

Comparative Study between Perfusion Changes and Positive Findings on Coronary Flow Reserve

Costantino Roberto Frack Costantini,¹ Jose Antonio Ramires,² Costantino Ortiz Costantini,¹ Marcos Antonio Denk,¹ Sergio Gustavo Tarbine,¹ Marcelo de Freitas Santos,¹ Daniel Aníbal Zanuttini,¹ Carmen Weigert Silveira,¹ Admar Moraes de Souza,¹ Rafael Michel de Macedo¹

Hospital Cardiológico Costantini,¹ Curitiba, PR; Instituto do Coração (InCor) - Faculdade de Medicina da Universidade de São Paulo,² São Paulo, SP - Brazil

Abstract

Background: Functional assessment of coronary artery obstruction is used in cardiology practice to correlate anatomic obstructions with flow decrease. Among such assessments, the study of the coronary fractional flow reserve (FFR) has become the most widely used.

Objective: To evaluate the correlation between FFR and findings of ischemia obtained by noninvasive methods including stress echocardiography and nuclear medicine and the presence of critical coronary artery obstruction.

Methods: Retrospective study of cases treated with systematized and standardized procedures for coronary disease between March 2011 and August 2014. We included 96 patients with 107 critical coronary obstructions (> 50% in the coronary trunk and/or $\geq 70\%$ in other segments) estimated by quantitative coronary angiography (QCA) and intracoronary ultrasound (ICUS). All cases presented ischemia in one of the noninvasive studies.

Results: All 96 patients presented ischemia (100%) in one of the functional tests. On FFR study with adenosine 140 g/kg/min, 52% of the cases had values ≤ 0.80 . On correlation analysis for $FFR \leq 0.80$, the evaluation of sensitivity, specificity, positive and negative predictive values, accuracy, and ROC curve in relation to the stenosis degree and length, and presence of ischemia, no significant values or strong correlation were observed.

Conclusion: Coronary FFR using a cut-off value of 0.80 showed no correlation with noninvasive ischemia tests in patients with severe coronary artery obstructions on QCA and ICUS. (Arq Bras Cardiol. 2017; 108(1):38-46)

Keywords: Coronary Artery Disease / mortality; Percutaneous Coronary Intervention; Myocardial Ischemia; Fractional Flow Reserve, Myocardial / physiology.

Introduction

Coronary artery disease (CAD) is considered the most common cause of death due to cardiovascular diseases (CVD) in Brazil and worldwide. Nonetheless, the number of individuals aged more than 60 years who survive a first event increases at each year, a fact that is attributed to technological advancements in diagnostic methods and treatment techniques over the past 30 years.¹⁻³

International guidelines recommend a combination of functional and anatomical assessments to define the ideal treatment strategy for CAD.^{4,5} However, some studies⁶⁻¹⁰ aiming at complete lesion revascularization, have proposed treatment of lesions with a $\leq 50\%$ stenosis diameter with percutaneous coronary intervention (PCI), prioritizing the anatomical findings

independent of their functional repercussions (assessed by noninvasive methods).

The DEFER study showed that it is safe to defer treatment of functionally nonsignificant coronary lesions.¹¹ More recently, the FAME study showed that in the presence of multivessel disease, treatment of epicardial lesions guided by fractional flow reserve (FFR) is associated with a reduction in ischemic complications when compared with treatment guided by angiography.¹²

Based on these findings, FFR measurement has become routine in guiding clinical decision making in CAD treatment. However, both the technique and its cut-off value of 0.80 have not been tested in some specific situations including severe coronary artery obstructions (the initial results involved minor and moderate lesions). Therefore, to evaluate the impact of FFR measurement on severe lesions with ischemia previously detected by noninvasive functional tests will be of great importance, as the decision to treat or not to treat these lesions may be substantiated by the results of the FFR study.

Thus, the objective of this study was to correlate the FFR results, using a cut-off value of 0.80, with the presence of ischemia, detected by noninvasive tests including stress

Mailing address: Rafael Michel de Macedo •

Rua Pedro Collere, 890, Postal Code 80330-290. Vila Izabel, Curitiba, PR – Brazil

E-mail: rafael.macedo@hospitalcostantini.com.br, acbrandt@bol.com.br

Manuscript received March 03, 2016; revised manuscript July 15, 2016;

accepted August 08, 2016

DOI: 10.5935/abc.20160184

echocardiography or nuclear medicine, in patients with severe coronary obstruction assessed by cineangiography and intracoronary ultrasound (ICUS).

Methods

Type of study

We conducted a retrospective study of cases treated with systematized and standardized procedures for coronary disease between March 2011 and August 2014 at the *Hospital Cardiológico Costantini (HCC)* in Curitiba.

Studied population

We screened 264 patients with suspected CAD who had undergone noninvasive functional tests, pharmacological stress echocardiography or nuclear medicine, and had an indication of cineangiography.

Inclusion criteria

The study's project was described in line with the Declaration of Helsinki and approved by the Research Ethics Committee of the *Hospital Erasto Gaertner (2274/13)*. All patients read, understood, and signed an informed consent form prepared according to Resolution 466/2012 of the National Health Council. The study included patients who presented ischemia on perfusion studies with pharmacological stress echocardiography or nuclear medicine due to severe obstructive lesions with > 50% obstruction in the left coronary trunk (LCT) and/or $\geq 70\%$ in other segments, leading to ischemia in the region supplied by the affected artery.

Exclusion criteria

We excluded from the study those cases with associated neoplasms, chronic obstructive pulmonary disease, renal insufficiency (creatinine > 2.0 mg/dL), hemorrhagic disease, acute myocardial infarction, stroke, or surgical treatment in the past 6 months, as well as coronary obstructions < 50% in the LCT territory and/or < 70% in other segments.

