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Preparation and scaling up of a low phenylalanine enzymatic hydrolysate of bovine whey proteins

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We describe the preparation of pancreatic enzymes hydrolysate of milk whey proteins containing low levels of aromatic amino acids. Pancreatin and trypsin/chymotrypsin (6.3% w/w protein) when used to hydrolyze whey proteins for 27 h at 37±2 °C, released 74% of the Phe, 100% of the Tyr and 100% of the Trp as free amino acids. Most of the free aromatic amino acids present in 2 kg hydrolysate were separated from the remaining peptides and other amino acids by gel filtration on a 15 liter Sephadex G-25 column eluted with 5% acetic acid at 60 liters h⁻¹ at 25°C. The product, recovered in 37% yield, contained 0.70 mmol Phe, 0.41 mmol Tyr, and <0.01 mmol Trp/100 mmol recovered amino acids. The hydrolysate had a general amino acid composition similar to the whey proteins from which it was prepared and could be used as a nitrogen source for patients with phenylketonuria or tyrosinemia after the addition of appropriate aromatic amino acids.

Uniterms
- Low phenylalanine diet
- Phenylketonuria
- Tyrosinemia
- Whey protein hydrolysates
- Pancreatin hydrolysate
- Gel filtration

INTRODUCTION

The hyperphenylalaninemias are a subclass of a genetic disease complex referred to inborn errors of metabolism. Phenylketonuria (PKU) is the most common hyperphenylalaninemia. It is characterized by high levels of phenylalanine (Phe) in the blood and massive excretion of its metabolites, due to a deficiency of hepatic phenylalanine hydroxylase which converts Phe to tyrosine. Classical PKU untreated children require costly financial and social institutionalization due to irreversible neurological damage (Cleary *et al.*, 1994) manifested clinically as mental retardation (Scriver, Kaufman, Woo, 1989).

The available and effective treatment for classical PKU is the dietary restriction of Phe (Freitas *et al.*, 1999; Bowersox, 2001). The efficacy of classical PKU therapy with low-Phe diet, when used early in infancy has been amply documented (Grever *et al.*, 1994; Blau & Scriver, 2004). However, diets should contain small and controlled amounts of Phe to maintain the normal development of children with PKU (Smith, 1994) since Phe is necessary for the synthesis of protein and neurotransmitters.

Commercial products available for the treatment of PKU can be classified into two categories of protein substitutes: oligomeric diets, composed of protein hydrolysates, Phe-free or with reduced content, and

monomeric diets, composed of a balanced mixture of free synthetic amino acids, completely lacking Phe (Scriver *et al.*, 1989; Rohr, Munier, Levy, 2001).

Casein and whey proteins are the most important sources used in the development of protein hydrolysates for patient nutrition due to an adequate amino acid composition, large scale commercial availability and moderate cost (Clemente, 2000). However, since they are proteins rich in Phe (2.4–9.0% by weight)(Elsas & Costa, 1994), post-hydrolysis procedures are necessary to eliminate aromatic amino acids before using as a nitrogen source in diets for PKU patients. There are only a few descriptions of low Phe protein hydrolysates in the literature (Nakhost *et al.*, 1982; Arai *et al.*, 1986; Vasconcelos *et al.*, 1989; Lopez-Bajonero *et al.*, 1992) and none on a pilot plant or industrial scale.

In the present work, we describe a process for the preparation of an enzymatic hydrolysate of bovine whey proteins with low Phe levels, appropriate for use as a nitrogen source in diets for PKU patients. The characterization of the protein hydrolysate, in terms of amino acid composition, will also be described and discussed in relation to its possible use in the formulation of specialized low-Phe medical foods for the treatment of PKU patients.

MATERIAL AND METHODS

Material

Bovine milk whey proteins were obtained from a commercial source in New Zealand and contained 80.9% protein. Its major protein components were ζ-lactalbumin and η-lactoglobulin. The porcine pancreatic proteolytic enzymes (pancreatic extract containing trypsin, chymotrypsin, carboxypeptidases A and B, lypases and amylases, 100 USP units of protease activity mg^{-1}), Proteomix®, a mixture of bovine and porcine trypsin (2000 USP units mg^{-1}) and a mixture of bovine and porcine chymotrypsin (400 USP units mg^{-1}), were products from Biobrás S.A. (Montes Claros, MG, Brazil). Sephadex G-25F for the analytical column and G-25C for the preparative column were purchased from Pharmacia (Uppsala, Sweden). Reagents for amino acid analyses, the Standard H amino acid mixture, and individual amino acids were obtained from Pierce Chemical Co. (Rockford, IL, USA). All other chemicals were of reagent grade or equivalent.

