Analysis of the Prevalence of Ventricular Late Potentials in the Late Phase of Myocardial Infarction Based on the Site of Infarction

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Objective - The initial site of myocardial infarction (MI) may influence the prevalence of ventricular late potentials (VLP), high-frequency signals, due to the time course of ventricular activation. The prevalence of VLP in a period of more than 2 years after acute MI was assessed focusing on the initially injured wall.

Methods - The prevalence of VLP in a late phase after MI (median of 924 days) in anterior/antero-septal and inferior/infero-dorsal wall lesion was analyzed using signalaveraged electrocardiogram in time domain. The diagnostic performance of the filters employed for analysis on was tested at high-pass cut-off frequencies of 25 Hz, 40 Hz and 80 Hz.

Results - The duration of the ventricular activation and its terminal portion were larger in inferior than anterior infarction, at high-pass cut-off frequencies of 40 Hz and 80 Hz. In patients with ventricular tachycardia, these differences were more remarked. The prevalence of ventricular late potentials was three times greater in inferior than anterior infarction.

Conclusion - Late after myocardial infarction, the prevalence and the duration of ventricular late potentials are greater in lesions of inferior/infero-dorsal than anterior/antero-septal wall confirming their temporal process, reflecting their high-frequency content.

Key words: signal-averaged electrocardiogram, myocardial infarction, ventricular arrhythmia Ventricular late potentials are low-amplitude high-frequency signals originating in damaged regions of the ventricular myocardium, where the conduction of electrical stimuli occurs in a slow and fragmented manner. Ventricular late potentials are markers of reentry ventricular arrhythmias¹⁻³. Due to the low velocity of conduction, these potentials exceed the duration of ventricular activation and are detected in the ST-segment. The use of statistical techniques, in which 2 to 3 hundred sequential QRS complexes detected on the body surface are independently coherent-averaged, allows amplification and identification of these signals because of the reduction in the intensity of the instrumentation noises⁴⁻⁷.

The identification of ventricular late potentials in patients with a transmural myocardial infarction is of major interest ^{3,8-10}. The myocardial remodeling process that follows transmural myocardial infarction is characterized by fibrosis, redistribution of fibers in the injured region, and residual metabolic alterations not only plays a major role in segmentary myocardial function but also provides a favorable environment for the development of reentry circuits¹¹.

Considering these markers, preliminary studies suggest that transmural myocardial infarctions involving the inferiorinferodorsal wall have a higher prevalence of ventricular late potentials than those involving the anterior-anteroseptal wall. These findings are based on differences related to the start of electrical activation in the affected regions^{12,13}. However, studies relating the prevalence of ventricular late potentials after transmural myocardial infarction with the affected wall show some conflicting results. Some studies have focused attention on the occurrence of ventricular late potentials in the first 12 months after transmural myocardial infarction when the myocardial remodeling process is still underway¹⁴. Data on the prevalence of ventricular late potentials in a late phase (>2 years) of transmural myocardial infarction are very scarce. In this phase, the prevalence of ventricular late potentials reflects not only the natural

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selection of the patients surviving an infarction, but also represents a marker of the scar established¹⁵.

Our study was carried out to assess the prevalence of ventricular late potentials in a period greater than 2 years after transmural myocardial infarction, focusing on the initially affected wall.

Methods

We assessed 98 patients after their first transmural myocardial infarction (median of 924 days) who were consecutively referred to the Department of Electrocardiology and Arrhythmias of the Hospital Universitário Pedro Ernesto of the Universidade do Estado do Rio de Janeiro (HU-PE-UERJ) from June 1995 to June 2000. These patients underwent surface electrocardiography, vector cardiography, one- and two-dimensional echocardiography, and signal-averaged electrocardiography, and were assessed in a retrospective case-control study adjusted for age and sex. The patients studied are part of the signal-averaged electrocardiography database (BDECG_AR) developed in the Department of Electrocardiology and Arrhythmias¹⁶.

