

World Thyroid Day 2023 in thyroidology: no overlook thyroid dis-eases to opt for “thyroid health” purposes

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The crucial papillon gland, the thyroid, an important endocrine organ localized in front of the neck, extending laterally like an apron shield on both sides, is a delicate¹ vital organ responsible for plenty of metabolic activities, including the reproductive system and gynecologic endocrinology in *Homo sapiens* and animals, that are critical for the organisms through the secretion of thyroid hormones which makes “thyroid health” extremely important²⁻¹⁰. She (Oregon) flies with her own wings.

World Thyroid Day (WTD), *per se*, was officially accepted at an annual general meeting of the European Thyroid Association (ETA) prior to the September 2007 Congress in Leipzig, Germany, and it was formally adopted that on May 25, WTD will be celebrated in thyroidology. May 25 WTD is intended to create awareness about thyroid diseases on this special day, which was not a random pick but had a special meaning for the ETA, though the date also refers to the establishment day, founding anniversary, of ETA in 1965. Afterward, the American Thyroid Association (ATA) declared its support for this global day after WTD was first celebrated by ETA in 2010. Therefore, it is endorsed by the ATA, the sister Associations of Latin America and Asia, as well as by the International Thyroid

Federation in commemoration of the butterfly-shaped delicate glands^{11,12}.

It is a day dedicated to the thyroid, augmenting awareness among both the public and authorities about the suffering of thyroid diseases all around the world. Thyroidologists are defined as the “first string” players in awareness efforts globally by the ATA in 2023¹². Every effort is for *papillon glande thyroïde*. All roads lead to the thyroid.

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AUTHORS' CONTRIBUTIONS

DS: Conceptualization, Formal Analysis, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing. **IS:** Conceptualization, Formal Analysis, Investigation, Methodology, Project administration, Resources, Software, Validation, Visualization, Writing – original draft, Writing – review & editing.

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