ALTERATIONS OF THE MYENTERIC PLEXUS OF THE ILEUM AND THE DESCENDING COLON CAUSED BY Toxoplasma gondii (GENOTYPE III)

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Abstract – Alterations caused by a genotype III strain of *Toxoplasma gondii* were assessed with respect to the number and the morphometry of the myenteric neurons in the terminal ileum and the descending colon. Eighteen rats were divided into four groups: Acute Control Group (ACG, n=4); Acute Experimental Group (AEG, n=4); Chronic Control Group (CCG, n=5) and Chronic Experimental Group (CEG, n=5). NaCl solution was administered through gavage to the animals in the ACG and CCG. *Toxoplasma gondii* tachyzoites (10⁴) from a genotype III strain were orally administered to the AEG and CEG. Acute Groups were died after 24 hours, and the Chronic Groups after 30 days. Neuronal loss was not observed in both organs. The neurons atrophied in the terminal ileum as the opposite occurred with the neurons at the descending colon during the chronic phase of infection. In the terminal ileum, the neurons atrophied during the chronic phase of the infection as no alteration was found during the acute phase. For the descending colon, the neurons became hypertrophic during the chronic infection in opposition to the atrophy found during the acute phase.

KEY WORDS: enteric nervous system, toxoplasmosis, morphology.

Alterações do plexo mientérico do íleo e cólon descendente causadas por Toxoplasma gondii (genótipo III)

Resumo – Objetivou-se avaliar as alterações causadas por uma cepa genótipo III de *Toxoplasma gondii*, sobre o número e a morfometria de neurônios mientéricos, do íleo terminal e do cólon descendente. Dividiu-se dezoitos ratos em quatro grupos: controle agudo (GCA, n=4), experimental agudo (GEA, n=4), controle crônico (GCC, n=5) e experimental crônico (GEC, n=5). Os animais do GCA e GCC receberam solução de NaCl por gavagem, e os animais do GEA e GEC 10⁴ taquizoítos de uma cepa genótipo III de *T. gondii* por via oral. Os grupos agudos após 24 horas foram mortos e os crônicos após 30 dias. Observou-se que não houve perda neuronal em ambos os órgãos. No íleo terminal, os neurônios atrofiaram-se na fase crônica da infecção, enquanto nenhuma alteração ocorreu na fase aguda. Já no cólon descendente, os neurônios tornaram-se hipertróficos na fase crônica da infecção, em oposição à atrofia observada na fase aguda.

PALAVRAS-CHAVE: sistema nervoso entérico, toxoplasmose, morfologia.

The enteric nervous system (ENS) is a complex net of intramural innervation of the digestive tube capable of regulating the motility reflexes and coordinating the processes including secretion and absorption, controlling the blood flow and modulating the immune and endocrine functions. Besides, it presents a number of plexus, two ganglionic: myenteric and submucosal. The ENS distinguishes itself from the rest of the peripheral nervous system as it presents a great deal of neurons (similar to those found at the spinal cord) which form circuits capable of

interacting with the internal environment of the digestive tube independently of the central nervous system (CNS). This is due to its having sensitive neurons, intrinsic primary afferent neurons, interneurons, and excitatory and inhibitory motor neurons, structurally interconnected even more complexly by considering the animals' evolutionary scale¹. Neurons are cells which may have their functioning altered by elements of the diet and by inflammatory processes which may develop focalized necrosis² and/or alter its metabolism³. There are reports of some parasites

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which can break out some of these problems within the ENS such as *Trypanosoma cruzi*⁴, *Schistosoma mansoni*⁵ e, and *Schitosoma japonicum*⁶. On the other hand, there are no descriptions of studies assessing the consequences of infections by *Toxoplasma gondii (T. gondii)* for enteric neurons even though there a number of researches and clinical reports indicating the pathogenicity of this parasite for the CNS neurons².

