

Antihypoxic activities of *Crataegus pentaegyn* and *Crataegus microphylla* fruits-an *in vivo* assay

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The aim of this study was to evaluate anti-hypoxia activity of polyphenolic extracts of *Crataegus microphylla* and *Crataegus pentaegyn* on mice. Three experimental models of hypoxia were considered, including asphyctic hypoxia, haemic hypoxia, and circulatory hypoxia. Polyphenolic extract of both plants exhibited significant anti-hypoxic activity and prolonged animal survival time. Anti-hypoxia activity of *C. pentaegyn* was found to be superior to that of *C. microphylla* in circulatory and asphyctic hypoxia. Antihypoxic activity of these extracts may be attributed to their phenolic compounds.

Keywords: *Crataegus pentaegyna*. *Crataegus microphylla*. Antihypoxia/evaluation. Circulatory hypoxia.

INTRODUCTION

Hypoxia, a state of oxygen deficiency, occurs in a number of human diseases, including heart diseases, ischemia, bleeding and heart attack. Hypoxia causes several deleterious effects, which finally may lead to tissue destruction and death (Kiang, Tsen, 2006). Hypoxia mediates the production of nitric oxide, which in turn provokes lipid peroxidation and cell membrane injury (Kiang, Tsen, 2006). Hence, nitric oxide scavenging may neutralize hypoxia. Hypoxia can induce ROS (reactive oxygen species) production, as well (Armstrong, 2010).

Antioxidants have been proven to scavenge ROS and therefore are able to exhibit antihypoxia property. Plants are considered as a valuable source of natural antioxidants. Hawthorn [*Crataegus* spp. (Rosaceae)] is one of the oldest medicinal plants that is widely used throughout the world, especially in South European countries and Turkey (Bahorun *et al.*, 2003, Barros, Carvalho, Ferreira, 2011). *Crataegus* spp. is mainly used for treatment of cardiovascular diseases (Rigelsky and

Sweet, 2002). Two *Crataegus* species grow in northern provinces of Iran, *C. pentaegyna* (CP) and *C. microphylla* (CM) (Ebrahimzadeh, Bahramian, 2009). *Crataegus* extract contain flavonoid and phenolic compounds that exhibit antioxidant activity (Hertog *et al.*, 1993, Zhang *et al.*, 2001). *Crataegus* may have cardio protective properties (Chatterjee *et al.*, 1997). Antioxidant activity of hawthorn species has already been reported (Bahorun *et al.*, 1994, Ljubuncic *et al.*, 2005). Hawthorn contains different phenolic and flavonoids compounds, including: chlorogenic acid, epicatechin, rutin, hyperoside and vitexin (Zhang *et al.*, 2001). Previous studies show that hawthorn has high polyphenolic and flavonoids compounds (Rabiei *et al.*, 2012). The aim of the present work was to determine the antihypoxic activities of polyphenol fraction of *C. pentaegyna* and *C. microphylla* fruits.

MATERIAL AND METHODS

Plant material and preparation of phenolic fractions

C. pentaegyna Sub sp. *Elburensis* (CP) and *C. microphylla* (CM) fruits were collected from Mazandaran forests in autumn 2012, dried at room temperature, and

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subjected to polyphenol extraction as described previously (Rabiei *et al.*, 2012). Extraction was performed two times at 20 °C in a shaking incubator. Extracting time was 30 min, and extracting solvent was 100 mL of methanol/acetone/water (3.5/3.5/3) containing 1% formic acid. The extracts were combined and filtered through two layers of cheesecloth. The collected filtrate was centrifuged at 7000 g for 15 min. The supernatant was collected and then evaporated under vacuum at 35-40 °C to remove methanol and acetone. Lipophilic pigments were then eliminated from the aqueous phase by two successive extractions in a separation funnel with a twofold volume of petroleum ether. The aqueous phase was collected and further extracted three times using equal volume of ethyl acetate in the separation funnel. Three ethyl acetate phases were collected and concentrated over a rotary vacuum until obtaining a crude solid extract, which then was freeze-dried for complete solvent removal.

Determination of total phenolic and flavonoid contents

Total phenolic content was measured calorimetrically using the Folin-Ciocalteu assay (Rabiei *et al.*, 2012). The concentration of total phenolic compounds in the plant extracts was expressed as mg of gallic acid equivalents (GAE) per gram of extract using the equation obtained from standard gallic acid graph: Absorbance = 0.0054 x total phenols [mg gallic acid] + 0.0628 ($R^2 = 0.987$). The total flavonoid content was determined using aluminum chloride method (Ebrahimzadeh *et al.*, 2010). The total flavonoid content in the extracts was expressed as mg of quercetin equivalents (QE) per gram of extract using the equation obtained from standard quercetin graph: Absorbance = 0.0063 x total flavonoids [mg quercetin] ($R^2 = 0.999$).

Assay of nitric oxide-scavenging activity

For the experiment, sodium nitroprusside (concentration of 10 mM, prepared in phosphate-buffered saline) was mixed with different concentrations of each extract, and incubated at room temperature. After 150 min, 0.5 mL of Griess reagent was added and absorbance was measured at 546 nm. Quercetin was used as a positive control (Ebrahimzadeh *et al.*, 2013).

