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Prevalence of communication, swallowing and orofacial myofunctional disorders in children and adolescents at the time of admission at a cancer hospital

Prevalência de distúrbios da comunicação, deglutição e motricidade orofacial em crianças e adolescentes no momento da matrícula em um hospital oncológico

ABSTRACT

Purpose: Describe the prevalence of communication, swallowing and orofacial myofunctional disorders in a group of children and adolescents at the time of registration at a cancer hospital. Methods: A cross-sectional study conducted with children aged ≥2 and adolescents, of both genders, admitted to the Pediatric Oncology Section of the Instituto Nacional de Câncer José de Alencar Gomes da Silva (INCA) from March 2014 to April 2015 for investigation and/or treatment of solid tumors. A protocol was used to record the sociodemographic and clinical information and findings of the speech-language pathology clinical evaluation, which included aspects of the oral sensorimotor system, swallowing, speech, language, voice, and hearing. Results: Eighty-eight children/adolescents (41.3%) presented some type of speech-language disorder. The most frequent speech-language disorders were orofacial myofunctional disorder, dysphonia, and language impairments, whereas the less frequent ones were dysacusis, tongue paralysis, and trismus. Site of the lesion was the clinical variable that presented statistically significant correlation with presence of speech-language disorders. Conclusion: High prevalence of speech-language disorders was observed in children and adolescents at the time of admission at a cancer hospital. Occurrence of speech-language disorders was higher in participants with lesions in the central nervous system and in the head and neck region.

RESUMO

Objetivo: Descrever a prevalência dos distúrbios da comunicação, deglutição e motricidade orofacial em um grupo de crianças e adolescentes, no momento da matrícula hospitalar em um instituto oncológico. Método: Estudo transversal, com a inclusão de crianças com dois anos ou mais e adolescentes de ambos os gêneros, matriculados na Seção de Oncologia Pediátrica do Instituto Nacional de Câncer José de Alencar Gomes da Silva (INCA) no período de março de 2014 a abril de 2015 para investigação e/ou tratamento de tumores sólidos. Foi utilizado um protocolo para registro das informações sociodemográficas e clínicas e os achados da avaliação clínica fonoaudiológica, que contemplava aspectos do sistema sensório-motor oral, deglutição, fala, linguagem, voz e audição. Resultados: Oitenta e oito crianças/adolescentes (41,3%) avaliados apresentavam algum tipo de distúrbio fonoaudiológico. As alterações fonoaudiológicas mais frequentes foram o distúrbio miofuncional orofacial, a disfonia e os transtornos de linguagem. Os menos frequentes foram a disacusia, a paralisia de língua e o trismo. A variável clínica que teve associação estatisticamente significante com a presença de alterações fonoaudiológicas foi o local da lesão. Conclusão: O estudo demonstrou uma alta prevalência de alterações fonoaudiológicas em crianças e adolescentes no momento da matrícula hospitalar em um hospital oncológico. A ocorrência de transtornos fonoaudiológicos foi maior nos grupos de participantes com lesões localizadas no sistema nervoso central e na região da cabeça e pescoço.

Study conducted at the Instituto Nacional de Câncer José de Alencar Gomes da Silva - INCA - Rio de Janeiro (RJ), Brazil.

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INTRODUCTION

Children and adolescents with benign and malignant neoplasms may present developmental speech-language disorders or impairments associated with the tumor and resulting from the treatments performed⁽¹⁾. The occurrence of impairments in speech, language, and swallowing in children with central nervous system (CNS) tumors is well described in the specific scientific literature. Dysphagia and dysarthria, for instance, are common disorders in children with posterior fossa tumors, because the neurological structures of this region play an important role in the accuracy and efficiency of the movements involved in speech and swallowing⁽²⁻⁴⁾.

Functional disorders in pediatric patients with head and neck (HN) tumors are common, and they vary according to the site and extent of lesion and treatment performed, as well as to individual characteristics and functions acquired until the onset of disease. Dysphonia, dysphagia, temporomandibular joint disorder, dysacusis, and facial paralysis are the most commonly observed disorders in patients with HN tumors. In most cases, the functional disorder corresponds to the impairment caused by the presence of the tumor, and it is aggravated by the treatment indicated for the disease^(5,6).

Difficulties in swallowing and feeding may occur as an adverse effect of chemotherapy and radiotherapy, involving changes in taste, food refusal, mucositis, xerostomia, and dysphagia⁽⁷⁾. In addition, the use of ototoxic antineoplastic agents may be a cause of hearing loss in children and adolescents with cancer^(1,4).

The literature addressing the prevalence of speech-language disorders in a heterogeneous group of patients with pediatric tumors is scarce, with predominance of studies investigating groups of children and adolescents with some specific cancer diagnosis, especially neurological tumors⁽²⁻⁴⁾. TAYLOR, WARE, and WEIR (2012) analyzed the prevalence and severity of swallowing/feeding and communication disorders in children diagnosed with cancer and nonmalignant hematological diseases cared at a speech-language pathology service in Australia⁽⁷⁾. In Brazil, Gonçalves et al. (2007) reported the incidence of speech-language disorders in children and adolescents with CNS tumors and observed that 81% of the patients presented some type of disorder.

