

# Prevalence of gastrointestinal parasites in domestic dogs in Tabasco, southeastern Mexico

Prevalência de parasitas gastrointestinais em cães domésticos em Tabasco, sudeste do México

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## Abstract

The overall goal of this study was to estimate the prevalence of gastrointestinal (GI) parasites in dogs in the city of Villahermosa in Tabasco, Mexico. The study population consisted of 302 owned dogs that had limited access to public areas. A fecal sample was collected from each animal and examined for GI parasites by conventional macroscopic analysis and centrifugal flotation. Fecal samples from 80 (26.5%) dogs contained GI parasites. Of these, 58 (19.2%) were positive for helminths and 22 (7.3%) were positive for protozoan parasites. At least seven parasitic species were identified. The most common parasite was *Ancylostoma caninum* which was detected in 48 (15.9%) dogs. Other parasites detected on multiple occasions were *Cystoisospora* spp. (n = 19), *Toxocara canis* (n = 7) and *Giardia* spp. (n = 3). Three additional parasites, *Dipylidium caninum*, *Trichuris vulpis* and *Uncinaria* spp., were each detected in a single dog. No mixed parasitic infections were identified. In summary, we report a moderately high prevalence of GI parasites in owned dogs in Villahermosa, Tabasco. Several parasitic species identified in this study are recognized zoonotic pathogens which illustrates the important need to routinely monitor and treat dogs that live in close proximity to humans for parasitic infections.

**Keywords:** Dogs, gastrointestinal, risk factors, zoonotic parasites, Mexico.

## Resumo

O objetivo geral deste estudo foi estimar a prevalência de parasitas gastrointestinais (GI) em cães na cidade de Villahermosa, em Tabasco, México. A população estudada consistiu de 302 cães com donos, com acesso limitado a áreas públicas. Uma amostra fecal de cada animal foi coletada e examinada para parasitas GI por análise macroscópica convencional e centrífugo-flutuação. Amostras fecais de 80 (26,5%) cães apresentaram parasitas GI. Destes, 58 (19,2%) foram positivos para helmintos e 22 (7,3%) foram positivos para protozoários. Pelo menos 7 espécies parasitas foram identificadas. O parasita mais comum foi *Ancylostoma caninum*, detectado em 48 (15,9%) cães. Outros parasitas detectados em diversas ocasiões foram *Cystoisospora* spp. (n = 19), *Toxocara canis* (n = 7) e *Giardia* spp. (n=3). Adicionalmente, três parasitas foram detectados em apenas um cão – *Dipylidium caninum*, *Trichuris vulpis* e *Uncinaria* spp. Nenhuma infecção mista foi observada. Em resumo, nós identificamos neste trabalho uma prevalência moderadamente alta de parasitas GI em cães com donos, em Villahermosa, Tabasco. Várias espécies de parasitas identificados são reconhecidamente patógenos zoonóticos, o que indica a necessidade de monitorar rotineiramente e tratar infecções parasitárias em cães que vivem em proximidade a populações humanas.

**Palavras-chave:** Cães, gastrointestinal, fatores de risco, parasitas zoonóticos, México.

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## Introduction

Domestic dogs are important reservoirs of many zoonotic pathogens including several gastrointestinal (GI) parasites (ROBERTSON et al., 2000; ROBERTSON & THOMPSON, 2002; TAN, 1997). One of the most common zoonotic GI parasites acquired from dogs is the roundworm *Toxocara canis* (LEE et al., 2010; MACPHERSON, 2013; OVERGAAUW & VAN KNAPEN, 2013). In humans, *T. canis* infections can manifest as visceral larva migrans (a systemic disease caused by larval migration to major organs), ocular larva migrans (a disease limited to the eyes and optic nerves) and covert toxocariasis (a disease associated with eosinophilia, cognitive disturbances and asthma-like symptoms). Humans are usually infected by ingestion of embryonated eggs or larvae, and infections are more common among infants and children. Hookworms (i.e. *Ancylostoma* and *Uncinaria* spp.) are also zoonotic GI parasites commonly acquired from dogs (BOWMAN et al., 2010; ROBERTSON & THOMPSON, 2002). Hookworm larvae can penetrate intact human skin and migrate through subcutaneous tissues, and this usually occurs after contact with soil contaminated with infected animal feces. In humans, hookworm infections can result in skin, enteric and pulmonary diseases such as cutaneous larva migrans. Hookworms commonly associated with cutaneous larva migrans include *Ancylostoma braziliense*, *A. caninum* and *Uncinaria stenocephala*. Dogs are also reservoirs of several protozoan parasites (i.e. *Giardia duodenalis* and *Cystoisospora* spp.) of zoonotic concern (FENG & XIAO, 2011; ROBERTSON & THOMPSON, 2002; RYAN & CACCIO, 2013).

