Original Article

Immunohistochemical study of lung remodeling in mice exposed to cigarette smoke*

Estudo imunohistoquímico do remodelamento pulmonar em camundongos expostos à fumaça de cigarro

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Abstract

Objective: Various studies of emphysema involve long-term exposure of animals to cigarette smoke, focusing on the cell type involved in the protease/antiprotease imbalance and on extracellular matrix degradation. In emphysema, increased expression of metalloproteinases is associated with cytokines, and evidence suggests that the matrix metalloproteinase-12 (MMP-12) plays an important role. Our objective was to investigate tissue inhibitor of metalloproteinase-2 (TIMP-2), tumor necrosis factor-alpha (TNF- α) and interleukin-6 (IL-6) detection by immunohistochemical methods in mouse lung. **Methods:** Male C57BL/6 mice were exposed 3 times a day to the smoke of 3 cigarettes over a period of 10, 20, 30 or 60 days in an inhalation chamber (groups CS10, CS20, CS30 and CS60, respectively). Controls were exposed to the same conditions in room air. **Results:** A progressive increase in the number of alveolar macrophages was observed in the bronchoalveolar lavage fluid of the exposed mice. The mean linear intercept, an indicator of alveolar destruction, was greater in all exposed groups when compared to control group. In the CS10, CS20 and CS30 mice, the immunohistochemical index (II) for MMP-12 increased in parallel with a decrease in II for TIMP-2 in the CS10, CS20 and CS30 mice. The II for the cytokines TNF- α and IL-6 was greater in all exposed groups than in the control group. Emphysema, with changes in volume density of collagen and elastic fibers, was observed in the CS60 group. **Conclusions:** These findings suggest that cigarette smoke induces emphysema with major participation of TNF- α and IL-6 without participation of neutrophils.

Keywords: Macrophages, alveolar; Emphysema; Tissue inhibitor of metalloproteinase-2; Interleukin-6.

Resumo

Objetivo: Muitos estudos sobre enfisema são realizados com exposição de animais à fumaça de cigarro durante um longo tempo, focando o tipo de célula envolvida no desequilíbrio protease/antiprotease e a degradação da matriz extracelular. A expressão aumentada de metaloproteinases no enfisema está associado com citocinas e evidências sugerem um papel importante da metaloproteinase de matriz-12 (MMP-12). Nosso objetivo foi estudar a detecção de inibidor tissular de metaloproteinase-2 (TIMP-2), fator de necrose tumoral alfa (TNF-α) e interleucina-6 (IL-6) por métodos imunohistoquímicos no pulmão de camundongos. **Métodos:** Camundongos C57BL/6 machos foram expostos 3 vezes ao dia a fumaça de 3 cigarros por um período de 10, 20, 30 ou 60 dias através de uma câmara de inalação (grupos CS10, CS20, CS30 e CS60, respectivamente). O grupo controle foi exposto às mesmas condições ao ar ambiente. **Resultados:** Nós observamos um aumento progressivo de macrófagos alveolares no lavado broncoalveolar dos grupos expostos. O diâmetro alveolar médio, um indicador de destruição alveolar, aumentou em todos os grupos expostos quando comparado ao grupo controle. O índice imunohistoquímico (II) para MMP-12 aumentou nos grupos CS10, CS20 e CS30 em paralelo a uma redução do II para TIMP-2 nos grupos CS10, CS20 e CS30. O II para as citocinas TNF-α e lL-6 aumentou em todos os grupos expostos quando comparado ao grupo controle. Enfisema foi observado no grupo CS60, com alterações na densidade de volume de fibras colágenas e elásticas. **Conclusões:** Estes achados sugerem que a fumaça de cigarro induz enfisema com uma participação importante do TNF-α e da lL-6 sem a participação de neutrófilos.

Descritores: Macrófagos alveolares; Enfisema; Inibidor tissular de metaloproteinase-2; Interleucina-6.