Speech-language therapists are part of the multidisciplinary pediatric oncology patient care team. Speech-language pathology practice in pediatric oncology is extensive, encompassing disorders of communication, swallowing, and orofacial motricity⁽¹⁾. Early detection of speech-language disorders in pediatric patients with tumors, at the diagnosis stage or beginning of treatment, is essential for a more appropriate therapeutic management.

The present study aims to describe the prevalence of communication, swallowing and orofacial myofunctional disorders in a group of children and adolescents at the time of admission at an oncology reference center.

METHODS

This is a cross-sectional study whose inclusion criteria comprised children aged ≥2 years and adolescents, of both genders, admitted to the Pediatric Oncology Section of the Instituto Nacional de Câncer José de Alencar Gomes da Silva (INCA) between March

2014 and April 2015 for investigation and/or treatment of solid tumors. Children without written permission from parents and/or legal guardians were excluded from the study. The project was approved by the Research Ethics Committee of the aforementioned Institution (process no. 492.325/2013). All participants signed an Informed Consent Form (ICF) prior to study commencement.

Participants were assessed at the time of admission at the Institution by the researcher, exclusively. A protocol developed by the researchers was used to collect sociodemographic and clinical information, anamnesis data with a description of the speech-language complaints reported by the participants and/or their caregivers, and findings of the clinical and speech-language assessment, which included aspects of the oral sensorimotor system, swallowing, speech, language, voice, and hearing.

Speech-language skills were evaluated through tasks of naming and spontaneous speech registered using an audio recorder. Language assessment included phonetic-phonological, morphosyntactic, semantic-lexical and semantic-pragmatic linguistic levels.

Characteristics of phoneme production observed in the tasks of spontaneous speech and naming were recorded in a phonemic context and the phonological processes were analyzed based on the criteria established in the ABFW Child Language Test for phonology, vocabulary, fluency, and pragmatics⁽⁸⁾. The morphosyntactic level involved phrase structure analysis in spontaneous speech.

The ABFW vocabulary test was applied to evaluate the semantic-lexical level⁽⁸⁾. The semantic-pragmatic evaluation included the observation of skills such as verbal initiative, speech acts with communicative function, speech coherence, conversation topic maintenance, literal verbal utterance comprehension, and figurative language comprehension in participants aged ≥12 years⁽⁹⁾.

Regarding speech, the characteristics of articulation, velocity, intelligibility, and prosody were evaluated. As for the oral sensorimotor system, posture, strength and mobility of orofacial structures and sensitivity of the face and tongue were observed.

Swallowing of saliva and food was assessed. The functional evaluation of swallowing using food involved liquid and solid consistencies. Efficacy of lip seal, oral motor control, oral transit time, mastication, and hyollaryngeal movement was observed, and presence of extra oral food escape, oral cavity stasis, nasal leakage, multiple swallowing, coughing, throat clearing, wet voice, dyspnea, and cyanosis was identified. Cervical auscultation was used during the evaluation of swallowing. The assessment also included the use of the Functional Oral Intake Scale (FOIS)⁽¹⁰⁾.

Voice assessment included identification of the findings on vocal quality, loudness, pitch (subjective feeling of frequency), vocal resonance, and pneumophonic coordination. The GRBASI (grade, roughness, breathiness, asthenia, strain, and instability) perceptual vocal scale was used⁽¹¹⁾.

With respect to the auditory function, considering that the institution where the study was conducted did not have an audiology service, reports of the participants who had undergone pure-tone audiometry less than a year before the assessment were recorded in the protocol. Frequency of dysacusis was estimated considering only the group of children and adolescents with recent hearing evaluation.

The findings observed in the clinical evaluation led to definition of the outcomes based on the detection of normality patterns in all the parameters assessed (absence of impairment), or detection of

presence of impairment in the functions of language and speech (speech disorder, phonetic and phonological impairment, stuttering, aphasia, apraxia, and dysarthria), voice (dysphonia), swallowing (dysphagia), orofacial motricity (orofacial myofunctional disorder, facial paralysis, trismus, and tongue paralysis), and hearing (dysacusis).

Malignant neoplasms were categorized based on the third edition of the International Classification of Cancer in Childhood (ICCC-3), which divides tumors into 12 major groups: I - Leukemias, myeloproliferative disease, and myelodysplastic diseases; II - Lymphomas and reticuloendothelial neoplasms; III - Central Nervous System (CNS) and miscellaneous intracranial and intraspinal neoplasms; IV - Neuroblastoma and other peripheral nerve cell tumors; V - Retinoblastoma; VI - Renal tumors; VII - Hepatic tumors; VIII - Malignant bone tumors; IX - Soft tissue and other extraosseous sarcomas; X - Germ cell tumors, trophoblastic tumors, and neoplasms of gonads; XI - Other malignant epithelial neoplasms and malignant melanomas; XII - Other and unspecified malignant neoplasms⁽¹²⁾.

