

Light-induced retinal injury enhanced neurotrophins secretion and neurotrophic effect of mesenchymal stem cells *in vitro*

Lesão de retina induzida por luz aumentou a secreção de neurotrofinas e o efeito neurotrófico das células primordiais mesenquimais in vitro

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ABSTRACT

Purpose: To investigate neurotrophins expression and neurotrophic effect change in mesenchymal stem cells (MSCs) under different types of stimulation.

Methods: Rats were exposed in 10,000 lux white light to develop light-induced retinal injury. Supernatants of homogenized retina (SHR), either from normal or light-injured retina, were used to stimulate MSCs. Quantitative real time for polymerase chain reaction (RT-PCR) and enzyme-linked immunosorbent assay (ELISA) were conducted for analysis the expression change in basic fibroblast growth factor (bFGF), brain-derived neurotrophic factor (BDNF) and ciliary neurotrophic factor (CNTF) in MSCs after stimulation. Conditioned medium from SHR-stimulated MSCs and control MSCs were collected for evaluation their effect on retinal explants.

Results: Supernatants of homogenized retina from light-injured rats significantly promoted neurotrophins secretion from MSCs ($p < 0.01$). Conditioned medium from mesenchymal stem cells stimulated by light-injured SHR significantly reduced DNA fragmentation ($p < 0.01$), up-regulated bcl-2 ($p < 0.01$) and down-regulated bax ($p < 0.01$) in retinal explants, displaying enhanced protective effect.

Conclusions: Light-induced retinal injury is able to enhance neurotrophins secretion from mesenchymal stem cells and promote the neurotrophic effect of mesenchymal stem cells.

Keywords: Fibroblast growth factor 2; Ciliary neurotrophic factor; Retina/injuries; Mesenchymal stromal cells; Stem cells; Brain-derived neurotrophic factor

RESUMO

Objetivo: Investigar a expressão de neurotrofinas e mudança no efeito neurotrófico de células-tronco mesenquimais (MSCs) sob diferentes tipos de estimulação.

Métodos: Os ratos foram expostos em 10.000 lux de luz branca para desenvolver a lesão da retina induzida por luz. Os sobrenadantes de homogeneizado de retina (SHR) quer a partir de retina normal ou da lesada por luz, foram usados para estimular as células-tronco mesenquimais. O RT-PCR quantitativa e ELISA foram realizados para análise da alteração de expressão do fator básico de crescimento de fibroblastos (bFGF), do fator neurotrófico derivado do cérebro (BDNF) e do fator neurotrófico ciliar (CNTF) em MSCs após a estimulação. O meio condicionado de células-tronco mesenquimais estimuladas por SHR e controles foram coletadas para avaliação de seu efeito sobre os explantes de retina.

Resultados: SHR de retinas de rato lesadas por luz promoveram aumento significativo de secreção de neurotrofinas em MSCs ($p < 0,01$). O meio condicionado de SHR lesado por luz reduziu significativamente a fragmentação do DNA de MSCs ($p < 0,01$), elevação de Bcl-2 ($p < 0,01$) e redução de bax ($p < 0,01$) em explantes de retina, mostrando um aumento do efeito protetor.

Conclusões: A lesão da retina induzidos pela luz é capaz de aumentar a secreção de neurotrofinas e promover o efeito neurotrófico de células-tronco mesenquimais.

Descritores: Fator 2 de crescimento de fibroblastos; Fator neurotrófico ciliar; Retina/lesões; Células mesenquimais estromais; Células-tronco; Fator neurotrófico derivado do encéfalo

INTRODUCTION

Mesenchymal stem cells (MSCs) are self-renewal and multipotent cell source widely existed in mesenchymal tissues, which play a significant role in tissue regeneration and injury repair. It has been reported that MSCs are able to differentiate into multilineage tissue cells⁽¹⁾, including retinal cells^(2,3), making MSCs an alternative therapeutic source for some irreversible retinal disorders such as age-related macular degeneration (AMD), retinitis pigmentosa (RP), glaucoma. However, clinical cell replacement is still far away unless technical barriers like directional differentiation, large scale output of target cells and reconstruction of the complicated network among the existed retinal cells and the regenerated cells were overcome. In addition, heterogeneous populations like multipotent adult progenitor cells (MAPCs), marrow-isolated adult multilineage inducible (MIAMI) cells, multipotent adult stem cells (MASCs) and very small embryonic-like

stem cells (VSEs) may overlap in MSCs⁽⁴⁾. The emerging evidence that MSCs are pericytes for the common features they shared⁽⁵⁾. These make MSCs a controversial cell source. Nonetheless, MSCs are promising for its potential applications in neuroprotection and immunomodulation apart from tissue regeneration.