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Introduction

Cigarette smoke is a complex mixture with over 4,000 chemical components, being the major risk factor for chronic obstructive pulmonary disease (COPD) and emphysema, the latter appearing to be the more severe consequence. (1) The protease/antiprotease theory in emphysema induced by cigarette smoke is based on a chronic inflammatory response in the lower respiratory tract, where the inflammatory cells liberate a great variety of proteases, which superimposes on the antiproteolytic defenses, with subsequent degradation of the connective tissue. (2) The loss of lung elastic recoil and the histological evidence of damage of the elastic fibers (eFs) necessarily imply degradation of elastin as a key factor in the pathogenesis of the emphysema. (3) Some researchers consider neutrophils to be the principal cells involved in elastolytic injury. (4,5) However, there is evidence that alveolar macrophages are the principal cells responsible for the destruction of the lung architecture. (6,7)

The matrix metalloproteinases (MMPs) participate in the remodeling and degradation of the extracellular matrix. (8) In physiological conditions, the activity of the MMPS are dependent of the activation of zymogens on pro-MMPs and regulated by endogenous inhibitors of MMPs, denominated tissue inhibitors of metalloproteinases (TIMPs). (9) Four types are known: TIMP-1, TIMP-2, TIMP-3 and TIMP-4. All four types can inhibit MMPs with a 1:1 stoichiometry. These are frequently co-expressed with the MMPs, thus controlling the proteolytic effect on the tissue. (10)

Interleukin (IL)-6 is a multifunctional cytokine produced by a variety of cells, generally at sites of inflammation.(11) It acts in different types of cells and systems; however, the role it plays in the pathophysiology of inflammation remains unclear. Recent studies have indicated that IL-6 has a potent anti-inflammatory effect, including the ability to inhibit the expression of tumor necrosis factor alpha (TNF- α), IL-1 and macrophage inflammatory protein 2 (MIP-2), as well as to decrease neutrophil sequestration, increase levels of the lL-1β receptor antagonist, increase the production of TIMPs, increase the intracellular production of superoxide dismutase and inhibit cell apoptosis. (12) Although many cells can secrete TNF- α , macrophages seem to be the major source of its production. The liberation of TNF- α by monocytes or macrophages is markedly increased by other cytokines such as lL-1, granulocyte-macrophage colony-stimulating factor and interferon gamma. Normally synthesized as a 26-kDa precursor, pro-TNF- α is stored in the membrane to be readily liberated, if necessary. When an appropriate stimulus occurs, for example, the inhalation of lipopolysaccharide, TNF- α is rapidly converted into a biologically active, 17-kDa form through the effect of a metalloproteinase known as TNF- α converting enzyme. However, other MMPs also present some degree of TNF- α converting capacity. One such MMP is MMP-12, which presents TNF- α converting capacity, at least in vitro. TS

Previous studies have shown that TNF- α and MMP-12 play roles in mice exposed to cigarette smoke.^(7,16-18) The objective of the present study was to use using immunohistochemical methods in order to investigate the expression of MMP-12, TIMP-2, TNF- α and IL-6 in mice exposed to cigarette smoke.

Methods

Male C57BL/6 mice (6 to 8 weeks of age; weighing 20-25 g) were obtained from the Laboratory Animal Facilities of the Fluminense Federal University, located in the city of Niterói, Brazil. The mice were randomly selected; the health of the animals in the Laboratory Animal Facilities is monitored through laboratory tests for identifying microorganisms. Following quarantine (seven days) the animals were housed in polypropylene cages and maintained on a 12/12-h light/dark cycle with ad libitum access to water and standard chow. The animals were handled according to the standards established by the Roberto Alcântara Gomes Institute of Biology, and the research project was approved by the Ethics Committee for Laboratory Animal Research of that institution.

