

SCHOOL PSYCHOLOGY AND INCLUSIVE EDUCATION: PERFORMANCE WITH TEACHERS¹

PSICOLOGIA ESCOLAR E EDUCAÇÃO INCLUSIVA: A ATUAÇÃO JUNTO AOS PROFESSORES

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ABSTRACT: This research aimed to analyze the performance of the school psychologist with teachers in relation to Inclusive Education. The methodology used was qualitative of the exploratory-descriptive type. The participants were ten school psychologists who worked in private educational institutions. The instrument of data collection was a semi-structured interview script. The data analysis procedure used was content analysis. The results could be divided into three categories: inclusive demands addressed to the school psychologist; activities developed by the school psychologist together with teachers; and results of the performance of the school psychologist with the teachers. The results evidenced the existence of inclusive behavior, academic and family management demands directed by the teacher to the school psychologist; the development of professional practices of both resolutive and preventive nature by the school psychologist; and the performance of the school psychologist along with teachers regarding Inclusive Education was perceived as beneficial, especially in relation to aspects of student evolution, attitudinal changes of teachers and reduction of demands addressed to the School Psychology Service.

KEYWORDS: School Psychology. Teachers. Special Education.

RESUMO: Esta pesquisa objetivou analisar a atuação do psicólogo escolar junto aos professores frente à educação inclusiva. A metodologia utilizada foi qualitativa do tipo exploratório-descritiva. Os participantes foram dez psicólogos escolares que atuavam em instituições privadas de ensino. O instrumento de coleta de dados foi um roteiro de entrevista semiestruturada. O procedimento de análise de dados utilizado foi a análise de conteúdo. Os resultados obtidos implicaram em três categorias: demandas inclusivas direcionadas ao psicólogo escolar; atividades desenvolvidas pelo psicólogo escolar junto aos professores; e resultados da atuação do psicólogo escolar junto aos professores. Os resultados evidenciaram a existência de demandas inclusivas comportamentais, acadêmicas e de manejo familiar direcionada pelo professor ao psicólogo escolar; o desenvolvimento de práticas profissionais tanto de cunho resolutivo como preventivo pelo psicólogo escolar; e a atuação do psicólogo escolar junto aos professores frente à educação inclusiva foi percebida como benéfica, principalmente no que se refere a aspectos de evolução do aluno, de mudanças atitudinais dos professores e de diminuição de demandas direcionadas ao Serviço de Psicologia Escolar.

PALAVRAS-CHAVE: Psicologia Escolar. Professores. Educação Especial.

1 INTRODUCTION

The educational context concentrates discussions around school inclusion, aiming towards the realization of the right to education of the target public of Special Education in the common room of the regular school. This right was made possible through the formulation of legislation and public education policies as the debates progressed.

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The main national and international documents that provided subsidies for Inclusive Education were the Federal Constitution of 1988 (Constituição Federal da República Federativa do Brasil, 1988), the World Declaration on Education for All (Organização das Nações Unidas para a Educação, a Ciência e a Cultura [UNESCO], 1990), Salamanca Statement (UNESCO, 1994), *Lei de Diretrizes e Bases da Educação Nacional* - National Education Guidelines and Framework Law (Lei nº 9.394, 1996), the International Convention on the Rights of Persons with Disabilities (United Nations [UN], 2006), a *Política Nacional de Educação Especial na Perspectiva Inclusiva* - National Policy on Special Education in the Inclusive Perspective (2008), and, more recently, the Brazilian Law on the Inclusion of Persons with Disabilities (Lei nº 13.146, 2015).

School inclusion emerged in Europe and the United States in the 1990s as a result of historical factors, as well as the elaboration of documents and conferences that allowed discussions not only on how to carry out interventions with the target public of Special Education, but also on how society can be restructured for the full participation of these people (Beyer, 2006; Carvalho, 2010; Mendes, 2006; Silva, 2010).

School inclusion focuses on the teaching-learning process of students who are the target public of Special Education and involves both reflections on themes related to education through diversity, in a human rights perspective, as well as discussions about the necessary outcomes for its implementation, which for successful learning include, the restructuring of educational space and the involvement of all members of the school community. Góes (2013) emphasizes concern about the how the target public of Special Education are inserted into the regular classroom. Sometimes, exclusive conditions are configured within the classroom, through the absence of effective support to the teacher and changes in the curriculum and methodology used.

