




## Antifungal activity and inhibition of aflatoxins production by *Zingiber officinale* Roscoe essential oil against *Aspergillus flavus* in stored maize grains

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**ABSTRACT:** Essential oils are possible alternatives to the use of synthetic pesticides for control of fungal contamination. Ginger (*Zingiber officinale*) essential oil (GEO) is known for having antifungal and anti-aflatoxigenic properties, but its use as a fumigant in situ has not been studied yet. The aim of this study was to evaluate GEO's effects upon *Aspergillus flavus* as a fumigant agent in stored maize grains. The main compounds reported in GEO were  $\alpha$ -zingiberene (23.85%) and geranial (14.16%), characterized by gas chromatography-mass spectrometry and nuclear magnetic resonance. The GEO was used as a fumigant in irradiated maize grains in concentrations ranging from 5 to 50  $\mu\text{g/g}$  and the resulting effects were compared to a synthetic antifungal agent (carbendazim and thiram), an antifungal traditionally used for seed treatment. The antifungal efficacy of GEO against *A. flavus* has been proven in a dose-dependent manner through in situ (maize grains) test. The GEO inhibited aflatoxin production at concentrations 25 and 50  $\mu\text{g/g}$  and controlled fungal growth. Therefore, GEO can be used as an effective and non-toxic alternative to conventional treatments in stored maize grains for the natural control of *A. flavus*.

**Key words:** aflatoxins, postharvest, fumigants, maize, essential oils.

## Atividade antifúngica e inibição da produção de aflatoxinas pelo óleo essencial de *Zingiber officinale* Roscoe contra *Aspergillus flavus* em grãos de milho armazenados

**RESUMO:** Os óleos essenciais são possíveis alternativas ao uso de praguicidas sintéticos no controle da contaminação por fungos. O óleo essencial de gengibre (*Zingiber officinale* - OEG) é conhecido por possuir propriedades antifúngicas e antiaflatoxigênicas, mas seu uso como fumigante in situ ainda não foi estudado. O objetivo deste estudo foi avaliar os efeitos do OEG sobre *Aspergillus flavus* como agente fumigante em grãos de milho armazenados. Os principais compostos encontrados no OEG foram  $\alpha$ -zingibereno (23,85%) e geranial (14,16%), caracterizados por cromatografia gasosa acoplada a espectrometria de massas e ressonância magnética nuclear. O OEG foi utilizado como fumigante em grãos de milho irradiados em concentrações variando de 5 a 50  $\mu\text{g/g}$  e os efeitos resultantes foram comparados a um agente antifúngico sintético (carbendazim e tiram), antifúngico tradicionalmente usado para o tratamento de sementes. A eficácia antifúngica do OEG contra *A. flavus* foi comprovada de maneira dependente da dose através do teste in situ (grãos de milho). O OEG inibiu a produção de aflatoxina nas concentrações 25 e 50  $\mu\text{g/g}$  e controlou o crescimento de fungos. Portanto, o OEG pode ser usado como uma alternativa eficaz e não tóxica aos tratamentos convencionais em grãos de milho armazenados para o controle natural de *A. flavus*.

**Palavras-chave:** aflatoxinas, pós-colheita, fumigantes, milho, óleos essenciais.

### INTRODUCTION

Produce and other food goods can be frequently contaminated by fungi and toxins produced by them during transport, storage or post-harvest processing (MEDINA et al., 2015). Contamination causes significant losses of quality, quantity and

nutritional profile, and thus it decreases market value of such goods. The Food and Agriculture Organization (FAO) estimates that 25% of grains produced worldwide are contaminated by mycotoxins and 1000 million tons of grains by fungi-produced mycotoxins during storage each year (BHAT et al., 2010). Mycotoxins have become a worldwide problem

not only to developing countries anymore, once the ingestion of such mycotoxin contaminated foods can cause serious impacts upon animal and human health, reduce agricultural production and create barriers amidst the international grain commerce relationships (BRYDEN, 2012).

