

BACTERIOPHAGE AMPLIFICATION ASSAY FOR DETECTION OF *LISTERIA* SPP. USING VIRUCIDAL LASER TREATMENT

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ABSTRACT

A protocol for the bacteriophage amplification technique was developed for quantitative detection of viable *Listeria monocytogenes* cells using the A511 listeriophage with plaque formation as the end-point assay. Laser and toluidine blue O (TBO) were employed as selective virucidal treatment for destruction of exogenous bacteriophage. Laser and TBO can bring a total reduction in titer phage (ca. 10⁸ pfu/mL) without affecting the viability of *L. monocytogenes* cells. Artificially inoculated skimmed milk revealed mean populations of the bacteria as low as between 13 cfu/mL (1.11 log cfu/mL), after a 10-h assay duration. Virucidal laser treatment demonstrated better protection of *Listeria* cells than the other agents previously tested. The protocol was faster and easier to perform than standard procedures. This protocol constitutes an alternative for rapid, sensitive and quantitative detection of *L. monocytogenes*.

Key words: *Listeria*, bacteriophage A511, laser light, detection, skimmed milk

INTRODUCTION

Listeria monocytogenes is a food-borne pathogen that can cause serious disease in humans. Since human listeriosis cases have previously been linked to consumption of contaminated foods, detection and control of this pathogen throughout the food production chain is of particular concern.

Conventional protocols for detection of pathogens in foods require a minimum of 48–72 h to obtain preliminary results (7). Numerous rapid methods have been developed for *Listeria* detection, but these methods often suffer from a lack

of sensitivity or specificity or require expensive equipment or considerable technical expertise to perform (4).

The use of the lytic cycle of bacteriophage constitutes a powerful tool for the identification, typeability and detection of bacteria. Current applications of bacteriophage for this purpose includes recombinant bacteriophage containing reporter genes for the detection of *Escherichia coli*, *Mycobacterium*, *Salmonella*, and *Listeria*, which are indirectly revealed by expressing bioluminescence or ice nucleation. Recombinant bacteriophage applications, however, are costly to develop and require relatively sophisticated instrumentation for measuring

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either bioluminescence or ice nucleation. Simpler protocols have been developed employing the natural bacteriophage on bacteriophage lytic cycle that require only the bacteriophage and classic laboratory-based culture media and these are termed bacteriophage amplification assays (14, 19).

Listeria bacteriophage A511 is a virulent bacteriophage for this genus and is unrelated to all other *Listeria* bacteriophages. A511 has an extremely broad host range, being capable of lysing approximately 95% of all *L. monocytogenes* strains of serovars 1/2 and 4b. This makes it useful in bacteriophage typing of listeriae and renders it a promising candidate for development of a specific reporter vehicle for rapid detection of *Listeria* spp. in foods and environmental samples (12).

Bacteriophage amplification is based on the principle that when a bacteriophage interacts with its host bacterium it injects its genetic material into the host. In this form the bacteriophage genes are protected by the bacterium from chemical and physical agents that would normally destroy the free bacteriophage. This is achieved without affecting the viability of the infected target bacteria. Upon destruction of all free phages, the only viable phage present in the assay will come from the previously infected host bacteria. If no host bacteria were available then there would be no subsequent release of viable phage (22). Subsequently, any resulting plaques are derived only from infected target organisms.

The effectiveness of the assay is determined by comparing the number of plaques produced on a lawn of helper bacteria with the number of colonies produced from equivalent samples. The specificity, sensitivity, discriminatory power and rapid replication of the bacteriophage makes the phage amplification technique an efficient way for a presumptive diagnostic (17, 21, 23).

Graham (6) described the bacteriophage amplification assay for the diagnosis of tuberculosis. It could detect as few as 100 mycobacteria/mL from the patient's sputum samples in 10 hours and had the advantage that it could determine whether a particular mycobacteria strain was drug-resistant (3). Stewart

et al. (22) presented a similar method for characterization of *Pseudomonas aeruginosa* and *Salmonella* serotype Typhimurium with detection limits of 40 and 600 bacteria/mL, respectively, in a period of 4 hours.