Noninvasive functional evaluation methods

All patients included in the study underwent noninvasive functional evaluation with myocardial perfusion scintigraphy (MPS) and/or pharmacological stress echocardiography.

Myocardial perfusion scintigraphy

MPS was performed according to a standard protocol recommended by the American Society of Nuclear Cardiology (ASNC),¹³ both for the exercise and pharmacological stress (intravenous dipyridamole) protocols. The images were obtained with a tomographic gamma camera (Philips Cardio MD3), reconstructed with the program Cedars Quantitative Gated Spect, and interpreted by two independent investigators who concurred with the diagnosis of ischemia. The MPS images were qualitatively and quantitatively interpreted by more than one experienced investigator according to the ASNC recommendations. For the MPS quantification, we subjectively

(visually) assigned a numerical value to each of the 17 segments in both phases, categorizing it as 0 (homogeneous uptake), 1 (slightly decreased uptake), 2 (moderately decreased uptake), 3 (markedly decreased uptake), or 4 (no uptake). The sum of the scores attributed to the 17 segments in the stress (SSS) and resting (SRS) phases allows a semiquantitative evaluation of the intensity and extent of the coronary disease.¹³

Exercise ECG was performed according to the Bruce protocol as per criteria established by the guideline of the Brazilian Society of Cardiology.¹⁴ Pharmacological stress was induced by intravenous injection of dipyridamole 0.84 mg/kg for 3 minutes, followed 4 minutes later by injection of the radiotracer (sestamibi-^{99m}Tc) at a 555 to 740 MBq dose.¹⁵

The images were analyzed by two independent investigators and ischemia was considered to be present when both interpretations were in agreement.

Pharmacological stress echocardiography

The echocardiographic study with pharmacological stress was performed according to the criteria set by the guidelines of the Brazilian Society of Cardiology¹³ with continuous infusion of dobutamine at increasing doses every 2 minutes, starting with 5 $\mu\text{g}/\text{kg}/\text{min}$; when the maximal heart rate was not reached, atropine bolus was used at an initial dose of 0.25 mg.¹⁶

Method of angiographic evaluation

All volunteers included in the study underwent coronary angiography. The coronary lesions diagnosed were initially classified according to their severity by quantitative coronary angiography (QCA). They were also assessed by ICUS for better quantification of the lesion areas. Additionally, the patients underwent FFR measurement and the results were compared with the ischemic areas suggested by noninvasive functional tests.

Quantitative coronary angiography

The angiographic images were evaluated by the main investigator (CRC) and the hemodynamic team of the *Hospital Cardiológico Costantini*. For that, we used a specific software to quantify obstructive coronary lesions (CASS version 5.7.4, Pie Medical Imaging B.V., The Netherlands).

In all cases, the images were obtained in different projections, always seeking a better visualization of the lesion and of the proximal and distal portions of the artery. Thus, it was possible to establish a mean reference diameter for the artery, the length of the lesion, the minimum luminal diameter, and the percentage of the diameter of the stenosis [(reference diameter - minimum luminal diameter)/(reference diameter \times 100)] before and after the procedure. The calibration standard was established by the outer diameter of the catheter filled with contrast.¹⁷

Measurement of fractional flow reserve

To evaluate the impact of the lesion on the coronary flow, FFR was used according to established criteria,¹⁸ in which the

distal pressure was measured with a 0.014-inche guide wire (Pressure Wire 4 Sensor, RADI Medical Systems, Uppsala, Sweden) or a Volcano Wave Wire (Volcano Inc., Rancho Cordova, California, USA) immediately distal to the stenosis, one at a time,¹⁸ during the period of maximal hyperemia induced by intravenous injection of adenosine 140 $\mu\text{g}/\text{kg}/\text{min}$ through a large venous access in the antecubital vein. The aortic pressure was measured with a 6 or 7 F guide catheter. Lesions with a FFR ≤ 0.80 were considered to be responsible for the ischemia, as determined by the guidelines.¹⁹

Intracoronary ultrasound

The ICUS images were obtained with a rotating single element transducer with a 40 MHz frequency within a 2.6 Fr sheath and an automated transducer pullback with a speed of 0.5 mm/s, connected to an iLAB 2 scanner (Boston Scientific Corporation, Natick, USA) and Eagle Eye Platinum Intravenous Ultrasound (IVUS) Catheter (Volcano Corporation, San Diego, California, USA).

The images were digitized and analyzed according to the criteria of the Clinical Expert Consensus Document on Standards for Acquisition, Measurement and Reporting of Intravascular Ultrasound Studies (American College of Cardiology)²⁰ and the program EchoPlaque 3.0.48 (INDEC Systems Inc., Mountain View, USA), respectively. Each millimeter of the arterial segments was analyzed

with computerized planimetry to measure the lesion area and volume.²¹

Study design

See figure 1 below.

Statistical analysis

In the descriptive statistical analysis, the results of categorical variables are expressed as absolute frequencies and percentages. For continuous variables, we present mean \pm standard deviation values. To verify homogeneity and normality, we applied the Levene and Shapiro-Wilk tests. To compare two groups in regard to quantitative variables, we used Student's *t* test for independent samples. When the comparison included more than two groups, we used one-way analysis of variance (ANOVA). Regarding categorical variables, the comparisons were performed using Fisher's exact test. To evaluate the cut-off values for quantitative variables associated with dichotomous outcomes of interest, we adjusted receiver operating characteristic (ROC) curves. Statistical significance was set at *p* values < 0.05 . The data were analyzed with the programs IBM SPSS Statistics v.20 and GraphPad Prism v.6.05. We used logistic regression and ROC curve analysis to define the correlation coefficients between noninvasive and invasive functional evaluations with the FFR measurement.

