

Intraocular pressure and ocular rigidity after LASIK

Pressão intraocular e rigidez ocular após LASIK

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ABSTRACT

Purpose: To assess the intraocular pressure (IOP) and ocular rigidity (E) at 1, 3, 6 and 24 postoperative months in eyes that underwent LASIK. **Methods:** The IOP measured by Goldmann applanation tonometer (GAT) and by the 5.5 and 10 gm. weights of a standardized Schiøtz tonometer (ST) and the E measured by differential tonometry (the 5.5 and 10 gm. of ST) were assessed before and after LASIK (at 1, 3, 6 and 24 month) in 23 eyes. The volume of the corneal indentation (Vc) and IOP with ST resting on the eye (tonometric pressure - Pt) were also evaluated. **Results:** The average IOP (GAT) at 6 and 24 months after LASIK was lower than at 1 and 3 months and before LASIK. A statistically significant difference of E was found at 1, 3, 6 and 24 months. The reduction of the central corneal thickness (CCT) by LASIK was the cause of increasing values of Vc and decreased values of Pt. In turn, the changes in Vc and Pt were responsible for the lower IOP measurements by GAT and E changes. **Conclusions:** LASIK reduces IOP readings by GAT but not the ones by ST (differential tonometry). LASIK also diminishes E. IOP (GAT) values are lower at 6 and 24 months. IOP evaluation by ST is more accurate than that by GAT. At 6 months, Vc, Pt and E parameters are stabilized (no changes relatively to 24 months measurements).

Keywords: Intraocular pressure/etiology; Keratomileusis, laser in situ/adverse effects

INTRODUCTION

Laser refractive surgery (LRS) is a widely used procedure being its visual outcome well-known as good worldwide⁽¹⁻²⁾. Many authors have found an artificial reduction of IOP measured by different types of tonometers in eyes that underwent LRS⁽³⁻⁶⁾. This is very important because false IOP values can delay the diagnosis of glaucoma or can interfere in the adequate control of the disease⁽⁴⁾. E is an important physical parameter of the eye that expresses the resistance of eye layers to deformation⁽⁷⁻¹²⁾. In normal eyes, its average value is 0.0215 (with a variable range from 0.0060 to 0.0370)⁽¹⁰⁻¹²⁾. Ametropias are the main factor that influences E⁽¹²⁾. Highly-myopic eyes have a low E whereas a high E is common in highly-hyperopic eyes⁽⁷⁾. E value remains relatively constant in the majority of patients, showing no relationship with gender and age. Taking into consideration that CCT is reduced after LRS, it arises the doubt if a thinner CCT can or can not compromise E. Another question to be answered is how and why the IOP measurements are affected.

Therefore, the purpose of this paper is to assess the IOP and the E after LASIK and try to answer how and why the IOP measurement is affected after this surgery.

To our knowledge, this is the first paper in the literature that uses ST to evaluate IOP and E after LASIK.

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METHODS

The IOP and the E before and at 1, 3, 6 and 24 postoperative months of 23 eyes with myopia associated or not to astigmatism that underwent LASIK were evaluated. All eyes presented: best corrected visual acuity equal to or higher than 20/40, stable refraction, normal corneal topography (ORBSCAN, Bausch & Lomb Optical Co, Rochester, NY, USA), CCT measured with an ultrasonic pachymeter (model 5100e; DGH Technology, Exton, PA) equal to or higher than 480 μm ; normal eye fundus and IOP equal to or lower than 18 mmHg (GAT) before LASIK. The recorded CCT was the average of three consecutive measurements. The study was performed according to the tenets of the Declaration of Helsinki and approved by the investigational review board of the Federal University of Minas Gerais. All subjects included in the study were informed of the purpose of the research and the procedures to be used in collecting the data, and all provided written informed consent. All patients were submitted, within three days before LASIK, to the following exams: three CCT measurements, IOP measurement by GAT at the slit lamp followed by indentation tonometry with ST (Skalar model) with the patient in supine position (without pillow). ST was previously standardized at the tonometer's station of our Service. Only one IOP measurement respectively and sequentially with 5.5 and 10 gm. weights of ST was performed for each patient. It was given an interval of at least two minutes among the measurements. In all patients LASIK was performed by third year residents under the supervision of an expert refractive surgeon. In all patients, the Nidek EC-5000 (Nidek CO, Ltd) was used. The same surgical technique was performed in all eyes and consisted of one flap of 160 μm using the LASIK-One microkeratome, suction ring of 9.5 mm and laser application on an optic zone of 5.0 and 6.0 mm diameter. The amount of corneal ablation changed according to the dioptric value to be corrected. LASIK was completed without

complication in all cases. In the postoperative period, all patients received topically the association of 0.3% tobramycin and 0.1% dexamethasone q.i.d for seven days and ocular surface lubricant drops six times a day for 30 days. At 1, 3, 6 and 24 months after LASIK, all parameters were again measured by the same way and sequence as it was done before LASIK. All measurements were taken by the same examiner (SC) at the same time of day (around 9:00 A.M.), to eliminate any possible diurnal variation. The Friedenwald's tables (1955)⁽⁹⁻¹⁰⁾ were used to calculate the pre and postoperative averages and standard deviations of IOP, E, Vc and Pt by differential tonometry. The Student's paired t-test was used to compare the differences among the pre and postoperative averages of all studied parameters. The level of significance was set at 5%.