The aflatoxigenic species of *Aspergillus* from section *Flavi*, such as *Aspergillus flavus* and *Aspergillus parasiticus*, are particularly important, as they damage crops before and after harvest or during storage (BHATNAGAR & GARCIA, 2013). Several agricultural products may be affected by aflatoxins (AFs), as rice, maize, groundnuts, spices and dried fruits, resulting in severe economic losses for farmers and food industries, and serious risks to human and animal health (RUSHING & SELIM, 2019). The studies investigating maize contamination saw an average frequency of 46.1% of samples positive for aflatoxin B<sub>1</sub> (AFB<sub>1</sub>) and an average maximum concentration of 553.9 µg/kg (RUSHING & SELIM, 2019). AFB<sub>1</sub> is secondary metabolite with genotoxic, immunotoxic and hepatocarcinogenic (hepatocellular carcinoma – HCC) properties, classified as human carcinogens belonging to group 1 according to the International Agency for Research on Cancer (IARC, 2012).

Several strategies aimed to control of postharvest fungal, various physical and chemical treatment, chemical fungicides and sulfur dioxide fumigation are being adopted. However, these physical and chemical methods have their own limitations (SONKER et al., 2014). Their use in food commodity storage has had linked to fungal resistance and new secondary pests have surfaced due to carelessness and excessive use of chemicals (CABRAL et al., 2013). Such misuse of chemicals has increased the levels of toxic residues of synthetic fungicides on foods and on the environment (SONKER et al., 2014). Essential oils (EOs) from aromatic plants might be an alternative to the usage of synthetic chemicals due to their antifungal activity against *Aspergillus* and other fungi, inhibiting mycelium growth, spore germination and aflatoxin production (FERREIRA et al., 2013; KOHIYAMA et al., 2015; NERILO et al., 2016). The EOs can be easily acquired at low costs and do not possess the same problems inherent to synthetic chemical pesticides (CABRAL et al., 2013; SONKER et al., 2014). As such, the search for new natural antifungal compounds for use on field crops, stored goods and food conservation has increased in the last years (CABRAL et al., 2013; SONKER et al., 2014; FERREIRA et al., 2013; KOHIYAMA et al., 2015; NERILO et al., 2016).

Metabolites synthesized by plants are a promising alternative, once plants produce a great variety of compounds, be it as part of their natural development or as a response to stress or pathogens. Ginger (*Zingiber officinale* Roscoe) was one of the first fine species known in the East as a medicinal plant (YU et al., 2007). Bioactive compounds responsible for ginger's therapeutic potential, as well as its smell and taste, are extracted from its rhizome's EO (AGARWAL et al., 2001; SINGH et al., 2008). The fact that EOs are constituted from a great variety of compounds confers ginger other advantages, such as different modes of action, depending on the compound, which causes ginger's EO to be effective against different genders of fungi, also preventing the target fungi to develop resistance (RUSHING & SELIM, 2019). Previously, we have demonstrated that ginger's EO possess a strong antifungal activity against *A. flavus* "in vitro", as indicated by the variations caused on fungal structures size and on mycelium mass, alterations on conidia morphology and production and inhibitory effects on ergosterol and aflatoxin production (NERILO et al., 2016).

EOs can be easily employed as botanical fumigants on agricultural produce with the aid of modern capsuling technology. The EOs are natural substances classified as GRAS (*Generally Recognized as Safe*) by the US Food and Drug Administration (FDA) due to antibacterial, antifungal and antioxidant properties, which indicated that they can be used in food industry (FDA, 2012). Fumigation is one of the best methods in order to avoid contamination by pests during storage without leaving residual effects (PRAKASH et al., 2014). Therefore, the present study evaluated the effects of essential oil obtained from *Z. officinale* as a fumigant agent against the growth of *A. flavus* and production of aflatoxins on stored maize grains.

## MATERIALS AND METHODS

### *Extraction and characterization of Z. officinale essential oil*

Ginger essential oil (GEO) was obtained by hydrodistillation using a Clevenger apparatus. Ginger rhizomes (200 g) acquired from a local market were placed in the apparatus alongside 500 mL of distilled water for extraction, resulting in approximately 500 µL of essential oil after 3 hours of distillation at 70 °C. After GEO was obtained, residual water was removed with anhydrous sodium sulfate (Labsynth®, Diadema, Brazil). The obtained GEO was stored at 4 °C inside an amber flask until used.

