

Update on abuse and dependence: crack

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1. Which of the following is true regarding the symptoms of crack dependence and abstinence?
 - a. They are usually less intense in the first seven days.
 - b. They are more intense when the patient is in a protected environment.
 - c. Depressive symptoms are common.
 - d. Anxiety symptoms are rare.

2. Which of the following is true regarding the start of treatment of these patients?
 - a. Topiramate is not beneficial.
 - b. Disulfiram is not beneficial.
 - c. Modafinil is not beneficial.
 - d. The dose of modafinil is 200-400 mg/day.

3. Which of the following is not true about the effects of crack use during pregnancy and on the newborn?
 - a. Increased risk of premature birth.
 - b. Low birth weight.
 - c. Behavioral alterations beyond school age.
 - d. Children born to mothers who are crack users have autonomic instability.

4. Which of the following is true regarding the diagnosis of crack dependence?
 - a. Hair analysis can help in the monitoring of abstinence.
 - b. Neuroimaging is useful in the diagnosis of dependence.
 - c. The measurement of cocaine metabolites in urine identifies use within the last ten days.
 - d. The diagnosis of use within the last six months can be performed through body fluids.

5. Which of the following is not a risk factor for crack use?
 - a. Alcohol.
 - b. Cigarettes.
 - c. Belonging to marginalized groups.
 - d. Religiousness.

RESPONSES TO CLINICAL SCENARIO:

UPDATE ON GASTROESOPHAGEAL REFLUX DISEASE (GERD): NON-PHARMACOLOGICAL TREATMENT

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1. Elevating the head of the bed at night reduces esophageal acid exposure (**Alternative A**).
2. Hiatal hernia > 2 cm and fixed (**Alternative B**).
3. Surgical treatment in patients refractory to acid suppression (**Alternative D**).
4. Nissen produces more dysphagia (**Alternative C**).
5. Fruit and fiber consumption is a protective factor (**Alternative D**).