

What we know about antibiotics prescribed by dentists in a Brazilian southeastern state

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Abstract: The objective of this study was to analyze possible associations between antibiotic dental prescriptions in the public health service, health service characteristics, and social characteristics of the municipalities. Using the register of dispensing in the public health service of a state in the Southeast region of Brazil, in 2017 we analyzed patterns of antibiotic prescriptions by dentists. Data were obtained from the Integrated Pharmaceutical Services Management System (SIGAF, in Portuguese). The outcome variable was the number of Daily Defined Doses (DDD) per 1,000 residents/year in each municipality. CART (Classification and Regression Tree) technique was used to determine the influence of the following variables: populational social characteristics (Human Development Index, Gini Index, the proportion of rural population and proportion of families benefiting from the Bolsa Família Program) and oral health services characteristics (access to individual dental care, number of dentists and oral health teams per 1,000 residents, and percentage of preventive and restorative individual dental procedures. Data analysis was performed using IBM SPSS Statistics 21.0. Antibiotics were the medications most prescribed by dentists in the public health service, with penicillin being the most frequently prescribed class. The average DDD/1,000 residents/year for the 421 municipalities surveyed was 96.54 (range 0.008 and 619.660). Select factors were associated with antibiotic prescriptions including access to individual dental care (Adjusted p-value ≤ 0.001), a number of oral health teams/1,000 inhabitants (Adjusted p-value=0.001), and Gini Index (Adjusted p-value = 0.046). Access to oral health services and inequality were associated with the use of antibiotics.

Keywords: Anti-Bacterial Agents; Dentistry; Drug Prescriptions.

Introduction

The World Health Organization prioritized the need for global action to fight antimicrobial resistance.¹ Unreasonable antibiotic prescriptions have a broad impact on health systems because they cause adverse effects that can compromise patient safety, induce the development of resistant microorganisms, produce waste and increase costs, among others.² Antibiotic stewardship is the public health response that seeks to ensure that antibiotics are only prescribed and used when needed,



and that when they are needed, the right drug, dose, and duration are selected.³ The One Health Approach, i.e. the collaborative effort of multiple health science professions to achieve health for human, animals, plants, and our environment, can explain how antimicrobial resistance can be related to the misuse of these drugs in animals, human and can results in impact in the environmental sector.⁴ There are different consumption rates and standard use of these drugs from one location to another,⁵ but the aspects associated with such differences have not been systematically studied. To minimize the consequences of antibiotic misuse since May 2011, the Brazilian government has determined that antibiotic dispensing requires a prescription by legally qualified health professionals; however, little scientific knowledge about their prescription and dispensing has been developed, especially in the public health sector.

Antibiotics, along with painkillers, are the medications most commonly prescribed by dentists for the treatment of dental and oral complaints.^{6,7} The prescription of antibiotics by dentists can be prophylactic or therapeutic and have increased over time.^{8,9,10} The standards of drug prescription in dental practices have been frequently researched by means of professionals' self-report¹¹ without the objective evaluation of the actual prescriptions. There are few studies in literature that have already analyzed the standards of dental prescriptions in the private health sector,^{12,13} but in the public sector this subject has been little studied and is critical, given that 75% of the population is served by the public sector.¹⁴ Literature points to some factors that may explain the association between drug dispensing and socioeconomic characteristics of municipalities and service organization.¹⁵ Moreover, aggregated data on antibiotic consumption may serve as a proxy for their actual use.⁵ Ecological studies have been more frequently developed in recent years because they present the potential to assess the occurrence of associations between context determinants and specific health outcomes in a population group.¹⁶ Thus, in current times it is extremely important that health services know the reality of antibiotic use and pay attention to controlling and preventing the

spread of microbial resistance. In this way, they can contribute to increasing patient safety and to the effectiveness of antibiotic use, which can also result in reduced costs for health services.¹⁷

This work analyzed dental prescriptions of antibiotics, studying their dispensing in the Brazilian National Health System (BNHS, *SUS* in Portuguese) in the State of Minas Gerais in 2017 to determine the number of dentists in public health services, the proportion of the population with access to these services, and the socioeconomic conditions in the municipalities, and their association with rates of antibiotic prescriptions.

