

LIVER AND SERUM SOLUBLE PROTEIN CHANGES AND PATHOMORPHOLOGY IN UNDERNOURISHED MICE WITH ACUTE SCHISTOSOMIASIS MANSONI

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Body, liver and spleen weights; histopathology of the liver, spleen and intestines; hepatic and serum soluble proteins changes were the parameters studied in undernourished Swiss albino mice experimentally infected with S. mansoni. Non-infected deficient animals had lower liver/body weight and spleen/body weight ratios as compared to the controls (22.60% casein group). Infected mice showed higher values regardless the type of diet. Undernourished infected subgroup showed a persistent exudative periovular reaction in the liver. Soluble hepatic proteins content and serum protein fractions appeared to be lower in the deficient infected mice. A significant difference was detected in the gammaglobulin fraction between infected and non-infected animals fed the control diet with higher values for the former. Our data suggest that the effects of malnutrition, per se, are sometimes more detrimental to the host than those due to Manson's schistosomiasis.

Key-words: Schistosoma mansoni. Malnutrition. Mice. Proteins.

The interrelationships between malnutrition and Manson's schistosomiasis have been studied in this laboratory for several years^{10 11 12 13 14 15 16 17 18 19 20}.

The use of purified and/or semisynthetic diets for laboratory animals is an artificial way of reproducing clinical, biochemical and pathological findings seen in infected human populations under field conditions. A diet based on human staple foods usually ingested in Northeast Brazil (in areas where schistosomiasis is endemic) was devised. This diet, referred as "Regional Basic Diet" (RBD), when given to weaning mice and rats, induces alterations resembling those found in the marasmatic clinical form of protein-energy malnutrition^{10 12 25 32 33} which is highly prevalent in Northeast Brazil.

In a previous paper (Coutinho et al, 1991: in press) several indicators of protein nutritional

status were studied in undernourished Swiss albino mice fed RBD and infected experimentally with *S. mansoni*. The purpose of the present investigation was to study the effects of RBD on liver and serum soluble proteins and tissue morphology in the same groups of animals.

MATERIAL AND METHODS

Animals. Weanling, Swiss albino mice of both sexes were maintained on the three diets (RBD, 7.82% casein and 22.60% casein) for 63 days. Twenty mice were studied in each diet and divided into infected and non-infected subgroups.

Animals were housed individually in wire mesh cages, and maintained at $23 \pm 2^\circ\text{C}$ with a 12 hour light/12 hour dark cycle.

Diets. The composition of RBD is shown in Table 1. The two control diets (Tables 2 and 3) contained casein at two levels: 7.82% (control I) and 22.60% (control II). The control diets were supplemented with mineral salts and vitamin mixture, according to Tagle & Donoso³¹. The diets were given in pellet form.

Infection. A *Schistosoma mansoni* strain isolated from São Lourenço da Mata (Pernambuco State,

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Table 1 - Composition of the Regional Basic Diet (RBD) - g/100g

Components	Amounts in g/100g	Proteins	Carbohy- drates	Fats	Minerals	Fibers
Kidney beans (<i>Phaseolus vulgaris</i>)	18.34	3.96	10.66	0.24	0.57	1.09
Manioc flour (<i>Manihot esculenta</i>)	64.81	0.82	48.59	0.12	0.43	5.64
Salted and dried meat (Charque)	3.74	2.74	0.43	0.21	0.06	-
Fat from salted and dried meat	0.35	-	-	0.35	-	-
Sweet potato (<i>Iponaea batatas</i>)	12.76	0.30	9.99	0.03	0.20	0.48
Total	100.00	7.82	69.67	0.95	1.26	7.21

NDpCal % = 5.97

Table 2 - Composition of the control diet I - g/100g

Components	Amounts in g/100g	Proteins	Carbohy- drates	Fats	Minerals	Fibers
Casein	8.87	7.06	-	-	-	-
Soybean oil	8.00	-	-	8.00	-	-
Water-soluble vitamins	1.00	-	-	-	-	-
Fat-soluble vitamins	1.00	-	-	1.00	-	-
Salt mixtures	2.50	-	-	-	2.50	-
Cellulose	3.50	-	-	-	-	3.50
Corn starch	75.13	7.76	74.37	-	-	-
Total	100.00	7.82	74.37	9.00	2.50	3.50

Supplemented with mineral salts and vitamin mixtures according to Table³¹.