Descriptive statistical analyses of the quantitative and qualitative variables were performed by mean/standard deviation and absolute/relative frequencies, respectively. The Chi-squared test was applied for evaluation of the percentage differences between the outcomes and the independent variables considering a significance level of 5%.

RESULTS

Two hundred thirteen children and adolescents (95 male and 118 female) with mean age of 9.05 years (SD±4.71) were evaluated at the time of hospital admission. Of these, 146 (68.5%) had been diagnosed with malignant neoplasm or neoplasm of uncertain biological behavior, 19 (8.9%) with benign neoplasm, and 48 (22.5%) with neoplasia.

The sample consisted mainly of patients with malignant neoplasms, but some children and adolescents who had been referred to the Institute with suspected cancer, after an investigation period, presented benign neoplasms or other diseases (absence of neoplasia) such as chronic granulomatous inflammatory processes, epidermoid and bone cysts, dysplasias and hyperplasias. The participants that did not present neoplasms were maintained in the study for comparison of impairment profile with the group with neoplasia.

Table 1 presents the sociodemographic and clinical characteristics of the study sample. Central Nervous System (CNS) (ICCC-3 category III) and bone (ICCC-3 category VIII) tumors were the most frequently found malignant solid tumors, affecting 42 (29.6%) and 26 (18.3%) children/adolescents, respectively.

As for site of lesion, 44 (20.6%) patients presented lesions in the CNS, 42 (19.7%) in the head and neck (HN) region, and 127 (59.6%) in other sites.

At hospital registration, 54 individuals (25.4%) had already undergone some type of cancer treatment in other institutions, and 88 children/adolescents (41.3%) presented some type of speech-language disorder. Speech-language complaints associated with voice, speech, language, swallowing, and orofacial motor skills were reported by the parents/legal guardians of 69 participants.

Table 2 shows a frequency description of the speech-language disorders observed.

Orofacial myofunctional disorder, dysphonia, and language impairments were the most commonly found speech-language disorders, whereas dysacusis, tongue paralysis, and trismus were the least frequently observed. Most patients with speech-language disorders presented a single impairment, and some individuals had two, three, or even four concomitant impairments.

Table 3 shows a correlation between the speech-language disorders and the sociodemographic and clinical variables. Language disorders were more prevalent in males (p=0.016). Phonological impairment was only detected in children aged <12 years (p=0.037). No statistically significant correlation was found between the frequencies of phonetic impairment

Table 1. Sociodemographic and clinical characteristics

Variables	n	<u> </u>
Age		
Mean	9.05	
Standard deviation	4.71	
Age group		
<12	140	65.7
≥12	73	34.3
Gender		
Male	95	44.6
Female	118	55.4
Race / color of skin		
White	80	37.6
Black	26	12.2
Brown	106	49.8
Indigenous	1	0.5
Diagnosis		
Malignant neoplasm or neoplasm of uncertain biological behavior	146	68.5
Benign neoplasm	19	8.9
Absence of neoplasia	48	22.5
Type of tumor (ICCC-3)*		
III	42	29.6
IV	13	9.2
V	6	4.2
VI	12	8.5
VII	1	0.7
VIII	26	18.3
IX	20	14.1
X	10	7.0
XI	12	8.4
Site of lesion		
Central nervous system	44	20.6
Head and neck**	42	19.7
Other sites	127	59.6
Previous treatment		
No	159	74.6
Yes	54	25.4

^{*}Included in this classification are patients with malignant neoplasms and neoplasms with uncertain biological behavior contemplated in the International Classification of Cancer in Childhood - ICCC-3 (n=140); **Except for ocular tumors

Table 2. Prevalence of speech-language disorders

Variables	Yes	No			
	n(%)	n(%)			
Speech-language complaint	69(32.4)	144(67.6)			
Presence of disorders	88(41.3)	125(58.7)			
Disorders					
Aphasia	0(0.0)	213(100.0)			
Apraxia	0(0.0)	213(100.0)			
Language impairment	20(9.4)	193 (90.6)			
Phonetic impairment	17(8.0)	196(92.0)			
Phonological impairment	8(3.8)	205(96.2)			
Dysacusis*	2(7.7)	24(92.3)			
Dysarthria	8(3.8)	205(96.2)			
Dysphagia	8(3.8)	205(96.2)			
Dysphonia	20(9.4)	193(90.6)			
Orofacial myofunctional disorder	35(16.4)	178(83.6)			
Stuttering	0(0.0)	213(100.0)			
Facial paralysis	11(5.2)	202(94.8)			
Tongue paralysis	2(.9)	211(99.1)			
Trismus	3(1.4)	210(98.6)			
Number of disorders	N(%)				
0	125(58.7)				
1	55(25.8)				
2	23(10.8)				
3	7(3.3)				
4	3(1.4)				

^{*}Considering patients with recent hearing assessment (n=26)

and orofacial myofunctional disorder and the variables gender, age, previous treatment, diagnosis, site of lesion, and type of tumor (ICCC-3).