The chemical composition of GEO was analyzed by gas chromatography coupled to mass spectrometry (GC/MS) and nuclear magnetic resonance (NMR), according ADAMS (2007) and subsequently published by NERILO et al. (2016). In this study, the major components were identified as  $\alpha$ -zingiberene, geranial,  $\alpha$ -farnesene, camphene,  $\beta$ -phellandrene and neral (Table 1).

#### Microorganisms and culture conditions

*A. flavus* (AF42) was obtained from a collection of other isolated fungi stored in the Toxicology Laboratory of the State University of Maringá. The strains were kept in recipients containing silica inside refrigerators at 4 °C. For conidia production, the fungi were cultivated in potato-dextrose-agar (PDA) (Neogen® Co., Lansing, MI, USA) for 7 days at 25 °C, under no natural or artificial light, inside a BOD incubator (AGARWAL et al., 2001).

#### GEO working solutions

GEO was diluted in acetone in order to obtain solutions at concentrations of 5, 25 and 50  $\mu\text{g}/\text{mL}$ , which refer to a concentration below the minimal inhibitory concentration (MIC), to the MIC, and to a concentration above the MIC, as determined by previous studies (NERILO et al., 2016).

#### Inoculum preparation

After fungal sporulation, an aqueous sterile solution prepared with Tween 80 (0.1%) containing  $10^6$  conidia/mL was prepared. The amount of conidia was determined by optical microscopy (Nikon Instruments Inc., São Paulo, Brazil) with the aid of a Neubauer chamber.

#### Substrate preparation

The substrate of choice was maize grains irradiated with 12 kGy of gamma radiation and then aseptically stored at 4 °C, which allowed the grains to keep their germination properties. Initially, the activity of water ( $A_w$ ) measured on the grains was 0.78. In all experiments, the irradiated maize grains were weighted in sterile flasks and hydrated until they reached the desired  $A_w$  levels (0.85) by adding sterile distilled water. Flasks were kept at 4 °C during 48 hours, being periodically agitated. The amount of water required in order to obtain the desired  $A_w$  levels was determined by calibration curves according SAMAPUNDO et al. (2007). The final  $A_w$  values of the maize grains were verified by an AquaLab 3 device (Decagon Devices Inc., Pullman, WA, USA), and showed a precision of  $\pm 0.003$ .

#### In vivo fumigant efficacy of GEO against *A. flavus* in maize grains

Five sterile flasks containing 300 g of irradiated and rehydrated maize grains each were used: fungal control, positive control and 3 different treatments with GEO at 5, 25 and 50  $\mu\text{g}/\text{g}$ . On all flasks containing maize grains, with the exception of the negative controls, 10 mL of Tween 80 solution containing *A. flavus* inoculums were pulverized. Later, 1.8 mL of acetone were pulverized on the fungal control, 1.8 mL of Derosal Plus® 30  $\mu\text{g}/\text{g}$  (carbendazim and tiram) in acetone on the positive control and 1.8 mL of oil solution were pulverized on the treatments. Next, each flask containing maize grains with their respective treatments were fractioned in six portions of 50 g each. On these fractions a saline solution was added in order to create an environment with the same relative humidity. Storage was performed

Table 1 - Major compounds of *Zingiber officinalis* Roscoe essential oil (GEO).

Compounds	RI <sup>†</sup>	Percentage (%)	Identification method
$\alpha$ -Zingiberene	29.55	23.85	GC/MS, NMR
Geranial	20.12	14.16	GC/MS, NMR
$\alpha$ -Farnesene	30.06	9.98	GC/MS, NMR
Camphene	7.26	8.43	GC/MS, NMR
$\beta$ -Phellandrene	9.97	8.23	GC/MS
Neral	18.83	7.47	GC/MS

Source: Nerilo et al. (2016).

GC/MS – gas chromatography / mass spectrometry. NMR – nuclear magnetic resonance.

<sup>†</sup>Retention Index obtained with different standards from the n-alkanes series  $\text{C}_8\text{H}_{18}$ - $\text{C}_{20}\text{H}_{42}$  in column DB-5.

in recipients hermetically closed for fumigation, with relative humidity being controlled by a BOD incubator (FANEM, model 347 G, Sao Paulo, Brazil) at 27 °C for 15 days. After this incubation period, the flasks were taken out for evaluation of fungal growth and mycotoxin production.