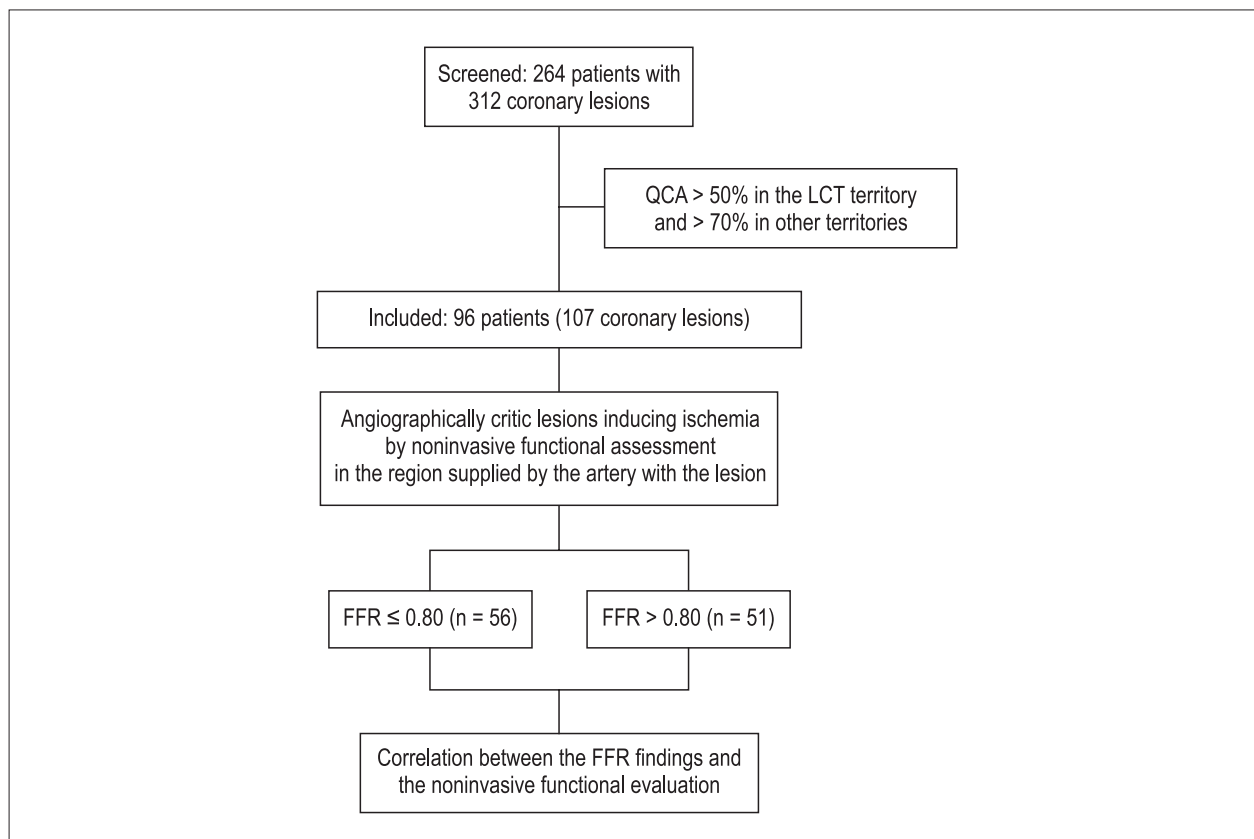


Figure 1 – Study Design. QCA: quantitative coronary angiography; LCT: left coronary trunk; FFR: fractional flow reserve.

Results

In total, 107 obstructive lesions were diagnosed by angiography in the 96 patients included in the study. In 34% of the cases, the obstructions affected multiple vessels and in 81 cases (87% of the sample), the obstructions were categorized as type B/C according to the classification of the American College of Cardiology/American Heart Association.²² The anterior descending artery had the highest prevalence of lesions (52.34%).

Based on the assumption, grounded in the literature¹⁹ that coronary lesions with a FFR ≤ 0.80 should be deemed responsible for the myocardial ischemia, the following variables were compared between the FFR > 0.80 and ≤ 0.80 groups in the sample with ischemia detected by functional tests: modifiable and non-modifiable risk factors, clinical characteristics of the patients prior to the initiation of the clinical investigation, findings of noninvasive functional tests, and angiographic findings (QCA, ICUS, and FFR).

Table 1 presents the characteristics of the sample with regard to risk factors and clinical characteristics in the FFR > 0.80 and ≤ 0.80 groups. We observed similar results between both groups.

Figure 2 presents the results of the noninvasive functional evaluations conducted in each group for the diagnosis of myocardial ischemia. In the FFR > 0.80 group, 41 patients (85%) underwent MPS, while seven (15%) underwent stress echocardiography. The corresponding numbers in the FFR ≤ 0.80 group were 42 (88%) and six (12%), respectively. Figure 2 also shows the results according to the classification of ischemia as mild, moderate, and important. We observed a higher frequency of mild ischemia in the FFR > 0.80 group and moderate ischemia in the FFR ≤ 0.80 group.

When we compared the groups in terms of angiographic characteristics, we observed a significant ($p < 0.03$) difference in regard to the anatomical location of the lesion, with a greater number of lesions in the anterior descending artery in the FFR ≤ 0.80 (Table 2).

Table 2 also shows that when the QCA was compared with respect to the diameter of the stenosis, there was no significant difference between lesions with FFR \leq or > 0.80 ($74.25 \pm 7.2\%$ versus $75.5 \pm 6.84\%$, respectively). Also, no significant differences were observed when the length of the lesion was compared between the FFR ≤ 0.80 and > 0.80 groups: 12.12 ± 5.22 mm versus 10.53 ± 4.24 mm, respectively, on QCA evaluation and 20.92 ± 7.27 mm versus 18.76 ± 7.22 mm, respectively, on ICUS evaluation.

