

Epidemiology of snakebite accidents in the municipalities of the state of Paraíba, Brazil

Epidemiologia dos acidentes ofídicos
ocorridos nos municípios do Estado da Paraíba, Brasil

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Abstract *Accidents involving venomous animals represent an important, albeit neglected, public health issue worldwide. A descriptive study was made of snakebite cases attended and recorded between 2007 and 2010 in the health units of the municipalities of Cariri, State of Paraíba, north-eastern Brazil. Data was collected from the Injury Notification Information System data banks of the Health Ministry and a total of 351 records of snakebite victims were reviewed. Victims were predominantly male farm workers over 50. The highest incidence of snakebites occurred in rural areas, between April and June of 2007 and 2010. Snakes of the genus Bothrops were responsible for most cases, and victims were mostly bitten on the feet. The majority of the victims received medical assistance within 1 to 3 hours after being bitten. The most common clinical manifestations were pain, edema and ecchymosis, which were mainly classified as mild or moderate. Two deaths were reported. It was concluded that there is a significant impact of seasonality in snakebites, the prevalence of attacks caused by Bothrops, affecting the lower limbs of adult male farmers in rural areas. The findings of this study may contribute to identify the conditions that increase the risk of snake attacks in the northeastern region.*

Key words *Paraíba State, Venomous snakes, Human poisoning, Snakebite accidents, Epidemiology*

Resumo *Acidentes por animais peçonhentos representam um importante, embora negligenciado, problema de saúde pública mundial. Neste sentido, foi realizado um estudo descritivo dos acidentes ofídicos atendidos e registrados, entre 2007 e 2010, nas unidades de saúde dos municípios do Cariri, Estado da Paraíba, Nordeste do Brasil. As informações foram coletadas do banco de dados do Sistema de Informação de Agravos de Notificação do Ministério da Saúde. Um total de 351 registros de vítimas de ataques por serpentes peçonhentas foram analisados. As vítimas foram predominantemente trabalhadores rurais do sexo masculino com mais de 50 anos. As maiores incidências de acidentes ofídicos ocorreram em áreas rurais, entre abril e junho de 2007 e 2010. As serpentes do gênero Bothrops foram responsáveis pela maioria dos casos, e as vítimas foram, em sua maioria, picado nos pés. A maioria das vítimas recebeu assistência médica no prazo de 1h a 3h após a picada. As manifestações clínicas mais comuns foram dor, edema e equimoses, classificadas como leve ou moderada. Duas mortes foram relatadas. Os resultados deste estudo podem contribuir para identificar as condições que aumentam o risco dos acidentes ofídicos na Região Nordeste.*

Palavras-chave *Paraíba, Serpentes peçonhentas, Envenenamento humano, Acidente ofídico, Epidemiologia*

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Introduction

Snakebite envenomations represent a worldwide public health problem due to their high incidence, the seriousness and sequelae of the bite injuries, and the fatality rate^{1,2}. Brazil has the highest number of poisonous snake attacks in South America, with 20,000 cases reported every year and a case fatality rate of 0.45%³. In an effort to improve treatments of these victims, in 1986 it became obligatory to notify the Brazilian Health Ministry of all incidents involving poisonous animals. Nevertheless, questions related to epidemiological research, access to treatment, and training of health workers have been largely left out of national public policies^{4,5}. Epidemiological studies have revealed that, in Brazil, most snakebite victims are males, farm workers, aged between 15 and 49 years, and that they are predominantly bitten on the feet and hands. Snakes of the genus *Bothrops* have shown to be responsible for the majority of snakebite cases. Attacks by snakes of the genus *Crotalus* are less frequent, while attacks by *Lachesis* and *Micrurus* are rare⁶. The northeastern region has 43% of the snakes of medical importance in Brazil⁷, with 25 species being identified so far, including 12 of the genus *Bothrops* (*B. atrox*, *B. brazili*, *B. erythromelas*, *B. jararaca*, *B. jararacussu*, *B. leucurus*, *B. lutzi*, *B. marajoensis*, *B. moojeni*, *B. muriciensis*, *B. newiedi* and *B. pirajai*), nine *Micrurus* (*M. brasiliensis*, *M. corallinus*, *M. filiformis*, *M. hemprichii*, *M. ibiboboca*, *M. leminiscatus*, *M. psyches*, *M. surinamensis* and *M. spixii*), two *Bothriopsis* (*B. bilineata* and *B. taeniata*), *Crotalus durissus*, and *Lachesis muta*. Three species of the family *Colubridae* was also identified. The most widely distributed species is the *Crotalus durissus*, which is found in all the northeastern states. *Bothrops erythromelas* and *Bothrops leucurus* are found in most of the northeastern region, with the exception of the states of Maranhão and Piauí, respectively⁷.