Groups of male C57BL/6 mice (n = 8 per group) were exposed to the smoke of 3 commercial cigarettes (10 mg of tar, 0.8 mg of nicotine and 10 mg of carbon monoxide), 3 times/day (9 cigarettes/day in total), 7 days/week for 10, 20, 30 or 60 days (CS10, CS20, CS30 and CS60 groups, respectively) in an inhalation chamber as described in previous studies conducted by our group.^(7,16-18) In brief, animals in each study group were placed in the inhalation chamber (40 cm in length, 30 cm in width and

25 cm in height). The smoke was produced from each cigarette for 6 minutes and introduced into the exposure chamber using a 60-mL syringe. Each cigarette produced 300 mg/m² of suspended particulate matter in the chamber. Following exposure to one cigarette, the mice were exposed to 1 min of room air, and the cigarette smoke procedure was repeated. The entire procedure was carried out under a laminar flow hood. Mice in a control group were exposed to the same conditions in room air. One day following the final exposure, the tracheas of 3 mice from each group were cannulated, and the lungs were washed thrice with 0.6 mL of cold phosphate-buffered saline (PBS). Mean volume recovery was 1.5 mL. The total number of cells was determined using a Neubauer chamber. The bronchoalveolar lavage fluid was cytocentrifuged, fixed and stained with Giemsa. The different types of cells were identified through differential counts under light microscopy. Two investigators, blinded to the origin of each slide, conducted the counts.

One day after the final exposure, 5 mice were sacrificed and the lungs were perforated for blood collection through infusion of saline into the right ventricle. The lungs were fixed in situ for 2 min with buffered formalin (4%) via endotracheal instillation at a pressure of 25 cmH₂O. The trachea was blocked, after which the lungs were removed and immersed in fixing solution for 48 h. After the final paraffinembedding, 5-µm sections were cut and the slides were stained with hematoxylin-eosin, as is the standard procedure. Picrosirius was used in order to reveal collagen fibers (cFs), and Weigert's resorcinfuchsin was used in order to reveal eFs. Pulmonary

emphysema was quantified based on the degree of alveolar destruction, as determined by measuring the mean linear intercept (Lm, mean alveolar diameter) in micrometers, as previously described. (19) In brief, this technique consists of the determination of the number of times the gas exchange structures in the parenchyma intersect a series of grid lines. Therefore, in the presence of emphysema, the number of intercepts of the alveolar structures with a system of lines will be fewer, indicating alveolar destruction. The Lm is obtained using the equation Lm = Ltot/Li, where Ltot is the total length of the lines in the microscopic field, and Li is the number of intercepts of alveolar structures with the lines of the reticulum. To that end, 16 fields of each slide were counted and observed at a magnification of ×200 through a reticulum attached to the monitor. Stereology was carried out using a test-system composed of 21 points and in a known test area delineated by the forbidden line, in order to avoid overestimation of the number of structures. The test system was attached to a monitor connected to a microscope. The points (PP) that intercepted the cFs and the eFs were counted and compared with the total number of points of a test system (TP). Therefore, the volume density (Vv) is equal to the PP divided by the TP.(17) For the immunohistochemical procedure, the 5-µm sections were incubated with antibodies against MMP-12, TIMP-2, TNF- α and 1L-6 (Santa Cruz Biotechnology Inc., Santa Cruz, CA, USA). The antibodies employed, their origins and the protocols used are shown in Table 1. An equal number of slides were submitted to the same procedures without the primary antibodies (negative

Table 1 - Summary of the antibodies employed, their origins and the protocols used in the immunohistochemical analysis.

| Antibodies; dilution/ incubation period | Positive control | Antigenic retrieval | Kit for immunohistochemical analysis | Location of the antigen- antibody reaction |
|--|---|---------------------|--------------------------------------|---|
| · · · · · · · · · · · · · · · · · · · | Cytocentrifuged slides from previous studies ^b | Microwave oven | ABC development system ^d | Cytoplasm and extracellular matrix |
| Anti-TIMP-2 produced in goat ^a ; 1:100/30 min | Cytocentrifuged slides from previous studies ^b | | ABC development system ^d | Cytoplasm and extracellular matrix |
| Anti-TNF-α produced in goat ^a ; 1:100/30 min | Cytocentrifuged slides from previous studies ^c | Microwaves oven | ABC development system ^d | Cytoplasm |
| Anti-IL-6 produced in goat ^a ; 1:100/30 min | Cytocentrifuged slides from previous studies ^c | Microwaves oven | ABC development system ^d | Cytoplasm and extracellular matrix |

aSanta Cruz Biotechnology Inc., Santa Cruz, CA, USA. bBronchoalveolar lavage of mice exposed to cigarette smoke. cBronchoalveolar lavage of mice exposed to lipopolysaccharide. dGoat ABC staining system (Santa Cruz Biotechnology Inc., Santa Cruz, CA, USA). MMP-12: matrix metalloproteinase-12 TIMP-2: tissue inhibitor of matrix metalloproteinase-2; TNF-α: tumor necrosis factor-alpha: and IL-6: interleukyn-6.