Monitoring dogs for zoonotic GI parasites is necessary for the development and implementation of effective control and prevention strategies that mitigate the burden of zoonotic diseases on public health. This is especially true in urbanized areas where humans and dogs are in frequent contact. Studies performed in the last few years have estimated the prevalence of GI parasites in dogs in many regions of the world including China (FANG et al., 2015), Demark (AL-SABI et al., 2013), Iran (GHAREKHANI, 2014), Italy (ZANZANI et al., 2014), Japan (KIMURA et al., 2013), Malaysia (NGUI et al., 2014), Portugal (MATEUS et al., 2014), Spain (ORTUNO et al., 2014) and Thailand (ROJEKITTIKHUN et al., 2014). However, there is no information on the prevalence of parasites in dogs in Tabasco, Mexico. To address this gap in our knowledge, we estimated the prevalence of GI parasites in owned dogs in Villahermosa, the largest city in the state of Tabasco.

## Materials and Methods

### Study area

The study was performed in the city of Villahermosa (population ~650,000) in Tabasco, southeastern Mexico. Villahermosa is located at Global Positioning Systems coordinates 17° 99' N and 92° 95' W and has an average elevation of approximately 10 m. The climate is tropical with rain falling year around. The average annual temperature is 26 °C (INEGI, 2015).

### Study population and sample collection

The study population consisted of dogs that presented to the veterinary clinic at the Universidad Juarez Autonoma de Tabasco (UJAT) from January to December 2013. Dogs were classified according to their age (<12 months or >12 months), gender, breed and anthelmintic usage (last treated <12 months ago, >12 months ago or never). Anthelmintic treatment usually consisted of a combination of pyrantel pamoate, praziquantel febantel and ivermectin which was administered perorally by a veterinarian. All dogs were primarily house-bound (had less than one hour of access to public areas each day). Individual fecal samples were collected directly from the rectum of each dog by rectal stimulation with parasitological loop or at the moment of defecation with the aid of the dog's owner. Samples were immediately transported to the laboratory on ice packs and refrigerated for no more than 24 hr prior to processing.

### Parasitological procedures

Fecal samples were first inspected for the presence of adult helminths and proglottids of cestodes using conventional macroscopic techniques. Samples were then assayed for eggs and oocysts using a centrifugation-flotation method as previously described (DRYDEN et al., 2005). Briefly, 2-5 g of each sample was mixed with 10 ml of Sheather's sucrose solution (a saturated sugar solution with a specific gravity of 1.27 to 1.33). Samples were mixed thoroughly to disrupt aggregates and centrifuged (5 minutes at 1,000 g). Eggs and oocysts were allowed to rise to the surface. A drop of each preparation was placed onto a slide and eggs and oocysts were visualized by light microscopy and identified according to morphological characteristics (BOWMAN & GEORGI, 2009; MEDINA-REYNES, 1994). A fecal sample was considered to be positive if at least one parasitic form was observed by any method.

### Statistical analysis

The association between parasite frequency and select demographic variables (age, gender, and deworming history) was assessed using  $\chi^2$  test on 2x2 table and IBM SPSS Statistics version 22 software (IBM Corporation, Armonk, NY). Results were considered significant when  $p < 0.05$ .