Table 3 shows the characteristics of the predictors of ischemia for a FFR ≤ 0.80 . Considering the sensitivity, specificity, and positive and negative predictive values, we found a reference arterial diameter of < 2.62 mm, and minimal luminal diameters of < 0.36 mm on QCA and < 2.50 mm on ICUS.

Discussion

The main findings of this study were: 1) in the overall evaluation of the sample, the descending anterior artery showed the highest prevalence of lesions (52.34%), while 87% of the sample presented type B/C obstructions; 2) when patients with ischemia diagnosed by a noninvasive functional test were divided into FFR > 0.80 and ≤ 0.80 groups, there were no significant differences between both groups in regard to modifiable and non-modifiable risk factors, as well as clinical symptoms leading to the investigation. In the angiographic data evaluated, there was a significant difference with respect

Table 1 - Comparison of risk factors and clinical characteristics in the FFR ≤ 0.80 and FFR > 0.80 groups

Clinical Characteristics	Total 96 Patients	FFR ≤ 0.8 48 patients	FFR > 0.8 48 patients	p*
Age, mean \pm SD	65.60 \pm 10.34	65.8 \pm 10.4	65.4 \pm 10.4	0.90
Male gender, n (%)	66 (69)	31 (65)	35 (73)	0.46
Hypertension, n (%)	93 (97)	47 (98)	46 (96)	0.50
Obesity, n (%)	17 (18)	11 (23)	6 (12)	0.14
Diabetes mellitus, n (%)	48 (50)	23 (48)	25 (52)	0.41
Dyslipidemia, n (%)	93 (97)	46 (96)	47 (98)	0.50
Current smoking, n (%)	14 (15)	10 (21)	4 (8)	0.03
Clinical Symptoms	Total 96 patients	FFR ≤ 0.8 48 patients	FFR > 0.8 48 patients	p*
Silent ischemia, n (%)	16 (17)	10 (21)	6 (13)	0.20
Stable angina, n (%)	40 (42)	20 (42)	20 (42)	0.09
Unstable angina, n (%)	33 (34)	13 (27)	20 (42)	0.09
Atypical angina, n (%)	6 (6)	4 (8)	2 (3)	0.33
Acute coronary syndrome, n (%)	1 (1)	1 (2)	0 (0)	0.50

(*) Fisher's exact test (categorical variables) or Student's t test for independent samples (quantitative variables); $p < 0.05$; n: number, SD: standard deviation.

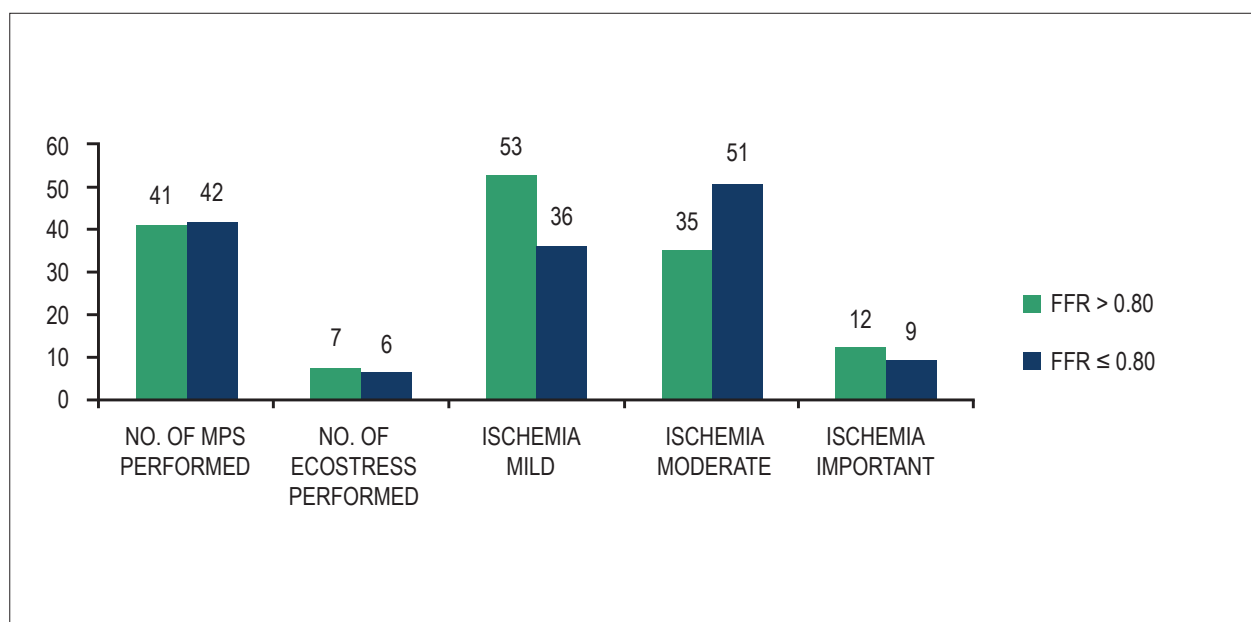


Figure 2 – Percentage distribution of the functional tests performed. FFR: fractional flow reserve

Table 2 – Comparison of angiographic characteristics in the general sample and in the FFR ≤ 0.80 and FFR > 0.80 groups

