



Clinical significance of miR-140-5p and miR-193b expression in patients with breast cancer and relationship to IGFBP5

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Abstract

The functional role of IGFBP5 in breast cancer is complicated. Experimental and bioinformatics studies have shown that IGFBP5 is targeted by miR-140-5p and miR-193b, although this has not yet been proven in clinical samples. The aim of this study was to evaluate the expression of miR-140-5p and miR-193b in breast cancer and adjacent normal tissue and assess its correlation with IGFBP5 and the clinicopathological characteristics of the tumors. IGFBP5 protein expression was analyzed immunohistochemically and IGFBP5, miR-140 and miR-193b mRNA expression levels were analyzed with real-time RT-PCR. Tumor tissue had higher miR-140-5p expression than adjacent normal tissue ($p = 0.015$). Samples with no immunohistochemical staining for IGFBP5 showed increased miR-140-5p expression ($p = 0.009$). miR-140-5p expression was elevated in invasive ductal carcinomas ($p = 0.002$), whereas basal-like tumors had decreased expression of miR-140-5p compared to other tumors ($p = 0.008$). Lymph node-positive samples showed an approximately 13-fold increase in miR-140-5p expression compared to lymph node-negative tissue ($p = 0.049$). These findings suggest that miR-140-5p, but not miR-193b, could be an important determinant of IGFBP5 expression and clinical phenotype in breast cancer patients. Further studies are needed to clarify the expressional regulation of IGFBP5 by miR-140-5p.

Keywords: breast cancer, ER alpha, IGFBP5, micro RNA, miR-140, miR-193b.

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Introduction

Breast cancer is the most common cancer and the leading cause of cancer-related deaths among women worldwide, according to the World Health Organization (WHO). The treatment of breast cancer remains largely ineffective, primarily because of the complex etiology of this disease, acquired drug resistance and our incomplete understanding of the molecular pathways involved (Eroles *et al.*, 2011).

The insulin-like growth factor (IGF) signaling pathway has an important role in cell growth, differentiation, apoptosis regulation (Valentinis and Baserga, 2001) and tumor development (Khandwala *et al.*, 2000). IGF signaling involves two growth factors (IGF-I, IGF-II), two IGF receptors (IGF-IR, IGF-IIR), seven well-defined IGF-bin-

ding proteins (IGFBPs), a group of IGFBP-related proteins that bind IGFs with low affinity and IGFBP proteases. IGFBP5, the most conserved member of the IGFBP family, (Mohan and Baylink, 2002) is involved in carcinogenesis via IGF-dependent and independent pathways (Beattie *et al.*, 2006; Krickler *et al.*, 2010), and influences the rate of apoptosis, cell motility and survival (Akkiprik *et al.*, 2008; Güllü *et al.*, 2012).

The functional role of IGFBP5 in breast cancer is complex, with numerous studies examining its involvement in cell survival and apoptosis in normal and cancer cells. Butt *et al.* (2005) showed that IGFBP5 activated caspases 8 and 9 and caused apoptosis through Bcl-2 in the intrinsic apoptotic pathway in MDA-MB-231 breast cancer cells. IGFBP5 has been reported to inhibit cell growth and cause G2/M arrest in human breast cancer and PANC-1 pancreatic cancer cells (Butt *et al.*, 2005; Johnson and Haun, 2009). IGFBP5 protein levels in breast cancer patients are related to metastasis, poor prognosis, drug sensi-

tivity and limited response to endocrine treatment, although some studies have suggested anti-metastatic and anti-migratory effects for this protein (Becker *et al.*, 2012). Identification of the molecular regulators of IGFBP5 expression in breast cancer patients is critical to understanding the developmental mechanisms of breast cancer.