The bacteriophage amplification technique was also used by Park *et al.* (14) and according to the authors, infection time of 1 to 3 hours before addition of virucidal agent was sufficient for detecting 60 cells of *Mycobacterium tuberculosis* present in 1 mL of patient's sputum.

Favrin *et al.* (4) developed a novel immunomagnetic separation-bacteriophage assay for *Salmonella* Enteritidis. The method was capable of detecting less than 10⁴ colony forming units (cfu)/mL in 4 to 5 hours (IMS-bacteriophage). In another study, using the same method, Favrin *et al.* (5) detected *Salmonella* Enteritidis and *Escherichia coli* O157:H7 artificially inoculated in skimmed milk powder, chicken rinses, and ground beef. In all foods tested, the IMS-bacteriophage assay was able to detect an average of 3 cfu of *S. Enteritidis* in 25 g or mL of food sample.

This work describes a bacteriophage amplification assay for the rapid and quantitative detection of viable *Listeria* cells using laser light and toluidine blue O (TBO) as the selective virucidal treatment. These methods are based on the ability of bacteriophage to infect the target bacteria, express its lytic cycle and be revealed by their replication in helper sensitive bacteria.

MATERIALS AND METHODS

Bacterial strains, bacteriophage, media and culture conditions

The bacteria and phage used in this study were: *Listeria monocytogenes* Scott A, a 4b serotype (ATCC 15313), *Listeria ivanovii* WSLC 3009 (SLCC 4769), and bacteriophage A511 (provided by Dr. M. Loessner, Switzerland). *L. ivanovii* was used as helper cells for A511 phage (9). *Listeria* cultures strains were stored on Hogness medium (1.3 mM K₂HPO₄·3H₂O; 1.3 mM KH₂PO₄; 2.0 mM citrate-Na.2 H₂O; 1.0 mM

MgSO₄·7 H₂O; 4.4% (v/v) glycerol) and frozen at -80 °C. Before use, cultures were activated in Brain Heart Infusion broth (Difco, Code No. 0037-17-8) supplemented with 0.5% (w/v) yeast extract (Difco Code No. 0127-01-7) (BHI-YE) at 35 °C for 4 h in a shaker (Innova, model 4080, Brazil) at 150 rpm.

In all experiments, overlay, semi-soft agar was prepared by adding 0.5% (w/v) agar to BHI-YE containing 0.01% (w/v) CaCl₂ (Sigma Aldrich - Poole, United Kingdom). To improve phage plaques 0.75% (w/v) glycine (Sigma Aldrich - Poole, United Kingdom) was added to the top layer agar (9). Appropriate bacterial dilutions were made in lambda buffer, 6 mmol/l Tris buffer, pH 7.2; 10 mmol/l Mg (SO₄)₂·7H₂O; 50 µg/mL gelatin.

For the analysis of the virucidal treatment over *Listeria* cells, an overnight culture of *L. monocytogenes* was centrifuged at 12,000 x g for 10 min, washed once in lambda buffer and serially diluted. Viable cell numbers were determined by plating dilutions of cell suspensions onto BHI-YE agar (1.5% w/v), in triplicate, and by incubating the plates at 30 °C for 48 h (21). To check for undesirable effects of the virucidal treatment on listeriae cells, was determined the counts by measuring colony-forming units (cfu/mL).

Preparation and titration of A511 stock suspensions

L. ivanovii was used for large-scale bacteriophage propagation, according to Loessner *et al.* (11). A511 stock suspensions were tittered after serial dilutions in lambda buffer, and addition (10 µl) to molten overlay agar (45 °C) previously added with an overnight culture of *L. ivanovii* (100 µl, ca. 10⁸ cfu/mL). The plates were incubated at 30 °C for 24 h and the plaques counted (pfu/mL) in plates containing between 30 and 300 plaques (10). Phage stocks were stored at -18 °C until use.

Assay parameters

Infection period: To determine the latency period and the number of bacteriophage particles after infection, 10 µl of

bacteriophage suspension (10³ pfu/mL) were mixed with 10 µl of *L. monocytogenes* cells (10² cfu/mL) and the number of particles after infection was monitored for 70 min, observing the production of bacteriophage particles at intervals of ten minutes. This time course was also used to establish the best time (burst time) for infection (14).

