

Neonatal near miss and mortality: factors associated with life-threatening conditions in newborns at six public maternity hospitals in Southeast Brazil

Casos de *near miss* e óbitos neonatais: fatores associados aos recém-nascidos com ameaça à vida em seis maternidades do Sudeste do Brasil

Morbilidad *near miss* y mortalidad neonatal: factores asociados a condiciones involucrando riesgo de muerte en recién-nacidos en seis maternidades del Sureste do Brasil

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Abstract

We aimed to evaluate factors associated with cases of neonatal near miss and neonatal deaths at six public maternity hospitals in São Paulo and Rio de Janeiro States, Brazil, in 2011. A prospective hospital-based birth cohort investigated these outcomes among live births with life-threatening conditions. Associations were tested using multinomial logistic regression models with hierarchical levels. High rates of near miss were observed for maternal syphilis (52.2% live births) and lack of prenatal care (80.8% live births). Maternal black skin color (OR = 1.9; 95%CI: 1.2-3.2), hemorrhage (OR = 2.2; 95%CI: 1.3-3.9), hypertension (OR = 3.0; 95%CI: 2.0-4.4), syphilis (OR = 3.3; 95%CI: 1.5-7.2), lack of prenatal care (OR = 5.6; 95%CI: 2.6-11.7), cesarean section and hospital, were associated with near miss; while hemorrhage (OR = 4.6; 95%CI: 1,8-11.3), lack of prenatal care (OR = 17.4; 95%CI: 6.5-46.8) and hospital, with death. Improvements in access to qualified care for pregnant women and newborns are necessary to reduce neonatal life-threatening conditions.

Infant Mortality; Low Birth Weight Infant; Premature Infant; Pregnancy Complications; Prenatal Care

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Introduction

Risk factors such as maternal characteristics (low income, low schooling, extreme age group, and hypertensive diseases of pregnancy), newborn characteristics (prematurity, low birth weight, asphyxia, congenital malformation, infection), and obstetric/neonatal care issues are frequently investigated in neonatal mortality studies ^{1,2,3,4}.

Important predictors of neonatal death have recently been validated as criteria for the definition of neonatal severe morbidity or near miss: a newborn with a life-threatening condition but that survives the neonatal period ^{5,6,7,8,9}. Life-threatening criteria include pragmatic ⁶ (prematurity, very low birth weight, asphyxia), clinical, laboratory, and case management characteristics. In the continuum of severity, near miss and death are the worst outcomes for newborns ⁵.

Relatively little research in Brazil has focused on factors potentially associated with neonatal near miss. According to univariate analysis in a Brazilian study, neonatal near miss showed a positive association with cesarean section and delivery in state capitals or in public hospitals, but was not significantly associated with geographic region, maternal schooling, or social class ⁹. In a hospital-based birth cohort in Uganda, uncomplicated live birth, neonatal near miss, stillbirth, and neonatal deaths differed significantly according to maternal age group and severe obstetric complications ¹⁰. In a multi-country study, cases of near miss based on case management criteria were associated with mode and timing of delivery ¹¹.

The present study investigated the association between maternal and health care characteristics and life-threatening conditions classified as cases of neonatal near miss or neonatal death among live born infants in six public maternity facilities in São Paulo and Rio de Janeiro States, Brazil, in 2011.

Methodology

Study design and population

This was a prospective hospital-based birth cohort study in which the follow-up time was the neonatal period (0-27 days). Potential factors associated with a life-threatening condition were retrospective or concurrent birth exposures obtained from maternity hospitals run by the Brazilian Unified National Health System (SUS) in the cities of São Paulo, São Paulo State, and Niterói and Rio de Janeiro, Rio de Janeiro State, Brazil, for three months in the second semester of 2011. Four of the largest maternity hospitals assisting SUS patients in São Paulo and maternity hospitals with the highest live birth rates in Rio de Janeiro and Niterói were selected. The hospital in Niterói (maternity hospital A) is a referral hospital for low and high-risk pregnancies in Metropolitan Area II of Rio de Janeiro State and the hospital in Rio de Janeiro (maternity hospital B), located in Metropolitan Area I basically assists women from the surrounding area. The selected hospitals in São Paulo were a maternity facility that receives high-risk obstetric and neonatal referrals in Greater São Paulo (maternity hospital C), a university hospital (maternity hospital D), a national referral center for maternal and neonatal health (maternity hospital E), and a charitable maternity service (maternity hospital F).