Schools must undergo transformations that result in a change of its normalizing and exclusion culture. A model of Inclusive Education needs to go beyond rebuilding, it needs to achieve representations around disability, the social function of the school, the teaching-learning process, the political-pedagogical project, the curricular proposal, the organization of pedagogical work and management models and school participation (Santos, 2011). The growth in the number of students who are the target public of Special Education in regular education demonstrates the limitations and contradictions of the educational system. Educational actors are challenged to respond to the everyday demands of school life regarding coexistence and learning from diversity (Matos & Mendes, 2014).

Teachers, professionals working in the teaching-learning process, face challenges from Inclusive Education. Results obtained from research on work of the teacher and school inclusion reveal that teachers worked with methodologies that met the cultural standard of homogeneity of students that was in force in the schools. However, these practices no longer address the new situation arising from inclusion in regular school. In this sense, teachers changed the procedures for teaching by perceiving the difficulties identified in the included children and changing the method of evaluating them (Marin & Zeppone, 2012). The reflective process provides the teacher with an active constituent understanding in the inclusive classroom. In

this way, teaching knowledge is reinvented whenever the action requires, in order to meet the educational needs of the students (Vilela-Ribeiro, Benite, & Vilela, 2013).

In a study carried out by Sant'Ana (2005) on the conception of teachers and principals on school inclusion, it was realized that Inclusive Education implies teaching adapted to differences and individual needs, so that educators need to be able to act competently with the students at various levels of education. The report of teachers and principals mentioned concern with the lack of orientation in the work with these students. Most teachers pointed out the technical support of other professionals as a suggestion for the feasibility of school inclusion.

The school psychologist, a professional working in educational environments, also had to redirect his/her practices to the demands that emerged from this context. The inclusive school and classroom brought challenges to the teachers, since the collective and the individual began to gain notability in daily school life. Therefore, there was an emphasis on the relevance of the teachers as the target public for the performance of the school psychologist.

School Psychology was initially influenced by the French and the North Americans. In Brazil, the first half of the twentieth century was marked by a clinical model of interventions aimed at learning problems, using psychological tests as the main instrument (Barbosa & Marinho-Araújo, 2010). The 1970s were characterized by criticisms about this model that tended to pathologize and individualize the educational process, specifying itself in the subject-problem, which resulted in some distancing of understanding the multiple determinants of this process and the lack of consideration of the development of preventive actions. The overcoming of this model by the school psychologist is important insofar as it promotes effective changes (M. A. M. Antunes, 2008).

The attributions of the school psychologist may be: to collaborate with the teachers' adaptations for knowledge of Psychology that may be useful to them in the reflective performance of their roles; to develop, with the participants of the school work, activities with a preventive and resolute intention; to develop and execute procedures aimed at understanding the teacher-student relationship, aiming through a collective and interdisciplinary action, to establish a teaching methodology that favors student learning and development; to participate in the work of the pedagogical planning teams, curriculum and education policies, concentrating the action on aspects related to human development processes, learning and interpersonal relationships, as well as participate in the evaluation and redirection of educational practices, among others (Conselho Federal de Psicologia [CFP], 1992)⁵. 'In the educational context, the psychologist, when knowing the multiple determinations of the educational activity, can focus more adequately on certain areas of intervention and develop a work involving the whole school community - teachers, parents, staff, students' (CFP, 2013, p. 54). It is understood, therefore, that the school psychologist acts alongside several fronts in the school routine, contributing to a critical professional performance.

Martínez (2010) classifies the performance of the school psychologist into two main groups: traditional and emerging. The traditional forms of performance present historical

⁵ Federal Council of Psychology.

consolidation in the field of School Psychology. In contrast, the emerging forms of action have a recent configuration. However, the traditional and emerging relationship considers not only the historical factor, but also a new configuration of professional practice. The education and orientation of teachers are a traditional way of acting, considering the psychologist's role to be relevant in both the orientation of teachers and in the contribution to their education in the processes involved in learning and development in their various forms of expression.

