

Renal biomarkers of male and female Wistar rats (*Rattus norvegicus*) undergoing renal ischemia and reperfusion¹

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ABSTRACT

PURPOSE: To investigate biomarkers of acute renal injury in Wistar rats, subjected to left renal ischemia for 10 minutes, and then compare reperfusion at 24 hours, and at 5, 7, 14 and 21 days after the procedure.

METHODS: Eight female and male rats between 60 and 81 days old were used in the Central Animal Facility of the UFMS. Assessed biomarkers included urine protein, urea, creatinine, glucose, sodium, potassium, urine alkaline phosphatase and gamma-glutamyl transferase activities, and protein-to-creatinine ratio; and in serum: urea, creatinine, sodium and potassium, fractional excretion of sodium, potassium, urine flow and creatinine clearance.

RESULTS: Greater variance was observed in the parameters at 24 hours and at five days ($p < 0.05$) after reperfusion. On the 21st day, these parameters approximated those obtained for the control group.

CONCLUSIONS: Renal ischemia for 10 minutes was sufficient to raise urine levels of protein, glucose, fractional excretion of potassium, urea, creatinine clearance, urine activity of gamma-glutamyltransferase and alkaline phosphatase enzymes in the first 24 hours, up to five days after reperfusion, which may indicate risk of acute kidney injury, according to the RIFLE classification.

Key words: Biomarkers, Pharmacological. Ischemia. Reperfusion. Kidney. Rats.

Introduction

Renal ischemia and reperfusion (I/R) consists of clamping the renal artery or pedicle for a period of 15 to 60 minutes, with the subsequent clearance of the occluded vessel and restored blood flow, reproducing the clinical model of kidney transplantation. The applicability and viability of this model result from the similarity of inflammatory response, medullary congestion, and tubular injury presented when compared to data obtained from the renal biopsy of patients with Acute Kidney Injury (AKI)¹. Diverse animal and clinical studies show renal tolerance of ischemia beyond 30 minutes, but there are concerns as to whether total recovery is possible after this period². Ischemia-induced renal failure was observed one day after reperfusion was performed in male and female rats, though these renal lesions were more evident in males than in females³.

Due to a lack of early renal markers to be applied to medical practice⁴, and the relative insensitivity of traditional clinical tests in assessing renal function to accomplish early detection of an injury or altered renal function, there is considerable interest in potential biomarkers of the early effect of renal injury⁵. Additionally, because there is no consensus regarding AKI⁴, the RIFLE classification (Risk, Injury, Failure, Loss of kidney function, and End-stage kidney disease), in which urinary output is included as a renal assessment measure, was developed. Subsequently, this criterion was replaced by the AKIN classification to enable an earlier diagnosis of renal injury and earlier staging of acute kidney injuries⁶.

This study's aim was to analyze renal biomarkers through the biochemical analysis of the urine of male and female Wistar rats (*Rattus norvegicus*) submitted to unilateral left renal ischemia for a period of 10 minutes and then compare reperfusion at 24 hours, and at 5, 7, 14 and 21 days after the procedure with the non-ischemic control group.

Methods

This study was approved by the Institutional Review Board regulating the use of animals (CEUA) at the Federal University of Mato Grosso do Sul (Protocol CEUA/UFMS No. 358/2011).

A total of 16 male and female rats (*Rattus norvegicus*), of conventional Wistar lineage, originating from the Central Animal Facility at the Technical Unit of the Biological Sciences and Health Center (UFMS) were used in this study. The animals were randomly distributed into two groups: Control group, divided

into females (n=4) and males (n=4) and the I/R Experimental group also, distributed into females (n=4) and males (n=4). The project was developed at six different points in time when the rats were between 60 and 81 days old. The animals were placed into polypropylene cages measuring 49x34x16cm and containing wood chips, arranged on shelves. Each cage contained four animals of the same sex up to the time of the surgical procedure, in the case of the I/R group. To collect blood and urine samples, animals of both groups were individually placed in a metabolic cage.

The animals were kept in an acclimatized room with conventional environmental conditions controlled for temperature and humidity with the use of a thermo-hygrometer and a photoperiod with timer, respecting the daily cycle of rodents, i.e., 12 hours/day and 12 hours/night. They were fed a balanced commercial diet of CR-1 Nuvital/Nuvilab[®] that is specific for this species and were given *ad libitum* access to water. Before each procedure, the animals were weighed on a Gehaka[®] three digit electronic scale.

The entire routine of cleaning the macro- and micro-environment, and maintaining the animals and all the experimental procedures performed at different times, met the operational standards established by the Animal Facility - UT/CCBS/UFMS, in accordance with Law No. 11.794, from October 8th, 2008, Normative Instruction of the National Council on Animal Experimentation (CONCEA) and the Brazilian Guidelines for the Care and Use of Animals for Scientific and Teaching Purposes (DBCA).

To contain the animals and for the anesthetic protocol, we used a combination of intramuscular Xylazine (5mg/kg) and Ketamine (20mg/kg). Hair was removed from the left flank region and asepsis was performed with alcohol at 70% concentration, enabling surgical access.