Table 3 - Composition of the control diet II - g/100g

Components	Amounts in g/100g	Proteins	Carbohy- drates	Fats	Minerals	Fibers
Casein	27.80	22.09	-	-	-	-
Soybean oil	13.00	-	-	13.00	-	-
Water-soluble vitamins	1.00	-	-	-	-	-
Fat-soluble vitamins	1.00	-	-	1.00	-	-
Salt mixtures	2.50	-	-	-	2.50	-
Cellulose	4.00	-	-	-	-	4.00
Corn starch	50.70	0.51	50.19	-	-	-
Total	100.00	22.60	50.19	14.00	2.50	4.00

Supplemented with mineral salts and vitamin mixtures according to Table³¹.

Brazil) and maintained regularly in our laboratory was used. Each animal was infected percutaneously with 80 cercariae shed from *Biomphalaria glabrata* reared and infected in the laboratory. (Infections up to 100 or 150 cercariae per mouse are well tolerated^{27, 28}).

Experimental protocol. Twenty - one days old weanling mice weighing 9 to 12 g received tap water and diets *ad libitum*. The body weight was determined every week and the food intake was recorded every day.

Subgroups of 5 mice per control diet were submitted to a pair-feeding trial. So, the daily food intake of control mice (diets II and III) was restricted to the *ad libitum* intake of RBD - fed animals (diet I).

Soluble Serum and Liver proteins determinations. Blood was collected by aspiration from the axillary vein, allowed to clot and immediately centrifuged at 1.000 x g for 5 minutes. Total protein concentration in serum was determined by the biuret reaction²⁹. Electrophoretic studies were carried out in cellulose acetate according to the microzonal system. The liver soluble proteins were determined in homogenates from pieces of the right lobe of the liver, according to Lowry et al²⁶ and expressed in mg/total liver weight.

Morphological studies Mice were sacrificed by cervical dislocation. Liver, spleen and both small and large intestines samples were routinely fixed in 10% buffered formalin, parafin embedded, cut at a six micra thickness and stained by haematoxylin-eosin and Mallory's trichrome stains³.

Liver samples were otherwise silver stained by Gomori's technique⁵ to evidenciate the reticulin fibers. Frozen sections were stained with Sudan III to evaluate the distribution and morphological quantification of hepatic triglycerides.

Statistical analysis Student's "t" - test and the analysis of variance were used to assess the significance of the data. A statistically significant difference was indicated by a $p < 0.05$.

RESULTS

Quantitative soluble proteins changes

- *Changes in serum soluble proteins.* Values for total serum proteins were significantly lower in

the infected animals fed the two low - protein diets. Significant differences were always found between mice fed the two low-protein diets as compared to those fed the 22.60% casein diet regardless *S. mansoni* infection. The albumin fraction had a similar behaviour. The albumins/globulins (A/G) ratio was decreased in the infected casein-fed groups. An apparent, but not significant, slight distortion was detected in the infected RBD - fed mice as compared to the casein-fed animals. Values for alpha-1 and alpha-2 globulins fractions were significantly lower in RBD - fed infected mice as compared to non-infected ones fed the same diet. Also, the alpha-2 globulin fraction was lower for the infected group fed 7.82% casein. Only in these animals the beta-globulin fraction was significantly higher. The values for gammaglobulins were significantly higher in the serum of the infected controls (Table 5).

- *Changes in liver soluble proteins.* Liver proteins measured with the Folin - phenol reagent showed a trend to lower values in infected animals under both low-protein diets (RBD and 7.82% casein), although these differences were not statistically significant.

Significant results were detected among experimental low-protein and control groups with and without infection, as well as between casein groups (Table 4).

Morphological findings

- *Total body weight, liver and spleen weights/body weight ratios.* At the end of the experiment, a significant differences was detected in the total body weight for low-protein fed mice, with and without infection, the lowest values for RBD - fed infected animals. Infection did not seem to affect the body weight of the control group II (Table 4).

The mean value for liver weights and their standard error for the experimental groups are shown in Table 4. Values for liver weight/total body weight ratio were higher in infected mice. These results were statistically significant, except in the 7.82% casein - fed group.

Also the mean value for spleen weight and its standard error are seen in Table 4. Values for spleen weight/total body weight ratio were significantly higher for infected mice in all

Table 4 - Total body weight, liver and spleen weight/body weight ratios and liver soluble proteins content in infected and control mice under different diets.

