



## The potential of “umbuzeiro” genotypes for the development of preserves

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**ABSTRACT:** *One of the relevant economic importances of the “umbuzeiro” (*Spondias tuberosa* Arruda) to the northeastern semiarid region of Brazil is the fruit processing to obtaining preserves. However, there are limitations in the production and standardization of this product, such as color, taste and texture, which are problems in the quality, identity, making it harder to achieve new markets. This study was carried out aiming to evaluate the potential of “umbu” genotypes (Access 37, Access 44, BRS 48, BRS 52, BRS 55 and BRS 68) registered by Embrapa in the development of preserves. It was evaluated the product pH, total acidity, water activity, soluble solids, moisture, firmness, color ( $L^*$ ,  $a^*$ ,  $b^*$ ), reducing and non-reducing sugars, vitamin C, syneresis and consumer acceptance regarding the overall impression. The CATA method was applied to describe the sensorial profile of the samples. According to the results, it was observed a significant difference ( $p \leq 0.05$ ) in the physico-chemical composition of the samples, being samples produced from the access 37 and BRS 68 more appropriated for processing of preserves (in bars), with greater firmness and less syneresis. Consumers indicated products from the genotypes 37, 44, BRS 52 and BRS 55 as the ones with highest acceptance regarding the overall impression; the consumers associated the samples in different characterizations, associating the access 37 and BRS 68 with the characteristics of firm and delicious; the commercial sample was characterized as acid, adstringent and terrible.*

**Key words:** *Spondias tuberosa*, Caatinga biome, CATA- Check-all-that-apply.

### Potencial de genótipos de umbuzeiro para o desenvolvimento de doce em massa

**RESUMO:** *Uma das relevantes importâncias econômicas do umbuzeiro (*Spondias tuberosa* Arruda) ao semiárido nordestino pode ser atribuída ao beneficiamento do fruto na forma do tradicional doce em massa. Entretanto, existem limitações na produção e padronização deste derivado quanto sua cor, sabor e textura, o que prejudica sua qualidade, identidade e alcance de outros mercados. Este trabalho foi conduzido buscando analisar o potencial de genótipos de umbu (Acesso 37, Acesso 44, BRS 48, BRS 52, BRS 55 e BRS 68), registrados pela Embrapa, para o desenvolvimento de doce em massa. Avaliou-se a qualidade dos produtos obtidos, diante de uma amostra comercial, quanto a composição físico-química (pH, acidez total, atividade de água, sólidos solúveis, umidade, firmeza, cor ( $L^*$ ,  $a^*$ ,  $b^*$ ), açúcares redutores e não-redutores, vitamina C e sinérese) e aceitação por consumidores quanto a impressão global. O método CATA foi aplicado para descrever o perfil sensorial das amostras. Os resultados mostraram diferença significativa ( $p \leq 0.05$ ) na composição físico-química das amostras, sendo as amostras Acesso 37 e BRS 68 as mais apropriadas ao processamento de doce em massa, com a maior firmeza e menor sinérese. Os consumidores indicaram os genótipos 37, 44, BRS 52 e BRS 55 com maiores médias de aceitação na impressão global; associaram as amostras em distintas caracterizações, indicando o Acesso 37 e BRS 68 como mais gostosos e firmes, e a amostra comercial como a mais ácida, adstringente e terrível.*

**Palavras-chave:** *Spondias tuberosa*, bioma Caatinga, CATA-Check-all-that-apply.

### INTRODUCTION

The *Spondias tuberosa* Arruda, known as “umbuzeiro”, belongs to the Anacardiaceae family and is a tropical fruit tree, native to semiarid regions of the Brazilian northeast region, with high genetic diversity in the regions known as Agreste, Cariri and Caatinga (SANTOS et al., 2008).

Is a species of great importance for the Caatinga biome, being considered a vegetal product of extractivism with a significant secular role for the

family income of the Brazilian semiarid Northeastern population, due to its adaptation to the extreme climatic conditions of the region, such as high temperatures and lack of water (SANTOS et al., 2008).

However, over the last few years, some studies have reported that the production generated by the extractive activity of umbuzeiro fruits has declined, which may be related to the reduction of the natural populations, with a consequent risk of extinction (SANTOS et al., 2005). In this context, aiming the formation of areas with higher income

generation potential, the cultivation of genotypes with superior and stable characteristics of fruit production is presented as an alternative to ensure the continuity of the fruit supply, also reducing the pressure of the extractivism on the natural populations of the species (ARAÚJO, 2014; ARAÚJO et al., 2016). The cultivation of genotypes that present desirable characteristics and higher yield represents an important alternative for the São Francisco Valley growers.

Its fruit, known as umbu, imbu or ambu, is a glabrous or lightly pilose drupe, with a smooth surface or with 4 to 5 small protuberances in the distal portion, presenting a rounded shape, ranging from 3-4 cm in length, 2-4 cm of diameter, and 8-23 g of mass; with 22% of the weight in skin, 68% of flesh and 10% is the seed (NARAIN et al., 1992). Its pulp present pH around 2.5, acidity of 1.4% (in citric acid), pectin content of 1.0% and vitamin C of 24.97 mg/100 g of pulp (PAULA et al., 2012). At the beginning of maturation, the skin is green in color and when ripe, greenish yellow and the greenish-white, soft, juicy pulp with an exotic and sweet-sour taste, presenting soluble solids content around 9.5 ° Brix (GALVÃO et al., 2011).

Considering the significant commercial value of umbu for the domestic market and, in particular, for industrialization, the expansion of commercialization of fruits for 'in natura' consumption and its processing through pulps, jellies, preserves, ice cream and beverages, from an estimated harvest of 7,765 tons (IBGE, 2018), indicates a very promising market for this species endemic to the Caatinga biome. In this scenario, the State of Bahia is the largest national producer, with production of 5,752 tons in 2018, according to IBGE.

Among the umbu products, the preserve in bars is very popular and with high consumption in the Northeast region of the Brazil. It is characterized as the product resulting from the proper processing of the disintegrated edible parts of vegetables with sugar, with or without added water, pectin (0.5 to 1.5% in relation to pulp), pH adjustor (in sufficient amount to the achieve 3 to 3.4 in pH) and other ingredients and additives allowed by these standards until a consistency of gelatinization, being finally conditioned in order to ensure its perfect conservation (GAVA et al, 2009).