Dysacusis and tongue paralysis occurred concomitantly in a patient with CNS tumor and in one with HN tumor, but they were not observed in participants with tumors in other sites.

Dysarthria was diagnosed in seven patients with CNS tumors (p<0.001) and in only one patient with lesion in a different site. Most of the children/adolescents in whom dysarthria was detected at the time of hospital admission had already received some type of treatment in other institutions (p=0.014).

Prevalence of dysphagia varied according to the site of lesion, with statistical significance (p=0.001). Most participants with dysphagia (n=6) had lesions in the CNS, whereas presence of dysarthria and dysphagia was only observed in individuals with malignant neoplasms.

Dysphonia was most frequently found in patients with HN tumors (p=0.029). It was observed in 19% (8/42) of the children/adolescents with lesions in the HN region, in 11.4% (5/44) of the patients with lesions in the CNS, and in 5.5% (7/127) of the individuals with lesions in other sites.

All of the patients with trismus (n=3) had HN lesions (p=0.002): two with malignant neoplasms and one with absence of neoplasia (benign lesion). Most of the participants with

Table 3. Speech-language disorders x sociodemographic and clinical variables

	Language impairment			Phonetic impairment			Phonological impairment			Dysacusis (n=26)		
	Yes	No	p-value	Yes	No	p-value	Yes	No	p-value	Yes	No	p-value
Gender	n(%)	n(%)		n(%)	n(%)		n(%)	n(%)		n(%)	n(%)	
Male	14(70.0)	81(42.0)	0.016	5(62.5)	90(43.9)	0.229	8(47.1)	87(44.4)	0.832	1(50.0)	11(45.8)	0.910
Female	6(30.0)	112(58.0)		3(37.5)	115(56.1)		9(52.9)	109(55.6)		1(50.0)	13(54.2)	
Age												
<12 years	14(70.0)	126(65.3)	0.672	13(76.5)	127(64.8)	0.331	8(100.0)	132(64.4)	0.037	1(50.0)	10(41.7)	0.819
≥12 years	6(30.0)	67(34.7)		4(23.5)	69(35.2)		0(0.0)	73(35.6)		1(50.0)	14(58.3)	
Previous treatment												
No	18(90.0)	141(73.1)	0.097	12(70.6)	147(75.0)	0.688	8(100.0)	151(73.7)	0.093	2(100.0)	19(79.2)	0.473
Yes	2(10.0)	52(26.9)		5(29.4)	49(25.0)		0(0.0)	54(26.3)		0(0.0)	5(20.8)	
Diagnosis												
Malignant neoplasm	14(70.0)	132(68.4)	0.303	12(70.6)	134(68.4)	0.898	6(75.0)	140(68.3)	0.736	1(50.0)	18(75.0)	0.499
Benign neoplasm	0(0.0)	19(9.8)		1(5.9)	18(9.2)		1(12.5)	18(8.8)		1(50.0)	4(16.7)	
Absence of neoplasia	6(30.0)	42(21.7)		4(23.5)	44(22.4)		1(12.5)	47(22.9)		0(0.0)	2(8.3)	
Site of lesion												
CNS	4(20.0)	40(20.7)	0.470	5(29.4)	39(19.9)	0.098	1(12.5)	43(21.0)	0.649	1(50.0)	2(8.3)	0.049
HN	2(10.0)	40(20.7)		6(35.3)	36(18.4)		1(12.5)	41(20.0)		1(50.0)	3(12.5)	
Other	14(70.0)	113(58.5)		6(35.3)	121(61.7)		6(75.0)	121(59.0)		0(0.0)	19(79.2)	
Type of tumor (ICCC-3)*												
III	4(28.6)	38(29.7)	0.105	5(41.7)	37(28.5)	0.203	1(16.7)	41(30.1)	0.158	1(100.0)	2(11.1)	0.229
IV	2(14.3)	11(8.6)		0(0.0)	13(10.0)		2(33.3)	11(8.1)		0(0.0)	0(0.0)	
V	3(21.4)	3(2.3)		0(0.0)	6(4.6)		0(0.0)	6(4.4)		0(0.0)	0(0.0)	
VI	1(7.1)	11(8.6)		3(25.0)	9(6.9)		0(0.0)	12(8.8)		0(0.0)	0(0.0)	
VII	0(0.0)	1(0.8)		0(0.0)	1(0.8)		0(0.0)	1(0.7)		0(0.0)	0(0.0)	
VIII	2(14.3)	24(18.7)		0(0.0)	26(20.0)		0(0.0)	26(19.1)		0(0.0)	10(55.6)	
IX	1(7.1)	19(14.8)		2(16.7)	18(13.8)		1(16.7)	19(14.0)		0(0.0)	1(5.6)	
Χ	0(0.0)	10(7.8)		0(0.0)	10(7.7)		0(0.0)	10(7.4)		0(0.0)	3(16.6)	
XI	1(7.1)	11(8.6)		2(16.7)	10(7.7)		2(33.3)	10(7.4)		0(0.0)	2(11.1)	

^{*}Included in this classification are patients with malignant neoplasms and neoplasms with uncertain biological behavior contemplated in the ICCC-3 (n = 140; n = 19 for dysacusis); Captions: CNS = Central Nervous System; HN = HN. Chi-squared test

Table 3. Continued...