Aiming to test a 10-minute ischemia through venous and arterial stenosis and reperfusion at 24 hours, 5, 7, 14 and 21 days after the procedure, the surgery (I/R) with an aseptic technique was performed through laparotomy on the left flank to access the kidney, which was exposed to remove the perirenal fat. After isolating the pedicle, the renal artery and vein were clamped with non-traumatic forceps, minimizing damage to the adventitia layer.

During the 10 minutes, ischemia was visually verified by the change in kidney color. Reperfusion was initiated and confirmed by the recovery of the organ's initial color. After verifying hemostasis, the kidney was reallocated and closure was immediately performed with needled 4.0 monofilament nylon thread. The animals were monitored until they totally recovered from anesthesia.

Renal function was assessed after reperfusion at 24 hours, and at 5, 7, 14 and 21 days with laboratory exams of biomarkers of protein, urea, creatinine, glucose, sodium, potassium, urinary activity of alkaline phosphatase (ALP), gamma-glutamyl transferase (GGT) and urine protein-to-creatinine ratio assessed in their urine; and in serum: urea, creatinine, sodium and potassium; and also fractional excretion of sodium, potassium, urinary flow and creatinine clearance.

A volume of 0.5mL of blood was collected through the retro-orbital plexus and placed in an Eppendorf tube without anticoagulant and with accelerator gel; it was submitted to centrifugation at 2000 rpm (Fanen® centrifuge) for 10 minutes to obtain serum-free hemolysis. After separation of the serum, the samples were frozen at -20°C until the exams were performed, when they were thawed to room temperature and urea, creatinine, sodium, potassium, and serum glucose were quantified in a Cobas®Integras 400 biochemical device in the Clinical Analysis Laboratory at NHU/ UFMS.

A volume of 2.0 mL of urine was collected at 24 hours after reperfusion using metabolic cages and stored in Eppendorf tubes, which were then frozen for photometrical biochemical analysis in Bioplus 2000® equipment in the Analysis Laboratory at the Veterinary Clinics Hospital at the Federal University of Espirito Santo (UFES). After the urine samples were thawed to room temperature, the concentration of protein in the urine was measured with the Sensiprot Kit (Labtest®) using the colorimetric method of pyrogallol red, Ref.36 Sensiprot. In order to quantify urine creatinine, 1:50 dilution was performed according to the Jaffe reaction Ref. 96, Creatinine K. Urea was measured with urine diluted to 1:50 by colorimetric enzymatic hydrolysis by the urease system, Ref. 27, Urea CE. Alkaline phosphatase urine activity was measured through the kinetic method of hydrolysis of p-nitrophenyl phosphate, Ref. 79, Alkaline Phosphatase Liquiform. Urine gamma-glutamyltransferase (GGT) was quantified in kinetic mode by transference of the glutamyl group of L-γ-glutamyl-3-carboxy-4-nitroanilide for the glycyglycine, Ref. 105, gamma GT Liquiform.

Glomerular filtration was assessed by creatinine clearance based on serum and urine creatinine levels, with values expressed in mL/min, computed with the formula: $Clcr = \text{urine creatinine (mg/dL)} \times \text{urine flow (mL/min)} / \text{Serum creatinine (mg/dL)}$.

Urine flow was calculated dividing 24 hours of urine volume by 1,440, which corresponds to the number of minutes in 24 hours (60 min x 24h = 1,440): $\text{urine flow (mL/min)} = \text{value of urine volume (24h)} / 1,440$.

To calculate the fractional excretion of sodium (FENa), we used the values of the variables of urine and serum sodium (mEq/L), urine and serum creatinine (mg/dL), using the formula: $FENa (\%) = (\text{urine/serum sodium}) / (\text{urine/serum creatinine}) \times 100$.

The values of the fractional excretion of potassium (FEK) were obtained through values of urine and serum potassium (mEq/L), urine and serum creatinine (mg/dL), with the following formula: $FEK (\%) = (\text{urine/serum potassium}) / (\text{urine/serum creatinine}) \times 100$.

The “urine protein-to-urine creatinine ratio (mg/dL)” (UP/UCr) was obtained by dividing urine protein by urine creatinine at 24 hours, and at 5, 7, 14 and 21 days after the procedure.

Upon project completion, the animals were euthanized with a lethal dose of barbiturate, thiopental sodium, intraperitoneally with a dosage of 150 mg/kg. After euthanasia, both kidneys were removed for weighing and to measure their length and width. The kidneys were sent to the histological Laboratory of the Biological and Health Sciences Center at UFMS. The slides were analyzed in the Animal Pathology Laboratory at UFES using an Olympus® CX 41 light microscope.

Comparison among the analyses in both groups and both sexes was performed using ANOVA repeated measures, followed by the Tukey post hoc test. The remaining results concerning the variables assessed in this study are descriptively presented. The statistical analysis was performed using SigmaStat, version 2.0, considering a level of significance at 5%.

Results

Ischemia/reperfusion increased the levels of urine protein (Table 1) in both sexes (ANOVA repeated measures, $p < 0.001$). In the females, this increase was more evident 21 days after the procedure, while among the males, such an increase occurred on the 7th day (Tukey, $p < 0.05$). There was no change in the levels of protein in any of the control group individuals, female or male, at the different points in time ($p > 0.05$).