Thus, we reflect on the relevance of the adoption of less individualizing positions and the development of professional practices of the school psychologist that are directed to works of a collective nature, involving teachers as partners and contextualizing the educational processes. The school environment therefore requires the dynamics and flexibility of the psychologist to deal with the diverse demands (Souza, Ribeiro, & Silva, 2011). As activities that can be developed by the school psychologist with the teachers we can mention: support both in the definition of educational objectives, content, methods and didactic materials and in the theoretical-practical articulation; support for teacher autonomy; promotion and/or coordination of professional development activities, such as specialized training, experiential groups; guidance, intervention and follow-up for both individual and/or collective difficulties as well as inclusion cases; and, participation and/or coordination of multidisciplinary meetings to discuss cases (Cassins et al., 2007).

With regard to the profile of school psychologists, a study conducted by Souza et al. (2011), which aimed to investigate the performance of the school psychologist in the private school network, found that the majority of participants were women aged between 25 and 35 years, with recent graduation and coming from public education institutions. Data showed that most psychologists worked in Elementary and Middle School and High school. The target public was students, parents and teachers and their work involved intervention with teachers, parents, classroom, professional orientation and assistance to students. In turn, a research conducted by the Federal Council of Psychology (2008), which dealt with the performance of psychologists in Inclusive Education policies, found that 90.4% of the participants in the research were women; 53.3% were between 30 and 49 years of age; and 34.2% of the participants had been psychologists for less than two years.

In view of the above, the performance of the school psychologist along with teachers in relation to Inclusive Education is relevant for the school community, with teachers and students being the main beneficiaries. Thus, this paper intends to present a part of a broader research that aimed to analyze the performance of the school psychologist along with teachers in relation to Inclusive Education. In this sense, we will present the most significant statements of the study participants, as well as their analysis, seeking to understand the performance of psychologists with teachers in regular inclusive schools.

2 METHOD

2.1 TYPE OF RESEARCH

This research was configured as exploratory-descriptive qualitative. The qualitative nature [...] applies to the study of history, relationships, representations, beliefs, perceptions [...], qualitative approaches are better suited to investigations of delimited and focused groups

and segments' (Minayo, 2014, p. 57). The exploratory aspect sought more familiarity with the problem, making it more explicit; and the descriptive aspect aimed at describing the characteristics of a given population or phenomenon (Gil, 2009).

2.2 PARTICIPANTS AND RESEARCH SCENARIO

The research participants were ten school psychologists who worked in three regular private schools in the city of Teresina, Piauí, Brazil. The inclusion criteria of the participants were: a) a minimum of one year as a school psychologist in Basic Education; and

b) professional performance in inclusive private regular school. The criterion for choosing the research scenario, in turn, was the greater number of school psychologists working in the private teaching network compared to the public network of Teresina.

2.3 DATA COLLECTION PROCEDURES

The research, in accordance with Resolution No. 466/12 of the National Health Council/Ministry of Health, had a letter of agreement from the schools and had its project submitted and approved by the Research Ethics Committee of Federal University of Piauí (UFPI), CAAE no 51004515.8.0000.5209. Data were collected individually through semi-structured interviews, according to the participants' availability. Thus, over a period of two months, it became necessary to visit the schools locus of the research for data collection. The Free and Informed Consent Form, a document that contained information about the study, was presented to the participants of the study and, upon acceptance, two copies of this document were signed, so that one was kept with the participant and the other with the researchers.

2.4 DATA ANALYSIS PROCEDURES

The data analysis method used was content analysis, which is divided into three phases: a) pre-analysis; b) exploitation of the material; and c) treatment of results, inference and interpretation (Bardin, 2011). Thus, the speeches of the research participants, in the specific case of school psychologists, were recorded with consent, transcribed, read and reread exhaustively. After this procedure, they were divided into registration units, which corresponded to elements obtained with the analysis of the message. The registration units were grouped according to the thematic, thus giving rise to the categories of data analysis.