	Dysarthria			Dysphagia			Dysphonia			Orofacial myofunctional disorder		
	Yes	No	<i>p</i> -value	Yes	No	<i>p</i> -value	Yes	No	<i>p</i> -value	Yes	No	p-value
Gender	n(%)	n(%)		n(%)	n(%)		n(%)	n(%)		n(%)	n(%)	
Male	2(25.0)	93(45.4)	0.256	2(25.0)	93(45.4)	0.256	7(35.0)	88(45.6)	0.364	17(48.6)	78(43.8)	0.605
Female	6(75.0)	112(54.6)		6(75.0)	112(54.6)		13(65.0)	105(54.4)		18(51.4)	100(56.2)	
Age												
<12 years	6(75.0)	134(65.4)	0.573	7(87.5)	133(64.9)	0.186	10(50.0)	130(67.4)	0.120	20(57.1)	120(67.4)	0.242
≥12 years	2(25.0)	71(34.6)		1(12.5)	72(35.1)		10(50.0)	63(32.6)		15(42.9)	58(32.6)	
Previous treatment												
No	3(37.5)	156(76.1)	0.014	4(50.0)	155(75.6)	0.102	13(65.0)	146(75.6)	0.297	25(71.4)	134(75.3)	0.632
Yes	5(62.5)	49(23.9)		4(50.0)	50(24.4)		7(35.0)	47(24.4)		10(28.6)	44(24.7)	
Diagnosis												
Malignant neoplasm	8(100.0)	138(67.3)	0.148	8(100.0)	138(67.3)	0.148	16(80.0)	130(67.4)	0.370	22(62.9)	124(69.6)	0.417
Benign neoplasm	0(0.0)	19(9.3)		0(0.0)	19(9.3)		2(10.0)	17(8.8)		2(5.7)	17(9.6)	
Absence of neoplasia	0(0.0)	48(23.4)		0(0.0)	48(23.4)		2(15.0)	46(23.8)		11(31.4)	37(20.8)	
Site of lesion												
CNS	7(87.5)	37(18.0)	< 0.001	6(75.0)	38(18.5)	0.001	5(25.0)	39(20.2)	0.029	6(17.1)	38(21.3)	0.161
HN	0(0.0)	42(20.5)		1(12.5)	41(20.0)		8(40.0)	34(17.6)		11(31.4)	31(17.4)	
Other	1(12.5)			1(12.5)	126(61.5)		7(35.0)	120(62.2)		18(51.4)	109(61.2)	
Type of tumor (ICCC-3)*	, ,	, ,		, ,	, ,		, ,	, ,		, ,	, ,	
	7(87.5)	35(26.1)	0.061	6(75.0)	36(26.9)	0.263	5(31.3)	37(29.4)	0.954	5(22.7)	37(30.8)	0.157
IV	1(12.5)	12(9.0)		1(12.5)	12(9.0)		1(6.3)	12(9.5)		1(4.5)	12(10.0)	
V	0(0.0)	6(4.5)		0(0.0)	6(4.5)		1(6.3)	5(4.0)		0(0.0)	6(5.0)	
VI	0(0.0)	12(9.0)		0(0.0)	12(9.0)		0(0.0)	12(9.5)		3(13.6)	9(7.5)	
VII	0(0.0)	1(0.7)		0(0.0)	1(0.7)		0(0.0)	1(0.8)		0(0.0)	1(0.8)	
VIII	0(0.0)	26(19.4)		0(0.0)	26(19.4)		3(18.8)	23(18.3)		4(18.2)	22(18.3)	
IX	0(0.0)	20(14.9)		1(12.5)	19(14.2)		3(18.8)	17(13.5)		1(4.5)	19(15.8)	
X	0(0.0)	10(7.5)		0(0.0)	10(7.5)		1(6.3)	9(7.1)		4(18.2)	6(5.0)	
XI	0(0.0)	12(9.0)		0(0.0)	12(9.0)		2(12.5)	10(7.9)		4(18.2)	8(6.7)	
- Ai		acial paraly	/sis		ngue paral	vsis	2(12.0)	Trismus			nce of dis	orders
	Yes	No	<i>p</i> -value	Yes	No	<i>p</i> -value	Yes	No	<i>p</i> -value	Yes	No	p-value
