

Glass fiber post treatment – does it influence resin cement bond strength?

Pinos de fibra de vidro pós tratamento - influencia a resistência de união do cimento resinoso?

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Resumo

Introdução: Pinos de fibra de vidro são utilizados para melhorar a retenção das restaurações em dentes tratados endodonticamente. **Objetivo:** Avaliar a resistência de união de pinos de fibra de vidro submetidos a diferentes tratamentos superficiais e cimentados à dentina radicular com cimento resinoso autoadesivo. **Material e método:** trinta raízes de caninos humanos foram preparadas e divididas de acordo com dois fatores: tratamentos de superfície (silano, peróxido de hidrogênio a 35% ou bicarbonato de sódio) e o terço radicular (cervical e médio). Os pinos de fibra de vidro foram cimentados com cimento resinoso autoadesivo (RelyX U200) e foram divididos de acordo com duas regiões: cervical e terço médio. Após 24 horas, foram preparados para microtração (formato de ampulheta), padrão de fratura e avaliação micromorfológica por microscopia eletrônica de varredura, para medir a linha de cimento. **Resultado:** Os dados (MPa e μm) foram submetidos à ANOVA two-way e teste de Tukey ($\alpha = 5\%$). Os tratamentos de superfície influenciaram a resistência de união dos pinos. A média da resistência de união (desvio padrão) diferiu de acordo com a região da dentina radicular ($p < 0,00$): a região cervical (Controle: 19,16MPa (3.71); Silano: 25,65MPa (4.04); Peróxido de hidrogênio: 24,43MPa (3.16); Bicarbonato de sódio: 37,42MPa (8.27)) apresentou valores de resistência a raiz (Controle: 14,66MPa (4.65); Silano: 12,52MPa (5.03); peróxido de hidrogênio: 10,64MPa (3.33); bicarbonato de sódio: 10,87MPa (2.49)). **Conclusão:** O tratamento com agentes químicos e físicos aumentou a resistência de união da interface cimento-pino-dentina no terço cervical e o tratamento com bicarbonato de sódio apresentou melhores resultados na resistência de união.

Descritores: Cimento resinoso; pino de fibra; tratamento de superfície; adesão; dentina.

Abstract

Introduction: Glass-fiber posts are used in order to improve the retention of restorations in endodontically treated teeth. **Objective:** To evaluate the bond strength of glass-fiber posts submitted to different surface treatments and cemented to the root canal dentin with self-adhesive resin cement. **Material and method:** Thirty roots of human canines were prepared and divided according to two factors: surface treatments (silane, 35% hydrogen peroxide, or sodium bicarbonate) and root thirds (cervical and middle thirds). The glass-fiber posts were cemented with self-adhesive resin cement (RelyX U200). After 24 h, the specimens were prepared for microtensile bond strength test (hourglass format), fracture pattern and micromorphological assessment by scanning electronic microscopy, in order to measure the cement line. **Result:** The data (MPa and μm) were submitted to two-way ANOVA and Tukey's test ($\alpha = 5\%$). The surface treatments influenced the bond strength of the posts cemented with self-adhesive resin cement ($p < 0.00$). The mean bond strength (standard deviations) differed according to the region of root dentin ($p < 0.00$): the cervical region (Control: 19.16MPa (3.71); Silane: 25.65MPa (4.04); Hydrogen peroxide: 24.43MPa (3.16); Sodium bicarbonate: 37.42MPa (8.27)) showed higher bond strength values than the middle third of the root (Control: 14.66MPa (4.65); Silane: 12.52MPa (5.03); Hydrogen peroxide: 10.64MPa (3.33); Sodium



bicarbonate: 10.87MPa (2.49)). **Conclusion:** Treatment of the glass-fiber post surface with chemical and physical agents increased the bond strength of the cement-post-dentin interface in the cervical third and the treatment with Sodium bicarbonate showed better results in bond strength.

Descriptors: Resin cement; fiber post; surface treatment; adhesion; dentin.

INTRODUCTION

A cementing agent is used to retain the intraradicular post in the root canal. Prefabricated glass-fiber posts are widely used to secure restorations of endodontically treated teeth.