Accumulating findings have indicated a neuroprotective role of MSCs in central nervous system (CNS) disorder as well as in retinal disorder. Neurotrophins secreted from MSCs promote the survival of host cells and the repair process during injury enabling MSCs an attractive therapeutic source for a variety of neurological disease, e.g. multiple sclerosis and stroke⁽⁶⁾. Neurotrophic effect of MSCs was also reported in retinal disorders. MSCs attenuated cell death in retinal ganglion cells (RGCs) suffering from *in vitro* insult⁽⁷⁾ and promoted RGCs survival in glaucoma animal model⁽⁸⁾. Systemic administration of MSCs delayed progress of retinal degeneration in RCS rats⁽⁹⁾. These

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suggested potential application of MSCs for neuroprotection in retinal diseases.

Cytokines secreted from MSCs might involve in the neurotrophic effect. Therefore, we quantitatively analyzed neurotrophins expression change in MSCs stimulated by light-induced retinal injury in an *in vitro* model to evaluate their potential roles in retinal neuroprotection.

METHODS

ANIMALS

All animal procedures in this study were in accordance with the Association for Research in Vision and Ophthalmology (ARVO) Statement for the Use of Animals in Ophthalmic and Vision Research. Sprague-Dawley (SD) rats (6 to 8 weeks of age) were maintained in cyclic light condition (80 lux, 12 hours on-off) and had access to food and water ad libitum before use.

LIGHT-INDUCED RETINAL INJURY

Rats were exposed to 10,000 lux white light for 24 hours in separate cages and the pupils were dilated with atropine ointment. After light exposure, rats underwent dark adaptation for 24 hours. For evaluation of light-induced injury, rats were randomly selected after light exposure and dark adaptation and euthanized. The eyes were enucleated, fixed and embedded. The eye sections were stained for terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) using a kit (Roche) in accordance with the manufacturer's protocol.

SUPERNATANTS OF HOMOGENIZED RETINA (SHR) PREPARATION

Normal and light damaged rats were sacrificed respectively. The retinas were harvested for supernatants of homogenized retina (SHR) preparation under a sterile condition as previously described⁽¹⁰⁾. Briefly, retinas were homogenized in Dulbecco's modified Eagle's medium (DMEM) (Gibco). The suspensions were centrifuged at 12,000 g, 4°C for 20 min. The supernatants were obtained and diluted to a final protein concentration at 200 µg/ml, and supplemented with 2% vol/vol fetal bovine serum (FBS) (Gibco), penicillin (100 U/ml) and streptomycin (100 µg/ml) and stored at -20°C before use.

CELL CULTURE

SD rat mesenchymal stem cells (Cyagen) were cultured in mesenchymal stem cell growth medium (Cyagen). Cells from passage 3-5 were used for this study. When the cells reached 70% confluence, the media was changed to either normal or light-damaged SHR and renewed every 2 days. MSCs cultured in 2% FBS+DMEM were set as control. After 2 days and 5 days culture, MSCs were rinsed in phosphate-buffered saline (PBS) twice and maintained in DMEM for 24 hours in humidified incubator with 5% CO₂ at 37°C. The supernatants were collected and centrifuged at 12000 g, 4°C for 20 min.

RETINAL EXPLANTS CULTURE

Normal rats were sacrificed. Retinas were harvested and radically dissected into four equal-sized pieces. The pieces were randomly transferred into 24-well plate pre-added 500 µl supernatant collected from different groups of MSCs and supplemented with 1% B27+N2 (Invitrogen) in each well. Retinal explants were cultured for 24 hours in humidified incubator with 5% CO₂ at 37°C and harvested for cell death detection and histology analysis. Three conditioned media were used for retinal explants culture, which were conditioned medium (CM) from control MSCs (CM-MSCs), conditioned medium from normal SHR stimulated MSCs (CM-NSHR) and conditioned medium from light-injured SHR stimulated MSCs (CM-ISHR). Retinal explants cultured in DMEM supplemented with 1% B27+N2 were set as control.

QUANTITATIVE REAL TIME-POLYMERASE CHAIN REACTION (RT-PCR) ANALYSIS

Total RNA from both MSCs and retinal explants was isolated using RNeasy Mini Kit (Qiagen) according to the manufacturer's protocol and treated with RNase free DNase to eliminate genomic DNA contamination. Two microgram total RNA was reverse transcribed into cDNA with PrimeScript[®] 1st strand cDNA Synthesis Kit (Takara). Real-time polymerase chain reaction (PCR) was performed on an Agilent Stratagene Mx3000P QPCR Systems using SYBR[®] Premix Ex Taq[™] Kit (Takara). Primer sets were listed in table 1. glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as an endogenous control. Real-time PCR data was analyzed using comparative CT method^(11,12).