Angiographic characteristics	Total 107 lesions	FFR ≤ 0.8 56 lesions	FFR > 0.8 51 lesions	p*
Type B/C lesions, n (%)	87 (81)	42 (75)	39 (76.47)	0.07
Multivessel, n (%)	36 (34)	21 (37.5)	15 (29.41)	0.42
Bifurcation, n (%)	13 (12)	7 (12)	6 (11.76)	0.42
Left coronary trunk, n (%)	7 (6.54)	2 (3.57)	5 (9.80)	0.46
Left coronary trunk involving the proximal AD, n (%)	2 (1.87)	2 (3.57)	0 (0)	0.52
AD, n (%)	56 (52.34)	36 (64.29)	20 (39.21)	0.11
Diagonal, n (%)	5 (4.67)	3 (5.35)	2 (3.9)	0.65
Circumflex, n (%)	16 (14.95)	8 (14.28)	8 (15.68)	0.56
Circumflex marginal branch, n (%)	3 (2.8)	0 (0)	3 (5.88)	0.10
Right coronary, n (%)	15 (14.02)	4 (7.14)	11 (21.57)	0.05
Posterior descending - right coronary, n (%)	2 (1.87)	1 (1.78)	1 (1.97)	0.72
Saphenous vein graft, n (%)	1 (0.93)	0 (0)	1 (1.97)	0.47
QCA, RVD, mm (SD)	2.71 ± 0.63	2.70 ± 0.72	2.73 ± 0.53	0.31
QCA, stenosis diameter (%)	75.43 ± 6.68	75.5 ± 5.85	74.25 ± 8.5	0.39
QCA, length, mm (SD)	11.36 ± 5.19	12.12 ± 6.19	10.53 ± 3.71	0.11
Ultrasonographic Characteristics				
RVD, mm (SD)	2.99 ± 0.42	2.98 ± 0.40	3.15 ± 0.44	0.03
ICUS, stenosis diameter (%)	84.21 ± 8.46	84.25 ± 8.03	84.18 ± 9.00	0.96
ICUS, length, mm (SD)	19.89 ± 7.22	20.93 ± 8.02	18.76 ± 6.12	0.88
Fractional flow reserve (mean ± SD)	0.80 ± 0.10	0.72 ± 0.09	0.88 ± 0.04	0.00

(*) Fisher's exact test (categorical variables) or Student's t test for independent samples (quantitative variables); p < 0.05. AD: anterior descending; SD: standard deviation; RVD: reference vessel diameter; QCA: quantitative coronary angiography; ICUS: intracoronary ultrasound. *Considered statistically significant at p < 0.05.

Table 3 – Characteristics of the analysis of ischemia predictors for a FFR ≤ 0.80

Variable	AUC (%)	95% CI	Accuracy	Values associated with a FFR ≤ 0.80 (cut-off values)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
QCA diameter	0.5	0.39 - 0.62	53.3%	≥ 76%	48.2	58.8	56.3	50.8
ICUS diameter	0.49	0.38 - 0.60	52.3%	≥ 86%	57.1	47.1	54.2	50.0
QCA RVD (mm)	0.54	0.43 - 0.65	57.0%	< 2.62	57.1	56.9	59.3	54.7
QCA MLD (mm)	0.53	0.42 - 0.64	57.0%	< 0.36	48.2	66.7	61.4	54.0
ICUS MLD (mm)	0.54	0.43 - 0.65	57.9%	< 2.50	53.6	62.7	61.2	55.2
QCA LL (mm)	0.59	0.48 - 0.70	64.5%	≥ 9.68	66.1	62.7	66.1	62.7
ICUS LL (mm)	0.58	0.47 - 0.69	57.9%	≥ 20	51.8	64.7	61.7	55.0

QCA: quantitative coronary angiography; ICUS: intracoronary ultrasound; RVD: reference vessel diameter; MLD: minimal luminal diameter; LL: lesion length; PPV: positive predictive value; NPV: negative predictive value; AUC: area under the ROC curve; 95% CI: 95% confidence interval for the AUC. For these calculations, the prevalence of FFR ≤ 0.80 in this study population was estimated from the sample results (56/107 = 52.3%).

to the anatomical location of the lesion, with more common lesions in the left anterior descending artery in the FFR ≤ 0.80 group; 3) correlation analysis for FFR ≤ 0.80 considering the sensitivity, specificity, positive and negative predictive values, accuracy and ROC curve relative to the presence of ischemia and stenosis degree and length did not show values with significance or strong correlation.

For some authors, the cut-off value of 0.80 for the FFR may represent more than an anatomic evaluation. Pijls et al.²² studied 45 patients with angiographically questionable stenoses according to their angiographic severity. In 24 and 21 patients with 44 ± 9% and 41 ± 8% percent stenoses, respectively, their results suggested that the FFR had a greater accuracy to distinguish stenoses with a potential hemodynamic impact (sensitivity of 88% and specificity of 100%) compared with exercise testing, MPS, and stress echocardiography.

Other studies have been published using the FFR as a measurement to recommend or not recommend PCI, including the DEFER study,¹¹ which evaluated 325 patients divided into three groups, none of whom had undergone functional evaluation to justify the procedure. The patients were randomized to group 1 (defer; immediate PCI or not, n = 91, no prior functional tests and FFR ≥ 0.75, undergoing optimized clinical treatment), group 2 (reference; n = 144, no prior functional tests and FFR < 0.75, undergoing immediate PCI), and group 3 (perform; n = 90, no prior functional tests, with FFR ≥ 0.75 and mean stenosis percentage of 48 ± 10%, undergoing, nonetheless, immediate PCI). The 5-year follow-up in the DEFER study²³ showed consistent results, with a risk of death or infarction of 1% per year in the population whose treatment was deferred based on the FFR. It is worth noting that the patients in the *perform* group who had no clinical or noninvasive functional criteria for PCI presented a 7.9% rate of death/acute myocardial infarction at 5 years. However, it is unclear whether these results would be similar had noninvasive diagnostic tests such as MPS been performed. In the present study, unlike the methodology of the DEFER study, patients undergoing coronary angiography had a positive functional assessment of myocardial ischemia and, as a result, we noted

that there was no significant or strong correlation (sensitivity/specificity), positive/negative predictive values, and accuracy in relation to the degree or extension of the stenosis and presence of ischemia. Although the FAME study¹⁹ showed that 60% of the patients had obstructive lesions > 70% and nearly 20% had lesions > 90%, these patients had not undergone noninvasive functional tests that could be confronted with the values obtained by FFR measurement.

