

Editorial Letter to Special Issue Fabry Disease

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In 1998, Fabry in Germany and Anderson in the United Kingdom described for the first time and separately 2 patients with diffuse body angiokeratomas (angiokeratoma corporis diffusum).^{1,2} The first author was able to follow the evolution of his patient for almost 30 years, whereas Anderson could only make 1 report on his patient. Different from Fabry, though, Anderson described some signs and symptoms not related to dermatology. In 1958, Ruitter reported that only men were hemizygotously affected,³ but on that same year, Colley et al proved involvement in women too.⁴

In 1964, Brady et al⁵ reported the finding of the deficient enzyme (α -galactosidase A), generating the basis for the enzyme replacement therapy (ERT) we know today.

Since the approval of the ERT—in 2001 in Europe and in 2003 in the United States—there has been an increase in the number of scientific publications on Fabry disease. The analysis of publications available in PubMed using “Fabry disease” as search keyword showed that there had been a total of 984 reports published since 1947 to 2000. This number increased to 2375 from December 2001 to December 2015.

The possibility of a specific treatment led to a growing interest on the disease on the part of the medical community. Moreover, its particular multidisciplinary spectrum has generated a constant description of physiopathological findings that could explain the presence of the characteristic signs and symptoms.

The objective of this supplement edition is to update—in 9 papers—the practical aspects related to the Fabry disease physiopathology, diagnosis, and treatment.

One of the concepts showing a higher “evolution” has been the decision to start ERT. Several international consensuses and guidelines have tried to define the most adequate time to indicate the treatment for each patient.^{6–10} Although the bibliography showed that the results were varied for the different groups of patients treated, it was easy to know that the age to start with ERT was the most significant independent variable. From that moment on the concept of “point of no return” has been repeated in several reports, since once that point in time is over, and with fibrosis in tissues previous to ERT, the

possibilities of reversing an organ damage or even stabilizing it are unlikely.¹¹

There are 2 agalsidase formulations in the European and Latin American markets: agalsidase alfa and agalsidase beta, enabling the physician to choose the treatment. However, the US Food and Drug Administration refused to approve the agalsidase alfa. The main difference between agalsidase alfa and agalsidase beta is the authorized dose: 0.2 mg/kg for alfa and 1 mg/kg for beta every other week. Several recent studies suggest the existence of a dose–response effect since the 0.2 mg/kg every 2 weeks has not shown tissue substrate clearance.^{12,13}

Other specific therapies, such as chemical chaperones and substrate inhibition, are being studied in prospective and controlled trials, already in phase 3. The analysis of the preliminary results opens the door to the possibility of an oral route administration treatment, at least for a group of patients with specific mutations or with the ability to diminish the substrate production.

There are still many questions unanswered. Among them, we find the need to determine whether the antibodies developed by the patients with the use of the 2 previously mentioned ERTs have a blocking effect and could reduce their effectiveness in the medium to long term, and also establishing what the most effective concomitant therapies are (antiproteinurics, statins, antiaggregants, etc) as well as the age to start ERT.

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