## Results

Fecal samples from 302 owned dogs that presented at the UJAT veterinary clinic from January to December 2013 were analyzed for the presence of parasites by macroscopic inspection and centrifugation-flotation. Samples from 80 (26.5%) dogs tested positive by at least one of these methods (Table 1). The most common parasite was *Ancylostoma caninum* which was detected in the feces of 48 (15.9%) dogs. Nineteen (6.3%) dogs were positive for *Cystoisospora* spp., seven (2.3%) dogs were positive for *Toxocara canis* and three (1.0%) dogs were positive for

**Table 1.** Prevalence of gastrointestinal parasites in fecal samples from 302 owned dogs in Villahermosa, Tabasco.

Parasite	No. dogs positive for parasites			Total (%)
	Positive by macroscopic analysis only	Positive by centrifugation-flotation only	Positive by both detection techniques	
<i>Ancylostoma caninum</i>	-	48	-	48 (15.9)
<i>Cystoisospora</i> spp.	*N/A	19	-	19 (6.3)
<i>Dipylidium caninum</i>	1	-	-	1 (0.3)
<i>Giardia</i> spp.	N/A	3	-	3 (1.0)
<i>Toxocara canis</i>	2	5	-	7 (2.3)
<i>Trichuris vulpis</i>	-	1	-	1 (0.3)
<i>Uncinaria</i> spp.	-	1	-	1 (0.3)
Total	3	77	-	80 (26.5)

\*Not applicable: protozoans cannot be detected by macroscopic analysis.

**Table 2.** Association between select demographic variables and parasite prevalence of 302 owned dogs in Villahermosa, Tabasco.

Variable	No. dogs tested	No. dogs positive	% dogs positive
Age:	<12 months	172	31 18.0
	>12 months	130	49 37.7
Gender:	Male	141	41 29.1
	Female	161	39 24.2
Breed:	Chihuahua	27	7 25.9
	Poodle	31	4 12.9
	Schnauzer	44	8 18.2
	Mixed-breed	69	18 26.9
	*Other	131	43 32.8

\*35 breeds.

*Giardia* spp. Other parasites detected were *Dipylidium caninum*, *Trichuris vulpis* and *Uncinaria* spp., which were each detected in a single dog. No dogs were concurrently infected with more than one parasite spp. Fifty-eight (19.2%) dogs were positive for helminths and 22 (7.3%) were positive for protozoan parasites.

The prevalence of parasites in dogs <12 months of age was 18.0% while the prevalence in dogs >12 months of age (37.7%) was approximately two-fold higher (Table 2). Statistical analysis of these data revealed that this difference is significant ( $X^2 = 15.05$ ,  $d.f. = 1$ ,  $P = 0.0001$ ). The prevalence of parasites in female and male dogs was 24.2% and 29.1%, respectively. This difference is not significant ( $X^2 = 0.91$ ,  $d.f. = 1$ ,  $P = 0.340$ ). Our study population consisted of 233 pure-bred dogs and 69 mixed-breed dogs. Thirty-eight defined breeds were represented and the most common were schnauzers ( $n = 44$ ), poodles ( $n = 31$ ) and Chihuahuas ( $n = 27$ ). The prevalence of parasites in pure-bred and mixed-breed dogs was 26.6% and 26.9%, respectively. This difference is not significant ( $X^2 = 0.004$ ,  $d.f. = 1$ ,  $P = 0.947$ ). The prevalence

of parasites in schnauzers and non-schnauzers was 18.2% and 27.9%, respectively, and this difference is also not significant ( $X^2 = 1.123$ ,  $d.f. = 1$ ,  $P = 0.289$ ). Likewise, the prevalence of parasites in poodles (12.9%) compared all other dogs (28.0%) as well as Chihuahuas (25.29%) compared to all other dogs (26.5%) did not differ significantly ( $X^2 = 2.106$ ,  $d.f. = 1$ ,  $P = 0.147$  and  $X^2 = 0.003$ ,  $d.f. = 1$ ,  $P = 0.958$ , respectively). A total of 204 dogs had received anthelmintics within the last 12 months, 79 had last received anthelmintics more than 12 months ago and 19 had never received anthelmintics (Table 3). The overall GI parasite prevalence in dogs last dewormed <12 and >12 months ago (17.2% and 22.8%, respectively) are not significantly different from untreated dogs (26.3%) ( $X^2 = 1.185$ ,  $d.f. = 1$ ,  $P = 0.276$  and  $X^2 = 0.991$ ,  $d.f. = 1$ ,  $P = 0.320$ , respectively).