Mice	Body weight (g) ($\bar{x} \pm SEM$)	Liver weight/body Weight ratio (%) ($\bar{x} \pm SEM$)	Liver protein content* ($\bar{x} \pm SEM$)	Spleen weight/body weight ratio (%) ($\bar{x} \pm SEM$)
RBD (infected)	16.22 \pm 0.53	6.12 \pm 0.38	181.93 \pm 18.62	0.69 \pm 0.06
RBD (non-infected)	31.97 \pm 2.34 Sig. (p < 0.001)	4.66 \pm 0.22 Sig. (p < 0.0005)	190.33 \pm 19.53 Non-sig. (p > 0.05)	0.27 \pm 0.03 Sig. (p < 0.0001)
7.82% casein (infected)	29.53 \pm 1.94	4.68 \pm 0.20	161.30 \pm 12.61	0.59 \pm 0.07
7.82% casein (non-infected)	37.45 \pm 1.60 Sig. (p < 0.01)	4.20 \pm 0.21 Non-sig. (p > 0.05)	192.52 \pm 16.70 Non-sig. (p > 0.05)	0.32 \pm 0.04 Sig. (p < 0.01)
22.60% casein (infected)	43.68 \pm 2.52	7.32 \pm 0.92	394.79 \pm 29.03	1.31 \pm 0.16
22.60% casein (non-infected)	45.49 \pm 1.92 Non-sig. (p > 0.05)	4.29 \pm 0.11 Sig. (p < 0.01)	302.48 \pm 25.84 Sig. (p < 0.05)	0.52 \pm 0.07 Sig. (p < 0.0001)

\bar{x} = arithmetic mean; SEM = standard error of the mean; * = mg/total liver weight

Table 5 - Electrophoretic patterns in infected and control mice under different diets, at the time of sacrifice.

Mice	Total proteins (g) ($\bar{x} \pm SEM$)	Albumins (g) ($\bar{x} \pm SEM$)	Albumins/globulins ratio ($\bar{x} \pm SEM$)	Globulins (% Area)			
				Alpha 1 ($\bar{x} \pm SEM$)	Alpha 2 ($\bar{x} \pm SEM$)	Beta ($\bar{x} \pm SEM$)	Gamma ($\bar{x} \pm SEM$)
RBD (infected)	4.85 \pm 0.21	2.18 \pm 0.13	0.90 \pm 0.11	0.58 \pm 0.11	0.45 \pm 0.04	0.67 \pm 0.10	0.87 \pm 0.17
RBD (non-infected)	5.88 \pm 0.09 Sig. (p < 0.001)	2.73 \pm 0.09 Sig. (p < 0.0005)	0.86 \pm 0.06 Non-sig. (p > 0.05)	1.17 \pm 0.11 Sig. (p < 0.002)	0.80 \pm 0.09 Sig. (p < 0.01)	0.70 \pm 0.08 Non-sig. (p > 0.05)	0.58 \pm 0.14 Non-sig. (p > 0.05)
7.82% casein (infected)	4.92 \pm 0.35	1.90 \pm 0.25	0.61 \pm 0.08	0.54 \pm 0.10	0.38 \pm 0.04	1.04 \pm 0.11	1.09 \pm 0.06
7.82% casein (non-infected)	6.34 \pm 0.30 Sig. (p < 0.01)	3.29 \pm 0.15 Sig. (p < 0.0001)	1.13 \pm 0.09 Sig. (p < 0.001)	0.63 \pm 0.14 Non-sig. (p > 0.05)	0.66 \pm 0.10 Sig. (p < 0.05)	0.57 \pm 0.08 Sig. (p < 0.0005)	1.22 \pm 0.14 Non-sig. (p > 0.05)
22.60% casein (infected)	7.60 \pm 0.26	2.82 \pm 0.10	0.60 \pm 0.03	0.37 \pm 0.04	1.04 \pm 0.04	1.99 \pm 0.12	1.38 \pm 0.14
22.60% casein (non-infected)	7.34 \pm 0.27 Non-sig. (p > 0.05)	2.99 \pm 0.15 Non-sig. (p > 0.05)	0.73 \pm 0.07 Non-sig. (p > 0.05)	0.32 \pm 0.03 Non-sig. (p > 0.05)	1.04 \pm 0.09 Non-sig. (p > 0.05)	2.08 \pm 0.22 Non-sig. (p > 0.05)	0.92 \pm 0.10 Sig. (p < 0.02)

\bar{x} = arithmetic mean; SEM = standard error of the mean.

experimental groups.