TABLE 1 - Mean \pm Standard Error of Protein (mg/dL) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/ Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	10.88 \pm 4.17a	23.35 \pm 4.89a	49.38 \pm 1.76c	56.01 \pm 4.57c
5d	8.20 \pm 0.52a	15.11 \pm 4.56a	43.44 \pm 2.03c	56.44 \pm 4.74c
7d	8.28 \pm 0.53a	23.15 \pm 7.69a	77.36 \pm 5.53b	127.80 \pm 3.01a
14d	13.81 \pm 1.94a	19.95 \pm 7.92a	93.92 \pm 7.91ab	88.37 \pm 10.17b
21d	20.01 \pm 4.76a	13.45 \pm 2.20a	106.16 \pm 5.46a	80.83 \pm 4.31b
P-value	0.097	0.218	<0.001	<0.001

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

Ischemia/reperfusion increased urine urea (Table 2) only among males on the 21st day, when compared to the remaining points in time (Tukey, $p < 0.05$). Even though the ANOVA repeated measures presented a significant p-value in the analysis comparing

the different points in time, there was no difference among these points in time among females ($p = 0.047$), according to the multiple comparisons test (Tukey, $p > 0.05$). The same was observed among the males in the control group.

TABLE 2 - Mean \pm Standard Error of Urea (mg/dL) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	774.89 \pm 84.06a	636.45 \pm 61.97a	453.84 \pm 110.56a	428.72 \pm 18.57b
5d	1169.33 \pm 97.71a	897.91 \pm 51.45a	405.56 \pm 92.39a	504.80 \pm 92.27b
7d	1130.16 \pm 94.26a	1482.45 \pm 294.57a	1514.25 \pm 276.08a	1855.89 \pm 370.21b
14d	1218.45 \pm 247.83a	1822.63 \pm 232.18a	1362.23 \pm 130.59a	3976.29 \pm 1099.78ab
21d	1096.24 \pm 142.55a	1753.23 \pm 343.41a	2692.00 \pm 1154.12a	7490.74 \pm 2175.25a
P-value	0.26	0.003	0.047	0.002

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

In regard to urine creatinine (Table 3), I/R induced decreased values at 24 hours in both sexes and later induced a significant increase in the values of males, which was more evident on the 7th and 14th days (Tukey, $p < 0.05$). Among the females, even though the urine level of creatinine reached 42.50

mg/dL on the 14th day, there was no significant differences among the different points in time (ANOVA repeated measures, $p = 0.109$). No changes were observed in creatinine levels over time in the control group, males or females ($p = 0.666$ and $p = 0.919$, respectively).

TABLE 3 - Mean \pm Standard Error of Creatinine - CrU (mg/dL) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	45.12 \pm 7.28a	36.65 \pm 3.10a	7.83 \pm 2.14a	4.42 \pm 1.57b
5d	37.60 \pm 6.98a	40.21 \pm 6.85a	3.32 \pm 1.11a	4.42 \pm 0.90b
7d	36.18 \pm 3.98a	36.62 \pm 5.26a	17.38 \pm 2.70a	22.38 \pm 7.03a
14d	43.89 \pm 5.00a	35.57 \pm 4.31a	42.50 \pm 21.70a	19.63 \pm 3.58a
21d	40.59 \pm 7.64a	37.55 \pm 5.72a	19.25 \pm 3.61a	17.50 \pm 2.50ab
P-value	0.666	0.919	0.109	0.003

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

Unilateral renal ischemia for 10 minutes revealed significant differences in creatinine clearance (Table 4) among females ($p=0.002$) and males ($p=0.015$), with a sharp decrease in levels at 24 hours and 5 days after the procedure; levels started increasing again from the 7th to the 21st day, with similar values in the control group.

TABLE 4 - Mean \pm Standard Error of Creatinine Clearance - C_{cr} of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
0 h	0.4225 \pm 0.9132a	0.4450 \pm 0.1297a	0.9750 \pm 0.1790a	0.9750 \pm 0.3810a
24h	0.5550 \pm 0.1181a	0.8875 \pm 0.2671a	0.0725 \pm 0.3146b	0.0275 \pm 0.0075b
5d	0.2200 \pm 0.0489a	0.7875 \pm 0.1748a	0.0750 \pm 0.0419b	0.0975 \pm 0.0347b
7d	0.3575 \pm 0.0751a	0.6375 \pm 0.2329a	0.2375 \pm 0.0292b	0.2400 \pm 0.1096ab
14d	0.5600 \pm 0.1563a	0.6000 \pm 0.0974a	0.4925 \pm 0.2738ab	0.2375 \pm 0.0747ab
21d	0.2950 \pm 0.0290a	0.6800 \pm 0.3007a	0.2750 \pm 0.0987b	0.2375 \pm 0.0543ab
P-value	0.116	0.625	0.002	0.015

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

In regard to the mean values of urine ALP (Table 5) activity, the I/R caused significant differences among the different points in time in both females and males ($p<0.001$). This parameter continued to be significantly high up to the 5th experimental day, when values started equalizing with those from the control group.