#### *Inhibition of A. flavus growth*

The inhibition of *A. flavus* growth was determined by counting the colony forming units (CFI) observed after surface plating, which was performed diluting 50 g of sample in 200 mL of peptonated water 0.1 % (1/10). Further dilutions of 1:100, 1:1000 and 1:10000 were also made. From each dilution, 100 µL aliquots were transferred to Petri dishes containing Dichloran Rose-Bengal Chloramphenicol Agar – DRBC, in triplicates. The Petri dishes were kept in an incubator for 5 days at 25 °C. Next, the existing colonies were counted in order to determine the CFI/ mL, which was determined by counting the number of CFI and multiplying the result by the dilution used in the respective sample. Next, the CFI inhibition percentage was determined by the following formula:  $IP (\%) = [(nc-dt)/nc] \times 100$ , where *nc* is the control average counting of CFI/mL and *dt* is the treatment average counting of CFI/mL.

#### *Inhibition of aflatoxins production*

From each treatment and control, 50 g were taken out for aflatoxin extraction and later determination by high efficiency liquid chromatography (HPLC).

#### *Aflatoxins standards*

Stock solutions of each B<sub>1</sub> and B<sub>2</sub> aflatoxins were prepared by diluting the AFB<sub>1</sub> and AFB<sub>2</sub> standards in the same benzene-acetonitrile solution at concentrations of 5 µg/mL for each aflatoxin. All reagents and solvents were obtained from Honeywell Burdick & Jackson (Muskegon, MI, USA), Fisher Scientific (Fair Lawn, NJ, USA), Mallinckrodt Baker (Xalostoc, Mexico), FMaia (Cotia, Brazil), Merck (Darmstadt, Germany) and Labsynth (Diadema, Brazil). A standard solution containing a mixture of AFB<sub>1</sub> and AFB<sub>2</sub> was used to obtain a calibration curve with 7 points representing concentration as a function of area.

#### *Extraction and quantification of aflatoxins*

AFB<sub>1</sub> and AFB<sub>2</sub> were analyzed according to the method by SOARES & RODRIGUEZ-AMAYA (1989) with modifications. From each sample, 50 g were taken out and put in a mixer

(Waring Co., Torrington, CT, USA) with 270 mL of methanol (Synth, Diadema, Brazil) and 30 mL of potassium chloride 4 % (Synth), and then mixed for 5 minutes until a homogeneous solution was obtained. The mixture was filtered through a qualitative filter paper and 150 mL of the filtered solution were transferred to a new recipient. After that, 150 mL of ammonium sulfate 30% (Nuclear, Diadema, Brazil) and 20 g of celite (Nuclear) were added to the mixture, which was left still at room temperature for 5 min. The mixture was then filtered through a qualitative filter paper, and 150 mL of the filtered solution were transferred to another recipient and 150 mL of water were added to this solution. This mixture was fractionated twice with 10 mL of chloroform (Vetec, Duque de Caxias, Brazil); 5 mL from both the first and second chloroform partitions were combined and evaporated until they dried out in a water bath at 60 °C (EVLAB, model 015T, Londrina, Brazil). The residue was kept at -18 °C until the moment of further analysis.

The analyses of aflatoxins (AFB<sub>1</sub> and AFB<sub>2</sub>) were carried out by a HPLC apparatus Finnigan Surveyor (Thermo, Scientific, San Jose, CA, USA), equipped with a fluorescence detection system Finnigan Surveyor. The excitation wavelength was 430 nm and the emission wavelength was 365 nm. The residues were resuspended in 1 mL of methanol (F. Maia Indústria e Comércio Ltda., Cotia, Brasil), filtered through a 0.45 µm membrane (EMD Millipore Corporation, Billerica, MA, USA), and 100 µL of each suspension were injected in the chromatographic system. The mobile phase was composed of water-acetonitrile (65:35, v/v), and the flow rate was of 1 mL/min. The mobile phase was also filtered through a 0.45 µm membrane (EMD Millipore Corporation, Billerica, MA, USA). The chromatographic column was a C<sub>18</sub> Pickering 5 µm (250 x 4.6 mm, Pickering Laboratories®, Mountain View, CA, USA). The retention time was 10 and 13 min for AFB<sub>2</sub> and AFB<sub>1</sub>, respectively. The quantification limits of the samples were 33 and 100 ng/mL for AFB<sub>2</sub> and AFB<sub>1</sub>, respectively. The aflatoxin average recovery ratio was 85.5 %. Lastly, the inhibition percentage was calculated according to the following formula:  $\text{inhibition} (\%) = (1 - \text{treatment/control}) \times 100 \%$ .

