# CHAROPHYTES AS A NUTRIENT AND ENERGY RESERVOIR IN A TROPICAL COASTAL LAGOON IMPACTED BY HUMANS (RJ, BRAZIL)

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#### ABSTRACT

In the Imboassica Lagoon (22°24'S and 42°42'W) (Macaé, RJ, Brazil), two species of macroalgae of the genus *Chara* (*C. angolensis* and *C. fibrosa*) registered in large areas were identified. The lagoon is subject to several relevant anthropic impacts, of which untreated sewage is one of the most important. Results of the biomass distribution as analyzed in different areas of the lagoon showed values ranging from 172 to 510 gDW.m<sup>-2</sup>. As for the nutrient concentration, the results presented large fluctuations, with carbon values ranging from 325 to 392 mg.g<sup>-1</sup>DW, those of nitrogen, from 14 to 27 mg.g<sup>-1</sup>DW, and of phosphorus from 0.45 to 0.85 mg.g<sup>-1</sup>DW. This led to large fluctuations of the C:N:P ratio (from 387:24:1 to 872:47:1). The minimum and maximum energetic values of the biomass were 9.54 e 12.34 kJ.g<sup>-1</sup>DW. Smaller C:N:P ratios tended to occur in more eutrophic areas. The association between biomass and nutrient concentration showed that the highest quantities in the beds are found in oligotrophic areas. The Spearman correlation between nutrient concentration in the water column and biomass was  $r_s = 0.45$  (p < 0.05) for nitrogen and  $r_s = 0.50$  (p < 0.01) for phosphorus (n = 30). The large total biomass associated with nutrient concentration and energy content indicates that Charophytes are an important biological compartment in the structure and metabolism of the lagoon.

Key words: aquatic macrophyte, biomass, nutrients, chemical composition, pollution.

#### **RESUMO**

# Carófitas como reservatório de nutrientes e energia em uma lagoa costeira tropical sujeita a impactos antrópicos (RJ, Brasil)

Na Lagoa Imboassica, localizada em Macaé, RJ, Brasil (22°24'S e 42°42'W), foram identificadas duas espécies de macroalgas do gênero *Chara* (*C. angolensis* e *C. fibrosa*), apresentando ampla distribuição. A lagoa recebe vários impactos antrópicos, e o lançamento de esgoto não tratado é um dos mais importantes. A biomassa variou entre 172 e 510 gDW.m<sup>-2</sup> em diferentes áreas da lagoa. A concentração de nutrientes apresentou ampla variação, com os valores de carbono entre 325 e 392 mg.g<sup>-1</sup>DW, nitrogênio entre 14 e 27 mg.g<sup>-1</sup>DW e fósforo entre 0,45 e 0,85 mg.g<sup>-1</sup>DW, assim as taxas C:N:P apresentaram variação de 387:24:1 a 872:47:1. Os valores mínimo e máximo de energia na biomassa foram, respectivamente, 9,54 e 12,34 kJ.g<sup>-1</sup>DW. Há tendência de as menores taxas C:N:P ocorrerem em áreas mais eutrofizadas. Considerando os valores de biomassa e a concentração de nutrientes na biomassa, os maiores estoques de nutrientes estão associados aos bancos de Carófitas em áreas mais oligotróficas. A correlação de Spearman entre a concentração de nutrientes na coluna de água e a biomassa foi r<sub>s</sub> = 0,45 (p < 0,05) para o nitrogênio e r<sub>s</sub> = 0,50 (p < 0,01) para o fósforo (n = 30). A grande biomassa associada à concentração

de nutrientes e os valores energéticos indicam que as carófitas são um importante compartimento biológico na estrutura e metabolismo da lagoa.

Palavras-chave: macrófita aquática, biomassa, nutrientes, composição química, poluição.

#### INTRODUCTION

Most coastal lagoons may be characterized as shallow environments. Despite their great ecological, social, and economic importance, coastal lagoons are among the Brazilian ecosystems most exposed to anthropic impacts (Esteves, 1998) since they are environments that receive several kinds of inorganic and organic matter from neighboring systems (Kjerfve, 1994). Although most lagoons along the Brazilian coast are subject to anthropic influence, no studies have been done on them that would allow for evaluation of consequent changes in their ecosystems (Branco *et al.*, 1998).

The Imboassica Lagoon, located in the city of Macaé (RJ), has a mean depth of 1.09 m, a maximum depth of 2.0 m, and an area of 3.26 km² (Panosso *et al.*, 1998). This ecosystem has been subject to several kinds of anthropic impact, largely due to organic nutrient input from residential neighborhoods and the artificial breaching of the sandbar (Branco *et al.*, 1998).

