



## Biflorin: an *o*-naphthoquinone of clinical significance

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### ABSTRACT

Biflorin is an *o*-naphthoquinone with proven cytotoxic effects on tumor cells showing antimicrobial, antitumor and antimutagenic activities. Biflorin is an isolated compound taken from the roots of the plant *Capraria biflora* L. (Schrophulariaceae), indigenous of the West Indies and South America, which is located in temperate or tropical areas. This compound has shown to be strongly active against gram-positive and alcohol-acid-resistant bacteria. It has been efficient in inhibiting the proliferation tumor cell lines CEM, HL-60, B16, HCT-8 and MCF-7. Recently, SK-Br3 cell line was treated with biflorin showing important cytotoxic effects. In this article, information related to the first structural characterization studies are presented, as well as the latest reports concerning the biological activity of this molecule.

**Key words:** biological activity, Biflorin, *Capraria biflora*, natural products.

### INTRODUCTION

Natural products are the largest contributor to the production of active metabolites, and many of them are used as drugs, cosmetics and pesticides (Mann 2002). They do not always contribute in an integral manner to the synthesis of drugs; however, occasionally serve as models for the synthesis of new

drugs, such as procaine, chloroquine, vincristine, vinblastine and camptothecin (Newman et al. 2003, Ferreira et al. 2010).

Products of natural origin play an important role in the treatment and prevention of human diseases, and over 60% of drugs used have natural origins. Among the sources of such drugs found in nature, plants provide the largest contribution to the development of therapeutic substances (Kirkpatrick

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2002, Silva 2006, Costa-Lotufu et al. 2010). Among new drugs launched between 1981 and 2002 in the pharmaceutical market, 28% are made from natural products, and 24% are synthetic derivatives of natural origin, which emphasizes the importance of studies in this area (Gullo et al. 2006). Drugs derived from natural sources have anti-cancer, anti-microbial and antiviral activity (Silva 2006). More than 100 compounds derived from natural products are undergoing clinical trials (Harvey 2008).

The study of medicinal plants allowed the discovery of several molecules for the treatment of cancer, such as the alkaloids vinblastine and vincristine, both isolated from *Catharanthus roseus* G., which are used for lymphomas and acute leukemias, respectively. These drugs also served as the basis for the semisynthetic derivatives vindesine, which is used for acute lymphoblastic leukemia, and vinorelbine, used for lung and breast cancer (Cragg and Newman 2005, Newman and Cragg 2007, Silva 2006).

For the last decades, an o-naphthoquinone isolated from *Capraria biflora* L., biflorin, has shown promising biological activities against several organisms. Only more recently, this quinone began to play an important role related to tumor development and progression, where several reports using *in vitro* and *in vivo* investigations were published.

#### NATURAL SOURCES OF BIFLORIN

*Capraria biflora* L. is a plant that belongs to the Schrophulariaceae family, originates from the Antilles and South America and inhabits temperate or tropical areas (Aquino et al. 2006). As it is an invasive plant, found on wasteland, preferring humid, near-shore streams or ponds (Aquino et al. 2001). It is widely distributed in South America (Venezuela, Peru and Guyana), Central America (El Salvador, Trinidad and Tobago, Bahamas, Panama, Curacao, Guatemala and Puerto Rico), North America (United States and Mexico) and Asia (India and

China) (Correia 1984). In Brazil, it is located in the states of Minas Gerais and Goiás and in the coastal strip between Espírito Santo and Piauí (Aquino et al. 2006). *Capraria biflora* L. is an herbaceous plant or shrub whose stem is twiggy, reaching a height of 1.5 m (Aquino et al. 2001). It has been used to treat fever and given its diuretic, stimulant and digestive properties, also pointed as beneficial to digestion (Matos Brito et al. 1994). The aqueous extract has demonstrated both peripheral and central analgesic effects (Acosta et al. 2003). The roots of *Capraria biflora* L. yield biflorin, an o-naphthoquinone, to date the only substance isolated from this plant with proven medicinal activity (Aquino et al. 2006).