Retention of the glass-fiber post inside the root canal depends on how well the cement adheres to the dentin, since most adhesive failures occur at the cement-dentin interface^{1,2}, owing to loss of adhesion to the complex root dentin³. Moreover, effective adhesion of the cement to the post is also important to ensure the satisfactory distribution of forces induced along the root, thus minimizing the risk of root fracture.

Glass-fiber posts are composed of longitudinal silicon dioxide and alumina fibers surrounded by a Bis-GMA matrix of cycloaliphatic amines, such as epoxy resins, reinforced with inorganic particles. Since the elasticity modulus of the posts is similar to that of dentin⁴, the force applied to the tooth is absorbed, with a consequent reduction in the transmission to the tooth structure, thereby distributing the stresses more evenly along the root, and reducing the risk of root fracture⁵.

It has been reported that the polymeric matrix of the glass-fiber post does not react chemically with the monomers of the resin cement; hence, the surface of the fiber posts is treated to improve its binding to the resin cement³. A number of possible post surface treatments have been proposed including: chemical treatments such as silane, acids and peroxides; physical treatments, such as blasting with aluminum oxide and sodium bicarbonate; and a combination of both physical and chemical methods⁶. Chemical treatment is considered the most suitable method, because it is less aggressive, easier to apply and cheaper, in addition to cleaning the post surface, thus improving the interaction between the glass-fiber and the resin cement⁷. Accordingly, since both physical surface and combined treatments are widely available in both the clinical and the laboratory setting, they should not be overlooked.

Mechanically, adhesive circumferential joints containing two or more interfaces represent a monoblock. Thus, the dentin-cement-post combination presents a physical behavior inherent to monoblocks⁸, a condition dependent on the adhesion among the materials involved and the substrate where they are inserted. Therefore, the success of the reconstruction of a fragile dental structure depends on the mechanical behavior of each element involved in the formation of the set.

The aim of this study was to evaluate the effect of fiber post surface treatments on the bond strength of a self-adhesive cement in the cervical and middle region of the root. The null hypothesis tested is that surface treatments of the intraradicular glass-fiber posts should not interfere the bond strength.

MATERIAL AND METHOD

This was an *in vitro* study assessing the bond strength of a self-adhesive resin cement to dentin and posts. The study was approved by the Local Ethics Committee (#684.810).

Thirty human maxillary canine teeth extracted for periodontal reasons were selected, cleaned and stored in 0.05% chloramine T solution, in a refrigerator. Teeth with caries, restorations, endodontic treatments, cracks or fractures were excluded. In addition, only teeth with a minimum

cervical diameter of 6 mm and a root length from the cement-enamel junction (CEJ) of 15 mm (± 1 mm) were included.

Six teeth were produced for microscopy assessment. The variables were: glass-fiber post surface treatment (without treatment, with silane, 35% hydrogen peroxide, or sodium bicarbonate) and the root dentin region (cervical and middle third).

Endodontic Procedures

The tooth crowns were separated from the roots 2 mm above the CEJ, using a diamond saw under constant irrigation, in a Labcut 1010 cutting machine (Extec Corp., Enfield, CT, USA). The roots were subjected to endodontic treatment with the ProTaper Universal system (DentsplyMaillefer, Ballaigues, Switzerland), using a hand-held rotary system at low speed (X-smart – Dentsply). The same trained operator prepared all the teeth. The cervical and middle thirds of the roots were initially prepared using the S1, SX and S2 instruments. Then, S1, S2, F1, F2, and F3 files were used in this sequence along the working length (WL), until the instrument no longer provided resistance inside the root canal. The root canals were irrigated with 3 ml of 2% sodium hypochlorite solution before each change of instrument. A type #30 k-file was inserted in the WL to assure uniformity of the apical diameter after each preparation. The canals were irrigated with 2 ml 17% ethylenediaminetetraacetic acid solution (EDTA) for 3 min and then washed with 2 ml of distilled water.

Following the endodontic procedure, the canal was prepared to approximately 12 mm (± 1 mm) in length using a post #1 post-standardizing drill bit provided by the manufacturer. The canals were washed with distilled water for 1 minute and dried with diameter #30 absorbent paper tips (DentsplyMaillefer).

