

Antioxidant properties of species from the Brazilian cerrado by different assays

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ABSTRACT: The purpose of this study was to screen the antioxidant activity of medicinal plant extracts from the Brazilian cerrado, through other methods than the total phenolic content and its correlation with the antioxidant activity. Ethanolic extracts of ten species were evaluated through three antioxidant assays, *in vitro*, including 2,2-diphenyl-1-picrylhydrazyl (DPPH), total antioxidant activity and reducing power; and by using the Folin-Ciocalteu method the total phenolic content was determined. Ethanolic extracts of *Stryphnodendron obovatum*, *Cecropia pachystachya* and *Duguetia furfuraceae* showed strong antioxidant activity ($IC_{50} < 5 \mu\text{g mL}^{-1}$) in the DPPH free radical scavenging assay; the species *Vernonia phosphorea*, *Hymenaea stagnocarpa* and *Jacaranda ulei* may also be highlighted. These results were confirmed in the assays of total antioxidant capacity and reducing power. The extracts of *S. obovatum* and *V. phosphorea* showed an abundant phenolic content; therefore, the phenolic content may play a role in the antioxidant activity. These two species, traditionally used in Brazil, showed great power in these assay systems and may be a promising source for the development of natural antioxidants and future candidates for phytochemical and pharmacological studies in related diseases.

Keywords: antioxidant potential, total phenolic content, *Stryphnodendron obovatum*, *Vernonia phosphorea*

RESUMO: Avaliação da propriedade antioxidante de espécies do cerrado no Brasil detectada por diferentes ensaios. O objetivo desse trabalho foi triar a atividade antioxidante de extratos de plantas medicinais do cerrado do Brasil, por outros métodos além do conteúdo de fenóis totais e sua correlação com a atividade antioxidante. Assim, o extrato etanólico de dez espécies vegetais do cerrado brasileiro foi avaliado por três ensaios de atividade antioxidante, *in vitro*: 2,2-difenil-1-picrilhidrazil (DPPH); atividade antioxidante total e poder redutor; e o teor de fenóis determinado pelo reagente de Folin-Ciocalteu. O extrato etanólico de *Stryphnodendron obovatum*, *Cecropia pachystachya* e *Duguetia furfuraceae* apresentaram forte atividade antioxidante ($CI_{50} < 5 \text{ mg mL}^{-1}$) no ensaio com o DPPH, tendo destaque também as espécies *Vernonia phosphorea*, *Hymenaea stagnocarpa* e *Jacaranda ulei*. Os extratos de *S. obovatum* e *V. phosphorea* demonstraram maiores teores de fenóis, indicando que esse grupo de substâncias possa ser a responsável pela atividade antioxidante. Essas duas espécies, usadas tradicionalmente no Brasil, representam fontes promissoras para o desenvolvimento de antioxidantes naturais e futuros estudos fitoquímicos e farmacológicos em doenças relacionadas.

Palavras-chave: potencial antioxidante, fenóis totais, *Stryphnodendron obovatum*, *Vernonia phosphorea*

INTRODUCTION

There has been an increasing interest in natural antioxidants, present in medicinal and dietary plants, which might help prevent oxidative stress. Oxidative stress is the result of the imbalance

between the antioxidant defense system and the formation of oxygen free radicals, that is, reactive oxygen species (ROS). Free radicals are caused by various environmental chemicals as well as

endogenous metabolism (Ichihashi et al., 2004). ROS may damage important membrane lipids, proteins, DNA and carbohydrates (Nohl et al., 2005; Halliwell et al., 1999; Halliwell et al., 1992). The damage may cause cell injury and death, and exacerbate the development of several aging-related chronic diseases, including atherosclerosis, diabetes, cardiovascular diseases and cancer (Masella et al., 2005; Yesilada et al., 2000; Kasai et al., 2000; Jin & Chen, 1998).

Sources of natural antioxidants are primarily phenolics of plants that may occur in all parts of the plant such as fruits, vegetables, nuts, seeds, leaves, roots and barks. Phenolics of plants are multifunctional and can act as reducing agents (free radical terminators), metal chelators and singlet oxygen quenchers. The most common phenolic antioxidant of plants include tannins, flavonoids, cinnamic acid derivatives, coumarins, tocopherols and polyfunctional organic acids. Consumption of antioxidants from plant materials that inhibit free radical formation or accelerate their elimination has been associated with a lowered incidence of these diseases as a consequence of oxidative stress alleviating of free radicals (Leong & Shui, 2002; Ames, 1983; Hertog et al., 1993). Recently, interest has increased considerably in finding naturally occurring antioxidants for use in foods, as a replacement for synthetic antioxidants, such as BHA and butylated hydroxytoluene (BHT), which have had their use restricted due to their side effects such as carcinogenesis (Storz, 2005; Gutteridge, 1993; Kehrer, 1993) or medicinal materials (Dinesh & Ghosh, 2012; Lönn, et al., 2012; Psaltopoulou et al., 2011; El-barbary et al., 2011; Collins, 2005).