A considerable amount of organic pollutants is dumped into the lagoon, a large proportion of which is retained by the plant community, which is comprised of emergent and floating vegetation close to the nutrient input sources (Lopes-Ferreira & Pasin, 1998). According to studies by Petrucio & Furtado (1998), the lagoon presents distinct regions of nutrient concentrations.

The Imboassica Lagoon has been classified as oligohaline and considered a well-buffered environment because of its alkalinity, a characteristic attributed to the strong influence of the ocean (Petrucio, 1998). The general abiotic conditions of the lagoon have been shown to favor the development of large stands of Charophytes, which often cover the entire benthic region of the lagoon (Petrucio & Esteves, 1998).

Most Charophyte species are found in mineralized waters and develop a strong crust of calcium carbonate, particularly in phosphate-poor waters (Margalef, 1983; Wetzel, 1993). Charophytes are a common component in the littoral zone in oligotrophic and moderately eutrophic water bodies and may play a role in nutrient cycling in lakes with dense

Chara beds (Kufel & Kufel, 2002). In the Imboassica Lagoon, this macroalgae is an important habitat for several macroinvertebrate species (Albertoni *et al.*, 2001)

The ability of aquatic macrophytes to retain nutrients, especially nitrogen and phosphorus, sometimes beyond their immediate metabolic needs (Wetzel, 1993) makes the study of the distribution and chemical composition of these plants particularly important in understanding aquatic system ecology.

Several authors have studied the role of aquatic plants as nutrient and energy reservoirs, commonly focusing on their possible use in management strategies. This research indicates that submerged macrophytes, acting along with emergent or floating macrophytes, may enhance the total water quality (Reddy *et al.*, 1982; Reddy, 1983, *apud* Reddy *et al.*, 1987).

The submerged macrophyte *Chara* absorbs phosphorus throughout its entire structure, and the phosphorus absorbed by the rhyzoids is translocated to other portions of the plant (Littlefield & Forsberg, 1965, *apud* Wetzel, 1993), suggesting that this macroalgae has great potential for nutrient retention. In the Imboassica Lagoon, Charophytes constitute an important autotrophic community and present rapid growth after drawdowns (Palma-Silva *et al.*, 2002a, b).

This research aimed to study the distribution and variation of the biomass of Charophytes and nutrient concentration at different sites in the lagoon so as to establish the role of this plant community as a nutrient and energy pool.

#### MATERIAL AND METHODS

The samplings of Charophytes, both for estimating biomass and analyzsing chemical composition and energy content, took place at 6 sampling stations in the Imboassica Lagoon (**St1** to **St6**) in October 1995 and November 1996, periods when the sandbar is closed and a great abundance of the macrophyte is found in almost all of the lagoon benthic region.

The sampling stations were chosen to represent a range of environmental characteristics in different parts of the lagoon. St1, the area closest to the sandbar, has a stronger marine influence, while St2 and St5 had higher nutrient concentrations, since both are located close to the source of domestic sewage inputs. St3 is an intermediate area between St2 and St4, with the latter representing the central body of the lagoon; St6 is closest to the great stands of emergent aquatic macrophytes at the Imboassica River mouth.

The samples for the biomass estimates were obtained from three quadrats (25 x 25 cm) at each station, at a depth of approximately 0.8 meters.

On each sampling date, the pH value was obtained with a digital pHmeter; the dissolved oxygen concentration, determined by the Winkler method, modified by Golterman *et al.* (1978); the alkalinity value, with the titulometric method described by Carmouze (1994); the salinity value, with a refractometer; and the temperature, with a digital thermistor. We also collected water to determine total nitrogen (Mackereth *et al.*, 1978), and total phosphorus content (Golterman *et al.*, 1978).

At the laboratory, Charophytes were washed in running water and placed in an oven. After the first drying, the material was cleaned again to eliminate any remaining extraneous matter so that dry weight values could be determined. It was then ground for chemical analyses.

The concentration of total biomass nitrogen was determined using the micro-Kjedahl method (Allen *et al.*, 1974), while that of total phosphorus was done with the method proposed by Fassbender (1973). The amount in each sample was determined by dichromate oxidation (EMBRAPA, 1997); energy value was obtained with a calorimetric microbomb, Phillipson model.