Therefore, the development of an appropriate technology for the elaboration of preserves aims to take advantage of the integral production of the fruit, minimizing the postharvest losses, besides adding value to the product, contributing to the strengthening of family farming and regional development (MARTINS et al., 2007).

In this way, this study was conducted with the objective of analyzing the viability of the use of umbu genotypes of the Germoplasm Bank, for processing in the form of preserves (in bars).

## MATERIALS AND METHODS

For the preparation of the umbu preserve, the highly productive umbu genotypes were used during the 2017 harvest, correspond as varieties BRS 48, BRS 52, BRS 55 and BRS 68 and the Access 37 and 44. These genotypes were developed by the breeding program of Embrapa (Petrolina-PE, Brazil) (OLIVEIRA et al., 2016). Four of these genotypes were registered in 2019 as new umbu varieties. The fruits were manually harvested from the Embrapa Semiárid Experimental Field (coordinates 09°04'16.4 "S, 0 40°19'5.37" W, Petrolina / PE, Brazil) at the intermediate stage of maturation. The fruits were visually selected in this maturation stage according to firmness and the green skin color. Fruit were stored for three days after harvesting at a temperature of  $28 \pm 2^\circ\text{C}$ , until they softened and the skin reached a yellowish color.

Fruits were washed in running water, immersed in sodium hypochlorite solution at  $200 \text{ mg L}^{-1}$  for 15 min and rinsed in running water, and then the fruits with the peel were pulped in an electric fruit stripper (Macanuda, model DMJI-05, Brazilian Industry) in a 10 mesh sieve.

For processing, the pulp of the umbu genotype was submitted to heating in stainless steel pan under atmospheric pressure and constant manual stirring until the soluble solids content of 75° Brix. Pulpes were prepared in duplicates from the same formulation, using 49% of umbu pulp of each access, 50% of sucrose (crystal sugar, brand Primavera, Pernambuco, Brazil) and 1% of pectin (Mago, São Paulo, Brazil). Prior to processing, the pH of the pulp was corrected to 3.2 with the addition of calcium carbonate. The sugar and the pectin were added to the processing only when the umbu pulp achieved 65°C. The preserves were hot-packaged in polypropylene packages, cooled with water (room temperature,  $22 \pm 2^\circ\text{C}$ ) and stored under refrigeration ( $7^\circ\text{C}$ ) for subsequent physico-chemical and sensorial analyzes.

The commercial sample of the umbu preserve was purchased directly from the largest cooperative located in the semiárid region of the Bahia State (with more than 270 cooperates), which was processed from the pulp obtained from native fruits of the Caatinga biome. The commercial umbu preserve (in mass) was produced by heating the 'in natura' fruit, as is

done by most agro-industries in the semiarid region of Northeast Brazil. When preparing the sweet, water is added to cook the fruits, and then, after pulping, sugar and citric acid (optional ingredient) are added to the cooked pulp.

The pulps of the umbu genotypes (Access 37, 44, BRS 48, 52, 55 and 68), the umbu preserves obtained from these genotypes and the commercial preserve, were characterized according to: pH, by the direct reading of the samples in pH meter (Hanna Instruments, model HI 2221); titratable acidity (expressed as citric acid) by the titration with 0.1M of NaOH solution in automatic titrator (Metrohm, model Tritino Plus 848, Switzerland - Switzerland); soluble solids (SS) using direct reading of the sample in portable refractometer (Atago, Pocket Refractometer PAL-3 model); total and reducing sugars, by the Lane Eynon method and titration with Fehling reagent A and B (AOAC, 2012); color, through the direct reading of the parameters  $L^*$  [white (0) to black (100)],  $a^*$  [red (+) to green (-)] and  $b^*$  [yellow (+) to blue (-)], through the CIELab color system in a portable colorimeter (Konica Minolta brand, model CR-400); and vitamin C, using titration with 2,6-dichloro-phenol indophenol solution (STROHECKER & HENNING, 1967). Some physico-chemical parameters were only analyzed in the umbu preserves, such as: water activity ( $A_w$ ), in  $A_w$  meter (Decagon, model PawKit Acqualab) at 25°C (AOAC, 2012); moisture, on a moisture-determining scale with infrared heating system at 105°C (Moisture Analyzer, MX-50); firmness, by evaluating of the force in texturometer (Stable Micro Systemes, Surrey, UK), based on MARTINS et al. (2007); and syneresis, from the analysis of the exudates of the preserves placed in plastic collectors (internal area 25.12 cm<sup>2</sup>), and with quantitative filter paper ( $\phi$  12.5 cm and thickness of 0.20 mm), previously dried in an oven (105 °C for 24 h), using the procedure described by FISZMAN & DURÁN (1992) and the Image J software, version 1.51p, for the areas calculation. Additionally, soluble pectin was determined in the fruit pulps, by the UV spectrometer (520 nm) using the m-hydroxydiphenyl method (McREADY & MacCOMB, 1952).

Habitual consumers of umbu were invited to participate of the sensory evaluation of the commercial and from genotypes umbu preserves. One hundred and twelve volunteers were selected, being 71 women and 41 men, with ages ranging from 17 and 66 years old. All the consumers evaluated the overall acceptability of the umbu preserves using the traditional nine-points hedonic scale (1 = “disliked extremely”; 9 = “liked extremely”). The seven

samples were presented in a single session in monadic form of presentation. In order to avoid tiredness and sensory fatigue, water and water biscuit without salt, were served to the consumers during samples evaluations. Additionally, a 20 minutes interval was given between the evaluation of the first four samples and the last three. The samples were evaluated one at a time, in 5g cubes at room temperature, placed in 50mL disposable cups coded with three digit code. The order of the samples presentation among the participants followed the complete balanced block design proposed by MACFIE et al. (1989). In the same evaluation session, the CATA - Check-all-that-apply method (ARES et al., 2014) was used to describe the sensory profile of the products by consumers, from a questionnaire containing 23 previously selected terms by a focus group. The consumers were instructed to indicate by marking with an ‘x’ the terms of the questionnaire that they judge that characterized each sample. The terms of the CATA included 23 sensory characteristics related to the appearance, aroma, flavor and texture of samples, such as: attractive color, bright, brow-yellowish color, brown-greenish color, brown-redish color, brown-dark color, opaque color, caramel aroma, “umbu” aroma, sweet aroma, burned aroma, sweetness, sourness, “umbu” flavor, fibrous residual, stick, creamy, soft, firm, adstringent, tasty, cloying and terrible. The sensorial test was conducted in individual booths, under white light and with temperature control  $23 \pm 1$  °C in the Laboratory of Sensory Analysis of Embrapa (Petrolina, PE, Brazil) and at the Federal University of Bahia (Salvador, BA, Brazil).