Gender	n(%)	n(%)		n(%)	n(%)		n(%)	n(%)	•	n(%)	n(%)	
Male	5(45.5)		0.953	0(0.0)	95(45.0)	0.202	2(66.7)	93(44.3)	0.439	45(51.1)	50(40.0)	0.107
Female	6(54.6)	, ,		2(100.0)	116(55.0)		1(33.3)	117(55.7)		43(48.9)	75(60.0)	
Age	- ()	(/		(/	()		()	(/		(/	(,	
<12 years	8(72.7)	132(65.3)	0.615	1(50.0)	139(65.9)	0.638	1(33.3)	139(66.2)	0.234	57(64.8)	83(66.4)	0.805
≥12 years	, ,	70(34.7)		1(50.0)	72(34.1)		2(66.7)	71(33.8)		31(35.2)	42(33.6)	
Previous treatment	-()	(/		()	-()		_(,	()		- (: -)	()	
No	8(72.7)	151(74.8)	0.880	1(50.0)	158(74.9)	0.421	3(100.0)	156(74.3)	0.309	68(77.3)	91(72.8)	0.460
Yes	, ,	51(25.2)	0.000	1(50.0)	, ,	0.121	0(0.0)	, ,	0.000	` ,	34(27.2)	0.100
Diagnosis	0(27.0)	01(20.2)		1(00.0)	00(20.1)		0(0.0)	01(20.1)		LO(LLII)	01(27.2)	
Malignant neoplasm	10(90.9)	136(67.3)	0.161	1(50.0)	145(68.7)	0.112	2(66.7)	144(68.6)	0.820	65(73.9)	81(64.8)	0.263
Benign neoplasm	1(9.1)	18(8.9)	0.101	1(50.0)	18(8.5)	0.112	0(0.0)	19(9.0)	0.020	5(5.7)	14(11.2)	0.200
Absence of neoplasia	0(0.0)	48(23.8)		0(0.0)	48(22.7)		1(33.3)	47(22.3)		18(20.5)		
Site of lesion	0(0.0)	40(20.0)		0(0.0)	40(22.1)		1(00.0)	47 (22.0)		10(20.3)	30(24.0)	
CNS	8(72.7)	36(17.8)	<0.001	1(50.0)	43(20.4)	0.231	0(0.0)	44(20.9)	0.002	26(20.5)	18(14.4)	0.001
HN	3(27.3)		<0.001	1(50.0)		0.231	3(100.0)		0.002	, ,		0.001
Other	0(0.0)	, ,		` ,	41(19.4)		,	39(18.6) 127(60.5)			19(15.2)	
	0(0.0)	127(62.9)		0(0.0)	127(60.2)		0(0.0)	127(00.5)		39(44.3)	88(70.4)	
Type of tumor (ICCC-3)*	0/00 0	0.4/05.7\	0.050	4 (4 00 0)	44 (00.0)	0.000	0(0,0)	40/00 0)	0.474	05(00.5)	47(00.4)	0.450
III	8(80.0)	34(25.7)	0.052	1(100.0)	41(29.0)	0.968	0(0.0)	42(30.0)	0.471	. ,	17(22.1)	0.450
IV	0(0.0)	13(9.8)		0(0.0)	13(9.2)		0(0.0)	13(9.3)		5(7.7)	8(10.4)	
V	0(0.0)	6(4.5)		0(0.0)	6(4.2)		0(0.0)	6(4.3)		3(4.6)	3(3.9)	
VI	0(0.0)	12(9.1)		0(0.0)	12(8.5)		0(0.0)	12(8.6)		4(6.2)	8(10.4)	
VII	0(0.0)	1(0.8)		0(0.0)	1(0.7)		0(0.0)	1(0.7)		0(0.0)	1(1.3)	
VIII	0(0.0)	26(29.7)		0(0.0)	26(18.4)		0(0.0)	26(18.6)		8(12.3)	18(23.4)	
IX	2(20.0)	18(13.6)		0(0.0)	20(14.2)		1(50.0)	19(13.6)		10(15.4)	10(13.0)	
X	0(0.0)	10(7.6)		0(0.0)	10(7.1)		0(0.0)	10(7.1)		4(6.2)	6(7.8)	
XI	0(0.0)	12(9.1)		0(0.0)	12(8.5)		1(50.0)	11(7.8)		6(9.2)	6(7.8)	