Methodology

This was an ecological study carried out in the State of Minas Gerais, located in the Southeastern region of Brazil. It is the second most populous state in the country (21,168,791 inhabitants), includes 853 municipalities with great social inequalities between them. In Brazil, Pharmaceutical Services are part of the BNHS and in Minas Gerais the State Secretary of Health (SES-MG) adopts the Integrated Pharmaceutical Services Management System (*Sistema Integrado de Gerenciamento da Assistência Farmacêutica-SIGAF/SES-MG*, in Portuguese) and collect information for the management of Pharmaceutical Services within BNHS.

Secondary data from SIGAF/SES-MG in 2017 were used, with prior authorization from the Superintendence of Pharmaceutical Assistance/SES-MG. SIGAF/SES-MG databank was explored using Excel for Windows (Microsoft Inc., Redmond WA, USA) and SPSS version 21 (SPSS Inc., Chicago, USA). For all prescriptions registered in SIGAF in 2017, a cross match was conducted comparing the names of the prescribers in SIGAF and their respective registration numbers in the databank of the Regional Council of Dentistry of Minas Gerais (CRO-MG), which includes all dentists registered in the State. Dispensing performed after prescription by dentists identified in CRO-MG databank remained in the SIGAF databank. Other steps of exclusion of prescriptions and their criteria are described in Figure 1.

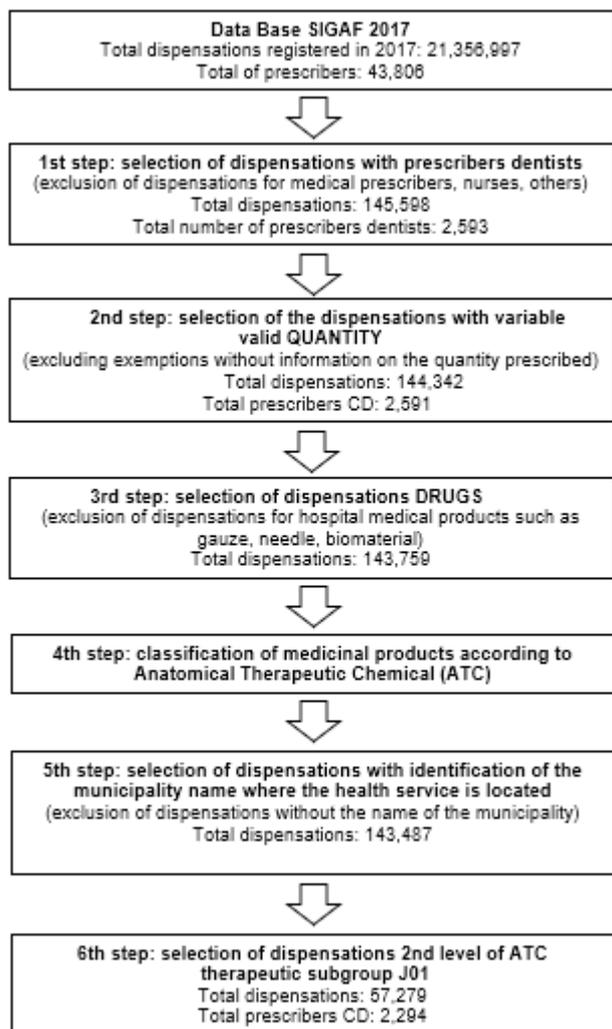


Figure 1. Flowchart of data extraction from SIGAF/SES-MG databank, 2017.