Results of the physico-chemical analysis and the sensory acceptance test were submitted to ANOVA and Tukey’s mean test ( $p \leq 0.05$ ) using the statistical software Statistical Analytical Systems - SAS (SAS Institute, Cary, NC, USA, University Edition, 2017). The CATA results were analyzed by the XLStat software (Addinsoft Inc., Anglesey, UK, 2015). As the CATA responses to each term is binary (1 = term marked by the consumer; 0 = term not marked by the consumer), was used nonparametric Cochran’s Q Test ( $p \leq 0.05$ ) and comparisons based on the Marascuilo approach. Additionally, in order to get a bi-dimensional representation of the samples, Correspondence Analysis (CA) was performed to identify differences and similarities among the samples. Using the XLStat software, Internal Preference Mapping - MDPREF (MACFIE & THOMSON, 1988) was constructed through the Principal Component Analysis and Pearson correlation matrix to confirm the consumer’s preference using the overall acceptance data of the samples of umbu

preserve. Partial Least Squares Regression (PLS) was also generated to correlate the physico-chemical variables with the overall acceptance at a 5% level of significance (BIASOTO et al., 2014).

## RESULTS AND DISCUSSION

The pulp of the umbu genotypes showed different composition (Table 1). The pH ranged from 2.34 to 2.42, titratable total acidity (expressed in citric acid) among 1.26 and 1.36%, soluble solids of 9.37 to 10.40°Brix, reducing sugars (expressed in glucose) between 3.7 and 3.9%, vitamin C among 13.80 and 16.95 g 100g<sup>-1</sup>, pectin content from 49.32 to 220.80 g 100g<sup>-1</sup> and color parameters L\*, a\* and b\* varied of 45.18 to 50.88, -1.39 to 1.95, and 18.36 to 22.62, respectively. The results found are close to those found in the literature for the evaluation of native umbu fruit (FERREIRA et al., 2010; GALVÃO et al., 2011; PAULA et al., 2012). However, the umbu genotypes stand out from the native fruit for presenting higher levels of soluble solids and better desirable characteristics by the processing, with fruits weighing over of 20 g, with thin and smooth peel, and a higher percentage of pulp (MACHADO & FONSECA, 2010).

The physico-chemical composition of umbu preserves from Embrapa Tropical Semi-Arid Germplasm Bank, Petrolina - PE, Brazil (Access 37, 44, and varieties BRS 48, 52, 55, 68), can be found in Table 2. There was a significant difference

( $p \leq 0.05$ ) between the studied samples for all evaluated variables (Table 2). Although, the umbu preserves have been made with the same formulation and processing conditions, it was not possible to guarantee similar physico-chemical characteristics among the samples. The figure 1 also illustrate the different characteristics between the umbu fruits, pulps and preserves. Thus, the processing time for each preserve until the achievement of 75°Brix was different according to the umbu genotype.

The umbu preserves elaborated with the six genotypes presented a variation in pH from 3.50 (BRS 68) to 3.82 (Access 44), while the value of pH of the commercial product was 2.41. Conversely, the commercial preserve presented a higher titratable acidity (TA), of 2.27%, and the TA values of the preserves from the genotypes varied between 0.68 and 0.81% (Access 37 and BRS 48, respectively). MARTINS et al. (2010) elaborated umbu preserves from fruits in the green and ripe stages, and obtained pH and acidity in the range of 3.33 to 3.83 and 0.32 to 0.66%, respectively. The values reported by the cited authors were similar for pH and lower for acidity. The significant difference ( $p \leq 0.05$ ) between the pH and TA values of the commercial samples and of the samples obtained from the umbu genotypes can be explained by the addition of citric acid to the commercial formulation, as stated on the product packaging as an item in the list of ingredients.

Considering the different samples from different genotypes and commercial preserve, it was observed a soluble solids (SS) content of

Table 1 - Pulp physico-chemical composition of "umbu" genotypes.

Physico-chemical variables <sup>2</sup>	Genotypes of "umbu" <sup>1</sup>					
	Access 37	Access 44	BRS 48	BRS 52	BRS 55	BRS 68
pH	2.42±0.01	2.38±0.02	2.34±0.01	2.36±0.01	2.35±0.01	2.41±0.01
Titurable acidity	1.34±0.07	1.32±0.03	1.36±0.01	1.27±0.01	1.26±0.01	1.33±0.01
Soluble solids	9.47±0.2	10.07±0.06	9.37±0.01	9.73±0.06	9.73±0.06	10.40±0.00
Reducing sugars	37.79±0.1	39.70±0.03	38.40±0.08	39.45±0.06	38.95±0.1	39.39±0.05
Ascorbic acid	16.95±0.5	13.80±0.8	15.52±0.8	15.80±0.5	16.09±0.5	16.95±0.5
Pectin	119.01±0.02	92.35±0.02	52.25±0.04	162.64±0.02	49.32±0.04	220.81±0.04
Parameter color L*	46.95±0.5	45.18±0.2	46.48±0.3	50.59±0.5	50.88±0.5	47.49±0.3
Parameter color a*	-1.39±0.05	-0.83±0.01	0.05±0.02	-0.56±0.02	-0.23±0.01	1.95±0.03
Parameter color b*	22.62±0.07	18.52±0.04	18.36±0.04	22.28±0.03	21.40±0.02	20.79±0.05

<sup>(1)</sup>Means ± standard deviation (n=3). <sup>(2)</sup>Titrateable Acidity in % citric acid, Soluble solids in °Brix, Reducing sugars in % sucrose, Ascorbic acid in mg 100g<sup>-1</sup>, Pectin in mg 100g<sup>-1</sup>, L\*: write (0) to black (100), a\*: red (+) to green (-), b\*: yellow (+) to blue (-).