A retrospective analysis was performed of patients' medical records, comprising clinical history, physical examination, and complementary examinations at the HUPE-UERJ. Transmural myocardial infarctions were documented by the presence of necrotic regions on surface electrocardiographic leads related to the damaged wall, due to modifications in the vectorcardiographic loop and alterations in segmentary contractility, observed on two-dimensional echocardiography. Thirty-seven patients had anterior or anteroseptal transmural myocardial infarction (group A), and 61 patients had inferior or inferodorsal transmural myocardial infarction (group B) (table I) with an evolution greater than 2 years from the time of the initial acute event. All patients had sinus rhythm, left ventricular ejection fraction>40%, underwent one-dimensional echocardiography, and none of them had complete bundle-branch block on the surface electrocardiography. Patients with electrocardiographic signs indicating transmural myocardial infarction in other locations, such as anterior and inferior crossed myocardial infarction, isolated posterior myocardial in-

	Group A	Group B	Group C	p∞
N	37	61	43	
Age (years) e	56.3±13.0	56.9±12.2	59.7±11.4	NS
Sex (F/M)	8/28	17/44	13/30	NS
VT (%)*	3 (8.1%)	8 (13.1%)	0 (0%)	NS
VLP – 25Hz **	14 (37.8%)†	24 (39.3%)**	15 (34.9%)†	NS
VLP-40Hz **	10 (27.0%) [†]	22 (36.1%)**	11 (25.6%)†	NS
VI P- 80Hz **	11 (29.7%) [†]	35 (57.4%)**	19 (44.2%) [†]	0.008

farction, and isolated high lateral myocardial infarction were excluded. The medians of the times elapsed from the time of the acute event in groups A and B were, respectively, 1,095 and 848 days.

The prevalence of sustained monomorphic ventricular tachycardia was defined as: (1) presence of repetitive ventricular arrhythmia documented in the late phase of transmural myocardial infarction (median of 854 days) and (2) hemodynamic instability requiring electrical cardioversion. This prevalence and the respective distribution of ventricular late potentials were evaluated in groups A and B. All patients with sustained monomorphic ventricular tachycardia analyzed were using Vaughan-Williams group III antiarrhythmic drugs.

A group of 43 patients with ischemic myocardial disease and no previous clinically documented acute myocardial infarction (coronary artery disease, group C), ejection fraction > 40%, no bundle-branch block, and similar distribution in regard to age and sex, was compared with groups A and B (table I). No patient in this group had alterations on the surface electrocardiogram, vector cardiogram, and echocardiogram compatible with transmural myocardial infarction.

The 12-lead surface electrocardiography was performed with 2N amplification and velocity of 25 mm/s, using ECAPS 12 model Nyhon-Kohden equipment, with a maximum interval of 30 days from the signal-averaged electrocardiogram. Surface electrocardiography was used to evaluate the existence of intraventricular conduction disorders (complete bundle-branch blocks, defined as a QRS complex longer than 0.12 seconds) and to identify markers of old myocardial infarctions and their respective injured walls (pathological Q-waves defined as those with a duration > 0.04 seconds and amplitude > 2 mm, on the leads accounting for the region). We assessed the leads from V₁ to V₄ in group A, and the leads D₂, D₃, and aVF in group B.

Vector cardiography was performed using Frank XYZ leads with 1507c Programmer model Hewlett Packard equipment, with the patient in the supine position, in a quiet environment, within a maximum interval of 30 days from the performance of signal-averaged electrocardiography. Vector cardiography was used to assess the existence of intraventricular conduction disorders and to identify old myocardial infarction markers and their respective injured walls. The diagnostic criteria used to analyze the vector cardiogram may be found in the literature¹⁷.

One- and two-dimensional echocardiography were used to respectively analyze left ventricular ejection fraction and segmentary contractility with the Apogee CX 200 (ATL, USA) within a maximum 30-day interval after the signal-averaged electrocardiography. The echocardiographic cuts and the analysis of the one- and two-dimensional images were performed by a trained observer using the routine procedures of the Echocardiography Department of the Cardiology Service of the HUPE-UERJ.