It is clear that the decision of coronary intervention should be based on objective evidence of the functional and anatomical impact of the coronary narrowing;^{24,25} this evidence helps to stratify the disease risk and future coronary events, providing better guidance in terms of therapeutic approach.^{26,27} Patients with significant areas of ischemia have a worse prognosis when maintained on clinical treatment.²⁸ If the ischemia negatively affects the individual's daily life due to the occurrence of symptoms, revascularization may bring major benefits, as shown in the COURAGE study, which demonstrated better symptom control with revascularization;²⁹ even asymptomatic patients with moderate/important ischemia show better outcomes in terms of reduction of adverse events after revascularization of the lesion.³⁰

A very important issue that should be addressed in this discussion is related to the numerous changes that the methodology used for FFR measurement has undergone during the evolution of interventional cardiology. These changes relate to:

A) The ideal dose of adenosine: Pijls et al.²² have validated the method using an intravenous infusion of adenosine at a dose of 140 µg/kg/min to induce maximal hyperemia. The DEFER study¹¹ used two methods for adenosine administration: intravenous, at a dose of 140 µg/kg/min, and intracoronary, at a dose of 15 µg in the right coronary and 20 µg in left coronary. The ISCHEMIA study,³¹ in turn, proposed that the dose of 140 µg/kg/min should be doubled when the FFR results are ≥ 0.81 or ≤ 0.82. In addition, De Luca et al.³² showed that intracoronary adenosine at increasing doses of up to 720 µg progressively decreased the FFR values. We should also emphasize that the infusion of adenosine at a dose of 140

$\mu\text{g/kg/min}$ may not produce absolute maximal vasodilation in the subepicardial infarction in all patients.³³

B) Route of administration: different protocols suggest different administration routes, including intravenous, intracoronary, and central lines.

C) Time to maximal hyperemia: In 2013, Tarkin et al.³⁴ published a study showing that the measurements should only be obtained when steady-state hyperemia has been reached for ≥ 60 seconds during continuous intravenous infusion of adenosine, which is not consistent with protocols used in previous studies.¹²

D) Ideal cut-off value: The cut-off value to detect ischemia with a sensitivity of 90% and specificity of 100% is 0.75. Values below 0.75 are almost always associated with myocardial ischemia, while stenosis associated with FFR greater than 0.80 are almost never associated with ischemia, creating a gray area for FFR values between 0.75 and 0.80.³⁵ To increase to close to 100% the sensitivity to detect ischemia, a FFR cut-off value of 0.80 has been recently used.¹² In a recent study, Petraco et al.³⁶ suggested that the gray zone for the FFR measurement is between 0.75 and 0.85. In clinical practice, this means that each time a single FFR measurement falls between 0.75 and 0.85, there is a chance that a recommendation for revascularization guided by FFR may change if the measurement is repeated after 10 minutes; the chance becomes greater as the FFR result becomes closer to 0.80. Based on the classic flow dynamics equation, in which the resistance to the flow across the stenosis is dependent on both the length and diameter of the stenosis, Lopez-Lopez-Palop et al.^{37,38} and Jaffe et al.,³⁹ recently showed that the length of the lesion is more important than its diameter when the functional impact of the lesion is estimated. It is important to emphasize that in our registry, the longer was the lesion, the greater was the correlation with the positive FFR, corroborating the theory defended by these authors.

It is questionable if the 0.80 cut-off value for the FFR measurement is ideal to quantify lesions and whether it is really possible to define a patient's therapy based on this method alone since this study was unable to show reproducibility in severe lesions with noninvasive functional tests to confirm its physiological meaning.

Based on the findings of this study and this sample, we believe that it is precocious to adopt the cut-off value of

0.80 for FFR measurement as a gold standard with a class of recommendation I and level of evidence A⁴⁰ in defining the treatment strategy for coronary artery disease. Some barriers still need to be overcome, such as the definition of the actual value of the ideal reference for the cut-off measurement, the time to hyperemia, and the dose and ideal administration route for FFR measurement.

Study limitations

The number of patients included in the study was low. A continuity of the study including a greater number of participants is suggested.

Conclusion

This study found no correlation between FFR values (cut-off value of 0.80) with the presence of myocardial ischemia obtained by noninvasive functional studies in angiographically severe coronary lesions assessed by QCA.

Author contributions

Conception and design of the research and Writing of the manuscript: Costantini CRF, Ramires JA, Costantini CO, Denk MA, Macedo RM; Acquisition of data: Costantini CRF, Costantini CO, Denk MA, Silveira CW, Macedo RM; Analysis and interpretation of the data and Statistical analysis: Costantini CRF, Costantini CO, Denk MA, Macedo RM; Critical revision of the manuscript for intellectual content: Costantini CRF, Ramires JA, Costantini CO, Denk MA, Tarbine SG, Santos MF, Zanuttini DA, Souza AM, Macedo RM.

Potential Conflict of Interest

No potential conflict of interest relevant to this article was reported.

Sources of Funding

There were no external funding sources for this study.

Study Association

This study is not associated with any thesis or dissertation work.