Table 2 - Physico-chemical composition of umbu preserves.

Samples of “umbu” 'preserves <sup>1</sup>	Physico-chemical variables				
	pH	TA (% citric acid)	SS (°Brix)	Aw (%)	Moisture (%)
Access 37	3.74±0.05ab	0.68±0.06d	76.15±1.42a	0.66±0.02ab	12.38±1.03c
Access 44	3.82±0.02a	0.69±0.01d	76.13±0.96a	0.65±0.02bc	11.71±1.01c
BRS 48	3.55±0.04c	0.81±0.01b	75.40±0.47a	0.67±0.02ab	17.55±1.89ab
BRS 52	3.73±0.04ab	0.71±0.03cd	75.43±0.20a	0.62±0.00c	14.50±1.47bc
BRS 55	3.71±0.08b	0.78±0.02cb	75.43±0.96a	0.63±0.02c	14.94±1.52bc
BRS 68	3.50±0.04c	0.80±0.03cb	75.42±0.58a	0.68±0.01a	16.55±1.15ab
Commercial	2.41±0.09d	2.27±0.11a	72.73±2.63b	0.62±0.02c	19.27±4.51a
Samples of “umbu” 'preserves <sup>1</sup>	Physico-chemical variables				
	Firmness (N)	Vitamin C (mg 100g <sup>-1</sup> )	RS (%)	NRS (%)	Total sugars (%)
Access 37	1.37±0.08b	16.81±0.47a	25.91±1.43c	22.99±1.37c	48.89±2.80c
Access 44	0.59±0.01cd	13.22±0.45d	26.37±2.08c	22.94±2.18c	49.32±4.25c
BRS 48	0.20±0.00d	15.08±0.47c	26.01±0.57c	23.16±0.57c	49.17±1.15c
BRS 52	0.69±0.01cd	15.23±0.45bc	29.81±1.30b	26.30±1.36b	56.11±2.64b
BRS 55	0.30±0.01d	15.95±0.47b	27.13±1.28c	24.02±1.27bc	51.15±2.55c
BRS 68	0.98±0.01c	16.81±0.47a	19.42±0.57d	16.75±0.54d	36.17±1.11c
Commercial	3.43±0.05a	15.95±0.47b	38.01±0.93a	34.06±0.94a	72.20±1.87a
Samples of “umbu” 'preserves <sup>1</sup>	Physico-chemical variables				
	Color parameter L*	Color parameter a*	Color parameter b*	Syneresis (cm <sup>2</sup> )	
Access 37	22.90±0.71cd	- 0.38±0.15e	3.97±0.39cd	20.33±16.39bc	
Access 44	26.05±1.65abc	4.93±1.21 <sup>a</sup>	7.36±1.50a	32.24±7.21ab	
BRS 48	29.20±1.48a	0.29±0.31cde	5.05±0.73bc	35.95±7.97a	
BRS 52	25.44±1.71c	0.55±0.09cd	4.10±0.63cd	31.41±1.48ab	
BRS 55	23.65±2.71cd	1.76±0.17b	2.97±0.47cd	45.32±7.06a	
BRS 68	28.30±3.42ab	0.19±0.27de	6.96±2.51ab	5.49±4.42c	
Commercial	21.15±0.91d	1.04±0.18bc	2.24±0.51d	31.59±3.37ab	

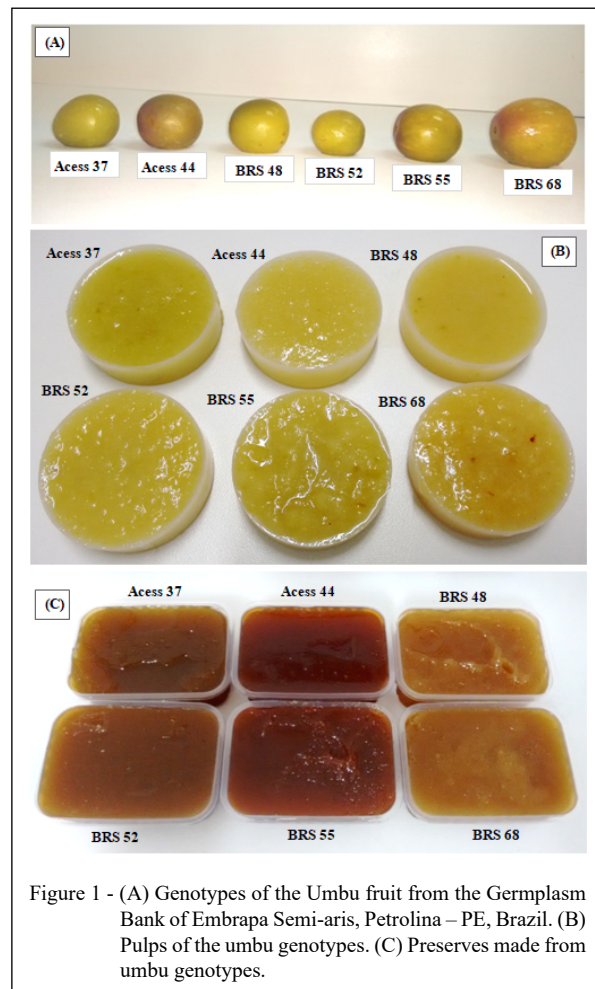
(1) Means ± standard deviation, followed by the same letters in the column are not different according to the Tukey's means test ( $p>0.05$ ). TA = Titratable Acidity, SS = soluble solids, Aw = water activity, RS = Reducing Sugars, NR = Non-reducing Sugars. L\*: write (0) to black (100); a\*: red (+) to green (-); b\*: yellow (+) to blue (-).

75°Brix for preserves from different genotypes, being significantly higher than that observed for the commercial preserve, which presented SS content of 72.73 °Brix, and for values observed by MARTINS et al. (2010) for preserves with mature umbu (72.50 °Brix). In addition, it was observed water activity average from 0.62 and 0.68 (Table 2), lower values than the observed by MARTINS et al. (2010), which was 0.74 to 0.82 for preserves from green and ripe umbu fruits, that contribute to extend the shelf life of the product. It should be noticed that these values are probably different due to the differences in the

formulation used for the preparation of the preserves and in fruit composition.