## Discussion

This is the first study to estimate the prevalence of GI parasites in dogs in Tabasco. Similar studies have been performed in at least six other states of Mexico: Campeche (ENCALADA-MENA et al., 2011), Chiapas (MARTÍNEZ-BARBABOSA et al., 2008), Nuevo Leon (VARGAS-MENA & DE BRONDO, 1967), Oaxaca (VELEZ-HERNANDEZ et al., 2014), Queretaro (CANTÓ et al., 2011) and Yucatan (RODRIGUEZ-VIVAS et al., 2011) in addition to Mexico City (EGUÍA-AGUILAR et al., 2005). The parasite prevalence reported in our study (26.5%) is considerably lower than those observed elsewhere in Mexico. Parasites were detected in fecal samples obtained from 104 of 130 (80.0%) domestic dogs in a rural community in Yucatan (RODRIGUEZ-VIVAS et al., 2011). Parasites were also detected in intestines harvested from 102 of 120 (85.0%) stray dogs in Mexico City (EGUÍA-AGUILAR et al., 2005) and 275 of 378 (72.8%) stray dogs in Queretaro (CANTÓ et al., 2011). Additionally, parasites were identified

**Table 3.** Association between helminthic prevalence and anthelmintic treatment history for 302 owned dogs in Villahermosa, Tabasco.

Time since most recent anthelmintic treatment	Helminth					Total No. dogs positive/ tested (%)
	<i>A. caninum</i>	<i>D. caninum</i>	<i>T. canis</i>	<i>T. vulpis</i>	<i>Uncinaria</i> spp.	
<12 months	28	-	6	-	1	35/204 (17.2)
>12 months	15	1	1	1	-	18/79 (22.8)
Never	5	-	-	-	-	5/19 (26.3)
Total	48	1	7	1	1	58/302 (19.2)

in 132 of 180 (73.3%) canine fecal samples collected in various public locations in the city of Puerto Escondido, Oaxaca (VELEZ-HERNANDEZ et al., 2014) and in 74 of 200 (37.0%) canine fecal samples collected in the streets of Cristobal de Las Casas, Chiapas (MARTÍNEZ-BARBABOSA et al., 2008).

A likely explanation for the lower prevalence of GI parasites reported in the present study compared to studies performed elsewhere in Mexico is because our sample population was comprised of dogs with limited access to public areas. Most other studies performed in Mexico focused on feral dogs or were performed using fecal samples collected in public areas. Free-roaming dogs are more likely to come into contact with infected dogs and infected fecal material compared to dogs primarily confined to residential properties. The differences in parasite prevalence could also be attributed to variations the detection techniques or the types of biological samples used in the above studies, or differences in the general health and nutritional status of the dogs. Alternatively, these differences could be due to temporal or spatial variations.

Another reason why the prevalence of GI parasites in this study is considerably lower than those performed elsewhere in Mexico could be because most dogs in our sample population had received anthelmintics in the last 12 months. As already noted, most other studies performed in Mexico focused on feral and/or free-roaming dogs, and these dogs are less likely to receive anthelmintics than those primarily restricted to private residences. However, it is important to note that we did not observe a significance difference in the prevalence of helminths in anthelmintic-treated dogs compared to untreated dogs. One limitation of our study is the small number (n = 19) of untreated dogs in the sample population which would have diminished the statistical power of the analysis. Alternatively, our findings could indicate that anthelmintics had limited (if any) effect on the prevalence of helminths in dogs in the sample population. Although many studies have demonstrated that anthelmintics significantly reduce the prevalence of helminths in dogs, this is not always the case. The administration of anthelmintics did not influence the prevalence of helminths in dogs in India (TRAUB et al., 2002). Additionally, helminths were detected on at least one occasion in 63 of 111 dogs (56.8%) in Switzerland that were tested for parasites each month for 12 months, and given anthelmintics (pyrantel parmoate, praziquantel, febantel and ivermectin) every three months (SAGER et al., 2006). These findings could be attributed to anthelmintic resistance. Alternatively, anthelmintic treatment may not always result in a