Post Surface Treatment and Cementing

Twenty-four prepared roots were randomly allocated into 4 groups (n=6), according to the surface treatment to be performed on the glass-fiber post (Table 1). The materials used are described in Table 1, and the treatment protocols are described in Table 2. Once ascertaining adaptation of the posts by juxtaposing inside the canals, the posts underwent surface treatment and were cemented inside the root canals with U200 resin cement (Table 3). The cement was used according to the manufacturer's instructions. It was inserted into the root canal using a Centrix syringe (DFL, Rio de Janeiro, Brazil) with a metal cannula. The root canal was filled until the cement overflowed. The post was then inserted into the root canal and the excess cement was removed with cotton. The post was maintained under finger pressure during chemical polymerization, and then left undisturbed for 6 minutes to allow the chemical to curing the cement. Additionally, the resin cement was photo-cured for 60 seconds with a Radium LED photocuring device (SDI, Victoria, Australia), at monitored intensity of 1200 mW/cm².

Table 1. Materials used in the surface treatment steps and cementation of the fiber post

Materials	Product	Manufacturer	Batch no.
Glass-Fiber Post	Exacto #1	Angelus, Londrina, PR, Brazil	38064
Resin Cement	RelyX U200*	3M ESPE, Germany	1402400622
35% Hydrogen Peroxide	Whiteness HP	FGM, Joinville, SC, Brazil	25814
Silane	Silane	Angelus, Londrina, PR, Brazil	36339
Sodium Bicarbonate	Sodium Bicarbonate	Polident, Cotia, SP, Brazil	46482

*Also available as RelyX Unicem 2.

Table 2. Post surface treatments protocols

Groups (6)	Treatment of the surface of the glass fiber post	U200 - Fiber glass post cementation
Control (C)	Clean the post surface by agitation with 70% alcohol. Dry with compressed air	1. The post and the root were prepared according to the test conditions. 2. The root was rinsing with water; 3. The excess of moisture was dry with absorbent paper; 4. the resin cement was proportioned and mixed; 5. a Centrix syringe with metal cannula was used to insert the resin cement in the prepared root until complete filling; 6. The fiber glass post was inserted vertically until the adaptation of the apical third; 7. The resin cement in excess on the cervical wall was removed with cotton; 8. Left undisturbed for 6 m; 9. Additional curing by photo-cure for 40 s
Silane (Sil)	Clean the post surface by agitation with 70% alcohol. Dry with compressed air. Apply the silane coupling agent for 60 s. Dry with compressed air.	
35% Hydrogen Peroxide (Per)	Clean the post surface by agitation with 70% alcohol. Immerse in hydrogen peroxide solution for 5 min. Clean with distilled water for 60 s. Dry with compressed air. Apply the silane coupling agent for 60 s. Dry with compressed air.	
Sodium Bicarbonate (Bic)	Clean the post surface by agitation with 70% alcohol. Sandblast with sodium bicarbonate for 60 s (pressure 60 to 80 PSI) with manual rotation of the post at a distance of 20 mm. Clean with distilled water for 60 s. Dry with compressed air. Apply the silane coupling agent for 60 s. Dry with compressed air.	

Table 3. Composition of resin cement

Resin Cement	Composition
RelyX U200*	Glass powder, surface modified with 2- propenoic acid, 2 methyl-3-(trimethoxysilyl) propyl, bulk material Substituted dimethacrylate 1,12-dodecane dimethacrylate Ed dimethacrylate 2,4,6(1h,3h,5h)-pyrimidinetrione, 5-phenyl-1- (phenylmethyl)-, calcium salt (2:1) Silane treated silica Sodium p-2-propenoic acid, 2-methyl-, [(3- methoxypropyl)imino]di-2,1-ethanedyl ester toluenesulfinat Calcium hydroxide Methacrylateamine NUC- titanium dioxide

*Also available as RelyXUnicem 2.