Again, significant results were obtained for both low-protein fed groups when compared to control group II, the highest values for infected animals. But results were not significant when non-infected mice in the two low-protein groups were compared to each other.

- *Histopathology.* In infected RBD-fed mice, the liver parenchyma showed several periovarular granulomas, some of them with a predominantly histiocytic cellular reaction (eggs with a still preserved miracidium), other with an exudative reaction in which neutrophils and many eosinophils could be detected. Periovarular microabscesses, as well as a lasting exudative cellular reaction around both viable and non-viable eggs, could be seen (Figure 1). Vacuolar degeneration and diffuse steatosis, particularly of the portal type, were the lesions most frequently observed.

In the intestines, particularly in the jejunum-ileal segment, several fibrotic and/or histiocytic granulomas were seen in the lamina propria of the mucosal layer. However, they were more abundant in the submucosa, where ova agglomerated, inducing an extensive reaction progressing to fibrosis in the wall of the small intestine (Figure

2). Also, a marked eosinophilic infiltration around retained eggs in the submucosa layer could be detected.

The spleen showed a poorly delineated white pulp, low cellular density of the periarteriolar lymphatic sheaths and Malpighian follicles without reactive centers.

Hepatic lesions in infected mice fed the 7.82% casein diet (control I) were similar to those reported for RBD-fed infected mice. However steatosis seemed to be milder, exudation of periovarular granulomas less apparent and collagenisation of the egg granulomas less delayed in this subgroup.

In infected mice fed a 22.60% casein diet (control II), the liver parenchyma, as a whole, had a normal aspect, except by the presence of periovarular schistosomotic granulomas with a higher cellularity while other granulomas were predominantly of the productive type, with many histiocytes, fibroblasts and collagen fibers (Figure 3). Sometimes a focus of acute coagulative necrosis beside small pieces of the eggshell and a peripheral histiocytic reaction could be seen. Eventually, a few cells with fat droplets could be detected in the liver parenchyma.

In the spleen, most of the Malpighian follicles showed reactive centers; periovarular granulomas with a histiocytic reaction, sometimes displaying

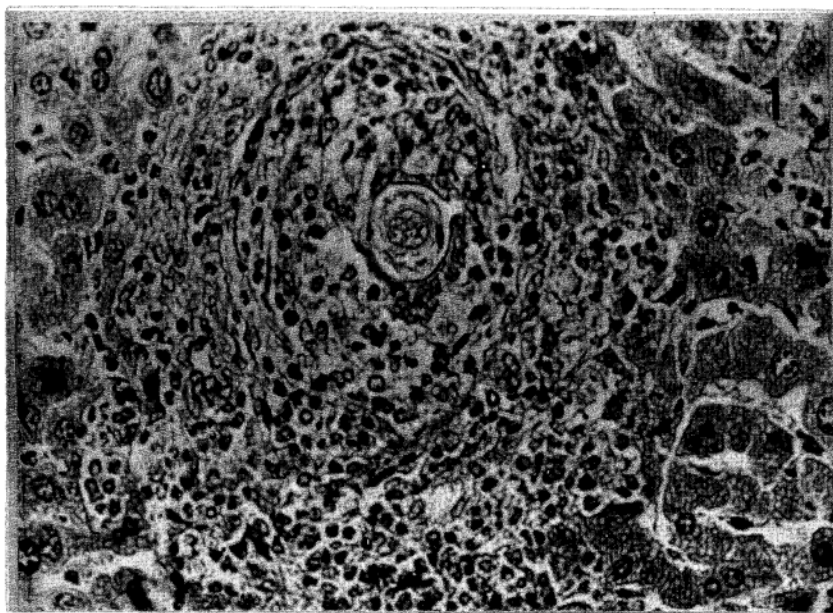


Figura 1 - Liver of RBD-fed infected mouse: lasting exudative cellular reaction with many eosinophils around a viable egg of *S. mansoni* showing a degenerated miracidium. x400 (HE)