The moisture observed (Table 2) ranged from 11.71 to 17.55% among the preserves using the different fruit genotypes (values of the Access 44 and BRS 48, respectively), and 19.27% for the commercial sample. It was observed that the sample with the highest moisture content (commercial umbu preserve) presented the lowest SS concentration, 72.73 °Brix.

It can be observed among the genotypes a variation of firmness (Table 2) when compared



to the SS content, from 0.20 to 1.37 N; while the commercial sample presented firmness of 3.43 N. Considering this study for the processing preserves in bars, it has been found that, among the genotypes, the Access 37 and BRS 68 were more suitable for cutting, as they presented the highest firmness values. In this context, the processing conditions (cooking time and temperature) of each umbu preserve, as well as, the gel formation (firmness) and the final product characteristics, are directly related with the interaction between the contents of soluble solids, pectin and other characteristics of the fruit pulp composition, as organic acids and amount of fibers, that were not evaluated in this study (GODOY et al., 2009). MENEZES et al. (2009) also affirmed, when evaluating the texturometric profile in guava preserves, that the addition of citric acid directly influences the increase of firmness of the products;

which are in accordance to the high firmness value observed in the commercial sample (3.43 N), which presents citric acid in its composition.

For the ascorbic acid content (Vitamin C), the evaluated samples presented 13.22 to 16.81 mg 100g<sup>-1</sup> and commercial preserve presented the content of 15.95 mg 100g<sup>-1</sup>; with Access 37 and BRS 68 presenting the highest contents, differing significantly ( $p \leq 0.05$ ) from the other samples (Table 2). In this context, it can be inferred that genotypes with higher content of vitamin C (Table 1) generated preserves with greater content of ascorbic acid. Additionally, the literature reported different values of ascorbic acid for the native umbu fruit, with ALMEIDA et al. (2011) and RUFINO et al. (2010) reporting mean values of 12.1 mg 100g<sup>-1</sup> and 18.4 mg 100g<sup>-1</sup>, respectively, being the observed contents in accordance to the cited authors.

The levels of reducing sugars, expressed as percentage of glucose, were relatively higher than the non-reducing sugars expressed as percentage of sucrose (Table 2) in all samples, meaning that a higher degree of hydrolysis of total sugars occurred during the preserves processing (MENEZES et al., 2009). During the cooking of the preserve, sucrose undergoes an acid hydrolysis process (known as inversion) that partially transforms it into glucose and fructose, which is a necessary and desirable process to avoid crystallization (granulation) in the preserve that may occur during storage. In addition this process can contribute to increase the firmness of the product (JACKIX, 1988; OLIVEIRA, FEITOSA & SOUZA, 2018). Prior to the product formulation, the pulp of the umbu genotypes presented 3.7 to 3.9% of reducing sugars in glucose, as reported by (Table 1). Therefore, it is possible to verify that the commercial sample differed significantly ( $p \leq 0.05$ ) from the preserves originated from the genotypes, presenting high value of reducing and non-reducing sugars. It is possible that an addition of citric acid increased the reducing sugars content, which may have contributed to increase the firmness of the commercial sample (MENEZES et al., 2009).

Regarding the variable luminosity,  $L^*$ , it was verified that samples elaborated with the Access 44, BRS 48, BRS 52 and BRS 68 presented higher values than the commercial sample, while the preserves from Access 37 and BRS 55 did not differ significantly ( $p \leq 0.05$ ) of the commercial sample (Table 2). DIAS et al. (2011) reported that samples with more pectin in their composition presented higher value of the parameter  $L^*$  due to the power of the pectin in the gel formation with sugar, forming an amorphous state of jelly, which will present property to reflect part of the incident light, resulting in a whiter appearance to the product. However, assimilation behavior was observed in this study, considering that the BRS 68 presented a greater pectin amounts, followed by the product made with the BRS 52 genotype (Table 1).

For the  $a^*$  color parameter, the analyzes indicate that the preserves made from the Access 37 and 44 presented higher negative value (-0.38) and higher positive value (4.93), respectively, and consequently, are characterized to have the greener (Access 37) and less green and more reddish (Access 44) color. In addition, the color parameter  $b^*$  was higher for the Access 44 (7.36) and lower for the commercial sample (2.24), indicating the intensity of the yellow color in the cited genotype.

It is important to observe that the difference between the preserves color among the umbu genotypes is justified by the composition of the pulps (Table 1). Thus, when compared the color of the preserves of the umbu genotypes with the commercial

preserve, the variances among the products also may be explained due to distinct the chemical composition of the native umbu, however the pulp of these fruits was not evaluated. Additionally, the formation of products derived from enzymatic and non-enzymatic reactions (Maillard reaction, caramelization and vitamin oxidation), during cooking, influenced by the processing conditions and formulation of the product (WICKLUND et al., 2005). POLYCARPO et al. (2007) also points out that, in umbu, chlorophyll and carotenoids are the pigments responsible for the coloring of the fruit, in addition to a small concentration of phenolic compounds, which, according to FENNEMA et al. (2010) and WICKLUND et al. (2005) are degraded by enzymatic and non-enzymatic reactions, influenced by the processing conditions (temperature and cooking time) and formulation (pH, acidity, sugars and pectin), turning into compounds of dark pigments, with brown-greenish color. Thus the difference in the color comparing the commercial sample to the others, can be justified due to the higher cooking time for obtaining the commercial sample when compared to others, since the process of obtaining the pulp used heat and water. The pulp for the preserves of the studied genotypes was obtained with an aim of an electric pulper, without sample heating.

Syneresis is the process of water loss due to exudation during the storage period of the preserves, caused by high acidity and low pH of the product (MARTINS et al., 2007). In Table 2 was observed a great variation among the umbu preserves between syneresis values, with areas of 5.49 cm<sup>2</sup> to 45.32 cm<sup>2</sup>. For the commercial sample, the syneresis area was 31.59 cm<sup>2</sup>. It should be noticed that the preserve from the BRS 68 material presented the lowest degree of syneresis (5.49 cm<sup>2</sup>) and from the BRS 55 the highest (45.32 cm<sup>2</sup>), which did not differ significantly ( $p \leq 0.05$ ) from the Access 44, BRS 48, BRS 52 and from the commercial product; while the Access 37 showed syneresis of 20.33 cm<sup>2</sup>. AGUDELO et al. (2014) and CROPOTOVA et al. (2016) reported in their studies with fruit-filling formulations that the pectin concentration used in the formulation positively influences the degree of syneresis by decreasing it, improving the stability behavior of the gels by acting on the water retention capacity. In fact, BRS 68 and BRS 55 pulps present the highest (220.80 mg 100g<sup>-1</sup>) and lowest (49.32 mg 100g<sup>-1</sup>) pectin contents, respectively (Table 1). Thus, syneresis can be considered a useful indicator of deterioration of the product during their shelf life, and the umbu fruit from genotype BRS 68 is the most suitable for obtaining the product, followed by Access 37.