The Northeast is the region with the lowest incidence of poisonous snake attacks (7.65 cases/100,000 inhabitants); however, it has the highest case fatality rate related to these incidents (0.81%, approximately double the national average of 0.45%)⁸. In the state of Paraíba, the incidence of snakebites (9.53 cases/100,000 inhabitants) is lower than the national average (13.9 cases/100,000 inhabitants), but still higher than the average for the northeastern region (7.65 cases/100,000 inhabitants). In spite of a number of previous investigations^{7,9,10}, the epidemiology of snakebites in the northeastern Brazil is not yet well understood, especially in light of the social and envi-

ronmental changes that have occurred there in recent decades. In this sense, the current study analyzed the clinical and epidemiological profile of the snakebite cases reported from 2007 to 2010 in the municipalities of the Cariri region, located in the state of Paraíba, northeastern Brazil.

Materials and Methods

Study area

The state of Paraíba covers an area of 56,372 km², and 98% of its territory is located within the "Drought Polygon", which is an area subjected to a prolonged period of drought¹¹. The Cariri region is located in the central-southern part of this state and covers 11,192 km²¹². This region has a population of about 185,235 inhabitants¹², and the regional municipalities are small and have low population densities. Almost the entire region has low rainfall rate, high average temperatures, acute water deficits, generally thin and often salty soils, and hyperxerophytic caatinga vegetation. Increased environmental degradation, observed in all Cariri region, have contributed to the development of desertification processes and, consequently, to the reduction of natural habitats for snakes.

Data collection

A retrospective descriptive study of the clinical-epidemiological characteristics of snakebites in the Cariri region was carried out. Epidemiological investigation was based on snakebite cases reported from 2007 to 2010 for the 29 municipalities of this region (see Table 1). Data was collected from the Second Health Sector of Monteiro and the Third Health Sector of Campina Grande, using the SINAN (Injury Notification Information System) data banks of the Health Ministry. It was excluded 17 patients, which not having age or date of birth registered in the notification files. This research followed all the ethical principles in accordance with Declaration of Helsinki. Epidemiological data was analyzed in relation to the sex and age of the victims, year and month of the snake attack, zone of occurrence (urban or rural), genus of the snake, part of the body bitten, and time elapsed between accident and medical assistance. The variables investigated in the clinical evaluations were: local and systemic clinical manifestations, seriousness and evolution of the case, and serotherapy. As

Table 1. Descriptive analyses of snakebite cases registered in the Cariri region, State of Paraíba, Brazil, from 2007 to 2010, according to quantitative demographic variables (n = 351).

Variables	Year				Total
	2007	2008	2009	2010	
Seasonality per trimester					
1 st trimester	22	21	13	29	85
2 nd trimester	27	14	32	42	115*
3 rd trimester	28	18	29	14	89
4 th trimester	18	19	11	14	62
Municipality					
Alcantil	0	0	0	0	0
Amparo	4	3	3	2	12
Assunção	0	0	0	0	0
Barra de Santana	2	6	3	2	13
Barra de São Miguel	4	1	2	0	7
Boqueirão	2	1	0	0	3
Cabaceiras	1	0	0	0	1
Camalaú	3	6	7	4	20
Caraúbas	3	5	1	1	10
Caturité	0	0	0	0	0
Congo	2	4	5	5	16
Coxixola	2	3	1	3	9
Gurjão	3	1	1	1	6
Livramento	2	0	0	0	2
Monteiro	9	10	18	30	67
Ouro Velho	0	0	3	2	5
Parari	6	3	1	1	11
Prata	0	1	2	7	10
Riacho de Santo Antônio	4	1	0	2	7
Santo André	4	5	0	0	9
São Domingos do Cariri	1	1	1	1	4
São João do Cariri	4	2	1	4	11
São João do Tigre	0	1	2	4	7
São José dos Cordeiros	7	2	4	2	15
São Sebastião do Umbuzeiro	0	1	3	3	7
Serra Branca	15	4	10	4	33
Sumé	5	9	11	15	40
Taperoá	12	2	3	3	20
Zabelê	0	0	3	3	6
Localities of Occurrence					
Urban	19	13	19	18	69
Rural	74	58	64	79	275
Unknown	2	1	2	2	7
Total number of cases	95	72	85	99	351

*p<0.05 significant when compared to the snakebite cases occurred in the fourth trimester (Tukey Test). No significant difference was observed when compared to the snakebite cases occurred in the second semester with the first and third ones (Tukey Test).

regards the genus of the offending snakes, the data obtained was based on information given by the patients themselves and/or their companions, as well as on the clinical observation by health professionals of the patients' signs and symptoms. Therefore, in the medical records analyzed in this study, the identification of the offending snake was not performed by experts.