Bacteria and phage preparations: Two different populations of *L. monocytogenes*, 10 and 10² cfu/mL, were used. Free bacteriophage cultures were used as controls in all assays. The cells was diluted with lambda buffer with 0.01% Tween 80 (Merck, Brazil), and 10 µl of the sample was spread onto BHI-YE agar plates. The plates were incubated at 35 °C for 24-48 h and the colonies were counted on plates containing between 30 and 300 colonies. Tween 80, a common detergent, was added to prevent the aggregation of the cells of the *Listeria*. Bacteriophage concentration varied between 2.9 x 10⁸ to 5.0 x 10⁸ pfu/mL. From each bacteriophage suspension 10 µl were taken and added to 4 mL of top layer agar BHI (45 °C) containing 100 µl of a recent active culture of *L. ivanovii*, mix gently and pour onto BHI-YE agar supplemented with 0.01% CaCl₂. The plates were incubated at 30 °C for 8–12 h and the plaques counted in plates containing between 30 and 300 plaques.

Bacteriophage amplification assay

Detection of *L. monocytogenes* in lambda buffer: A511 preparations (titer varied between 2.9 x 10⁸ to 5.7 x 10⁸ pfu/mL) were mixed with two different populations of *L. monocytogenes* (ca. 10 and 10² cfu/mL). This protocol was performed as follows: first 12.5 µl of bacteria suspensions (ca. 10 and 10² cfu/mL) were mixed with 12.5 µl of phage suspension and incubated at 25 °C/15 min under shaking at 150 rpm, to allow infection. Such temperature was chosen to lower the listerial multiplication rate (10). Next, 25 µl of toluidine blue O (TBO) (Sigma-Aldrich, C.I. 52040) (200 µg/mL) in combination with laser light (Laser Beam, model DR 500, Laser Solutions Tecnologia Ltda, Brazil) were mixed with the cells/phage solution. To improve the penetration of photoactive

dye in the bacterial cells, the sample was agitated for 5 min at 25 °C, followed by the application of non ablative laser (diode, wavelength 660nm, power 50mW, 2 mm *spot* under continuous wave –cw). A pilot test was carried out to establish optimized time and power conditions. Then, laser light was programmed with an exposure time of 15 min and an energy density of 30 J/cm². Four milliliters of overlay, semi-soft agar containing 100 µl of *L. ivanovii* were added to 10-µl portions of the phage-*L. monocytogenes* mixture obtained from the treatment combinations listed. After incubation at 30 °C for 8-12 h, the number of plaques (pfu/10 µl) was determined (10, 21). Negative controls were prepared in duplicate by using lambda buffer plus Tween 80 instead of bacterial cells, in the presence of phage particles. Colony counts of the serially diluted target *L. monocytogenes* cells were prepared by substituting the bacteriophage with lambda buffer.

Detection of *L. monocytogenes* inoculated in skimmed milk: An aliquot of 900 µl of commercially sterilized skim milk was inoculated with 100 µl of the *L. monocytogenes* Scott A (ca. 10 and 10² cfu/mL). The samples with *L. monocytogenes* were left in a class II biosafety cabinet (Labconco II, model 221, Brazil) for 15 min at 21 °C to allow the attachment of bacteria to the milk before undergoing treatment (18). For detection of the bacteria in the milk samples, the experiment was performed, as mentioned before for lambda buffer, by adding bacteriophage (ca. 2.9 x 10⁸ to 5.7 x 10⁸ pfu/mL) to the milk samples for the pre-established, optimized time and power conditions, treating with TBO, and then using the laser to destroy free phage. The use of laser light was programmed as follows:

Treatment 1: exposure time of 15 min and energy density of 30 J/cm².

Treatment 2: exposure time of 7 min and energy density of 14 J/cm².

Treatment 3: exposure time of 5 min and energy density of 7 J/cm².

Detection of *L. monocytogenes* in artificially contaminated

skimmed milk by standard procedure

For detection of the bacteria inoculated in sterile skimmed milk an aliquot of 900 µl of the milk was inoculated with 100 µl of *L. monocytogenes* Scott A (ca. 10 and 10² cfu/mL). The samples with *L. monocytogenes* were left in a class II biosafety cabinet for 15 min at 21 °C to allow the attachment of bacteria to the milk (18). Test samples (100 µl) were spread on Modified Oxford Listeria Selective Agar (MOX, Difco Code No. 222530) and counts of bacterial was determined by measuring colony-forming units (cfu) (2).