Microtensile Test

The samples were stored for 24 hours in distilled water at 37°C. Cross sections were made in the root using a Labcut 1010 cutting machine fitted with a diamond saw (Extec Corp. Enfield, CT, USA), and 4 slices with a thickness of 1 mm were obtained from each of the root thirds (cervical and middle thirds).The corresponding slices of the apical third were not included in the study, because of the numerous pretest failures. The slices were prepared for the microtensile test in an hourglass format, as proposed by Goracci et al.⁹ (Figure 1). The area of the cross section was calculated using the formula, according to Mallmann et al.¹⁰: $A = CP/2 - DBD \times T$; where: A = Area; CP = Circumference of the post; DBD = Diamond bur diameter; T = Specimen thickness.

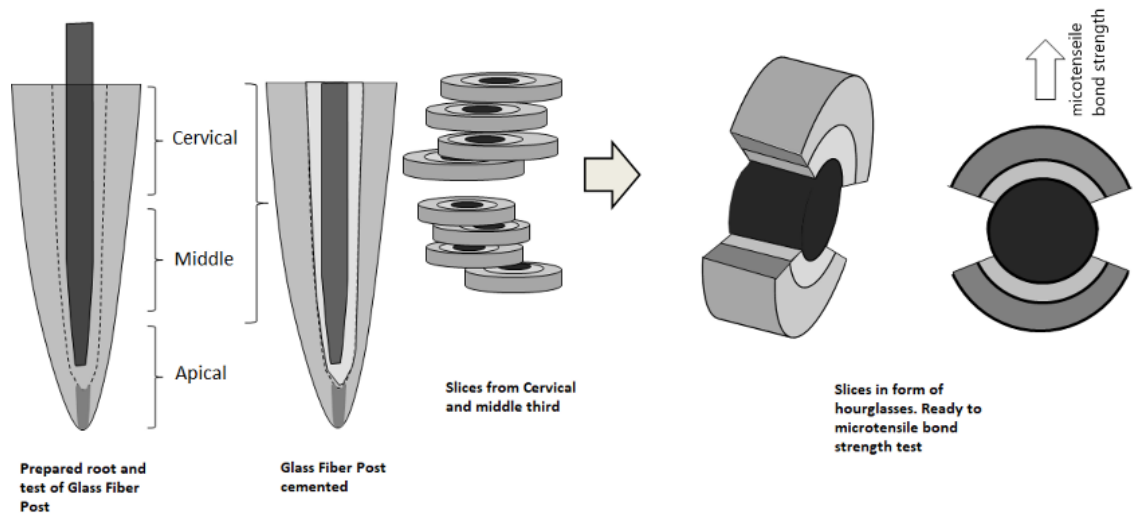


Figure 1. Preparation slices. The schematic view shows the sequence of obtaining specimens in form of “hourglasses” to be tested (microtensile bond strength). From the cervical and medium third were obtained slices and then, they were prepared. Root wall and resin cement (dark grey and light grey, respectively) were removed by a diamond bur (2135 – KG Sorensen, Barueri, Brazil) until exposing laterally the periphery of the fiber glass post (black)¹¹.

The specimens were bonded in the device and tested for μ TBS in a EMIC DL 1000 testing machine (Instron Instruments Brazil, S.J. dos Pinhais, Brazil) – load cell of 0.5 N at 0.5 mm/s of crosshead speed until disruption.

Fracture Analysis

After completing the microtensile test, all the samples were analyzed using a stereoscopic (Discovery V20, Carl-Zeiss, LLC, USA) at 30X magnification to analyze the failure mode, which was classified into three types: adhesive failure between cement and dentin, adhesive failure between cement and post, or mixed failure—a combination of the two aforementioned failures. A previously trained and blinded operator carried out the failure mode evaluation.

Scanning Electron Microscope Analyses

The cement line thickness and the surface of the conditioned posts were analyzed using a scanning electron microscope (SEM). Six teeth were prepared according to the same protocol used for the control group, to measure the thickness of the cement line in the cervical and middle thirds. A longitudinal cut was made in the center of the root in order to dissect the conduit-cement-post assembly longitudinally, and each cross section was divided into three parts according to the root third. The cross sections were polished with 600 and 1000-grit sandpaper for 1 minute by a mechanical rotary polisher, under abundant irrigation. The samples were dried with absorbent paper and fixed chemically by immersion in 2.5% glutaraldehyde solution buffered with sodium cacodylate 0.1 M for 4 hours. After incubation, the samples were subjected to a chemical drying process in increasing concentrations of ethanol: 25% for 10 minutes, 50% for 20 minutes, 75% for 20 minutes, and absolute alcohol for 5 minutes. The tested specimens were sputter-coated (Denton Vacuum, DESK II, Moorestown, USA) and analyzed under a SEM (JSM-6360, JEOL, Japan) at 120X magnification.