References

1. Mansur Ade P, Favarato D. Mortality due to cardiovascular diseases in Brazil and in the metropolitan region of São Paulo: a 2011 update. *Arq Bras Cardiol.* 2012;99(2):755-61.
2. Sociedade Brasileira de Cardiologia. [Guideline for cardiopulmonary and metabolic rehabilitation: practical aspects]. *Arq Bras Cardiol.* 2006;86(1):74-82.
3. Nilsson B, Westheim A, Risberg M. Effects of group-based high-intensity aerobic interval training in patients with chronic heart failure. *Am J Cardiol.* 2008;102(10):1361-5.
4. Smith SC Jr, Feldman TE, Hirshfeld JW Jr, Jacobs AK, Kern MJ, King SB 3rd, et al; American College of Cardiology/American Heart Association Task Force on Practice Guidelines.; ACC/AHA/SCAI Writing Committee to Update the 2001 Guidelines for Percutaneous Coronary Intervention. ACC/AHA/SCAI 2005 guideline update for percutaneous coronary intervention—summary article: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (ACC/AHA/SCAI Writing Committee to Update the 2001 Guidelines for Percutaneous Coronary Intervention). *J Am Coll Cardiol.* 2006;47(1):216-35.
5. Moses JW, Leon MB, Popma JJ, Fitzgerald PJ, Holmes DR, O'Shaughnessy C, et al; SIRIUS Investigators. Sirolimus-eluting stents versus standard stents in patients with stenosis in a native coronary artery. *N Engl J Med.* 2003;349(14):1315-23.