Epigenetic factors, such as micro RNAs (miRNA), may regulate IGFBP5 expression level in breast cancer. miRNAs are small, non-protein coding RNA gene products 20-24 nucleotides long that mediate target mRNA degradation or translation (Palmero *et al.*, 2011). miRNAs can serve as oncogenes or tumor suppressors. Bioinformatics analyses have shown that miR-193b targets IGFBP5 but this association has not yet been demonstrated experimentally. miR-140 expression was recently shown to be reduced in response to estrogen stimulation of ER α -positive breast cancer cells (Zhang *et al.*, 2012). Promoter analyses revealed that ER α binds to a specific estrogen response element flanking the miR-140 promoter and suppresses miR-140 transcription. The stem cell self-renewal regulator SOX2 is a novel target of miR-140 and the miR-140/SOX2 pathway that critically regulates the survival of breast tumor cells. This finding provides a new link between ER α signaling and breast cancer stem cell maintenance (Zhang *et al.*, 2012). miRNA microarray analysis of breast cancer tissue samples revealed that miR-140 is down-regulated more than two-fold in primary breast cancer samples than in adjacent normal tissues (Yan *et al.*, 2008). The transfection of chondrocytes with pre-miR-140 has shown that IGFBP5 is a direct target of miR-140 (Tardif *et al.*, 2009). Inconsistent expression analysis results of mesenchymal stromal cells suggest that miR-140 has tissue-specific effects on IGFBP5 expression (Buechli *et al.*, 2013).

ER-negative breast cancer patients have lower IGFBP5 mRNA levels than ER-positive patients (Li *et al.*, 2007), although some studies have reported no association between IGFBP5 levels and ER expression (Mita *et al.*, 2007). ER-positive breast cancer patients with low levels of IGFBP5 mRNA have a better disease-free survival rate (Mita *et al.*, 2007). One of the best-known ER α -regulating miRNAs is miR-193b and ER α -negative tumors have lower miR-193b expression than ER α -positive tumors (Yoshimoto *et al.*, 2011). Increased expression of miR-193b decreases tumor migration, invasion and proliferation. Leivonen *et al.* (2009) reported that miR-193b directly targets ER α by binding to the 3-UTR region of ER α to inhibit estrogen-induced proliferation; consequently, higher levels of miR-193b expression led to better disease-free survival in breast cancer patients.

IGFBP5 expression, which is known to be regulated by miR-140-5p, has variable expression in breast cancer tissue. miR-140-5p can be regulated by ER expression and ER expression is known to be altered by miR-193b. Our aim in this study was to analyze the expression levels of

IGFBP5, miR-140-5p, miR-193b and ER α in breast cancer tissues, and their relation to each other and to the patients clinicopathological characteristics.

Materials and Methods

Specimen collection

Human breast cancer Formalin-fixed, paraffin-embedded (FFPE) sections were provided by Gülhane Military Medical Academy Haydarpaşa Training Hospital (Istanbul, Turkey). All patients provided written informed consent prior to participation in this study. All patients were diagnosed with breast cancer between 2005 and 2011 and had undergone mastectomy. Forty-eight tumor samples were examined by pathologists and divided into subgroups based on their expression of ER, PgR, Her2, CK5/6 and EGFR: 11 were classified as Luminal A, 11 as Luminal B, 12 as Her2 and 14 as Basal-like (www.cap.org). The Her2 status of tumor samples was determined by fluorescence *in situ* hybridization (FISH).

This study was done with the understanding and written consent of each subject, and conformed to The Code of Ethics of the World Medical Association (Declaration of Helsinki), as published in the *British Medical Journal* (18 July 1964). Marmara University Clinical Research Ethical Committee approved this study on 03/21/2012 (protocol no: 53).

RNA, miRNA isolation and cDNA synthesis

FFPE sections of the tissue samples were deparaffinized prior to miRNA isolation. miRNA was extracted using High Pure miRNA isolation kits (Roche, Germany), according to the manufacturer's instructions. The concentration and purity of RNA were determined spectrophotometrically based on the absorption at 260 to 320 nm. DEPC-treated water used in all spectrophotometric analyses. 20 ng of miRNA was used for cDNA synthesis in a reaction volume of 20 μ L. cDNA was synthesized using a Universal cDNA synthesis kit (Exiqon, USA), according to the manufacturer's instructions. cDNA samples were stored at -20 °C until used.

The isolation of total RNA from FFPE sections was done using a Roche High Pure RNA paraffin kit (Roche), according to the manufacturer's instructions. 500 ng of total RNA was used for cDNA synthesis in a reaction volume of 20 μ L, in conjunction with a Transcriptor High Fidelity cDNA synthesis kit (Roche).