Statistical analysis

To investigate the effectiveness of laser light in the detection of *L. monocytogenes* Scott A, a 4b serotype (ATCC 15313), three replicate experiments were conducted, with ten samples evaluated per replicate. All counts of bacteria (cfu/mL) recovered from skimmed milk were transformed to logarithms before computing means and standard deviations.. Data were subjected to the Statistical Analysis System for analysis of variance and Duncan's multiple range test (SPSS 2.3 for Windows pocket program) to determine if significant differences ($P < 0.05$) in populations of *L. monocytogenes* recovered existed among mean log values.

RESULTS

The results obtained in propagation of bacteriophage A511 amplification showed that incubation of 50 min resulted in an increase in the amplification signal. The highest peak of bacteriophage particles production (burst size) was reached in 60 min (136 pfu). Phage particles (i.e., lyses) were first observed at 40 min. The adsorption and wash steps did not exceed this time. Results showed that the incubation time of 60 min for amplification was enough to complete an infection cycle and that the bacterial population during the detection (reveal) step was higher than during the infection step. This fact is mentioned by Loessner and Scherer (1995) and indicates that the opportunities for the new phage progeny to find and infect the target cell are large.

The effects of laser and TBO on *L. monocytogenes* and bacteriophage A511 viability are presented on Table 1. Preliminary results using lambda buffer suggested that a 30 J/cm² for 15 min would be the best conditions. However, with inoculated skimmed milk samples, this laser intensity was lethal to *L. monocytogenes*. The best performance of virucidal agent in skimmed milk samples was demonstrated to be 14

J/cm² for 7min. The use of bacteriophage A511, coupled with laser light and TBO to eliminate extracellular phage particles, could detect numbers of *L. monocytogenes* as low as 13 cfu/mL (1.11 log cfu/mL).

The statistic analysis showed no significant difference ($P>0.05$) between detections methods used, standard procedure and bacteriophage amplification (Table 2).

Table 1. Detection of *Listeria monocytogenes* Scott A by the bacteriophage amplification assay using toluidine blue O (TBO) and non ablative laser* as virucidal agent.

Treatments	Mean counts	
	Over 10 cfu/mL	Over 100 cfu/mL
Lambda buffer		
C ₁ =Laser 30 J/cm ² for 15 min + cell	3.0 ± 2.12	75.0 ± 35.35
C ₂ =Laser 30 J/cm ² for 15 min + phage	0	0
Skimmed milk		
C ₁ =Laser 30 J/cm ² for 15 min + cell	Injurious	Injurious
C ₂ =Laser 30 J/cm ² for 15 min + phage	0	0
Skimmed milk		
C ₁ =Laser 14 J/cm ² for 7 min + cell	13.0 ± 2.55	104.0 ± 2.79
C ₂ =Laser 14 J/cm ² for 7 min + phage	0	0
Skimmed milk		
C ₁ =Laser 7 J/cm ² for 5 min + cell	12.0 ± 0.46	101.0 ± 6.02
C ₂ =Laser 7 J/cm ² for 5 min + phage	7.0 ± 5.31	7.0 ± 5.44

C₁= cells control; C₂= phage control

Phage tittle = 2.9 to 5.7 × 10⁸ pfu/mL

* λ 660nm, 50mW, 2 mm spot under continuous wave -cw

Table 2. Detection of *Listeria monocytogenes* Scott A in skimmed milk by the bacteriophage amplification assay and standard method

Standard method (log cfu/mL)		Phage amplification using laser light* (log cfu/mL)	
Approx. 1 log cfu/mL	Approx. 2 log cfu/mL	Approx. 1 log cfu/mL	Approx. 2 log cfu/mL
1.18 ± 1.01 ^a	2.05 ± 0.43 ^b	1.11 ± 1.23 ^a	2.02 ± 0.32 ^b

Means followed by the same letter are not statistically different ($P>0.05$).

Data is reported as log cfu/mL ± standard deviation.

