

## Tissue distribution and excretion of the five components of *Portulaca oleracea* L. extract in rat assessed by UHPLC

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The aim of the present study was to investigate the tissue distribution and excretion of five components of *Portulaca oleracea* L. extract (POE) in rat following oral administration. A rapid, sensitive and specific ultra-high performance liquid chromatography (UHPLC) method with puerarin as the internal standard was used for the quantitative analysis of five components of POE, including caffeic acid (CA), *p*-coumaric acid (*p*-CA), ferulic acid (FA), quercitrin (QUER) and hesperidin (HP) in rat tissues including the liver, intestine, stomach, muscle, heart, lung, brain, kidney and spleen, urine and feces. The results show that only *p*-CA and FA were found in nearly all tissues with low cumulative ratios, and CA was higher in the intestine and stomach with a slightly higher cumulative ratio in the urine and feces after 24 h. HP and QUER were found at low levels in the tissues with low cumulative ratios.

**Uniterms:** *Portulaca oleracea* L./pharmacokinetics. *Portulaca oleracea* L./extract/experimental study. *Portulaca oleracea* L./extract/ tissue distribution. *Portulaca oleracea* L./extrato/excretion. Compostos fenólicos. Ultra performance liquid chromatography/quantitative analysis.

O objetivo do presente estudo foi investigar a distribuição tecidual e excreção de cinco componentes de extrato *Portulaca oleracea* L. (POE) em ratos após administração oral. Um método analítico rápido, sensível e específico para quantificação de cinco componentes de POE (ácido cafeico (CA), ácido *p*-cumárico (*p*-CA), ácido ferúlico (FA), quercitrina (QUER) e hesperidina (HP)) por cromatografia líquida de ultra eficiência (UHPLC), empregando puerarina como padrão interno de referência. Os compostos foram quantificados em diferentes tecidos dos animais, sendo eles fígado, intestino, estômago, músculo, coração, pulmão, cérebro, rim e baço, urina e fezes. Os resultados mostraram que apenas *p*-CA e FA foram encontradas em todos os tecidos com baixas taxas cumulativas e CA apresentou níveis mais altos no intestino e estômago com a taxa cumulativa um pouco mais elevada na urina e nas fezes após 24 h. HP e QUER apresentaram baixas concentrações nos tecidos com baixas taxas cumulativas.

**Uniterms:** *Portulaca oleracea* L./farmacocinética. *Portulaca oleracea* L./extrato/estudo experimental. *Portulaca oleracea* L./extrato/distribuição tecidual. *Portulaca oleracea* L./extrato/excreção. Compostos fenólicos. Cromatografia líquida de ultra eficiência/análise quantitativa.

### INTRODUCTION

*Portulaca oleracea* L. is a well-known traditional Chinese medicine and is recorded in the Chinese pharmacopoeia (PRC, 2010). It has historically been used for removing heat, counteracting toxicity, cooling the blood, hemostasis and treating dysentery. As *P. oleracea* L. is also a widespread and abundant plant in the world,

much attention has been paid to its pharmacological study, such as its anti-inflammatory and anti-pruritic (Lim *et al.*, 2011), hypocholesterolemic (Movahedian, Ghannadi, Vashimia, 2007) and hypoglycemic (Gong *et al.*, 2009) effects. Some reports have focused on *in vitro* and *in vivo* analyses of the components in *P. oleracea* L. extract (POE) i.e., flavonoids, by capillary electrophoresis with electrochemical detection (Xu, Yu, Chen, 2006), and four compounds of POE have been detected in rat plasma by HPLC after intravenous administration of *P. oleracea* L. (Cheng *et al.*, 2012). However, there is little known regarding the tissue distribution and excretion of POE.

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Therefore, a rapid, sensitive and specific UHPLC method with an internal standard was established to evaluate the tissue distribution and excretion of five components of *Portulaca oleracea* L. extract (POE), including caffeic acid (CA), *p*-coumaric acid (*p*-CA), ferulic acid (FA), quercitrin (QUER) and hesperidin (HP), after oral administration in rats, which will fill in some of the gaps in our overall knowledge of POE.

## MATERIAL AND METHODS

### Plant material

*Portulaca oleracea* L. was collected from the collection site with the geographical coordinates 37°27'-38°47' N, 113°30'-115°20' E (Anguo, Hebei, China) in September 2013, and identified by Prof. Yanjun Zhai. A voucher specimen (No. 20130925) was deposited at the School of Pharmacy, Liaoning University of Traditional Chinese Medicine.

### Reagents and chemicals

Puerarin as the internal standard (IS) and QUER were purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China), and CA, *p*-CA, FA and HP were obtained from Sichuan Weikeyi Biological Technology Co., Ltd (Chengdu, China). Figure 1 illustrates the chemical structures of the five investigated components and the IS. Methanol and acetonitrile were of HPLC grade provided by Damao Chemical Reagent Plant (Tianjin, China).

Purified water was obtained from Wahaha Group Ltd., Co. (Shenyang, China). All other reagents were of analytical grade purchased from Jinfeng Chemical Factory (Tianjin, China).

### Chromatographic system and conditions

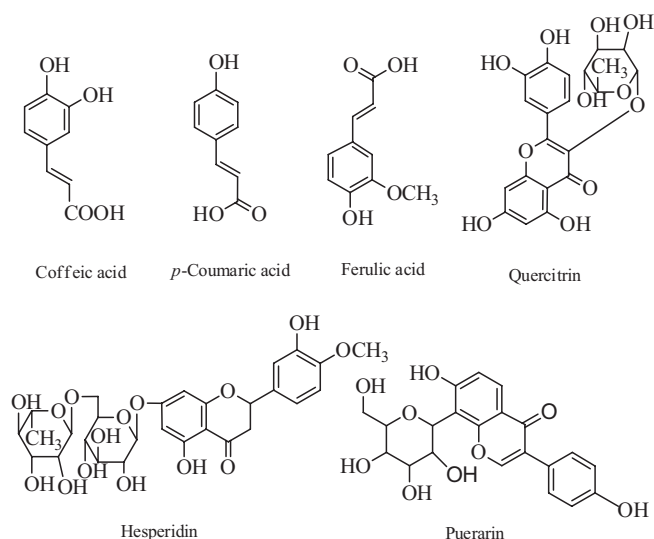
The analysis was performed on a NEXERA X2 UHPLC LC-30A system (Japan, Shimadzu) was equipped with a solvent delivery pump (LC-30AD), a vacuum degasser (DGU-20A), a Shimadzu UV-vis spectrophotometric detector (SPD-20A) and LabStation software (Shimadzu). The analytes were determined on an analytical shim-pack ODS column (75mm × 2 mm, 1.6 μm particle size, Shimadzu, Japan) at a column temperature of 40°C incorporating a UV detector at a flow rate of 0.3 mL/min with the detection wavelength set at 320 nm. The mobile phase consisted of phase A (acetonitrile) and B (0.1% acetic acid aqueous) in a gradient elution: 8% A within 0-2 min, 16% A within 2-4 min, 17% A within 4-6 min, 25% A within 6-7 min, 45% A within 7-10 min and then returned to initial condition for a 10 min re-equilibration, with a total run time of 20 min. The mobile phase was passed under vacuum through a 0.22 μm filter membrane and degassed by exposure to ultrasonic waves before use.