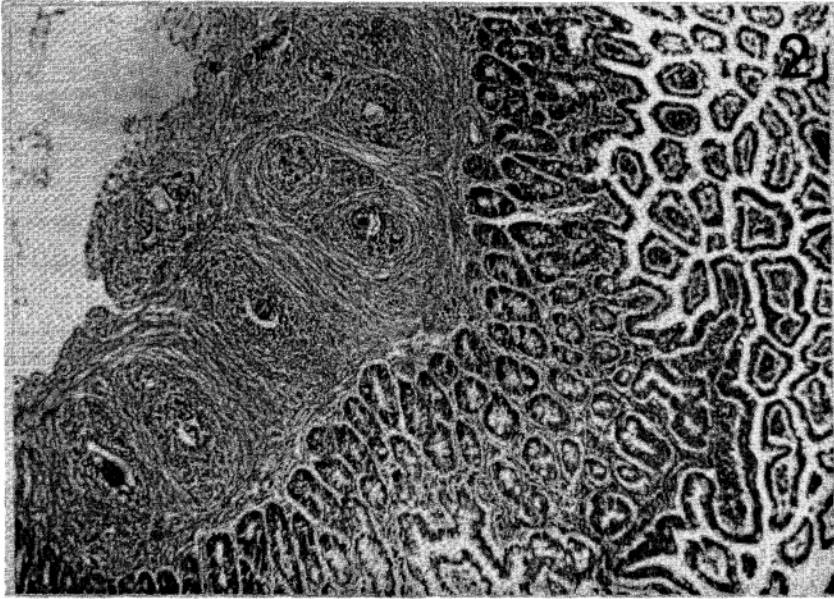


Figura 2 - Small intestine of RBD-fed infected mouse: extensive fibrosis with several periovular granulomas in the submucosa. x63 (HE).

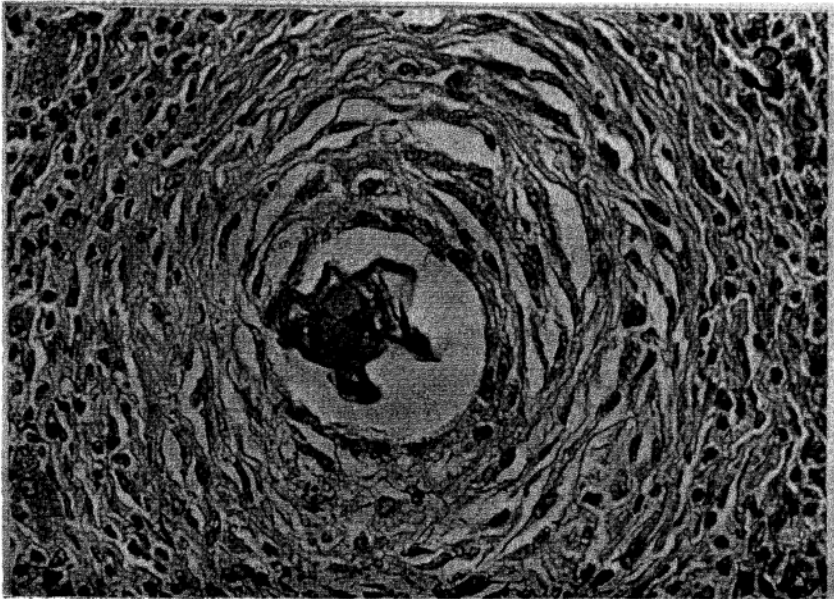


Figura 3 - Liver of 22.60% Casein-fed mouse: periovular granuloma with histiocytes, fibroblasts and collagen fibers around an egg of *S. mansoni* showing a degenerated miracidium. x400 (HE).

central coagulative necrosis, could be seen in a hyperemic red pulp. Periovular granulomas were seen in every layer of the small and large intestinal walls. However, they seemed to be more abundant in the submucosa, where they joined each other

and induced a diffuse process of fibrosis.

Hepatic lesions in non-infected mice fed the three diets were related to the effects of the level and type of dietary protein; steatosis was a common lesion in the animals on both low protein diets

(RBD and 7.82% casein diet).

No clear-cut differences could be detected regarding the spleen and intestine lesions in all the experimental groups.

DISCUSSION

The public health importance of the relationship between schistosomiasis and nutritional status in human populations is still unclear³⁰. Most of the studies on these interactions have involved experimental animals and the use of purified and/or semisynthetic diets². On the other hand, it is widely accepted that schistosomiasis and malnutrition are mutually interactive problems, that is, both act synergistically²¹, although other reports say just the opposite².

According to our findings, the liver soluble proteins changes showed a trend to lower values in infected mice fed both low-protein diets (RBD and 7.82% casein control diet) as compared to infected animals fed the 22.60% casein control diet.