The selection strategy for newborns during the three months in 2011 (25% of annual births) was similar to the sampling strategy used in the WHO Global Survey for Monitoring Maternal and Perinatal Health ⁷, and was not a random sample. Post-hoc sample size calculation showed 80% power for detecting neonatal near miss.

This study resulted from the integration of studies on the same subject in the cities of São Paulo, Rio de Janeiro, and Niterói. Primary data collection used interviews with mothers 12 hours postpartum and was conducted by previously trained undergraduate students from health fields. Prenatal care cards, hospital records, and delivery room records were also consulted. Data on birth weight and Apgar score were specifically obtained from hospital records. The interview protocol was the same for all the maternity hospitals in the study.

In-hospital neonatal deaths were investigated by the study team in the three cities. Different strategies were used to detect infant deaths after hospital discharge. In São Paulo, deaths were reported through the *Program for Improvement of Mortality Data (PRO-AIM)* of the São Paulo municipal govern-

ment. In Rio de Janeiro and Niterói, the study database was linked to the Mortality Information System (SIM) database of the Rio de Janeiro State Health Department.

Of 7,361 eligible live births in this study, 5,579, 1,224, and 558 occurred, respectively, in the maternity hospitals in São Paulo, Rio de Janeiro, and Niterói. Losses due to missing information for defining life-threatening conditions (birth weight, five-minute Apgar score, or gestational age) corresponded to 0.8%. Exclusion criteria were multiple pregnancy (2.1%) and post-neonatal death ($n = 20$). Additionally, 13 neonatal deaths that did not meet any of the life-threatening criteria were excluded. The study population consisted of 7,126 live born infants (5,299 in São Paulo, 1,157 in Rio de Janeiro, and 518 in Niterói).

Outcomes and covariables

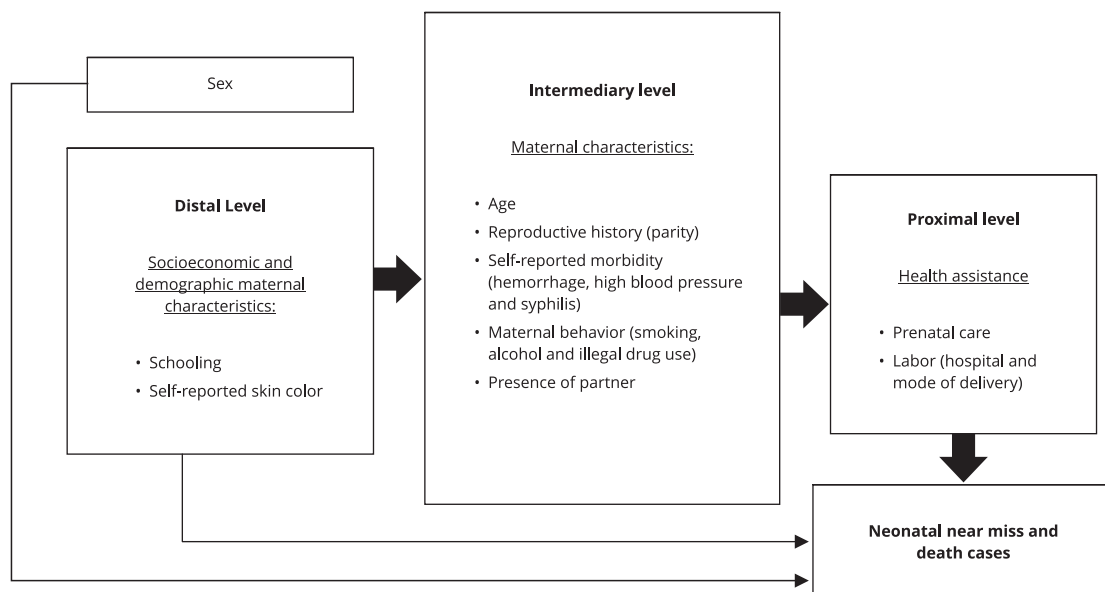
Life-threatening condition was defined as the presence of at least one pragmatic neonatal near miss criterion: birth weight less than 1,500g, gestational age less than 32 weeks, or five-minute Apgar score of less than seven ⁹, validated for this database (sensitivity = 0.72, specificity = 0.98, and accuracy = 0.98; gold standard: neonatal death). Newborns without life-threatening conditions and those with life-threatening conditions were compared; the latter were divided into two categories: survivors (near misses) and neonatal deaths. The outcome variable was classified into three categories according to life-threatening condition: live born infants without a life-threatening condition (reference category); live born infants with a life-threatening condition, but who survived (neonatal near miss); and live born infants with a life-threatening condition that died.