Immunohistochemistry

Three-micrometer thick FFPE sections of breast tumor tissue and adjacent normal tissue were analyzed for IGFBP5 protein expression by an immunohistochemical method using a Peroxidase Detection System kit (Novacastra Laboratories Ltd., UK), according to the manufacturer's instructions. After deparaffinization and antibody

retrieval, tissue sections were incubated overnight with IGFBP5 primary antibody (antibody C-18, diluted 1:50; Santa Cruz Biotechnology, Santa Cruz, CA, USA), washed with phosphate-buffered saline (PBS) and incubated with secondary antibody for 30 min. IGFBP5 protein was visualized using streptavidin-HRP and diaminobenzidine (DAB).

Two independent pathologists performed immunohistochemistry on 48 tumor samples and 32 samples of adjacent normal tissue. Sections that contained no stained cells were classified as negative (-), sections with 1-3 stained cells out of 10 cells examined were classified as low positive (+), those with 4-7 stained cells out of 10 cells were classified as medium positive (++) and those with 8-10 stained cells out of 10 cells were classified as strongly positive (+++). Positive staining was observed in 34 of the tumor and 22 of the normal tissue samples and all positive staining was cytoplasmic. Negative, low and strong stainings are shown in Figure 1.

Real-time quantitative PCR (Q-PCR)

Real-time quantitative PCR for miR-193b and miR-140 was done using miRCURY LNA Universal RT microRNA PCR SYBR Green master mix (Exiqon, Vedbaek, Denmark) and an RNU-5G PCR primer set for the reference gene, an miR140-5p primer set for miR-140 and an miR-193b primer set for miR-193b (Exiqon, Vedbaek, Denmark). Thermocycling conditions in a Biometra TPersonal system (Goettingen, Germany) were as follows: polymerase activation at 95 °C for 10 min, followed by 50 amplification cycles of 95 °C for 10 s and 60 °C for 1 min. Melting curves were obtained from 40-95°C with continuous ramps of 0.1 °C. All reactions were done in duplicate for the reference gene, miR-140, miR-193b and no-template samples. All analyses and quantifications were done using LightCycler 480 software (Roche, Germany). Relative expression was quantified by the delta delta Ct method subsequent to the normalization of miR-140 and miR-193b expression in relation to RNU-5G.

Real-time quantitative PCR for IGFBP5 and β -actin (reference housekeeping gene) were done using

LightCycler 480 Probes Master (Roche). An aliquot of cDNA (2.5 μ L) was used in a reaction volume of 10 μ L. All reactions were done in duplicate, and all analyses and quantifications were done using LightCycler 480 software. Relative expression was quantified by the delta delta Ct method, subsequent to the normalization of IGFBP5 expression in relation to β -actin.

Statistical analysis

Statistical analysis was done using SPSS Statistics 17.0 software. miR-140 expression levels in IGFBP5-positive samples were compared with IGFBP5-negative samples, and tumor diameter and vascular invasion were compared between the two groups with the Mann-Whitney U-test. The correlation between miR-140-5p and miR-193b expression was calculated using Spearman's correlation coefficient, $p < 0.05$ indicate significance. Table 1 summarizes the statistical significance of the various variables for tumor tissues.

Results

Patient demographics and tumor characteristics

Table 2 summarizes the histology, histological grade, tumor diameter, nuclear grade, vascular invasion and lymph node status for the patients examined in this study. Some of the data are missing and these missing items were excluded from the statistical analyses. All statistical analyses of miRNA expression and the clinicopathological characteristics are shown in Table 1.

miR-140 and miR-193b expression in breast cancer tissue and adjacent non-cancerous tissue

The miRNA expression in tumor ($n = 48$) and adjacent normal ($n = 32$) tissues was examined to determine whether miR-140 or miR-193b expression was a tumorigenic property (Figure 2). Tumor tissue samples had higher miR-140-5p expression than adjacent normal tissues (mean = 261.7 and median = 1.8 for tumor samples and mean = 18.79 and median = 0.57 for normal tissues; $p = 0.015$). These results indicate that enhanced miR-140