3 RESULTS AND DISCUSSION

The research sample consisted of ten school psychologists (P1, P2, P3, P4, P5, P6, P7, P8, P9 and P10) who worked in three private schools (E1, E2 and E3) in the city of Teresina, Piauí, Brazil. Table 1 presents the sample characterization:

Schools	Participants	Gender	Age	Working time as a psychologist	Time as a school psychologist	Level of education in which he/she works
E1	P1	Female	26	3 years	2 years	Middle School and High School
	P2	Female	35	11 years	8 years	Childhood Education
	P3	Female	29	5 years	5 years	Childhood Education and Elementary School
	P4	Female	32	9 years	1 year and 6 months	Elementary School
E2	P5	Female	29	5 years	2 years	Elementary and Middle School
	P6	Female	28	4 years	4 years	Elementary School
	P7	Female	27	2 years	2 years	Middle School and High School
	P8	Female	32	5 years	5 years	Childhood Education
E3	P9	Female	25	1 year e 6 months	1 year	Childhood Education and Elementary School
	P10	Female	25	1 year and 3 months	1 year and 3 months	Elementary and Middle School

Table 1. Characterization of the sample

Source: Elaborated by the authors based on the semistructured interview script.

As observed in Table 1, two participants worked in E1, five participants in E2, and three participants in E3. All participants were female, a criterion not defined for research participation. The participants were of a young age ranging from 25 to 35. These data are similar to those obtained in research on the role of psychologists in Inclusive Education policies (CFP, 2008) and on the performance of the school psychologist in the private education network (Souza et al., 2011). This information also suggests that the workforce in the area of Psychology in general and School and Educational Psychology in particular is predominantly female.

The working time as a psychologist ranged from one year and three months to 11 years. The time as a school psychologist ranged from one to nine years. Half of the sample, comprised of P3, P6, P7, P8 and P10, has an equal time as a psychologist and a school psychologist, and P1 and P9 have a difference less than or equal to one year of this time of performance. These data indicate that the majority of the school psychologists participating in the research had recent graduation in Higher Education when they began their professional practice in this area of activity, which is also related to the young age group of the participants. The school psychologists worked mainly in Elementary and Middle School, which is related, in part, to the results obtained in the study conducted by Souza et al. (2011), in which the majority of psychologists worked in Elementary, Middle School and High School.

The analysis of the interviews made it possible to obtain three categories: inclusive demands addressed to the school psychologist; performance of the school psychologist along

with teachers; and results of the performance of the school psychologist along with teachers, which will be presented and discussed below.

3.1 INCLUSIVE DEMANDS ADDRESSED TO THE SCHOOL PSYCHOLOGIST

The teachers addressed demands arising from school inclusion to the school psychologists participating in this research. Educational actors are challenged to respond to the daily demands of school life related to coexistence and learning from diversity (Matos & Mendes, 2014) and the technical support of other professionals is pointed out as an enabler of school inclusion (Sant'Ana, 2005). The school psychologist is also a professional who offers technical support to teachers. The main demand stemming from inclusion addressed by teachers to school psychologists, referred to the behavioral management of the target public of Special Education in the classroom, as observed in the following statement:

It is usually the management, we had a student [...] who was more classic autism and was with his head down during the whole class, those who did not know him thought he was sleeping, and some teachers, for example, came to me and said: 'I don't know what to do with this student because he spends his whole class with his head down'. So you say: 'OK, he's with his head down, but he's listening to everything that's going on there, he doesn't take notes, but he listens to everything and his way of learning is that'. Then they feel more at ease [...] (P7).

This demand is related to the concern of how the public-targeted students of Special Education are inserted in the regular class, since the absence of effective support to the teacher contributes to the creation of exclusive conditions within the classroom itself. The absence of curricular and methodological changes is also a contributor to the exclusion condition in the classroom (A. A. Antunes, 2017; Góes, 2013). In this perspective, another demand cited by the school psychologists was the academic demand, exemplified in the following statements:

[...] how to approach certain contents [...], the tests, the evaluations, the activities, the teachers come to us to know how, what to consider of that response, that activity, that student. We also sit down to do some of this evaluation (P5).

[...] as each child is a specific case, even professionals who have experience with special children have difficulties that are pertinent, then there is a child who verbalizes, the other doesn't, there are children who have well developed attention, others have low attention. They bring these situations, and then, together, we study the case [...]: 'what are you going to do so that the content that you are giving reaches that child?'. Together we seek alternatives [...] (P8).

