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Microleakage in combined amalgam/composite resin restorations in MOD cavities

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Abstract

Aim: To compare marginal seal at tooth-material and material-material interfaces in the proximal box in combined amalgam/composite resin restorations. Methods: Mesio-occlusal-distal (MOD) cavities were prepared in 35 premolars and permanent molars with carbide bur. The distal proximal box was restored with amalgam (Permite, SDI) until reaching the height of pulpal floor. Dental tissues were etched with 37% acid and a bonding agent (Bond 1-SF, Pentron) was applied and cured. Composite resin (Filtek Z250, 3M-ESPE) was placed in layers in the mesial proximal box and occlusally, and light cured. Marginal adaptation was evaluated at the following interfaces: amalgam-tooth (A), amalgam-composite resin (AC) and composite resin-tooth (C). Microleakage was evaluated by means of methylene blue infiltration after 7-day water storage and thermocycling regimen (1500 cycles). Microleakage was assessed as percentage depth of horizontal dye penetration. Results: ANOVA showed statistically significant difference between A-AC and A-C (p<0.01). No statistically significant difference was found between AC-C interfaces (p>0.05). Mean microleakage values were A (73.529/28.71), AC (34.118/34.6) and C (40.435/ 34.965), according to Tukey's test. Conclusions: Although the bonding mechanism between amalgam and composite has not yet been completely explained, amalgam/composite resin interface exhibited the lowest microleakage scores. Since amalgam/composite resin restorations exhibited lower microleakage scores than composite resin on the cervical surface, combined restorations can be considered as a biological and aesthetic alternative to conventional Class II composite or amalgam restorations.

Keywords: combined restorations, amalgam-composite, microleakage, class II cavity, MOD cavity.

Introduction

Secondary caries is still cause for composite resin restoration failure¹. Teeth restored using composite resins are especially prone to this phenomenon due to stress generated within the tooth-restoration interface following resin contraction during polymerization, known as polymerization shrinkage². Should the accumulated polymerization contraction stress result in tooth-composite adhesive failure³⁻⁴, bacterial aggregation at the disrupted tooth-restoration margin may occur resulting in microleakage and later secondary caries. Furthermore, bonding on the cervical surface of Class II composite restorations is complex. Despite the favorable presence of cervical enamel, composite resin bonding on cervical surface of proximal box usually takes place on aprismatic enamel or dentine. Bonding onto aprismatic enamel is compromised by altered etching pattern⁵ and dentin bond is degraded, especially in permanent teeth⁵⁻⁶. Lower level of dentin

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mineralization, challenging moisture control for application of adhesive system, presence of tubular fluid and bond-degrading matrix-metalloproteinases hinder bonding to dentin⁵, making composite placement a technique-sensitive procedure⁷. Thereby, both polymerization shrinkage and quality of the bond seem to be responsible for the degradation of marginal adaptation. Microleakage is strongly controlled by marginal adaptation and is thought to be one of the major disadvantages of resin composite restorations⁸. Although composite resins exhibit better initial marginal adaptation than amalgam⁹, amalgam restorations rarely fail due to secondary caries¹⁰. Amalgam surface corrosion and deposition of oxides improve marginal auto-sealing over time¹¹. In contrast to composite resins, amalgam is dimensionally stable.

The aim of the present study was to compare marginal seal in tooth-material and material-material interfaces in the proximal box in combined amalgam/composite resin restorations via microleakage. The null hypothesis was that there is no difference in microleakage values between any of the tested interfaces.

Material and methods

A group of 35 freshly extracted maxillary and mandibular premolars and permanent molars was collected from a private dental office. Authorization was obtained from the owner of the dental office and only teeth extracted for orthodontic and periodontal reasons or impacted third molars were included in the study, for ethical reasons.

Teeth free of caries and fractures were stored in saline and not allowed to dry throughout the whole experiment. Standard mesio-occlusal-distal (MOD) cavities were prepared with carbide burs at high speed under air-water spray (depth of 1 mm beneath dentinoenamel junction, buccolingual width of 2.5 mm, mesiodistal width of cervical surface of proximal box of 2 mm). All margins were placed on enamel and proximal boxes were extended until 1 mm above cervix (Figure 1). Bur was discarded after each preparation. Teeth were solely mounted with no contact points. A 7 mm-wide metallic matrix was used. Distal proximal box was restored with amalgam (Permite; SDI Limited, Bayswater, Australia) until reaching the height of pulpal floor.