ENZYME-LINKED IMMUNOSORBENT ASSAY

Supernatants from MSCs were tested for the protein levels of bFGF, brain-derived neurotrophic factor (BDNF), CNTF using ELISA kit (Cusabio) according to the manufacturer's instructions. For retinal cell death detection, an ELISA kit (Roche) was used to assay DNA fragmentation in retinal explants. The explants were gently rinsed in PBS twice and homogenized in 200 µl lysis buffer. The following procedures were in accordance with manufacturer's protocol.

HISTOLOGICAL ANALYSIS

Retinal explants were fixed for 24 hours at 4°C by replacing the media with 4% paraformaldehyde. With minimal damage, the explants were in situ infiltrate with 30% sucrose for 24 hours at 4°C, embedded in OCT and frozen. The frozen tissue was adjusted to enable a cross section. The sections were transferred to slides pretreated with polylysine. The slices were stained with hematoxylin and eosin for histological analysis.

STATISTICAL ANALYSIS

Data and statistical analysis were performed using SPSS software (version 19.0). Data are given as mean ± SEM. Analysis of variance (ANOVA) was conducted for comparison of neurotrophins expression and neurotrophic effect among groups at two time points. Statistical significance was set at P<0.05.

RESULTS

LIGHT-INDUCED RETINAL INJURY

Retinal injury was induced after intensive light exposure for 24h, as indicated by TUNEL staining (Figure 1). Apoptotic cells sparsely dispersed among the layers of retina with the majority in outer nuclear layer (ONL). The ONL thickness was slightly reduced. Part of nuclei in the ONL disappeared, forming a serrated shape.

MORPHOLOGY OF MSCs AFTER STIMULATION

MSCs growth was slow down in media containing 2% vol/vol FBS. Most cells maintained their fibroblast-like morphology, while a

Table 1. Primer sets for RT-qPCR

	Sense	Antisense
bFGF	5'-TTCCACCCGGCCACTTCAAG-3'	5'-GTTCCGACACACTCCCTTGA-3'
CNTF	5'-AAACACCTCTGACCCTTAC-3'	5'-AGTCATCTCACTCCAACGAT-3'
BDNF	5'-GGAGCCTCCTCTGCTCTT-3'	5'-TTTTGATACCCGGGACTTCT-3'
Bax	5'-GTGGTTGCCCTCTTACTTTG-3'	5'-CACAAAGATGGTCACTGTCTGC-3'
Bcl-2	5'-ACGAGTGGGATACTGGAGATG-3'	5'-TAGCGACGAGAGAAGTCATCC-3'
GAPDH	5'-GGAAACCCATCACCATCTTC-3'	5'-TGGTTCACACCCATCACAAA-3'

small amount of cells grew out long processes and connected with each other, especially after 5 days stimulation by either normal SHR or light-injured SHR. These cells displayed typical neuronal appearance (Figure 2). In contrast, cells cultured in 2% vol/vol FBS+DMEM did not display neuronal morphology.

CHANGE IN NEUROTROPHINS EXPRESSION

Quantitative RT-PCR showed mRNA levels of bFGF, BDNF and ciliary neurotrophic factor (CNTF) were up-regulated both in normal SHR (NSHR) stimulation group ($p < 0.01$) and light-injured SHR (ISHR) stimulation group ($p < 0.01$) in contrast to control group. However, no significant difference was detected in protein levels between NSHR stimulation group and control group ($p > 0.05$). Light-injured SHR (ISHR) stimulation promoted neurotrophins secretion from MSCs. The concentration of bFGF was 255 ± 11 ng/ml after ISHR stimulation for 5 days versus 102 ± 7 ng/ml in control group. BDNF increased from 17.8 ± 1.4 pg/ml in control group to 24.6 ± 2.4 pg/ml (2 days) and 45.2 ± 3.0 pg/ml (5 days) in ISHR stimulation group. The concentration of ciliary neurotrophic factor (CNTF) was also identified up-regulation