The theoretical model for hierarchical determination of severity of newborn condition was based on a model for neonatal death ¹ (Figure 1).

Sex of the newborn (male; female) does not comprise any level of hierarchical determination; since it is an important predictor of neonatal mortality, the final model included the newborn's sex, regardless of statistical significance.

Figure 1

Flowchart for article selection process.



Note: adapted from Lima et al. ¹.

At the distal level, maternal schooling (< 8; ≥ 8 years of study) and self-reported skin color (white; brown; black; other) were included. The intermediary level included maternal age group (< 20; 20-34; ≥ 35 years), parity (primiparous; multiparous), and the following binary covariables (yes; no): self-reported maternal disease during pregnancy (high blood pressure, hemorrhage, syphilis); risk behavior during pregnancy (smoking; alcohol; drug use), and presence of partner (married; in stable relationship at the time of delivery). The proximal level consisted of healthcare variables: prenatal care (≥ 1 visit: yes; no), maternity hospital of delivery (A; B; C; D; E; F), and mode of delivery (vaginal; cesarean section).

Statistical analyses

The study described absolute and percentage rates of live births according to severity of condition and independent variables. Near miss and neonatal mortality rates (per 1,000 live births) were estimated according to the same variables. Covariables with p-value < 0.20 in the univariate analysis were selected for the multivariate model of the respective hierarchical level. Only the variables with p-value < 0.05 in the multivariate model were kept in the final model. Covariables of the same and previous hierarchical levels were treated as possible confounders¹². The reference or unexposed category of the covariables was chosen based on the lowest risk. Crude and adjusted odds ratios were calculated with a multinomial regression model. Data were analyzed using SPSS, version 17 (SPSS Inc., Chicago, USA).

Ethical issues

The study was approved by the Institutional Review Board of the Institute for Studies in Public Health at the Rio de Janeiro Federal University (case number 15/2010), the Rio de Janeiro Municipal Department of Health and Civil Defense (case number 87/2011), research centers at the respective maternity services in Rio de Janeiro State, the Institutional Review Board of the School of Public Health, São Paulo University (case number 2188/11), and participating hospitals in São Paulo. Prior informed consent was signed by all the eligible pregnant women or a parent or guardian in the case of mothers less than 18 years of age.

Results

Among the 7,126 selected live births, 152 newborns presented life-threatening conditions: 123 (1.7%) near misses and 29 (0.4%) neonatal deaths. Prematurity at delivery represented 11.4% and 1.5% of the sample (less than 37 and less than 32 weeks gestational age, respectively).

Table 1 shows the distribution of newborns according to demographic, socioeconomic, maternal, gestational, and childbirth characteristics. Neonates of mothers with more schooling (≥ 8 years), brown skin color, ages 20-34 years, and multipara were more prevalent. The proportion of adolescent mothers (< 20 years) was high (22%). High blood pressure during pregnancy was reported by 11.8% of mothers. Some 14% of mothers reported smoking and alcohol consumption during pregnancy. Most mothers were married or living with a partner, had received prenatal care, and had vaginal deliveries, although the cesarean rate was high at 32.5% (Table 1).

Increased risk of neonatal near miss was associated statistically with maternal black skin color (27.8‰ live births), maternal age 35 years or older (27.3‰ live births), some disease condition during pregnancy (hemorrhage: 35.2‰ live births, high blood pressure: 40.5‰ live births; and syphilis: 52.2‰ live births), and lack of prenatal care (80.8‰ live births). The pattern was similar for neonatal mortality, although the rates were lower than for near miss (Table 1).