Although the hepatic protein content seems to be better expressed in relation to the hepatic DNA⁹, it can also be expressed in relation to the total liver weight²⁸ as in the present paper. So, one can speculate that due to a probable increase in the amount of oviposition and to the formation of periovular granulomas with a more intensive inflammatory reaction, the high protein content in the liver of the control group represents the amount of a non-specific protein pool in the organ, which is responsible for the higher values obtained in this group when compared to the group of non-infected mice fed the same diet. Probably, the high values for liver weights in non-infected mice fed the 22.60% casein diet reflect the better quality of the dietary protein and, in the infected subgroup, *S. mansoni* infection also accounts for this increased weight.

Similarly, the changes in the serum protein levels were more commonly seen in the low protein-fed groups, particularly in RBD-fed mice. On the other hand, a progressive increase in the beta and gammaglobulin fractions, with negligible or inexistent changes in the albumins and alphasglobulin concentrations, would be expected in the serum of control mice²².

The liver weight/total body weight and the spleen weight/total body weight ratios were higher in the infected mice, regardless the type of dietary intake, indicating the important role played by schistosomiasis in the occurrence of liver and spleen enlargements in the course of the disease.

Histologically, reduction in cellularity and a lasting exudative periovular reaction seem to occur more commonly in RBD-fed mice as compared to casein-fed ones where most of the periovular granulomas were of the productive (non-exudative) type. These findings were previously reported^{16,18} and seem to be related to some factors, such as a higher deposition of immature eggs and/or a delay of their maturation in the tissues.

It has been demonstrated^{3,4} that a chronic restriction of protein and calories by the use of semisynthetic diets induces, in experimentally infected mice, a decrease in egg-laying and a reduction of the granulomatous reaction in the tissues of the definitive host. It is also known that severe acute protein malnutrition suppresses the host's cellular immunity in schistosomiasis, causing a dramatic decrease in the granulomatous reaction¹.

The formation of granulomas around eggs in the host's tissues is inhibited by several types of nutritional deficiencies^{4,24}. The former authors showed that the egg load in the liver decreases as dietary protein is decreased, inhibition being greatest with a 50% calorie-deficient diet. Akpom and Warren⁴ found that a significant proportion of the eggs recovered from mice fed 4% protein deficient and 50% calorie deficient diets was not viable.

There were no significant differences in splenic and intestinal lesions detected in our three groups of animals.

The role of periovular granuloma in schistosomiasis mansoni as a possible mechanism of the host to protect tissues against secretions from miracidium^{7,29}, by attacking and destroying the miracidium itself, calls the attention to the importance of this phenomenon in undernourished hosts. It is also well accepted that this granulomatous reaction represents a delayed type of hypersensitivity³⁵ and that nutritional deficiency states lead frequently to some type of immunological dysfunction⁶. Since the formation of egg granulomas

is the main aggravating cause of the disease, studies on their characteristics and evolution are important topics for investigations⁸.

Further researches are recommended to estimate the extent to which improvement of the nutritional status of the host may contribute for decreasing the effects of schistosomiasis in mice and possibly in human beings residing in endemic areas of underdeveloped countries.

RESUMO

No presente estudo os pesos corporal, hepático e esplênico; a morfologia patológica do fígado, baço e intestinos; e as modificações das proteínas solúveis hepáticas e séricas, foram os parâmetros investigados em camundongos albinos Suíços desnutridos e infectados com *S. mansoni*. Os animais desnutridos não infectados apresentaram relações fígado/peso corporal e baço/peso corporal com valores menores do que os animais controles (grupo caseína a 22,60%). Camundongos infectados mostraram esses índices mais elevados, independentemente do tipo de dieta. O subgrupo de camundongos desnutridos infectados apresentou, no fígado, reação periovular exsudativa persistente. O conteúdo de proteínas solúveis no fígado e no soro também mostrou-se reduzido nos camundongos infectados desnutridos. Diferença significativa foi detectada quanto às gamaglobulinas, comparando-se animais infectados com não infectados alimentados com a dieta controle II, valores mais altos ocorrendo no grupo dos infectados. Especula-se que os efeitos da má nutrição podem ser mais prejudiciais ao hospedeiro do que aqueles provocados pelo *S. mansoni*.

Palavras-chaves: *Schistosoma mansoni*. Desnutrição. Proteínas. Camundongo.

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