6. De Bruyne B, Sarma J. Fractional flow reserve: a review: invasive imaging. *Heart*. 2008;94(7):949-59.
7. Holmes DR Jr, Leon MB, Moses JW, Popma JJ, Cutlip D, Fitzgerald PJ, et al. Analysis of 1-year clinical outcomes in the SIRIUS trial: a randomized trial of a sirolimus-eluting stent versus a standard stent in patients at high risk for coronary restenosis. *Circulation*. 2004;109(5):634-40.
8. Stone GW, Ellis SG, Cox DA, Hermiller J, O'Shaughnessy C, Mann JT, et al; TAXUS-IV Investigators. A polymer-based, paclitaxel-eluting stent in patients with coronary artery disease. *N Engl J Med*. 2004;350(3):221-31.
9. Grube E, Sonoda S, Ikeno F, Honda Y, Kar S, Chan C, et al. Six- and twelve-month results from first human experience using everolimus-eluting stents with bioabsorbable polymer. *Circulation*. 2004;109(18):2168-71.
10. Costa RA, Lansky AJ, Mintz GS, Mehran R, Tsuchiya Y, Negoita M, et al. Angiographic results of the first human experience with everolimus-eluting stents for the treatment of coronary lesions (the FUTURE I trial). *Am J Cardiol*. 2005;95(1):113-6.
11. Bech GJ, De Bruyne B, Pijls NH, de Muinck ED, Hoorntje JC, Escaned J, et al. Fractional flow reserve to determine the appropriateness of angioplasty in moderate stenosis: a randomized trial. *Circulation*. 2001;103(24):2928-34.
12. Tonino PA, De Bruyne B, Pijls NH, Siebert U, Ikeno F, van't Veer M, et al; FAME Study Investigators. Fractional flow reserve versus angiography for guiding percutaneous coronary intervention. *N Engl J Med*. 2009;360(3):213-24.
13. Barbosa MM, Nunes MC, Campos Filho O, Camarozano A, Rabischoffsky A, Maciel BC, et al. Sociedade Brasileira de Cardiologia. Diretrizes das indicações da ecocardiografia. *Arq Bras Cardiol*. 2009;93(6 supl.3):e265-e302.
14. Brito FS, Vilas-Boas F, Castro I, Oliveira JA, Guimarães JJ, Stein R; Sociedade Brasileira de Cardiologia. II Diretrizes sobre teste ergométrico. *Arq Bras Cardiol*. 2002;78(supl 2):1-16.
15. Imaging guidelines for nuclear cardiology procedures, part 2. American Society of Nuclear Cardiology. *J Nucl Cardiol*. 1999;6(2):G47-84.
16. Sicari R, Nihoyannopoulos P, Evangelista A, Kasprzak J, Lancellotti P, Poldermans D, et al; European Association of Echocardiography. Stress echocardiography expert statement: European Association of Echocardiography (a registered branch of the ESC). *Eur J Echocardiogr*. 2008;9(4):415-37.
17. Reiber JHC, Serruys PW, Kooijman CJ, Wijns W, Slager CJ, Gerbrands JJ, et al. Assessment of short, medium, and long-term variations in arterial dimensions from computer assisted quantitation of coronary cineangiograms. *Circulation*. 1985;71(2):280-8.
18. Pijls NH. Optimum guidance of complex PCI by coronary pressure measurement. *Heart*. 2004;90(9):1085-93.
19. De Bruyne B, Pijls NH, Kalesan B, Barbato E, Tonino PA, Piroth Z, et al; FAME 2 Trial Investigators. Fractional flow reserve-guided PCI versus medical therapy in stable coronary disease. *N Engl J Med*. 2012;367(11):991-1001. Erratum in: *N Engl J Med*. 2012;367(18):1768.
20. Mintz GS, Nissen SE, Anderson WD, Bailey SR, Erbel R, Fitzgerald PJ, et al. American College of Cardiology Clinical Expert Consensus Document on Standards for Acquisition, Measurement and Reporting of Intravascular Ultrasound Studies (IVUS). A report of the American College of Cardiology Task Force on Clinical Expert Consensus Documents. *J Am Coll Cardiol*. 2001;37(5):1478-92.
21. Myler RK, Shaw C, Stertz SH, Hecht HS, Ryan C, Rosenblum J, et al. Lesion morphology and coronary angioplasty: current experience and analysis. *J Am Coll Cardiol*. 1992;19(7):1641-52.
22. Pijls NHJ, De Bruyne B, Peels K, Van Der Voort PH, Bonnier HJ, Bartunek J, Koolen JJ, et al. Measurement of fractional flow reserve to assess the functional severity of coronary-artery stenoses. *N Engl J Med*. 1996;334(26):1703-8.
23. Pijls NH, van Schaardenburgh P, Manoharan G, Boersma E, Bech JW, van't Veer M, et al. Percutaneous coronary intervention of functionally nonsignificant stenosis: 5-year follow-up of the DEFER Study. *J Am Coll Cardiol*. 2007;49(21):2105-11.
24. Windecker S, Remondino A, Eberli FR, Jüni P, Räber L, Wenaweser P, et al. Sirolimus-eluting and paclitaxel-eluting stents for coronary revascularization. *N Engl J Med*. 2005;353(7):653-62.
25. Park DW, Yun SC, Lee SW, Kim YH, Lee CW, Hong MK, et al. Stent thrombosis, clinical events, and influence of prolonged clopidogrel use after placement of drug-eluting stent data from an observational cohort study of drug-eluting versus bare-metal stents. *JACC Cardiovasc Interv*. 2008;1(3):494-503.
26. Loong C, Anagnostopoulos C. Diagnosis of coronary artery disease by radionuclide myocardial perfusion imaging. *Heart*. 2004;90 Suppl 5:v2-9.
27. Siqueira ME, Segundo Neto EM, Kelendjian JF, Smanio PE. Diagnostic value of myocardial radionuclide imaging in patients with multivessel coronary disease. *Arq Bras Cardiol*. 2011;97(3):194-8.
28. Hachamovitch R, Hayes SW, Friedman JD, Cohen I, Berman DS. Comparison of the short-term survival benefit associated with revascularization compared with medical therapy in patients with no prior coronary artery disease undergoing stress myocardial perfusion single photon emission computed tomography. *Circulation*. 2003;107(23):2900-7.
29. Boden WE, O'Rourke RA, Teo KK, Hartigan PM, Maron DJ, Kostuk WJ, et al; COURAGE Trial Research Group. Optimal medical therapy with or without PCI for stable coronary disease. *N Engl J Med*. 2007;356(15):1503-16.
30. Shaw LJ, Berman DS, Maron DJ, Mancini GB, Hayes SW, Hartigan PM, et al; COURAGE Investigators. Optimal medical therapy with or without percutaneous coronary intervention to reduce ischemic burden: results from the clinical outcomes utilizing revascularization and aggressive drug evaluation (COURAGE) trial nuclear substudy. *Circulation*. 2008;117(10):1283-91.
31. International Study of Comparative Health Effectiveness with medical and invasive approaches (ISCHEMIA). [Internet]. [Accessed in 2016 May 10]. Available from: <https://clinicaltrials.gov/ct2/show/NCT01471522>
32. De Luca G, Venegoni L, Iorio S, Giuliani L, Marino P. Effects of increasing doses of intracoronary adenosine on the assessment of fractional flow reserve. *JACC Cardiovasc Interv*. 2011;4(10):1079-84.
33. Wilson RF, Wyche K, Christensen BV, Zimmer S, Laxson DD. Effects of adenosine on human coronary arterial circulation. *Circulation*. 1990;82(5):1595-606.
34. Tarkin JM, Nijjer S, Sen S, Petraco R, Echavarría-Pinto M, Asres KN, et al. Hemodynamic response to intravenous adenosine and its effect on fractional flow reserve assessment: results of the Adenosine for the Functional Evaluation of Coronary Stenosis Severity (AFFECTS) study. *Circ Cardiovasc Interv*. 2013;6(6):654-61.
35. De Bruyne B, Baudhuin T, Melin JA, Pijls NH, Sys SU, Bol A, et al. Coronary flow reserve calculated from pressure measurements in humans. Validation with positron emission tomography. *Circulation*. 1994;89(3):1013-22.
36. Petraco R, Sen S, Nijjer S, Echavarría-Pinto M, Escaned J, Francis DP, et al. Fractional flow reserve-guided revascularization: practical implications of a diagnostic gray zone and measurement variability on clinical decisions. *JACC Cardiovasc Interv*. 2013;6(3):222-5. Erratum in: *JACC Cardiovasc Interv*. 2013;6(4):431.
37. Lopez-Palop R, Carrillo P, Agudo P, Frutos A, Cordero A, López-Aranda MA, Ramos D. (2013). Correlation between intracoronary ultrasound and fractional flow reserve in long coronary lesions: a three-dimensional Intracoronary Ultrasound Study. *Rev Esp Cardiol (Engl Ed)*. 2013;66(9):707-14.
38. López-Palop R, Carrillo P, Cordero A, Frutos A, Mateo I, Mashlab S, et al. Effect of lesion length on functional significance of intermediate long coronary lesions. *Cathet Cardiovasc Interv*. 2013;81(4):E186-94.
39. Jaffe R, Halon DA, Roguin A, Rubinshtein R, Lewis BS. A Poiseuille-based coronary angiographic index for prediction of fractional flow reserve. *Int J Cardiol*. 2013;167(3):862-5.
40. Wijns W, Kolh P, Danchin N, Di Mario C, Falk V, Folliguet T, et al; Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS); European Association for Percutaneous Cardiovascular Interventions (EAPCI). Guidelines on myocardial revascularization. *Eur Heart J*. 2010;31(20):2501-55.