Identification of the injured region was based on the following criteria: (1) presence of pathological Q waves in at

least 2 leads that explore the same electrical region on the electrocardiogram; (2) loss of activation potentials with deviation of the vector cardiographic loop to the outside of the analyzed region; and (3) echocardiographic signs of segmentary alterations in the contractility of the analyzed region concordant with those found on vector cardiography and electrocardiography.

Signals of the signal-averaged electrocardiogram were obtained with the Predictor IIc (ART-Corazonix, USA) using Frank XYZ orthogonal leads, and they were coherent-averaged up to the noise level of $0.3 \,\mu$ V. The routine for signal acquisition was reported in a previous publication¹⁸.

Signal-averaged electrocardiogram underwent timedomain analysis through the magnitude vector, in the highpass cut-off frequencies of 25, 40, and 80 Hz, with a 4-pole Butterworth bidirectional filter. The variables obtained from the vector magnitude were the duration of the filtered QRS (DUR[ms]), duration of the potentials in the terminal region of ventricular activation below 40 µV (LAS40[ms]), and the value of the "root-mean-squared" of the potentials in the terminal 40 ms of ventricular activation (RMS40[μ V]). These variables were analyzed based on cut values for each highpass cut-off frequency according to Gomes et al¹⁹. The abnormal values for the variables analyzed DUR, LAS40, and RMS40 were, respectively, in the 25Hz band, >114 ms, >32 ms, and $<25\mu$ V; in the 40Hz band, >114 ms, >38 ms, and $<20 \,\mu$ V; and in the 80Hz band, $>107 \,\text{ms}$, $>42 \,\text{ms}$, and $<17 \,\mu$ V. Identification of at least 2 abnormal variables in the vector magnitude defined the presence of ventricular late potentials in each frequency band.

Aiming at determining the best parameter to analyze the signal-averaged electrocardiogram, the patients with sustained monomorphic ventricular tachycardia after transmural myocardial infarction were analyzed in the highpass cut-off frequencies of 25, 40, and 80 Hz, according to the above-cited criteria, and isolated, using the DUR or RMS40 parameters of the vector magnitude.

The diagnostic performance of the signal-averaged electrocardiogram was analyzed as an indicator of the presence of a myocardial lesion or a scar of a transmural myocardial infarction. This diagnostic capacity was assessed through the following indices: specificity (true negative examinations/total of control individuals), sensitivity (true positive examinations/total of patients), and total diagnostic accuracy (true negative examinations + true positive examinations /total of control + patients).

Transformations of variables have been reported in the literature to normalize asymmetric probability distributions. The variable RMS40 was transformed into a natural logarithm (Lnt) prior to analysis, due to its asymmetric probability distribution ²⁰. This procedure not only statistically normalizes the distribution, but also reduces data variability, concentrating them around the mean. The prevalence of ventricular late potentials and the mean values of the variables of the magnitude vector were compared between groups A and B for each high-pass cut-off band and analyzed, respectively, using the chi-square test to compare proportions and the

two-tailed Student *t* test to compare means. Odds ratio (OR) and its 95% confidence interval CI were assessed in the groups in which the prevalences of ventricular late potentials for a certain high-pass cut-off band had statistically significant differences continuous variables are expressed as mean \pm SD. Alpha error level was fixed at 0.05. The following software was used for analysis: EPI info 6.04 version (CDC, USA), MS Excel 97 (Microsoft, USA), and Statgraphics Plus 4.0 version (Manugistic, USA).

Results

The prevalence of ventricular late potentials in groups A, B, and C according to the high-pass cut-off bands is shown in table I. In group B, the prevalence of ventricular late potentials was higher at 80 Hz (57.4%) than in the other bands (39.3% at 25 Hz and 36.1% at 40 Hz, χ^2 =6.51, p=0.04). On the other hand, at 80 Hz, the prevalence of ventricular late potentials was higher in group B than in group A [χ^2 =7.07, p=0.008 (table I) and OR=3.18, (95% CI 1.24-8.42), χ^2 =6, p=0.01].