T. gondii is a protozoan phylum apicomplexa which may be located at the intestinal epithelium of felidae (definite hosts) and in different tissue of homeothermic animals, including men. The felidae are the only definite hosts as they are the only animals presenting an enteroepithelial cycle with sexual reproduction of the parasite, with the formation of oocytes which are eliminated through the feces. Millions of oocytes may be eliminated at a single evacuation, remaining viable at the environment for a long period depending on the environmental conditions and humidity. Another cycle of the development of the parasite is the extraintestinal manifestation – either for the definite host or the intermediary - here there is asexual development of the parasite with the formation of tachyzoites and bradyzoites. The intermediary host is infected by ingesting raw or undercooked meat containing tissue cysts as well as by ingesting water or food contaminated with oocytes. After ingestion, the walls of the cysts or oocytes are ruptured by the enzymatic degradation and the infectious form of the parasite is released within the intestinal lumen, which quickly invades and multiplies inside the host cells, where they differ into tachyzoites⁷. The *T. gondii* holds a population structure highly clonal⁸ based on the three lines I, II, and III. Strains isolated in Brazil have demonstrated that Genotypes I and III are highly virulent9. The initial symptoms of toxoplasmosis may include skin irritation, fever, increase of lymph node, and visual perturbation, such as chorioretinitis and uveitis¹⁰. With respect to the congenital infection, it usually occurs when the woman is exposed to the infection during pregnancy as the parasites easily cross the placenta. As most of these infections are asymptomatic, a few of the cases may result in abortion, stillbirths. or lesions of the fetal nervous system. Children severely taken ill present chorioretinitis and brain necrosis and there may be hepatosplenomegaly, hepatic insufficiency, convulsions, and hydrocephalus¹¹. It is an opportunistic infection which strikes immunocompromised individuals such as those infected with the HIV⁷. In animals – such as cats and dogs, toxoplasmosis primarily affects the nervous system, the gastrointestinal tube, the ocular region, and the respiratory system; besides other clinical manifestations including fever, depression, diarrhea, respiratory difficulty, convulsion, hyperexcitability, tremor, psychological weakness, vomiting, and oral ulceration¹². Myocarditis, lymphonopathy, chorioretinitis, pancreatitis, anemia, intestinal granuloma were associated with toxoplasmosis¹². It may also cause abortion in sheep, pigs, and rabbits infected during pregnancy⁷. Rats infected with T. gonddi develop good humoral and cell immune response within a short length of time¹³. In relation to the clinical evolution and the placental transmission, toxoplasmosis in rats and humans is alike; therefore, infection in rats may be used as a model for human toxoplasmosis¹⁴.

As a result of such neurological and gastrointestinal alterations caused by *T. gondii*, this study assesses the possible alterations caused by the Genotype III strain of this parasite in the number and morphometry of the myenteric neurons of the terminal ileum and the descending colon of rats.

METHOD

Experimental groups

The experimental protocol was previously approved by the UNIPAR Ethics Committee in Researches Involving Animal Experimentation.

Eighteen male, 60-day-old Wistar rats (288.3±74.6g), kept in boxes with individual grids, in a bioterium constantly at 25°C with 12-hr light/12-hr dark alternate cycles, were used. All the animals received rat chow (NUVITAL®) and water ad libitum.

The animals were divided into 4 groups: Acute Control Group (ACG, n=4); Acute Experimental Group (AEG, n=4); Chronic Control Group (CCG, n=5) and Chronic Experimental Group (CEG, n=5). NaCl solution was administered through gavage to the animals in the ACG and CCG. *T. gondii* tachyzoites (10⁴) from a Genotype III strain isolated from dog brains with neurological symptomatology⁹ were orally administered to the AEG and CEG. Acute Groups were died after 24 hours, and the Chronic Groups after 30 days.

The animals were intramuscularly anesthetized using the following protocol: Acepram® 1.26 mL/kg + Ketalar® (10 mL) 1.26 mL/kg + Rompum® (2%) 0.42 mL/kg + Atropina® (1%) 0.22 mL/kg 15 in order to collect blood by puncturing the retro-orbital plexus (only from CCG and CEG groups), and laparotomy for the removal of the terminal ileum and the descending colon. The terminal ileum was considered as the distal portion to the initial ileocecal fold. Then, the animals were died by anesthetic deepening.