Preparation of whey protein hydrolysates

The conditions for the preparation of three analytical scale hydrolysates which differ in enzyme content and digestion time, and one pilot scale hydrolysate are reported in Table I. For the analytical scale procedure whey protein dispersed in water (10%, w/v) was hydrolyzed using a pH-stat in a volume of 250 mL at 37-40 ºC, the pH being kept at 7.5-8.0 by additions of ammonium hydroxide. The reaction was stopped by heating to the boiling point for 30 min. After cooling the hydrolysate was clarified by filtration and lyophilized. Enzyme quantities were reported as percent (w/w) relative to whey protein in parentheses, followed by incubation time are as follows: Hydrolysate A1: pancreatin (1.8%, w/w) and Proteomix® (0.3%, w/w); the total amount of enzyme was added at time 0h and incubated for 9h. Hydrolysate A2: pancreatin (3.6%, w/w)

TABLE I - Conditions and recovery data in the preparation of analytical and pilot plant level whey protein enzymatic hydrolysates .

| | Analytical scale, g | | | Pilot scale, kg |
	A1	**A2**	**A3**	**P**
Total protein	25 g	25 g	25 g	100 kg
Protein (g/v), %	10	10	10	10
Pancreatin, g/100 g	1.8 (1)	3.6 (2)	5.4 (3)	5.4 (3)
Proteomix®, g/100 g	0.3 (1)	0.6 (2)	0.9 (3)	0.9 (3)
Time, h	9	18	27 (3)	27 (3)
Volume, l	0.250	0.250	0.250	1000
Weight recovery[a]	32	85	87	80
Amino acid recovery[a]	-	81	95	90
Product protein content, %	-	76	96	85
Product free Phe content, %[b]	-	59	74	70

[a]Recovery of soluble material and recovery of amino acids after enzymatic hydrolysis, clarification and lyophilization or spray-drying . [b]Free Phe (%) = moles free Phe × 100 /total moles Phe total × 100. - = not determined, due to low recovery.

and Proteomix® (0.6%, w/w); each half of the total amount of enzyme was added at 0 and 9 h, respectively; the total time of incubation was 18h. Hydrolysate A3: pancreatin (5.4%, w/w) and Proteomix® (0.9%, w/w); each one-third of the total amount of enzyme was added at 0, 9 and 18h, respectively; the total time of incubation was 27 h. There are 3 fold differences in the amount of enzymes and incubation time when A1 is compared to A3, with A2 occupying an intermediate position in terms of the intensity of hydrolytic conditions. In pilot scale hydrolysis, conducted in a 1000 L reactor, we utilized the same conditions of the hydrolysate A3; pH was monitored and corrected each two hours. The final dispersion was spray-dried.

Amino acid analyses

Qualitative and quantitative amino acid composition of intact protein and hydrolysates was determined after acidic hydrolysis by cation exchange (PC-6A Amino acid analysis resin, Pierce Chemical Co., Rockford, Il, USA) chromatographic fractionation, and detection by post-column derivatization with ninhydrin, as described by Spackman, Stein, Moore (1958), using an automatic amino acid analyzer (Alonzo, Hirs, 1968). The analyzer consisted of a short (0.6×17 cm) and a long column (0.6×42 cm), for the separation of basic (short column), neutral and acidic amino acids (long column). Chromatographic fractionation was developed using sodium citrate buffers with different pHs and ionic strengths and the eluate was treated with ninhydrin solution for 10 min in a boiling water. After derivatization, the products were detected by spectrophotometry; 440 and 570 nm was used for detection of proline and other amino acids, respectively. The system was standardized to operate in a sensitivity range of 1-10 nM, using an amino acid standard solution (Pierce H), containing 5.0 nM of each amino acid. The identification of amino acids was made by retention time and the quantification by peak height in relation to a constant (concentration/peak height of standard).