RESULTS

Data from 23 eyes (13 patients) were analyzed pre and postoperatively at 1, 3, 6 and 24 months. The average age of the patients was 37.8 years (range from 23 to 54 year-old). Five (32%) patients were male and eight (68%) female. Ten (77%) patients were caucasian; two (15%) black and one (8%) mulatto. Ten patients underwent LASIK in both eyes and three patients in only one eye: before LASIK, the spherical equivalent of the 23 eyes ranged from -1.00 to -9.00 diopters (average \pm SD: -3.75 ± 2.5 diopters). The amount of corneal ablation which was related to the corrected value of refraction error ranged from 15.0 to 100.3 μm (average \pm SD: 48.2 ± 27.0 μm). The average CCT was reduced from 533.0 ± 29.3 μm , preoperatively, to 492.9 ± 25.4 μm , 492.7 ± 25.3 μm and 492.7 ± 20.43 μm respectively at 1, 3 and 6 months after LASIK. Tables 1-5 show the average and standard deviation values of IOP measurements (GAT and ST) and Vc, Pt and E pre and postoperatively (at 1, 3, 6 and 24 months). The IOP values (GAT) diminished gradually being lower and less variable at 6 and 24 months

Table 1. Pre and postoperative IOP values by GAT (at 30, 90, 180 and 720 days) of eyes that underwent LASIK

	Preoperative		30 days		90 days		180 days		720 days	
	OD	OS	OD	OS	OD	OS	OD	OS	OD	OS
Average	13.00	13.50	12.60	12.70	12.10	11.60	10.50	10.20	10.50	10.80
SD	2.95	3.12	3.53	3.31	3.42	3.61	2.51	1.81	2.22	1.89
t			0.46	0.87	0.88	1.70	3.17*	5.49*	3.13*	4.34*

*= P-value <0.05; GAT= Goldmann applanation tonometer; OD= right eye; OS= left eye

Table 2. Pre and postoperative IOP values by ST (at 30, 90, 180 and 720 days) of eyes that underwent LASIK

	Preoperative		30 days		90 days		180 days		720 days	
	OD	OS	OD	OS	OD	OS	OD	OS	OD	OS
Average	19.00	20.00	23.00	23.00	22.00	22.00	20.00	18.00	21.00	21.00
SD	3.03	2.61	4.48	5.14	5.12	3.88	4.32	3.50	4.01	4.98
t			-2.81*	-1.48	-1.92	-1.49	-0.68	-1.50	-1.33	-1.35

*= P-value <0.05; ST= Schiøtz tonometer; OD= right eye; OS= left eye

after LASIK with a statistically significant difference in relation to the preoperative values. However, no statistically significant difference in all postoperative periods (1, 3, 6 and 24 months) was found when IOP was evaluated using the 5.5 and 10 gm. weights of ST (differential tonometry). We also calculated the differences between the pre and postoperative average and standard deviation of Vc and Pt using the 5.5 and 10 gm. weights of ST. Both parameters have changed (increase of Vc and reduction of Pt) being the differences statistically significant at 1, 3, 6 and 24 months (Vc) and at 1 and 3 months (Pt). These findings show that the reduction of CCT carried out by LASIK reduces the corneal resistance to the deformation and, in consequence, there are respectively a statistically significant increase of Vc values and a decrease of Pt values. Table 5 shows that E diminishes significantly at 1, 3, 6 and 24 months. Using the Friedenwald's equation ($\text{Log Po} = \text{Log Pt} - E \cdot Vc$) it can be noted that the circumstances of the indentation tonometry (ST) are completely different from that of GAT. Pt is a basic data for tonometer calibration and it is the pressure inside the eye when ST is resting on it. In indentation tonometry, the IOP is quite different without the tonometer but in applanation tonometry (GAT) the IOP is equal to 0.98 Pt. The underestimation of IOP (GAT) is fundamentally related to the change in the corneal structure (fragmentation or rupture of Bowman's membrane) and reduction of the corneal thickness decreasing the corneal resistance to deformation. The

corneal deformation in applanation tonometry is the same pre and post LASIK but the corneal resistance is surely reduced by LASIK and, therefore, also contributing for lower values obtained by applanation tonometry besides the invalidation of the fundamental principle of applanation (integrity of Bowman's membrane). GAT is, by principle, unable to compensate the corneal changes induced by LASIK but the differential tonometry (ST) is able to register those changes and, surely to compensate them giving the correct values in reading the IOP. No complications arising from the use of the tonometers and ultrasonic pachymeter were recorded.