These reports suggest that the academic demands addressed to school psychologists emphasize both the methodological teaching strategy and the adaptive dimension of the curriculum, contents and evaluation system. All of these aspects are focused on the student's learning process, which is related to that pointed out by Santos, Menezes, Borba, Ramos, & Costa (2017).

School psychologist P1 mentioned how the challenge of a single teacher is to manage a classroom with a high number of students:

There is only the teacher, sixth grade has no teaching assistant, it is the teacher and that's it [...] he has to deal with a classroom with thirty, forty students and give special attention to

this student who has greater difficulty. Because sometimes it is not only the student who has the diagnosis, sometimes there is the student who has no diagnosis and who has difficulty in understanding [...]. Then, he has to work hard to be able to deal with all cases (P1).

School psychologists P4 and P9 recognized family management as a demand, as explained below:

[...] they bring complaints from families, even with regard to the difficulty of dealing with the child, with the adolescent, it is in this sense (P4).

[...] and, secondly, deal with the family [...] (P9).

The analysis of the data presented in this category allowed us to verify that the main demands of the inclusion addressed to the school psychologists by the teachers were related to the management in the classroom: behavioral, academic or both. Family management was also mentioned, but in an incipient way by two school psychologists. The demands of classroom management were pointed out by psychologists E1, E2 and E3, even among those who work at different levels of education: Childhood Education, Elementary and Middle School and High School. Family management, mentioned less frequently, was also a demand addressed to psychologists from different schools.

3.2 ACTIVITIES DEVELOPED BY THE SCHOOL PSYCHOLOGIST ALONG WITH TEACHERS

All the school psychologists participating in the research reported that they worked with teachers in relation to Inclusive Education. This action was mainly related to listening, individual and/or group orientation, classroom and project interventions. The individual orientations were mainly related to the academic demands as well as the behavioral demands and family management. P8 exemplified an individual orientation from a perspective of jointly defining strategies, unlike the others, such as P3, who exemplified a more directive orientation:

[...] I bring some material, for example, that worked out in a classroom, I call another teacher from another classroom and I say: 'Look, go to that classroom and take a look there, see how the routine is, how the resource that we did in the classroom is and check if it can be done for another child'. I show, for example, to the Kindergarten, who are very small children, a box of stimuli, so I give this suggestion and I help to assemble, and then I see the job, if it is working, the goal is that we are always very close (P3).

[...] I don't usually say 'you have to do this', I sit down with the teacher and 'let's think, structure how you're going to do your class, what you are going to do so that content you're giving reaches that child', and together we seek alternatives, and this practice is very efficient because the teacher learns to know that student [...]. We are always attentive to this moment, welcoming this professional, listening, trying to give a direction, give an alternative situation so that he can cure his difficulties (P8).

In this perspective, collaboration with teachers through knowledge of Psychology that is useful to them in the reflective performance of their roles is indicated as an attribution of the school psychologist (CFP, 1992). The individual guidance activity encompasses this

approach. The group orientation addressed to the teacher was also another activity developed by the school psychologists as a way of acting according to the demands, both in the preventive and resolute perspective:

[...] at the beginning of the school year, we have a practice called 'profile transfer', the service is to meet the teachers and pass the entire profile of the class that he/she will teach. We talk about those students who performed well, those who need to move forward, those who have specificities, what the specificities are, what strategies worked and did not work. At the beginning of the school year, the teacher receives the class and is aware of all these characteristics, and we do this with all classes (P6).

[...] at the beginning of the school year, we give the teachers a profile of the classes. The first activity of the year was: to meet on Saturday, that is the day of their meeting, and then I'm going to transfer that profile, both general of the class, how the rhythm of the group is, this group talks too much, this one is quieter, this one the teacher needs to demand more. Another thing: performance, who are the students who need better attention and the students who have a special need [...]. You talk about the characteristics, and the strategy to be used with that student [...] (P7).

[...] when I realize that a specific difficulty of the teacher is something that can add value to other teachers, we also take this as a case study, so we take the situations and we take in collective meetings so the teachers can also see how that particular situation was resolved (P8).