Total amino acids was determined after hydrolysis of 1-2 mg of samples (intact protein or enzymatic hydrolysates) for 22 hours at 110 ºC in 0.500 mL of constant boiling 6 N HCl containing 0.01% phenol in an evacuated sealed tube. Tryptophan (Trp) was determined after hydrolysis of 3-5 mg of samples (protein or enzymatic hydrolysate) with 4 N LiOH (Lucas, Sotello, 1980). No corrections were made for losses of methionine, cysteine, serine, threonine or tyrosine (Tyr) during acid hydrolysis. Amino acid hydrolysis and analysis were made in duplicate, with an acceptable variation of 8% between each duplicates.

The same method was used to measure free amino acids in samples not submitted to acidic hydrolysis. Small peptides were distinguished from free amino acids by peak width and the ratio of absorbance at 570 to 440 nm in the elution profiles

Yields and recovery calculations

The yield of the process was determined by the ratio of weight of product (hydrolysate) recovered after enzymatic hydrolysis and drying to the initial weight of intact protein.

The ratio of total amount of amino acids (µmoles/mg) determined in the enzymatic hydrolysate after drying to the total amino acids determined in the intact protein (not submitted to enzymatic hydrolysis) was considered as amino acid recovery.

Total protein content (in mg) was calculated based on amino acid analyses, i.e., as the values in sum of the µmoles of each amino acid was multiplied by the corresponding molecular weight minus one water molecule. Total amino acids in mg was calculated by the sum of weights of each individual mg of amino acid. The ratio between total mg of amino acids and mg to and mg of sample submitted to amino acid analysis multiplied by 100 was considered as the protein content in the sample.

Gel filtration

The free aromatic amino acids and other amino acids and peptides in the hydrolysates were separated after gel filtration on a Sephadex G-25 column developed at 22 ºC with 5% acetic acid (v/v), as described by Freitas et al. (1993). In analytical experiments 100 mg hydrolysate, in 2.5 mL of 5% acetic acid containing 1M NaCl, was applied to a 0.9×250 cm Sephadex G25F column operated at 1.0 mL min^{-1} and fractions of 1.6 mL were collected. NaCl was included in the sample solution to prevent electrostatic interactions of positively charged peptides or amino acids with a small amount of carboxyl groups which may have been present due to the oxidation of the resin and to produce comparative profiles by fixing the elution volume.

Solutes were detected in the effluent by absorbance at 280nm (amino acids and peptides containing aromatic amino acids) and by conductivity at 22 ºC in a 1:50 dilution of the effluent in distilled water (NaCl). The fractions were combined into pools based on the elution profile as described by Freitas et al. (1993) and indicated below the elution profile give in Figure 1B.