TABLE 5 - Mean \pm Standard Error of Alkaline Phosphatase - ALP (U/L) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	5.18 \pm 0.87a	7.26 \pm 0.35a	112.85 \pm 13.39a	91.89 \pm 17.63a
5d	4.39 \pm 0.87a	6.64 \pm 0.73a	95.44 \pm 11.84a	73.94 \pm 3.45a
7d	8.36 \pm 1.61a	10.01 \pm 1.45a	6.22 \pm 2.29b	3.11 \pm 0.87b
14d	5.80 \pm 0.48a	6.44 \pm 0.67a	4.84 \pm 1.20b	5.47 \pm 1.86b
21d	6.44 \pm 0.67a	7.90 \pm 1.66a	2.07 \pm 0.69b	4.90 \pm 1.69b
P-value	0.113	0.215	<0.001	<0.001

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

The I/R effect also showed significant differences in GGT urine (Table 6) activity among the different points in time in females ($p=0.003$) and males ($p<0.001$). According to the experimental period, the animals experience a tendency to decrease at 24 hours and reached levels similar to or lower than those presented by the control group on the 21st day.

TABLE 6 - Mean \pm Standard Error of Gamma-Glutamyltransferase - GGT (U/L) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	13.03 \pm 1.02a	35.54 \pm 16.70a	64.24 \pm 18.88a	143.98 \pm 15.76a
5d	11.19 \pm 0.55a	35.39 \pm 15.24a	43.98 \pm 10.52ab	56.98 \pm 6.55b
7d	16.91 \pm 3.07a	29.64 \pm 8.91a	28.88 \pm 3.11ab	31.88 \pm 5.15b
14d	23.03 \pm 6.82a	23.66 \pm 7.59a	5.47 \pm 0.83b	8.44 \pm 3.13c
21d	14.30 \pm 4.61a	24.43 \pm 6.89a	3.64 \pm 0.37b	4.20 \pm 1.46c
P-value	0.277	0.403	0.003	<0.001

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

After the I/R, urine sodium (Table 7) values presented significant differences in females along the different points in time ($p=0.004$) and between the sexes at 24 hours ($p=0.014$) and on the 5th day ($p=0.046$). Note that females from the I/R

experimental group presented lower values at 24 hours, with levels increasing from the 5th day on. Males, in turn, presented lower values on the 7th day and an increase at the end of the assessment.

TABLE 7 - Mean \pm Standard Error of Sodium (mEq/L) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	31.50 \pm 9.91a	34.75 \pm 9.26a	12.00 \pm 3.67b	44.25 \pm 8.70a
5d	34.75 \pm 9.26a	42.75 \pm 2.56a	14.50 \pm 1.32b	32.00 \pm 6.87a
7d	40.25 \pm 2.84a	40.00 \pm 8.93a	30.00 \pm 11.81ab	26.00 \pm 10.41a
14d	42.75 \pm 9.19a	36.00 \pm 7.84a	50.00 \pm 10.84ab	67.00 \pm 19.05a
21d	37.00 \pm 3.67a	36.75 \pm 9.06a	69.50 \pm 10.37a	59.25 \pm 19.10a
P-value	0.741	0.961	0.004	0.294

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

There was a significant difference after I/R in the levels of fractional excretion of sodium (Table 8) between the sexes in the I/R group at 24 hours ($p=0.017$). The males presented lower

values of FENa in urine at the 7th day, as opposed to the females, who had their highest value at this point. In the control group, FENa values maintained the same pattern.

TABLE 8 - Mean \pm Standard Error of Fraction of Sodium Excretion - FENa (%) of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	0.0959 \pm 0.0162a	0.1364 \pm 0.3891a	0.5301 \pm 0.2989a	2.7556 \pm 0.6092a
5d	0.4208 \pm 0.1743a	0.2690 \pm 0.3778a	1.1853 \pm 0.2656a	1.9841 \pm 0.5984a
7d	0.2770 \pm 0.0442a	0.2638 \pm 0.0445a	2.3011 \pm 2.0704a	0.4385 \pm 0.2678a
14d	0.2708 \pm 0.0495a	0.3401 \pm 0.0925a	0.6071 \pm 0.2428a	1.0589 \pm 0.2908a
21d	0.3656 \pm 0.1197a	0.3901 \pm 0.1647a	1.4723 \pm 0.3621a	1.3011 \pm 0.5212a
P-value	0.296	0.32	0.694	0.053

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

In this study, I/R showed mild change in the levels of urine potassium (Table 9) in males and females at all points in time, though with no significant differences ($p>0.05$).

Similar variation also occurred among the animals in the control group on the 21st day ($p=0.018$).