### Animals

Male Wistar rats (body weight 300 ± 20 g) were provided by the Laboratory Animal Center of Dalian University (Dalian China). All rats were kept in a controlled environment for a week and had free access to standard laboratory food and water intake before the experiments. The rats were fasted overnight prior to the administration of POE. Animal experiments were carried out in accordance with the Guidelines for Animal Experimentation of Liaoning University of Traditional Chinese Medicine, and the procedure was approved by the Animal Ethics Committee of this institution (20140528).

### Preparation of the POE solution

Whole dried *P. oleracea* L. (3 kg) was refluxed twice with water (30 L), each for 1 h, then POE was obtained after the water was removed under reduced pressure. Then, the residue was passed through an AB-8 macroporous resin column (8 × 100 cm, Shanghai, China). To eliminate impurities, the column was eluted with 15 L of water and eluted with 30 L of 50% ethanol. After removing the ethanol of the 50% ethanol fraction *in vacuo*, the



**FIGURE 1** - Chemical structures of the five analytes and internal standard.

suspended solution of POE was obtained and stored at 4 °C prior to use. Using the external standard method for quantification, the contents of CA, *p*-CA, FA, QUER and HP in the suspended solution of extract were found to be 0.467, 0.146, 0.433, 0.0738 and 1.60 mg/mL, respectively.

### Preparation of standards and quality control samples

The stock solutions of the five standard compounds CA, *p*-CA, FA, QUER, HP and the IS were precisely weighed and dissolved using ultrasound in methanol, to yield concentrations of 235, 221, 327, 259, 242 and 212  $\mu\text{g}\cdot\text{mL}^{-1}$ , respectively.

For the tissue assay, five calibrators of CA (0.05, 0.1, 0.2, 0.5, 1.25 and 5.0  $\mu\text{g}\cdot\text{mL}^{-1}$ ), *p*-CA (0.05, 0.1, 0.2, 0.5, 1.25 and 5.0  $\mu\text{g}\cdot\text{mL}^{-1}$ ), FA (0.1, 0.2, 0.4, 1.0, 2.5 and 10.0  $\mu\text{g}\cdot\text{mL}^{-1}$ ), QUER (0.075, 0.15, 0.3, 0.75, 1.875 and 7.5  $\mu\text{g}\cdot\text{mL}^{-1}$ ) and HP (0.4, 0.8, 1.6, 4, 10 and 40  $\mu\text{g}\cdot\text{mL}^{-1}$ ) were prepared by adding standard working solutions (50  $\mu\text{L}$ ) and the IS (10  $\mu\text{L}$ ) to drug-free rat tissues. All stock and working standard solutions were stored in brown bottles at 4°C until analysis. Quality control (QC) tissue samples were prepared at low, medium and high concentrations (0.125, 0.7 and 4  $\mu\text{g}\cdot\text{mL}^{-1}$  for CA and *p*-CA; 0.25, 1.4 and 7.98  $\mu\text{g}\cdot\text{mL}^{-1}$  for FA; 0.1875, 1.05 and 5.985  $\mu\text{g}\cdot\text{mL}^{-1}$  for QUER; 1.0, 5.7 and 32  $\mu\text{g}\cdot\text{mL}^{-1}$  for HP) in bulk and aliquots were stored at -20 °C until analysis.

For the urine and feces assay, five calibrators of CA (0.15, 0.3, 0.6, 1.5, 3.75 and 15  $\mu\text{g}\cdot\text{mL}^{-1}$ ), *p*-CA (0.125, 0.25, 0.5, 1, 2.5 and 6.25  $\mu\text{g}\cdot\text{mL}^{-1}$ ), FA (0.09, 0.18, 0.35, 0.88, 2.19 and 5.47  $\mu\text{g}\cdot\text{mL}^{-1}$ ), QUER (0.19, 0.38, 0.75, 1.88, 4.69 and 18.75  $\mu\text{g}\cdot\text{mL}^{-1}$ ), and HP (1.25, 2.5, 5, 10, 25 and 75  $\mu\text{g}\cdot\text{mL}^{-1}$ ) were prepared by adding standard working solutions (50  $\mu\text{L}$ ) and IS (50  $\mu\text{L}$ ) to drug-free rat urine/feces samples. All stock and working standard solutions were stored in brown bottles at 4°C until analysis. The quality control (QC) samples of urine/feces were prepared at low, medium and high concentrations (0.38, 4.25 and 48.00  $\mu\text{g}\cdot\text{mL}^{-1}$  for CA; 0.63, 7.07 and 80.00  $\mu\text{g}\cdot\text{mL}^{-1}$  for *p*-CA; 0.22, 3.91 and 70.00  $\mu\text{g}\cdot\text{mL}^{-1}$  for FA; 0.1875, 0.47, 5.30 and 60.00  $\mu\text{g}\cdot\text{mL}^{-1}$  for QUER; 3.13, 13.69 and 60.00  $\mu\text{g}\cdot\text{mL}^{-1}$  for HP) in bulk and aliquots were stored at -20 °C until analysis.

### Preparation of biosamples

Twenty-five rats were divided into five groups ( $n = 5$ ) at random. All rats were orally dosed with POE at a dose of 8.4  $\text{mL}\cdot\text{kg}^{-1}$ , (approximately equivalent to 3.92  $\text{mg}\cdot\text{kg}^{-1}$  of CA, 1.23  $\text{mg}\cdot\text{kg}^{-1}$  of *p*-CA, 3.64  $\text{mg}\cdot\text{kg}^{-1}$

of FA, 0.62  $\text{mg}\cdot\text{kg}^{-1}$  of QUER and 13.47  $\text{mg}\cdot\text{kg}^{-1}$  of HP). Also, rats were divided into two groups ( $n=5$ ) at random for the urine and feces assay.

