery			
Treatment	Median score (min-max)	Time (mean ± standard deviation)		
C	3 (1 - 5)	21 ± 6		
В	3 (2 - 4)	$22 \pm 8$		

0.9% NaCl solution = Butorphanol at all times (p<0.05)

The median scores of gastrointestinal motility at T+30 and T+60 were significantly higher in CG compared to BG (Table 4). There were no differences in cortisol concentrations between groups (Table 5).

**TABLE 4** - Median and minimum and maximum of motility score, at each evaluation obtained in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (treatment C) or with butorphanol (treatment B).

Times	Trea	atment C	Trea	itment B	
	Md	Min – Max	Md	Min – Max	
Т0	15	8 – 16	11	8 – 16	
T+30	12 *	8 –16	08 *	7 - 12	
T+60	12 *	11 - 16	10 *	7 - 16	
T+120	16	15 - 16	12	9 – 16	
T+180	16	16 - 16	16	13 - 16	
T+240	16	15 - 16	16	10 - 16	
T+540	16	14 - 16	16	14 - 16	
T+840	16	12 - 16	16	12 - 16	
T+1140	15	12 - 16	14	12 - 16	
T+1440	16	14 – 16	16	13 – 16	

<sup>\*</sup> Significant difference between treatments CG ad BG (p<0.05).

**TABLE 5** - Mean and standard deviation of cortisol, in  $\mu g \ dL^{-1}$ , at each measurement obtained in horses anesthetized with isoflurane and treated with 0.9% NaCl solution (treatment C) or with butorphanol (treatment B).

Times	Cortisol			
	Treatment C	Treatment B		
T0	$3.33 \pm 2.05$	$2.81 \pm 1.29$		
T60	$7.77 \pm 2.59$	$9.88 \pm 2.65$		
T+30	$6.62 \pm 2.43$	$8.31 \pm 1.89$		
T+1140	$4.64 \pm 1.95$	$4.91 \pm 1.72$		

0.9% NaCl solution = Butorphanol at all times (p<0.05)

#### Discussion

The continuous rate infusion of butorphanol did not promote significant changes in cardiopulmonary variables evaluated. This result is consistent with results of previous studies indicating that butorphanol does not significantly alter cardiorespiratory function in horses after administration intramuscular, intravenuous or at continuous rate infusion<sup>7,8,13,14</sup>.

Both groups had respiratory acidosis. Although a larger number of animals in the butorphanol group (3/6) has need of intervention with IPPV to reach the limit for PE'CO<sub>2</sub>, the statistical analysis showed that the need for IPPV does not depend on butorphanol infusion.

The mean cortisol values found in both groups varied from  $2.81 \pm 1.29$  to  $9.88 \pm 2.65 \mu g dL^{-1}$ , suggesting that the animals suffered some degree of pain or stress, as these values were higher than the reference interval for the species (1.3 to 2.9 µg dL<sup>-1</sup>). The mean values in treatment B, despite of no statistical differences, were slightly higher than in treatment C at T60, T+30 and T+1140. This difference was not anticipated because one would expect that the animals in BG, which received the opioid during the surgical period, would suffer less stress due to the supposed analgesia, as was reported by Sellon et al. 10, who observed a reduction in cortisol concentrations in horses submitted to continuous rate infusion of butorphanol after celiotomy. However, it is this increased cortisol could have been caused by the effect of butorphanol, as observed by Pascoe et al. 15, where the use of a synthetic kappa opioid agonist (U5088H) resulted in increased cortisol concentrations in primates, which was not observed with mu and delta opioid agonists. As in the study of Sanz et al. 14, where the horses receiving butorphanol as an analgesic in postoperative orchiectomy had higher values of plasma cortisol that horses receiving phenylbutazone.

The quality of recovery (score 3 in both groups) and the time required for anesthetic recovery ( $21 \pm 6$  in CG and  $22 \pm 8$  minutes in BG) were equivalent in both groups, in such a way that the continuous rate infusion of butorphanol, in the conditions of this study, did not interfere with these parameters. The same observation was made by Lascurain *et al.*<sup>16</sup>, who used three different doses of butorphanol (0.025; 0.05 and 0.075 mg kg<sup>-1</sup>) and did not notice a difference in the quality of recovery in horses.

In this study, a significant reduction in motility was observed between groups at T+30 and T+60, where less motility was observed in BG. Sanchez *et al.*<sup>17</sup> obtained different results, observing a clinical reduction in duodenal motility of short duration in horses after a bolus administration of butorphanol at

the dose of  $18 \mu g kg^{-1}$ , but not after infusion at the rate of  $13 \mu g kg^{-1} hour^{-1}$  for 2 hours. The same observations were reported by Sellon *et al.*<sup>8</sup> using doses of  $0.13 \text{ mg kg}^{-1}$  as a bolus, followed by a continuous rate infusion of  $13 \mu g kg^{-1} hour^{-1}$  for 24 hours.

Similarly, individual variance cannot be excluded as a possible interference factor for the reduction in motility in BG, as one animal from the group showed a more pronounced reduction at baseline compared to the other animals. However, even though a reduction in motility was observed in this study, it is important to recognize that it was observed for a short period of time (60 minutes). Therefore, its use in horses is viable as there was only a slight variation between the maximum and minimum values in the groups. Hence, it is likely that this is of minimal clinical importance as the animals did not show signs of discomfort or pain, and fed normally.

# **Conclusions**

The continuous rate infusion of butorphanol in horses anesthetized with isoflurane and submitted to orchiectomy did not cause cardiopulmonary changes, but promoted decrease in gastrointestinal motility during the first 60 minutes after anesthetic recovery. The opioid infusion did not improve the quality of recovery or decrease plasma cortisol concentrations.

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# **Correspondence:**

Paulo Sergio Patto dos Santos Rua Clovis Pestana, 793 16050-680 Araçatuba – SP Brasil Tel.: (55 18)3211-1433 patto@fmva.unesp.br

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