

## ETHICS, SPORTS AND EXERCISE MEDICINE AND THE FEDERAL COUNCIL OF MEDICINE

In my first editorial and with consensual permission, I would especially like to address the doctor specialist in Sports and Exercise Medicine and those who aim to follow this path, in an attempt to share recent and important achievements.

Nevertheless, let me first provide some brief historic background. In 2004, through action of the Board of Directors of the Brazilian Society of Sports and Exercise Medicine, where I was the president, the Technical Chamber of Sports Medicine was created by the Federal Council of Medicine, which was headed by its former Counselor Doctor Marco Antonio Becker, having also had Doctor Félix Albuquerque Drummond as one of its members. The Technical Chamber is currently active, having as Counselor Doctor Emmanuel Fortes Silveira Cavalcanti by the FCM, Doctor Nabil Ghorayeb, Doctor Serafim Ferreira Borges and myself as members. This Chamber produced in 2008 a Resolution, numbered 1,833, which considers Sports Medicine as being a specialty with specific characteristics and determines the obligation of the presence of Medical Service, with a responsible doctor responding to the regional RCM, in exercise and sports practice premises, and defines, among others, the need of minimal conditions for the exercise of the medical profession.

Subsequently, and already in the middle of the year of 2010, it was the time for the Resolution FCM no. 1,948, which regulates the medical practice for temporary professional practice in another state; that is to say, for those who follow their athletes during games and competitions in states different from their regional registration origin.

Although these achievements have been important ones, the best was yet to come: the Resolution no. 2,012. It was published on March, 2013 and states about the medical organization in events, setting discipline to the physical and material infrastructure for the audience's assistance, including sports squares, clubs, games, street running and other places where the activity of a doctor is planned, guaranteeing hence fast and good assistance. It also regulates the activity of a foreign doctor who follows his/her delegation while visiting our Country.

This latter resolution meets all the expectations for our specialty, since it will provide conditions to doctors in general, and especially to sports doctors, suitable and dignifying conditions to apply his/her knowledge in the practice of the profession.

The many Regional Councils of Medicine will be responsible for the inspection, supervision and release of the premises for activity of the doctors in the events. However, this fact will only happen with collective help, through consultation with these organs about this Resolution's effective exercise.

I invite everyone to question their respective Councils of Medicine about the existence of formal and explicit release for the activity of doctors during programmed events to their knowledge.

I especially invite the medical doctors, specialists in Sports and Exercise Medicine, to ensure this victory we hardly fought for is enforced.

Finally, I invite the Brazilian Society of Sports and Exercise Medicine, its Board of Directors and its members, to lead this expressive campaign for the dignifying exercise of Medicine.

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