For the tissue assay, the dosed rats were sacrificed and tissues removed at 10, 30, 60, 90 and 150 min. Tissues were collected, including liver, intestine, stomach, muscle, heart, lung, brain, kidney and spleen. All tissues were rinsed with physiological saline, blotted on filter paper and weighed (the contents of stomach and intestine were removed before rinsing). Approximately 0.2 g of each tissue was weighed out and homogenized in 0.5 mL of saline solution, then centrifuged at 3000 rpm for 15 min. Tissue samples were stored at -20 °C until analysis.

The homogenized tissue samples (0.2 mL) were supplemented with 10  $\mu\text{L}$  of the IS, 20  $\mu\text{L}$  of acetic acid and 1 mL of methanol, followed by vortex mixing for 1 min, then centrifuged at 3000 rpm for 15 min. The supernatant was collected and evaporated to dryness at 50 °C under a gentle stream of nitrogen. Then, the dried residue was reconstituted in 100  $\mu\text{L}$  of the initial mobile phase and centrifuged at 10,000 rpm for 10 min. A 1  $\mu\text{L}$  aliquot of the supernatant was injected into the UHPLC system for analysis.

For the urine and feces assay, all the rats were housed in stainless-steel metabolism cages to collect urine and feces at 0-2 h, 2-4 h, 4-8 h, 8-12 h and 12-24 h post-dosing. Water and standard laboratory food were offered during the whole experiment. The volume of the each collected urine sample and the weight of each collected feces sample were respectively recorded. All the samples were stored at -20°C until analysis.

Urine samples (200  $\mu\text{L}$ ) were supplemented with 50  $\mu\text{L}$  of the IS, 20  $\mu\text{L}$  of acetic acid and 1 mL of methanol and pipetted, followed by vortex mixing for 1 min. After centrifugation at 3000 rpm for 15 min, the supernatant was separated and evaporated to dryness under a gentle stream of nitrogen at 40°C. The residue was reconstituted in 200  $\mu\text{L}$  of the mobile phase and centrifuged at 10,000 rpm for 10 min. Then, a 1  $\mu\text{L}$  aliquot of the clean supernatant was injected into the UHPLC system for analysis.

About 0.2 g of feces was homogenized in 0.5 mL of physiological saline solution (w/v, 2/5). The homogenate was then supplemented with 50  $\mu\text{L}$  of the IS, 20  $\mu\text{L}$  of acetic acid and 1 mL of methanol, then treated further in a similar manner as the urine samples.

### Method validation

#### Selectivity

The selectivity was determined by comparing chromatograms of mixed blank tissues/urine/feces obtained

from five drug-free rats with those of corresponding standard tissue/urine/feces samples spiked with the five standard solutions and IS, as well as the biosamples obtained after oral administration of POE.

#### *Linearity, LOD and LLOQ*

The calibration curves of tissues were performed over the linear range of 0.05–5  $\mu\text{g}\cdot\text{mL}^{-1}$  CA, 0.05–5  $\mu\text{g}\cdot\text{mL}^{-1}$  *p*-CA, 0.1–10  $\mu\text{g}\cdot\text{mL}^{-1}$  FA, 0.075–7.5  $\mu\text{g}\cdot\text{mL}^{-1}$  QUER, and 0.4–40  $\mu\text{g}\cdot\text{mL}^{-1}$  HP. The calibration curves of urine/feces were performed over the linear range of 0.15–60  $\mu\text{g}\cdot\text{mL}^{-1}$  CA, 0.125–100  $\mu\text{g}\cdot\text{mL}^{-1}$  *p*-CA, 0.0875–87.5  $\mu\text{g}\cdot\text{mL}^{-1}$  FA, 0.1875–75  $\mu\text{g}\cdot\text{mL}^{-1}$  QUER, and 1.25–75  $\mu\text{g}\cdot\text{mL}^{-1}$  HP). The calibration curves for each analyte in different tissue/urine/fecal samples were generated by plotting the area ratio of five compounds to the IS separately vs. the nominal concentration in the standard tissue/urine/fecal samples. Moreover, the weighted ( $1/c^2$ ) least-square linear regression was applied to obtain the regression equation. The LOD (limit of detection) was determined by diluting the QC samples stepwise, given as the signal-to-noise ratio ( $S/N = 3$ ). The lower limit of quantification (LLOQ), considered to be the lowest concentration point in the calibration curves, displayed an acceptable accuracy (RE) within  $\pm 15\%$  and a precision of less than 20%.

#### *Precision and accuracy*

Five replicates of QC tissue/urine/fecal samples at three concentrations were assessed to calculate the intra-day precision and accuracy on the same day. Inter-day precision was determined by analyzing the QC tissue/urine/feces samples over three consecutive days. The intra-day and inter-day precision were defined as the relative standard deviation, and accuracy was determined by calculating the relative error (RE).

#### *Extraction recovery*

The extraction recoveries of five compounds were determined by comparing the peak area of each compound from QC samples at three concentrations with that of the unextracted standard solutions containing the equivalent amount of analytes regarded as 100% recovery.

#### *Stability*

The stability of QC samples was investigated at three concentrations, i.e. low, medium and high. The short-term stability experiment was conducted at ambient temperature (25 °C) for 24 h, and long-term stability was assessed after storage at -20 °C for 1 month. The freeze (-20 °C)-thaw (room temperature) stability was assessed after three freeze-thaw cycles.

## RESULTS AND DISCUSSION

### Method development and optimization

In order to obtain suitable retention times and good separation for the five components in the POE and IS, different combinations of several mobile phases were chosen, i.e. methanol-water and acetonitrile-water. Comparatively, there existed a serious baseline drift and interference of endogenous components in the tissues with analytes using the methanol-water system; besides, we could not obtain satisfactory separation among the compounds in POE. These problems were ultimately solved by using acetonitrile-water as the mobile phase in gradient elution, into which some acetic acid was added in order to obtain perfect peak shapes.

Three different wavelengths (270, 320 and 360 nm) were chosen to achieve high sensitivity for the five investigated components of POE. Finally, a detection wavelength of 320 nm was applied for the simultaneous analysis of the five compounds with no interference.