Each increment was condensed with maximum hand pressure, using the appropriate condenser size. Surface mercury-rich amalgam layer was removed after condensation. After 5 minutes, dental tissues and amalgam surface were etched with 37% phosphoric acid (Ultra-Etch; Ultradent Products Inc., South Jordan, UT, USA) and bonding agent (Bond 1-SF; Pentron Clinical Technologies, Los Angeles CA, USA) was applied on both and cured for 10 s according to the manufacturer's instructions. No additional preparation was performed for the amalgam surface. Composite resin (Filtek Z250; 3M-ESPE GmbH, Neuss, Germany) was inserted in layers in mesial proximal box and was cured for 20 s each layer. Subsequently, the occlusal surface was restored with the same composite, covering both proximal boxes. Marginal adaptation was evaluated at the following interfaces:

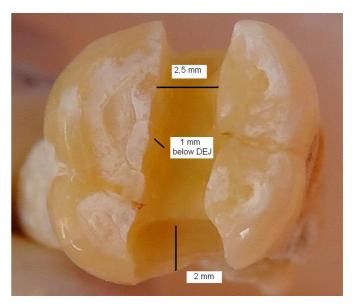


Fig. 1. Preparation of MOD cavity and its dimensions

amalgam-tooth (A), amalgam-composite resin (AC), composite resin-tooth (C).

Teeth were kept in saline at room temperature (20° C) for 1 week. All teeth were thermocycled for 1,500 cycles at 5° C -36° C -36° C -36° C with a dwell time of 15 s. These temperatures were chosen in an effort to reproduce thermal changes in the intraoral environment. Teeth were then covered with nail varnish except for the restoration area and 1 mm around it, in order to avoid false positive results via dye penetration from another point rather than the restoration margins. Following that, the teeth were immersed in 5% aqueous solution of methylene blue for 24 h. After that they were washed with saline and cut longitudinally by a microtome (Figure 2). In order to assess the degree of microleakage at the occlusal margin, photographs were taken for each cut, under a stereomicroscope at 100x magnification.

Two specimens were excluded from the survey due to

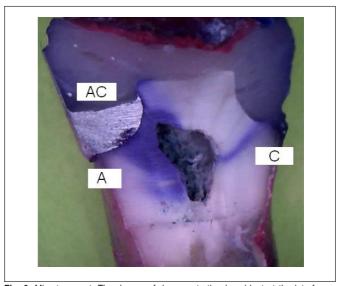


Fig. 2. Microtome cut. The degree of dye penetration is evident at the interfaces: amalgam-tooth (A), amalgam-composite resin (AC) and composite resin-tooth (C).

additional dye penetration through minor fractures. Microleakage was assessed as percentage depth of horizontal penetration (infiltration extent/cavity extension) (Table 1). Descriptive statistics including means and standard deviations were calculated for the microleakage analysis. The obtained data were subjected to one-way analysis of variance (ANOVA) and Tukey-Kramer multiple-comparison test to determine significant differences among the three interfaces. The level of significance was set at p=0.05. All statistical analyses were performed using SPSS 12.0 (SPSS Inc., Chicago, IL, USA).

Results

Mean microleakage values, from higher to lower, were as follows: A (73.529/28.71), C (40.435/34.965) and AC

(34.118/34.6). Statistically significant difference was observed between A-AC and A-C (p < 0.01), but no statistically significant difference could be found between AC-C interfaces (p > 0.05).

Discussion

The first combined amalgam/composite case report was published in 1982 and presented a mandibular premolar, which was restored occlusally with composite resin in order to mask the unaesthetic amalgam¹². Combined amalgam/composite restorations have been investigated in the recent literature in terms of bonding strength¹³ or are suggested as an alternative for amalgam repair without sacrificing healthy tissues¹⁴ or as a means for increasing cusp fracture resistance¹⁴. There are few studies on marginal seal¹⁴⁻¹⁸ and fewer still do

Table 1 - Microleakage exhibited as percentage % depth of horizontal penetration (infiltration extent / cavity extension) in the interfaces examined.

No.	AMALGAM - TOOTH	AMALGAM - COMPOSITE	COMPOSITE - TOOTH
	(A)	(AC)	(C)
1	100	80	100
2	70	50	0
3	70	30	40
4	100	0	100
5	100	10	20
6	70	40	40
7	50	40	0
8	30	10	100
9	70	30	40
10	100	100	50
11	70	30	40
12	100	0	20
13	80	70	0
14	50	0	0
15	20	0	50
16	Excluded	Excluded	Excluded
17	70	30	40
18	50	20	0
19	100	30	80
20	70	30	30
21	50	20	60
22	70	30	40
23	Excluded	Excluded	Excluded
24	70	30	40
25	100	100	30
26	70	30	40
27	60	30	30
28	50	10	0
29	60	30	40
30	100	40	20
31	70	30	40
32	70	30	40
33	70	30	40
34	50	20	40
35	70	30	50

investigate microleakage at the amalgam/composite resin interface ^{14,17-18}. Franchi et al. (1994) ¹⁷ and Franchi et al. (1999) ¹⁵ demonstrated that microleakage at the amalgam/composite resin interface was in between amalgam/enamel (higher) and composite resin/enamel (lower), results which partially match our findings.