The ratio between the nutrient concentrations in the biomass of Charophytes was calculated for each sampling station using the median values for each nutrient (mg.g<sup>-1</sup>). The total amount of nutrients and energy in the Charophytes beds was determined by multiplication with area biomass values.

Comparison of biomass chemical composition values in all the stations was done with the non-parametric Kruskal-Wallis test, and the Spearman correlation was used to analyze the relationship between nutrient concentration in the biomass and in the water column.

# **RESULTS**

Charophytes were found at all stations except St1. Two species were identified: *Chara angolensis* 

A. Braun and *C. fibrosa* Agardh ex Bruz. Emend. R.D. Wood, but these species were considered as a single group.

The values for biomass; concentrations of carbon, nitrogen, and phosphorus; energy values of the Charophytes (Table 1); and the values of the abiotic variables in the water column (Table 2) show the wide range of the results.

The results for carbon, energy value, and nitrogen in Oct. 1995 did not vary significantly (p > 0.05) for the different stations. However, there were significant differences between phosphorus concentrations (p < 0.05) at sampling stations St3 and St5, and those at St4 and St6 in the same period.

In Nov. 1996, nitrogen was significantly lower at St3 than at St4 (p < 0.05) but no significant differences in phosphorus concentration were detected between these stations. Moreover, on this date significant differences (p < 0.05) were registered between St2 and St5 for the energy value variable, and St3 and St6 for carbon.

The ratio between nutrient concentrations in the biomass for each sampling station (Table 3) ranged from a maximum C:N of 24:1 in Nov. 1996 at St3, to a minimum of 12:1 at St5 in Oct. 1995. The highest C:P ratio, 872:1, was also recorded in Nov. 1996 (St6). The minimum C:P ratio of 387:1 was observed in Oct. 1995 at St3.

There was a wide range in N:P ratios. The maximum and minimum N:P ratios were 47:1 and 19:1, both in Nov. 1996, at St6 and St3 respectively.

Minimum and maximum energy values were 9.54 and 12.34 kJ.g<sup>-1</sup>DW.

The total amount of nutrients and energy in the Charophyte beds (Table 4) showed maximum nutrient values of 1823 kgC.ha<sup>-1</sup>, 82.1 kgN.ha<sup>-1</sup>, and 3.2 kgP.ha<sup>-1</sup>. The maximum energy value was 4590 kJ.m<sup>-2</sup>.

The correlation matrix between variables of plant and water nutrients was significant for nitrogen  $r_s = 0.45$  (p < 0.05), and very significant for phosphorus  $r_s = 0.50$  (p < 0.01), both with n = 30.

# **DISCUSSION**

In neither year were Charophytes observed at St1. This area is characterized by fine sand dominance and greater marine influence than the other stations (Gonçalves *et al.*, 1998), which may not provide favorable conditions for development or fixation.

## Biomass of Charophytes

The total range of biomass values extended from 172 to 510 gDW.m<sup>-2</sup>, with no significant differences between stations or sampling times. Kufel & Kufel (2002) found a range of 42 to 500 gDW.m<sup>-2</sup>. The biomass values found in the literature vary considerably and are probably related to specific characteristics and environmental conditions, though many are within the range recorded here. According to Howard-Williams (1978), in a saline lake in a temperate region the biomass of C. globularis ranged from 50 to 140 gDW.m<sup>-2</sup>. For the Piratininga Lagoon on the coast of Rio de Janeiro values of between 500 and 700 gDW.m<sup>-2</sup> are recorded for *Chara* spp. in the period of maximum biomass (Carneiro et al., 1994). An average biomass value of 305 gDW.m<sup>-2</sup>, influenced by wave exposure, water level fluctuation, and irradiance variations was found by Schwarz & Hawes (1997) in a large oligotrophic lake in New Zealand. According to Blindow (1992), the biomass values of C. tomentosa were 465 and 478 gDW.m<sup>-2</sup> in two different Swedish lakes, and Kufel & Ozimek (1994) found biomass values for Chara spp. of 417 gDW.m<sup>-2</sup> in a mesotrophic lagoon in Poland. According to Forsberg (1960), a range of between 700 and 1130 g.m<sup>-2</sup> was found in a Swedish lake, while Rickett (1924, apud Forsberg, 1960) mentions a biomass of 662 g.m<sup>-2</sup>.