The blood collected was centrifuged and the serum was used to detect the presence of antibodies against *T. gondii* by the direct agglutination method¹⁶.

Obtaining the whole-mount preparations

The terminal ileum and the descending colon from each animal were measured with respect to length and width by using a tape measure and a millimetric ruler as they were removed. Because of the difficulty on automatically distinguishing the terminal ileum of the jejunum, these measurements were made by

considering these two organs together. Then, they were washed in a 9%-NaCl solution, filled and immersed in a fixation solution containing acetic formol for 48 hours. Next, they were dissected with the aid of a stereomicroscope by removing the mucosa and the submucosal network. Therefore, the whole-mounted used for this study were constituted by the muscularis externa (where the myenteric plexus is located) and the serous membrane, and stained according to the Giemsa technique¹⁷. The possible presence of chromatolysis as a consequence of the neuronal lesion provoked by the parasite was assessed.

Quantitative analysis

The total number of myenteric neurons was counted in 120 microscopic fields, uniformly distributed all over the intestinal circumference¹⁸ of each specimen, totalizing an area of 25.2 mm² per animal. For that, a Motic BL220A binocular microscope with 40x objective was used. The neurons positioned at the edges of each field were counted in alternated fields.

Morphometric analysis

The area of the soma, cytoplasm, and the nucleus of 300 neurons of the myenteric plexus of the terminal ileum and the descending colon (uniformly distributed all over the intestinal circumference) of the animals from each group was measured

with the software Image Motic Plus, version 2.0. A microscope with a 2.0 Megapixel digital camera (MOTICAM 2000) connected to a computer was used for that. From these values, neurons were divided into classes by considering the soma area (50 μm^2 interval) and the nucleus-soma ratio (0.10 intervals).

Statistic analysis

All the data were initially submitted to the Kolmogorov-Smirnov test for the verification of their distribution type. Normal distribution data were expressed as mean±standard deviation, and the free distribution ones were expressed as median and percentiles 25 and 75 (P25; P75). The Student's test (normal distribution data) and Mann-Whitney (free distribution data) were used in order to compare Control and Experimental Group, by considering p<0.05 significant values.

RESULTS

According to the serologic exam, the animals from the CEG group presented positive results with respect to the presence of anti-*T. gondii* whereas the CCG group presented negative results. Values obtained concerning the dimensions of the collected organs, and the quantitative and morphometric analysis of the myenteric neurons are presented on Tables 1, 2, and 3, respectively; as well as il-

Table 1. Length, width and area of the ileum-jejunum and the total colon from healthy rats (Control Group – CG) and submitted to infection by a Genotype III T. gondii strain (Experimental Group – EG).

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Organ	Group	Lenght (cm)	Width (cm)	Area (cm²)
Ileum-jejunum	ACG	107.25±2.36	1.40±0.08	150.10±8.27
	AEG	102.75±3.77	1.38±0.15	141.23±15.77
	CCG	109.16±5.62*	1.68±0.08*	183.33±11.92*
	CEG	100.94±3.31*	1.50±0.12*	151.18±9.26*
Total colon	ACG	15.45±1.32	2.15±0.37	33.11±5.74
	AEG	14.88±2.78	1.73±0.30	26.15±9.38
	CCG	15.86±1.18	2.16±0.29	34.31±5.84
	CEG	16.08±3.13	2.10±0.30	33.93±8.54

Values presented as mean±standard deviation. Values denoted by asterisks on the same column are significantly different (p<0.05).

Table 2. Population density of the neurons in 25.2 mm 2 (120 microscopic field) of the terminal ileum and the descending colon of healthy rats (Control Group – CG) and the submitted to the infection by a Genotype III T. gondii strain (Experimental Group – EG).