TABLE 9 - Mean \pm Standard Error of Potassium (mmol/L) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	117.25 \pm 9.73a	124.53 \pm 13.42a	82.43 \pm 32.08a	84.55 \pm 18.93a
5d	79.00 \pm 14.18a	123.33 \pm 12.70a	45.95 \pm 7.29a	76.50 \pm 26.71a
7d	133.78 \pm 17.77a	110.80 \pm 11.01a	85.58 \pm 25.65a	72.63 \pm 21.56a
14d	129.83 \pm 20.90a	91.15 \pm 21.78a	94.50 \pm 19.77a	94.35 \pm 11.87a
21d	124.33 \pm 14.68a	71.25 \pm 7.66a	96.03 \pm 7.04a	89.63 \pm 22.84a
P-value	0.182	0.115	0.308	0.953

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

There was significant difference in the fractional excretion of potassium (FEK) (Table 10), with high levels at 24 hours, a progressive decrease after 7 days and a mild increase at 21 days ($p>0.05$), though with levels close to those presented by the control group.

TABLE 10 - Mean \pm Standard Error of Fraction of Potassium Excretion - FEK (%) of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	10.5435 \pm 1.2560a	15.0229 \pm 2.7042a	115.3520 \pm 71.7208a	190.3053 \pm 69.2530a
5d	17.3556 \pm 3.5505a	19.9210 \pm 4.5825a	143.7500 \pm 41.2308a	143.5296 \pm 46.0116a
7d	31.2378 \pm 5.9191a	24.0426 \pm 5.5554a	36.4478 \pm 12.1515a	33.4435 \pm 15.8311a
14d	30.1706 \pm 7.9047a	25.9229 \pm 5.0526a	39.1868 \pm 13.9763a	42.9311 \pm 3.5202a
21d	34.5182 \pm 10.2301a	18.2756 \pm 3.6026a	71.0593 \pm 21.5461a	62.3750 \pm 18.09113a
P-value	0.138	0.49	0.204	0.06

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

Glucose (Table 11) values in the urine of males from the I/R experimental group increased from the 1st to the 21st day of assessment; statistical differences were observed between males and females on the 7th day ($p=0.040$).

TABLE 11 - Mean \pm Standard Error of Glucose (mg/dL) of urine of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	4.75 \pm 1.11a	3.50 \pm 1.50a	23.25 \pm 7.11a	27.50 \pm 10.30b
5d	4.00 \pm 0.58a	3.25 \pm 1.03a	13.50 \pm 4.97a	30.00 \pm 10.58b
7d	1.75 \pm 1.18a	0.75 \pm 0.25a	10.00 \pm 6.38a	62.75 \pm 19.15ab
14d	2.75 \pm 0.63a	3.25 \pm 1.11a	26.50 \pm 9.85a	66.75 \pm 21.32ab
21d	2.75 \pm 0.48a	5.25 \pm 1.25a	37.00 \pm 29.69a	97.75 \pm 29.51a
P-value	0.175	0.198	0.594	0.006

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

I/R promoted variations in the urine flow (Table 12) of animals submitted to the ischemia model by clamping when compared to the control group at 24 hours and 5 days after I/R. The variation was more intense among the males.

TABLE 12 - Mean \pm Standard Error of Urine Flow (ml/min) of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Variable/Points in time	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
0 h	0.0078 \pm 0.0014a	0.0085 \pm 0.0029a	0.0050 \pm 0.0014a	0.0055 \pm 0.0020a
24h	0.0080 \pm 0.0082a	0.0133 \pm 0.0043a	0.0028 \pm 0.0010a	0.0028 \pm 0.0009a
5d	0.0053 \pm 0.0007a	0.0075 \pm 0.0011a	0.0055 \pm 0.0012a	0.0072 \pm 0.0024a
7d	0.0068 \pm 0.0007a	0.0053 \pm 0.0024a	0.0045 \pm 0.0006a	0.0038 \pm 0.0011a
14d	0.0065 \pm 0.0015a	0.0073 \pm 0.0018a	0.0045 \pm 0.000a	0.0053 \pm 0.0016a
21d	0.0045 \pm 0.0013a	0.0058 \pm 0.0026a	0.0055 \pm 0.0016a	0.0062 \pm 0.0014a
P-value	0.146	0.097	0.428	0.429

Different letters in the columns represent significant differences among the different points in time verified in Tukey Posttest.

The I/R effect on the urine protein-to-creatinine ratio (Table 13) was accentuated among the males at 24 hours and increased up to the 7th day. These levels remained accentuated up

to the 21st day among the females. In the control group, the UP/UCr ratio remained lower and more constant.

TABLE 13 - Mean of urine protein (mg/dL)-to-creatinine (mg/dL) ratio of rats submitted to unilateral left ischemia for 10 minutes and analysis of perfusion 24 hours and 5, 7, 14 and 21 days after the procedure.

Momento	Group Control		Group Experiment I/R	
	Female	Male	Female	Male
24h	0,24	0,64	6,31	12,67
5d	0,22	0,38	13,08	12,77
7d	0,23	0,63	4,45	5,71
14d	0,31	0,56	2,21	4,5
21d	0,49	0,36	5,51	4,62

In regard to the macroscopic aspect of the kidneys submitted to ischemia and reperfusion, no significant changes were observed concerning their aspect, size or volume in either females or males. The change of color observed in the kidneys

at the time of the surgery when ischemia was performed was evident. Figures 1 and 2 show the change of color of the left kidney at 5 min and 10 min, respectively, during the surgical procedure.