### Nutrient concentration in biomass

The values of nutrient concentration in the Charophyte biomass in the Imboassica Lagoon varied considerably (Table 1). Macroalgae have a smaller structural carbon proportion than angiosperms (Hutchinson, 1975). According to Duarte (1992), carbon concentration in a great variety of macroalgae ranged from 89 to 484 mg.g<sup>-1</sup>DW. The results obtained ranged from approximately 325 to 392 mg.g<sup>-1</sup>DW, slightly above the average value of around 250 mg.g<sup>-1</sup>DW suggested by Duarte (*op. cit.*), but within the usual range for this group.

The nutrient concentration in the biomass may vary between different groups of photosynthetic organisms. According to Duarte (1992), nitrogen (N) and phosphorus (P) concentrations tend to be higher in phytoplankton than in macrophytes, and great variation exists in nutrient concentration in the many aquatic macrophyte groups.

Based on the minimum concentration of nitrogen (15 mg.g<sup>-1</sup>DW) (Fujita *et al.*, 1989) and phosphorus (1.3 mg.g<sup>-1</sup>DW) (Gerloff & Krombholz,

1966) necessary for maximum growth, Duarte (1992) observed that many macroalgae exhibit nitrogen concentration below the critical concentration, and also that their growth may be limited by phosphorus in the natural environment.

According to Schuette & Alder (1929), *Chara* sp. has a nitrogen concentration of 7.2 mg.g<sup>-1</sup>DW and a phosphorus concentration of 0.6 mg.g<sup>-1</sup>DW. The authors concluded that this species had a smaller nitrogen concentration and a smaller amount of cellulosic matter than other submerged macrophytes, although it was responsible for half of the primary production of macrophytes in the lake studied.

Wile (1975) found lower concentrations of phosphorus (between 0.3 and 1.2 mg.g<sup>-1</sup>DW) and nitrogen (ranging from 5 to 15 mg.g<sup>-1</sup>DW) in *Chara* sp. Similar average values were mentioned by Duarte (1992), with 19 mg.g<sup>-1</sup>DW for nitrogen, ranging from 4.0 to 44.0 mg.g<sup>-1</sup>DW, and phosphorus with an average value of 1.0 mg.g<sup>-1</sup>DW, ranging from 0.1 to 4.5 mg.g<sup>-1</sup>DW. Data obtained from two Swedish lakes by Blindow (1992) showed that *C. tomentosa* presented a nitrogen concentration ranging from 10.5 to 14 mg.g<sup>-1</sup>DW and a phosphorus concentration of between 0.63 and 0.8 mg.g<sup>-1</sup>DW.

The results of this study show that Charophytes had a phosphorus concentration ranging from 0.45 to 0.85 mg.g<sup>-1</sup>DW and a nitrogen concentration of between 14 and 27 mg.g<sup>-1</sup>DW and, therefore, within the expected range.

#### C:N:P ratios

The C:N:P ratio between the concentrations of the major nutrients is commonly used to interpret the growth conditions to which a species is exposed. These ratios (Table 5) were high, ranging from 872:47:1 to 387:24:1, reflecting the nitrogen and phosphorus deficiencies in the biomass of *Chara* spp.

According to Gerloff & Krombholz (1966), the ratio between nutrient concentrations varies relatively little along geographic gradients, since plants accumulate nutrients selectively. On the other hand, according to Garten (1976), frequent variation in the chemical composition of individuals of the same species at different sites is probably the result of lack of interest in studies of the ratios within or between species.

The Redfield C:N:P ratio for oceanic phytoplankton is 106:16:1 (Redfield *et al.*, 1963, *apud* Duarte, 1992). For aquatic macrophytes, values as high as 500:25:1 are mentioned (Atkinson & Smith,

1983; Duarte, 1990). These values indicate that nutrient amounts required to maintain a given level of primary production is much smaller in marine benthic plants than in phytoplankton. According to Duarte (1992), the average ratios for macroalgae were the highest (800:49:1). The values found for Charophytes are, therefore, within the expected range.

Variarions in the Redfield ratio are commonly used to infer the limiting nutrient in phytoplankton studies. An N:P ratio higher than 30 indicates a phosphorus deficiency; when smaller than 10, a nitrogen deficiency exists (Atkinson & Smith, 1983). Results presented by Gerloff & Krombholz (1966) show that freshwater macrophytes in highly fertile environments have an average N:P ratio of 15:1, while those found in less fertile ones have a ratio of 30:1.

For *Chara* sp. in the Piratininga Lagoon, Carneiro *et al.* (1994) found that the N:P ratio ranged from 5:1 (in the period of rapid growth) to 50:1. From the N:P ratios ranging between 47:1 and 19:1 obtained in the Imboassica Lagoon, phosphorus was considered to be a limiting nutrient, and the constant input of phosphorus from sewage discharge frequently led to low N:P ratios at St2, St3, and St5.