According to the consumers, test, the samples were well accepted. Whose averages of

overall acceptance have been related to the categories of “like slightly “ and “ like moderately “ of the nine points hedonic scale used. The umbu preserves from the Access 44 and BRS 52 received the highest average of overall acceptance, but with no significant difference ( $p>0.05$ ) from products obtained from BRS 55, Access 37 and the commercial sample.

The Internal Preference Mapping - MDPREF (Figure 2B), generated according to the consumers responses to the overall acceptance of the evaluated samples (Figure 2A), shows that

the first two dimensions explained 54.3% of the variation occurred in the preference among samples. In the MDPREF, the consumers, who are identified by points, are located close to the samples of their preference. In this way, it is possible to observe that most of the consumers liked better of the product of the genotypes BRS 52, BRS 55, Access 37 and 44, and were located close to these preserves samples. It is also observed that, although the samples obtained with the cultivars BRS 48 and BRS 68 presented the lowest averages of acceptance (Figure 2A), these also

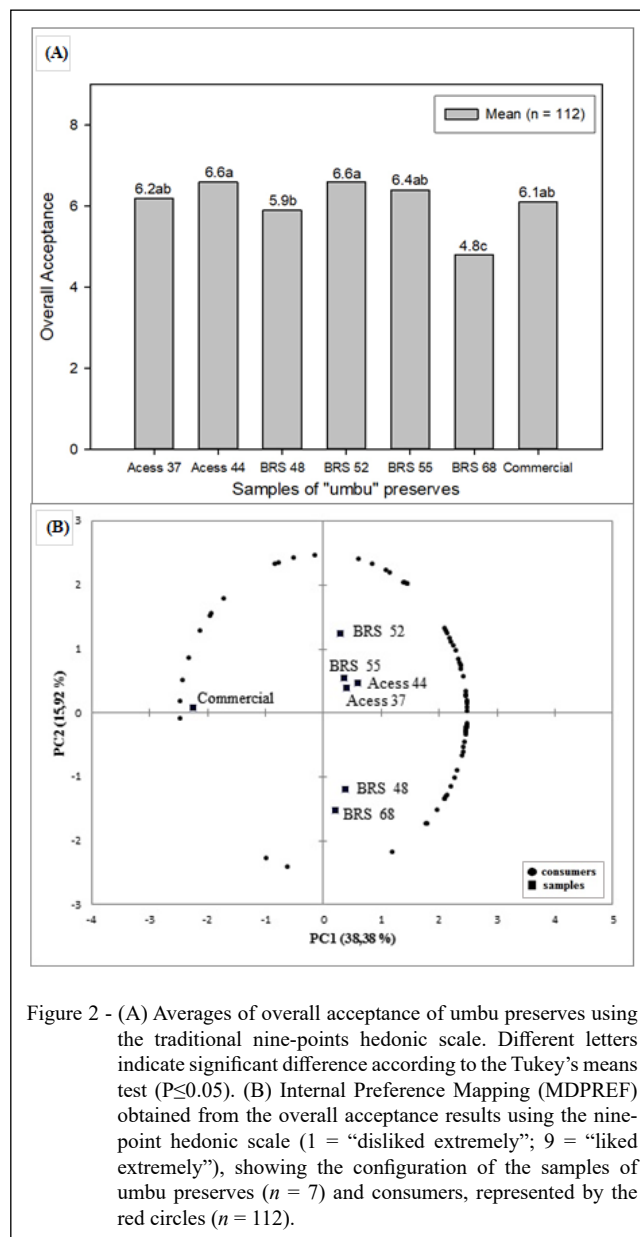


Figure 2 - (A) Averages of overall acceptance of umbu preserves using the traditional nine-points hedonic scale. Different letters indicate significant difference according to the Tukey's means test ( $P \leq 0.05$ ). (B) Internal Preference Mapping (MDPREF) obtained from the overall acceptance results using the nine-point hedonic scale (1 = “disliked extremely”; 9 = “liked extremely”), showing the configuration of the samples of umbu preserves ( $n = 7$ ) and consumers, represented by the red circles ( $n = 112$ ).



were preferred by a relevant number of consumers, according to the MDPREF (Figure 2B). In sequence, other group of consumers preferred the commercial umbu preserve, assigning satisfactory acceptance note to it. On the other hand, in the MDPREF, the preserves of the genotypes Access 37, Access 44, BRS 52 and BRS 55 are in the opposite position by the PC

1 in relation to the commercial sample, demonstrating a segmentation in the preference of the consumers.

The Partial Least Squares (PLS) regression model was performed to correlate the physico-chemical variables with the overall acceptance of the umbu preserves (BIASOTO et al., 2014), as shown in figure 3. Figure 3A shows that only pH