The pilot scale gel filtration of 2 kg of hydrolysate was carried out in a 25×103 cm Sephadex G-25C column. The sample was applied in a volume of 15 liters in 5% (v/v) acetic acid and the column eluted with the same solvent at
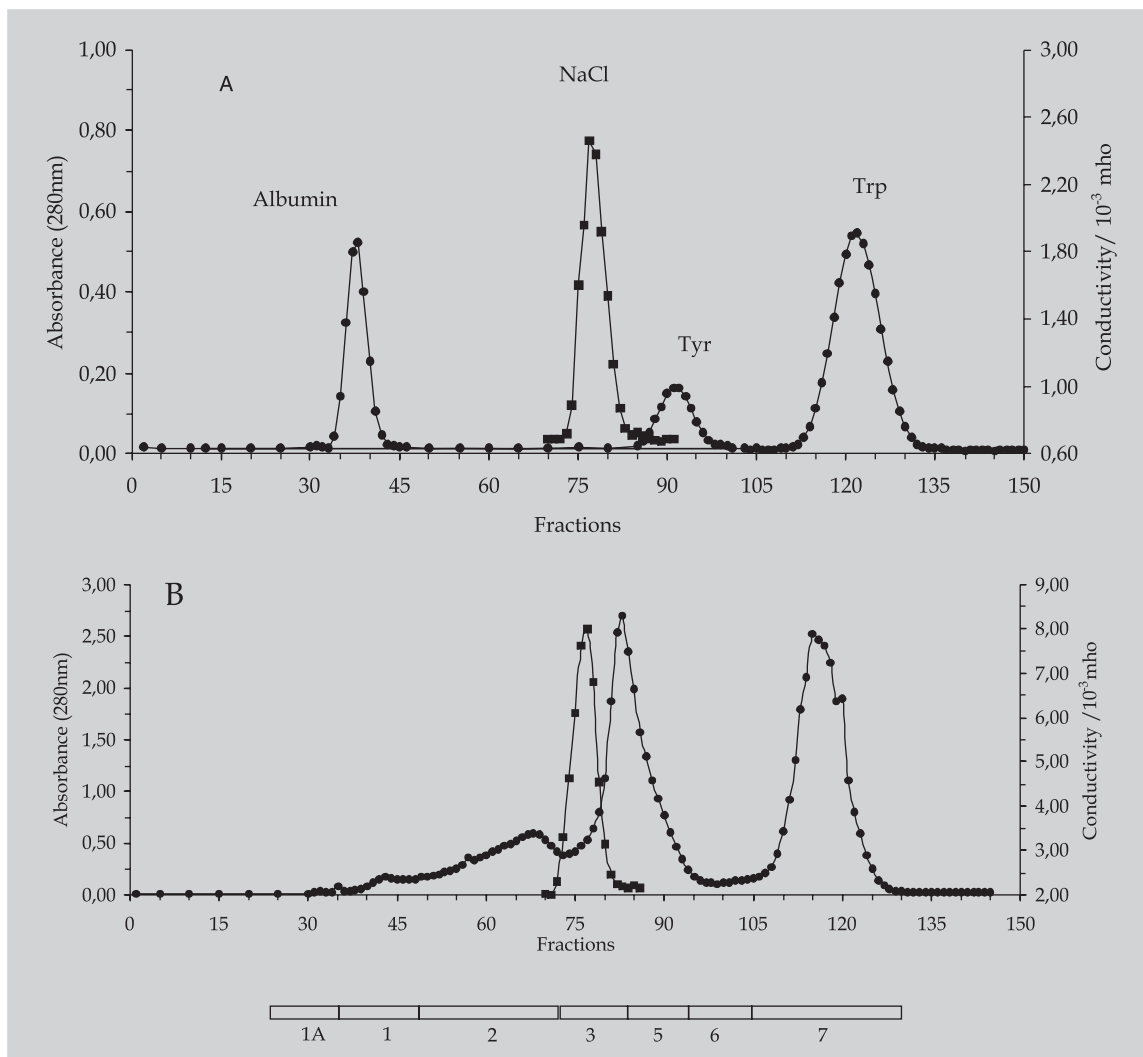
FIGURE 1 - Analytical gel filtration chromatography of a whey protein enzymatic hydrolysate. The Sephadex G-25F column (0.9 × 250 cm) was eluted at 10 ml/h at 22 ºC with 5% (v/v) acetic acid pH 2.5, and 1.6 ml fractions were collected. Samples were applied in 3.0 mL aliquots of 5% (v/v) acetic acid. The effluent was monitored by absorbance at 280 nm (closed circles) and by conductivity measurements (closed squares). Panel A: Elution of the calibration mixture containing 6 mg of bovine serum albumin, 1.6 µmol tyrosine, 1.5 µmol triptofane, and 1 mmol/ml NaCl. Panel B: elution of a sample containing 100 mg of hydrolysate A3. Tyr = tyrosine, Trp = Tryptophan.

60 liters h[-1]. One liter fractions were collected, combined into pools based on the elution profile, as indicated below the elution diagram (in Figure 2) and spray-dried.

