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Microbial Biodiversity in Honey and Pollen Pots Produced by *Tetragonisca angustula* (Jataí)

Marcia Regina Beux^{1,2*} https://orcid.org/0000-0002-6174-392X

Suelen Ávila¹ https://orcid.org/0000-0002-3776-1968

Monica Surek³ https://orcid.org/0000-0003-4048-3046 Sila Mary Rodrigues Ferreira^{1,4} https://orcid.org/0000-0001-6118-6089

Jagueline Leobet⁴

Fabiana Barbieri⁵

Keliani Bordin² https://orcid.org/0000-0003-1605-5690

Edvaldo Antonio Ribeiro Rosa² https://orcid.org/0000-0001-6087-4365

https://orcid.org/0000-0002-5139-9598

https://orcid.org/0000-0001-5656-4217

¹Universidade Federal do Paraná (UFPR), Programa de Pós-graduação em Alimentação e Nutrição, Curitiba, Paraná, Brasil; ²Pontifícia Universidade Católica do Paraná, Escola de Ciências da Vida, Curitiba, Brasil; ³Universidade Federal do Paraná (UFPR), Departamento de Farmácia, Curitiba, Paraná, Brasil. ⁴Universidade Federal do Paraná (UFPR), Departamento de Nutrição, Curitiba, Paraná, Brasil; ⁵Universidade Federal do Paraná (UFPR), Curitiba, Paraná, Brasil:

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*Correspondence: beuxmarcia@gmail.com; Tel.: +55-41-3360-4017. (M.R.B.)

HIGHLIGHTS

- Eight species of bacteria and three yeasts were identified in *T. angustula* products.
- Bacillus was the main bacteria present in pots of stingless bee honey and pollen.
- S. meliponinorum was the main yeast found in jataí honey, and Z. bailli in jataí pollen.
- Symbiotic relationship between microorganisms and honey and pollen pots

Abstract: The combination of nutritional and chemical factors in honey and pollen produced by *Tetragonisca angustula* (jataí) reveals a unique ecosystem that is conducive to developing microorganisms. However, there is a lack of information regarding the microbial species grown in the nest pots of this stingless bee species. The objectives of this study were to count, isolate and identify the microbiota associated with the pots of honey and pollen. The samples were collected from three jataí beehives. Microbiological analyses showed that the average total aerobic mesophiles ranged between 3.78 and 3.71 log CFU/g; lactic bacteria were 3.59 and 3.56 log CFU/g; and the yeast was 4.41 and 4.66 log CFU/g for the honey and pollen, respectively. There were four gram-positive cocci bacteria (*Staphylococcus saprophyticus* subsp. *bovis, S. vitulinus, S. kloosii* and *S. pasteuri*); two spore-forming gram-positive bacteria (*Bacillus pumilus* and *B. thuringiensis*); and one gram-negative bacteria (*Pantoe agglomerans*). One lactic bacteria (*Leuconostoc mesenteroides* subsp. *mesenteroides*) was also identified. Three yeast species were isolated (*Starmerella meliponinorum, Candida magnoliae* and *Zygosaccharomyces bailli*). Bacillus was the main bacteria in jataí honey and pollen. *Z. bailli* was the dominant yeast in the pollen, and *S. meliponinorum* was the dominant yeast in the honey. *T. angustula* bees and their products (honey and pollen) are ecosystems that provide sustainable environmental

and technological integration. They also provide a selection of microorganisms that can be applied in the food, cosmetic and pharmaceutical industries.

Keywords: stingless bee honey; isolation; characterization.



INTRODUCTION

Stingless bees (SB) are ecologically important because they preserve plant biodiversity; they are considered to be the primary pollinator of Brazilian flora. It is estimated that the honey produced in one day results from at least one million interactions between flowers and bees. SB are eusocial bees that are pantropically distributed; they do not present a functional sting. SB colonies are perennial and can resist long periods of adversity through consuming food stored in the nests (pots containing honey and pollen). Nesting commonly occurs in exposed nests, and in pre-existing holes such as underground and tree cavities; however, SB can also be raised in urban environments using appropriate wooden boxes. Of these, *Tetragonisca angustula* (jataí) is the most adapted and well-known species [1–4].