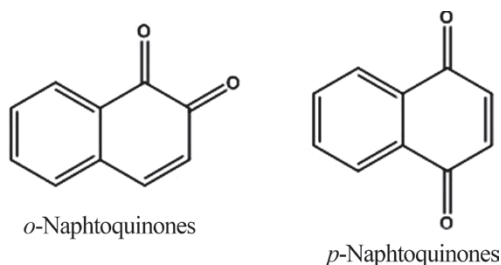
Biflorin has also been found in other plants apart from *C. biflora* L. In 2007, Ndi et al. reported the presence of biflorin in extracts of an Australian desert plant known as *Eremophila neglecta*. The family Myoporaceae is characterized by its large amount of potential secondary metabolites. To obtain compounds as biflorin, the authors performed a series of extractions with varying solvents (Ndi et al. 2007). The products were identified by <sup>1</sup>H- and <sup>13</sup>C NMR. Previously, Forster et al. (1986) indicated the presence of naphthoquinone in plants of the same family, *Eremophila latrobei* (Forster et al. 1986).

#### CHEMICAL STRUCTURE AND BIOLOGICAL ACTIVITY OF QUINONES

The quinones are a large and important class of substances present in nature and can be obtained as a synthetic product with a great variety of applications (Thomson 1987). The quinone structure was identified as an important pharmacophore group and is characterized by a significant cytotoxic effect through several drugs used in treating diseases (Driscoll 1974, Liu et al. 2004), thus constituting a class of highly representative antineoplastic agents (Asche 2005).

Quinones are organic compounds produced by the oxidation of phenols, and its reduction also gives the corresponding phenols. Their hallmark

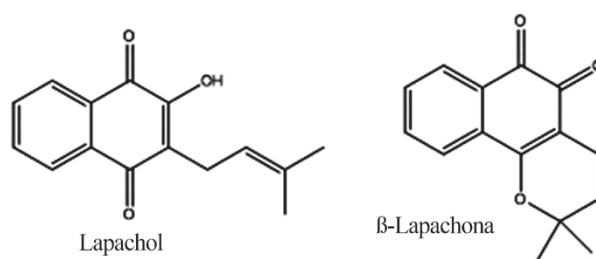
is the presence of two carbonyl groups that form a conjugated system with at least two CC double bonds. Thus, according to the cycle in which the system of conjugated double and ketones is inserted, three major groups of quinones exist: benzoquinones have a benzene ring, naphthoquinones have a naphthalene ring and anthraquinones have an anthracene ring (Figure 1) (Simoes et al. 2001).



**Figure 1** - Isomeric forms of ortho-and para-quinonone.

Natural and synthetic compounds that have quinones in their structures are known to possess potent biological activities such as anti-cancer (Silva et al. 2003, Asche 2005), anti-mollusc (Santos et al. 2000, Barbosa et al. 2005), anti-leishmanial (Teixeira et al. 2001), anti-inflammatory (Almeida et al. 1990), anti-fungal (Gafner et al. 1996), trypanocidal (Pinto et al. 2000, Moura et al. 2001), anti-protozoal (Zani et al. 1997), and anti-viral (Stagliano et al. 2006) activity. Anti-tumor agents are effective inhibitors of DNA topoisomerase I (Asche 2005). Thus, the interest in these substances has intensified in recent years because of their pharmacological importance. Some pharmacological activities are known for compounds such as  $\beta$ -lapachone, a natural substance that is easily obtained from lapachol, which is found as a minor constituent of the heartwood of trees of the family Bignoniaceae, known in Brazil as Ipe (Ferreira et al. 2010) (Figure 2). The  $\beta$ -lapachone, a potent trypanocidal agent, has shown cytotoxicity against tumor cells. Part of the mechanism of action of quinones involves the generation of reactive oxygen species (ROS),

which have been shown to be toxic to *Trypanosoma cruzi* and induce apoptosis and / or interact with topoisomerase of tumor cells (Ferreira et al. 2010). Naphthoquinone is the most notable member of this class of substances because it has been applied to phase II studies for the treatment of pancreatic cancer (Ferreira et al. 2010).  $\beta$ -lapachone has shown to be effective *in vitro* against various human malignant cell lines, including melanoma, leukemia, colorectal, lung, breast and prostate cancer cells (Ferreira et al. 2010).