RESULTS AND DISCUSSION

Release of free Phe from whey proteins

Table I describes the experimental hydrolysis conditions, i.e. quantity of pancreatic proteolytic enzymes and incubation times carried out on three analytical scale procedures, (25g whey protein, A1 to A3) and the use of the most stringent conditions (A3) on a pilot plant scale (P, 100 kg whey protein). Some characteristics of the soluble fraction obtained after clarification of the hydrolysate are also given in Table I. Large amounts of the enzymes tested (6.3% w/w) were required to obtain the highest recovery of product by weight and in terms of amino acid content the highest amount of free Phe release (74%). When some of the conditions used for hydrolysate A3 were applied to 100 kg whey protein, the product was obtained in 90% yield, with characteristics similar to those obtained on the 25 g analytical scale and with 70% of its Phe in the free amino acid form.
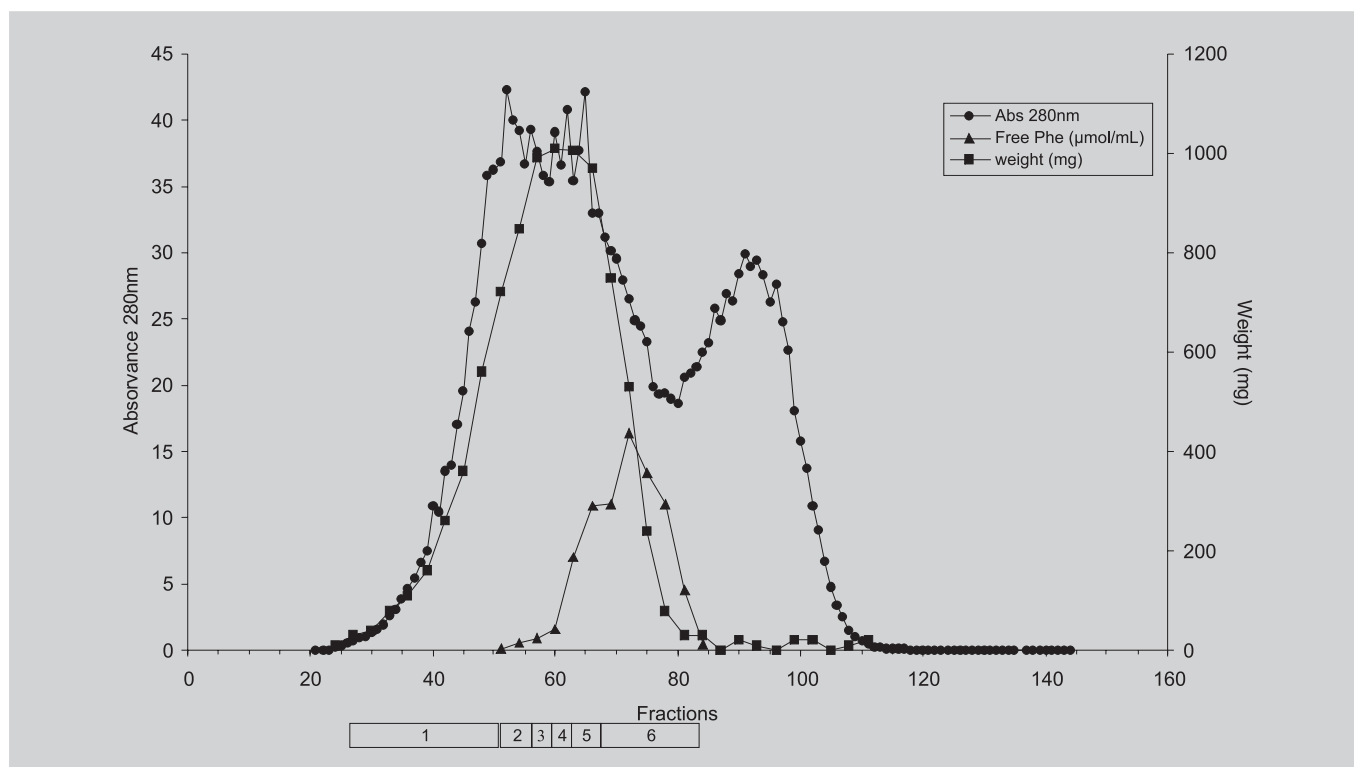
FIGURE 2 - Pilot scale gel filtration chromatography of whey protein enzymatic hydrolysates. The Sephadex G-25F column (25.2 × 103 cm) was equilibrated and eluted at 60 liters/h^{-1} at 22 ºC with 5% (v/v) acetic acid pH 2.5, and 1 liter fractions were collected. The hydrolysate P (2.0 kg) was applied in 15 liters of 5% (v/v) acetic acid. The effluent was monitored by absorbance at 280 nm (closed circles). The curve represented by closed squares shows the amount of material recovered (mg) after lyophilization of 10 ml of each fraction. The tracing represented by closed triangles shows the amount of free Phe (µmol/ml) present in the fractions as determined by amino acid analyses.