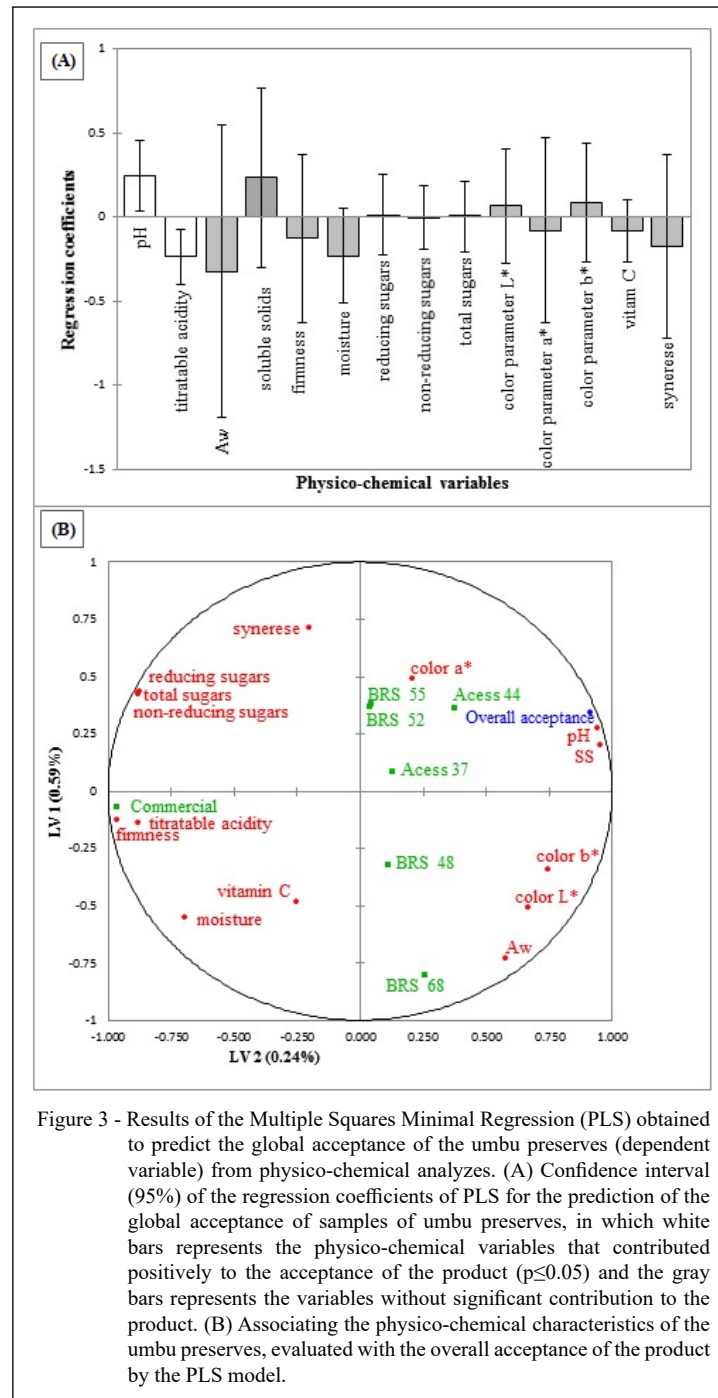


Figure 3 - Results of the Multiple Squares Minimal Regression (PLS) obtained to predict the global acceptance of the umbu preserves (dependent variable) from physico-chemical analyzes. (A) Confidence interval (95%) of the regression coefficients of PLS for the prediction of the global acceptance of samples of umbu preserves, in which white bars represents the physico-chemical variables that contributed positively to the acceptance of the product ( $p \leq 0.05$ ) and the gray bars represents the variables without significant contribution to the product. (B) Associating the physico-chemical characteristics of the umbu preserves, evaluated with the overall acceptance of the product by the PLS model.

and titratable acidity were significant ( $p \leq 0.05$ ), with a 95% confidence interval, in the prediction of the overall acceptance of the umbu preserves. This graph exemplifies that the higher the pH value, the higher the sensory acceptance of the product and, conversely, the higher the titratable acidity content, it is observed lower acceptance. In addition, the PLS model (Figure 3B) showed the distribution of preserves samples by the association of physico-chemical characteristics with the overall acceptance of the product. Thus, the samples BRS 55, BRS 52, Access 37 and Access 44 are close to each other and to the vector that represents the overall acceptance, as well as the physico-chemical variable pH, soluble solids and color  $a^*$ ; while BRS 48 and BRS 68 are more dispersed and close to the color variables  $b^*$  and  $L^*$ , Aw, vitamin C and moisture. The commercial sample, located in the opposite quadrant, is strongly associated with titratable acidity and firmness. These results are in accordance with those presented in Table 2, indicating that the commercial umbu preserve sample presented higher titratable acidity and firmness.

Additionally, with the CATA descriptive sensory method, consumers were asked to describe the sensory profile of the umbu preserve samples and the test results are presented in table 3 and figure 4. Table 3 indicate that some terms were equally perceived among samples obtained of umbu genotypes, such as sweetness, cloying and sweet aroma and only present significant difference ( $p \leq 0.05$ ) compared to the commercial preserve; and also that, only one of the attributes, “umbu” aroma, did not differ significantly ( $p > 0.05$ ) among all evaluated samples. The term terrible was indicated only in the commercial sample, which was also pointed as the sample with more sourness, astringent, burned aroma and brown dark color. Possibly, higher sourness and astringent may be related to the fact that the commercial preserved present the lowest pH value and the highest titratable acidity (Table 2). Burned aroma must be related to the processing conditions (higher cooking time due to the fruit process), which was different from the methodology previously standardized and used for

Table 3 - Means for the scores on the CATA (check-all-that-apply) analysis by the consumers ( $n = 112$ ).

CATA terms	Samples of “umbu” preserves <sup>1</sup>						
	Access 37	Access 44	BRS 48	BRS 52	BRS 55	BRS 68	Commercial
Attractive color	0.3abc	0.4a	0.1cd	0.4ab	0.4a	0.2bcd	0.1d
Bright	0.6ab	0.6a	0.6ab	0.5ab	0.5ab	0.4b	0.2c
Brown-yellowish color	0.4a	0.2b	0.5a	0.3ab	0.2bc	0.4a	ND
Brown-greenish color	0.2a	ND	0.1ab	ND	ND	0,1ab	ND
Brown-redish color	0.1cd	0.4a	ND	0.3b	0.5a	ND	0.2bc
Brown-dark color	ND	ND	ND	ND	0.1b	ND	0.7a
Opaque color	0.1bc	ND	0.1bc	0.1bc	0.1c	0.2b	0.3c
Caramel aroma	0.1b	0.2ab	0.1b	0.3a	0.2ab	0.1b	0.1b
“Umbu” aroma <sup>NS</sup>	0.3	0.2	0.3	0.3	0.3	0.3	0.2
Sweet aroma	0.3a	0.3a	0.3a	0.4a	0.4a	0.3a	0.1b
Burned aroma	ND	ND	ND	0.1b	0.1b	ND	0.4a
Sweetness	0.8a	0.8a	0.7a	0.6a	0.6a	0.6a	0.1b
Sourness	0.1bc	0.1bc	0.3b	0.1bc	0.3b	0.2bc	0.7a
“Umbu” flavor	0.5ab	0.4ab	0.5a	0.3b	0.4ab	0.5ab	0.4ab
Fibrous residual	0.2bcd	0.1cd	0.3ab	0.2bc	0.3ab	0.4a	0.1d
Sticky	0.2bc	0.3ab	0.2bc	0.2bc	0.1bc	0.4a	0.1c
Creamy	0.2cd	0.5a	0.4ab	0.4a	0.4ab	0.3bc	0.1d
Soft	0.2de	0.4bc	0.7a	0.4bc	0.5b	0.3cd	ND
Firm	0.6a	0.2bcd	0.1d	0.3bc	0.2cd	0.4b	0.8a
Astringent	ND	ND	ND	0.1b	0.1b	ND	0.2a
Tasty	0.4a	0.3abc	0.3abc	0.3abc	0.3bc	0.4ab	0.2c
Cloying	0.3a	0.3a	0.4a	0.3a	0.4a	0.3ab	0.1b
Terrible	ND	ND	ND	ND	ND	ND	0.3a