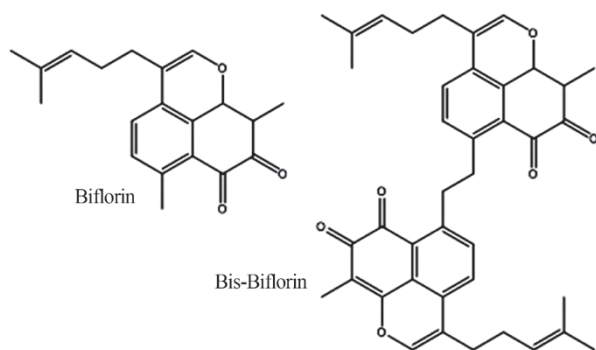
**Figure 2** - Chemical structure of lapachol and  $\beta$ - lapachone.

#### BIFLORIN CHARACTERIZATION

The first studies with phytochemicals from *C. biflora L* were performed by Gonçalves de Lima et al. (1954), who isolated from the roots of the plant an active ingredient that showed antimicrobial activity against gram-positive, acid-resistant bacteria and some fungi (Gonçalves de Lima et al. 1954). This substance was termed biflorin, 6,9-dimethyl-3-(4-methyl-3-pentenyl)naphtha[1,8-bc]pyran-7,8-dione. In the same year, the spectrum of activity of biflorin was determined by Eli Lilly (Mc Cowen and Stone 1953). In the following year, a method for obtaining pure crystals of naphthoquinone was developed and these crystals presented higher activity against gram-positive bacteria when compared to the naphthoquinone used in the initial studies. Biflorin also showed activity against other microorganisms (dermatophytes and yeasts) not been previously tested (Gonçalves de Lima et al. 1954, 1958). In 1958, a method was developed with an even higher yield than the methods previously

described. In the same year, the physical and chemical characteristics of biflorin were elucidated using the methods of UV (ultraviolet) and IR (infrared) spectroscopy and elemental analysis, in which the presence of a naftoquinonic structure was confirmed (Prelog et al. 1958, Comin et al. 1963, Grant et al. 1963).

The earliest studies on the chemical structure biflorin include the work of Hoppe (1960), who used crystallographic analysis with X-ray diffraction (Hoppe 1960) to determine the crystalline structure and structural formula  $C_{20}H_{20}O_3$ . Fonseca et al. (2003), using  $^1H$  and  $^{13}C$  nuclear magnetic resonance in one- and two-dimension experiments, showed that biflorin naturally exists as a dimer that was named Bis-biflorin (Fonseca et al. 2003), as shown in Figure 3.



**Figure 3** - Chemical structures of biflorin and bis-biflorin (Fonseca et al. 2003).

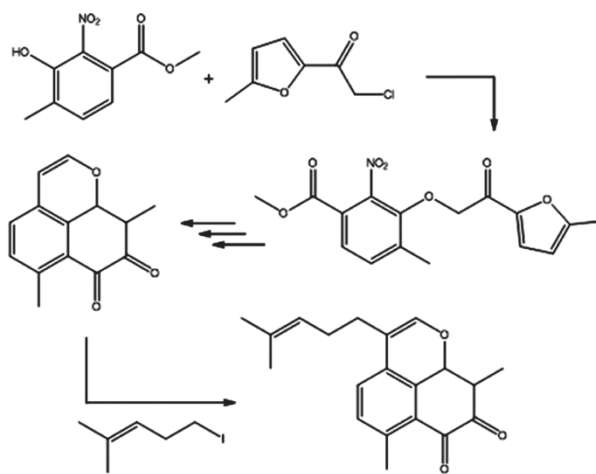
Gonçalves de Lima et al. (1961) demonstrated the photosensitivity of biflorin to natural light (Gonçalves de Lima et al. 1961, 1962). In more recent studies, new methods of quantification and qualification of the biflorin through liquid chromatography coupled to mass detection were evaluated and found to be fast and accurate (Lyra Jr et al. 2007).

#### CHEMICAL SYNTHESIS

Since the early nineteenth century, when the chemical structures of the first naphthoquinones were identified, researchers have been attempting the synthesis or semi-synthesis of these compounds

(Ehrlich and Herter 1904). Synthesis procedures as metathesis became easier for the formation of the condensed cycles that are part of the basic structure of these compounds (Song et al. 2009). The search for the synthesis of new structures target the enhancement of biological activity, and compounds such as fluoro-1,4-naphthoquinones were synthesized by Zakharova et al. (2011). Later, several natural naphthoquinones such as  $\beta$ -lapachone were also synthesized (Zakharova et al. 2011). The condensation reactions to produce a series of compounds were further tested according to their anti-inflammatory activity (Tseng et al. 2013).