controls). The immunohistochemical analysis was carried out using the peroxidase-conjugated avidin-biotin complex method (Goat ABC staining system, Santa Cruz Biotechnology Inc., Santa Cruz, CA, USA), as described in a previous study conducted by our group. (16) In brief, the slides were deparaffinized and rehydrated in a graded xylene-alcohol series. Antigen retrieval was performed using a solution of 1 mM EDTA in citrate buffer (pH 8.0) at high temperature in microwave oven for 5 min. Endogenous peroxidase was inhibited using 3% hydrogen peroxide in methanol. The nonspecific antigen-antibody reaction was blocked through the incubation of the sections in horse serum—PBS and 5-10% horse-serum albumin (HSA)—for 60 min. All antibodies of

the negative controls were diluted in PBS/1% HSA for 60 min. Subsequently, all sections were treated with the commercial kit of the secondary antibody (Goat ABC staining system) for 30 min, followed by the peroxidase-conjugated avidin-biotin complex for an additional 30 min. The antigen-antibody reaction was visualized as a brown precipitate following the application of 3,3-diaminobenzidine for 4 min and counterstaining with hematoxylin for 30 s. The slides were then rehydrated, diaphanized and mounted for observation under light microscopy. The alveolar macrophages were quantified based on the immunohistochemical index (II). To that end, the number of alveolar macrophages testing positive for MMP-12, TIMP-2, TNF-α or IL-6 (MA+) was divided

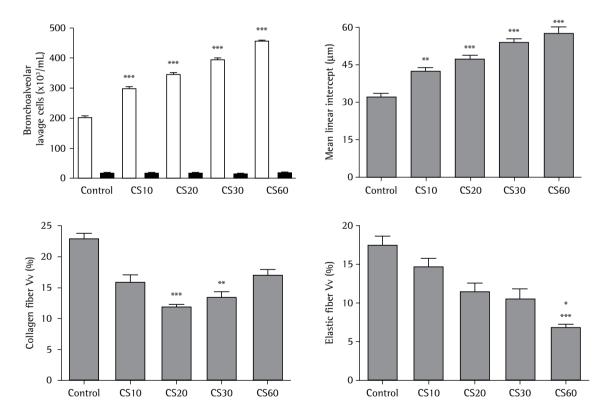


Figure 1 – Top left: bronchoalveolar lavage cells. The white columns represent the alveolar macrophages. The black columns represent the neutrophils. It is possible to observe that there was a progressive increase in the number of alveolar macrophages in the CS10, CS20, CS30 and CS60 groups. No differences were observed in relation to the number of neutrophils. ***p < 0.001 vs. controls. Top right: mean linear intercept (Lm, mean alveolar diameter). Lm was higher in the CS10 group than in the control group, and this difference became progressively in relation to the duration of exposure. **p < 0.01 and ***p < 0.001 vs. controls. Bottom left: volume density (Vv) of the collagen fibers. The collagen fiber Vv was lower in CS20 and CS30 groups than in the control group. **p < 0.01 and ***p < 0.001 vs. controls. Bottom right: Elastic fiber Vv. Despite the apparently lower elastic fiber Vv in the CS10, CS20 and CS30 groups, only the CS60 group presented significantly lower elastic fiber Vv in relation to the control group. *p < 0.05 in relation to the CS10 group and ***p < 0.001 vs. controls.