The incidence of snakebites for the Cariri region was calculated for the period from 2007 to 2010. Demographic and population data furnished by the Brazilian Institute of Geography and Statistics (IBGE)¹³ were used to calculate incidence rates. Statistical analyses were performed using the Analysis of Variance (one-way ANOVA), the Chi-square (Likelihood Ratio Chi-Square) and the

Tukey tests. The level of significance was set at $P < 0.05$. All statistical analyses were performed using the software SPSS® version 13.0 (Statistical Package for Social Sciences) for Windows.

Results

A total of 351 snakebite cases were notified in the Cariri region between January/2007 and December/2010, with incidence rate of 52 cases/100,000 inhabitants in 2007, 62 cases/100,000 inhabitants in 2008, 48 cases/100,000 inhabitants in 2009 and 34 cases/100,000 inhabitants in 2010. Table 1 shows the snakebite data in terms of quantitative-demographic variables. Snake attacks occurred during all months of the year, with the largest number of cases being reported in the second trimester ($n = 115$; 32.8%) and the smallest number in the fourth trimester ($n = 62$; 17.7%). Frequency of attacks was significantly higher in the second trimester when compared with the fourth trimester ($p < 0.05$). No significant differences were observed when comparing the second semester with the first and third ones. The highest frequency of attacks was observed in the municipality of Monteiro ($n = 67$; 19.1%), and the lowest frequencies, in Cabaceiras ($n = 1$; 0.3%) and Caturité ($n = 1$; 0.3%). No snakebites were registered in the municipalities of Alcantil or Assunção during the period studied. Attacks mostly occurred in rural areas ($n = 275$; 78.3%). Table 2 shows the individual characterization and circumstances of the reported snakebite cases. Victims were predominantly males ($n = 282$; 80.3%) and farm workers ($n = 211$; 60.1%). With regard to the age range of the victims, the largest number of attacks was reported for individuals aged 50 years or above ($n = 102$; 29.1%) when compared with the other ranges ($p < 0.05$). The smallest number was observed for the range between 1 and 9 years ($n = 17$; 4.8%). The parts of the body mostly bitten were the feet ($n = 237$; 67.5%) and the hands ($n = 74$; 21.1%). Snakes of the genus *Bothrops* were responsible for 265 snakebite cases (75.5%), the genus *Crotalus* for 21 (6.0%), *Micrurus* for 8 (2.3%), and *Lachesis* for 2 (0.6%). Successful cures predominated and only two deaths were reported (one involving *Crotalus*, in 2008, and the other involving *Bothrops*, in 2009). Concerning the time elapsed between attack and medical assistance, 180 (51.3%) patients were attended within 1 to 3 hours and 60 (17.1%) within 1 hour after being bitten. There was significant difference between the average

number of patients assisted within 1 to 3 hours and those assisted up to 1 hour after being bitten ($p < 0.05$). Serotherapy was applied in 330 (94.0%) of the patients, while 14 (4.0%) received no antivenom. Table 3 shows the clinical classification of the cases for each snake genus. Attacks by *Bothrops* were mostly classified as mild ($n = 150$; 75.4%), by *Crotalus* as mild ($n = 10$), and by *Micrurus* as mild ($n = 5$; 2.5%). Of the two attacks by *Lachesis*, one was classified as moderate and one was not described.