All drugs prescribed by dentists were classified according to the Anatomical Therapeutic Chemical Classification - ATC in the ATC/DDD Index 2019.¹⁸ The dispensing of drugs from the therapeutic subgroup J01 (antibiotics for systemic use) were selected. A Defined Daily Dose- DDD was assigned for each systemic antibiotic.¹⁸ Then, the individual DDD of each dispensing was calculated (number of units dispensed x concentration of the drug) / DDD.¹⁸ From this individual databank, dispensing was grouped and the total DDD per municipality was calculated by summing up DDDs of all dispensed drugs. In this stage, the outcome variable (DDD/1,000 residents/year) of each municipality

was calculated (number of municipal DDD x 1,000/ population), indicating the number of doses of a certain drug consumed for every 1,000 people in one year.¹⁸

Socioeconomic variables included in the study were Gini Index, Municipal Human Development Index, rate of families benefiting from *Bolsa Família* Program/1,000 residents and local proportion of rural residents. The following health service organization variables were included: the number of dentists working at BNHS/1,000 residents, access to individual dental care, number of oral health teams/1,000 residents, and percentage of preventive and restorative individual dental procedures. These covariates were taken from official Brazilian government databases and their description, all measured at municipal level, is presented in Table 1.

Descriptive statistical analysis and the CART (*Classification and Regression Tree*) technique were performed. The latter is a decision tree based on a response variable and a set of explanatory variables.¹⁹ The tree analyzed in this study was of the regression type, since it had a numerical response variable, and the analytical model created was composed of a dependent variable and eight independent variables. The logic of the CART technique lies in the fact that trees are constructed by subdividing groups into subgroups in ongoing manner. The implementation of successive divisions of the total data set uses the CHAID method (Chi-square Automatic Interaction Detection). In each division the technique chooses the independent variable that has the strongest interaction with the dependent variable. In addition, it groups the categories of each variable that are not significantly different from the dependent variable. In the development of CART some criteria are established: first, each node - denomination given to each subset resulting from the application of a division rule - should have a minimum of 50 observations to perform the subdivisions; second, each end node should have a minimum of 30 observations; third, the model disregards subdivisions with probability of significance $p \geq 0,05$.¹⁹ All statistical analysis was performed using SPSS software version 25 (SPSS Inc., Chicago, USA).

Table 1. Description of the independent variables at municipal level.

Variables	Description	Reference year	Source
Socioeconomic			
Gini Index	Measure of the degree of concentration of income in a society, Range: 0 to 1. 1 corresponds to maximal inequality.	2010	DATASUS
Municipal Human Development Index-IDHM	Measure composed of three indicators: longevity, education and income. Range: 0 to 1. The closer to 1 the greater human development.	2010	Atlas of Human Development in Brazil
Rate of benefited families with <i>Bolsa Família</i> Program per 1,000 residents	<i>Bolsa Família</i> Program is a program that contributes to the fight against poverty and inequality in Brazil. Its axes are the complement of family income and access to social rights such as education and health. Formula: (number of families benefited by the <i>Bolsa Família</i> Program x 1,000 residents) / total population.	2017	Ministry of Citizenship
Proportion of rural population	Proportion of rural resident population Formula: (rural population / total population) x 100.	2010	IBGE
Oral Health Service Characteristics			
Number of Dentists in the Brazilian National Health System (SUS) per 1,000 residents	The rate of dentists working in the SUS per 1,000 residents. Formula: (number of dentists in the SUS/ total population) x 1,000 residents.	December 2017	DATASUS
Access to individual dental care	Proportion of residents who receive a scheduled primary dental consultation with the aim of diagnosing and elaborating a preventive/therapeutic plan to address the detected needs. Formula: (number of residents who receive the first dental appointments / total population) x 100.	2017	DATASUS
Number of oral health teams/1,000 residents	Proportion of dentist, oral health assistant and/ or oral health technician at BNHS among the population. Formula: number of oral health teams / (total population) x 1,000 residents	December 2017	DATASUS
Percentage of individual preventive and restorative dental procedures	Formula: (number individual preventive and restorative dental procedures x 100) / total number individual preventive, restorative and surgical dental procedures	2017	DATASUS

DATASUS: Information Technology Department of the BNHS; IBGE: Instituto Brasileiro de Geografia e Estatística; inhab: inhabitants.