The thickness of the cement line was measured in the cervical and middle third. Three measurements were performed directly by SEM with 180x of magnification on each image at

predetermined locations of the cement-post interface: in the center of the image, each 100 micrometers to the left (twice), and each 100 micrometers to the right (twice). The average of the five measures on each image was considered as thickness of cement line the specimen.

Statistical Analysis

Data from the microtensile bond strength (MPa) and measurements of the cement line thickness were subjected to two-way ANOVA at 5% statistical significance, and Tukey's post-hoc test was used to assess the significant differences among the groups. The tests were conducted using SPSS (Statistical Package for Social Sciences, 20.0).

RESULT

Microtensile Bond Strength

The bond strength values of the microtensile test, and the thickness of the cement line for all the groups are shown in Table 4.

Table 4. Mean (SD) bond strength (MPa) and mean thickness of cement line (μm) for each experimental group and dentin root region

Root Region	Group				Thickness of cement line
	Control (C)	Silane (Sil)	35% Hydrogen Peroxide (Per)	Sodium Bicarbonate (Bic)	
Cervical	19.16 (3.71) ^{Ba}	25.65 (4.04) ^{Ba}	24.43 (3.16) ^{Ba}	37.42 (8.27) ^{Aa}	762*
Middle	14.66 (4.65) ^{Aa}	12.52 (5.03) ^{Ab}	10.64 (3.33) ^{Ab}	10.87 (2.49) ^{Ab}	414

Different uppercase letters indicate statistical significance in lines. Different lowercase letters and "*" indicate statistical significance in columns. ($p < 0.05$).

Considering the root regions, that of the root dentin affected the bond strength values and led to statistically significant differences between the areas studied ($p < 0.00$), in that the cervical third (overall mean 26.6 MPa) showed higher bond strength values than the middle third (overall mean 12.2 MPa). It was observed that the different surface treatments influenced the bond strength of the glass-fiber post cemented with self-adhesive resin cement and the root region, as well as the interaction between the post surface treatment and the root region, all presenting $p < 0.00$.

Failure Patterns

The data on the failure standards was analyzed descriptively. Adhesive failures between the cement and the dentin in the middle third of the root were the most common failure mode for all the post surface treatments tested. However, the prevalent distribution for cement-post or cement-dentin adhesive failures or mixed failures varied in the cervical third according to the post surface treatment used (Table 5).

Table 5. Percentage of failures (root thirds)

Group	Cervical	Middle
Control (C)	Cement-dentin 25%	Cement-dentin 77%
	Cement-post 50%	Cement-post 33%
	Mixed 25%	Mixed 0
Silane (Sil)	Cement-dentin 25%	Cement-dentin 70%
	Cement-post 40%	Cement-post 12%
	Mixed 35%	Mixed 18%
Hydrogen Peroxide (Per)	Cement-dentin 43%	Cement-dentin 88%
	Cement-post 24%	Cement-post 6%
	Mixed 33%	Mixed 6%
Bicarbonate (Bic)	Cement-dentin 27%	Cement-dentin 87%
	Cement-post 27%	Cement-post 13%
	Mixed 46%	Mixed 0

SEM Analyses

Thickness of the Cement Line

There was a statistically significant difference among the cement line thicknesses in the different regions ($p=0.01$). The mean thickness of the cement line was 762 μm in the cervical third and 414 μm in the middle third (Figure 2).