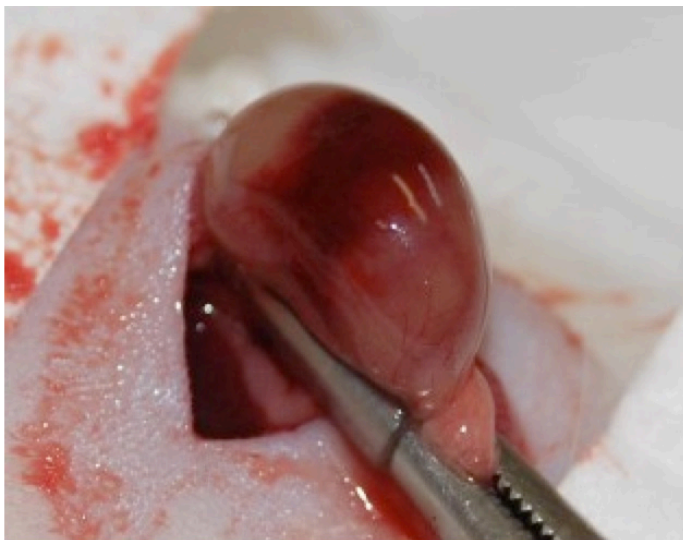


FIGURE 1 - Color in the left kidney 5 minutes after the ischemia procedure.

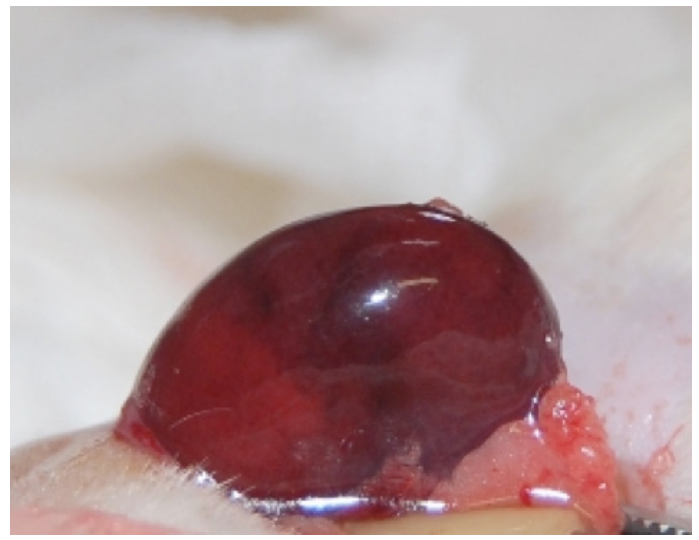


FIGURE 2 - Color in the left kidney 10 minutes after the ischemia procedure.

As for the histopathological assessment, congestion was observed in the cortical region in 75% of the samples of left kidneys of the females submitted to I/R, while this percentage among the males was 50%. Discrete tubular degeneration was observed in 50% of the medullar region and in 25% of the cortical region of the left kidney of females; the inverse occurred among the males. Moderate tubular degeneration was observed in 50% of the cortical and medullar region of the females' kidneys, while

among the males' kidneys, 75% of moderate tubular degeneration was observed in the medullar region and 50% in the cortical region. Only mild congestion was observed in the cortical region of contralateral kidneys when compared with the kidneys submitted to I/R for 10 minutes.

The statistical analysis of the left kidneys' weight in the I/R experimental group revealed differences between sexes in regard to weight, length and width ($p < 0.001$). The significant

differences observed among the females concerned the kidneys' weight ($p=0.015$), while among the males, differences concerned the kidneys' weight ($p=0.002$) and width ($p<0.001$). Differences between sexes within the I/R group concerned the kidney's weight ($p=0.043$) and length ($p=0.017$). Therefore, I/R interfered in these measures both in regard to the left kidney, the one submitted to ischemia, verified by histopathological analysis, and in regard to the contralateral kidney, in which the differences observed were between sexes in regard to weight ($p=0.001$), length ($p=0.005$), and width ($p=0.017$).

Discussion

Bussmann *et al.*⁷ report that the duration of ischemia directly influences the levels of plasma creatinine and degree of renal injury: plasma creatinine levels increased twice after 25 minutes of ischemia and seven to eight times after 45 minutes, which is associated with significant necrosis. This information was important in this study to induce ischemia for a shorter period, ten minutes, in order to minimize injuries.

According to Leal *et al.*⁸, I/R induced-injury in kidneys is the main etiological factor of acute kidney failure (ARF), which is characterized, among other findings, by the transitory increase in serum creatinine rates at the first 24 hours (3.45 ± 0.69 mg/dL) after reperfusion and the decrease on the 7th day (1.78 ± 0.58 mg/dL). These values differ from this study because a tendency of increased values of serum creatinine in the I/R group ranging from 0.30 ± 0.00 to 0.55 ± 0.03 mg/dL was observed with a percentage increase of 1.65% at 24 hours and 1.5% on the 5th and 7th days for both sexes; increases of 2% and 2.75% were observed on the 14th and 21st days, respectively, for both sexes. On the 14th and 21st days both sexes experienced increases of 2% and 2.75%, respectively, but these increases were between 2% and 2.4% in the males. A similar percentage increase was observed in the I/R experimental group. Serum creatinine increased in both groups, thus, there is a chance there was an increase in muscle mass, since a more significant weight gain was verified in the control group compared to the I/R group, which lost weight in the first week post surgery.