The group orientation was reported by three school psychologists. This practice occurs in collective meetings both from a preventive perspective, such as the objective practice of transferring the class profile, mentioned by P6 and P7, E2 psychologists; from a preventive and resolute double perspective, such as the case study practice mentioned by P8, E3 psychologist, in which a real case is studied by the group and the intervention strategy used is presented. From this perspective, the previous statements refer both to the promotion of group activities (Cassins et al., 2007) and to preventive and/or resolute activities in the practice of the school psychologist (Cassins et al., 2007; CFP, 1992).

The attribution of verbal guidance by the participants involved a notion that the individual orientation has a resolute approach and the group orientation has a resolute and preventive approach. Orientation, individual and group, aimed at the teacher is considered as an attribution of the school psychologist in literature (Cassins et al., 2007; Martínez, 2010).

School psychologists also pointed to direct intervention in the classroom as a response to the demands received:

[...] we talk about the issue of economy of notepads, stars, then we make a classboard and specify the activities and each activity has score points, then they will do it, sing the anthem correctly and then they are going to get stars, and there is the name of all the students and it works very well in Early Childhood Education. [...]. All this is shown to the student and the class does not realize it, everyone gets points in the end, then, every ten stars, they get a star in their diary [...] (P2).

[...] one of the proposals within my theory is the model, so I always try to go to the classroom to see what they are talking about. In case I am present I give the model of how they should do it, what the proposal would be like, then I intervene, I work with the child so they can see it [...] (P3).

My work was direct, in the classroom itself; often it is no use saying: 'Teacher, you don't have to hold his hand, you will only hold his wrist because he does not have well-developed motor skills, you do not need to hold the hand because you will influence the autonomy, the child has to use the strength'. If I say so to the teacher, many times he will not know how to do it. So I go there and spend one or two mornings with him guiding how he's going to do it, and then we change places, the teacher comes here and I watch and command [...] (P9).

Direct interventions in the classroom responded mainly to behavioral and academic demands. Among the strategies mentioned, there was the presentation of the model (P3 and P9) and the economy of notepads (P2), techniques of behavioral basis.

In addition to the objective actuations through the demands coming from inclusion, shown in the previous category, the psychologists reported acting through projects, which can be verified below:

The projects are focused on three levels. For example, I have a project with the students and there is a theme that I see that is an important theme to be worked on with the family, every two months. I have the meeting with the family, so I work with the family on something that I worked on with the students. Every two months, I also have a meeting with the teachers, it's a planning meeting, but the beginning of the meeting is usually with me, so I discuss something I discussed with the students and that it's important to work with them [...]. There is also the bullying project, which we work on with students, parents and teachers in relation to this (P1).

The Psychology Council's proposal in the area of school is to work with the entire community. So, when we had the implementation of the service, we tried to divide it by areas and, within those areas, the projects appeared. [...] the other project is oriented towards teachers [...], so it ends up being a project with the teachers, that is of continuous education. We give lectures, workshops, participate in planning and then enter into this project with teachers, but focusing on the student. [...] the inclusion project permeates everything, so it will work with the graduated teachers. ... the lectures, meetings, materials, books or chapters of books, papers, which I am always giving to them, training on Saturdays, planning, and always available, finding strategies (P3).

School psychologists P1 and P3 talked about school projects involving the three levels: family, students, and teachers. Specifically, in the case of P3, there is reference to more than one project involving the teaching staff. The projects developed by the psychologists with the teachers were based on a preventive perspective of professional activity and involved mainly the training of teachers. However, the previous statements make it possible to verify projects developed in a more structured way, as mentioned by P3, often having greater time and different methodologies. And projects developed in a less structured way, usually occurring in a specific way during meetings, as mentioned by P1. In the case of P3, it can be observed that in the training of teachers carried out in projects, different methodologies were used, such as workshops, lectures, dynamics, experiences, case study and discussion, texts and materials, for example. In addition to the training of teachers, school psychologist P1 referred to a project that involves bullying and that also included the teaching staff.

Conducting collective work with a preventive focus, such as teacher training, is an attribution of the school psychologist as also described in research and in documents that

guide the area (M. A. M. Antunes, 2008; Braz-Aquino, Ferreira, & Cavalcante, 2016; CFP, 1992, 2013; Cassins et al., 2007; Martínez, 2010; Souza et al., 2011). The implementation of projects in the practice of school psychologists is a preventive action. P3 also refers to her performance with guidance from the Psychology Council and, when mentioning that the continuing education of teachers also focuses on the student, refers to the aspect pointed out by the governing body of the profession (CFP, 2013) that the work developed within a segment should focus on the collectivity.