<sup>1</sup>Means followed by the same letter in the line are not different according to the Cochran's Q test ( $p > 0.05$ ). ND = not detected; NS = not significant.

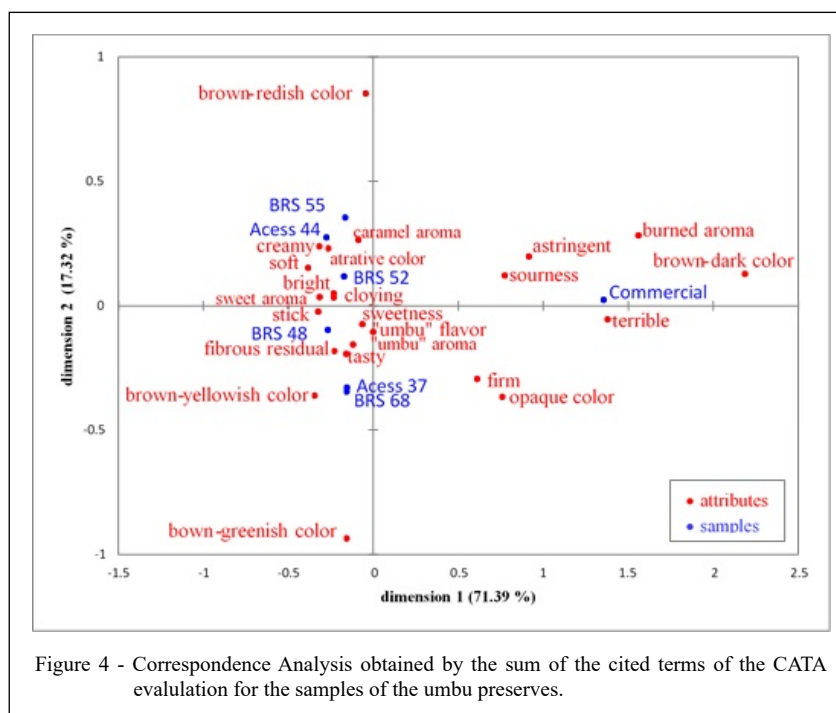


Figure 4 - Correspondence Analysis obtained by the sum of the cited terms of the CATA evaluation for the samples of the umbu preserves.

the elaboration of the preserves from the different genotypes in this study (the pulp was obtained in the pulper and the heat was applied only to concentrate the product until achieving 75 °Brix of soluble solids). Therefore, the terms brown-yellowish color, brown-greenish color and soft was not detected in the commercial sample.

These results may be related to those of the instrumental analysis of color and texture (Table 2), showing that the commercial samples presented lower value of  $L^*$ ,  $b^*$  and higher firmness. The presence of brown-greenish color was only observed in the preserves from the Access 37, BRS 48 and BRS 68, and the brown-redish color was not detected in the preserves from the BRS 48 and BRS 68. Results obtained in the color instrumental analysis, presented on, which show that these three samples (Access 37, BRS 48 and BRS 68) presented the lowest values of  $a^*$ , indicating a higher incidence of green color.

According to the Correspondence Analysis, obtained with the sum of the CATA terms (Figure 4), it is possible to observe that the samples were divided into three groups of similarity in relation to the sensorial profile. The commercial sample that makes a single group, located on the positive side of the first and second main components, is described by the terms sourness, astringent, burned aroma, brown-

dark color and the emotion term terrible. It is possible to infer that some of these cited characteristics may be undesirables in the umbu preserve for the consumers. Possibly for this reason, the group formed by the majority of the consumers, were localized in relation to the PC 1 of the MDPREF (Figure 2B) in the opposite position of the commercial preserve and next to the samples obtained by the genotypes Access 44, Access 37, BRS 52 and BRS 55, that were the products of their preference. These formulations, except the preserve obtained with the Access 37, formed a second group in the CA, located at the negative values of the first and positive values of the second component, described mainly by the terms attractive color, brown-redish color, caramel aroma and creamy. Therefore, the third group, composed of the samples from Access 37, BRS 48 and BRS 68, located at negative values of the first and second components in the CA, is described mainly as tasty and brown-yellowish color.

## CONCLUSION

The umbu preserves obtained from the umbu genotypes showed different physico-chemical composition and CATA indicated that the umbu preserves were segmented in distinct groups of sensory profile.

The presence of the attributes astringent, opaque color, sourness, burned aroma and brown-dark color were linked with the rejection of the product. The genotypes Access 37, Access 44, BRS 52 and BRS 55 generated the umbu preserves of greater preference by the consumers. Among these, Access 37 stands out, showed the more adequate firmness to the product and satisfactory syneresis, being more appropriate for the production to this type of preserves (in bars).

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## BIOETHICS AND BIOSECURITY COMMITTEE APPROVAL

The sensorial analyses procedures were approved by the Research Ethics Committee (CEP/UNIVASF protocol N°. 1.520.838/2016 and CAAE 41663815.4.0000.5196), in compliance with Resolution 466/12, of the National Health Council, Brazil.

## DECLARATION OF CONFLICTS OF INTERESTS

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## AUTHORS' CONTRIBUTIONS

The authors contributed equally to the manuscript.

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