According to Atkinson & Smith (1983), the wide range detected in nutrient ratios of marine macroalgae is probably due to environmental conditions; they also point out that in poorer environments the C:N and C:P ratios are significantly higher than in areas with greater nutrient input. The results of this research are similar for the C:P ratio,

with the highest values found for St6. However, this was not clear for the C:N ratio, since St2, which had a greater concentration of nutrients in the water column, had the highest values (Table 3).

### Energy in biomass

Due to lower carbon concentration values, macroalgae have a lower energy value than aquatic angiosperms. According to Boyd & Goodyear (1971), the small variation in the energy content found in aquatic macrophyte biomass is mainly the result of the strong balance in the protein, lipid, and carbohydrate concentration. However, according to Handoo *et al.* (1988), the energy content may present significant intra- and interspecific variation in several aquatic macrophyte species in several sites of the same lake.

According to Grabowski (1973), submerged aquatic macrophytes have values close to 11.1 kJ. g<sup>-1</sup>DW; floating macrophytes, 15.4 kJ.g<sup>-1</sup>DW; and emergent macrophytes, 16.8 kJ.g<sup>-1</sup>DW. The results of between 9.54 and 12.34 kJ.g<sup>-1</sup>DW obtained in this research are close to the mean value mentioned, and are lower than those of other aquatic macrophytes found in the north of Rio de Janeiro State. For floating macrophytes, Thomaz & Esteves (1986) found a variation of between 16.9 kJ.g<sup>-1</sup>DW and 19.2 kJ.g<sup>-1</sup>DW. The emergent macrophytes *Typha domingensis* and *Eleocharis cf fistulosa* in the Imboassica Lagoon had average values of 19.18 and 19.51 kJ.g<sup>-1</sup>DW, respectively (Furtado, 1994).

TABLE 1
Median values of biomass, carbon, nitrogen, and phosphorus concentration, and energy values of Charophytes at sampling stations in Oct. 95 and Nov. 96.

Variables	Date	Sampling stations						
		St1	St2	St3	St4	St5	St6	
Biomass gDW.m <sup>-2</sup>	Oct. 95	_	172	209	193	222	246	
	Nov. 96	_	330	310	330	510	380	
Carbon mg.g <sup>-1</sup> DW	Oct. 95	_	357.59	329.22	330.62	326.43	325.04	
	Nov. 96	_	349.68	331.55	384.09	357.59	392.46	
Energy Value kJ.g <sup>-1</sup> DW	Oct. 95	_	11.46	10.17	9.54	10.29	10.21	
	Nov. 96	-	11.55	12.34	11.05	9.00	10.29	
Nitrogen mg.g <sup>-1</sup> DW	Oct. 95	_	18.2	20.7	19.2	27.0	19.0	
	Nov. 96	_	16.7	14.0	22.5	16.1	21.0	
Phosphorus mg.g <sup>-1</sup> DW	Oct. 95	_	0.63	0.85	0.51	0.75	0.52	
	Nov. 96	_	0.73	0.73	0.49	0.62	0.45	

# Quantity of nutrients and energy

Determination of energy stock per unit area (kJ.m<sup>-2)</sup> provides important basic information for understanding the role of macrophytes in the energy flow of aquatic environments (Grabowski, 1973). In our study, the total nutrient and energy amount in the Charophyte beds (Table 4) suggests that this species is an important factor in the metabolic dynamics of the lagoon.

The total nutrient stock retained in the stands of this macroalgae showed the importance of their role. It should be noted that the combined values of total biomass per unit area and the nutrient concentration in the macrophyte biomass made of St5 and St6, sites considered less enriched than St2, the main nutrient storage areas. It is probable that this plant reaches higher biomass values in sites with lower turbity and higher transparency.

TABLE 2
Water column variables at different sampling stations, Imboassica Lagoon, Oct. 95 and Nov. 96.