HPLC analysis

The phenolic compounds present in the CM and CP fruits were analyzed using HPLC method, as described

previously (Zhang *et al.*, 2001). The HPLC system consisted of a model K-1001 solvent delivery system equipped with a Rheodyne injection valve (20 μ l sample loop inserted) and a UV-vis spectrophotometric detector model K-2600 set at 278 nm (all from Knauer Assoc., Germany). The analysis was performed using an ODS-C18 column (250 mm \times 4.6 mm I.D., 5 μ m particle size, Shim-pack VP-ODS). The mobile phase was 20% acetonitrile in 25 mM sodium phosphate buffer (pH = 3). The mobile phase flow rate was 1.0 mL/min and all the measurements were done at ambient temperature.

Animals

Male Swiss albino mice (20 \pm 2 g) were randomly housed in groups of 10 in polypropylene cages at an ambient temperature (25 \pm 1 °C and 45-55% relative humidity) with a 12 h light: 12 h dark cycle (lights on at 7 a.m.). The animals had free access to standard pellet and water and *libitum*. Experiments were conducted between 8:00 and 14:00 o'clock. All the experimental procedures were conducted in accordance with the NIH guidelines of the Laboratory Animal Care and Use. The Institutional Animal Ethical Committee (IAEC) of Mazandaran University of Medical Sciences also approved the experimental protocol (Approval no: 1211, 2013).

Determination of the maximum non-fatal dose

Each extract was injected (2 g/kg) to the separated groups (each group contained four mice) to determine the maximum non-fatal dose. After 48 h, the induction of any mortality was considered as the maximum non-fatal dose (Ebrahimzadeh *et al.*, 2010).

Anti-hypoxic activity

Asphyctic Hypoxia: To induce hypoxia, animals were separately put in a tightly closed 300 mL glass container and then submerged in water (an aquarium filled with water, temperature of 25 °C) in. The animals died from hypoxia after approximately 2 min convulsions. The latencies for death were recorded. 30 min before being subjected to hypoxia, mice were injected with 200 or 400 mg/kg of extracts. Two control groups were considered, one received with phenytoin (50 mg/kg) and the other received normal saline (Eslami *et al.*, 2011).

Haemic hypoxia

The effect of the extracts in preventing haemic

Hypoxia was evaluated as described previously (Ebrahimzadeh *et al.*, 2010, Nabavi *et al.*, 2011). Summarily, forty mice were divided into five groups, each consisting of eight mice. Control group was treated with normal saline. After being injected with 200 or 400 mg/kg of extracts, the mice (thirty mice) received 360 mg/kg NaNO₂. The animal survival time was recorded.

Circulatory hypoxia

The effect of the extracts in preventing circulatory Hypoxia was evaluated as described previously (Ebrahimzadeh *et al.*, 2010, Nabavi *et al.*, 2011). Summarily, forty mice were divided into 5 groups of 8. The control group received normal saline. Thirty minutes after being injected with 50 or 100 mg/kg of the extracts, the mice received 150 mg/kg NaF (as *i.p.* administration). The animal survival time was recorded.

Statistical analysis

All the experimental results were centered using three parallel measurements of the mean \pm SD. Analysis of variance (ANOVA) was performed. Mean comparison was carried out using Duncan's new multiple-range test. All *p* values less than 0.05 were regarded to be significant. The IC₅₀ values were calculated from linear regression analysis.

RESULTS AND DISCUSSION

Total phenolic content

Antioxidant activity of herbal extracts has been attributed to the presence of phenolic compounds (Ebrahimzadeh *et al.*, 2008). The total phenolic content of polyphenol fraction in CM (1136.0 \pm 29.5 GAE mg g⁻¹ of extract) is greater than that in CP (721.1 \pm 14.7 GAE mg g⁻¹ of extract). Previous studies with different herbal extract show that there is a significant relationship between the antioxidant activity and total phenolic contents (Ebrahimzadeh *et al.*, 2008). Therefore, PP fraction may be regarded as a valuable source of natural antioxidant for treating free radical-mediated human diseases. (Khalili *et al.*, 2015).

Total flavonoid content

Flavonoids are a family of polyphenolic compounds that are found in different plant species. Flavonoids are responsible for the color of fruits and flowers (Cook,

Samman, 1996). These compounds are secondary metabolites that have gained enormous attention in pharmaceutical and food industries, mainly due to their antioxidant activity (Ebrahimzadeh *et al.*, 2008). Some flavonoids can react with Al³⁺ and form a red complex with absorbance wavelength of 510 nm. The total flavonoid content of CP and CM was calculated to be 87.92 \pm 2.6 QE mg g⁻¹ and 6.25 \pm 0.1 QE mg g⁻¹ CM, respectively. Flavonoids may be useful for treating atherosclerosis and cardiovascular diseases through ROS scavenging activity (Hertog *et al.*, 1993).