The distribution of patients with sustained monomorphic ventricular tachycardia did not show statistically significant differences between groups A and B (χ^2 =0.19, p=NS).

The vector magnitude parameters for each group and respective high-pass cut-off bands are shown in table II. The variables in groups A and C showed no significant differences. However, LAS40 was wider in group B than in group A in the 40Hz and 80Hz bands (respectively, t=2.67, p=0.004 and t=2.26, p=0.02).

The diagnostic parameters of sensitivity, specificity, and total accuracy, which were analyzed as indicators of myocardial lesions, are shown in table III. The comparisons of the variables DUR, RMS40 Lnt, and LAS40 among the patients with sustained monomorphic ventricular tachycar-

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Group A						
	DUR (ms)	RMS40 Lnt ^{\dagger}	LAS40 (ms)			
25Hz filter ††	103.7±13.9	3.5±1.0	30.5±14.8			
40Hz filter	98.0±13.7*	3.5±1.0	31.9±13.3*			
80Hz filter	97.0±13.9*	2.7±1.0	40.4±14.2*			
	G	roup B				
	DUR (ms)	RMS40 Lnt^{\dagger}	LAS40 (ms)			
25Hz filter	107.0±12.9	3.5±0.8	29.0±11.9			
40Hz filter	106.7±14.3*	3.2±0.8	36.2±14.0*			
80Hz filter	103.3±13.0*	2.5±0.9	47.7±14.0*			
	G	roup C				
	DUR (ms)	RMS40 Lnt^{\dagger}	LAS40 (ms)			
25Hz filter	108.8±15.5	3.6±0.8	30.1±10.3			
40Hz filter	103.2±13.3	3.3±0.9	33.5±12.7			
80Hz filter	100.6±14.9	2.6±0.7	39.5±13.0			

of the filter used to analyze the magnitude vector; *p<0.05 (group A versus group B).

dia in the late period after acute myocardial infarction in groups A and B are shown in table IV. Except for the variable DUR at 25Hz, all other variables showed statistically significant differences (table IV). In regard to episodes of sustained monomorphic ventricular tachycardia, no significant differences were observed in the prevalence of ventricular late potentials between groups A and B. In group A, no patient with sustained monomorphic ventricular tachycardia was identified with ventricular late potentials at 25Hz and 40Hz high-pass cut-off bands, both using conventional definitions and analyzing RMS40. At 80Hz band, ventricular late potentials were identified in 1 out of 3 $(\chi^2=0.01; p=0.99)$ patients, using conventional definitions; however, when analyzing RMS40, 2 out of 3 (χ^2 =0.75;p=0.4) patients met the criteria for ventricular late potentials. In group B patients with sustained monomorphic ventricular tachycardia, ventricular late potentials were identified in 4 out of 8 patients (χ^2 =3; p=0.08) at 40Hz and 80Hz high-pass cut-off bands using the conventional definitions, in 5 out of 8 patients at 40Hz high-pass cut-off band (χ^2 =4.65; p=0.03), and in 6 out of 8 patients at 80Hz high-pass cut-off band, the 2 latter being evaluated with the isolated RMS40 variable (χ^2 =6.67; p=0.01). In the remaining high-pass cutoff bands, the presence of ventricular late potentials

	25-250Hz	40-250Hz	80-250Hz
Specificity (group C)	65.1%	74.4%	55.8 %
Sensitivity (group A)	37.8%	27%	29.7%*
Sensitivity (group B)	39.3%	36.1%	57.4%*
Sensitivity (all) [†]	40%	34.5%	50 %
Total accuracy (group A)	40.4%	40.4%	35.7%*
Total accuracy (group B)	50%	51.9%	56.7%*
Total accuracy (all) [†]	47.1%	45.8%	51.6 %