Primiparous mothers showed higher risk of neonatal near miss but a negative association with neonatal mortality risk. Among risk behavior variables, illegal drug use was associated with increased incidence of near miss (31.9‰ live births) and neonatal mortality (21.3‰ live births). Single mothers (unwed or without a partner) showed a nearly fivefold higher risk of near miss compared to neonatal

Table 1

Absolute and percentage distribution of newborns, neonatal near miss and mortality rates per 1,000 live births according to independent variables by hierarchical level in public maternity hospitals of São Paulo and Rio de Janeiro States, Brazil, 2011.

Hierarchical level/Characteristics	Live births		Near miss rate		Mortality rate	
	n *	%	**	95%CI	**	95%CI
Sex						
Male	3,631	51.0	17.6	13.8-22.4	4.4	2.7-7.1
Female	3,495	49.0	16.9	13.1-21.7	3.7	2.2-6.4
Distal						
Maternal schooling (years)						
< 8	1,362	19.7	18.4	12.5-26.9	2.9	1.1-7.5
≥ 8	5,559	80.3	17.3	14.2-21.0	4.3	2.9-6.4
Skin color						
White	2,580	37.0	14.7	10.8-20.2	3.9	2.1-7.1
Brown	3,272	47.0	15.9	12.1-20.8	3.1	1.7-5.6
Black	936	13.4	27.8	19.0-40.4	7.5	3.6-15.4
Other	177	2.5	11.3	3.1-40.3	5.6	0.1-31.3
Intermediary						
Maternal age (years)						
< 20	1,593	22.4	13.8	9.1-20.8	3.1	1.3-7.3
20-34	4,910	68.9	17.1	13.8-21.1	4.3	2.8-6.5
≥ 35	623	8.7	27.3	17.1-43.3	4.8	1.6-14.1
Parity						
Primiparous	3,005	42.2	19.6	15.2-25.2	3.3	1.8-6.1
Multiparous	4,114	57.8	15.6	12.2-19.8	4.6	3.0-7.2
Hemorrhage						
Yes	398	5.6	35.2	21.1-5.8	15.1	6.9-32.5
No	6,728	94.4	16.2	13.5-19.5	3.4	2.3-5.1
High blood pressure						
Yes	839	11.8	40.5	29.1-56.1	8.0	3.3-15.5
No	6,287	88.2	14.2	11.5-17.4	3.7	2.4-5.5
Syphilis						
Yes	134	1.9	52.2	25.5-103.9	14.9	4.1-52.8
No	6,992	98.1	16.6	13.9-19.9	3.9	2.7-5.6
Smoking						
Yes	1,024	14.4	21.5	14.2-32.3	4.9	2.1-11.1
No	6,090	85.6	16.6	13.7-20.1	3.9	2.7-5.9
Alcohol						
Yes	959	13.5	20.9	13.5-32.0	7.3	3.5-15.0
No	6,156	86.5	16.7	13.8-20.3	3.6	2.4-5.4
Illegal drug use						
Yes	94	1.3	31.9	10.9-89.7	21.3	5.8-74.3
No	7,021	98.7	17.1	14.3-20.4	3.8	2.6-5.6
Partner						
Yes	4,603	85.3	15.0	11.9-18.9	3.9	2.5-6.2
No	2,451	34.7	21.6	16.6-28.2	4.5	2.5-8.0

(continues)

Table 1 (continued)

Hierarchical level/Characteristics	Live births		Near miss rate		Mortality rate	
	n *	%	**	95%CI	**	95%CI
Proximal						
Prenatal care						
Yes	7,010	98.6	16.4	13.7-19.7	3.3	2.2-4.9
No	99	1.4	80.8	41.5-151.4	50.5	21.8-112.8
Maternity/Hospital						
A	543	7.6	25.8	15.4-42.8	20.3	11.3-35.9
B	1,190	16.7	26.1	18.4-36.7	1.7	0.1-6.1
C	1,528	21.4	19.6	13.8-27.9	5.2	2.7-10.3
D	734	10.3	10.9	5.5-21.4	2.7	0.1-9.9
E	1,522	21.4	19.7	13.8-28.0	3.3	1.4-7.7
F	1,609	22.6	6.2	3.4-11.4	0.6	0.1-3.5
Mode of delivery						
Vaginal	4,811	67.5	11.8	9.2-15.3	3.7	2.4-5.9
Cesarean	2,315	32.5	28.5	22.4-36.1	4.8	2.7-8.5

95%CI: 95% confidence interval.