Figure 1 shows a flowchart of the methodology used to evaluate the antifungal and antimycotoxygenic activity of essential oils in fumigation of maize grains “in situ”.

#### *Statistical analysis*

The results were expressed as mean ± standard deviation and analyzed by Student's test



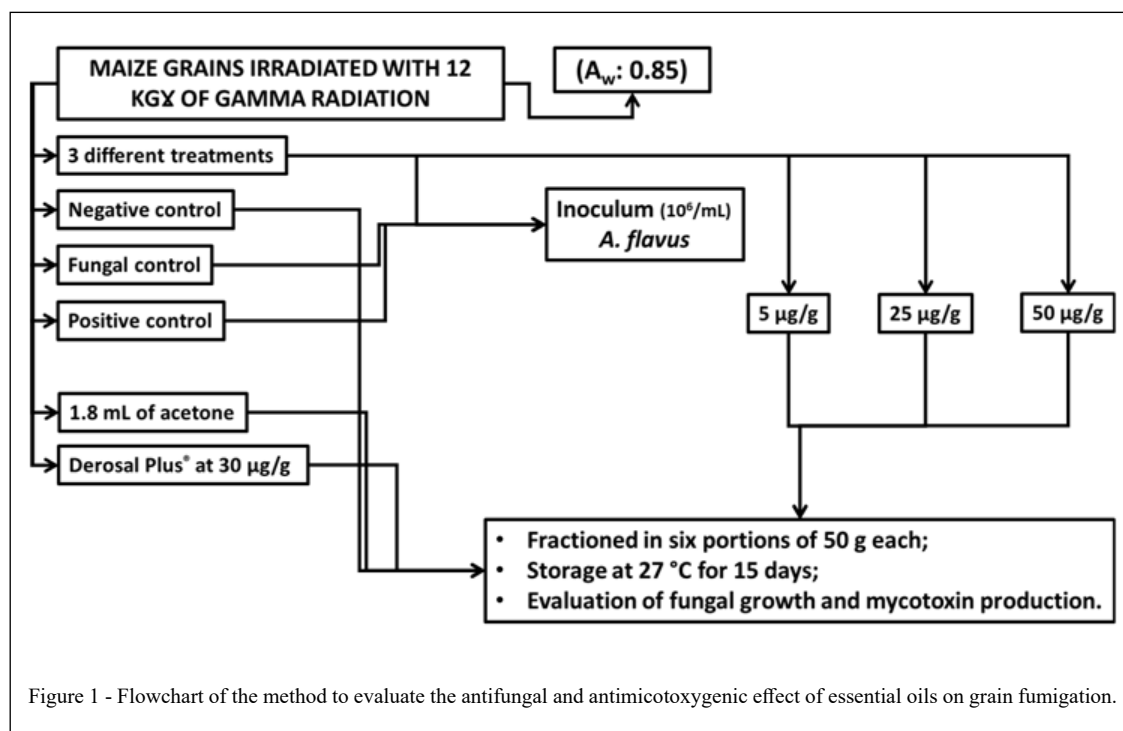


Figure 1 - Flowchart of the method to evaluate the antifungal and antimycotoxygenic effect of essential oils on grain fumigation.

when two means were compared or by one way analysis of variance (ANOVA) when multiple means were compared, followed by Tukey post-hoc test. All statistical analyses were performed using the software GraphPad Prism 6 (GraphPad Software, Inc.).