Group	Organ	Number of neurons in 25.2 mm ²	
ACG	Terminal ileum	3,912.8±1,044.7	
AEG		4,662.4±369.6	
CCG		3,522.8±603.6	
CEG		4,351.2±804.9	
ACG	Descending colon	4,983.8±181.8	
AEG		5,133.0±458.2	
CCG		4,163.8±336.4	
CEG		5,035.6±1,379.7	

Table 3. Soma area, nucleus area, cytoplasm area, and the nucleus-soma area ratio of myenteric neurons of the terminal ileum and descending colon from healthy rats (Control Group - CG) and the submitted to a Genotype III T. gondii strain (Experimental Group - EG).

Organ	Group	Soma area (μm²)	Nucleus area (μm²)	Cytoplasm area (μm²)	Soma-nucleus area ratio
Terminal ileum	ACG	238.9 (134.2; 826.5)	95.3 (47.8; 330.2)	145.3 (79.9; 466.0)	0.39 (0.31; 0.49)*
	AEG	258.4 (134.3; 828.2)	99.0 (48.6; 290.8)	155.2 (78.9; 496.2)	0.38 (0.29; 0.48)*
	CCG	333.2 (164.4; 845.2)*	123.81 (58.4; 309.5)*	207.7 (100.0; 511.8)*	0.37 (0.30; 0.46)
	CEG	161.5 (95.7; 515.8)*	56.4 (33.2; 202.5)*	104.2 (58.7; 289.5)*	0.36 (0.29; 0.45)
Descending colon	ACG	135.0 (98.3; 185.4)*	69.8 (50.7; 94.6)*	60.9 (42.4; 94.2)*	0.52 (0.44; 0.59)*
	AEG	124.4 (87.6; 170.1)*	62.9 (43.8; 84.8)*	57.7 (39.7; 88.7)*	0.50 (0.42; 0.58)*
	CCG	120.2 (74.1; 182.9)*	60.5 (38.0; 86.1)*	55.8 (34.9; 93.9)*	0.49 (0.41; 0.57)
	CEG	157.3 (115.8; 209.9)*	74.8 (55.3; 97.8)*	75.4 (50.8; 114.3)*	0.49 (0.40; 0.57)

Values presented as median (P25; P75). Values denoted by asterisks on the same column are significantly different (p<0.05).

Table 4. Correlation among the soma area, the cytoplasm, and the nucleus of myenteric neurons of the terminal ileum and the descending colon from healthy rats (Control Group - CG) and submitted to infection by a Genotype III T. gondii strain (Experimental Group - EG).

Organ	Group	Soma area X Nucleus area	Soma area X Cytoplasm area	Nucleus area X Cytoplasm area
Terminal ileum	ACG	0.91	0.96	0.77
	AEG	0.88	0.97	0.73
	CCG	0.90	0.97	0.77
	CEG	0.91	0.98	0.81
Descending colon	ACG	0.89	0.93	0.67
	AEG	0.84	0.93	0.59
	CCG	0.96	0.98	0.87
	CEG	0.82	0.96	0.62

All the values are significant, considering 5% the level of significance.

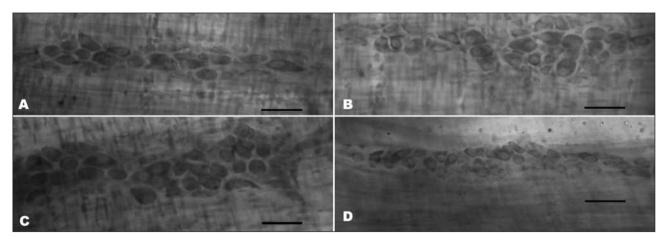


Fig 1. Myenteric ganglions from rat ileum, healthy (A and C), or infected with a Genotype III Toxoplasma gondii strain (B and D). Note that there were not any alterations of the perikarion area between the control group (A) and the experimental group (B) during the acute phase (24 hr) of the infection, yet atrophy was found for the experimental group (D) in relation to the control group (C) during the chronic phase (30 days). Giemsa, bar: 40 µm.

lustrated on Figures 1 and 2. Chromatolysis was not found for the neurons in these groups. The degree of correlation among the soma, nucleus, and the cytoplasm area measured of the myenteric neurons is presented on Table 4.