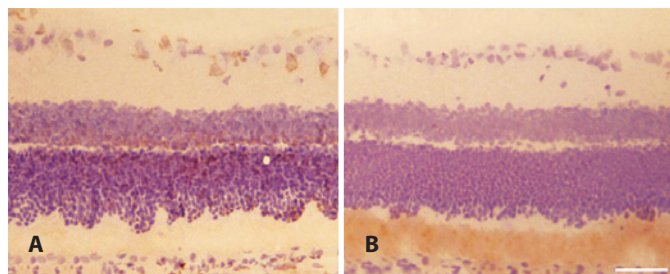


Figure 1. TUNEL staining for evaluation of light-induced retinal injury. Apoptotic cells distributed mainly in the outer nuclear layer (ONL) after light exposure, ONL thickness was slightly reduce, part of the outer nuclei disappeared forming a serrated edge (A). No positive staining was identified in control retina (B). ONL. Scale bar indicates 50 μ m.

from 118 ± 14 pg/ml to 216 ± 14 pg/ml after 5 days of ISHR stimulation (Figure 3).

NEUROPROTECTIVE EFFECT OF CONDITIONED MEDIA

Bcl-2 and bax expression in retinal explants were identified for evaluation the neuroprotective effect of conditioned medium from control MSCs (CM-MSCs), conditioned medium from normal SHR stimulated MSCs (CM-NSHR) and conditioned medium from light-injured SHR stimulated MSCs (CM-ISHR). CM-ISHR, CM-NSHR and CM-MSCs induced up-regulation of bcl-2 in contrast to control group. CM-ISHR and CM-MSCs also induced down-regulation of bax (Figure 4A, B, $p < 0.05$). In addition, CM-ISHR induced bcl-2 up-regulation and bax down-regulation more significantly in comparison with the rest two groups, suggesting a better neurotrophic effect. Calculation of bcl-2/bax ratio among groups showed all conditioned media significantly increased bcl-2/bax ratio with the max in CM-ISHR group (Figure 4C, $p < 0.01$).

DNA fragmentation was analyzed in retinal explants for evaluation cell death inhibition effect of conditioned media. All three conditioned media significantly reduced DNA fragmentation (Figure 4D, $p < 0.01$). Among the conditioned media, CM-ISHR displayed the best preservative effect on retinal explants.

Histological analysis showed retinal explants underwent severe destruction after 24 hours culture. The tissue lysed and ripped, especially in the explants cultured in control medium. The major damage appeared in the inner nuclear layer (INL) and the ganglion cell layer (GCL). However, the explants cultured in CM-ISHR group were best preserved. All layers of retina were tightly attached, except from dis-rupture of the outer segment (Figure 5).

DISCUSSION

Potential applications of MSCs include the plasticity, neuroprotection and immunomodulation⁽¹³⁾. Due to various cytokines secreted from MSCs might involve in the process of tissue repair⁽¹⁴⁾, previous attention that merely focused on the differentiation of MSCs into