Interestingly, only one total synthesis procedure for biflorin has been presented in the literature (Best et al. 1986), most likely because of the complex chemical structure of is compound. In this procedure, an addition-type intramolecular Diels-Alder reaction was the key step for obtaining the final product, as shown in Figure 4.



**Figure 4** - Schematic representation of the chemical synthesis of biflorin presented by Best and Wege 1986.

Previously, Comin et al. (1963) obtained differentiated structures of biflorin through hydrogenation reactions. In a typical case of semi-synthesis, these authors described physicochemical properties of the products obtained by reaction of 1 mol of natural biflorin

extracted from *C. biflora* with one and two equivalents of hydrogen. The hydrogenation products were subsequently acetylated and oxidized to yield the diacetate and prenitic acid, respectively (Comin et al. 1963).

#### BIOLOGICAL ACTIVITY OF BIFLORIN

Studies related to o-naphthoquinone began in 1999 and showed antimicrobial activity, mostly in strains of *Candida albicans*. Other bacteria were studied previously, and biflorin showed antimicrobial activity against gram-positive and gram-negative bacteria (Gonçalves de Lima et al. 1961).

The only clinical case reporting the use of biflorin was in 1958, where 1% biflorin crystallized paste was used in a 14-year-old male patient with an erythematous perioral lesion covering the outside area of the lip. After sample collection in different areas, it was possible to isolate a fungus identified as *Trichosporon margaritipherum*. The patient began using 1% biflorin with lanolin and petrolatum, and after two days, the lesion showed a pink color with no exudation and the skin returned to normal after four days of treatment. The paste vehicle was later replaced by polyethylene glycol, which provided better results, and after a week, the erythema had completely recovered (Aquino et al. 2006).

Biflorin has *in vivo* and *in vitro* antitumor effects (Table I), but its exact mechanism of action is not yet known (Vasconcellos et al. 2005, 2007). This molecule has shown a concentration-dependent cytotoxic effect in different eukaryotic cells, but not mutagenic in bacteria and yeast (Vasconcellos et al. 2010).

The protective effects of biflorin against mutagenesis in yeasts and V79 cells occurred only at low concentrations; high concentration of biflorin (concentrations higher than 250 µg/ml in haploid yeast and 10 µg/ml in V79 cells) was cytotoxic, inducing breaks in the DNA chain as evidenced by the comet test (Vasconcellos et al. 2010). Another mechanism that leads to breaks in

**TABLE I**  
**Biological activities of biflorin shown**  
**in different studies.**

Organisms	Type of activity	Reference
<i>Trichosporon margaritipherum</i>	Antifungal	Aquino et al. 2006
Gram-positive bacteria, Bacteria alcohol-acid-resistant	Antimicrobial	Gonçalves de Lima et al. 1954
<i>Candida albicans</i>	Antimicrobial	Lyra Junior et al. 1999
Yeast <i>S. cerevisiae</i> and V79	Antimutagenic	Vasconcellos et al. 2010
Cells V79	Antigenotoxic	Vasconcellos et al. 2010
Tumor cell lines CEM, HL-60, B16, HCT-8 and MCF-7	Antitumor	Vasconcellos et al. 2007 Vasconcellos et al. 2005

the DNA chain is the interaction of the particles with DNA topoisomerase I (Vasconcellos et al. 2010). The induction of DNA damage by biflorin underlies its anti-proliferative potential (Vasconcellos et al. 2007). In the same study, it was demonstrated that biflorin does not induce frameshift mutations in yeast and bacteria; therefore, the authors assumed that biflorin is not a good DNA intercalating agent. However, other studies have shown that this molecule causes no changes in the cell cycle; rather, it inhibits the synthesis of DNA and interacts directly with single-stranded DNA and double-stranded DNA to induce cell death by apoptosis (Vasconcellos et al. 2007).