Even if the serum creatinine parameters remained within normal ranges, there was a significant percentage increase, which leads to the RIFLE or AKIN classification that suggests a risk of acute kidney injury in the animals, which underwent ischemia for a period of 10 minutes and were assessed from 24 hours up to 21 days after reperfusion. Additionally, Kellum *et al.*⁹ suggest the use of acute kidney injury instead of acute kidney failure because it is more comprehensive and includes mild

changes in kidney function. Cruz *et al.*¹⁰ infer that the RIFLE/AKIN classification requires new biomarkers to be consensually used by the medical profession.

The new parameters that are used to show the presence of protein in urine, as described by Zanella¹¹, more specifically consider 24-hour samples, in which levels <20 mg define normoalbuminuria, from 20 to 199mg define micro albuminuria, and levels ≥ 200 mg indicate macro albuminuria. In this aspect, the females within the I/R group presented the following values 43.44 ± 2.03 to 106.16 ± 5.46 mg and the males 56.01 ± 4.57 to 127.80 ± 3.01 mg, therefore, they were classified as having microalbuminuria. These values indicate that I/R for 10 minutes influenced an increased rate of albumin excretion in the urine of these animals. The control group was considered normoalbuminuric. The values reported by Sagioglu *et al.*¹² corroborate this study, since they observed 116.6 ± 10.2 mg protein in the urine at 24 hours, as high as the level observed in the I/R females on the 21st day.

Even though urea is freely filtered by the glomerulus and not reabsorbed nor actively secreted, Sodr e *et al.*¹³ contend it is a weak predictor of the glomerular filtration rate (GFR) because 40% to 70% returns to the plasma by a process of passive diffusion, depending on the urine flow. Thus, urine stasis leads to an even greater return of urea in the renal tubules and the computed GRF is underestimated by urea clearance. Levels of 7398 ± 706 mg/24h for urine urea were verified by Sagioglu *et al.*¹², which is similar to the levels found in this study, when compared to the I/R males after 21 days. These analyses indicate that I/R for 10 minutes was sufficient to cause an effect, since a gradual but intense increase in urea filtration was observed in both males and females during the experimental period.

GFR is indirectly computed through creatinine clearance (Clcr) and remains one of the most frequently used markers in the assessment of renal function but, according to Sodr e *et al.*¹³, it is difficult to obtain the 24th-hour volume. This fact was also observed in this study in the collection of 24th-hour samples, even with the use of metabolic cages. Vattimo and Silva¹⁴ report 0.77 ± 0.05 mL/min for creatinine clearance/100g while Meyer *et al.*¹⁵ report 0.20 ± 0.02 mL/min Clcr and concluded that more than 30 minutes of renal occlusion establishes a higher flow, leading to decreased survival. The values are similar to those observed in this study in the experimental I/R group at 24-hours and on the 21st day after unilateral left ischemia without contralateral nephrectomy.

Andrade *et al.*¹⁶ obtained 73 ± 68 mg/dL urinary creatinine (CrU) among animals that underwent I/R with bilateral clamping of renal pedicles for 30 minutes and weighed 294 ± 54 g on average; the ischemia was of longer duration than that performed

in this study, but weight was similar to this study's subjects. Perhaps if this component is verified within a shorter amount of time after I/R, there will be a significant decrease in renal filtration of creatinine, as observed in this study. Castro *et al.*¹⁷ report 88.5 ± 11.1 mg/dL CrU at 24 hours (without fasting) in the normal animals. Note that, regardless of the I/R models, this parameter did not differ. Therefore, the I/R group presented lower renal filtration and even lower GFR at 24 hours and on the 5th day.

ALP urinary activity increased in the I/R group at 24 hours and remained high up to the 5th day. On the 7th day it decreased abruptly, and almost dropping to levels that equaled the levels observed in the control group. This result is in agreement with the results found by Clemon¹⁸, for whom the concentration of urine enzymes released by the injured cells of the tubular epithelium is sensitive to the detection of early tubular injury and has the potential to determine the primary locale of renal damage, such as gamma-glutamyl transferase and alkaline phosphatase, which were associated with renal proximal tubular damage in dogs. Palacio *et al.*¹⁹ believe that the amount of the enzyme in urine is more sensitive and reliable for the assessment of renal damage because they increase in concentration in urine before than serum creatinine and urea do. As noted in this study, increased urine excretion of these biomarkers occurred much earlier than changes in classic and established renal markers such as plasma creatinine. This is what happened with the activity of the GGT urine enzyme in animals of the I/R group. Even though the I/R procedure took only 10 minutes, it was enough to injure renal tubular cells, since enzymatic excretion increased, especially in the first hours after the procedure¹⁹.