Figures 3 and 4 present the frequency distribution of the myenteric neurons divided into classes according to the soma area, and Figures 5 and 6 according to the nucleussoma area ratio.

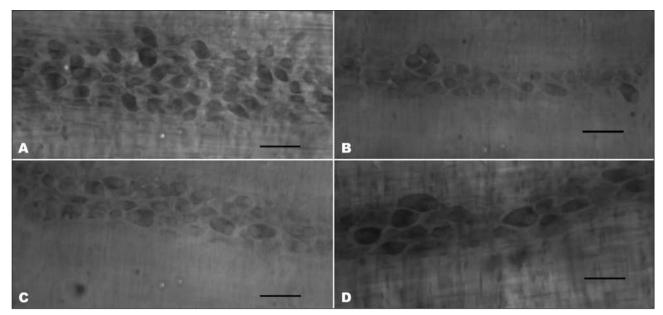


Fig 2. Myenteric ganglions from rat ileum, healthy (A and C), or infected with a Genotype III Toxoplasma gondii strain (B and D). Note that there was a discrete atrophy of the neurons of the animals from the control group (A) in relation to the experimental group (B) during the acute phase (24 hr) of the infection, yet neuronal hypertrophy was found for the experimental group (D) in relation to its respective control group (C). Giemsa, bar: 40 μm.

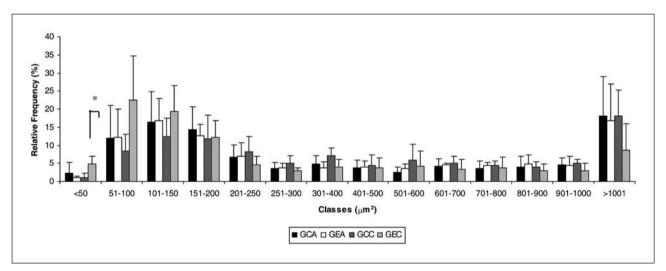


Fig 3. Histogram of the soma area of the myenteric neurons of the terminal ileum from healthy rats (Control Group - CG) and the infected by a Genotype III T. gondii strain (Experimental Group - EG). Columns with asterisks differ significantly (*p<0.05).

DISCUSSION

Toxoplasma gondii is one of the most successful parasite protozoans due to its ability of manipulating the immune system and establishing a chronic infection. There are several *T. gondii* strains. Most of them were identified in Europe and North America being part of three distinct clonal lines: I, II and III¹⁹. There is a prevalence of Genotype I, followed by III, in isolated from pigs²⁰, dogs⁹, and cats²¹ in Brazil. Genotype III strains isolated in the North Hemisphere have presented low virulence enabling the development of a chronic infection with the formation of tissue

cysts in mice⁸; on the other hand, the ones isolated in Brazil are might be lethal for them⁹. Besides, in vitro, bradyzoites develop spontaneously within the neurons, astrocytes, and microglias isolated from rats' central nervous system fetus indicating that these three cellular types may be hosts for the of the parasite encystation²². However, there are no reports on the literature whether the neurons and/or glias of the enteric nervous system are also affected by the *T. gondii*. Thus, this study assesses possible alterations of the myenteric rats infected by an isolated Genotype III strain from dogs with neurological symptomatology in Brazil⁹.

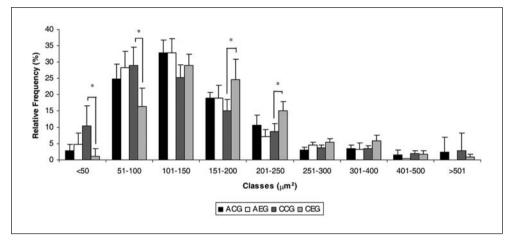


Fig 4. Histogram of the soma area of the myenteric neurons of the descending colon from healthy rats (Control Group – CG) and the infected by a Genotype III T. gondii strain (Experimental Group – EG). Columns with asterisks differ significantly ($^{*}p<0.05$).