There are several experimental models *in vitro* to determine the antioxidant activity of substances, such as DPPH, ABTS, α -carotene bleaching, ferro ion chelating, and others. In general, these assays have the different mechanisms of antioxidant activity (Mathew & Abraham, 2006). The concentration of the antioxidant and structure are better defined and controlled during *in vitro* as compared to *in vivo* studies. Although *in vivo* studies are more realistic, they are also incredibly multi-faceted, with factors such as its antioxidant metabolism and instability. Studies, *in vitro*, are controlled more simply, being important in the initial deduction of the characteristics of a new series of antioxidants. Thus, health effects and mode of action of antioxidants can be elucidated and it is important to confirm the results by different assays (Haenen et al., 2006).

The aim of this study was to screen medicinal plant extracts of Brazil cerrado origin for their potential antioxidant activity, using different assays such as reducing power, total antioxidant activity

and free radical scavenging by the 2,2-diphenyl-1-picrylhydrazyl (DPPH) to confirm the proton and electron donating mechanism. Additionally, the total phenolic content from plant extracts was measured and their correlation with the antioxidant activities was ascertained by using the Pearson correlation coefficient.

MATERIAL AND METHOD

Plant Materials

The plant materials were collected, 2003, in the reserve in the *Campus* of the Universidade Católica Dom Bosco (20°24'- 37°4's and 54°36'- 52°5'w, mean altitude between 569 and 640 m) in the State of Mato Grosso do Sul, Brazil, and identified by the botanists Dr. Arnildo Pott, Dr^a Vali J. Pott (CNPGC/EMBRAPA) and Dr^a Ubirazilda Maria Resende (Universidade Federal do Mato Grosso do Sul). Voucher specimens are kept for reference in the HMS Herbarium - CNPGC/EMBRAPA) and Herbarium of the Universidade Federal do Mato Grosso do Sul in the city of Campo Grande (CGMS) (Table 1).

Preparation of extracts

Dried leaves, roots and barks (1 Kg) of the plants were pulverized and subjected to successive extraction by maceration with hexane and ethanol with replace of solvent until exhaustion. The solvents were evaporated under reduced pressure to give a solid residue.

DPPH free radical scavenging assay

The hydrogen atom or electron donation ability of the corresponding extracts was measured from the bleaching of purple colored ethanol solution of 2,2-diphenyl-1-picrylhydrazyl (DPPH – Sigma Aldrich) (Brand-Williams et al., 1995). The DPPH is a stable radical that accepts an electron or hydrogen radical to become a stable (Soares et al., 1997). Ethanolic solutions (2.5 mL) of various concentrations of the extracts in hexane and ethanol (5, 10, 25, 50, 125 and 250 mg mL⁻¹) were added to 1 mL of an ethanol solution of DPPH (0.3 mM). After a 30 min incubation period at room temperature, the absorbance was read against a blank at λ 516 nm. Free radical DPPH inhibition in percentage (I%) was calculated as follows:

$$I\% = (A_{\text{blank}} - A_{\text{sample}} / A_{\text{blank}}) \times 100$$

where A_{blank} is the absorbance of the control reaction (containing all reagents except the test compound or extract), and A_{sample} is the absorbance of the test extract. Extract concentration providing

TABLE 1. Botanical data and medicinal uses of Brazilian cerrado plants studied.