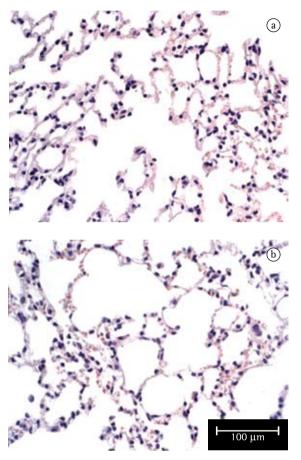


Figure 2 - Photomicrograph of the lung of a mouse exposed to room air only (a). Note alveoli and alveolar ducts preserved, alveolar septum without evidence of inflammatory infiltrate. Photomicrograph of the lung of a mouse exposed to cigarette smoke (b). Note enlarged air spaces, some alveolar septal thickening and the presence of inflammatory cells (stained with hematoxylin-eosin) in the alveoli.

by the total number of macrophages (MAT) \times 100, that is, II = MA+/MAT \times 100. Therefore, 50 fields of 26,000 µm² (10 fields in 5 different sections from each group) were counted by two investigators at different times. The investigators, who were blinded to the origin of the slides, performed the counts at a magnification of \times 400 using an Olympus microscope (model BH2; Tokyo, Japan). The visualization of the alveolar macrophages in some immunostained slides was confirmed by Giemsa staining. (17,18)

Numerical data were calculated as mean \pm standard error. For continuous data, the differences among the groups were determined using analysis

of variance followed by Tukey's post-test. For categorical data, the differences among the groups were determined using the Kruskal-Wallis test followed by Dunn's post-test. In both cases, values of p < 0.05 were considered significant.

Results

As can be seen in Figure 1, the number of alveolar macrophages was significantly higher in the CS10 group than in the control group (p < 0.001), and this difference became greater in direct relation to increases in the duration of exposure (p < 0.001)for the CS20, CS30 and CS60 groups vs. controls). However, no significant differences in the number of neutrophils were observed. In the histological analysis, samples from the control group animals (exposed to room air only) presented preserved alveoli with thin alveolar septa and a minimal number of alveolar macrophages (Figure 2a). The CS10 and CS20 group samples presented a histological pattern with progressive alterations of breakage of alveolar septa with a greater number of alveolar macrophages. The CS30 group samples presented an initial pattern of alterations in the lung architecture principally with enlargements of the air spaces corresponding to the alveolar duct and alveoli. The CS60 group samples presented a typical pattern of murine emphysema, with alveolar enlargement and areas of initial fibrosis (Figure 2b).

The alterations in the lung architecture were quantified based on the Lm, Vv(cF) and Vv(eF), as is also shown in Figure 1. In comparison with the control group values, Lm was significantly greater in the CS10 group (p < 0.01), and this difference became progressively larger in the CS20, CS30 and CS60 groups (p < 0.001). Similarly, Vv(cF) was significant lower in the CS20 (p < 0.001) and CS30 (p < 0.01) groups than in the control group. In addition, Vv(eF) was greater in the control group than in the CS10, CS20 and CS30 groups, although the difference was not statistically significant. In the CS60 group, Vv(eF) was significantly lower than in the control group (p < 0.001) and in the CS10 group (p < 0.05).

Levels of MMP-12, TIMP-2, TNF- α and IL-6 were quantified based on the II. All alveolar macrophages, positive or not, were counted. As shown in Figures 3, 4a, 4b and 4c, the II for MMP-12 was higher in the CS10, CS20 and CS30 groups than

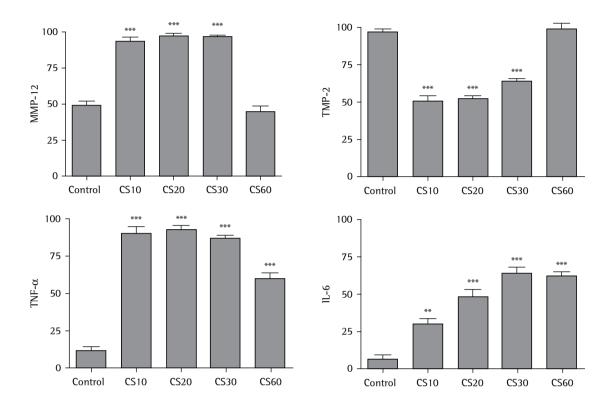


Figure 3 – Immunohistochemical index (II). The II for matrix metalloproteinase-12 (MMP-12) was higher after 10, 20 and 30 days of exposure (CS10, CS20 and CS30 groups) than in the control group. However, the II for tissue inhibitor of matrix metalloproteinase-2 (TIMP-2) was lower in the CS10, CS20 and CS30 groups than in the control group. The II for the cytokines tumor necrosis factor-alpha (TNF- α), and interleukin-6 (IL-6) was higher in the groups exposed to cigarette smoke than in the control group. **p < 0.01 and ***p < 0.001 vs. controls.