*Included in this classification are patients with malignant neoplasms and neoplasms with uncertain biological behavior contemplated in the ICCC-3 (n = 140; n = 19 for dysacusis); Captions: CNS = Central Nervous System; HN = HN. Chi-squared test

facial paralysis (n=8) presented CNS tumors, and some had HN tumors (n=3). No patients with tumors in other sites had facial paralysis (p<0.001).

Site of lesion was the clinical variable that had statistically significant influence on the occurrence of speech-language disorders (p=0.001). Of the patients with lesions in the CNS, 59% (26/44) presented impairments; of those with lesions in the HN region, 54.8% (23/44) had some disorder; of those with lesions in other sites, 30.7% (39/127) showed some impairment.

DISCUSSION

This is the first study reporting the occurrence profile of communication, swallowing, and orofacial myofunctional disorders in a heterogeneous group of children, admitted at a cancer institute for research and/or treatment of solid tumors, through a description of the prevalence of these functional impairments in the analyzed population.

Child and juvenile cancer encompasses a group of diseases that have in common the uncontrolled proliferation of abnormal cells that can occur anywhere in the body. Tumors of the central nervous system (CNS) correspond to 8-15% of pediatric tumors, and they are the most common solid tumors in the pediatric age group. They occur mainly in children under 15 years of age, with a peak at the age of 10⁽¹³⁾. In the group of children and adolescents with solid malignant neoplasm evaluated in this study, CNS tumors were the most frequent, which is compatible with the distribution in the Brazilian population, affecting 29.6% of the cancer patients⁽¹³⁾.

In the literature, there are few studies addressing the frequency of speech-language disorders in a heterogeneous group of patients with pediatric tumors. Most studies involve groups with some specific oncological diagnosis^(2-4,6), which hinders the comparison of the results of this research with those of other similar surveys in the literature.

Gonçalves et al. (4) described the incidence of speech-language disorders in 190 children and adolescents with CNS tumors. The results showed that 81% of the patients presented some type of disorder. Among the disorders observed, 23% corresponded to impairments in the orofacial muscular system, 16% to difficulties in speech (stuttering, dysarthria, and articulation disorders), 17% to dysphagia, 14% to dysphonia, 14% to language impairment, 9% to hearing impairments, and 6% to facial paralysis⁽⁴⁾. A retrospective investigation conducted in Australia⁽⁷⁾ was the first study to describe the prevalence and severity of swallowing/feeding and communication disorders in children diagnosed with cancer and nonmalignant hematological diseases cared at a Speech-language Pathology and Audiology Service. Of the 70 patients analyzed, 44.3% had swallowing disorders, 34.3% presented receptive language impairment, 38.6% showed expressive language impairment, 31.4% had speech disorders, and 5.7% presented voice dysfunction. In the present study, it was possible to observe that 41.3% of the patients had one or more speech-language disorders at the time of hospital admission; some disorders were developmental whereas others were acquired, associated with the disease.

In this research, during the speech-language pathology assessment performed at the time of hospital registration, some typical developmental disorders possibly unrelated to disease onset were found, but other observed impairments, which are not common in healthy individuals, appeared in the group analyzed. Language, phonetic and phonological impairments, dysphonia, and orofacial myofunctional disorder occurred in the groups with malignant and benign neoplasms and absence of neoplasia. In contrast, dysacusis, dysarthria, dysphagia, and facial and tongue paralysis occurred only in patients with neoplasia, which suggests tumor-related involvement of the structures responsible for neurological control or execution of speech, orofacial mobility, swallowing, and hearing, highlighting that the appearance of impairments coincided with the initial symptoms of disease, according to information provided by the caregivers.

Language impairments were observed in 20 (9.4%) patients, with higher frequency in the male gender. A language impairment or disorder is characterized by difficulties in the acquisition and use of language, and it may involve aspects associated with language form (phonology, morphology, and syntax), language content (semantics), and/or language function in communication (pragmatics)⁽¹⁴⁾. The literature reports higher prevalence of language impairments in the male gender⁽¹⁵⁾.

Phonological impairment was detected in eight (3.8%) patients, only in the group aged <12 years. Phonological impairment is a linguistic dysfunction characterized by the inappropriate use of sounds, according to age and regional variations, which may involve errors in their production, perception, or organization. It occurs with moderate to severe grade in approximately 2-3% of children aged 6-7 years, and its occurrence is higher in milder grades⁽¹⁶⁾.

Studies on the Brazilian population have recorded varied prevalence of phonological impairment/speech disorders in children: 11.3%⁽¹⁷⁾, 9.17%⁽¹⁸⁾, 33.7%⁽¹⁹⁾. Variation in prevalence values, with respect to speech disorders of phonetic and phonological origin, is associated with the different methodologies used for diagnosis and with the differences in sample size and nomenclatures used. Phonetic impairment, involving articulation disorders in speech, was observed in 17 patients (8.0%) in this study.

In this survey, prevalence of orofacial myofunctional disorder was 16.4%, similar to that reported in the study by Rabelo et al. (17), which revealed prevalence of 17.1% of orofacial motricity alterations in a sample composed of schoolchildren.

Dysphagia, which is a dysfunction involving changes in the dynamics of deglutition⁽²⁰⁾, and dysarthria, which corresponds to a group of speech disorders caused by a neurological lesion, resulting from disturbances in the muscle control of the speech mechanisms⁽²¹⁾, were more frequently observed in patients with CNS tumors. The association of these tumors, especially those localized in the posterior fossa, with occurrence of dysphagia and dysarthria is well described in the literature^(2-4,22,23).

Posterior fossa is the most common site of CNS tumors in children. The structures of this region, which include the cerebellum, brainstem, and basal ganglia, play an important role in the neurological control of speech and swallowing⁽²⁾. Eight (3.8%) patients evaluated in the present study presented dysphagia at the time of hospital admission, and five of them had tumors in the posterior fossa. Considering only the group with CNS tumors, of the 44 patients with tumors in this site, six (13.6%) presented dysphagia.

