

Case Report

Cat scratch disease presenting as axillary lymphadenopathy and a palpable benign mammary nodule mimicking a carcinoma

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Abstract

We present a case involving a 74-year-old woman with cat scratch disease characterized by an enlarged and hard axillary lymph node as well as a palpable breast nodule mimicking a carcinoma. The lymph node and the breast nodule were excised. The pathologic examinations revealed granulomatous lymphadenitis with gram-negative bacilli and an intraductal papilloma. Antibiotic therapy (azithromycin) was prescribed and the patient's clinical evolution was excellent.

Keywords: Cat scratch disease. Breast. Axillary lymph node.

INTRODUCTION

Cat scratch disease (CSD) is caused by three species of *Bartonella*, a Gram-negative rod: *Bartonella henselae* (most frequent cause), *Bartonella quintana*, and *Bartonella bacilliformis*. These microorganisms have been isolated from fleas residing on infected cats, and they are usually inoculated via the scratch or bite of a kitten¹.

The bacterial infection typically leads to a localized subacute lymphadenopathy in the lymphatic pathways proximal to the region of inoculation. Very rarely, injury resulting in a mammary infection is observed, followed by axillary lymphadenopathy. We report a case of a woman with axillary lymph node enlargement due to CSD, concomitant with a benign palpable breast nodule mimicking a carcinoma.

CASE REPORT

A 79-year-old woman of European descent reported a history of a longstanding breast lump and axillary lymphadenopathy for the past 6 months. On physical examination we detected a painless, hard breast nodule, measuring 2.5cm, located in the right upper outer quadrant and a palpable lymph node in the ipsilateral axilla, with a diameter of 1.5cm.

A mammogram showed parenchymal distortion and an enlarged lymph node in the right axilla. Ultrasonography

revealed a regular nodule and an axillary lymph node (1.0cm) with cortical thickness.

First, a core biopsy of the nodule and a fine-needle aspiration of the lymph node were performed, revealing a benign papilliferous lesion and lymphoid hyperplasia.

Because malignancy was suspected, the patient underwent surgery and the nodule and lymph node were excised. The histological findings confirmed the breast lesion as an intraductal papilloma. Granulomatous lymphadenitis and suppurative necrosis were found in the lymph node as well as pleomorphic Gram-negative bacilli upon Warthin-Starry staining specific for *Bartonella henselae* (**Figure 1**).

After the surgery, the patient received antibiotic therapy (azithromycin, 250mg/day for 5 days) and recovered completely. During a subsequent clinical investigation, we found that the patient lived with and was in frequent contact with several cats.

DISCUSSION

In immunocompetent individuals, the primary inoculation lesion of CSD is usually a transient vesicle, and the erythematous papule resolves within a few weeks². In some cases, the breast can be affected with the formation of an irregular mass mimicking mastitis or cancer, which may be associated with satellite lymphadenopathy³⁻⁵. Although rare, CSD involving the breast and axilla needs to be morphologically distinguished from other common differential diagnoses to facilitate appropriate management. Primarily in immunocompromised individuals, CSD may affect many organs, with severe neurologic, visceral, and ocular manifestations⁶.

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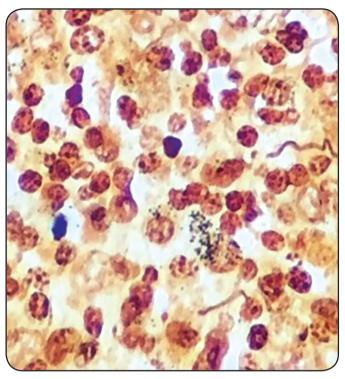


FIGURE 1: Axillary lymph node showing a group of Gram-negative bacilli stained by silver nitrate (Warthin-Starry staining) among the lymphocytes (40×).

Normally the process of the CSD is self-limited and disappears spontaneously in a few days. In certain cases, however, the breast nodule and/or the enlarged axillary lymph node persist and should be excised^{4,7}.

Axillary lymphadenopathy may be the foremost symptom of many diseases. Ozkan et al. performed excisional biopsies and histopathological tests in 185 patients with peripheral lymphadenopathy⁷. Sixty-two (33.5%) of excisional biopsy materials were benign lesions and 123 (66.5%) were malignant. The benign lesions consisted of reactive hyperplasia, toxoplasmosis, necrotizing/non-necrotizing granulomatous, and CSD (four cases).

To the best of our knowledge, only approximately 10 cases of axillary lymphadenopathy following mammarian inoculation

of CSD have been reported. In this case, the breast nodule corresponded to a palpable intraductal papilloma that was unrelated to the *Bartonella* infection. Our elderly patient did not recollect being scratched or bitten by her cats, although she used to hold them often.

CSD should be suspected when patients report frequent contact with cats along with a primary inoculation lesion and/or regional lymphadenopathy. CSD is confirmed by the presence of silver-deposited bacilli upon Warthin-Starry staining of formalin-fixed tissues or by polymerase chain reaction of microbial deoxyribonucleic acid (DNA). Serological and culture tests can also be used for diagnostic purposes.

Conflict of interest

The authors declare that there is no conflict of interest.

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