The study was approved by the Research Ethics Committee of the Federal University of Minas Gerais under number CAAE- 88465118.8.0000.5149.

Results

Socioeconomic and oral health service characteristics of the 421 municipalities in Minas Gerais that dispensed systemic antibiotics prescribed by dentists in 2017 are shown in Table 2.

Systemic antibiotics were the most prescribed group of medications of all dental prescriptions (n =

57,279/143,487; 39.92%). Among antibiotics, the most dispensed medications were amoxicillin (88.46%), azithromycin (8.89%), amoxicillin with clavulanic acid (3.04%), and cephalexin (2.24%) (Table 3). The mean DDD/1,000 residents/year for the 421 municipalities was 96.54 (SD=111.35), with minimum and maximum values of 0.008 and 619.660, respectively, and median equal to 53.25.

Figure 2 presents the results of CART statistical analysis. Evaluating the influence of the eight independent variables on the Root Node (N0), the one that showed the greatest potential for differentiation

Table 2. Socioeconomic and oral health service characteristics of the 421 municipalities that have dispensed systemic antibiotics prescribed by dentists, SIGAF, 2017.

Covariates	Mean	Median
Gini Index 2010	0.48	0.48
HDI 2010*	0.66	0.67
Rate of benefited families with <i>Bolsa Família</i> Program per 1,000 residents	77.91	70.05
Proportion of rural population	32.37	30.01
Number of Dentists in the Brazilian National Health System (SUS) per 1,000 residents	0.60	0.51
Access to individual dental care	19.97	7.67
Number of oral health teams/1,000 residents	0.28	0.29
Percentage of individual preventive and restorative dental procedures	90.49	91.53

*HDI: Human Development Index.

Table 3. Antibiotics prescribed by dentists and dispensed in the public health service, Minas Gerais, 2017

ATC code	ATC* name	N° dispensings	N° units dispensed	N° DDD
J01AA02	Doxycycline	11	135	135.00
J01CA01	Ampicilin	14	346	86.50
J01CA04	Amoxicillin	48381	934601	327862.83
J01CE08	Benzylopenicillin Benzatin	43	91	18.20
J01CE09	Benzylopenicillin Procaine	1	1	0.30
J01CR02	Amoxicillin + Potassium Clavulanate	1739	34100	12770.83
J01DB01	Cefalexin	1285	29700	8304.75
J01EC02	Sulfadiazine	3	50	41.66
J01EE01	Sulfametoxazole + Trimethoprim	229	4486	273.10
J01FA01	Erythromycin	32	449	274.50
J01FA09	Clarithromycin	8	152	152.00
J01FA10	Azithromycin	5091	21037.5	35216.5
J01FF01	Clindamycin	10	228	57.00
J01MA02	Ciprofloxacin	377	6661	3330.50
J01MA06	Norfloxacin	19	329,5	164.75
J01MA12	Levofloxacin	13	133	133
J01XE01	Nitrofurantoin	23	855	427.50
Total		57279	1033355	389248.92

*ATC: Anatomical Therapeutic Chemical Classification.

was “access to individual dental care”, therefore the proportion of the population that have received a scheduled primary dental appointment have influenced the outcome. The influence of this variable divided the municipalities into two groups: N1 for municipalities with access to individual dental care ≤ 9.211 ($n = 253$; mean DDD = 78.816) and N2 for municipalities with access to individual dental care

> 9.211 ($n = 168$; mean DDD = 123.22). This value was defined by software syntax which makes adjustments to verify where this greater differentiation occurred. Successive divisions of the subgroup compared and identified how other variables interfered in subgroups N1 and N2. Among group N2 no variable had significant differentiation potential, *i.e.*, no other variable distinguished the model with significance.