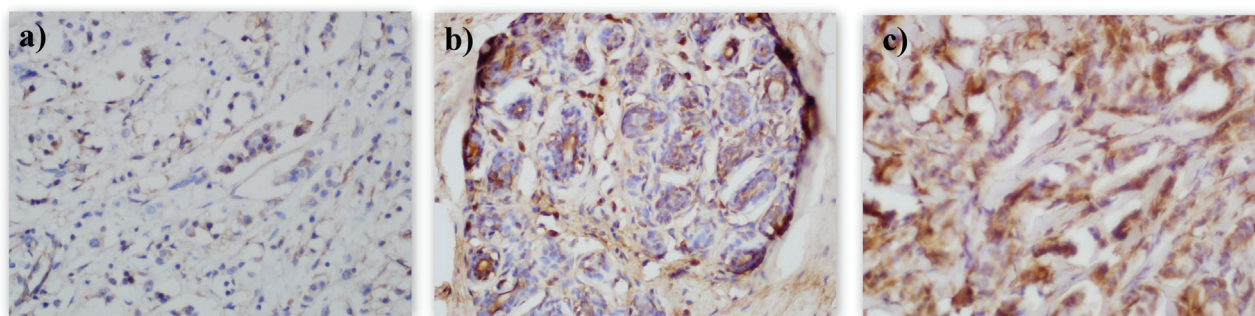


Figure 1 - Immunohistochemical staining for IBFBP5 in breast tissue. (A) Low (+), (B) medium (++) and (C) strong (+++) positive cytoplasmic staining for IGFBP5.

Table 1 - miR-140-5p and miR-193b expression in invasive breast carcinomas in relation to clinicopathological characteristics and IGFBP5 expression

Variables	No of cases	miR-140-5p expression (median)	p	miR-193b expression (median)	p
Age (years)					
≤ 60	24	3.41	0.433	0.80	0.184
> 60	24	1.12		1.99	
ERα status					
Positive	22	6.92	0.200	1.51	0.542
Negative	26	1.01		1.07	
Histology					
Invasive ductal	26	41.57	0.002	1.69	0.121
Other	19	0.62		0.69	
Her2 Status					
Her2 -	25	1.01	0.089	0.98	0.613
Her2 +	23	6.96		2.44	
Subtype					
Luminal	22	6.92	0.200	1.51	0.542
Other	26	1.09		1.07	
Subtype					
Basal-like	14	0.53	0.008	0.87	0.252
Other	34	11.36		2.13	
Tumor size (cm)					
< 2.5	21	0.72	0.126	0.59	0.011
≥ 2.5	22	6.14		2.62	
IHC (+ vs -)					
IGFBP5-	14	294.6	0.006	2.63	0.252
IGFBP5+	34	1.01		1.03	
IHC (low vs high)					
IGFBP5 Low	33	2.00	0.648	1.46	0.155
IGFBP5 High	15	1.01		0.80	
Lymph node status					
Negative	18	0.80	0.049	0.84	0.127
Positive	25	9.03		2.76	
Vascular invasion					
Negative	26	1.40	0.07	1.03	0.312
Positive	16	180.9		2.63	
IGFBP5 mRNA					
Low	23	1.00	0.102	0.80	0.063
High	23	4.81		1.83	

ER - estrogen receptor, IHC - immunohistochemistry. $p < 0.05$ indicates significance (Mann-Whitney U-test).

expression was characteristic of tumors and could be a potential biomarker for breast cancer. There was no difference in the miR-193b expression of tumors and adjacent normal tissue.

Spearman's correlation was used to assess the correlation between miR-140-5p and miR-193b expression in tissue samples and both were found to be positively correlated in tumor samples ($n = 48$), in normal tissue samples ($n = 32$) and in all tissue samples ($n = 80$) (correlation coef-

ficient (CC) = 0.616, $p = 0.000$ for tumor tissue, CC = 0.507, $p = 0.003$ for normal tissue, and CC = 0.583, $p = 0.0000$ for all samples, respectively).

IGFBP5 protein immunohistochemistry and correlation with miR-140 and miR-193b

Tumor tissue samples and all tissue samples were classified into two groups as IGFBP5-positive (expressing the protein) and IGFBP5-negative (not expressing the pro-

Table 2 - Patient demographics and tumor characteristics.