Table IV – Comparison of the magnitude vector variables in patients with sustained monomorphic ventricular tachycardia in groups A and B according to the high-pass cut-off frequency of the filter used				
	Group A	Group B	р	
DUR 25Hz* (ms)	112±11.5	111.2±13.9	NS	
DUR 40Hz (ms)	107.7±12.9	120.2±16.5	< 0.001	
DUR 80Hz (ms)	102.8±17.1	112.8±13.3	0.003	
LAS40 25Hz (ms)	22.8±11.4	34.5±16.4	< 0.001	
LAS40 40Hz (ms)	27.5±6.1	52.7±15.6	< 0.001	
LAS40 80Hz (ms)	36.7±12.4	55±12.9	< 0.001	
RMS40 Lnt 25Hz				
[Ln(µV)]	3.7±0.5	3.4±0.9	0.04	
RMS40 Lnt 40Hz				
[Ln(µV)]	3.6±0.4	2.8±1.3	< 0.001	
RMS40 Lnt 80Hz				
[Ln(µV)]	2.8±0.4	2.3±1.1	0.01	

showed no statistically significant results in the definitions analyzed in both groups.

Discussion

The introduction of signal-averaged electrocardiography as a noninvasive diagnostic method in cardiology enabled the identification of micropotentials originating in electrically unstable regions of the injured myocardium, widening the horizons and increasing the chances of understanding the bioelectrical phenomena originating in the heart²¹.

The characteristics related to myocardial electrical conduction after myocardial infarction depend both on the damaged area and on the intensity of the alteration in its surrounding tissues. Therefore, the location of the myocardial lesion is expected to influence the presence of ventricular late potentials on signal-averaged electrocardiography. The correlation between the lesion and ventricular late potentials depends on clinical factors related to the disease, on local electrophysiological factors (ischemia), and on the type of processing applied to the acquired electrocardiographic signals. In this context, we highlight the use of drugs that spare the myocardium in the acute phase 15,22, the start of depolarization of the affected site in relation to the total duration of ventricular activation, the type of filter used to analyze the events ^{19,23}, and the instantaneous heart rate ^{4,24}. Features like the low ability to characterize the infarct site based on the isolated analysis of surface electrocardiography should be considered at the time of group division, because it may lead to inconsistent results¹⁰.

Ventricular late potentials have been analyzed in several frequency bands aiming not only to identify the frequency content of these signals, but also to investigate the region of the frequency spectrum that allows its identification with a higher diagnostic efficiency^{19,20}. This type of investigation is mainly justified from the viewpoint of electrocardiographic signal processing, because high-pass cut-off filters with lower cut-off frequencies (25Hz) preserve the high-energy QRS characteristics, while higher cut-off frequencies (80Hz) remove the high energies and preserve high frequency signals originating in small groups of myocardial fibers in regions of slow and fragmented conduction.

In our study, the increase in the global prevalence of ventricular late potentials was evidenced only in the highpass cut-off filter of 80Hz (tab. I) and was accompanied by a significant widening of the LAS40 variable in the 40Hz and 80Hz high-pass cut-off bands (tab. II). An odds ratio of 3.18 (p=0.01) indicates that individuals after a transmural myocardial infarction of the inferior wall triple their chance of having ventricular late potentials on the time-domain analysis of the signal-averaged electrocardiogram as compared with individuals after transmural myocardial infarction of the anterior wall in the same period.

The distribution of ventricular late potentials according to the region affected in the acute event was analyzed by Gomes et al ²⁵ in patients with myocardial infarction within 1 year of evolution, and they found results similar to ours. Rosas et al¹⁰ analyzed patients with anterior and inferior acute myocardial infarction aiming to assess the relation between coronary artery patency and the presence of ventricular late potentials. These authors found differences in the results of the signal-averaged electrocardiogram between the 2 groups, both in the time and frequency domains. However, Vatterott et al²⁶, using a high-pass cut-off band of 40Hz, found no difference in the distribution of ventricular late potentials after acute myocardial infarction related to the damaged wall. Results similar to those observed in our study were found by Lander et al²⁷ and Savard et al²⁸.