Discussion

Previous studies have shown that most of snakebite cases in the state of Paraíba were clinically classified as moderate². In the present study, the majority of cases were also classified as mild, confirming the results of Oliveira et al.¹. Taken together, these results suggest that a change is occurring in the clinical classification of cases, in different regions of the state of Paraíba. Furthermore, the present study shows that most accidents occur in individuals over the age of 50 years. This result is different from those reported in other studies conducted in Paraíba^{9,10}. The majority of the snakebite cases reported in the Cariri municipalities occurred in rural areas with people engaged in farm activities. The snake attacks occurred mostly from April to November, suggesting a seasonal distribution of these accidents in the region studied. This period coincides with the rainy season, when farm activities are more intense. The increased presence of workers in rural areas implies a greater probability of snake attacks, mainly because it can reduce that distance in which the animal feels safe from human aggression. The increased number of snakebite cases during the rainy period was also observed in other regions of the northeastern Brazil^{14,15}, as well as in the North^{16,17} and Midwestern of the country¹⁸. Likewise, studies on the epidemiology of snakebites in the Southeast¹⁸ and Midwestern^{19,20} found a higher incidence of snakebite cases during the rainy period, which occurs from October to March in these regions. The relationship between snakebites, rainy season and farm labor reinforces the classification of these incidents as labor-associated accidents^{3,14}. This situation generates strong medical, social and economic impacts in Brazil, especially in the Northeast, where the populations most exposed to snakes, generally living in smaller and poorer municipalities, are also those less assisted by the government²¹. The classification of snakebite cases as labor-associated

Table 2. Descriptive analyses of snakebite cases registered in the Cariri region, State of Paraíba, Brazil, from 2007 to 2010, characterizing the victims and the circumstances of the attacks (n=351).

Variables	Year				Total
	2007	2008	2009	2010	
Age group (years)					
1 — 9	4	6	2	5	17
10 — 19	15	15	14	22	66
20 — 29	12	10	15	14	51
30 — 39	17	10	11	8	46
40 — 49	20	10	16	23	69
> 50	27	21	28	27	102*
Unknown	0	0	0	0	0
Total per age group	95	72	85	99	351
Gender					
Male	81	57	64	80	282
Female	14	15	21	19	69
Total	95	72	85	99	351
Work-related accident					
Yes	60	46	51	54	211
No	25	23	28	31	107
Unknown	10	3	6	14	33
Part of the body bitten					
Forearm	2	0	1	2	5
Hand	23	12	16	23	74
Leg	4	3	5	7	19
Foot	56	54	62	65	237
Arm	1	1	0	0	2
Head	2	1	0	0	3
Unknown	7	1	1	2	11
Antiserum					
Yes	89	63	84	94	330
No	4	6	1	3	14
Unknown	2	3	0	2	7
Time from bite until assistance (hours)					
0 — 1	8	14	18	20	60
1 — 3	44	35	46	55	180**
3 — 6	15	13	13	11	52
6 — 12	4	2	5	1	12
12 — 24	1	2	0	3	6
Above 24	2	2	2	2	8
Unknown	21	4	1	7	33
Total number of cases	95	72	85	99	351

* p < 0.05 significant in the relation to the individuals of other age ranges (Tukey Test). ** p < 0.05 significant in the relation to the patients assisted up to 1 hour after being bitten (Anova Test).

ed accidents is also reinforced when the frequencies of attacks are compared between men and women. In the current study, as well as in others found in the literature^{19,20}, most victims were shown to be men, who predominate in non-domestic labor activities in rural areas, that is, where snake attacks are more common²². In terms of the age range of the victims, most of them were aged

50 years or older (n = 102; 29.1%). This result reflects not also the aging of the Brazilian population, but also the expressive number of older people among rural workers²³. A large number of snakebite cases was also observed among individuals between 40 and 49 years old (n = 69; 19.7%), which is the age range with the largest concentration of individuals engaged in farm labor²⁴. These

Table 3. Classification and evolution of snakebite cases in the Cariri region, State of Paraíba, Brazil, according to the snake genus, from 2007 to 2010 (n = 351).

Snake genus	Clinical Classification of the Cases				Evolution		
	Mild	Moderate	Severe	Unknown	Cured	Unknown	Death
<i>Bothrops</i> spp.	150	79	13	23	244	20	1
<i>Crotalus</i> spp.	10	9	1	1	19	1	1
<i>Micrurus</i> spp.	5	3	0	0	8	0	0
<i>Lachesis</i> spp.	0	1	0	1	2	0	0
Unknown	34	16	2	3	52	3	0
Total	199	108	16	28	325	24	2

findings contrast with other studies carried out in Brazil¹⁹. Lima et al.²⁴ showed that most snakebite victims in the state of Minas Gerais were aged 10 to 19 years. Albuquerque et al.⁹ reported that snakebite victims in the state of the Paraíba were mostly aged between 30 and 39 years. Later studies also conducted in Paraíba reported that attacks were more frequent in the age ranges 10-29 years²⁵ and 11-20 years²². This discrepancy may be attributed to demographic and occupational differences between the diverse regions of the country, as well as to the engagement of younger people in farm labor in some of these regions, probably due to the need to increase family incomes.