On the other hand, in group N1 variable “number of oral health teams/1,000 residents” presented greater differentiation and divided this group of municipalities into two further groups: N3 presented number of oral health teams/1,000 residents ≤ 0.253 (n = 119; mean DDD = 54.057) and N4 with number of oral health teams/1,000 residents > 0.253 (n=134; mean DDD = 100.804). Therefore, the density of dental professionals was associated with antibiotic prescribing. Further divisions were carried out to identify which variable interfered in groups N3 and N4. In N4 group of municipalities no variable presented differentiation potential. However, in group N3 variable “Gini Index” induced differentiation and subdivided this group into two new groups of municipalities: N5 with Gini Index ≤ 0.522 (n = 87; mean DDD = 62.256) and N6 with Gini Index > 0.522 (n = 32; mean DDD = 23.612). This indicates that municipalities with lower income inequalities had higher average DDD/1,000 residents/year. The smallest

response variable was in N6 (mean DDD = 23.612) and the largest was in N2 (mean DDD = 123.22). The independent variable that presented the highest association with the outcome variable was “access to individual dental care”, when population coverage was $> 9.211\%$, while the one that presented the lowest association was “Gini Index” > 0.522 .

Discussion

Antibiotics were the drugs most prescribed by dentists in the public health service in Minas Gerais and penicillin was the most frequently prescribed class. Socioeconomic and health services organizational factors were associated with the use of these drugs. This is the first population-based study on the quantity and pattern of antibiotics prescribed by dentists in the public health sector in Brazil.

The highest prescription rate of antibiotics, among all dental prescriptions, is consistent with findings