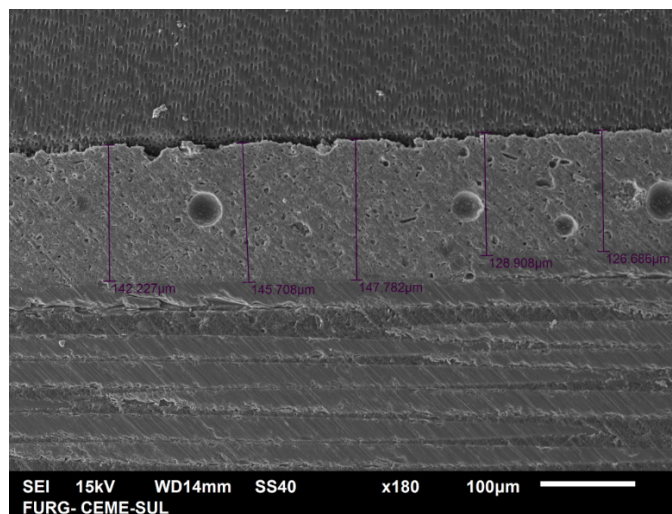


Figure 2. SEM - Cement line thickness. The five measures of cement line (vertical lines).

Effect of Surface Treatment on Posts

Figure 3 shows the surfaces of glass-fiber post that did not undergo surface treatment (Figure 3 "A"), those that were treated with the coupling agent (silane – Sil) (Figure 3 "B"), and those that underwent surface treatment with 35% hydrogen peroxide (Per) (Figure 3 "C") or sodium bicarbonate (Bic) (Figure 3 "D"). The posts treated with Per and Bic showed a clean surface and removal of part of the resin matrix, exposing the glass-fiber of the post. Figure 4 shows cement-resin tags in the cement-dentin interface.

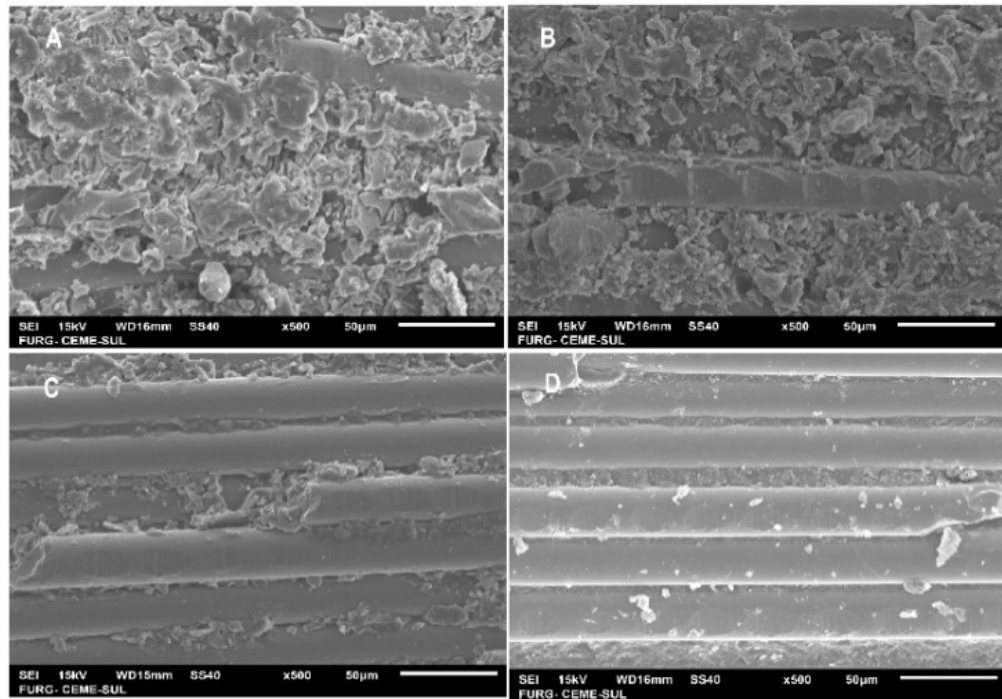


Figure 3. SEM (500X) Surface of fiberglass: A= Control; B= Silane; C= 35%Hydrogen Peroxide and D= Sodium Bicarbonate. The fiber glasses, longitudinally of the post, are superficially exposed.