Mei e Morgan⁽²⁾ investigated 27 children with posterior fossa tumors and reported that 15% of them presented dysarthria preoperatively and 30% postoperatively. As for dysphagia, they observed 11% of pre-surgical cases and 33% of post-surgical cases. In the research conducted by Morgan et al.⁽²²⁾ with patients with posterior fossa tumors, none had dysphagia before surgery and 73% (8/11) of them presented it after surgery. Dysarthria was detected in eight patients investigated in this study, with seven of them belonging to the group of CNS tumors. Most of the patients with dysarthria (five individuals) had already undergone previous surgical treatment in other institutions; therefore, the occurrence of this impairment may be related to the presence of the tumor or to the manipulation of neurological structures during surgery⁽²⁾.

One patient with dysarthria had a tumor in a site other than the CNS, and belonged to group IV in the ICCC-3, which corresponds to neuroblastoma. In addition to dysarthria, the patient also had dysphagia. It was a case of opsoclonus-myoclonus syndrome, a rare autoimmune condition characterized by cerebellar degeneration. It occurs most often as a paraneuplastic syndrome, when a cancer distant from the brain induces cerebellar dysfunction that is not associated with metastases. Many cases occur in children with neuroblastoma (24,25). The neoplastic cells produce substances that are toxic to the cerebellar neurons. This systemic, neurological disease is clinically manifested with opsoclonus (rapid and uncoordinated movements of the eyes), myoclonus, and ataxia often long before its main etiology is identified. Patients may still present dysphagia, dysarthria, hypotonia, and lethargy as signs of cerebellar damage⁽²⁵⁾.

Regarding the patients with dysphonia observed in this study, most had tumors in the head and neck (HN) region. Dysphonia may be present in children with CNS and HN tumors in cases of vagus nerve injury, usually characterized by hypernasality, hoarseness, and breathiness^(4,5). Voice disorders are common in childhood and may result from a modified vocal physiology, including changes in the pattern of vocal fold vibration, resonance and/or articulation. In children who do not present organic causes of dysphonia, i.e., tumors, most have vocal abuse as its main etiological factor⁽²⁶⁾.

In the present study, patients with dysacusis, facial paralysis, and tongue paralysis belonged to the groups with malignant and benign tumors, localized in the CNS or HN region, and these disorders were not detected in the group with absence of neoplasia and with lesions in other sites. This suggests that the presence of these disorders is associated with the tumors, localized in specific regions (CNS and HN), and is not related to other possible causes in the cases analyzed.

Some studies have reported presence of hearing impairment in children with cancer, especially those related to the ototoxicity of some chemotherapeutics, mainly cisplatin^(4,27). The two patients who were diagnosed with dysacusis had not received any treatment at the time of assessment, thus hearing loss could be associated with the presence of the tumor, because of the site of lesions they presented (CNS and HN), with involvement of the auditory pathways somewhere along the central or peripheral path.

Prevalence of dysacusis was estimated considering only the group of patients who had undergone recent hearing evaluation (pure-tone audiometry), within the year before - 26 patients. The frequency of auditory disorders may have been underestimated because the evaluations did not include the whole sample, which is a limitation of this study.

Facial paralysis was observed in 11 patients: 72.7% with tumors in the CNS and 27.3% in the HN region. Patients with tumors and in the brain stem and in the region of the cerebellar angle may present facial paralysis resulting from injury of the VII cranial nerve^(28,29). Facial paralysis is an abnormality also frequently found in patients with rhabdomyosarcoma in the HN region. Rhabdomyosarcoma is the most common type of soft tissue sarcoma in children, accounting for 50% of these tumors. The most common primary site for this tumor in children and adolescents is the HN region^(6,30).

Trismus was observed in three patients in the sample - all with HN lesions. Trismus is characterized by difficulty in opening the mouth and, in patients with HN tumors, may be caused by tumor invasion and expansion, peripheral injury of the trigeminal nerve, surgical trauma, or by the effects of radiotherapy⁽⁵⁾.

Site of lesion was the clinical variable that presented statistically significant correlation with presence of speech-language disorders. The higher frequency of communication, swallowing, and orofacial myofunctional disorders observed in the groups with lesions in the CNS and HN region is easily associated with the role that the structures of these sites play in both the neurological control and performance of the functions assessed^(2-5,22).

The results of this study indicate the importance of the presence of a speech-language therapist in the multidisciplinary team of pediatric oncology, prioritizing early detection of disorders, especially in the groups of patients with CNS and HN tumors, in which speech-language disorders are more prevalent. Detection of disorders in the initial phase of patient monitoring in an oncological institution favors a more adequate speech-language pathology management throughout the treatment. Longitudinal studies with patient monitoring over time are recommended, because they would enable an understanding of the evolution of the disorders detected at the initial phase and the investigation of emergence of new disorders associated with disease and treatment.

CONCLUSION

High prevalence of speech-language disorders was observed in children and adolescents at the time of admission at an oncology reference institution. Occurrence of speech-language disorders was higher in patients with lesions in the central nervous system and head and neck region.

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Author contributions

KLC was responsible for the study design, collection and analysis of data, and preparation and writing of the manuscript; MGR, AB, SF, and ECA collaborated to the study design, data analysis, and preparation and revision of the manuscript.