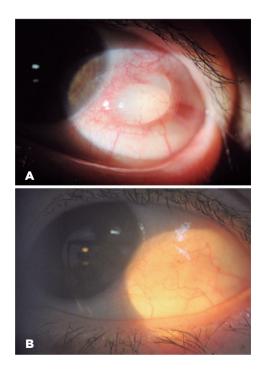
Arquivos Brasileiros de Oftalmologia

Resolution of post-trauma conjunctival inclusion cyst using 0.5% timolol maleate eyedrops

Rosalia Antunes-Foschini^{1,2} (D), Lívia Feitosa Alves¹ (D)

Hospital das Clínicas, Faculdade de Medicina de Ribeirão Preto, Universidade de São Paulo, Ribeirão Preto, Brazil.
Department of Ophthalmology, Otorhinolaryngology, and Head and Neck Surgery, Faculdade de Medicina de Ribeirão Preto, Universidade de São Paulo, Ribeirão Preto, Brazil.

A 70-year-old woman presented with a conjunctival cyst after a towel hit her left eye (LE) 2 weeks prior. She was initially prescribed with retinyl acetate, aminoacids, methionine, and chloramphenicol ointment as well as a lubricant eyedrop for 7 days; these did not provide resolution. Ophthalmological examination revealed a translucent conjunctival inclusion cyst surrounded by several small vessels in the LE temporal side (Figure 1A). Following administration with 0.5% timolol maleate eyedrops twice daily, the inclusion cyst completely resolved 2 weeks later. Figure 1B shows the conjunctiva of the LE 50 days after the patient's initial presentation.



Although rare, acquired conjunctival cysts⁽¹⁾ may develop due to local trauma. Surgical excision is usually indicated⁽²⁾. Before excision, timolol maleate was initially prescribed, hypothesizing that the vessels surrounding the cyst might possess beta-adrenergic receptors similar to pyogenic granulomas and capillary hemangiomas^(3,4), which are effectively treated with beta-blockers.

EYE IMAGES

AUTHORS' CONTRIBUTION

Substantial contribution to conception and design: Rosalia Antunes-Foschini, Lívia Feitosa Alves. Acquisition of data: Rosalia Antunes-Foschini. Analysis and interpretation of data: Rosalia Antunes-Foschini. Drafting of the manuscript: Lívia Feitosa Alves. Critical revision of the manuscript for important intellectual content: Rosalia Antunes-Foschini, Lívia Feitosa Alves. Have given final approval of the submitted manuscript: Rosalia Antunes-Foschini, Lívia Feitosa Alves. Statistical analysis: not applicable. Obtaining funding: not applicable.

REFERENCES

- Thatte S, Jain J, Kinger M, Palod S, Wadhva J, Vishnoi A. Clinical study of histologically proven conjunctival cysts. Saudi J Ophthalmol. 2015;29(2):109-15.
- 2. Song JJ, Finger PT, Kurli M, Wisnicki HJ, lacob CE. Giant secondary conjunctival inclusion cysts: a late complication of strabismus surgery. Ophthalmology. 2006;113(6):1049.e1-2.
- 3. Oke I, Alkharashi M, Petersen RA, Ashenberg A, Shah AS. Treatment of ocular pyogenic granuloma with topical timolol. JAMA Ophthalmol. 2017;135(4):383-5.
- Jaiswal H, Patidar N, Shah C, Singh R, Jain E, Piyush P. Topical timolol 0.5% as the primary treatment of ophthalmic pyogenic granuloma: A prospective, single-arm study. Indian J Ophthalmol [Internet]. 2021][cited 2023 Jan 24];69(5):1155-60.Available from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8186631/

Disclosure of potential conflicts of interest: None of the authors have any potential conflicts of interest to disclose.

Corresponding author: Rosalia Antunes-Foschini. E-mail: antunesfoschini@gmail.com

This content is licensed under a Creative Commons Attributions 4.0 International License.

Submitted for publication: November 13, 2023 Accepted for publication: February 2, 2024

Funding: This study received no specific financial support.