Inside SB nests, brood combs are surrounded by pots of food used to maintain the nest. SB contain specific substances and enzymes that chemically transform and modify floral nectars from rich vegetation in native environments; the bees deposit, dehydrate, and store the nectar in pots. SB products are stored inside the nests to be used as sources of sugar and protein [1,4].

The honey and pollen from these bees contain bioactive substances that include phenolic compounds, amino acids, vitamin C, carotenoids and other minor compounds related to their antioxidant and antimicrobial potential. They are entirely different from the honey and pollen produced by bees of the genus *Apis mellífera* in terms of consistency, aroma, color and flavor [1,5].

The main microorganisms living in SB colonies are yeasts, molds, and bacteria [6–9]. It has been demonstrated that the microflora of bees can be used as a biocontrol agent, a potential probiotic, and as a producer of antimicrobial compounds and enzymes [7,8]. Microorganisms from SB can be beneficial because specific products may be produced by them, such as mead, honey-pollen jelly, or a creamy pollen milkshake [10]. Studies indicate that the honey produced by *Tetragonisca angustula* SB has antimicrobial activity against pathogenic bacteria such as *Staphylococcus aureus*, *Escherichia coli* [11], *Bacillus cereus*, *Pseudomonas aeruginosa*, and against yeasts such as *Candida albicans* [12]. in addition, this honey has shown excellent antioxidant capacity [13].

However, information regarding the association of some microorganisms (*Bacillus* spp., *Clostridium* spp., *Enterococcus* spp., *Fructobacillus* spp., *Lactobacillus* spp. and *Staphylococcus* spp.) with SB honey and pollen is only available for a few bee genera, namely *Heterotrigona itama; H. erythrogastra; Lepidotrigona terminata; Tetrigona apicalis; T. melanoleuca; T. bingami; Geniotrigona thoracica; Homotrigona fimbriata; and <i>Melipona fasciata* [2,7,8,14–17]. Therefore, this study aimed to explore and characterize the diversity of microorganisms isolated from the sources of *Tetragonisca angustula* bees.

MATERIAL AND METHODS

Samples

The honey and pollen bees were collected from three jataí (*Tetragoniscaangustula*, Latreille, 1811) beehives at the Curitiba Meliponary, Paraná State, Brazil (25°02′40″ S; 49°16′23″ W), during April 2018 (Figure 1). The honey was collected from sealed storage pots in the nest by suction using disposable syringes, and the pollen was collected with sterile spatulas. This material was transferred to sterile flasks and then packed in a refrigerated box for transport to the laboratory.



Figure 1. (a) Location of Curitiba Meliponary (25°02'40" S; 49°16'23" W) of (b) jataí (*Tetragonisca angustula*) where the (c) honey and (d) pollen samples were collected from (e) stingless bee beehives.

Microbial counts and isolation

A quantity of 1 g of each stingless bee honey sample (TaM1, TaM2, and TaM3) and pollen (TaP1, TaP2, and TaP3) was weighed aseptically and homogenized with 9 mL of sterile NaCl (145 mM) and then vortexed for 30 s. Aliquots of 100 μ L were transferred and spread over standard plate count agar (PCA), Man, Rogosa and Sharpe agar (MRS), Sabouraud dextrose agar (SDA), and M-Green agar (MGA). PCA isolations were incubated at 36 °C for 48 h and 20% pO₂. The MRS isolations were set at 36 °C for 48 h, 10% pO₂ and 10% pCO₂. The isolations in SDA and MGA were incubated at 25 °C for five days and 20% pO₂. The counts obtained in PCA (total count of mesophilic bacteria), MRS (count of lactic bacteria), SDA, and MGA (yeast count) were expressed in log CFU/g.

Bacteria identification

Priming was performed using Gram's differential stain, with subsequent biochemical, physiological and antimicrobial resistance tests.