* Total number of live births varies due to frequency of ignored information for each variable;

** Per 1,000 live births.

death. Maternity hospitals A and B in Rio de Janeiro State showed a higher risk of near miss and neonatal mortality compared to those in São Paulo (Table 1).

Table 2 shows the univariate analyses by hierarchical levels for neonatal near miss and mortality. The newborn's sex was not associated with the target outcomes ($p \geq 0.20$). At the distal level, only maternal black skin color was positively associated with both outcomes. At the intermediary level, except for adolescent motherhood and maternal risk behavior, all the other variables showed statistically significant associations with neonatal near miss. Maternal hemorrhage, high blood pressure, syphilis, and alcohol and illegal drug use showed statistically significant associations with neonatal mortality. At the proximal level, lack of prenatal care, the specific maternity service, and cesarean section were statistically associated with neonatal near miss (except maternity hospital D) and neonatal mortality (except maternity hospitals B and D and cesarean delivery).

Table 3 shows the final multivariate model, adjusted by sex. Neonatal near miss showed a statistically significant association with maternal skin color. Age group ≥ 35 years, primiparity, hemorrhage, high blood pressure and maternal syphilis maintained a positive association with neonatal near miss, while only hemorrhage was positively associated with neonatal mortality. Finally, lack of prenatal care, maternity hospital (except maternity D), and cesarean delivery were associated with near miss, and only lack of prenatal care and maternity A with neonatal mortality.

Discussion

The study's results contributed to the understanding of factors associated with life-threatening conditions in neonates, particularly neonatal near miss, for which there is a lack of epidemiological studies. The definition of neonatal near miss is still under discussion and can involve a variety of adverse outcomes and etiologies.

According to the definition used in this study, neonatal near miss and neonatal death cases were limited to newborns with life-threatening conditions. Criteria for definition of life-threatening conditions, namely gestational age less than 32 weeks, birth weight less than 1,500g, or five-minute Apgar score less than seven (pragmatic criteria for definition of near miss ⁹), correspond to adverse perinatal outcomes and are associated with sociodemographic variables ¹³, maternal morbidity ^{14,15,16,17},

Table 2

Univariate hierarchical analysis of neonatal near miss and death cases in public maternity hospitals in São Paulo and Rio de Janeiro States, Brazil, 2011.

Hierarchical level/Associated factors	Neonatal near miss			Neonatal mortality		
	p-value	OR	95%CI	p-value	OR	95%CI
Male	0.81	1.05	0.73-1.49	0.65	1.19	0.57-2.47
Distal						
< 8 years of schooling	0.79	1.06	0.68-1.66	0.48	0.68	0.24-1.96
Brown skin color	0.72	1.08	0.71-1.65	0.60	0.79	0.33-1.90
Black skin color	0.01	1.92	1.16-3.18	0.17	1.96	0.74-5.17
Other skin color/race	0.72	0.77	0.18-3.20	0.72	1.46	0.19-11.43
Intermediary						
< 20 years old	0.37	0.80	0.50-1.29	0.53	0.73	0.28-1.94
≥ 35 years old	0.08	1.61	0.95-2.73	0.83	1.14	0.34-3.83
Primiparous	0.19	1.27	0.89-1.81	0.41	0.72	0.34-1.56
Hemorrhage	0.01	2.24	1.27-3.95	0.00	4.55	1.84-11.25
High blood pressure	0.00	2.95	1.98-4.41	0.13	2.02	0.82-4.97
Maternal syphilis	0.00	3.31	1.51-7.23	0.06	4.06	0.95-17.25
Smoking	0.27	1.30	0.82-2.08	0.66	1.25	0.47-3.27
Alcohol	0.36	1.26	0.77-2.04	0.10	2.06	0.88-4.83
Illegal drug use	0.27	1.93	0.60-6.19	0.02	5.72	1.34-24.43
Absence of partner	0.04	0.69	0.48-0.99	0.71	0.86	0.41-1.83
Proximal						
Absence of prenatal care	0.00	5.56	2.63-11.74	0.00	17.37	6.45-46.76
Maternity hospital A	0.00	4.32	1.91-9.78	0.00	33.93	4.37-263.47
Maternity hospital B	0.00	4.28	2.09-8.77	0.41	2.76	0.25-30.50
Maternity hospital C	0.00	3.22	1.57-6.60	0.04	8.58	1.07-68.68
Maternity hospital D	0.23	1.77	0.69-4.49	0.23	4.41	0.40-48.76
Maternity hospital E	0.00	3.22	1.57-6.62	0.13	5.37	0.63-46.05
Cesarean section	0.00	2.45	1.71-3.50	0.50	1.29	0.61-2.74

95%CI: 95% confidence interval; OR: odds ratio.

reproductive history, risk behavior^{1,18}, and prenatal, delivery, and neonatal care^{2,9,19}. Our results corroborated previous studies on factors associated with adverse neonatal outcomes.