### Method validation

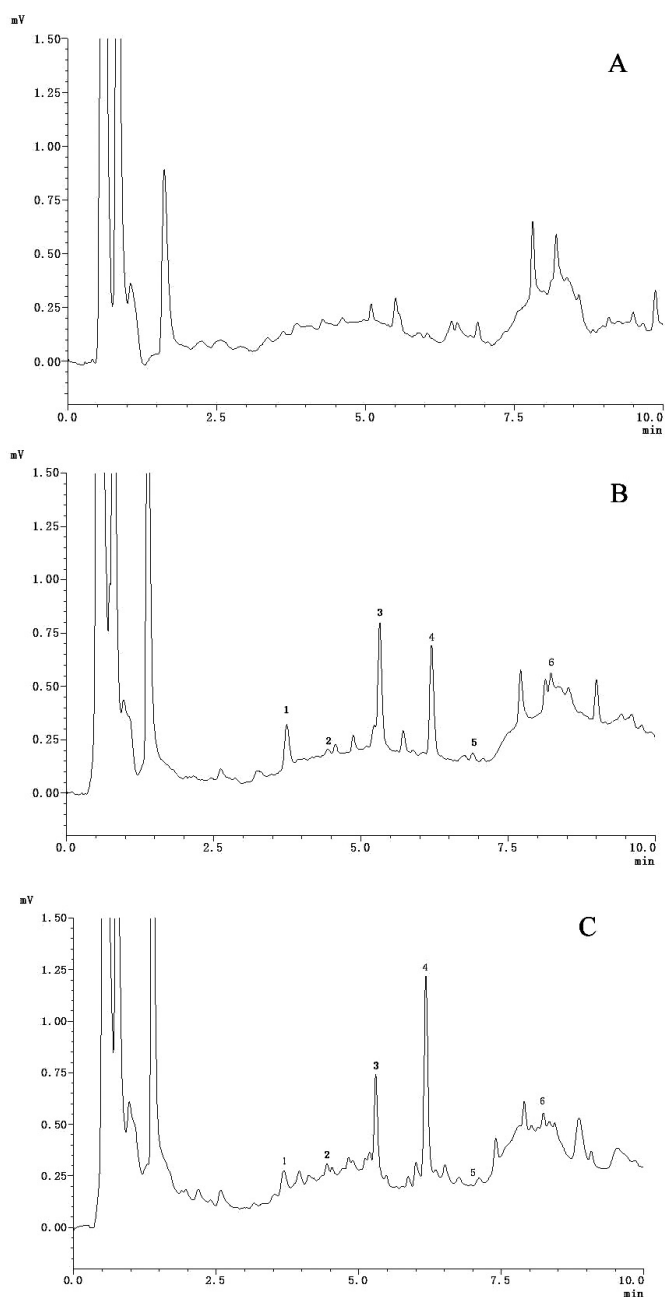
#### *Selectivity*

To determine the selectivity of this method, blank tissues/urine/feces, tissues/urine/feces spiked with known amounts of the five reference substances, and tissue/urine/feces removed from rats after oral dosing with POE were analyzed. The chromatograms of the stomach were chosen as an example (Figure 2) and show that there were no interfering peaks in the region of the peaks of the analytes. The retention times of CA, IS, *p*-CA, FA, QUER, and HP were approximately at 3.61, 4.42, 5.24, 6.25, 7.11 and 8.21 min, respectively. The total run time was 10 min.

#### *Linearity, LOD and LLOQ*

The calibration curves, correlation coefficients and linear ranges of the five compounds in each tissue are given in Table I. The LODs of the five components, i.e. CA, *p*-CA, FA, QUER and HP were 0.015, 0.015, 0.03, 0.0225 and 0.12  $\mu\text{g}\cdot\text{mL}^{-1}$ , respectively. The LLOQ of the five components was defined as the lowest concentration on the calibration curve with precision/accuracy within 20%, verified by repeated analysis. The calibration curves, correlation coefficients and linear ranges of the five compounds in urine/feces are given in Table II. The LODs of the five components, i.e. CA, *p*-CA, FA, QUER and HP were 0.045, 0.0375, 0.026, 0.056 and 0.375  $\mu\text{g}\cdot\text{mL}^{-1}$ , respectively. The LLOQ of the five components was defined as the lowest concentration on the calibration





**FIGURE 2** - Typical chromatograms A-C. Blank stomach sample A, blank stomach sample spiked with standard five compounds and IS B, and stomach sample after oral administration of POE at 90min C. (peak 1 CA; peak 2 IS.; peak 3 *p*-CA; peak 4 FA; peak 5 QUER; peak 6 HP).

curve with precision/accuracy within 20%, verified by repeated analysis.

#### Precision and accuracy

The intra- and inter-day precision/accuracy of each analyte in the tissue QC samples at three concentrations are given in Table III. The intra- and inter-day precision/

accuracy of each analyte in the urine/feces QC samples at three concentrations are given in Tables IV/V. The RSDs of the five compounds were all < 20% for the intra-day and inter-day assays, which is in accordance with the guidance of the USFDA (FDA, 2001).

#### Extraction recovery and stability

Tables III-V show that the extraction recoveries of the five compounds in different tissues ranged from  $82.14 \pm 1.03\%$  to  $93.62 \pm 2.71\%$ , and that of the IS was  $92.93 \pm 3.14\%$ ,  $81.64 \pm 2.48\%$  to  $94.93 \pm 2.34\%$  in the urine and  $83.36 \pm 0.35\%$  to  $93.65 \pm 2.41\%$  in the feces, demonstrating that there was negligible loss during extraction, which could be attributed to the high solubility of the analytes in methanol and the one-step protein precipitation used in the sample preparation. The results of the short-term stability, long-term stability and freeze-thaw stability also indicated that no remarkable degradation occurred during the chromatography, extraction and sample storage processes for excreta samples.

#### Tissue distribution assay

The concentrations of the five components in the nine tissues collected at 10, 30, 60, 90 and 150 min after oral administration of POE are shown in Table VI.

Although the chemical structures of CA, *p*-CA and FA were similar, their concentrations in the tissues were significantly different (Table VI). After oral administration of the POE in rats, only *p*-CA and FA were found in all tissues (except for *p*-CA in the brain). The reason why *p*-CA was higher in tissues (except for the brain) is that the transepithelial transport of *p*-CA depends on concentration and saturation (Konishi, Kobayashi, Shimizu, 2003), and higher FA levels in the intestine could partly be attributed to gradual efflux from the stomach. CA was only observed in the stomach and intestine at the different five points, and in the muscle at the first point. Both QUER and HP are flavonoids, and their behaviors were basically consistent *in vivo* after gavage (Table VI). QUER was abundant in the stomach and intestine but only a little was found in the liver, and the highest concentrations of HP were in the stomach with low levels in the liver, kidney and intestine; HP was not found in other tissues. Bacteria and/or enzyme-related hydrolysis of HP in the gastrointestinal tract is an important factor responsible for the poor absorption of HP, and its absorption might depend on the type of sugar moiety bonded to the aglycone (Chang *et al.*, 2005).