In the current study, for the snakebite cases in which the genus was identified, the genus *Bothrops* was responsible for almost all of the cases (265 cases; 75.5%) reported during the study period. This result is in accordance with other studies conducted in Brazil^{8,17} and in others country of Latin America²⁶. The predominance of attacks by *Bothrops* may be attributed to the high diversity of species in this genus and to the fact that they are typically aggressive⁷, occupy many diverse habitats⁷, are widely distributed in Brazil, and can be found in most ecosystems¹⁴. Snakes of the genera *Crotalus*, *Micrurus* and *Lachesis* accounted for 21 (6.0%), 8 (2.3%), and 2 (0.6%) snakebite cases, respectively. Snakes of the genus *Lachesis* inhabit forest areas in the Amazon and Atlantic Forest biomes and humid forest enclaves in the northeastern Brazil^{3,14}. Therefore, notifications of attacks by snakes of this genus in the dryland study area may indicate that medical records were incorrect on this point. The high number of cases in which the snake genus was not identified (55 cases; 15.7%) corroborates this hypothesis, since it may be indicative of the lack of technical knowledge by both health workers

(nurses and their helpers, pharmacists, doctors, and others) and general population, who are usually not able to recognize those characteristics important for identifying the snake genus. Additionally, in the northeastern Brazil the practice to take the offending snake to the health service center is uncommon, despite being extremely important for securely identifying the snake and indicating the correct antivenom.

In our series, most snakebite cases were clinically classified as mild (199 cases; 56.7%) or moderate (108 cases; 30.8%). These results are in agreement with other epidemiological studies conducted in Paraíba^{9,25}. In contrast, studies carried out in other Brazilian regions showed higher incidences of moderate cases⁶. This divergence may be a result of differences in the venom components between species of *Bothrops*. With regard to attacks by *Bothrops*, most cases were classified as mild (n = 150; 42.7%); the number of cases classified as moderate (n = 79; 22.5%) was also significant, and only a few cases were considered as severe (n = 13, 3.7%). The cases of attacks by *Crotalus* and *Micrurus* were predominantly mild. However, it was also significant the snakebite cases by *Crotalus* classified as moderate (n = 9). For the association between clinical classification and genus of the snake, it was performed the Chi-square test. We obtained $\chi^2 = 17,497$ (p-value = 0.008) and it may suggest that the classification of the case is linked to the genus of the snake. Regarding the association between mortality and genus snake, we obtained $\chi^2 = 2556$ (p-value = 0.465), suggesting that snakebite cases related to the different genera are not statistically significant, as to lethality. In this case, whereas the highest incidence of both genus, the risk of death in an attack by *Crotalus* (4%) was 10 times higher than that by *Bothrops* (0.4%). Most victims (n = 180; 51.3%) received medical assistance up to

3 hours after the attack, but there was a significant number of victims ($n = 60$; 17.1%) who were attended within 1h after being bitten. Earlier studies undertaken in Brazil^{10,24} reported that more than 80% of the snakebite victims were attended within 6 hours after attack. The time elapsed between bite and medical assistance is of significant importance to the prognosis of the victim¹⁶, and smaller time gaps, better the chances of avoiding complications such as necrosis, compartment syndrome, and acute renal insufficiency¹⁴. In a high proportion of the hospital charts, there were no accounts of the clinical evolution of the patient ($n = 24$; 6.8%) or the time elapsed between bite and medical assistance ($n = 33$; 9.4%). This observation demonstrates the precariousness of the regional health system, which usually has very few health workers, who, in turn, have little technical knowledge about snakebite envenomations. Additionally, the lack of information about clinical evolution of the cases may be indicative of a lack of clinical follow-up of the patients after initial serotherapy. Since this information is fundamental to the knowledge about snakebite treatments at local and regional levels²⁷, the improvement in data collection procedures seems to be urgent. Despite all faults in Brazilian health system, the snakebite mortality rate was observed to be low in the study area (0.0001%), as well as in other regions of Brazil^{3,14}. The low frequency of severe cases ($n = 16$; 4.6%) may be the most probable cause of the reduced number of deaths observed in the current study. On the other hand, the lack of data about clinical severity in 28 patient records (8.0%) suggests that the actual mortality rate might be higher. A possible severity in these cases might have required immediate transfer to better equipped hospitals, so that victims were not followed up in the health unit where they were initially attended. Early treatments, availability of antivenin, and the construction and maintenance of secondary roads increasing the access to rural areas are also important factors that help explain the low mortality rates of snakebite victims in the municipalities investigated.