Black maternal skin color was associated with near miss, although there was no statistical significance for neonatal death. According to Willis et al.²⁰, color/race determines life trajectories, and adverse birth outcomes can cross generations. Skin color may also reflect discrimination in access to and performance of healthcare^{21,22,23}.

Advanced maternal age, primiparity, and maternal morbidity were kept in the final multivariate model. Infants born to older mothers showed a nearly twofold risk of neonatal near miss, compared to mothers aged 20 to 34. In the World Health Organization multi-country survey on maternal and newborn health¹³, advanced maternal age was also associated with adverse outcomes such as gestational age less than 37 weeks, birth weight less than 2,500g, and five-minute Apgar less than seven. These characteristics are similar, although more sensitive (higher cutoff points for gestational age and birth weight) than those adopted as pragmatic criteria for the definition of near miss in the present study. We did not find an association between advanced maternal age and neonatal mortality, contrary to the results for stillbirth and early neonatal mortality in the WHO study².

Primiparity remained as a risk factor for neonatal near miss, even after adjusting for socioeconomic status, maternal age, and maternal morbidity. Primiparity and grand multiparity are consid-

Table 3

Multivariate hierarchical model of neonatal near miss and deaths cases in public maternity hospitals in São Paulo and Rio de Janeiro States, Brazil, 2011.

Hierarchical level/Associated factors	Neonatal near miss			Neonatal mortality		
	p-value	OR	95%CI	p-value	OR	95%CI
Male	0.81	1.05	0.73-1.49	0.65	1.19	0.57-2.47
Distal						
Black skin color	0.01	1.92	1.16-3.18	0.17	1.96	0.75-5.17
Intermediary						
≥ 35 years old	0.04	1.76	1.01-3.08	0.77	1.20	0.34-4.20
Primiparous	0.01	1.74	1.16-2.62	0.93	0.96	0.40-2.28
Hemorrhage	0.01	2.20	1.24-3.91	0.01	3.63	1.35-9.75
High blood pressure	0.00	2.63	1.73-4.01	0.21	1.80	0.71-4.55
Maternal syphilis	0.01	2.90	1.30-6.48	0.13	3.14	0.71-13.82
Proximal						
Absence of prenatal care	0.00	5.94	2.60-13.58	0.00	15.26	5.12-45.52
Maternity hospital A	0.02	2.73	1.17-6.36	0.00	22.85	2.79-187.07
Maternity hospital B	0.01	2.86	1.36-5.99	0.57	2.01	0.18-22.93
Maternity hospital C	0.01	2.83	1.36-5.89	0.07	7.30	0.89-60.28
Maternity hospital E	0.01	2.66	1.27-5.54	0.16	4.80	0.55-41.81
Cesarean section	0.00	2.00	1.35-2.96	0.91	0.91	0.39-2.14

95%CI: 95% confidence interval; OR: odds ratio.

Note: the OR were adjusted for sex variable; co-variables belonged to the same and above hierarchical levels.

ered gestational risk factors²⁴; however, the lack of association with neonatal mortality corroborates the result of a recent nationwide study in Brazil².

Regarding hemorrhage and high blood pressure, studies have reported an increased risk of perinatal death^{25,26}, prematurity, low birth weight, and asphyxia at birth¹⁵ among infants of mothers with hypertension in pregnancy, still a common condition during pregnancy^{27,28}, and of mothers with vaginal hemorrhage prior to labor^{17,29}.