#### Excretion assay

The cumulative ratios of the five analytes are

**TABLE I** - Calibration curves, correlation coefficients and linear ranges of the five compounds in the tissue samples

	Biosamples	Calibration curves	r <sup>2</sup>	Linear range ( $\mu\text{g}\cdot\text{mL}^{-1}$ )		Biosamples	Calibration curves	r <sup>2</sup>	Linear range ( $\mu\text{g}\cdot\text{mL}^{-1}$ )
CA	stomach	$y=4.7598x+0.3953$	0.999	0.05-5	FA	stomach	$y=3.9862x+0.6429$	0.9998	0.1-10
	liver	$y=5.1869x+0.1426$	0.9932			liver	$y=3.2723x+0.2441$	0.999	
	intestine	$y=6.5169x+0.0752$	0.9994			intestine	$y=3.7437x+0.3976$	0.999	
	muscle	$y=3.6674x+0.0644$	0.9994			muscle	$y=3.2464x+0.1811$	0.9992	
	heart	$y=2.1671x+0.1147$	0.9968			heart	$y=2.6317x+0.0206$	0.999	
	lung	$y=4.32751x+0.2351$	0.991			lung	$y=3.0402x+0.2042$	0.999	
	brain	$y=4.6791x+0.673$	0.994			brain	$y=2.8763x+0.4505$	0.9996	
	kidney	$y=4.1844x+0.4002$	0.9902			kidney	$y=0.5426x+0.2368$	0.9934	
	spleen	$y=1.2381x+0.1635$	0.993			spleen	$y=3.1617x+0.0763$	0.9948	
p-CA	stomach	$y=8.9653x+0.5561$	0.9992	0.05-5	QUER	stomach	$y=1.9548x+0.2086$	0.9998	0.075-7.5
	liver	$y=7.8747x+0.2996$	0.999			liver	$y=1.4638x+0.1653$	0.999	
	intestine	$y=8.6427x+0.3888$	0.999			intestine	$y=1.7038x+0.1838$	0.9992	
	muscle	$y=8.7493x+0.2771$	0.9994			muscle	$y=1.2381x+0.0074$	0.999	
	heart	$y=7.4364x+0.1338$	0.9992			heart	$y=0.6773x+0.1474$	0.997	
	lung	$y=7.3137x+0.2229$	0.999			lung	$y=0.937x+0.1624$	0.9986	
	brain	$y=6.4779x+0.5136$	0.999			brain	$y=1.0706x+0.3502$	0.997	
	kidney	$y=7.3448x+0.7083$	0.9924			kidney	$y=0.6990x+0.1709$	0.996	
	spleen	$y=6.9256x+0.2891$	0.9924			spleen	$y=1.134x+0.1163$	0.991	
HP	stomach	$y=0.1299x+0.0483$	0.9994	0.4-40					
	liver	$y=0.1252x+0.0459$	0.9994						
	intestine	$y=0.1184x+0.0204$	0.9994						
	muscle	$y=0.1178x+0.0526$	0.9996						
	heart	$y=0.1156x+0.0946$	0.9994						
	lung	$y=0.1110x+0.1166$	0.994						
	brain	$y=0.0884x+0.1894$	0.9936						
	kidney	$y=0.1004x+0.1126$	0.997						
	spleen	$y=0.0952x+0.1656$	0.998						

*y*, peak area ratio; *x*, concentration of the reference standard ( $\mu\text{g}\cdot\text{mL}^{-1}$ ); *r*, correlation coefficient.

**TABLE II** - Calibration curves, correlation coefficients and linear ranges of the five compounds in the urine/feces samples

	Biosamples	Calibration curves	r <sup>2</sup>	Linear ranges ( $\mu\text{g}\cdot\text{mL}^{-1}$ )
CA	Urine	$y = 0.4509 x - 0.0432$	0.996	0.15–60
	Feces	$y = 0.9042 x - 0.128$	0.991	
p-CA	Urine	$y = 0.6069 x + 0.043$	0.992	0.125–100
	Feces	$y = 2.2008 x - 0.2654$	0.992	
FA	Urine	$y = 0.1407 x + 0.1069$	0.996	0.0875–87.5
	Feces	$y = 0.2456 x + 0.047$	0.996	
QUER	Urine	$y = 0.0345 x + 0.0258$	0.998	0.1875–75
	Feces	$y = 0.0175 x + 0.0526$	0.994	
HP	Urine	$y = 0.4509 x - 0.0432$	0.992	1.25–75
	Feces	$y = 0.9042 x - 0.128$	0.996	

*y*, peak area ratio; *x*, concentration of the reference standard ( $\mu\text{g}\cdot\text{mL}^{-1}$ ); *r*, correlation coefficient.