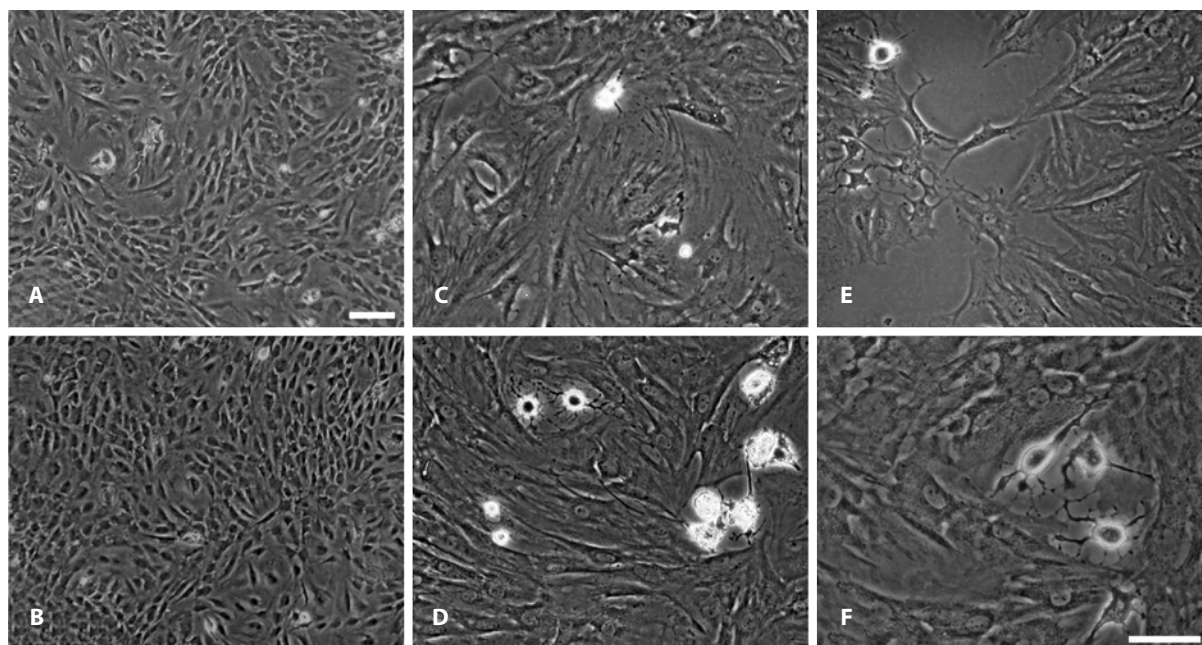
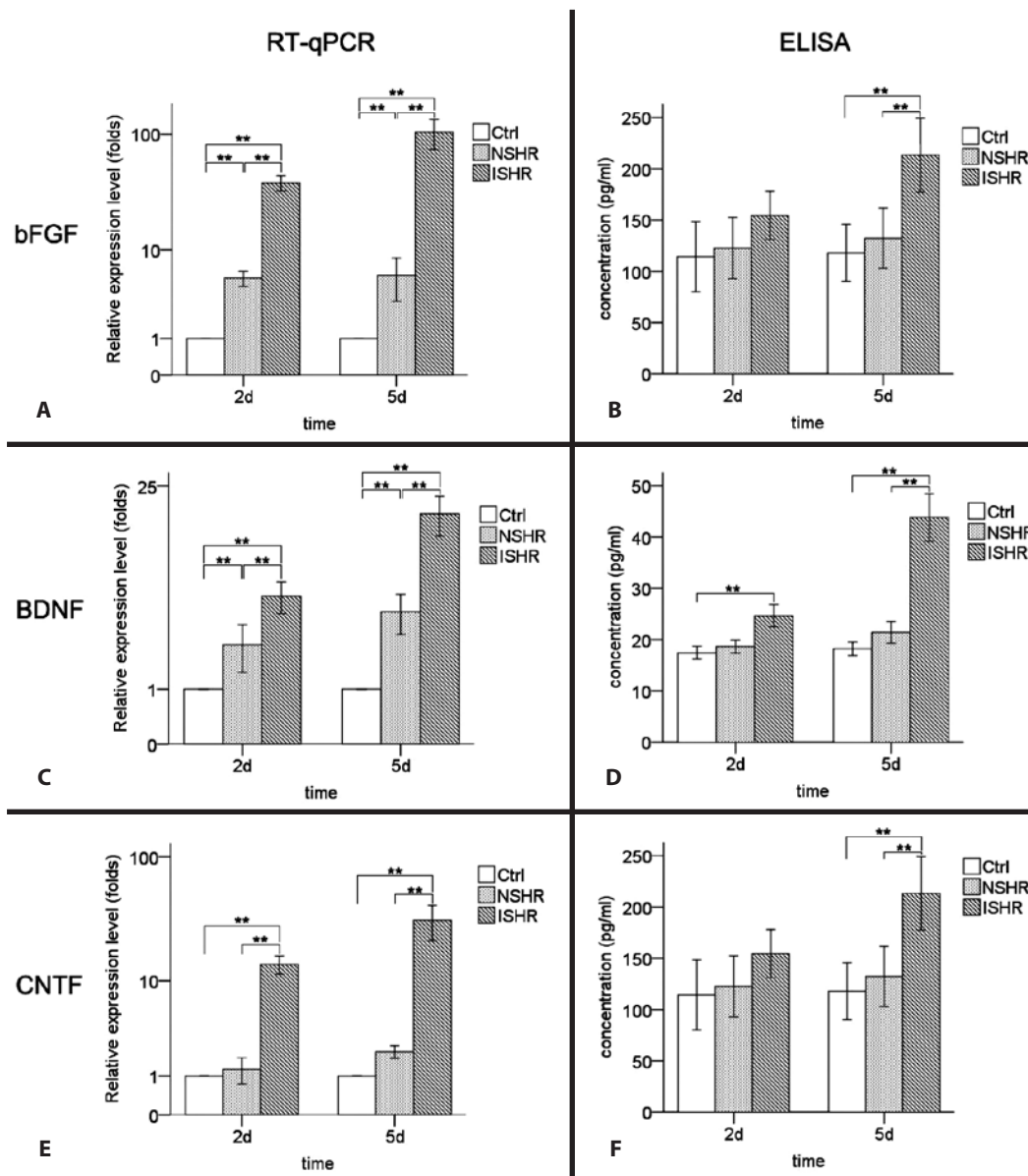


Figure 2. Morphology of MSCs cultured in different media for 2 days (A, C, E) and 5 days (B, D, F). Cells cultured in 2% FBS+DMEM remained fibroblast-like shape (A, B). However, a small amount of cells grew out multiple processes and connected with each other, displaying neuronal appearance in normal SHR (C, D) and light-injured SHR (E, F) stimulated MSCs. Scale bars indicate 100 μ m.