The present study showed that microleakage at the materials' interface was lower than microleakage around amalgam or composite. However, contrary to the used methodology, specimens in those studies were not thermocycled, assuming that thermal loading may have an effect on microleakage at amalgam/composite interface and may explain the opposite findings.

In contrast, Cehreli et al. (2010)14 demonstrated that microleakage at the amalgam/composite resin interface was higher than at the tooth interface, but dealt with old amalgam as a substrate. It seems that use of fresh amalgam is favorable in terms of sealing ability at the interface of an amalgam/ composite combined restoration. A similar study has been performed with primary molars, reaching the same results for amalgam/composite interface as in the conducted study¹⁹. Kournetas et al. (2010)¹⁸ used a qualitative scale and concluded that marginal adaptation in amalgam/composite resin interface is comparable to composite/tooth with self-etch adhesive. Type of materials tested, cavity preparation, type of dental tissue, tooth age, amalgam condensation, amalgam surface conditioning, amalgam and composite bonding procedures, composite placement and polymeri-zation, use of oxidation solution for amalgam, thermocycling and type of used dye, all affect microleakage values and impose limitations for direct comparisons between the published papers. Moreover, in vitro microleakage does not necessarily predict in vivo restoration failure due to secondary caries. Even though a threshold marginal gap size for clinical failure of the restorations has not been established²⁰, restorations with marginal defects fail more frequently²¹. In spite of these limiting aspects, microleakage was chosen in this study because of its longterm report in the literature.

Concerning the present study, since teeth had no contact points, a matrix system was used in order to condense amalgam into the proximal box. Despite the fact that fresh amalgam has high surface tension²², which affects negatively the wettability of the surface, composite resin was inserted after only 5 min in order to mimic clinical conditions. This approach seems to be time saving and the use of a temporary restoration over the placed amalgam is avoided. Composite was applied in layers in order to control polymerization shrinkage. Since high-copper amalgam was placed, no oxidation solution was used, in order to comply with previous studies. Higher microleakage values at the amalgam/tooth interface, which are not confirmed by clinical experience¹⁰, could be attributed to condensation technique and lack of oxidation solution. In contrast, ideal presence of cervical enamel for bonding and placement of the material in layers, seem to be the reasons for lower microleakage at the composite resin/tooth interface.

The use of amalgam in the cervical surface of proximal

boxes has been related to a good marginal seal²³. Adding the advantageous time-dependent auto-sealing due to gradual oxide deposition11, amalgam is regarded as the material of choice regarding optimum marginal behavior. This study showed that the amalgam/composite resin interface performs even better, concluding that despite the use of two completely different materials, there is an excellent marginal seal. Since the bonding mechanism is not fully understood²⁴, questions arise regarding the irregularities of the amalgam surface, the higher surface tension of fresh amalgam, the entrapment of air, the presence of a "hybrid" surface or the proliferation of the setting reaction, which could possibly affect marginal integrity. However, even mechanical loading does not affect marginal adaptation of the interface18, eliminating the issue of a possible failure of the interface due to occlusal forces. A recent in vivo study on one-hundred posterior teeth, demonstrated that combined restorations performed better for contact, contour and retention than conventional composite resin or amalgam restorations²⁵.

Combined amalgam/composite restorations are not thoroughly researched, as shown by the aforementioned drawbacks, but *in vitro* microleakage results are convincing. Lacking alternative conservative aesthetic restorative options, which would improve the quality of the cervical area of Class II restorations, and considering the research limitations, combined amalgam/composite resin restorations can be suggested. Combined restorations should be employed in challenging clinical situations, particularly in cases of proximal boxes with cervical margins located near the gingiva or beneath the cementoenamel junction. Controlled clinical trials involving the implementation of this technique should be performed to determine its usefulness, durability and longevity.

The conclusion is that despite the fact that amalgam and composite are two completely different materials their interface exhibited the lowest microleakage values. Within the limitations of an *in vitro* study, they can be combined in Class II restorations.

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