*Laser application variables: 14 J/cm² for 7 min

DISCUSSION

Infection and the lyses kinetics are important considerations in phage amplification assays. The latency period (burst time) of the lytic cycle of phage A511 was investigated to optimize assay variables. The increase in phage particles after 50 min was noted and the highest level was

achieved at 60 min (burst time). The time between 30 and 40 min represents the latency period of the listeriophage A511.

According to Park *et al.* (14) sufficient time of infection prior to virucide addition is required to achieve good results, but the time of infection should not be too long, so that the released progeny of bacteriophages is destroyed. Furthermore, assay signal amplification relating to lytic burst could

conceivably be obtained following virucide treatment and virucide inactivation by allowing additional incubation prior to plating.

A critical component of the bacteriophage amplification assay was the provision of a potent virucidal agent that selectively maintained the *L. monocytogenes* cells alive. As part of a search for such agents we had examined a wide range of physical, chemical and enzymatic treatments against *Listeria* bacteriophage A511 and the host *L. monocytogenes* cells (unpublished results). Selective virucidal activity was observed for the tannic acid and heat treatment at 65 °C. Also, the filtration treatment has been demonstrated to be an alternative method just in case we could not find a more practical chemical or physical treatment to destroy the virus. When this method was adapted to a phage amplification assay it was possible to detect *Listeria monocytogenes*, however it is more expensive, laborious and difficult to reproduce. The best heat treatment found to kill the virus was 65 °C for 70 sec, reducing the plaque counts by approximately 7 log cycle. Heat treatment at 65 °C for more than 30 sec severely damaged the cell population of *L. monocytogenes* as revealed by the pinpoint colonies formed. Although the reduction in the number of colonies of *L. monocytogenes* was not very high, the time required for cell counts was longer and the small colony size suggests a strong influence on the cell metabolic activities. The same phenomenon was observed with proteinase treatment (proteinase k). In contrast, phage and *Listeria* cells showed a wide tolerance to the chlorine concentrations used. Some reduction in the cell population of *Listeria* was observed on chlorine concentrations above 10 mg/l.

Although Stewart *et al.* (20) found that acetic acid has good selective virucidal activity for *Listeria* phage ATCC 23074-B1, we did not find the same results for the *Listeria* phage A511 using this acid at concentrations of 0.3 to 0.6%. Our work shows no virucidal activity against the A511 particles while the *Listeria* cells were slightly affected by this acid at the greatest concentration used. Extracts of Cardamom and Pomegranate have been used alone or in combination with

ferrous sulfate as selective virucidal agents (22). The use of pomegranate rind extract at 1.3% in combination with ferrous sulfate 4.8 mmol/l has a profound selective virucidal activity against bacteriophages of *Pseudomonas*, *Staphylococcus* and *Salmonella* without affecting the bacterial cell hosts (22). Using the same combined treatment, varying the pomegranate rind extract from 0.0001 to 1.0% against *Listeria* phage A511 we get no reduction on phage or *L. monocytogenes* counts. However, when we used tannic acid, one of the active components of pomegranate rind extract, we got the best selective virucidal action. Tannic acid showed an unexpected virucidal activity when sterilized by heat when compared to filtration. It seems that heat increases expose the microbicidal properties of the tannic acid. Selective virucidal action was observed at concentrations of 13 mg/l or lower, where it was able to reduce the number of phage particles (up to a 6 log difference) without affecting *L. monocytogenes* cells. Above this concentration the *Listeria* cell counts were affected. Using a combination of tannic acid at 13 mg/l and heat treatment 65 °C per 30 sec we got a 9 log cycle reduction of *Listeria* phage A511, but only a 1.6 log cycle reduction for *Listeria* counts. Unfortunately the combined treatment did not have good reproducibility probably because of the difficulty in assuring temperature equilibrium for the phages and cells in such a short time. We tried to use tannic acid and heat treatment (65 °C for 30 sec) and immediately putting the Eppendorf tubes on ice but we did not get better results.

Given our objective to select agents with maximal virucidal activity against *Listeria* phage A511 whilst having no effect on *L. monocytogenes*, tannic acid filter sterilized alone or in combination with ferrous sulfate appears singularly successful. However, there was also an accentuated listericidal activity when tannic acid was used at concentrations higher than 13 mg/l.