Ctrl= control MSCs; NSHR= MSCs stimulated by normal SHR; ISHR= MSCs stimulated by light-injured SHR. ** P <0.01.

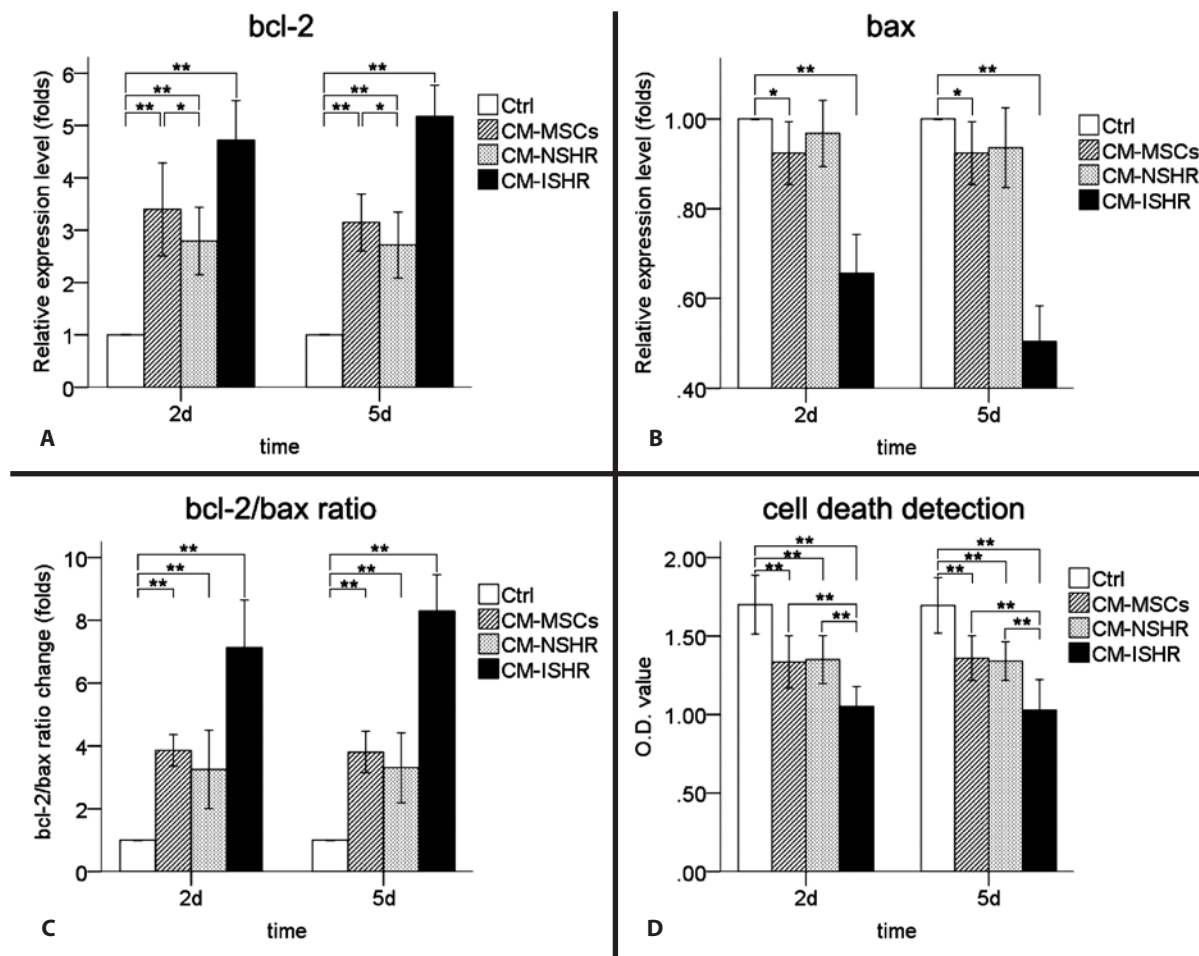
Figure 3. Neurotrophins expression in MSCs after stimulation. Both mRNA levels (A, C, E) and protein levels (B, D, F) were induced up-regulation by ISHR. Although bFGF and BDNF expression in MSCs stimulated by NSHR were identified significant difference in mRNA level, no difference was identified in protein level (D).