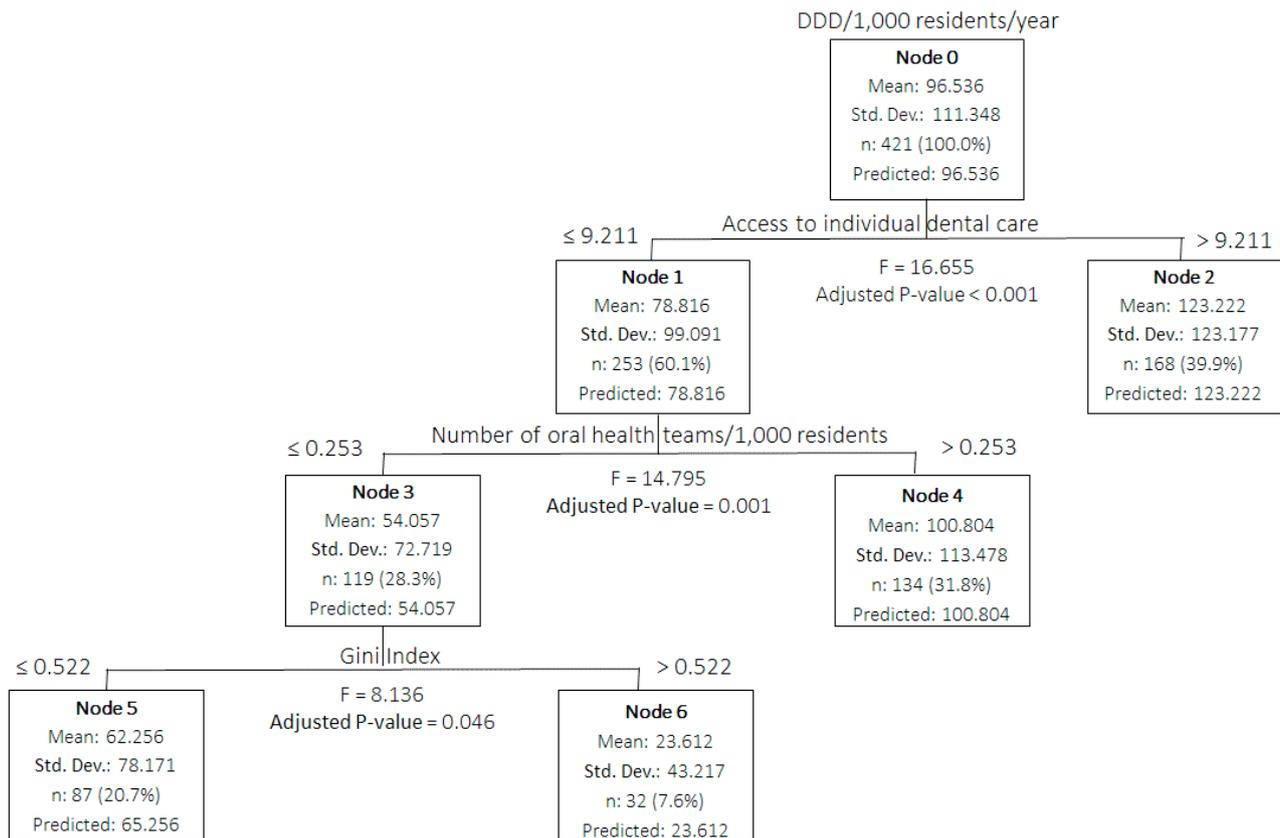


Figure 2. Regression tree of DDD/1,000 residents/year according to independent variables.

of other studies.⁶⁻⁸ It is not an easy task to compare DDD/1,000 residents/year in our study and others. Firstly, because few studies evaluate DDD indicators to analyze dental prescriptions.^{8,9,10,20} Among these manuscripts DDD was not measured for each municipality. When we compared the mean DDD for all 412 municipalities, we found lower values than in British Columbia, Canada, Australia and Belgium.^{8,9,10,20} Differences in the access to dental services among those countries and, also, overprescribing of antibiotics could explain these differences. The demand for dental care related to dentoalveolar infection and the belief that antibiotic therapy is the most effective measure in the management of such cases may be one of the reasons why dentists prescribe and patients demand antibiotics in those clinical situations.^{11,20} Studies indicate that antibiotics are often inappropriately prescribed by dentists.^{9,11,20,21,22} It is worth noting that there is no current evidence that antibiotics are effective in managing inflammatory conditions such as acute apical periodontitis, alveolar osteitis and irreversible pulpitis.^{22,23,24} Only in select situations when same day definitive treatment cannot be provided, an American Dental Association panel recommended antibiotics be considered for management of urgent pulpal and periapical pain and swelling.²⁵ There is a clear relationship between humans, animals, plants and the environment, which is discussed by the One Health approach. The misuse of antimicrobials in any group could affect the others, with public health consequences at local, national and international levels.⁴

Of all antibiotics, it is appropriate that the highest frequency of prescriptions was amoxicillin. A first aspect may be related to the uncertainty of dentists in the presence of an odontogenic or orofacial infection, involving microorganisms.²¹ In such cases dentists may be unable to perform same day definitive treatment and choose to empirically prescribe a bactericidal antibiotic of broad spectrum. They are effective against a variety of gram positive and negative bacteria. This clinical conduct may also be present in cases where dentists make the clinical decision to prescribe antibiotics such as amoxicillin to prevent postoperative infectious complications.^{20,26} However, there are studies that point to a lack of justification for prescribing broad spectrum antibiotics. They instruct

policy makers to apply restrictive measures aimed at improving antibiotic prescription standards.²⁰ The posological convenience of amoxicillin may also have contributed to its increased frequency of prescription and dispensing.²³ The finding that amoxicillin with clavulanic acid did not have a dispensing frequency higher than amoxicillin can be considered positive, since to avoid the development of more resistance, antibiotics should always be prescribed at the lowest possible spectrum.²⁰ Another possible explanation for the lower prescription of this formulation may be related to its smaller availability in the stocks of public service pharmacies in Brazil, when compared to amoxicillin. Although there are limited indications for prophylactic antibiotic therapy for dental procedures aimed at preventing bacterial endocarditis (*e.g.*, patient history of bacterial endocarditis), dentists usually prescribe antibiotics for this purpose and amoxicillin is the most frequently selected.²⁷ In recent decades, an increasing number of bacterial species have become resistant to amoxicillin, which exacerbates the problem of microbial resistance to antibiotics, making it one of the most critical health problems in the world. It is currently suggested that dentists should avoid administering amoxicillin to healthy patients, especially for third molar exodontics.²⁸