The selection of suitable enzymes to produce hydrolysates with defined physicochemical and nutritional characteristics is essential (Clemente, 2000). Arai (1986) used a pepsin-pronase system on whey proteins and Lopez-Bajonero *et al.* (1992) used the protease 2A from *Aspergillus oryzae* and papain to hydrolyse casein. Pancreatin supplemented with chymotrypsin were used in our experiments because they provide the complementary pairs, endopeptidase/exopeptidase, chymotrypsin/carboxypeptidase A, which when acting in series can release free aromatic amino acids from proteins if proline is not adjacent to the aromatic amino acid (Ambler, 1967). When casein was treated under similar conditions only 50% of the Phe was released (See Hydrolysate C, Freitas *et al.*, 1993) and when pancreatic tissue was used as the source of proteolytic enzymes, the release of all free amino acids was increased by 50% but the release of Phe increased by only 8%, from 50 to 54% (unpublished data from our laboratory). The inability to release more Phe as the free amino acid from bovine casein is due to the presence of the sequences ProPhePro and ProPhe which account for 29% of the Phe present in casein. In contrast, neither bovine lactoglobulin nor lactoalbumin contain the sequences ProPhePro or ProPhe (Dayhoff, 1972).

Removal of free Phe from the hydrolysate and characterization of the low-Phe hydrolysate

The development of protein hydrolysates for patients with PKU necessarily includes post-hydrolysis procedures to remove free Phe. Gel filtration on Sephadex G-25 (Nakhost *et al.*, 1982; Arai, 1986) or on BioRad G-10 and adsorption to hydrophobic resins (Vasconcelos *et al.*, 1989) have been used in analytical experiments to separate aromatic amino acids from other components present in the enzymatic hydrolysates. Treatment by activated carbon (Lopez-Bajonero *et al.*, 1992) or the use of ionic exchange resins have also been described (Heindorff *et al.*, 1988; Matsuo, Hashimoto, Arai, 1986).

We have used a 0.9×250 cm Sephadex G-25 analytical column as described by Freitas *et al.* (1993) to separate free aromatic amino acids from the whey

hydrolysate. The data in Figure 1A shows that both Tyr and Trp are eluted after NaCl under these conditions. Phe was eluted between NaCl and Tyr (data not shown).

The elution diagram obtained for hydrolysate A3 is shown in Figure 1B indicating the absorbance profile at 280 nm and the conductivity measurements of the effluent. Most of the recovered peptides and free amino acids (80%) were eluted before the NaCl and present in pools 1 and 2 (indicated by the bars below the elution diagram).

Data shown in Table II indicate that the general amino acid composition of hydrolysate A3 did not differ significantly from that of the whey protein from which it was prepared (compare column 1 with column 3). We assume the losses of Tyr and Trp were due to their low solubility, but cannot explain the differences in the loss of Arg and over recovery of Val. Gel-filtration removed 100% of the Trp, 89% of the Tyr and 75% of the Phe present in the hydrolysate. The aromatic amino acids remaining in the bulk of the hydrolysate were present in peptides and not free. The product, A3 after gel filtration, contained 0.73 mol% Phe which corresponds to 9.2 mg Phe/g total protein.

As expected, high efficiency of the separation of the aromatic amino acids obtained with the 0.9Δ250 cm analytical column could not be obtained with the shorter 25.2Δ103 cm Sephadex G-25 pilot scale column used for the gel filtration of 2 kg of whey hydrolysate. The data in Figure 2 shows that the protein was recovered in fractions 20 to 80 corresponding to the first A_{280nm} peak. The second A_{280nm} peak contains Tyr and Trp. The elution of free Phe (indicated by the triangles) peaks at fraction 75 indicates that at least 50% of the recovered hydrolysate is essentially Phe-free.