target cells has changed. Therefore, this cell source was considered as a drugstore during injury⁽¹⁵⁾. The three therapeutic potentials of MSCs should be placed at an equally important position, especially when directional differentiation of MSCs into target cells and effective integration of target cells into the complex retinal neuro-network are still unavailable. Our results revealed that light-induced retinal injury was able to promote neurotrophins secretion in MSCs and consequently enhanced the retinal protective effect. This offers the possibility to take advantage of MSCs as modulators during retinal injury. Moreover, the therapeutic potential of MSCs can be enhanced by pre-stimulation.

Cytokines involved in retinal injury varied depending on the types of injury that retina suffered. Light-induced retinal injury was a well-established model, as confirmed by TUNEL staining. CNTF and bFGF are two major trophic factors which play significant roles in

light-induced retinal degeneration⁽¹⁶⁾. Both fibroblast growth factor receptor (FGFR) and CNTFR α are localized on photoreceptors suggesting direct effects of these two neurotrophins on photoreceptors⁽¹⁷⁾. Although BDNF do not impact directly on photoreceptors, it has photoreceptor rescue effect through the activation of glial cell⁽¹⁸⁾. Thus these neurotrophic factors were selected in our study.

Reports have shown that both systemic administration and local administration of MSCs were found to be beneficial to retinal disorders. The protective effect of MSCs does not necessarily need a full integration of the graft to the host tissue⁽⁶⁾, which indicated that the neurotrophic effect of MSCs did not depend on the differentiation of the transplanted cells. MSCs are able to enhance myelin formation without differentiation⁽¹⁹⁾. In addition, a variety of neurotrophins were identified expression in MSCs that contribute to the protective effect in tissue repair. The cell source acts as mediators during repair



Ctrl= control medium; CM-MSCs= conditioned medium from control MSCs; CM-NSHR= conditioned medium from MSCs stimulated by normal SHR; CM-ISHR= conditioned medium from MSCs stimulated by light-injured SHR. * P<0.05, ** P<0.01.

Figure 4. Neurotrophic effect of conditioned media from different groups. Conditioned media increased bcl-2 expression and ratio of bcl-2/bax in retinal explants (A, C). Bax expression decreased in CM-ISHR group (B). DNA fragmentation also reduced in conditioned media, with minimal in CM-ISHR group (D).