**TABLE III** - Extraction recovery, precision, accuracy and stability of the five compounds in stomach. ( $n = 5$ )

	Added conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	Extraction recovery	Intra-day			Inter-day			Accuracy (% , mean $\pm$ SD)		
			Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Short-term stability	Long-term stability	Freeze-thaw stability
CA	0.125	84.41 $\pm$ 0.92	0.12 $\pm$ 0.01	6.40	-3.3	0.12 $\pm$ 0.01	5.07	-3.2	90.90 $\pm$ 0.95	88.41 $\pm$ 0.92	94.25 $\pm$ 2.07
	0.7	86.96 $\pm$ 2.22	0.66 $\pm$ 0.01	1.67	-6.2	0.67 $\pm$ 0.03	4.70	-6.4	86.48 $\pm$ 4.88	86.96 $\pm$ 2.22	86.12 $\pm$ 2.46
	4	91.03 $\pm$ 1.74	3.76 $\pm$ 0.10	2.53	-5.9	3.69 $\pm$ 0.12	3.12	-7.7	92.51 $\pm$ 3.50	94.03 $\pm$ 4.88	91.67 $\pm$ 5.10
<i>p</i> -CA	0.125	85.36 $\pm$ 0.55	0.12 $\pm$ 0.03	1.66	-3.1	0.12 $\pm$ 0.01	5.92	-3.9	91.97 $\pm$ 1.57	85.36 $\pm$ 0.55	85.98 $\pm$ 1.17
	0.7	87.48 $\pm$ 3.09	0.67 $\pm$ 0.03	4.04	-4.7	0.66 $\pm$ 0.01	0.83	-6.2	86.56 $\pm$ 4.08	87.48 $\pm$ 3.09	88.62 $\pm$ 0.49
	4	90.35 $\pm$ 1.13	3.73 $\pm$ 0.07	1.94	-6.8	3.72 $\pm$ 0.03	0.78	-7.0	85.06 $\pm$ 5.11	90.35 $\pm$ 4.13	93.48 $\pm$ 4.94
FA	0.125	82.14 $\pm$ 1.03	0.13 $\pm$ 0.01	4.10	3.2	0.13 $\pm$ 0.02	2.16	0.3	92.54 $\pm$ 0.90	97.14 $\pm$ 3.03	102.5 $\pm$ 4.06
	0.7	86.52 $\pm$ 3.07	0.72 $\pm$ 0.05	7.11	2.8	0.75 $\pm$ 0.01	1.86	6.6	108.0 $\pm$ 2.85	106.5 $\pm$ 3.07	93.24 $\pm$ 0.31
	4	83.64 $\pm$ 2.78	4.20 $\pm$ 0.14	3.38	4.9	4.23 $\pm$ 0.09	2.18	5.8	103.3 $\pm$ 0.07	100.6 $\pm$ 2.78	105.3 $\pm$ 5.75
QUER	0.188	84.39 $\pm$ 2.08	0.18 $\pm$ 0.01	6.70	-2.5	0.179 $\pm$ 0.01	7.10	-5.0	97.29 $\pm$ 1.81	99.39 $\pm$ 2.08	87.29 $\pm$ 2.78
	1.05	93.04 $\pm$ 3.45	1.01 $\pm$ 0.02	1.79	-3.8	1.01 $\pm$ 0.10	9.91	-4.0	88.40 $\pm$ 5.83	93.04 $\pm$ 3.45	88.93 $\pm$ 4.41
	6	87.01 $\pm$ 4.80	5.62 $\pm$ 0.15	2.74	-6.4	5.98 $\pm$ 0.16	2.65	-0.4	109.6 $\pm$ 1.35	87.01 $\pm$ 4.80	92.36 $\pm$ 5.47
HP	4	82.55 $\pm$ 1.55	3.78 $\pm$ 0.10	2.65	-5.51	3.81 $\pm$ 0.17	4.53	-4.79	89.64 $\pm$ 3.77	91.55 $\pm$ 1.55	88.98 $\pm$ 3.68
	22.4	93.62 $\pm$ 2.71	23.17 $\pm$ 1.65	7.11	3.45	23.72 $\pm$ 1.16	4.88	5.90	103.9 $\pm$ 3.53	99.62 $\pm$ 2.71	94.46 $\pm$ 4.85
	127.68	86.40 $\pm$ 3.60	118.9 $\pm$ 1.04	0.87	-6.92	119.2 $\pm$ 2.11	1.77	-6.67	87.10 $\pm$ 3.73	86.40 $\pm$ 4.60	89.85 $\pm$ 4.15

**TABLE IV** - Extraction recovery, precision, accuracy and stability of the five compounds in urine. ( $n = 5$ )

	Added conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	Extraction recovery	Intra-day			Inter-day			Accuracy (% , mean $\pm$ SD)		
			Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Short-term stability	Long-term stability	Freeze-thaw stability
CA	0.375	86.41 $\pm$ 0.42	0.37 $\pm$ 0.01	0.60	-1.1	0.38 $\pm$ 0.01	0.72	0.3	100.9 $\pm$ 0.01	100.8 $\pm$ 0.02	98.78 $\pm$ 0.03
	4.25	85.66 $\pm$ 1.22	4.30 $\pm$ 0.02	0.42	1.1	4.43 $\pm$ 0.21	4.75	4.2	104.3 $\pm$ 0.06	102.8 $\pm$ 0.17	100.8 $\pm$ 0.04
	48	91.43 $\pm$ 1.54	49.12 $\pm$ 1.05	2.14	2.3	49.30 $\pm$ 0.36	0.74	2.7	103.9 $\pm$ 0.93	101.1 $\pm$ 1.10	110.1 $\pm$ 1.20
<i>p</i> -CA	0.625	88.36 $\pm$ 0.95	0.64 $\pm$ 0.02	3.15	2.4	0.65 $\pm$ 0.03	5.01	4.7	105.7 $\pm$ 0.04	105.5 $\pm$ 0.03	102.3 $\pm$ 0.02
	7.07	89.48 $\pm$ 2.09	7.39 $\pm$ 0.07	0.91	4.6	7.62 $\pm$ 0.28	3.74	7.8	107.9 $\pm$ 0.02	106.4 $\pm$ 0.22	104.3 $\pm$ 0.04
	80	92.35 $\pm$ 1.33	86.43 $\pm$ 1.82	2.11	8.0	82.73 $\pm$ 0.59	0.71	3.4	109.7 $\pm$ 1.60	106.7 $\pm$ 1.98	106.3 $\pm$ 2.16
FA	0.22	87.14 $\pm$ 1.53	0.22 $\pm$ 0.01	2.72	0.6	0.23 $\pm$ 0.01	2.55	2.9	103.9 $\pm$ 0.02	103.8 $\pm$ 0.01	100.4 $\pm$ 0.01
	3.91	88.52 $\pm$ 2.07	3.76 $\pm$ 0.02	0.50	-3.8	3.88 $\pm$ 0.19	4.77	-0.8	99.31 $\pm$ 0.05	97.90 $\pm$ 0.15	95.99 $\pm$ 0.03
	70.00	81.64 $\pm$ 2.48	72.56 $\pm$ 1.6	2.20	3.7	65.82 $\pm$ 0.61	0.92	-6.0	105.3 $\pm$ 1.27	102.4 $\pm$ 1.89	101.3 $\pm$ 1.62
QUER	0.47	82.39 $\pm$ 1.08	0.48 $\pm$ 0.04	8.26	1.6	0.50 $\pm$ 0.02	3.65	6.7	108.9 $\pm$ 0.04	108.7 $\pm$ 0.03	101.3 $\pm$ 0.04
	5.30	93.04 $\pm$ 3.45	5.28 $\pm$ 0.08	1.46	-0.5	4.94 $\pm$ 0.30	6.14	-6.8	103.2 $\pm$ 0.12	101.6 $\pm$ 0.28	99.30 $\pm$ 0.10
	60.00	89.01 $\pm$ 2.80	55.59 $\pm$ 1.88	3.39	-7.4	65.40 $\pm$ 0.50	0.76	9.0	94.16 $\pm$ 2.41	91.59 $\pm$ 3.24	99.96 $\pm$ 3.75
HP	3.13	85.55 $\pm$ 1.45	3.28 $\pm$ 0.12	3.53	4.8	3.35 $\pm$ 0.11	3.34	7.3	108.5 $\pm$ 0.19	108.3 $\pm$ 0.08	104.7 $\pm$ 0.1
	13.69	93.62 $\pm$ 2.71	14.16 $\pm$ 0.13	0.92	3.5	14.63 $\pm$ 0.69	4.71	6.8	106.9 $\pm$ 0.16	105.4 $\pm$ 0.56	103.2 $\pm$ 0.14
	60.00	84.40 $\pm$ 3.60	61.14 $\pm$ 1.30	2.12	1.9	59.94 $\pm$ 0.37	0.61	-0.1	103.5 $\pm$ 1.22	100.6 $\pm$ 1.32	109.9 $\pm$ 1.48