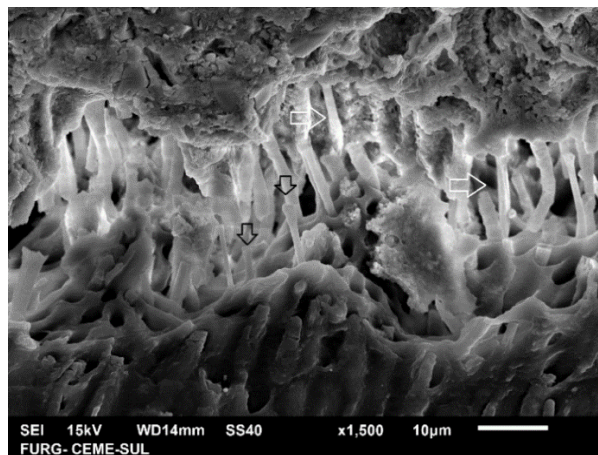


Figure 4. SEM (1500X) Resin Cement – Dentin interface gap. Cement-resin tags emerging from resin cement to dentin tubules. (white arrows). Cement-resin tags fractured are shown (black arrows). The resin cement shrinkages or the technical preparation to microscopy (acid rinsing to remove smear layer formed by 1200-grit silicon carbide paper or drying process) promoted this effect.

DISCUSSION

Several studies have evaluated the effect of dentin surface treatment on bond strength after cementation of intraradicular post, as the presence of smear layer and debris along the prepared root canal walls can also affect dentin adhesion¹². Irrigating solution, such as EDTA 17%, used in this study before the cementation of the post, has its use consolidated in the literature, because it removes smear layer, but does not totally demineralize dentin, allowing the interaction of dentin inorganic substances with resin cement¹³, because the chemical characteristics of cement also influence the bond strength, the presence of the smear layer can be overcome by the possible

chemical bond between dentin and the cement itself, which, in the case of U200 cement, is ensured by presence of trimellitic 4-methacry-loxythyl acidic monomers and phosphoric acid ether¹⁴.

The surface treatment made with sodium bicarbonate on the post surfaces improved the bond strength in the cervical region groups, compared with the other treatments. Comparing the results for the cervical versus middle regions, we found no differences except for the control groups, whereas the Sil, Per and Bic treated groups had higher bond strength results in the cervical third. Therefore, we partially reject the first hypothesis, and reject the second one.

The conditioning agents and techniques used in this study can be easily used in a clinical setting, since they are materials available in clinical practice, and the techniques are both simple to perform and require no special or expensive equipment. The agents used also have a surface cleaning effect (Figure 3) and may change the surface energy, depending on the type of conditioner employed¹⁵. Furthermore, some acid conditioners may also expose the fibers in the posts, due to dilution of their resin phase, leading to improved interaction with the bonding agent⁷. This effect can readily be seen in the results obtained for the Per (Figure 3C) and Bic (Figure 3D) groups.

It has been reported that the treatment of posts with hydrogen peroxide and mechanical blasting with aluminum oxide yield higher bond strength. This is because the treatment promotes the formation of irregularities (micro-retentions) in the post. Furthermore, it has been found that blasting of the post with aluminum oxide followed by the application of 35% hydrogen peroxide results in improved surface cleaning, leading to increased bond strength¹⁶.

In the present study, the enamel was blasted with sodium bicarbonate to remove bacterial plaque and extrinsic stains¹⁷. The blasting was also used to provide a mechanical surface treatment of the glass-fiber post, thus creating irregularities on the glass-fiber post surface following removal of the resin matrix (Figure 3D), and promoting cleaning, thereby enhancing the bond strength.

It was found that the application of silane enhanced the bond strength in all the experimental groups, compared with the control group. Silane is a bifunctional agent that promotes chemical interactions between organic and inorganic compounds. Thus, the organic matrix of the resin cement and the silica present in the glass-fiber of the posts are chemically linked, and provide better wetting capacity of the surface by the cementing agent¹⁴. According to Nishiyama et al.², the properties of an interface in which one of the components is silanized are influenced by the quantity of the agent adsorbed, and by the chemical affinity of the components of the assembly. The presence of methacrylate acid monomers in the resin cement formula promotes surface conditioning of the post, and triggers a chemical interaction between the resin cement and the glass fiber¹⁸. The findings of this study can be explained through the hybridization mechanism for self-adhesive cement described above. Similar results have been presented by Machado et al.¹⁹.