Cutrin *et al.*²⁰ report that high enzyme activity has been observed in cells presenting intense excretory and absorptive functions, such as the epithelial cells of the proximal tube, jejunum and biliary tract cells. The study also reports that GGT activity doubled in both cortical and medullar areas after 25 minutes of unilateral ischemia; concluding that renal ischemia in the short term (25 minutes) increases GGT activity and lipid peroxidation, suggesting that ischemia-induced acute kidney injury is related to increased urinary GGT activity. These findings corroborate this study, because GGT was high at the first 24-hour point.

There was decreased fractional excretion of sodium at 24 hours and up to five days after I/R. A progressive increase occurred after seven days. According to Draibe and Cendoroglo²¹, there are, during the course of renal failure, progressive increases in urea and creatinine, while concentrations of Na and K ions are very close to normal with a progressive decrease of plasma bicarbonate and a less evident decrease in pH.

In regard to ischemic acute kidney injury, Andrade *et al.*¹⁶ observed the comparative effect of two antioxidants when they used 14 male Wistar adult rats weighing 294 ± 54 g and submitted to I/R by bilateral clamping of renal pedicles for 30 minutes. These animals presented fractional excretion of sodium (FENa) at $0.18 \pm 0.02\%$. Lower levels were observed in the I/R group, but similar to those observed among the females in the control group at 24 hours.

Alterations were observed in urine potassium levels between the sexes in the control group on the 21st day and are in agreement with the findings of Draibe and Cendoroglo²¹, where the concentrations of Na and K during renal failure are very close to normal. The level of urine potassium verified by Sagiroglu *et al.*¹² at 24 hours was 143.1 ± 1.2 mEq/24 h among animals undergoing I/R, which is much higher than the levels found in this study.

The fraction of potassium excretion (FEK) and the urinary concentration of this electrolyte are modified by aldosterone and potassium intake. The fractional excretion in this study varied in both sexes in the I/R group, which presented a sharp increase at 24 hours and decreasing reduction up to 21 days. For Maciel *et al.*²² the fraction of potassium excretion may signal decreases in the rate of glomerular filtration even before serum creatinine increases. These findings are similar to those reported in this study, in which there was a sharp increase in this parameter at the first 24-hour point.

In regard to urinary glucose, the entire amount filtered by the renal glomeruli is absorbed by the proximal convoluted tubules. Thus, since there was not 100% reabsorption because a tendency to have decreased serum glucose levels was observed in the I/R group over time, we infer that glucose was eliminated by the urine. This confirms that there was no injury in the proximal tubules caused by the 10-minute I/R. These findings together with the urine enzyme values, show the risk of AKI after I/R for this period of time.

Regarding urine flow, Vattimo and Silva¹⁴ observed 0.00176 ± 0.004 mL/min in animals in the I/R group, weighing 299 ± 32 g, similar to what was observed in this study. Meyer *et al.*¹⁵ concluded that 30 minutes of renal occlusion establishes a higher urine flow in comparison to kidneys submitted to a 60-minute ischemia, which resulted in decreased survival. In this study, there were variations in the urine flow in the I/R group at 24 hours and on the 5th day, with a sharp increase on the 7th day, which coincides with the period of recovery of renal tubular cells; on the 21st day, levels became similar to those observed in the control group.

The UP/UCr ratios were below 1 and even below 0.5. Menezes *et al.*²³ note that assessment of the UP/UCr ratio and

GGT urine activity are more sensitive exams than the routine urine exam in detecting acute tubular injury (ATI), since these variables present changes before serum urea and creatinine. In this study, the UP/UCr ratios observed in the I/R animals were higher than in the control group at 24 hours, and at five and seven days, with a tendency to return to normal levels on the 14th and 21st days, possibly indicating the increased excretion of protein in urine and a potential risk of (ATI) in the first days, with subsequent regeneration.

Regarding the macroscopic aspect of kidneys, Konopka *et al.*²⁴ reported that the group submitted to I/R presented a progressive reduction in renal weight and volume from the 7th day on and reached the maximum degree on the 49th day ($p < 0.05$). In this study, while the left kidneys of the control animals presented proper and significant differences in weight, length and width ($p < 0.001$) between sexes, the animals from the experimental group submitted to I/R did not present significant differences in terms of length ($p = 0.161$) and width ($p = 0.207$), and were smaller than those of the control animals. In regard to the left kidneys' weight, significant difference ($p = 0.008$) was observed between sexes of the individuals in the experimental group within the period of the first 21 days, as well as between the males' ($p = 0.002$) and females' ($p = 0.015$) kidneys.

For the histopathological assessment in this study, we considered microscopic changes of kidneys found in the animals from the I/R group and compared them with those found in the contralateral kidneys. According to Konopka *et al.*²⁴, the model of chronic renal ischemia in rats causes progressive renal atrophy with preserved glomerular structure, which according to this study, depends proportionally on the duration of ischemia for the kidneys and on the deleterious effects of reperfusion.

Conclusions

Ten minutes of renal ischemia raised the levels of urine protein, urea, glucose, fractional excretion of potassium and urea, creatinine clearance and urine activity of the alkaline phosphatase and gamma-glutamyl transferase enzymes, more intensively in the first 24 hours and up to five days after reperfusion. The protein-to-creatinine ratio significantly increased after ischemia in both sexes. In addition to sex and weight, age also affected the parameters assessed.

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