complete elimination of parasites. One limitation of our study is that parasites were not quantitated; thus, it is not known whether similar relative numbers of parasites were present in parasite-positive dogs that had received anthelmintics compared to parasite-positive dogs that had not received anthelmintics.

At least five helminth spp. (*A. caninum*, *D. caninum*, *T. canis*, *T. vulpis* and *Uncinaria* spp.) and two protozoan spp. (*Cystoisospora* spp. and *Giardia* spp.) were identified in the present study. The most common parasite was *A. caninum* which was detected in 15.9% of the sample population. Likewise, *A. caninum* was the most common parasite in the surveys performed in Yucatan and Mexico City where it was detected in 73.8% and 62.5% of dogs, respectively (EGUÍA-AGUILAR et al., 2005; RODRIGUEZ-VIVAS et al., 2011). *A. caninum* was the second most common parasite in dogs in Queretaro where it was detected in 42.9% of the sample population (CANTÓ et al., 2011). *T. canis* was detected in 2.3% of the dogs assessed in the present study. This parasite has been reported elsewhere in Mexico, including Yucatan (where 6.2% of dogs tested positive), Mexico City (13.3%), Campeche (14.4%), Queretaro (15.1%) and Oaxaca (47.8%) (CANTÓ et al., 2011; EGUÍA-AGUILAR et al., 2005; ENCALADA-MENA et al., 2011; RODRIGUEZ-VIVAS et al., 2011; VELEZ-HERNANDEZ et al., 2014).

No dogs in the present study were concurrently infected with more than one parasite species. In contrast, evidence of mixed parasite infections were detected in 49.5% dogs in Queretaro (CANTÓ et al., 2011) and 24.4% dogs in Yucatan (RODRIGUEZ-VIVAS et al., 2011). These differences could reflect the lower overall GI parasite prevalence observed in our study (26.5%) compared to the other two studies (72.8-80.0%). Indeed, mixed infections are presumably less likely to occur when the overall parasite prevalence is approximately threefold lower. It is also possible that a subset of animals sampled in our study had mixed infections and that only the most abundant parasitic species was detected on each occasion.

Several of the GI parasites identified in the present study are of zoonotic concern. *T. canis* is a recognized cause of human disease; this pathogen has been associated with generalized lymphadenopathy, hepatitis, endomyocarditis, leukocytosis and irreversible blindness (MACPHERSON, 2013). Antibodies to *Toxocara* spp. were detected in 13.9% of individuals in the U.S. in 1988-1994, and increased seropositivity was associated with dog ownership (WON et al., 2008). It has been estimated that as many

as 1.3-2.8 million individuals in the U.S. are infected with *Toxocara* spp. indicating that, even in developed countries, *Toxocara* spp. has an enormous burden on human health (HOTEZ, 2008). *A. caninum* has been associated with cutaneous larva migrans in humans (BOWMAN et al., 2010; ROBERTSON & THOMPSON, 2002) and several cases of human disease have been attributed to *D. caninum* (BARTSOCAS et al., 1966; CURRIER et al., 1973; NEIRA et al., 2008), including a case that recently occurred in Sinaloa, Mexico (CABELLO et al., 2011). Several *Cystoisospora* and *Giardia* spp. parasites have been implicated in human disease (FENG & XIAO, 2011; ROBERTSON & THOMPSON, 2002; RYAN & CACCIO, 2013).

In summary, we report a moderately high prevalence (26.5%) of GI parasites in 302 owned dogs in the city of Villahermosa in Tabasco, Mexico. At least seven parasitic spp. were identified, several of which are recognized zoonotic pathogens. These data illustrate the important need to monitor and treat dogs that live in urban areas for GI parasites.

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