DISCUSSION

LRS (PRK or LASIK) is a safe procedure with good visual outcomes⁽¹⁾. The aim of both types of LRS is to correct ametropias through the reduction of CCT. In the literature, some authors have reported complications of LRS that occurred in consequence of ocular trauma⁽¹⁻²⁾. However, since the beginning of the LRS, initially PRK and further LASIK, there is no consensus if the eyes that underwent these surgeries remain with the same resistance or if they become less resistant to surgical trauma. In other words, could those kinds of surgery change E? Another question that arises is why the values of IOP (GAT) measurements are lower after LRS than before it? This paper

Table 3. Pre and postoperative Vc₁₀ - Vc_{5.5} values (at 30, 90, 180 and 720 days) of eyes that underwent LASIK

	Preoperative		30 days		90 days		180 days		720 days	
	OD	OS	OD	OS	OD	OS	OD	OS	OD	OS
Average	6.473	6.283	7.964	7.925	8.727	8.650	8.973	8.058	8.373	8.278
SD	1.460	1.431	2.513	2.064	1.658	1.786	2.253	1.706	2.905	2.976
t			-2.992*	-3.501*	-4.800*	-4.580*	-4.960*	-3.370*	-2.950*	-2.680*

*= P-value <0.05; Vc₁₀ - Vc_{5.5} = volume of corneal indentation with the 10 and 5.5 gm. weights of Schioetz tonometer; OD= right eye; OS= left eye

Table 4. Pre and postoperative Pt₁₀ - Pt_{5.5} values (30, 90, 180 and 720 days) of eyes that underwent LASIK

	Preoperative		30 days		90 days		180 days		720 days	
	OD	OS	OD	OS	OD	OS	OD	OS	OD	OS
Average	0.115	0.115	0.102	0.102	0.097	0.098	0.104	0.115	0.102	0.101
SD	0.014	0.013	0.014	0.103	0.022	0.017	0.023	0.015	0.021	0.033
t			5.390*	-3.750*	2.460*	2.650*	1.520	-0.060	2.054	1.630

*= P-value <0.05; Pt₁₀ - Pt_{5.5} = tonometric pressure with the 10 and 5.5 gm. weights of Schioetz tonometer; OD= right eye; OS= left eye

Table 5. Pre and postoperative values of E of eyes that underwent LASIK

	Preoperative		30 days		90 days		180 days		720 days	
	OD	OS	OD	OS	OD	OS	OD	OS	OD	OS
Average	0.019	0.020	0.014	0.014	0.012	0.012	0.013	0.015	0.014	0.014
SD	0.006	0.007	0.006	0.005	0.005	0.003	0.005	0.005	0.006	0.007
t			3.903*	4.122*	3.186*	3.601*	3.845*	2.000	2.540*	2.590*

*= P-value <0.05; E= ocular rigidity; OD= right eye; OS= left eye

tries to answer the questions. One point to be emphasized is that because of the reduction of CCT and also of the corneal curvature change, the artificial reduction of IOP measurement can occur with any kind of applanation tonometer, mainly with GAT which is still considered the gold standard⁽⁵⁾.

For statistical analysis, both eyes of the same patient were considered because: 1. both eyes of some patients did not have the same preoperative dioptric value; 2. the amount of corneal ablation and resulting fragmentation or rupture of Bowman's membrane were not the same in both eyes; 3. each eye of a patient could have a different postoperative behavior.