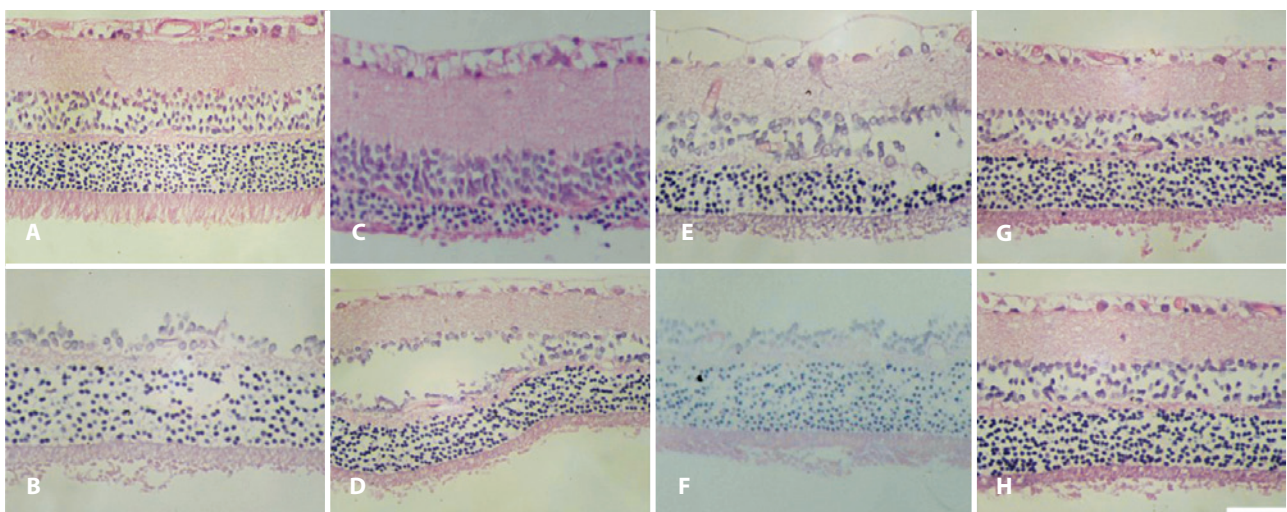


Figure 5. Hematoxylin and eosin staining for retinal explants. The cultured explants severely lysed and ripped in contrast to fresh explant (A). Only the ONL remained in control medium group (B). CM-MSCs for 2 days (C) and 5 days (D) displayed protective effect on retinal explants. CM-NSHR for 2 days (E) was neurotrophic, however, the trophic effect decreased in CM-NSHR for 5 days (F). The tissue structure was better preserved in CM-ISHR for 2 days (G) and 5 days (H). ONL, outer nuclear layer; CM-MSCs, conditioned medium from control MSCs; CM-NSHR, conditioned medium from normal SHR; CM-ISHR, conditioned medium from light-injured SHR. Scale bar indicates 50 μ m.

process in tissue injury. Possible mechanism might be that MSCs enhance survival of host cells through cytokines secretion and promote endogenous regeneration through interaction with host cells. It should be mentioned that the interaction between MSCs and the host cells also requires intercellular signal transmission, probably the cytokines. It is not clear to what extent neurotrophins secretion from MSCs play a role in retinal injury. However, our results by quantitative analysis of the diverse neurotrophins change in response to light-induced retinal injury suggested that a wide spectrum of neurotrophins might be up-regulated in MSCs where injury existed. Use of an *in vitro* model for retinal neuroprotection screening provides a convenient way for evaluation neurotrophic effect of MSCs⁽²⁰⁾. Retinal explants underwent progressive degeneration during *in vitro* culture. Therefore, we set 24-hour culture as a point for assessment of the protective effect. The results suggested that neurotrophic effect of MSCs was significantly enhanced by injury stimulation. Nevertheless, the condition *ex vivo* was different from the pathological process *in vivo*, further investigations are necessary.

Our results showed that conditioned medium (CM) from control MSCs also displayed a protective effect on retinal explants. This was in accordance with the previous report by Inoue *et al.* that conditioned medium from MSCs promoted retinal cell survival *in vitro*⁽²¹⁾. CM from normal SHR stimulated MSCs was also identified to be neurotrophic. However, the protective effect was weaker in contrast to CM from control MSCs, as detected that bcl-2 expression level was lower. One possible explanation is that MSCs stimulated by normal SHR might undergo neuronal differentiation, thus altered the biological function and consequently led to decreased neuroprotective effect. Though MSCs stimulated by light-injured SHR might also display neuronal differentiation, the situation was more complicated due to the co-existed injury response. The results were also distinct. Insight into the interactions between retinal injury and MSCs response could be achieved via a co-culture system, but long term survival and better functional preservation of retinal cells *in vitro* are yet to be settled.

Two factors that might impact on the protective effect of MSCs are cell passages and growth density. Therefore, we selected MSCs from passage 3 to passage 5 which maintained the biological function more similar to *in vivo* condition and stimulated the cells when reaching a confluence of 70% which kept the cells at relatively equal growth situation. The cells stimulated by both SHRs seemed to undergo differentiation, as the morphological change was identified. However, Choi *et al.*⁽²²⁾, reported no significant variation of the MSCs surface markers after pretreatment. Some authors⁽²³⁾ identified return of differentiated MSCs to undifferentiated state. Although previous work by Zhang *et al.*⁽¹⁰⁾, demonstrated neuronal markers expression on MSCs after light-injured SHR stimulation using a similar model, we did not test the neuronal or retinal markers on MSCs, since stimulation of MSCs for 2 days and 5 days was not long enough for a stable differentiation. In addition, only a small amount of cells were identified undergoing morphological change. Even though, these durations were able to induce up-regulation of neurotrophins. The up-regulation of neurotrophins secretion in MSCs, especially bFGF, probably contributed to retinal differentiation and act as a positive feed-back during differentiation, as was reported that bFGF was superior in inducing MSCs to express retinal neuron-specific markers⁽²⁴⁾. The dramatic expression change of these neurotrophins after injury stimulation implicated significant roles they play in MSCs response to retinal injury, but further investigations into the correlation between neurotrophins secretion from MSCs and their neurotrophic effect is necessary.

CONCLUSION

We found that light-injured SHR stimulation significantly increased neurotrophins secretion and neurotrophic effect of MSCs. Since using MSCs for neuroprotection is currently a more practicable way

over cell replacement, our study provided an alternative therapeutic potential for enhancing the trophic effect of MSCs.

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