The gram-positive cocci were subjected to the following hemolysis assays; production of catalase, coagulase, and DNAse; glucose oxidation/fermentation; resistance to bacitracin and novobiocin; hydrolysis of arginine and urea; butylene-glycolic fermentation; acetoin production; nitrate reduction; and fermentation of salicin, sucrose, trehalose, lactose, L-arabinose, D-mannitol, xylose, D-ribose and D-mannose.

The sporulated gram-positive bacilli were subjected to the following hemolysis assays; production of catalase, amylase, gelatinase, lecithinase and caseinase; tolerance to NaCl (0, 2, 5, 7, and 10%); butylene-glycolic fermentation; nitrate reduction; fermentation of D-glucose, D-mannose, D-mannitol, L-arabinose, D-xylose, salicin and m-inositol; growth at pH 6 and 5 °C; and the presence of parasporal crystal.

The gram-negative bacilli were subjected to the following oxidase assays; production of gas in glucose, H₂S, indole, DNAse, urease, phenylalanine deaminase, ß-D-galactosidase, lysine decarboxylase and ornithine decarboxylase; motility; esculin hydrolysis; use of citrate; acetoin production; butylene-glycolic

fermentation and mixed acid fermentation; fermentation of arabinose, sucrose, mannose, melibiose, sorbitol, mannitol, adonitol, galactose, inositol and lactose; and hydrolysis of arginine.

The lactic acid bacteria were subjected to the following hemolysis tests; production of catalase and gas; hydrolysis of arginine; tolerance to 10% ethanol; growth at 37 °C; and fermentation of D-xylose, L-arabinose, maltose, raffinose, galactose, salicin, D-mannose, D-mannitol, ribose and cellobiose.

Yeast identification

The yeasts were identified by growth at 37 °C in the presence of 1% acetic acid, 50% glucose; production of urease and lysine decarboxylase; assimilation of glucose, xylose, rhamnose, melibiose, sucrose, starch, maltose, salicin, mannitol, cellobiose, raffinose, ribose, glycerol, trehalose, inositol, galactose, lactose and arabinose; and fermentation (glucose, sucrose, maltose, raffinose, trehalose, cellobiose, starch, galactose, xylose, lactose and melibiose).

RESULTS

The microbial examination of the stingless bee (SB) honey and pollen showed eight bacteria; one was gram-negative and seven were gram-positive. Only two of them were spore-forming, and one was lactic bacteria. Three yeast species were also isolated. The microbial counts for the samples of honey and pollen are shown in Table 1. The microbiological analyses demonstrated that the average total aerobic mesophiles ranged between 3.78 and 3.71 log CFU/g; the lactic bacteria were 3.59 and 3.56 log CFU/g, and the yeast was 4.41 and 4.66 log CFU/g for the honey and pollen, respectively.

A significant diversity in the microorganisms was observed; the bacteria that were found were *Staphylococcus saprophyticus* subsp. *bovis*; *S. vitulinus*; *S. kloosii*; *S. pasteuri*; *Bacillus pumilus*; *B. thuringiensis*; *Pantoea agglomerans*; and *Leuconostoc mesenteroides* subsp. *mesenteroides*. The yeasts that were identified were *Starmerella meliponinorum*; *Candida magnolia*; and *Zygosaccharomyces bailli* (Table 1).

	Croupo	Identified species	Samples					
	Gloups		TaM1	TaM2	TaM3	TaP1	TaP2	TaP3
Bacteria	Cocci Gram +	Staphylococcus saprophyticus subsp. bovis	+	-	+	-	-	-
		S.vitulinus	-	+	-	-	-	-
		S. kloosii	-	-	+	-	-	-
		S.pasteuri	-		+	-	-	-
	Sporulated	Bacillus pumilus	+	+	+	-	+	-
	Bacillus Gram +	B. thuringiensis	-	-	-	+	-	+
	Bacillus Gram -	Pantoea agglomerans	-	-	-	-	-	+
	Latic	Leuconostoc mesenteroides subsp. mesenteroides	-	-	+	-	-	-
	Vecet	Starmerella meliponinorum	+	-	+	-	-	+
reast		Candida magnoliae	-	-	-	+	-	-
		Zygosaccharomyces bailli	-	-	-	-	+	+