Ferrous sulfate has a pronounced virucidal activity against *Staphylococcus* and *Salmonella* phages but no action on *Pseudomonas* NCIMB 10884 and 10116 phages (14). For *L. monocytogenes* and phage combination tested by us there is a

simple treatment that can eliminate A511 phage activity without affecting bacterial viability. It seems that the tannic acid promotes virucidal activity while the ferrous sulfate appears to provide significant protection to the *L. monocytogenes* cells. Our results showed that tannic acid (10 to 20 mg/l) plus FeSO₄ (4.8 mmol/l) had a good virucidal activity, but the colonies of *L. monocytogenes* were pinpointed (stressed).

The mechanism of activity of the virucide ferrous ammonium sulfate (FAS) has not been elucidated. According to Park *et al.* (14), unpublished preliminary data suggesting that oxidative damage does not constitute the mode of action have been reported previously. The authors also discovered that the chelating agent trisodium citrate supplemented with calcium chloride is a specific, efficient, and cost-effective alternative agent that protects the phage D29 from FAS.

Similar studies were carried out with *Mycobacterium tuberculosis*, the phage amplified biological assay (the PhaB assay) by Eltringham *et al.* (3). The protocol was first described as a rapid (2 to 4 days) and sensitive phenotypic method for testing the drug susceptibility of *M. tuberculosis* isolates. According to the authors, heat treatment or processing with NaOH or Sodium Duodecyl Sulfate (SDS) was shown to inactivate or wash away the inhibitory activity, suggesting that the phage activity is of a proteinaceous nature. However, the heat treatment required was beyond the temperature permissive for *M. tuberculosis* survival, nullifying its value as a sample processing method.

According to Lambrechts *et al.* (8), photodynamic therapy (PDT) is a process in which the activation of photo reactive compounds (photoactive) by light energy can react with molecules from its immediate environment by electron or hydrogen transfer, leading to the production of radicals (type 1 reaction) or alternatively, photoactive compounds can transfer their energy to oxygen, generating highly reactive singlet oxygen (type 2 reaction). Both pathways can lead to cell death (8). Due to the highly reactive nature of the radicals formed through this process, activity is confined to their immediate

environment. Thus, activity is selective and dependent on the delivery of the photoactive compound to the target (13, 16).

The lethal laser photo-sensitization is a modality of treatment based in a cytotoxic photochemical reaction in which an intense source of light, produced by a laser system, activates a photo-sensitizer, absorbed by the cells, and this activation induces a series of metabolic reactions that culminate in a cell death. Non ablative laser is characterized by inducing photobiological process without destructive action and the treatment have the function of repair the cell biological balance getting better the conditions of tissue vitality (15).

The photodynamic bactericidal effect of the photoactive dyes acriflavine neutral, rose bengal, phloxine B, and malachite green (oxalate salt) at concentrations of 5 to 5,000 µg/mL against *Listeria monocytogenes* LJH 375), was investigated (1). Incubation of the bacteria with acriflavine neutral under illumination resulted in a significant reduction in cell numbers compared with dark incubation. Rose bengal caused a significant killing effect for bacteria incubated both in the dark and under illumination, and malachite green was active under illumination. According to the authors, the extent of bacterial killing depended on the nature and concentration of the dye conjugate and the type of microorganism.

In the present study, a pilot test was carried out with lambda buffer to establish the optimum combination of laser energy density (non ablative laser) and exposure time for which bacteriophage particles could be destroyed without affecting the viability of *L. monocytogenes* cells. However, this pre-determined condition was inappropriate for *Listeria monocytogenes* inoculated in skimmed milk.

It is important to mention that listeriophage-based assays using A511 phage will be able to detect the whole genus (i.e. *Listeria* spp.), not only to *L. monocytogenes*, the species of most interest for food safety worldwide.

Researchers have experienced difficulties in using selective virucidal treatment for destruction of exogenous bacteriophage (4, 5, 14, 22). The laser light used in this study demonstrated better protection to *Listeria* cells than the other

agents previously investigated by us. Considering the results obtained with lambda buffer and skimmed milk in the present work, it could be concluded that further investigation can be conducted with other foods either naturally or artificially contaminated with *L. monocytogenes* to establish a good set of conditions for laser light as virucidal treatment.

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