The most frequent local manifestations were: pain ($n = 286$; 81.5%), edema ($n = 218$; 62.1%), ecchymosis ($n = 26$; 7.4%), paresthesia ($n = 4$; 1.1%), headache ($n = 2$; 0.6%), and necrosis ($n = 5$; 1.4%). The most frequent systemic clinical manifestations were: vasovagal ($n = 34$; 9.7%), neurological ($n = 28$; 8.0%), renal ($n = 16$; 4.6%), myolytic ($n = 24$, 6.8%), and hemorrhagic ($n = 32$; 9.1%). These clinical symptoms of snakebite envenomation were observed to be the same as those found in other studies carried out not only

in the state of Paraíba^{9,25}, but also in other regions of Brazil^{28,29}. The body regions most frequently bitten were the feet and the hands, similarly to what was reported by other researchers in Brazil¹⁹, South Africa³⁰ and Costa Rica²⁶. These parts of the body are mostly bitten probably due to their greater exposure during field labor activities. This finding suggests that personal safety articles (such as boots, snake-guards, and gloves) are not regularly used by rural workers³, especially on farms that are poorly mechanized, during activities requiring the use of hoes and shovels, or during planting activities. Antivenom was administered to most victims ($n = 330$; 94.0%), and the numbers of antivenom ampoules used in these treatments varied from 0 to 10. In 14 cases (4.0%), victims received no antivenom, probably due to the fact that it was not available in the Health Center at the time of medical assistance. The two cases that resulted in death occurred in the rural zone and involved males older than 50 years who were farm workers; they had both been bitten on the foot. The time elapsed between bite and their medical assistance was less than 3 hours. Both cases were classified as severe; eight ampoules of antivenom were administered to treat the attack by *Bothrops* and 10 to treat the one by *Crotalus*. The cause of the death of both accidents was not recorded. The two deaths occurred among patients who received medical attention within three hours after bite. This finding suggests that deaths may have occurred due to administration of inadequate dose of antivenom and/or the use of non-specific antivenom.

Various deficiencies were identified on the notification files, such as high proportions of cases in which the genus of the snake was not reported, the lack of accounts of the time of day when the accident occurred, the clinical evolution of the patient, and the time elapsed between bite and initial treatment. These deficiencies on the clinic charts may be related to the unusual high demands at the health centers, the lack of available time of members of the health team, or little number of workers at the health unit¹. These situations should be emphasized once they are all common in health care centers in the northeastern Brazil, and will all contribute to the incomplete patient records. The small municipalities in the Northeast, especially those with less than 25,000 inhabitants and more distant from large urban centers, generally have few qualified health workers or staff able to collect proper information about snakebite cases. Treatments involving serious health problems and/or emergencies (e.g.

snakebites) increase the chances of incompletely registering patient information, especially where health services have only minimum infrastructures. However, even under optimal situations, recording medical information is often set aside in Brazil, frequently resulting in records improperly filed and stored. This is common even in university hospitals, with many patient charts being poorly filled out and lacking necessary information³¹. To aggravate this situation, the curricula of university courses in medicine and nursing are almost always deficient in terms of instruction about attacks by poisonous animals – as are considerations about the health of rural workers in university courses of agronomy and veterinary medicine²². Accordingly, a further understanding of the snakebite epidemiology in the northeastern Brazil seems to require better training for health workers and more adequate protocols for recording and filing victim's informa-

tion. Without basic infrastructure and training, it will be difficult to gather precise information about health problems related to snakebite attacks in towns and villages in Brazil, the risks involved in these incidents, or the logistics of antivenom production and distribution.

This study may contribute towards a better comprehension of the ophidism in the state of Paraíba, thus representing a useful instrument for identifying the conditions that increase the risk of snake attacks in the northeastern Brazil. This knowledge may in turn provide a basis for the optimization of antivenom production and distribution, as well as for the improvement of the assistance to the victims. Additionally, a better understanding of ophidian problems in the northeastern Brazil may furnish important data for improving educational campaigns designed to prevent these types of attacks, as well as for preserving snakes.

Collaborations

ITG Targino, YACF Lopes and RM Barros worked in the survey of the literature, in the research and methodology. AA Vieira worked on statistical analysis of data and RS Leite worked on the conception and design the study, analysis and interpretation data, wrote the first version of the article.

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