The analysis of the data obtained in this category allowed us to describe the activities developed by the school psychologists with the teachers in relation to Inclusive Education, to respond to the demands from the inclusion that are addressed by the teachers, as well as projects carried out in a preventive way, involving mainly the teacher training.

3.3 Results of the school psychologist's activities along with teachers

The results that school psychologists observe in their work with teachers in relation to Inclusive Education will be addressed in this category. All the participants of the research identified benefits from this action, the main ones being those that referred to the evolution of the student who is target public of Special Education; the teacher's understanding and awareness of the student's specificity; the greater use of strategies, such as the adaptation of tests and activities; the security and autonomy of the teacher in the development of activities with the student; the reduction of demands during the school year; and positive feedback received by teachers. The following statements exemplify some benefits:

[...] I think that from the time that we started up until now I've noticed a decrease in demand, because before they came all the time and, today, I think they already manage to do some things with autonomy. I think this is a positive point, as it was once a very intense demand from them and it is now diminishing. I also think that in the development itself, in the advancement of some children, it is possible to perceive that it has been working [...] (P3).

I identify benefits, because if we did not identify them, it would be difficult to realize how the work is going. This week, for example, I had a very positive feedback from a teacher from Middle School, who is from a class I observe, seventh grade, the class was resistant to the teacher, so they did not do the activities, they got low marks in the test and they did not care [...]. I've been observing other classes, and she said, 'Now I'm doing these strategies, it's working, they're responding better, they're more motivated', that is, you notice that your way of seeing things changes the way the teacher sees things. She did not have this perception that it was her methodology, because the fault was the students' who are resistant, naughty; she understood, and the class was changing and their relationship changed as well (P10).

In her statement, P10 presents a critical reflection about the student's blame for school failure instead of a redefinition of strategies on the part of the teacher, which is related to what literature says about the first actions of the school psychologist and resulted in the pathologization and the individualization of the educational process (M. A. M. Antunes, 2008; Petroni & Souza, 2017). In the same perspective, it is considered that an inclusive educational model must reach representations around the disability, the social function of the school, the

teaching-learning process, the curriculum, the organization of the pedagogical work, and so on (Santos, 2011).

The attributions of the school psychologist with teachers towards Inclusive Education were perceived in a beneficial way for both the student and the teacher and for the School Psychology Service itself.

4 CONCLUSION

The educational scope encompasses studies in the various areas of science. School inclusion has brought awareness to the attitudinal aspect of the members of the school community in order that, despite the frequent challenges, inclusive practices are part of everyday school life. The accomplishment of this research emphasized the importance of the Psychology and Education interface, allowing the study of the performance of the school psychologist who has the teachers as the target public. The inclusive context experienced in regular schools evidenced the relevance of this practice.

The objective of this research was to analyze the performance of the school psychologist with the teachers regarding Inclusive Education. The results indicated that school psychologists develop activities such as listening; individual and/or group orientation; classroom interventions; and projects. These attributions are related to behavioral, academic and family management demands addressed to them by teachers. The main projects developed by the participants were teacher training. The results obtained in the performance of the school psychologist towards the teachers in relation to Inclusive Education were perceived as beneficial by the participants, especially regarding aspects of student evolution, attitudinal changes of teachers and reduction of demands addressed to the School Psychology Service.

Thus, the existence of professional practices with teachers in relation to Inclusive Education can be highlighted, of both a resolute nature and preventive nature, carried out with greater or lesser focus by the different participants. Critical and professional work involving the entire school community is considered paramount by guiding documents and literature in the area. The performance of the school psychologist along with the teachers, despite being considered as a traditional way of acting, is a theme still not much discussed by research, especially considering the inclusive educational scenario.

In this way, it is considered relevant to carry out in-depth studies aimed at specific lines of action from the school psychologist. We indicate a similar study to this one with a larger sample and covering other contexts, which may be later replicated in the context of public education.

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