In agreement with the values reported by other authors^(3,5-6), our results showed an average artificial reduction of IOP measurement equal to 0.4, 0.9, 2.5 and 2.5 mmHg respectively at 1, 3, 6 and 24 months in the right eye and equal to 0.6, 1.7, 3.3 and 2.7 mmHg respectively at 1, 3, 6 and 24 months in the left eye after LASIK (Table 1). The differences were not statistically significant at 1 and 3 months. However, they were statistically significant after 6 and 24 months. In relation to E the results showed that it reduces significantly at 1, 3, 6 and 24 months (Table 5). E evaluation is more accurate by the differential method (two weights) because changes in Vc and Pt are significantly higher than in the combined method (Vc and Pt changes are minimal in applanation: IOP=0.98 Pt and Vc=0.44 μ l). The calculated E values were smaller; the sclera presented smaller resistance to deformation because the eyes were myopic in this study. Some authors⁽¹⁾ have reported that the refractive stabilization after LASIK occurs up to 90 days. In this paper, it is important to emphasize that the lowest averages of IOP (GAT) were found at 6 months with a statistical difference highly significant (Table 1). No statistically significant difference was found comparing the parameters between 6 and 24 months. So, after 6 months (not 3 months), there was a stabilization of the measured values (IOP, Vc, Pt and E). These findings are very important because of the following reasons: 1. the great majority of patients that have undergone LRS are relatively young and myopic as the ones herein studied (average age of 37.8 years) and, in consequence, they are outside of the age-group in which the glaucoma prevalence is higher; 2. so far, there is no preoperative predictive factor of the IOP measurement value reduction magnitude; 3. to date, no factor used for CCT in IOP measurements has been completely satisfactory⁽¹²⁾; 4. nobody knows yet the profile of the value of IOP measurement in the daily IOP curve in eyes that underwent LRS. It is obvious that the real IOP does not change in consequence of LASIK. Therefore, it is necessary to be very careful in selecting the patients who are candidates to LRS and to know very carefully the basic value of IOP before any kind of corneal surgery. Moreover, for all above-mentioned reasons LRS is not recommended in suspected or glaucomatous patients.

Recently, one paper⁽¹³⁾ showed that the values of IOP measurements obtained by the pneumotonometer are lower after LASIK than those found after PRK, suggesting that some interlamellar scarring could occur during the first year

after LASIK. Corneal hysteresis (CH) and corneal resistance factor (CRF) measured by the ocular response analyzer (ORA) are novel methods of analyzing corneal elasticity (damping factor). According to some papers, hysteresis of the cornea is also reduced after LRS⁽¹⁴⁻¹⁶⁾. Therefore, it is possible that after LASIK (reducing CCT), E is also diminished in consequence of the reduction of CH and CRF. In a more recent study⁽¹⁶⁾ IOP was measured on 66 myopic eyes by GAT, ORA, and DCT before and one week after LASIK. The IOP measurement taken with DCT seems to be relatively immune to changes in corneal biomechanics and pachymetry after LASIK, in comparison to GAT and ORA measurements of IOP. LASIK produced a marked decline in CH and CRF, which may reflect respectively changes in the viscous and elastic qualities of the post-LASIK cornea. Differently of the present study with a long-term follow-up (24 months), the follow-up of IOP measures of that study⁽¹⁶⁾ was only of one week. At last, this paper confirms the data presented by one of us (NC)^(8,12) in which the IOP was always higher when measured by ST than by GAT. At the pre-operative period, the average IOP value by GAT was 13.00 mmHg (OD) and 13.50 mmHg (OS) whereas it was 19 mmHg (OD) and 20 mmHg (OS) by ST.

Despite the limitations placed by the small sample of the examined cases, we have demonstrated that LASIK causes: 1. increase in Vc values; 2. decrease in Pt and 3. reduction of E.

CONCLUSIONS

The cornea becomes less resistant after LASIK and, in consequence, the GAT falsely underestimates the IOP.

IOP evaluation by ST is more accurate than that by GAT.

RESUMO

Objetivo: Avaliar comparativamente a pressão intraocular (Po) e a rigidez ocular (E) antes e após 1, 3, 6 e 24 meses em olhos submetidos a LASIK. **Métodos:** Foram avaliados a Po (pela tonometria de aplanção de Goldmann - TAG e pela tonometria diferencial com os pesos 5,5 e 10 g do tonômetro de Schiøtz (ST) e E (pela tonometria diferencial) antes e após 1, 3, 6 e 24 meses em 23 olhos submetidos a LASIK. Foram também avaliados o volume de depressão corneana (Vc) e a pressão tonométrica (Pt) com o tonômetro de Schiøtz repousando sobre o olho. **Resultados:** Os valores médios da Po (TAG) 6 e 24 meses após o LASIK foram menores que os obtidos antes e 1 e 3 meses após o LASIK. Os valores médios de E foram significativamente inferiores após 1, 3, 6 e 24 meses após o LASIK que antes da cirurgia. A redução da espessura central da córnea pelo LASIK causou aumento dos valores médios de Vc e diminuição dos de Pt. Por sua vez, essas alterações de Vc e Pt foram as responsáveis pelos menores valores das medidas de Po (TAG) e de E. **Conclusões:** A cirurgia por LASIK diminui os valores da leitura da Po medida pelo tonômetro de Goldmann, porém não altera os

valores de Po obtidos pela tonometria de Schioetz. A cirurgia também diminui a rigidez ocular. As medidas da Po (TAG) apresentaram menores valores 6 e 24 meses após o LASIK. A avaliação da Po pelo ST parece ser mais confiável que pelo TAG. Observou-se estabilização dos valores de Vc, Pt and E seis meses após o LASIK.

Descritores: Pressão intraocular/etiologia; Ceratomileuse assistida por excimer laser in situ/efeitos adversos

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