listed in Figure 3. Six hours after delivery, CA and FA all reached maximum excretion in the urine and feces, and were eliminated slowly after that. The cumulative ratios after 24 h were above 90% in the total excreta, indicating that they were completely eliminated within 24 h after oral administration. In the combined results

of the tissue distributions analysis, *p*-CA was abundant in all tissues except for brain, but the low cumulative ratio of *p*-CA, i.e.  $3.70 \pm 0.25\%$  after 24 h ( $3.36 \pm 0.24\%$  in the urinary excretion and  $0.04 \pm 0.01\%$  in the fecal excretion) indicated that *p*-CA was directly absorbed into the bloodstream. QUER and HP also presented low

**TABLE V** - Extraction recovery, precision, accuracy and stability of the five compounds in feces. ( $n = 5$ )

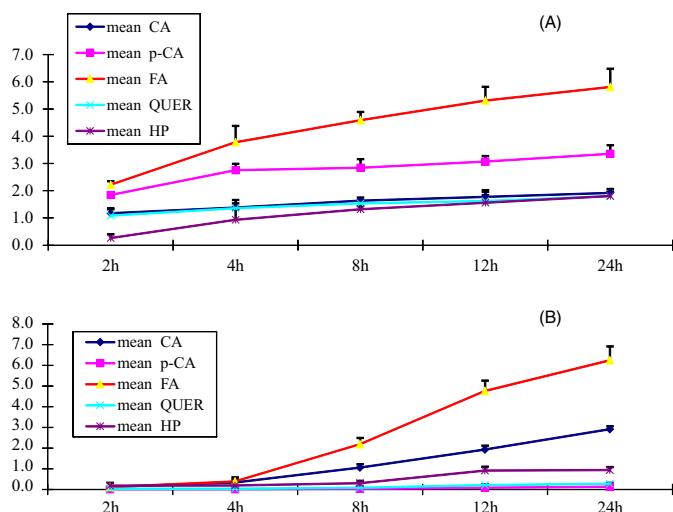
	Added conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	Extraction recovery	Intra-day			Inter-day			Accuracy (%; mean $\pm$ SD)		
			Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Found conc. ( $\mu\text{g}\cdot\text{mL}^{-1}$ )	RSD (%)	RE (%)	Short-term stability	Long-term stability	Freeze-thaw stability
CA	0.375	87.41 $\pm$ 0.72	0.36 $\pm$ 0.02	4.97	-2.8	0.37 $\pm$ 0.02	4.86	-0.8	99.25 $\pm$ 0.02	97.30 $\pm$ 0.02	98.67 $\pm$ 0.02
	4.25	89.96 $\pm$ 2.52	3.85 $\pm$ 0.05	1.35	-9.5	3.89 $\pm$ 0.13	3.35	-8.4	92.25 $\pm$ 0.17	90.68 $\pm$ 0.04	93.46 $\pm$ 0.20
	48	91.43 $\pm$ 1.44	48.70 $\pm$ 0.90	1.84	1.5	44.69 $\pm$ 0.74	1.65	-6.9	93.11 $\pm$ 0.74	94.29 $\pm$ 1.15	85.54 $\pm$ 0.46
p-CA	0.625	83.36 $\pm$ 0.35	0.64 $\pm$ 0.02	2.37	1.7	0.66 $\pm$ 0.02	3.57	4.9	104.9 $\pm$ 0.02	101.8 $\pm$ 0.02	104.5 $\pm$ 0.03
	7.07	88.48 $\pm$ 2.89	7.18 $\pm$ 0.11	1.59	1.6	7.32 $\pm$ 0.34	4.62	3.6	103.6 $\pm$ 0.34	101.8 $\pm$ 0.08	105.1 $\pm$ 0.41
	80	91.35 $\pm$ 1.33	83.33 $\pm$ 2.46	2.95	4.2	76.45 $\pm$ 2.22	2.90	-4.4	95.57 $\pm$ 2.22	96.73 $\pm$ 1.1	87.75 $\pm$ 1.03
FA	0.22	85.14 $\pm$ 1.23	0.22 $\pm$ 0.01	4.46	1.8	0.23 $\pm$ 0.01	2.26	5.2	105.2 $\pm$ 0.01	101.9 $\pm$ 0.01	99.27 $\pm$ 0.01
	3.91	89.52 $\pm$ 3.17	4.15 $\pm$ 0.04	1.07	6.1	4.23 $\pm$ 0.15	3.66	8.2	104.3 $\pm$ 0.18	106.3 $\pm$ 0.04	104.4 $\pm$ 0.23
	70.00	88.64 $\pm$ 2.38	69.51 $\pm$ 2.32	3.34	-0.7	63.78 $\pm$ 1.78	2.78	-8.9	97.48 $\pm$ 4.91	92.23 $\pm$ 1.58	95.97 $\pm$ 1.52
QUER	0.47	84.33 $\pm$ 2.04	0.45 $\pm$ 0.02	3.46	-4.2	0.48 $\pm$ 0.03	5.27	3.1	103.1 $\pm$ 0.03	96.02 $\pm$ 0.01	101.1 $\pm$ 0.03
	5.30	93.24 $\pm$ 3.43	4.96 $\pm$ 0.05	1.06	-6.5	5.07 $\pm$ 0.23	4.50	-4.4	95.63 $\pm$ 0.23	93.72 $\pm$ 0.03	97.10 $\pm$ 0.29
	60.00	87.61 $\pm$ 4.85	63.97 $\pm$ 1.32	2.06	6.6	58.63 $\pm$ 1.23	2.09	-2.3	97.72 $\pm$ 1.23	98.97 $\pm$ 1.45	92.36 $\pm$ 0.27
HP	3.13	85.55 $\pm$ 1.53	3.23 $\pm$ 0.21	6.46	3.3	3.34 $\pm$ 0.23	7.00	6.9	106.9 $\pm$ 0.23	103.4 $\pm$ 0.23	105.9 $\pm$ 0.28
	13.69	93.65 $\pm$ 2.41	12.56 $\pm$ 0.29	2.30	-8.2	12.82 $\pm$ 0.26	2.05	-6.4	93.60 $\pm$ 0.26	97.76 $\pm$ 0.26	94.89 $\pm$ 0.29
	60.00	86.70 $\pm$ 3.31	64.21 $\pm$ 1.65	2.57	7.0	64.45 $\pm$ 2.30	3.56	7.4	98.09 $\pm$ 1.57	99.33 $\pm$ 1.37	97.14 $\pm$ 0.22