Botanical name	Family	Part plant	Voucher	Medicinal uses
<i>Bowdichia virgiloides</i> Kunth.	Fabaceae	Leaves	CGMS 11966	Anti-inflammatory and antinoceptive potential (Thomazzia et al., 2010; Silva et al., 2010; Barros et al., 2010)
<i>Cecropia pachystachya</i> Trécul	Cecropiaceae	Leaves	CGMS 11697	Cardiotonic, sedative and hypoglycemic activities (Aragão et al., 2010; Consolini et al., 2006;)
<i>Duguetia furfuraceae</i> (St. Hil) Benth. & Hook	Annonaceae	Leaves	HMS 4445	Rheumatism and renal colic (Rodrigues & Carvalho, 2001)
<i>Hymenaea courbaril</i> L.	Fabaceae	Leaves	CGMS 11696	Diarrhoea, dysentery, intestinal colic, cystitis, antiviral activity and inhibition of 5-lipoxygenase (Cecílio et al., 2012; Lorenzi & Matos, 2002; Braga et al., 2000; Panizza, 1997)
<i>Hymenaea stignocarpa</i> Mart. ex. Hayne	Fabaceae	Leaves	CGMS 11695	Antidiarrheal, gastro-protective and cicatrising activities (Orsi et al., 2012)
<i>Jacaranda ulei</i> Bureau & K. Schum.	Bignoniaceae	Leaves/Roots	CGMS 11972	<i>Jacaranda</i> species are used for blenorrhagy, skin ulcers, anti-syphilis and anti-gonorrhoea, and anti-inflammatory remedies (Gachet & Schühly, 2009)
<i>Melacium campestre</i> Naudin	Cucurbitaceae	Leaves	HMS4441	<i>Struthanthus</i> species are used in parasitosis and skin disorders (Martinez & Barboza, 2010)
<i>Struthanthus cf polyrhizus</i> Mart.	Loranthaceae	Leaves	CGMS 11700	Wound-healing, anti-inflammatory, anti-ulcerogenic, anti-tyrosinase and Molluscicidal activities (Lopes et. al, 2005; Rebecca et al., 2003; Baurin et al., 2002; Bezerra et al., 2002)
<i>Stryphnodendron obovatum</i> Benth.	Fabaceae	Bark	CGMS 32997	-
<i>Vernonia phosphorea</i> Vell.	Asteraceae	Leaves	CGMS 11970	Antimalarial, anticancer, hypoglycaemic (Masaba, 2000; Izevbogie et al., 2008)

50% inhibition (IC_{50}) was calculated from the graph plotted inhibition percentage against extract concentration. Tests were carried out in triplicate and butylated hydroxytoluene (BHT), quercetin and rutin (all from Sigma Aldrich) in the same concentrations were used as positive controls.

Determination of total antioxidant capacity

The antioxidant activity of the extracts was evaluated by using the phosphomolybdenum method according to the procedure of Prieto et al. (1999). The assay is successfully used to quantify vitamin E in seeds and, being simple and independent of other antioxidant measurements commonly employed. The assay is based on the reduction of Mo(VI)–Mo(V) by the extract and subsequent formation of a green phosphate/Mo(V) complex at acid pH. 0.3 mL ethanolic extracts were combined with 2.7 mL of reagent solution (0.6 M sulfuric acid, 28 mM sodium phosphate and 4 mM ammonium molybdate). The tubes containing the reaction solution were incubated at 95°C for 90 min. Then the absorbance of the solution was measured at 695 nm using a spectrophotometer against blank after cooling to

room temperature. Ethanol (0.3 mL) in the place of extract is used as the blank. Tests were carried out in triplicate and butylated hydroxytoluene (BHT), quercetin and rutin in the same concentration were used as positive controls. Antioxidant capacities of samples were expressed as ascorbic acid equivalents ($mmol\ mg^{-1}$ of plant extract).

Reducing power

Reducing power of the ethanolic extracts obtained was determined by the method explained by Oyaizu (1986). In this assay, the antioxidant activity of the samples was measured by their ability to reduce the Fe^{3+} /ferricyanide complex by forming ferrous products. Fe^{2+} can be monitored by measuring the formation of Perle's Prussian blue. 1.0 mL of ethanol containing different concentrations of samples were mixed with 2.5 mL of phosphate buffer (0.2 M, pH 6.6) and 2.5 mL potassium ferricyanide (1%). Reaction mixture was incubated at 50°C for 20 min. After incubation, 2.5 mL of trichloroacetic acid (10%) was added and centrifuged at 3000 rpm for 10 min. From the upper layer, 2.5 mL solution was mixed with 2.5 mL distilled water and 0.5 mL

FeCl₃ (0.1%). Absorbance of all the sample solutions was measured at 1700 nm. Increased absorbance indicates increased reducing power (Meir et al, 1995; Kumaran & Karunakaran, 2007). Tests were carried out in triplicate and butylated hydroxytoluene (BHT), quercetin and rutin in the same concentrations were used as positive controls. Antioxidant capacities of samples were expressed as ascorbic acid equivalents (mmol mg⁻¹ of plant extract).