Table 1. Microflora isolated from pots of stingless bee honey (TaM) and from pollen (TaP)

The analyzed honey samples revealed the presence of *S. saprophyticus* subsp. *bovis; S.vitulinus; S. kloosii;* and *S. pasteuri*; however, *Bacillus* sp. was the most common bacteria detected in the SB honey and pollen. *Bacillus pumilus; B. thuringiensis;* and. *Bacillus pumilus* were present in all the honey samples. *B. thuringiensis* was present in two pollen samples, and *Pantoea agglomerans* was also isolated in our study.

S. meliponinorum; C. magnoliae; and Z. bailli were identified, confirming the presence of yeasts in these micro-communities. S. meliponinorum was found in two jataí honey samples and one pollen sample. Z. bailli was found in two pollen samples.

DISCUSSION

Biodiverse microorganisms can originate from the digestive tracts of bees; from the nectar and floral pollen, from sources external to the nest, and from secondary contamination from humans, equipment, containers, wind, and dust [8]. Studies have shown that the intestines of bees contain 1% yeast, 27% grampositive bacteria (*Bacillus; Bacteridium; Streptococcus;* and *Clostridium* spp.), and 70% gram-negative

bacteria (Achromobacter; Citrobacter; Enterobacter; Erwinia; Escherichia coli; Flavobacterium; Klebsiella; *Proteus;* and *Pseudomonas*) [18]. The SB honey samples showed a higher incidence of bacteria and yeast than the pollen samples. The predominance of this microbial group could have been correlated to higher acidity, moisture content, and water activity, which are characteristics of SB honey that encourage the growth of bacteria [3,17,18].

Furthermore, these bacteria and yeasts prevent the growth of other microorganisms which are responsible for the deterioration of food storage pots through antimicrobial systems. High osmotic pressure, low water activity, low pH, acid medium, low protein content, low redox potential due to the high content of reducing sugars, and viscosity limiting the solubility of oxygen, may also inhibit the growth of microorganisms [19].

The genus *Staphylococcus* currently includes approximately 53 species and 28 subspecies, which are described according to their potential to produce coagulase. The *staphylococci* most frequently associated with human infection are *S. aureus; S. epidermidis;* S. *haemolyticus* and *S. saprophyticus* [20,21]. Four species of *Staphylococcus* were found in the samples (*S. saprophyticus* subsp. *bovis; S.vitulinus; S. kloosii;* and *S. pasteuri*). Pucciarelli and coauthors [2] also verified the presence of *Staphylococcus* spp. in *T. angustula* honey. The aforementioned authors emphasized that this genus is rarely found in honey, whose antibacterial properties have been associated with the non-survival of this microorganism.

Bacillus sp. was the most common bacteria detected in both the SB honey and pollen, suggesting the existence of a symbiotic relationship between this bacterial genus and bees [2]. Bacillus bacteria are not inactivated by the inhibitory properties of honey, and grow well at pH six or higher [22].

Rosli and coauthors [17] studied the bacterial community of honey from eight different SB species (*Heterotrigona itama; Heterotrigona erythrogastra; Tetrigona apicalis; Lepidotrigona terminata; Tetrigona melanoleuca; Tetrigona bingami; Geniotrigona thoracica;* and *Homotrigona fimbriata*). They identified eight bacterial phyla, 71 families, 155 genera, and 70 species using 16S rRNA amplicon sequencing technology. Corroborating with the aforementioned study (and other researchers), the genus *Bacillus* is one of the bacterial genera most associated with SB colonies, followed by *Streptomyces* and *Lactobacillus* [2,7,8,15,16,23].

The genus *Bacillus* comprises rod-shaped gram-positive bacteria with the ability to form spores. There are 60 species of substantial genetic diversity, most of which are non-pathogenic. They can produce bacteriocins [24]. The roles of non-pathogenic microorganisms in honey bee colonies may include the biochemical contributions of intestinal microorganisms to honey bees, the conversion and preservation of pollen stored in comb cells, and resistance to disease [25].