Variable	Values percentages (%) and number of cases (n)	
Age (years)	61.4 ± 15.6 (range: 33-91)	
Missing	n = 0	
Tumor diameter (cm)	2.95 ± 1.71 (range: 0.8-10)	
Missing	n = 6	
	n	%
Histology		
Invasive ductal	26	54.2
Invasive lobular	13	27.1
Medullary	2	4.2
Invasive mixed	3	6.3
Invasive micropapillary	1	2.1
Missing	3	6.3
Histologic grade		
1	2	4.2
2	22	45.8
3	5	10.4
Missing	19	39.6
Nuclear grade		
1	1	2.1
2	25	52.1
3	3	6.2
Missing	19	39.6
Vascular invasion		
Positive	16	33.3
Negative	26	54.2
Missing	6	12.5
Lymph node		
Positive	25	52.1
Negative	18	37.5
Missing	5	10.4
Tumor type		
Her2	12	25.0
LumA	11	22.9
LumB	11	22.9
Basal	14	29.2
Tumor IGFBP5 IHC		
Positive	34	70.8
Negative	14	29.2
Normal tissue IGFBP5 IHC		
Positive	22	68.8
Negative	10	31.2

tein). Based on this classification, 29.2% of tumor samples and 31.3% of normal tissue samples were IGFBP5-negative and there was no significant difference between the two groups. Differences in miR-140-5p expression between these groups were analyzed with the Mann-Whitney U-test. Tumor samples (n = 48) and all of the samples that were analyzed immunohistochemically (n = 80; regardless of whether they were normal or tumor tissue) showed greater miR-140-5p expression in IGFBP5-negative than in IGFBP5-positive samples (p = 0.006 and 0.009, respectively) (Figure 3). Immunohistochemically IGFBP5-negative samples showed increased expression of miR-140-5p, but this was not the case for miR-193b.

mRNA expression of IGFBP5 and correlation with miR-140 and miR-193b

Spearman's correlation coefficient was also used to examine the correlation between the protein (immunohistochemistry) and mRNA (RT-PCR) levels of IGFBP5. Based on this analysis, IGFBP5 protein expression in tumor samples was found to be negatively correlated with mRNA expression of this protein (CC = -0.295; p = 0.047), when protein expression [in which negative and low positive (+) staining were considered as negative results, and medium positive (++) and strong positive (+++) staining were considered as positive results] was compared with IGFBP5 mRNA expression levels, calculated relative to the reference gene [low (< 1) and high (> 1)] (Table 3). Although there was no significance, IGFBP5 mRNA-negative samples showed a tendency to express higher levels of miR-140-5p, which suggested that miR-140-5p could post-transcriptionally regulate IGFBP5 expression.

Relationship between the clinicopathological characteristics and miR-140, miR-193b and IGFBP5 protein levels

There was no correlation between miR-193b and miR-140-5p expression and patient age, ER α status, Her2 status, vascular invasion and nuclear grade. However, invasive ductal carcinomas showed greater expression of miR-140-5p than other histological types (p = 0.002, median expression = 41.57 and 0.618 for invasive ductal carcinomas and others, respectively). No such association was seen for miR-193b. On the contrary, basal-like tumors showed decreased expression of miR-140-5p compared to other tumors (median miR-140 expression = 0.525 and 11.36 for basal-like tumors and other tumors, respectively; p = .008). No such relationship was observed for miR-193b. Lymph node-positive samples had an approximately 13-fold greater expression of miR-140-5p than lymph node-negative samples (median expression = 0.799 and 9.031 for lymph node-negative and -positive samples, respectively; p = 0.049).

Comparison of the diameters of vascular invasive and non-invasive tumors based on the Mann-Whitney U-test