Variables	Date	Sampling stations						
		St1	St2	St3	St4	St5	St6	
N-total	Oct. 95	0.45	0.64	0.61	0.35	0.70	0.60	
$(mg.L^{-1})$	Nov. 96	0.34	0.41	0.40	0.42	0.56	0.42	
P-total	Oct. 95	27.1	55.0	34.1	20.8	51.7	25.8	
$(\mu g.L^{-1})$	Nov. 96	26.4	45.5	23.1	22.0	35.9	17.1	
Temperature	Oct. 95	24.5	24.3	24.5	22.5	24.3	24.1	
(°C)	Nov. 96	25.8	25.8	26.0	26.0	26.0	26.0	
Salinity	Oct. 95	6.8	6.4	4.1	6.4	4.6	3.4	
(%°)	Nov. 96	1.0	0.0	0.0	0.0	0.0	0.0	
»II	Oct. 95	7.98	7.02	6.91	7.20	6.72	6.23	
pН	Nov. 96	8.72	8.34	7.56	8.89	8.63	8.31	
Alkalinity	Oct. 95	0.184	0.203	0.190	0.129	0.167	0.032	
$(Eq.L^{-1})$	Nov. 96	0.150	0.143	0.096	0.116	0.122	0.132	
Oxygen (mg.L <sup>-1</sup> )	Oct. 95	7.23	6.12	7.17	7.10	6.24	7.05	
	Nov. 96	8.53	6.90	7.53	9.55	7.19	9.41	

TABLE 3
C:N:P ratios for Charophytes from stations where they occurred in Oct. 95 and Nov. 96.

Stations	Date	Carbon	Nitrogen	Phosphorus	C:N
St2	Oct. 95	568	29	1	20:1
	Nov. 96	479	23	1	21:1
542	Oct. 95	387	24	1	16:1
St3	Nov. 96	454	19	1	24:1
StA	Oct. 95	648	38	1	17:1
St4	Nov. 96	784	46	1	17:1
St5	Oct. 95	435	36	1	12:1
	Nov. 96	577	26	1	12:1
St6	Oct. 95	625	37	1	17:1
	Nov. 96	872	47	1	19:1

Date	Station	Carbon	Nitrogen	Phosphorus	Energy
	St2	615.1	31.3	1.1	1971.1
	St3	688.1	43.3	1.8	2125.5
Oct. 95	St4	638.1	37.1	1.0	1841.2
	St5	724.7	59.9	1.7	2284.4
	St6	799.6	46.7	1.3	2511.7
	St2	1153.9	55.1	2.4	3811.5
	St3	1027.8	43.4	2.3	3825.4
Nov. 96	St4	1267.5	74.3	1.6	3646.5
	St5	1823.7	82.1	3.2	4590.0
	St6	1491.3	79.8	1.7	3910.2

TABLE 4
Estimated values of Carbon, Nitrogen and Phosphorus (kg.ha<sup>-1</sup>), and Energy (kJ.m<sup>-2</sup>) for Charophytes at each sampling station in Oct. 95 and Nov. 96.

# Correlations between nutrient concentration in biomass and water

Studies based on the analysis of aquatic macrophyte biomass assume that the concentration of a given element in an organism has a large range, in response to environmental concentration (Wetzel, 1993).

When nitrogen and phosphorus concentrations in the biomass of Charophytes show a positive correlation with the concentration of these nutrients in the water column, this indicates that the macroalgae may have a "buffer effect" on these concentrations. However, the intensity of absorption is not great enough to result in a decrease of this nutrient concentration in the water column.

Analyzing a wide variety of macrophytes, Garten (1976) found a strong positive correlation between nitrogen and phosphorus concentrations in non-vascular plants, including Charophytes. He concluded that the evolution of the nutrient ratios must be related to the maintenance of a chemical balance inside the cells, maximizing protein synthesis and biomass production in natural environments. Similar results were presented by Duarte (1992).

The results showed a significant positive correlation between these nutrient concentrations in the biomass, indicating an active metabolism on the part of the macroalgae due to ready availability of nutrients in the environment.

The community of Charophytes forms thick beds in the benthic zone of the Imboassica Lagoon and is the most common submerged aquatic macrophyte in the system. Its spatial distribution is not homogeneous, and the plants are not found close to the sandbar (St1), which is the area with the strongest marine influence. At the other sampling stations, there were no significant differences in the biomass on each sampling date, but the highest values were observed in Nov. 1996. The concentrations of carbon, nitrogen, and phosphorus were similar to values reported in the literature. Based on the C:N:P ratios, phosphorus was considered to be a limiting nutrient. The positive correlations between the phosphorus and nitrogen concentrations in the macroalgae biomass and in the water suggest that macrophyte responds to changes in nutrient concentration in the aquatic environment. The nutrient and energy concentration values in the plant, combined with its biomass values, show that Charophytes are an important biological nutrient reservoir in the Imboassica Lagoon, and also that the largest nutrient amounts are usually retained in the less enriched sampling stations.

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