**TABLE VI** - Concentrations of CA, p-CA, FA, QUER and HP in different rat tissues after oral administration of POE ( $n = 5$ )

	Time (min)	Concentration ( $\mu\text{g}\cdot\text{g}^{-1}$ )								
		Liver	Intestine	Stomach	Muscle	Heart	Lung	Brain	Kidney	Spleen
CA	10	-	1.18 $\pm$ 0.20	2.18 $\pm$ 0.23	0.290 $\pm$ 0.03	-	-	-	-	-
	30	-	0.126 $\pm$ 0.04	0.613 $\pm$ 0.08	-	-	-	-	-	-
	60	-	0.628 $\pm$ 0.04	1.95 $\pm$ 0.20	-	-	-	-	-	-
	90	-	0.611 $\pm$ 0.02	1.64 $\pm$ 0.10	-	-	-	-	-	-
	150	-	0.202 $\pm$ 0.09	2.61 $\pm$ 0.10	-	-	-	-	-	-
p-CA	10	0.0236 $\pm$ 0.003	0.367 $\pm$ 0.07	3.02 $\pm$ 0.10	0.0719 $\pm$ 0.03	0.0396 $\pm$ 0.003	0.0582 $\pm$ 0.003	-	0.0490 $\pm$ 0.001	0.0333 $\pm$ 0.007
	30	0.00740 $\pm$ 0.0003	0.0236 $\pm$ 0.01	1.13 $\pm$ 0.03	0.0114 $\pm$ 0.003	0.0144 $\pm$ 0.003	0.0420 $\pm$ 0.003	-	0.0580 $\pm$ 0.03	0.0228 $\pm$ 0.001
	60	0.00582 $\pm$ 0.0007	0.0351 $\pm$ 0.003	1.53 $\pm$ 0.03	-	0.0459 $\pm$ 0.007	0.0534 $\pm$ 0.02	-	0.0601 $\pm$ 0.007	0.0136 $\pm$ 0.03
	90	0.0148 $\pm$ 0.003	0.0944 $\pm$ 0.03	1.99 $\pm$ 0.10	-	0.0364 $\pm$ 0.003	0.0490 $\pm$ 0.03	-	0.0396 $\pm$ 0.002	0.0142 $\pm$ 0.002
	150	-	0.0320 $\pm$ 0.003	1.13 $\pm$ 0.04	0.0144 $\pm$ 0.003	0.0312 $\pm$ 0.003	0.0672 $\pm$ 0.001	-	0.0484 $\pm$ 0.02	0.0316 $\pm$ 0.0007
FA	10	0.178 $\pm$ 0.05	5.54 $\pm$ 0.40	32.7 $\pm$ 0.60	0.876 $\pm$ 0.30	0.297 $\pm$ 0.090	0.0592 $\pm$ 0.009	-	3.09 $\pm$ 0.42	0.314 $\pm$ 0.09
	30	-	0.782 $\pm$ 0.02	11.5 $\pm$ 0.60	0.200 $\pm$ 0.04	0.286 $\pm$ 0.05	-	-	2.00 $\pm$ 0.10	0.387 $\pm$ 0.10
	60	-	2.87 $\pm$ 0.50	9.54 $\pm$ 0.40	0.0844 $\pm$ 0.009	0.250 $\pm$ 0.02	0.0148 $\pm$ 0.009	-	2.07 $\pm$ 0.40	0.268 $\pm$ 0.08
	90	-	4.38 $\pm$ 0.80	16.5 $\pm$ 0.70	-	-	0.0670 $\pm$ 0.008	-	0.0211 $\pm$ 0.009	0.584 $\pm$ 0.02
	150	-	1.79 $\pm$ 0.07	10.0 $\pm$ 0.50	0.145 $\pm$ 0.09	-	-	0.373 $\pm$ 0.09	0.822 $\pm$ 0.03	0.147 $\pm$ 0.02
QUER	10	0.0290 $\pm$ 0.01	0.146 $\pm$ 0.004	0.0279 $\pm$ 0.10	-	-	-	-	-	-
	30	0.0127 $\pm$ 0.001	-	0.213 $\pm$ 0.04	-	-	-	-	-	-
	60	0.0462 $\pm$ 0.004	-	0.772 $\pm$ 0.06	-	-	-	-	-	-
	90	-	0.580 $\pm$ 0.07	0.190 $\pm$ 0.04	-	-	-	-	-	-
	150	-	3.05 $\pm$ 0.04	0.253 $\pm$ 0.03	-	-	-	-	-	-
HP	10	10.6 $\pm$ 2.0	9.59 $\pm$ 1.3	530.2 $\pm$ 4.00	-	-	-	-	-	-
	30	5.63 $\pm$ 1.0	-	182.7 $\pm$ 3.00	11.9 $\pm$ 0.23	-	-	-	6.00 $\pm$ 0.20	-
	60	13.9 $\pm$ 0.67	-	140.8 $\pm$ 4.13	-	-	-	-	4.11 $\pm$ 0.08	-
	90	11.9 $\pm$ 0.33	-	291.2 $\pm$ 4.67	-	-	-	-	16.4 $\pm$ 0.17	-
	150	18.9 $\pm$ 1.0	10.8 $\pm$ 2.7	383.2 $\pm$ 3.33	-	-	-	-	12.5 $\pm$ 0.32	-



cumulative ratios, indicating that extensive metabolism and excretion via other routes might occur, or a higher tissue distribution might occur.



**FIGURE 3 -** (A) Urinary cumulative ratios of the five analytes in rats (mean  $\pm$  SD,  $n = 5$ ) following oral administration of POE. (B) Fecal cumulative ratios of the five analytes in rats (mean  $\pm$  SD,  $n = 5$ ) following oral administration of POE.

## CONCLUSIONS

A rapid, sensitive and specific UHPLC method with the internal standard was developed and validated for the determination of five components in POE. At the same time, the behavior of these five components of POE was also characterized in rat tissues after oral administration. Taken together, the study on tissue distributions and excretion of these five components of POE is of significance for its clinic applications in the future.

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