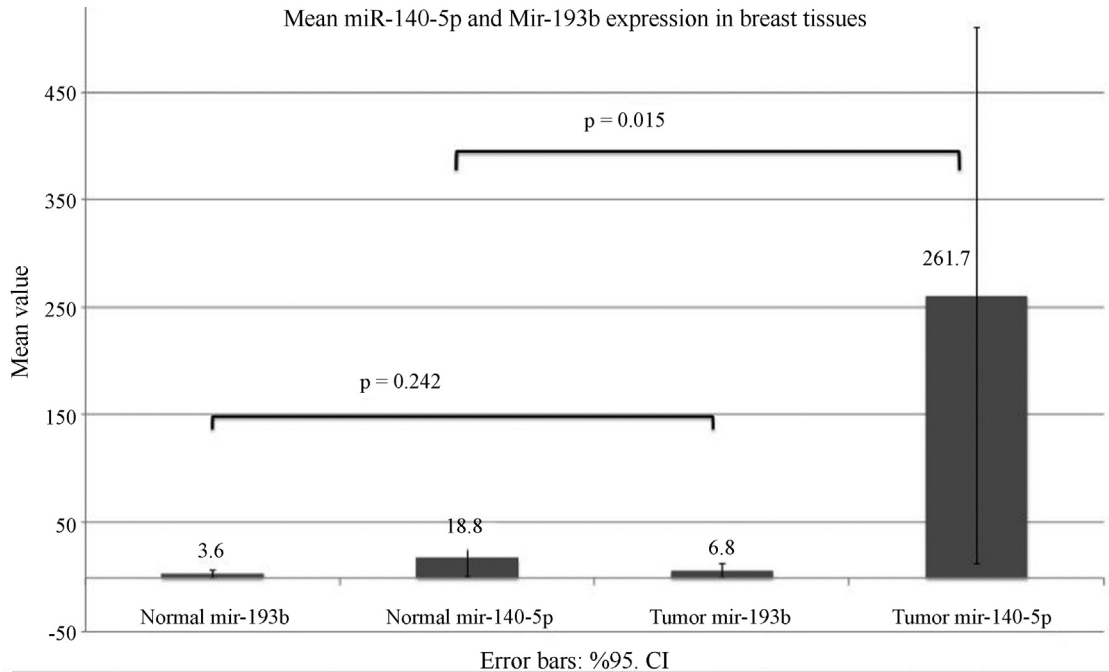


Figure 2 - Expression profiling data for miR-140 and miR-193b in breast cancer and normal tissue. miR-140 expression was significantly upregulated in breast cancer tissue (miR-140 expression in breast cancer tissue was ~14 fold that of normal tissue; $p = 0.015$) whereas miR-193b expression was not significantly different from that of normal tissue ($p = 0.242$). The first two columns from left are the mean of normal breast tissue samples, the last two columns are the mean of tumor breast tissue samples and the error bars indicate the 95% confidence intervals (CI).

showed that the former were greater than the latter ($n = 42$, $p = 0.003$). The median diameter of vascular non-invasive tumors was 2.05 cm. Tumors > 2.5 cm in diameter had greater expression of miR-193b than tumors < 2.5 cm (median expression = 0.59 and 2.62 for small and large tumors, respectively; $p = 0.011$).

All of the tumor samples and 27 of the adjacent normal tissue samples were miR-193b-positive and only five of the adjacent normal tissues were negative; all samples of the latter group were immunohistochemically IGFBP5-positive and four were ER-negative. There was no significant correlation between the expression levels of IGFBP5, ER and miR-193b.

Discussion

We analyzed miRNA expression in breast cancer tumors ($n = 48$) and adjacent normal mammary ($n = 32$) tissues and found that tumor tissue had higher miR-140-5p expression than adjacent normal tissue. miR-140 has been considered a possible tumor suppressor miRNA because of its regulatory actions in the MAPK/ERK, TGF- β and SOX2 pathways (Zhang *et al.*, 2012; Yang *et al.*, 2013). However, as shown here, breast tumor samples had higher expression of miR-140 than normal breast tissue, although it was found to be down-regulated in some breast tumors. The role of miR-140 in breast tumorigenesis is unclear, but has been associated with drug resistance, tumor growth and metastasis in various cancers. miR-140 and SOX2, a stem

cell self-renewal regulator, are crucial components in the maintenance of breast cancer stem cells. The expression of miR-140 in ER α -positive breast cancer cells decreases subsequent estrogen stimulation because ER α suppresses miR-140 transcription by binding to the estrogen response element flanking the miR-140 promoter. miR-140 targets the SOX2 gene, thereby regulating breast tumor cell survival (Zhang *et al.*, 2012). However, we found no association between ER α -positive breast cancer tissue and miR-140 expression levels.

Recent studies have described anti-proliferative and anti-metastatic effects of miR-140 in Hepatocellular carcinoma (HCC), which suggests a possible role in tumor suppression. miR-140 targets the Tissue Growth Factor β receptor 1 (TGFBR1) and Fibroblast Growth Factor 9 (FGF9), thereby inhibiting TGF- β and MAPK/ERK signaling (Yang *et al.*, 2013). Our findings indicate that miR-140 expression has tumorigenic activity and could be a potential biomarker for breast cancer. However, more data about patient demographics and clinical outcome are needed to evaluate whether patients with higher expression of miR-140 have any clinical advantage, such as response to treatment, metastasis-free survival, disease-free survival and overall survival.