Similarly, researchers isolated *Bacillus* bacteria in bee honey and pollen derived from different geographical and botanical origins. They found *B. pumilus; B. circulans; B. alvei; B. licheniformis; B. amyloliquefaciens; B. subtilis; B. cereus; B. thuringiensis; B. licheniformis; B. megaterium;* and *B. pumilus.* The authors emphasized that this bacterium could be considered a source of amylase, aiding in the degradation of sugars, and consequently contributing to the transformation of nectar into honey. *Bacillus* may produce digestive enzymes that act in the pre-digestion of stored food and the production of substances antagonistic to competing microorganisms, mainly organic acids and antibiotics. Acetic and lactic fermentation, which occurs in pollen and honey, are also performed by these bacteria [10,16,17,26].

We identified the genus *Pantoea* in one of the pollen samples. This strain has been previously found in the intestines of honey bees, in the hive environment, or on plant roots, leaves, and flowers [27,28]. According to Loncaric and coauthors [28] and Costa and coauthors [29], *P. agglomerans* has been studied for its commercial potential as a possible biological control agent in relation to the major post-harvest pathogens on pome and citrus fruits (against *E. amylovora*).

One of the honey samples evaluated in our study presented *Leuconostoc* spp., which are considered to be beneficial bacteria. *Leuconostoc* spp. are mesophilic, gram-positive and obligately heterofermentative cocci bacteria, which can transform glucose molecules into carbon dioxide, ethanol, and lactate. These bacteria play an essential role in food fermentation and preservation. They are used to improve the nutritional and organoleptic quality of food. Some leuconostoc bacteria produce exopolysaccharides, oligosaccharides, folate, riboflavin, vitamin K and bacteriocins [30,31].

Starmerella, Candida and *Zygosaccharomyces* frequently occur in SB pollen and honey; they provide sensory and conservation characteristics [10,24,32,33]. These species may have potential uses in biotechnology such as in the production of biosurfactants and other microbial polymers [34]. According to Camargo and coauthors [35], *Candida* yeast seem to dehydrate the pollen stored by *Ptilitrigone lurida* bees. This dehydration process is efficient in limiting deterioration and preventing phorids (Phoridae, Pseudohypocera) from consuming pollen, which can cause serious damage to the colonies of this bee species.

Floral visits by SB directly influence the frequency and abundance of yeasts in the nectar. The more attractive the characteristics of the composition of the nectar, the greater the probability of visitation and yeast cells being inoculated after opening the corolla of the flowers [36–38].

As was the case in our study, *S. meliponinorum* was previously identified in samples of honey, pollen and propolis of *T. angustula* bees [30,32,33,39], and *Zygosaccharomyces* sp. was found in association with adult bees of *M. quadrifasciata*. *S. meliponinorum* can ferment pollen after storage [10]. Species of *Zygosaccharomyces* are recognized as being osmophilic. Studies have shown that this yeast has high productivity of glycerol [40].

The microorganisms found in SB products (honey and pollen) are fundamental for the life of stingless bees, helping to keep colonies healthier and more productive. They can be explored as new sources of substances for humans (as a biocontrol agent, preservative, antibiotic, probiotic, and as a producer of antimicrobial compounds and enzymes).

CONCLUSION

The honey and pollen collected from three beehives of *T. angustula* native stingless bees were dominated by gram-positive bacteria, mainly *Bacillus pumilus and* B. *thuringiensis* species. From the three yeast species that were isolated, *Zygosaccharomyces bailli* was the dominant yeast in jataí pollen, and *S. meliponinorum* was the dominant yeast in jataí honey. It is hoped that this characterization study of bacterial and yeast diversity from the sources of *T. angustula* bees will indicate a pathway towards extending the biotechnological potential of future applications of these products (stingless bee honey and pollen) in the food, cosmetic and pharmaceutical industries.

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