## RESULTS AND DISCUSSION

Results obtained from the GC-MS and NMR analysis are shown in table 1. The main compounds reported in GEO were  $\alpha$ -zingiberene (23.85%) and geranial (14.16%). Other compounds reported in relevant quantities were  $\alpha$ -farnesene (9.98%), camphene (8.43%),  $\beta$ -phellandrene (8.23%) and neral (7.47%). Other chemical compounds were also observed, but present in smaller concentrations (NERILO et al., 2016). Therefore, there is a good correlation with other studies which also point  $\alpha$ -zingiberene as the main compound of GEO, even if others can be reported as constituting the majority, such as geranial or gingerol (DABAGUE et al., 2011). It is reported that variations in both quantity and quality of polyphenols found in aromatic plants occur due to several factors, such as plant genetics and cultivars, the composition of soil and growth conditions, growth stage and post-harvest conditions

(AGARWAL et al., 2001; DABAGUE et al., 2011; SONKER et al., 2014; KOHIYAMA et al., 2015).

In this study, we present evidence that fumigation with GEO displays high antifungal activity against *A. flavus*. It was possible to determine that all tested concentrations demonstrated high rates of fungal growth inhibition, and that for the 25 and 50 µg/g GEO concentrations such inhibition was complete after 14 days of incubation (Table 2). THANABORIPAT et al. (2004) demonstrated that citronella EO at a 1000 µg/g inhibited *A. flavus* growth for no more than 3 days, while it was completely inhibited for 28 days at a citronella EO concentration of 5000 µg/g. PASSONE et al. (2013) observed inhibitions of 93-100% upon *A. flavus* when using doses superior to 1.5 µg/g of boldo essential oil after 300 h of incubation at  $A_w$  of 0.98, 0.95 and 0.93. Only the highest concentration evaluated (3000 µg/g) of five EOs of *Pimpinella anisum* L. (aniseed), *Pneumus boldus* Mol (boldo), *Hedeoma multiflora* Benth (mountain thyme), *Syzygium aromaticum* L. (clove) and *Lippia maizeeto* var. *Integrifolia* (Griseb) demonstrated the ability to maintain antifungal activity for an incubation period of 35 days in maize grains (BLUMA & ETCHEVERRY, 2008). The *Artemisia nilagirica* EO enhanced the shelf life of

table grapes for up to nine days against *A. flavus*, *A. niger* and *A. ochraceus* with 300 µg/g (SONKER et al., 2014). The *Rosmarinus officinalis* EO at a 1500 µg/g significantly protected *Piper nigrum* fruits against *A. flavus* up to 6 months *in vivo* experiment (PRAKASH et al., 2015).

There was a significant reduction of aflatoxins produced by *A. flavus* in all GEO concentrations evaluated (Table 2, Figure 2). The traditionally used antifungal for seed treatment as well as different GEO concentrations reduced aflatoxin production, the concentrations of 25 and 50 µg/g of GEO being the most efficient (Figure 3).

GEO showed a dose-dependent antifungal activity. However, it did not show any antimycotoxigenic effect, as the reduction of aflatoxin production seen in higher concentrations occurred due to the great reduction in the amount of viable cells (CFI/mL), as shown in figure 3 and table 2.

Other authors also demonstrated the fumigant effect of EOs with antifungal and antimycotoxigenic actions. In maize grains, SINHA et al. (1993) showed that cinnamon and clove EOs were capable of inhibiting aflatoxin production by *A. flavus* after 10 days under favorable conditions for aflatoxin production. PASSONE et al. (2013) observed inhibition of 100 % at concentrations of 1.5 µg/g of boldo EO applied to nuts for an incubation period of 300 h. THANABORIPAT et

al. (2004) demonstrated that aflatoxin production on maize grains was inhibited for only 3 days at a concentration of 10 µg/g of citronella EO, while AFB<sub>1</sub> production was completely inhibited for 28 days at a concentration of 50 µg/g.

We demonstrated in previous studies that GEO at 15 µg/g was capable of reducing fungal growth and production of AFB<sub>1</sub> and AFB<sub>2</sub> almost completely (98.1 to 99.9 % inhibition) *in vitro* (NERILO et al., 2016). However, the required concentrations in order to control fungal growth and production of AFB<sub>1</sub> and AFB<sub>2</sub> in sterilized maize grains were way higher (25 to 50 µg/g). These findings were similar to the ones reported by MONTES-BELMONT & CARVAJAL (1998), HOPE et al. (2003) and BLUMA and ETSCHEVERRY (2008). HOPE et al. (2002) suggested that extrapolation of results obtained from *in vitro* experiments to *in situ* experiments must be cautious; they attributed special importance to the fact that, while low concentrations (50 to 100 µg/g) of different EOs were efficient *in vitro*, concentrations way higher than 500 µg/g were necessary in order to control the growth of *F. culmorum* in sterilized wheat grains *in situ*.