Recently, Li *et al.* (2013) showed that miR-140 expression is down-regulated in ductal carcinoma *in situ* (DCIS) stem cells compared to normal mammary stem cells, and that SOX9 and ALDH1, direct targets of

mir 140-5p expression

IHC 0	N	Valid	24
		Missing	0
		Mean	345.79398
IHC 1, 2, 3	N	Valid	56
		Missing	0
		Mean	86.88083

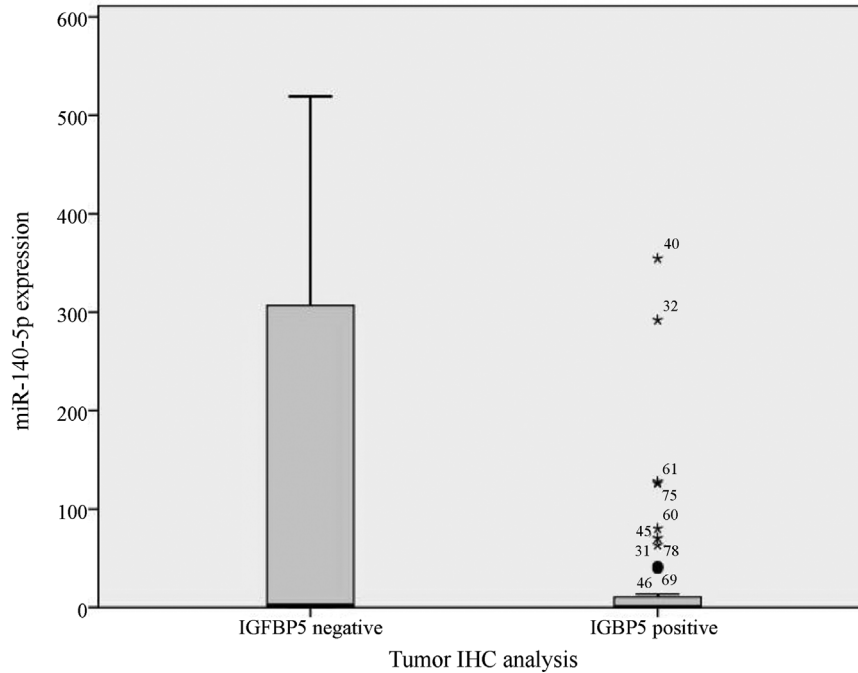


Figure 3 - miR-140-5p expression in tissues with positive and negative immunohistochemical staining for IGFBP5. Of the 80 samples analyzed immunohistochemically, those that were IGFBP5-negative showed significantly greater miR-140-5p expression than IGFBP5-positive samples ($p = 0.009$; Mann-Whitney U-test); miR-140 expression is 4-fold less than in tissues that do not express IGFBP5 protein. The numbers beside some of the asterisks (*) states the sample number. The error bars indicate the 95% confidence intervals (CI).

Table 3 - Correlation between IGFBP5 mRNA (RT-PCR) and protein (immunohistochemistry - IHC) expression levels.

		IHC results		
		Negative	Positive	Total (n)
mRNA ex-pression	Low	13	11	24
	High	18	4	22
Total (n)		31	15	46

miR-140, were markedly activated in DSIC stem cells. Restoration of miR-140 expression in ER α -negative/basal-like DCIS cells resulted in a decrease in SOX9 and ALDH1 expression and decreased tumor growth *in vivo* (Li *et al.*, 2013). As shown here, ER α -negative/basal-like samples had the lowest miR-140 expression (2.5-fold and 4-fold lower than in other tumors and normal tissue samples, respectively). This could explain the aggressiveness of basal-like tumors in which miR-140 is suppressed,

stem cell factors are induced and the tumors are more resistant to therapy. Normal tissues had about a 15-fold lower expression of miR-140 compared to tumors, excluding ER α -negative/basal-like tumors. Based on these findings, we conclude that normal breast tissues need optimal expression of miR-140 for cell renewal, and that basal-like tumors, which have lower expression of this protein, have aggressive characteristics compared to other types of breast cancer.