Our study found a high rate of syphilis (1.9%) when compared to a recent national study in Brazil (1.02%)³⁰. Syphilis in pregnancy showed a threefold risk of both near miss and neonatal death in newborns with life-threatening conditions, when compared to those without life-threatening conditions in the final model (the association was statistically significant only for neonatal near miss). According to two meta-analyses, in the absence of appropriate treatment, half of pregnancies in women with syphilis result in adverse perinatal outcomes: abortion, stillbirth, neonatal death, prematurity, low birth weight, and infection^{16,31}. Despite straightforward diagnosis and treatment, syphilis remains an important public health issue in Brazil.

Some healthcare-related variables remained in the final model. The coverage rate for prenatal care was high in our study (98.6%), similar to the Brazilian national estimate (98.7%)¹⁹. Lack of prenatal care thus represented only a small contingent of women and was associated with life-threatening conditions and significantly increased risk of neonatal near miss and death. These outcomes in newborns with life-threatening conditions (for which prematurity is one of the pragmatic criteria) may partly explain the strong association with lack of prenatal care. Although the study did not define adequacy of prenatal care (time of first visit, number of visits, and compliance with prenatal care protocols), which may have weakened the associations, the lack of prenatal care had an important independent effect on neonatal near miss and mortality. According to Viellas et al.¹⁹, several barriers to prenatal care or to early initiation of visits showed social inequalities in Brazil.

Based on odds ratios, the strength of the associations with neonatal near miss was very similar between the maternity hospitals, suggesting that the patient populations treated in the different hospitals had similar background characteristics.

Cesarean section appeared as a risk factor for neonatal near miss, corroborating the results reported by Silva et al.⁹, and as a protective factor against neonatal mortality, although without reaching statistical significance. Associations between mode of delivery and adverse pregnancy outcome may sometimes be difficult to interpret given the possibility of reverse causality. For example, there is a strong association between maternal morbidity, such as vaginal bleeding and high blood pressure during pregnancy, and cesarean section³². Cesarean section may act as a protective factor against adverse pregnancy outcomes, resulting in benefits to mothers and newborns^{32,33}. In contrast, cesarean section on demand can be a risk factor for adverse perinatal outcomes like prematurity³⁴.

The positive association between specific maternity hospitals and the two outcome variables could be partially explained by patient profile, considering that all the maternity centers except the charitable hospital in São Paulo (the comparison category) treat high-risk pregnancies. However, the university maternity center in São Paulo was not statistically associated with neonatal near miss, and only maternity hospital A (Niterói) was statistically associated with neonatal mortality. A university hospital may offer better obstetric and neonatal care, due to both a qualified staff that follows proven effective protocols and the availability of advance medical technology. Lansky et al.² emphasize the implementation of best practices for labor and delivery as a powerful action plan to end preventable neonatal deaths. In the birth cohort study in Pelotas (Rio Grande do Sul State, Brazil), perinatal results were associated with hospital performance (material and human resources, and patient care practices), regardless of the service's user population³⁵. Thus, even with a high-risk patient profile, the university hospital presented a higher survival rate in newborns with life-threatening conditions. Conversely, maternity A, also a reference hospital for high-risk pregnancies in Metropolitan Area II, Rio de Janeiro State, showed a high incidence of newborns with life-threatening conditions and the highest neonatal mortality rate, suggesting quality-of-care problems.

In the final model, only hemorrhage in pregnancy, lack of prenatal care, and maternity hospital A were associated with life-threatening conditions, regardless of newborn survival.

Some limitations to the study deserve discussion. First, cohort studies are appropriate for etiological investigations but would be inappropriate for analyzing rare outcomes (neonatal near miss and mortality). The study chose public maternity hospitals with higher numbers of births, similar to the sampling strategy used in the WHO Global Study on Maternal and Perinatal Health⁷, but it was not a random sample. Additionally, maternal diseases in pregnancy may have been misclassified, since they were self-reported. According to Assarag et al.³⁶, self-reported maternal morbidity tends to be more specific than sensitive and can be influenced by maternal age and schooling. If this were true in the present study, more false-negatives would be expected. Nonetheless, the study showed strong associations between the target outcomes and hypertension and vaginal hemorrhage, in agreement with the national and international literature.