Some researchers reported that there is a correlation between the chemical structures of the most abundant compounds found in EOs and their antimicrobial activity (MONTES-BELMONT & CARVAJAL, 1998; AGARWAL et al., 2001;

Table 2 - Fumigant effect of the different *Zingiber officinale* Roscoe (GEO) concentrations on maize grains upon *Aspergillus flavus* and aflatoxins production (AFB<sub>1</sub> and AFB<sub>2</sub>).

[ ] GEO (µg/g)	CFI/mL (% of inhibition)	-----Aflatoxins (ng/mL)-----	
		-----(% of inhibition)-----	
		AFB <sub>1</sub>	AFB <sub>2</sub>
FC	2.5 x 10 <sup>6</sup>	26986.54±1004.99	1419.12±104.60
CP	8.0 x 10 <sup>2</sup> <sup>a</sup> (99.97)	12353.09±145.66 (54.22) <sup>a,b</sup>	521.73±10.55 (63.24) <sup>a</sup>
5	3.3 x 10 <sup>3</sup> <sup>a</sup> (99.87)	12428.38±110.08 (53.95) <sup>a,b</sup>	831.93±25.17 (41.38) <sup>a</sup>
25	4.0 x 10 <sup>0</sup> <sup>a,b</sup> (99.99)	1744.09±90.03 (93.54) <sup>a,c</sup>	95.51±1.53 (93.27) <sup>a,d</sup>
50	4.0 x 10 <sup>0</sup> <sup>a,b</sup> (99.99)	1554.53±80.13 (94.24) <sup>a,c</sup>	90.83±1.06 (93.60) <sup>a,d</sup>

FC: fungal control (inoculum without GEO or synthetic fungicide).

PC: positive control (Derosal Plus® 30 µg/g).

a: statistically different from control (P<0.05).

b: statistically equal between themselves (P>0.05).

c: statistically equal between themselves (P>0.05).

d: statistically equal between themselves (P>0.05).

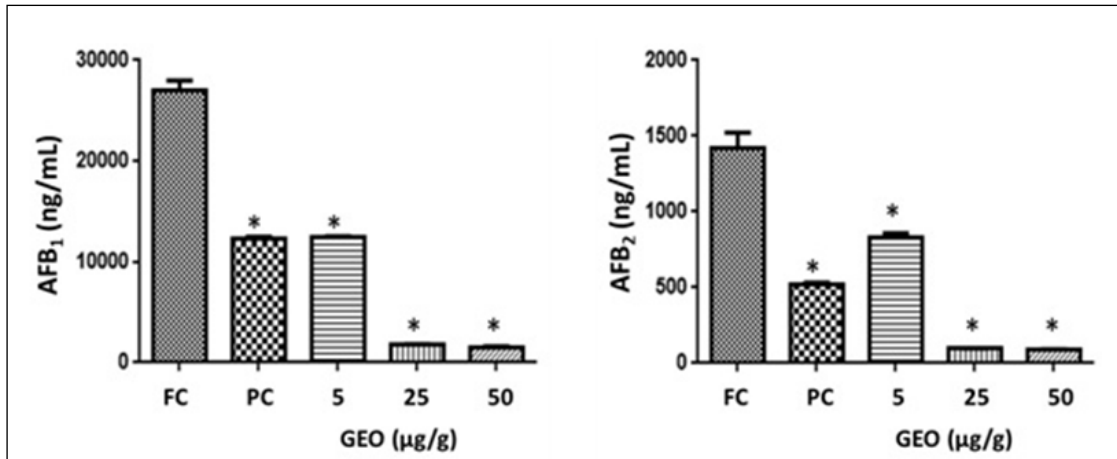


Figure 2 - Effect upon aflatoxins B1 and B2 production of different concentrations of *Zingiber officinale* Roscoe essential oil (GEO) (5 – 50 µg/g) and synthetic antifungal (Derosal Plus®) (30 µg/g) when fumigated on *Aspergillus flavus*. PC – positive control (inoculum and Derosal Plus®). FC - fungal control (inoculum without GEO or synthetic fungicide). Aflatoxins concentrations were determined by HPLC/fluorescence (\*P<0.05).