Antitumor activity *in vivo* was evaluated in animals transplanted with sarcoma 180 and Ehrlich carcinoma cells, showing promising antitumor activity with low toxicity on histopathological examination of the spleen, kidney and liver. Moreover, when coupled with 5-fluoracil chemotherapy (5-FU), biflorin increased the effectiveness in addition to reducing systemic toxicity (Vasconcellos et al. 2007). In experiments with animals transplanted with B16 melanoma cells, biflorin was administered at 25 mg/day for 10 days, and there was a significant inhibition of tumor growth with no systemic toxicity (Vasconcellos et al. 2011). A metastasis assay

performed by intravenous injection of B16-F10 cells (a cell line with high metastatic potential) in mice, a dose-dependent inhibitory effect of biflorin was observed against the formation of metastatic nodules in the lung tissue (Carvalho et al. 2013).

In a recent study, the SK-Br3 cell line (breast cancer) was treated with biflorin, and the results showed cytotoxicity against this line. Moreover, biflorin produced a decrease in the expression of EGFR (epidermal growth factor receptor), where inhibition of proliferation in biflorin-treated cells was shown to be mediated in part by down-regulation of the EGFR signaling pathway (Montenegro et al. 2013).

Biflorin has shown to present protective capacity against oxidative stress induced by H<sub>2</sub>O<sub>2</sub> (hydrogen peroxide), as confirmed by the reduction of lipid peroxidation in V79 cells (Vasconcellos et al. 2010). Hydrogen peroxide is an important compound for ROS that, in combination with metals such as reduced iron or copper, is transformed by a Fenton reaction with the highly reactive hydroxyl radical (OH•), which causes damage to practically all macromolecules (Halliwell and Gutteridge 2007). Thus, biflorin reduces DNA damage and mutation triggered by H<sub>2</sub>O<sub>2</sub> in yeast *S. cerevisiae* and V79 cells, suggesting an anti-oxidant effect (Vasconcellos et al. 2010).

Montenegro et al. 2013 suggests a mechanism of action for biflorin in MDA-MB-435 melanoma cells, most likely by the inhibition of N-cadherin. In this report, inhibitors of N-cadherin function have been demonstrated to cause apoptosis and regulate the AKT-1 pathway (Montenegro et al. 2013).

### CONCLUSIONS

The chemical characteristics of biflorin were elucidated using the methods of UV (ultraviolet) and IR (infrared) spectroscopy and elemental analysis, in which the presence of a naphthoquinonic structure was confirmed. In different concentrations, the scavenging of hydroxyl radicals by biflorin may contribute to antioxidant activity and protective effects

against cytotoxicity, genotoxicity, mutagenicity and intracellular lipid peroxidation induced by H<sub>2</sub>O<sub>2</sub>. Higher biflorin concentrations, however, are cytotoxic, possibly because of its ability to induce DNA strand breaks (Vasconcellos et al. 2010). Biflorin has numerous biological activities related to the regulation of apoptosis, the cell cycle and cell differentiation. Studies indicate that biflorin presents antioxidant activity and cytotoxic potential against *in vitro* and *in vivo* tumor cells models. These cellular effects of biflorin are dependent on its concentration. In addition to these activities, biflorin has been shown to be efficacious and safe, as it has no mutagenic potential. Biflorin can thus be considered a new prototype substance with potential anticancer activity. Further studies of this substance isolated from the roots of *C. biflora* L., however, are necessary.

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### RESUMO

A biflorina é uma *o*-naftoquinona com comprovados efeitos citotóxicos frente a células tumorais além de atividades antimicrobiana, antitumoral e antimutagênica. A biflorina é um composto isolado das raízes da planta *Capraria biflora* L. (Schrophulariaceae), originária das Antilhas e da América do Sul, que está localizada em zonas temperadas e tropicais. Este composto mostrou uma potente atividade contra microorganismos gram-positivos e bactérias álcool-ácido resistentes. Tem mostrado eficiência em inibir a proliferação celular em linhagens tumorais CEM, HL-60, B16, HCT-8, MCF-7. Recentemente, a linhagem tumoral SK-Br3 foi tratada com biflorina e

demonstrou importante efeito citotóxico. Neste artigo, relatamos informações relacionadas com os primeiros estudos de caracterização estrutural, bem como os últimos relatos sobre a atividade biológica desta molécula.

**Palavras-chave:** Atividade biológica, Biflorina, *Capraria biflora*, produtos naturais.

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