Some of the study's methodological advantages deserve highlighting. Since the near miss concept is still new and under debate, the study makes a relevant contribution by emphasizing the definition of neonatal near miss based on pragmatic criteria (gestational age, birth weight, and five-minute Apgar score), with two positive characteristics: widespread availability of data and a user-friendly approach, favoring both clinical and epidemiological use⁶. As for analytical advantages, the hierarchical modeling strategy avoids weakening the associations with social (distal) determinants when incorporating more proximal determinants into the model. The theoretical model based on the literature facilitated the use of this analytical strategy and the interpretation of statistical associations. Multinomial regression allowed a more feasible interpretation of the associations since the regression coefficient was the odds ratio, frequently used by epidemiological studies to measure association. Additionally, the effects of regressors were adjusted for the same covariables for both target outcomes, allowing for a direct comparison of results.

Reduction of neonatal mortality in Brazil represents an important achievement for maternal and child health, but the prevention of perinatal life-threatening conditions is still a major challenge. Most newborns with life-threatening conditions survived the neonatal period, but they will likely require greater attention from health services and families due to the chronic character of some of their conditions, thus contributing to a new childhood morbidity profile³⁷.

Contributors

P. L. Kale, M. H. P. Mello-Jorge, K. S. Silva and S. C. Fonseca conceived the study design, participated in the study planning and supervised the field work team, contributed to the analysis of the manuscript results and read, gave suggestions to and approved the final manuscript.

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Resumo

Objetivou-se avaliar os fatores associados a casos de near miss neonatal e óbitos neonatais em seis maternidades públicas nos Estados de São Paulo e Rio de Janeiro, Brasil, em 2011. Os desfechos foram investigados através de um estudo prospectivo de coorte de nascimentos com base hospitalar, entre nascidos vivos com ameaça à vida. As associações foram testadas através de modelos de regressão logística multivariada com níveis hierárquicos. Foram observadas altas taxas de near miss para sífilis materna (52,2% nascidos vivos) e falta de atendimento pré-natal (80,8% nascidos vivos). Cor materna preta (OR = 1,9; IC95%; 1,2-3,2), hemorragia (OR = 2,2; IC95%; 1,3-3,9), hipertensão (OR = 3,0; IC95%; 2,0-4,4), sífilis (OR = 3,3; IC95%; 1,5-7,2), falta de pré-natal (OR = 5,6; IC95%; 2,6-11,7), cesariana e hospital específico estiveram associados ao near miss. Enquanto isso, hemorragia (OR = 4,6; IC95%; 1,8-11,3), falta de pré-natal (OR = 17,4; IC95%; 6,5-46,8) e hospital específico estiveram associados ao óbito neonatal. São necessárias melhoras no acesso ao atendimento qualificado para gestantes e recém-nascidos para reduzir os riscos à vida dos neonatos.

Mortalidade Infantil; Recém-Nascido de Baixo Peso; Prematuro; Complicações na Gravidez; Cuidado Pré-Natal

Resumen

El objetivo fue evaluar los factores asociados a casos de near miss neonatal y óbitos neonatales en seis maternidades públicas en los estados de São Paulo y Río de Janeiro, Brasil, en 2011. Los desenlaces se investigaron a través de un estudio prospectivo de cohorte de nacimientos con base hospitalaria, entre nacidos vivos con condiciones que involucraron riesgo de muerte. Las asociaciones fueron probadas a través de modelos de regresión logística multivariada con niveles jerárquicos. Se observaron altas tasas de near miss para sífilis materna (52,2% nacidos vivos) y falta de atención pre-natal (80,8% nacidos vivos). Etnia materna negra (OR = 1,9; IC95%; 1,2-3,2), hemorragia (OR = 2,2; IC95%; 1,3-3,9), hipertensión (OR = 3,0; IC95%; 2,0-4,4), sífilis (OR = 3,3; IC95%; 1,5-7,2), falta de pre-natal (OR = 5,6; IC95%; 2,6-11,7), cesárea y hospital específico estuvieron asociados a la morbilidad near miss. Mientras tanto, hemorragia (OR = 4,6; IC95%; 1,8-11,3), falta de pre-natal (OR = 17,4; IC95%; 6,5-46,8) y hospital específico estuvieron asociados al óbito neonatal. Se necesitan mejoras en el acceso a la atención cualificada para gestantes y recién-nacidos, con el fin de reducir los riesgos a la vida de los neonatos.

Mortalidad Infantil; Recién Nacido de Bajo Peso; Prematuro; Complicaciones del Embarazo; Atención Prenatal

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