HPLC analysis

Hawthorn contains numerous phenolic and flavonoids compounds, including chlorogenic acid, epicatechin, rutin, hyperoside and vitexin (Zhang *et al.*, 2001). An isocratic elution of acetonitrile in sodium phosphate buffer (20:80) (pH= 3) was used to achieve complete separation. Typical retention times for chlorogenic acid and rutin were 3.78 min and 6.26 min, respectively. The comparison of retention times with that of the standards identified the peaks of the analytes in the hawthorn extracts. The chlorogenic acid and rutin contents for *C. pentaegyna* fruit were 91.66 and 15.99 mg g⁻¹ of extract, respectively. These contents for *C. microphylla* fruit were 119.31 and 84.65 mg g⁻¹ of extract, respectively.

The HPLC analysis revealed that hawthorn fruit contains different phenolic compounds, e.g. chlorogenic acid (a phenolic acid) and rutin (a flavonoid). These compounds have many biological activities. Chlorogenic acid is one of the most abundant phenols in human diet whose antioxidant activity has been well demonstrated. Chlorogenic acid has been reported to scavenge OH free radicals in a dose-dependent manner (Zhang *et al.*, 2003). ROS causes oxidative stress in neural cells through hydrogen peroxide production (Pavlica and Gebhardt, 2005). Chlorogenic acid has been reported to suppress ROS-mediated activation of NF- κ B (nuclear factor kappa-light-chain-enhancer of activated B cells) and AP-1 (Activator protein 1). NF- κ B and AP-1 are two eukaryotic transcription factor that are involved in many human cancers (Feng *et al.*, 2005).

Nitric oxide-scavenging activity

Extracts showed moderate nitric oxide-scavenging activity. The CM extract was found to be more active than CP (IC₅₀= 225 \pm 9 and 797 \pm 21 μ g mL⁻¹, respectively). Quercetin, the control, was more potent than both extracts (IC₅₀=155.0 \pm 6.4 μ g mL⁻¹).

TABLE I - Antihypoxic activities of *C. pentaegyna* and *C. microphylla* in haemic and circulatory hypoxia in mice

Groups	Dose (mg/kg)	Haemic hypoxia activity (min)	Dose (mg/kg)	Circulatory hypoxia activity (min)
Control	--	7.24 ± 0.94	--	9.29 ± 0.95
<i>C. pentaegyna</i>	200	6.46 ± 0.46 ^{ns}	50	19.24 ± 2.14**
	400	7.94 ± 0.67 ^{ns}	100	38.67 ± 9.81***
<i>C. microphylla</i>	200	7.33 ± 0.52 ^{ns}	50	22.43 ± 3.34**
	400	8.43 ± 1.40*	100	26.44 ± 8.32***

^aData are expressed as mean ± SD (n = 8), (*P<0.05, **P<0.01, ***P<0.001, compared to control)

The maximum non-fatal doses

The maximum non-fatal doses for extracts were at least 2 g/kg. No mortality was observed at this dose after 48 h.

Antihypoxic activities

The extracts postponed hypoxia in a dose-dependent manner. CP (at 100 mg/kg) was found to be the most effective extract against circulatory hypoxia. CM (at 100 mg/kg) kept mice alive for 26.44±8.32 min (Table I). Administration of sodium fluoride, a circulatory hypoxia inducing agent, increases the blood histamine content and decreases the oxygen carrying capacity (Khalili *et al.*, 2015). Chemical hypoxia is induced by the injection of NaNO₂, which reduces blood oxygen-carrying capacity by converting hemoglobin to methemoglobin (Khalili *et al.*, 2015). We found that CM (at 400 mg/kg) was the most effective extract in preventing haemic hypoxia, which kept the mice alive for 8.43±1.40 min. Compared to the control group, CM prolonged survival time significantly. CP at 400 mg/kg prolonged survival time to 7.94±0.67, which found to be insignificant when compared to the control group (Table I).

The extracts showed no activity in asphytic model (Table I). Compared to the control group, in which the mice died of hypoxia in 28.47±3.38 min, the mice receiving 400 mg/kg of CM died of hypoxia after 23.76±3.51 min.

Studies regarding anti-hypoxic activity of hawthorn are limit. The effects of hawthorn extract on thrombus formation and on hypoxia-treated human umbilical vein endothelial cell are examples of these studies (Lan *et al.*, 2005). Lan and colleagues (2005) showed that hawthorn extract (concentrations of 5 and 10 µg mL⁻¹) decreases the negative of hypoxia in cells by regulating NO and calcium ion levels (Lan *et al.*, 2005). The results of our study are consistent with the results of previous studies in which flavonoids are reported to have antihypoxic activity

(Hertog *et al.*, 1993, He *et al.*, 2010). (Ebrahimzadeh *et al.*, 2008).

CONCLUSION

Polyphenolic extracts of *Crataegus pentaegyna* and *Crataegus microphylla* can be regarded as a valuable source for natural compounds with anti-hypoxic activity. The extracts postpone circulatory hypoxia in a dose dependent manner.

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