The Phe content of 0.70 mol% corresponds to 9.0 mg Phe/g total protein. Lofenalac, a product based on low-Phe enzymatic casein hydrolysate available in the market for dietary treatment of PKU patients, contains 75mg Phe/100g product (Clemente, 2000). Thus the low-Phe fraction described here could be used, with appropriate addition of free amino acids, in the formulation of low-Phe diets suitable for the treatment of PKU patients; in this case, tyrosine and triptophan should be added to the resulting diet to avoid impairment of its nutritional quality.

The analytical and pilot scale processes described in the present work produced a 70-74% reduction in Phe levels compared to the starting material (whey proteins), yielding

TABLE II - Amino acid composition of the protein source (whey protein), the A3 hydrolysate, its fraction obtained by combining pools 1 and 2 and of the pilot level hydrolysate P and the fraction with low Phe.

Amino acid	Whey protein	Analytical scale experiment		Pilot scale experiment	
		Hydrolysate A3	Fraction pools 1 + 2	Hydrolysate P	Fraction low Phe
	1	2	3	4	5
Trp	1.55	1.17	<0.01	1.15	<0.01
Lys	8.48	9.24	11.71	9.11	9.18
His	1.64	1.93	2.17	1.92	2.05
Arg	2.12	0.35	0.42	2.85	1.63
Asp	10.32	9.61	11.36	11.05	12.27
Thr	5.59	5.24	6.14	5.69	6.07
Ser	5.68	5.41	6.45	6.02	6.55
Glu	13.79	12.32	15.46	14.82	17.72
Pro	5.63	5.85	7.08	6.19	7.54
Gly	3.81	4.45	4.98	3.88	4.12
Ala	8.15	8.86	10.13	7.88	8.00
Cys	2.73	1.91	2.99	2.07	2.52
Val	2.47	7.23	7.99	6.32	6.10
Met	2.19	2.27	1.68	1.96	1.77
Ile	4.57	6.02	6.01	4.79	4.43
Leu	12.53	13.81	4.40	11.11	8.95
Tyr	2.79	1.16	0.30	1.55	0.41
Phe	2.95	3.20	0.73	2.72	0.70

The data are reported as moles of amino acids/100 moles of total recovered amino acids

a high protein (~90%) and a low Phe (~9 mg/g total protein) product. The general amino acid composition of the fractions described in our work was similar to that of the protein source, except for the aromatic amino acids, in both procedures (analytical and pilot level), demonstrating that the scale-up of these processes was effective and viable. Our results indicated also that the selective enzymatic hydrolysis and not the post-hydrolysis processing is the limiting step in the process of obtaining protein hydrolysates with low-Phe level. However, the low-Phe hydrolysate described in our work could still be used in the composition of medical foods for treatment of PKU or tirosemia patients.

RESUMO

Preparação e escalonamento de um hidrolisado enzimático de proteínas do soro de leite bovino

Foi descrita a preparação de um hidrolisado de proteínas do soro de leite bovino com enzimas pancreáticas, contendo baixos níveis de aminoácidos aromáticos. Quando utilizadas pancreatina e tripsina/quimotripsina, por 27h a 37±2°C, foram liberados 74% de Phe, 100% de Tyr e 100% de Trp como aminoácidos livres. A maioria dos aminoácidos aromáticos livres, presentes em dois quilos de hidrolisado (15 litros), foi separada dos peptídeos e outros aminoácidos remanescentes por filtração em coluna de gel de Sephadex G-25C eluída com ácido acético 5%, fluxo de 60 litros por hora a 25°C. O produto, recuperado com 37% de rendimento, continha 0,70 mmol de Phe, 0,41 mmol de Tyr e <0,01 mmol de Trp/100 mmol de aminoácidos recuperados. A composição em aminoácidos do hidrolisado foi similar às proteínas do soro com as quais foi preparado. Após adição de aminoácidos aromáticos apropriados, ele pode ser usado como fonte de nitrogênio para pacientes com fenilcetonuria ou tirosinemia.

Unitermos: Dieta pobre em fenilalanina. Fenilcetonúria. Tirosinemia. Hidrolisado de proteína de soro de leite. Hidrolisado de pancreatina. Filtração em gel.

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