The process of prescribing, distributing and using medicines is related to their availability in health services.²⁹ The presence of professionals in health services is essential to medicine prescription. In this sense, higher rates of oral health teams/1,000 residents/year have contributed for higher averages of DDD/1,000 residents/year. Furthermore, the epidemiological profile of the Brazilian population is of high prevalence and severity of oral diseases and dentists frequently perform emergency care.^{30,31} Access to individual dental care is a proxy of individual access to any type dental treatment at primary health care in the BNHS, *i.e.* the higher this value, the higher proportion of the population of each municipality with access to individual dental treatment.³² The association between access to individual dental care and the use of antibiotics may indicate that, in general, antibiotics were associated with clinical interventions, as recommended in the literature.²⁶ Moreover, even considering that from a legal point of view BNHS is

an universal and free system, it still delivers limited population coverage.^{33,34} Limited access to specialized dental services may lead to more teeth extraction caused by the lack of access to essential preventive and restorative treatments at primary health care level.³⁵ The positive association between greater access to individual dental care and DDD/1,000 residents/year warrants further study to evaluate whether municipalities presented fewer dental emergencies and could instead provide comprehensive dental care. This result is important for health managers to evaluate the type of care being offered to the population, since antibiotic therapy should complement dental treatment and access to specialized services in the BNHS is restricted. We hypothesized that the type of dental treatment offered at primary health care, measured by the percentage of individual preventive and restorative dental procedures, could influence dental prescriptions rates. Municipalities with lower percentages of preventive and restorative procedures, i.e. with higher rates of surgical procedures, could have higher rates of DDD/1,000 residents/year. However, this covariate did not influence our outcome. It seems that having access to dental treatment is more important to define dental prescription of antibiotics rather than the type of dental procedure. Other researches at PHC could be developed to identify the relationship between these variables at an individual level.

Municipalities with lower Gini index, i.e. with lower inequalities in income distribution, presented higher average DDD/1,000 residents/year. A similar result associating Gini index and opioid analgesics prescription was found in a recent study in the United States.³⁶ It is reasonable to assume that less inequality in income distribution can favor access to oral health services, which is in line with the knowledge of social determinants of health.³⁷ This finding should be analyzed with attention, because antibiotics could be required in cases of dental-alveolar infection and the greater the inequality in income distribution, the lower is the chance of a person reporting good oral health status in Brazil.³⁸ Furthermore, greater equality in income distribution by itself does not describe if the mean income is high or low. Therefore, it cannot be assumed that good income distribution translates into social justice, but might reflect better access to

care, albeit potentially overprescribed antibiotics.^{39,40} It is important to notice that empirical studies have been carried out seeking to link income inequality to health problems, but recent systematic reviews have failed to reach a consensus due to contradictory results.⁴¹ On the other hand, it is also important to point out that other socioeconomic variables did not influence dental prescriptions.

This study has inherent limitations common to all studies using secondary data, such as the impossibility of controlling and/or ensuring all data quality. It should also be noted that cross-sectional analysis makes it possible to identify associations but it does not allow to establish a causal relationship between covariates and the studied outcome. Further analyses could be performed to determine whether independent variables associated with the outcome at municipal level remain significant at the individual level. Advances in the surveillance system of antibiotic prescriptions in the public service could include other data based on the International Code of Diseases (ICD), in order to evaluate therapeutic rationality. However, this study advances in the population approach to the evaluation of antibiotic dental prescriptions in the public health service from a large Brazilian state, and for the first time identifies non-clinical factors associated with prescribing.

Conclusion

The dispensing of antibiotics prescribed by dentists was associated with non-clinical variables, such as socioeconomic factors and the organization of public health services.

Acknowledgments

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