

Comment on “Assessment of Neutrophil and Neutrophil/lymphocyte ratio in coronary collateral developed patients with acute coronary syndrome”

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Coronary collateral circulation (CCC) development is an adaptive response to acute or chronic myocardial ischemia and serves as a conduit bridging the significantly narrowed epicardial coronary artery.¹ Theoretically, well-developed CCC is expected to protect the myocardium from ischemia, improve residual myocardial contractility, and thus reduce anginal symptoms and adverse events. Indeed, many studies have shown that good collaterals improve prognosis in patients with chronic coronary syndrome.²⁻⁴ However, in the setting of acute coronary syndrome (ACS), the impact of CCC on mortality is still not fully clarified. On the one hand, there are published studies showing that a well-developed CCC is beneficial on mortality in ACS⁵⁻⁷, on the other hand, some publications present that the presence of CCC is not beneficial even related to increased mortality in these patients.⁸⁻⁹

The role of inflammation in critical myocardial ischemia, which is the primary stimulus for CCC development, has been previously shown.^{10,11} In the settings of ACS, there are conflicting results in publications on this subject as well. For example, while İleri and his colleagues¹² found that neutrophil-to-lymphocyte ratio (NLR), together with the presence of diabetes mellitus, total white blood cell and neutrophil counts, was an independent positive predictor of poor

CCC; on the contrary, Tenekecioglu et al.¹³ concluded that higher NLR was significantly associated with good CCC development in patients with ACS.

In their original article, Mansiroglu et al.¹⁴ compared the neutrophil count and NLR in patients with coronary collateral developed ACS. They reported a significant difference in the number of neutrophil counts and NLR among the types of ACS, namely, NLR and neutrophil counts were significantly higher in the ST-elevation myocardial infarction (STEMI) group in comparison with non-STEMI and unstable angina pectoris groups. The results of this study suggest that the development of CCC is positively affected in the case of STEMI, in which there is the highest inflammatory burden. It would be better if the information about the short and long term clinical results of the study patients were also known.

Despite the advances regarding the knowledge about CCC development, which is mostly from inflammatory marker-based retrospective studies, I think that there are still gaps in respect to the clinical importance of coronary collaterals in the settings of ACS. Further large prospective studies are needed to investigate the association of CCC with inflammation and the prognostic significance of coronary collaterals in ACS patients.

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