The correlation between ventricular late potentials and sustained monomorphic ventricular tachycardia has been widely discussed in the literature^{2-3,13,18}. One week after transmural myocardial infarction, approximately 30% to 60% of patients have ventricular late potentials on signal-averaged electrocardiography. However, within the first year after transmural myocardial infarction, both sensitivity and the positive predictive value of ventricular late potentials for sustained monomorphic ventricular tachycardia or sudden death are very low. This fact indicates that ventricular late potentials are better markers of structurally established myocardial lesions, which may eventually become a substrate for arrhythmias through a reentry mechanism, than proper clinical markers of repetitive ventricular arrhythmia. Considering the presence of ventricular late potentials after transmural myocardial infarction, the mechanisms triggering repetitive arrhythmia are not necessarily related to the presence of these signals¹¹. We speculate that other factors, such as unidirectional block 11 and an instantaneous heart rate ²⁴, associated with alterations in the pattern of sympathovagal autonomic myocardial modulation may contribute to the transformation of the substrate. In group B patients with documented episodes of sustained monomorphic ventricular tachycardia, all variables of the vector magnitude analyzed had durations and voltages significantly lower and more prolonged than those in group A patients for all cut-off bands, except for the DUR variable at 25Hz. The prevalence of ventricular late potentials in group A did not register significant values, but, in group B, this prevalence was significantly high at 40Hz and 80Hz cut-off bands using the conventional definitions and at 40Hz and 80Hz cut-off bands assessed on the isolated RMS40 variable. Considering the reduced number of elements in each group, these findings support the electrophysiological principle that the ventricular activation of the anteroseptal regions occurs before that occurring in the inferobasal regions. This strengthens the hypothesis that fragmented potentials originating in the first regions have their time course parallel to

ventricular activation, being covered during depolarization, while those originating later go beyond ordinary ventricular activation reaching the ST-segment.

A lower prevalence of ventricular late potentials is expected in chronic coronary artery disease rather than after transmural myocardial infarction, because no anatomical substrate is supposed to exist in that disease. However, the high prevalence of ventricular late potentials in group C, similar to that observed in patients with anterior transmural myocardial infarction (group A), suggests that chronic ischemia may cause structural myocardial lesions compatible with the concept of ischemic cardiomyopathy, which are not detected using some conventional methods²⁹.

All patients with episodes of sustained monomorphic ventricular tachycardia were using Vaughan-Williams group III antiarrhythmic drugs. Even though these drugs prolong ventricular late potentials ^{30,31}, their expected effects were considered not to influence the comparative results, because they were distributed in both groups in a similar manner. The use of thrombolytic drugs, the use of invasive procedures to identify the culprit coronary artery, and the prevalence of episodes of aborted sudden death and of sustained monomorphic ventricular tachycardia in the acute phase of transmural myocardial infarction were not investigated in this study. Even though the patients analyzed constituted a group of late survivors of transmural myocardial infarction, when the anatomical spectrum of myocardial lesions undergo significant modifications, we consider that the impact of these variables on the results observed requires further investigation.

The prevalence of ventricular late potentials observed in a late phase (>2 years) after the first transmural myocardial infarction is greater in the inferior-inferodorsal wall lesions than in the anterior-anteroseptal wall lesions. The identification of these arrhythmogenic potentials is significantly influenced by the high-pass cut-off band used for the timedomain analysis of the signal-averaged electrocardiogram. In groups of patients after transmural myocardial infarction with documented clinical episodes of severe repetitive ventricular arrhythmias, ventricular late potentials are better identified at elevated cut-off frequencies for both anterior-anteroseptal wall lesions and inferior-inferodorsal wall lesions, confirming the high-frequency nature of these signals.

Acknowledgments

We thank Professor Justiniano Simões Lopes for reviewing this manuscript and for important contributions.

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