in the control group (p < 0.001). Figures 3, 4d, 4e and 4f show that the ll for TIMP-2 was lower in the CS10, CS20 and CS30 groups than in the control group (p < 0.001). All CS groups presented a higher ll for TNF- α than did the control group (p < 0.001; Figures 3, 4g, 4h and 4i). However, the ll for TNF- α was lower in the CS60 group than in the CS10, CS20 and CS30 groups. As shown in Figures 3, 4j, 4l and 4m, the ll for lL-6 was progressively higher, in comparison with the control group, in the CS10, CS20, CS30 and CS60 groups (p < 0.01, p < 0.001, p < 0.001, and p < 0.001, respectively).

Discussion

Airflow obstruction due to bronchitis or emphysema are the defining features of COPD. (20) A variety of MMPs can participate in COPD through the degradation of components of the extracellular matrix, principally elastin. (7,17,21) However, MMPs

also play a role in regulating inflammation through the generation of chemokines and cytokines and by creating openings in the tissue barriers for the passage of inflammatory cells. Emphysema probably occurs when the cigarette smoke causes extensive and continuous recruitment of inflammatory cells, which liberate proteolytic enzymes into the extracellular matrix. The destruction of the lung parenchyma is permanent due to the failure to repair the enlargement of the air spaces, which are characteristic of emphysema. (23)

In a previous study, septal thickening and air space enlargement were described in C57BL/6 mice after 60 days of exposure to cigarette smoke.⁽⁷⁾ These alterations were followed by lower numbers of cFs and eFs parallel to an increase in the number of alveolar macrophages. The present study was carried out in order to gain a better understanding of the participation of alveolar macrophages in this model of emphysema. Here, emphysema was identified

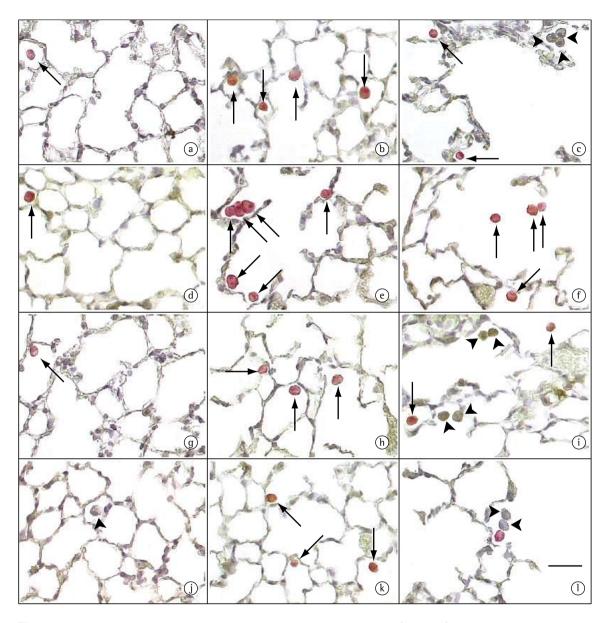


Figure 4 – Photomicrographs of the lungs of mice exposed to room air only (a; d; g; j) or to cigarette smoke: for 20 days or 30 days (b; e; h; k) or for 60 days (c; f; i; l). Observe the pattern of the expression of matrix metalloproteinase-2 (a; b; c), tissue inhibitor of metalloproteinase-2 (d; e; f), tumor necrosis factor alpha (g; h; i) and interleukin-6 (j; k; l) in the alveolar macrophages. The arrows represent the positive alveolar macrophages; the tips of the arrows represent the negative alveolar macrophages. Counterstaining was carried out using hematoxylin-eosin. Bar = 40 μ m.