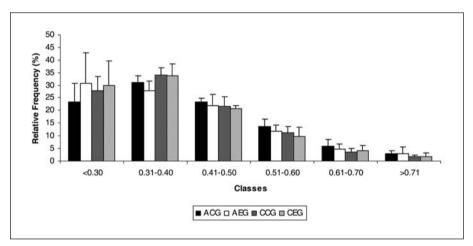


Fig 5. Histogram of the nucleus-perikarion are ratio of the myenteric neurons of the terminal ileum from healthy rats (Control Group) and the infected by a Genotype III T. gondii strain (Experimental Group). Columns with asterisks differ significantly (*p<0.05).

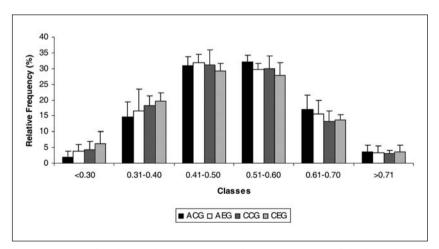


Fig 6. Histogram of nucleus-perikarion area ratio of myenteric neurons of the descending colon from healthy rats (Control Group) and the infected by a Genotype III T. gondii strain (Experimental Group). Columns with asterisks differ significantly (*p<0.05).

The dimensions of the ileum-jejunum and the total colon, as well as the total number of myenteric neurons of these intestinal segments, observed in this study during the acute phase of the infection (24 hr after inoculation), were not altered. On the other hand, it was observed that, in the terminal ileum, the nucleus of the myenteric neurons tended to occupy a smaller portion of the soma (p<0.05), and, in the descending colon, there was a significant reduction of ~7.8% of the area of the soma, ~9.8% of the area of the nucleus and ~5.3% of the area of the cytoplasm (p<0.05). These findings indicate that the infection influenced the metabolism of these neurons, possibly suppressing the genic expression and the synthesis of cytoplasmatic and nuclear protein, resulting in alterations of the cellular volume, maybe as an evidence of cellular lesion.

In the chronic phase (30 days after inoculation), the ileum-jejunum of the experimental animals presented the reduction of the length and width. In this organ, the cells must probably have suffered atrophy and/or hypoplasy. With respect to the neurons of this intestinal segment, a ~52% reduction of the soma area (p<0.05) was observed, although there were no alterations of the total number of cells. Concerning the descending colon, alterations were not observed in the dimensions of this organ, as well as the total number of the myenteric neurons. However, there was an increase of ~30.8% of the soma area. ~23.6% of the area of the nucleus and of ~35.1% of the area of the cytoplasm (p<0.05). This may indicate that the in terminal ileum, the infection provoked a great reduction of the genic expression of the myenteric neurons whereas the opposite occurred in the descending colon. The genes involved and the interaction mechanism of the parasite with the cellular machinery of the myenteric neurons deserve to be investigated.

Neither neurons from the acute groups nor the chronic was the presence of chromatolysis found, what indicates that there was no axonal lesion. Studies assessing the neurons in the central nervous system also indicate that *T. gondii* does not cause axonal lesion, yet on the pericardium when there is the disruption of the tissue cysts triggering a number of bradyzoites larger than the cell can bear¹².

The result of the correlation analysis among the measured areas of the myenteric neurons demonstrated that either in the acute phase or in the chronic one, only the degree of correlation among the areas of the soma and the cytoplasm were constant (p<0.05). Therefore, it may be suggested that either the reduction of the soma area of the myenteric neurons of the terminal ileum observed on the CEG group, or the increase of the area of the descending colon neurons of animals of this group, have a more effective participation of the cytoplasm. Thus, the infection by genotype III *T. gondii* probably caused, direct or indi-

rectly, molecular alterations which implicated on distinct cytoplasmatic alterations in the terminal ileum and the descending colon. These alterations were possibly a result of the alteration on the genic expression. It may be also considered that this infection might be more aggressive for the neurons of the terminal ileum than the ones of the descending colon, as there was a reduction of the cellular area higher than 50% for the former, maybe as a result of the parasite invasion in that area was more intensive.