FERREIRA et al., 2013; PRAKASH et al., 2015; WANG et al., 2018; LASRAM et al., 2019). There are evidences showing that secondary compounds play an important role in assuring antimicrobial activity of EOs, possibly due to a synergistic effect that emerges from the interaction with other secondary compounds (PRAKASH et al., 2015; WANG et al., 2018;

LASRAM et al., 2019). Considering the extensive number of different chemical compounds in EOs, the most probable theory is that their antimicrobial activities are not attributable to a single specific mechanism, but rather to the existence of several cell targets (PRAKASH et al., 2015; WANG et al., 2018; LASRAM et al., 2019). WANG et al. (2018) and

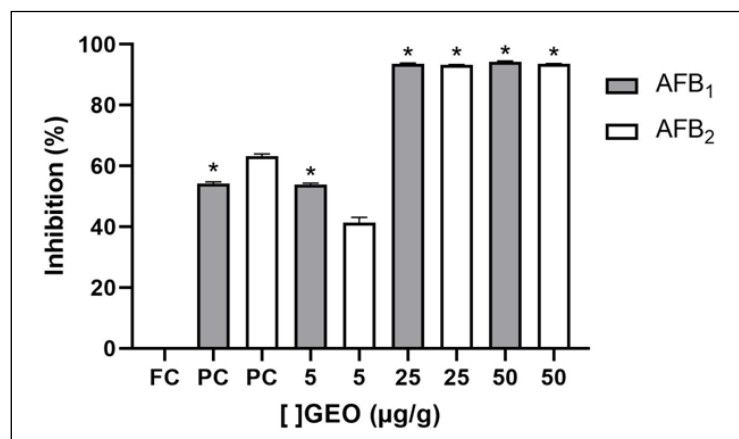


Figure 3 - Antifungal activity upon *Aspergillus flavus* development and production of aflatoxins B1 and B2 by different concentrations of fumigated *Zingiber officinale* Roscoe essential oil (GEO). PC – positive control (inoculum and Derosal Plus®). FC - fungal control (inoculum without GEO or synthetic fungicide) (\*P<0.05).

LASRAM et al. (2019) also observed differences in antifungal and anti-mycotoxigenic activities of EOs as a whole when compared to some of their major chemicals when isolated.

The first step in fighting fungal contamination refers to applying fungicides on the field. Fungicides can be applied post-harvest, as long as they do not harm the appearance or the quality of the treated products. However, the excessive use of fungicides on crops has been one of the main causes for development of resistant plant pathogens, which results in the use of even higher concentrations of such fungicides and the inevitable increase of toxic residues on produce. We demonstrated promising results showing that fumigation with GEO was comparable in efficiency with Derosal Plus® (a contact and systemic fungicide from groups benzimidazole and dimethyldithiocarbamate), traditionally used for the treatment of maize seeds, inhibiting the development of *A. flavus* and consequently reducing the contamination with AFB<sub>1</sub> and AFB<sub>2</sub> on the maize used in the experiment.

## CONCLUSIONS

These results clearly indicate that GEO should find practical use as an antifungal agent and therefore be capable of reducing aflatoxins contamination in stored maize grains. The antifungal efficacy of GEO against *A. flavus* was demonstrated in a dose-dependent manner through in situ test (maize grains). GEO inhibited aflatoxin production and controlled fungal growth at concentrations 25 and 50 µg/g, respectively. The advantage that GEO and other EOs possess is that they are bioactive even as fumes, which makes protection of stored products, such as maize grains, viable. Fumigation with GEO can be used as an environment-friendly fungicide, highly-effective with low MIC, strong fungitoxicity and aflatoxins-inhibiting activity.

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## DECLARATION OF CONFLICT OF INTERESTS

The authors declare no conflict of interest. The founding sponsors had no role in the design of the study; in the

collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

## AUTHORS' CONTRIBUTIONS

SBN, EMG and MMJ designed the study. SBN, JCZR, LPN, GHOR, NSZ and MMJ acquired the data. SBN and MMJ analyzed the data, and SBN, EMG, BAAF and MMJ contributed to the writing of the manuscript. All authors critically revised the manuscript and approved of the final version.

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