Leme et al.²⁰ recommended the use of silane as an agent for enhancing adhesion. They used glass-fiber posts cemented with a self-adhesive resin cement (RelyXUnicem) containing phosphate methacrylate acid monomers, similar to the cement used in this study. However, studies by Machado et al.¹⁹ showed that merely applying silane or hydrogen peroxide did not increase post retention, as shown in comparisons with the control group. Therefore, these authors recommend combining post surface treatments with silane to reinforce the post-dentin bond. Note that combining different techniques may result in a longer clinical application time, due to a greater number of steps involved prior to the cementation of the post. Therefore, combined treatment protocols were not examined in this study, inasmuch as our main purpose was to verify the effect of the treatments individually, so that each effect could be assessed separately.

The present study showed a difference among the bond strength values in different root regions. Comparing all the treatments tested, the results for the cervical third were better than those for the middle third. This difference may be attributed to several factors, such as the morphological differences between the crown and root dentinal substrates. The dentin located in

the cervical third maintains many micromorphological characteristics of the dentin located in the dental crown, like amplitude and number of dentinal tubules, as well as mineral and organic composition, thus making it more suitable to conduct adhesive procedures. The number of dentinal tubules in the dental crown is different from that of the cervical third, and the number decreases in the cervico-apical direction, influencing the adhesive strength, which gradually decreases as the distance from the cervical region increases²⁰.

Another aspects related to the cavity configuration factor (C-Factor), whose significant influence on the adhesive bond was demonstrated by the decrease in bond strength values between the cervical and middle thirds. Our data is consistent with a prior study by Perdigão et al.²¹. These studies showed that the C-factor is associated with lower adhesive strength at the lower root thirds, which is explained by the larger circumferential area, and consequent greater volume of resin cement in the cervical third. No significant influence was found for the post and cavity wall acting as a confinement factor, since there is greater space in the root region, thus allowing for relaxation of the stresses induced during polymerization contraction. These results are consistent with those of our study; the cement line thickness results were significantly greater in the cervical third (Figure 2), coinciding with the higher bond strength results in this region²².

The bond may be enhanced due to chemical interactions between components of the cement and post with the substances used for surface treatment. Although the pH of self-adhesive cement is initially acidic, the conditioning provided by this cement differs from that provided by phosphoric acid²³.

Although the most suitable test to evaluate the bond strength between intraradicular posts and the root dentin has been reported as the push-out test⁹, the microtensile test was used in this study to provide a more *ad hoc* evaluation of the adhesive interface in the different root regions. According to Goracci et al.⁹, this type of mechanical test can measure the bond strength between minimal surfaces and evaluate the local variations in the tooth substrate. It is also suitable for obtaining multiple samples from a single tooth. Preparation of the specimens in the form of an hourglass, as performed in this study, can lead to a high number of pretest failures and limit the number of samples used. This type of preparation can create additional stress in the sample and influence early losses, according to Armstrong et al.²⁴. However, it is important to highlight that the highest number of failures invariably occurs in the apical third, which was not the object of this study. Moreover, the data obtained in this study proved to be reliable, and the number of pretest failures was negligible.

Adhesion of the glass-fiber post to the root dentin may also be affected by the difficulty in controlling the intraradicular moisture, because it is difficult to view the canal along its entire length. As a consequence, there can be deficiencies in the conduit drying stage^{1,22}.

Regarding the failures presented in this study, the fact that all were adhesive and predominantly in the cement-dentin interface confirms the suitability of the method proposed, this is corroborated by the previous studies²¹. The hourglass shape as sample geometry allowed the stresses to be irregularly distributed to the region studied and data obtained on the interface should be influenced by standard deviation values, however all groups suffered with that influence. According to Goracci et al.²⁵, high standard deviation values may also be associated with the constant handling of the sample, such as the lateral wear required for its preparation. Henceforth, this bias should be controlled in the other *in vitro* studies.

CONCLUSION

Within the limitations of the present experiment, it can be concluded that the treatment of the glass-fiber post surface with the chemical and physical agents increased the bond strength in the cervical third of the root, and the treatment with Bic promoted better results than the others.

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CONFLICTS OF INTERESTS

The authors declare no conflicts of interest.

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