Invasive ductal tumors showed a 70-fold greater miR-140 expression than other tumors (median = 42.57 and 0.618, respectively; $p = 0.002$). In addition, patients with positive lymph nodes had greater expression of miR-140 than the other groups (median expression = 0.80 and 9.03, respectively; $p = 0.049$); this finding suggests that miR-140 may be involved in lymph node invasion. To our knowledge, this is the first demonstration of a significant association between miR-140 and lymph node metastasis in breast cancer tissue. Previously, miR-140 had only been reported to be down-regulated in primary breast cancer tissue com-

pared to normal breast tissue, but it was not shown to be associated with lymph node invasion (Yan *et al.*, 2008). Further data are needed to shed light on the relationship between miR-140 and invasiveness.

Tardif *et al.* (2009) showed that IGFBP5 was directly targeted for mRNA degradation by miR-140, but expression analysis of miR-140 during chondrogenic differentiation did not confirm that IGFBP5 was a direct target of miR-140 (Buechli *et al.*, 2013). These authors indicated that IGFBP5 was not directly targeted by miR-140 for degradation, which would be expected if miR-140 facilitated its decay; the possibility that the translation of IGFBP5 could be inhibited by miR-140 was not tested. As shown here, there was no correlation between IGFBP5 mRNA expression and miR-140. In addition, regardless of the type of tissue (tumor or normal), in samples in which IGFBP5 protein was expressed miR-140 expression was four-fold lower than in samples not expressing IGFBP5 protein (Figure 3). These results indicate that miR-140 post-transcriptionally regulates IGFBP5 by inhibiting its translation rather than by degrading its mRNA. We conclude that miR-140 is more effective at repressing IGFBP5 protein expression in normal tissues than in tumor samples and that the higher expression of miR-140 in IGFBP5-negative tumors reflects this protein's effectiveness.

Although IGFBP5 mRNA is up-regulated in cancer tissue (Li *et al.*, 2007), we found no significant difference among our samples. IGFBP5 mRNA levels have been positively correlated with ER and PR status, and negatively correlated with HER2 overexpression, with low levels of IGFBP5 mRNA in tumors being associated with better prognosis and disease-free survival (Hung *et al.*, 2008). In contrast to this study, we found no significant correlation between IGFBP5 mRNA levels vs. ER and PR status or HER2 overexpression.

There was a significant positive correlation between miR-140-5p and miR-193b expression in all tissue samples. However, there was no significant correlation between ER status and miR-193b, in contrast to the findings of Yoshimoto *et al.* (2011) who reported that ER α -negative tumors had relatively lower miR-193b expression than ER α -positive tumors. Foekens *et al.* (2000) reported a relation between miR-193b and uPA that plays a key role in invasion and metastasis in breast cancers. uPA expression is increased in metastatic breast cancer and is negatively correlated with miR-193b. This may mean that miR-193b could be a biomarker for metastatic breast cancer (Noh *et al.*, 2011). On the other hand, miR-193b acts as a tumor suppressor that limits proliferation, migration and invasion in acute myeloid leukemia by regulating c-Kit proto-oncogene (Gao *et al.*, 2011), and also suppresses human hepatocellular carcinoma cells (Xu *et al.*, 2010), melanoma (by regulating Mcl-1) (Chen *et al.*, 2010) and non-small cell lung cancer cells (Hu *et al.*, 2012). In the present study, it was not possible to analyze our data based on metastatic be-

havior or tumor invasiveness since we did not have the necessary data for the patients.

In conclusion, our results show that breast tumor tissue had higher miR-140-5p expression than adjacent normal tissues and that patients with positive lymph nodes had greater miR-140 expression than other individuals. On the other hand, basal-like breast tumors had lower expression of miR-140-5p than other types of breast tumors. Thus, miR-140 expression is characteristic of breast tumors in general and may be an important molecule for understanding lymph node invasion and tumor differentiation in breast cancer. There was no correlation between IGFBP5 mRNA and miR-140 expression, but miR-140 expression was lower in tumors expressing IGFBP5 protein compared to samples which not expressing this protein. There was a significant positive correlation between miR-140-5p and miR-193b expression in all tissue samples, but there was no association between miR-193b expression and any other clinical features. Further studies, including clinical follow-up of the patients, would be useful in clarifying the role of miR-140, miR-193b and IGFBP5 in breast cancer and in assessing the usefulness of these miRNAs and IGFBP5 as suppressors or inducers of breast carcinogenesis.

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