By analyzing the frequency of the neurons divided into classes according to the soma area, it is observed that most of them are within a range of 200 μm^2 – either in the terminal ileum or in the descending colon. It is also remarkable that there was a significant number of neurons bigger than 500 μm^2 , what was not observed in the descending colon. These findings were realized in all groups. By assessing the consequences of the infection on the distribution of the neuronal frequency, alterations are noted only in the chronic phase of the experiment: in the terminal ileum, the number of neurons smaller than $50~\mu m^2$ increased whereas there was a reduction on the number of the ones smaller than $100~\mu m^2$ and an increase in the numbers of neurons between 151 and 250 μm^2 in the descending colon.

The distribution of the frequency by considering the nucleus-soma area ratio, that is, the proportion that the nucleus occupies in the soma, most of the neurons in the terminal ileum presented nuclei occupying 30–40% of the soma; in the descending colon, the area the nuclei occupied 41–60%. There were no significant differences among the experimental groups.

Thus, in general, it was observed that the myenteric neurons of the terminal ileum suffered more morphometric alterations than those of the descending colon, what may be related to the organization of the immune system of these organs. It is extremely common to observe lymphoid nodules (Peyer's patches) in the terminal ileum in relation to the colon. Considering the immune system, studies have noted that the intraperitonial infection with T. gondii recruits inflammatory cells (especially neutrophils) in the inoculation area²³. Molecularly, it is reported that the NF- $\kappa\beta$ transcription factor has a central role on the regulation of the immune, antiapoptotic and inflammatory response in animals infected with T. gondii¹⁹. It is worth pointing out that the activation of the NF- $\kappa\beta$ translocation by the *T. gondii* is a controversial area, that is, depending on the strain, host cell and species, the T. gondii may block the NF- $\kappa\beta$ translocation and inhibit the transcription of the genes involved with the inflammatory response, mainly the 12p40 interleukin (IL) and the tumor necrosis factor $(TNF-\alpha)^{19}$, thus it is possible to observe the differences regarding the virulence of the parasite.

There are a number of reports on the literature that the increase of the immunological effector cells and their products are responsible for alterations in the neuronal elements^{5,6}. In the central nervous system, the microglias attack T. gondii with the dependent mechanisms of the interferon (IFN- γ) and the nitric oxide (NO)²². The IFN- γ is a key cytosine for the resistance against T. gondii^{23,24}.

Most of the studies related to the immune system/ enteric nervous system interaction involves the irritable bowel syndrome. Through them, it is known that a number of products released from the infiltrated and/or resident leukocytes have demonstrated potential to sensibilize, and even directly activate myenteric neurons and primary afferent intestinal neurons²⁵. Within the resident group are the mast cells and muscle macrophages. Mast cells produce bradykinin which eases the enteric secretion of acetylcholine²⁶, besides increasing the excitability of the myenteric neurons²⁷ and primary intestinal afferents²⁸. The muscle macrophages secrete cytokines such as IL-1 β and IL-6, which act directly on the increase of the excitability of the myenteric neurons²⁹ and module the secretion of norepinephrine³⁰. Moreover, the intestinal inflammation induces the secretion of cytokines such as IL-1 β , TNF- α , IFN- γ , and TGF- β from the myenteric neurons; however, the identity of the cells which secrete cytokines, neuronal and glias, is not known²⁵. It is worth pointing out that the vasoactive intestinal peptide (VIP) plays an important neuroprotector role, either for the central³¹ or enteric³² neurons.

This study demonstrated that rats infected either for 24 hours or 30 days did not present myenteric neuron loss; however, during the chronic phase of the infection, in the terminal ileum, these cells became atrophic, and, in the descending colon, hypertrophic. It is suggested that such alterations may be reversible as there was no neuronal loss. By considering the possibility of the *T. gondii* infect cells from the ENS, as well as these cells being morphologically altered by the cells secreted by the immune system, or even by themselves because of the infection.

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