based on an increase in the Lm, an index widely used for the quantification of the alveolar destruction. Despite the significant increase in Lm observed in the CS10 group, the histological pattern of emphysema was evident only in the CS60 group. The imbalance between protease and antiprotease, evidenced here by the immunohistochemical detection of MMP-12

and TIMP-2, was also indicated by the presence of TNF- α and IL-6. These results indicated an increase in MMP-12 concomitant to a decrease in TIMP-2 in the CS10, CS20 and CS30 groups. However, in the group that presented a histological pattern of emphysema (CS60), it seems that MMP-12 did not play such an important role, which, it is believed, is partially,

due to the increase in TIMP-2. However, Vv(eF) was progressively reduced according to the time of exposure, the maximum reduction (in the CS60 group) being significant in relation to that observed for the control group. Curiously, the significant reduction in the number of eFs occurred simultaneous to the decrease in the expression of MMP-12 (after 60 days of exposure). It is known that MMP-12 plays a role in emphysema, in mice, (7,17,24) as well as in humans. (6) However, little is known about the role played by TIMP-2. In the present study, we suggest that, after the disease is established, the production of MMP-12 becomes less important. Therefore, the increased production of TIMP-2 in the CS60 group might be responsible for the increase in Vv(cF). as determined using stereology. Other proteolytic enzymes can participate in the injurious process that leads to emphysema, as in the case of gelatinases, collagenases and stromelysins. (21) It is impossible to state—nor is it the objective of the present study to state-that the antiprotease effects are attributable to TIMP-2 alone, since other TIMPs have been shown to have some effect in emphysema, in animal models, (9) as well as in humans. (21)

In the present study, levels of TNF- α and IL-6 in alveolar macrophages were also analyzed. In the control group, the 11 for TNF- α and 1L-6 was low. In the CS10, CS20, CS30 and CS60 groups, the II for TNF- α was significantly higher than in the control group. This finding corroborates those of previous studies, (12,16,17,25) which showed a special participation of TNF- α in emphysema induced by cigarette smoke. The 11 for 1L-6 increased progressively in direct relation to increases in the duration of exposure. The present study is the first to show that IL-6 plays a significant role in pulmonary inflammation (after 10 and 20 days of exposure) and emphysema (after 60 days of exposure). Our results indicate that IL-6 plays a pro-inflammatory role and can somehow be involved in COPD. The concentration of IL-6 in the bronchoalveolar lavage has been shown to be significantly higher in patients with COPD than in those without, suggesting that smoking plays some role in the increased concentration of IL-6. (12) In addition, IL-6 knockout mice present reduced liberation of cytokines, chemokines and other pro-inflammatory mediators. (26,27)

The results suggest that the secretion, liberation and activity of MMP-12, as observed here, allow the liberation of TNF- α . This relationship has previously

been described. (25) We also suggest that the presence of TNF- α is not exclusive to an acute phase or related only to the presence of neutrophils. However, it is important to remember that, in the present study, we did not analyze the inflammatory cells of the alveolar septum, which we believe to be as important for the course of the COPD as are the inflammatory cells present in the alveoli. Although the protease/antiprotease theory is widely accepted, the cells and the types of proteolytic enzymes that certainly participate in the pathological process constitute a controversial matter. Nor is the oxidant/antioxidant theory to be ignored. (28) In that theory, oxidative stress is considered a major contributor to the pathogenesis and progression of COPD. Reactive oxygen and nitrogen species in cigarette smoke and in the inflammatory cells react with the extracellular matrix, thereby inducing tissue damage. (29) Although inflammatory mediators also increase the production of oxidants in the inflammatory cells, (28,29) it is unclear whether the exclusion of the inflammatory mediators could allow the occurrence of lung injury induced exclusively by oxidants.

In conclusion, we suggest that the macrophage is a key cell in the destruction of the extracellular matrix in the lung, the temporal progression of which leads to emphysema in mice. As shown in other studies, MMP-12 appears to play an important role in the onset of emphysema, and production of MMP-12 can be reduced by an increase in that of TIMP-2, albeit without any influence on the final course of the pathological process. As markers of emphysema, TNF- α and IL-6 are both important, and our findings suggest that both have a pro-inflammatory effect.

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