Determination of total phenolics

Total phenolic content of extracts was assessed by using the Folin–Ciocalteu phenol reagent method (Fonseca & Librandi, 2008). The extracts were diluted with the same solvent used for extraction to a suitable concentration for analysis. To 1 mL of the sample extracts were added 5.0 mL of Folin–Ciocalteu reagent and 4 mL of sodium carbonate (7.5% w/v), and the contents were mixed and allowed to stand for 5 min in 50°C. Absorption at 1765 nm was measured in a UV–Vis Spectrophotometer. The total phenolic content was expressed as gallic acid equivalents (mg g⁻¹ of plant extract), using an analytical curve generated with gallic acid (Sigma Aldrich).

Statistical analysis

The data were analyzed by repeated measures of one-way analysis of variance (ANOVA) with Tukey post test and the correlation of total phenolic and antioxidant activities (DPPH) was analysed by Pearson rank correlation coefficient. using SPSS Version 6.0. Significance was set at 5%.

RESULT AND DISCUSSION

In the search for plants with antioxidant activity and pharmacological potential, were tested extracts of native species from Brazilian cerrado flora. The choice of the species was focused on plants traditionally used in Brazil for their relation with antioxidant properties, as anti-inflammatory, as well as nonspecific symptoms which could be frequently described as inflammatory origin, cancer and diabetes. Selected plant species, the parts of plants used for extraction, the voucher number and the medicinal uses are shown in Table 1. Different parts of ten plants of the seven families were extracted with hexane and ethanol. The extracts obtained were screened for their possible antioxidant activity by using three test systems; DPPH free radical scavenging, determination of total antioxidant capacity and reducing power to confirm the mechanism of proton and electron donating abilities (Haenen et al., 2006) and the Folin–Ciocalteu method to determine the amount of total phenolics and the correlation with this action.

As expected, the DPPH activity test results from the experiments indicated the superiority of the polar extracts to the non-polar extracts studied. The hexanic extract of *B. virgiloides*, *H. courbaril* and *H. stignocarpa* did not show any activity (Table 2). The effect of methanol extracts are better than hexanic in *C. pachystachya*, *D. furfuraceae*, *S. cf. polyrhizus* and *S. obovatum*. The best scavenging effect of hexanic extracts was *M. campestre*. The scavenging effect of the three best methanol extracts with the DPPH radical is in the following order: *S. obovatum*, *C. pachystachya*, *D. furfuraceae* (Table 2).

The total antioxidant capacity is given in Table 2. The study reveals that the ethanol extract of *S. obovatum* seems to be having a higher capacity than the other species. The decreasing antioxidant activities of the plant species are in this order: *S. obovatum*, *V. phosphorea*, *H. stignocarpa*, *C. pachystachya*, *D. furfuraceae*, leaves *J. ulei* = roots *J. ulei*, *S. cf. polyrhizus* and *H courbaril* = *B. virgiloides* = *M. campestre*.

The results of reductive capabilities of the ethanolic extracts show that the ethanolic extract of *S. obovatum* possesses higher capacity than other species (Table 2). The reducing power of ethanolic extract of plants followed the decreasing order: *S. obovatum*, *V. phosphorea*, leaves *J. ulei*, *H. stignocarpa*, *D. furfuraceae*, *C. pachystachya*, *B. virgiloides*, *H courbaril* = *M. campestre*, roots *J. ulei*, *S. cf polyrhizus*.

The colorimetric analysis of total phenolics of ethanolic extracts is based on the absorbance values of the extracts solutions which reacted with Folin–Ciocalteu reagent as described in methods. The results are show in Figure 1. The amount of the total phenolics was highest in *S. obovatum*, followed by *V. phosphorea* roots and leaves of *J. ulei*. The amount of the total phenolics was lowest in *M. campestre*. The Folin–Ciocalteu assay, one method used for quantitative analysis of total phenols is based on the reaction of Folin–Ciocalteu reagent with the functional hydroxy groups of phenolic compounds. Currently the Folin–Ciocalteu assay has also been used to quantify the antioxidant activity (Michalska et al., 2008).

There is a strong correlation in amount of the total phenolics of ethanolic extracts and antioxidant activity (DPPH) (Pearson test, $r = 0.98$, $p \leq 0.01$). *S. obovatum* and *V. phosphorea*, which possesses the best antioxidant activity potential, possesses the highest amount of the total phenolics.

According to the results, the ethanolic extracts of *S. obovatum*, *C. pachystachya* and *D. furfuracea* showed strong, *in vitro*, antioxidant activity in DPPH free radical scavenging assay; *S. obovatum*, *V. phosphorea* and *H. stignocarpa* ethanolic extracts *in vitro* total antioxidant capacity

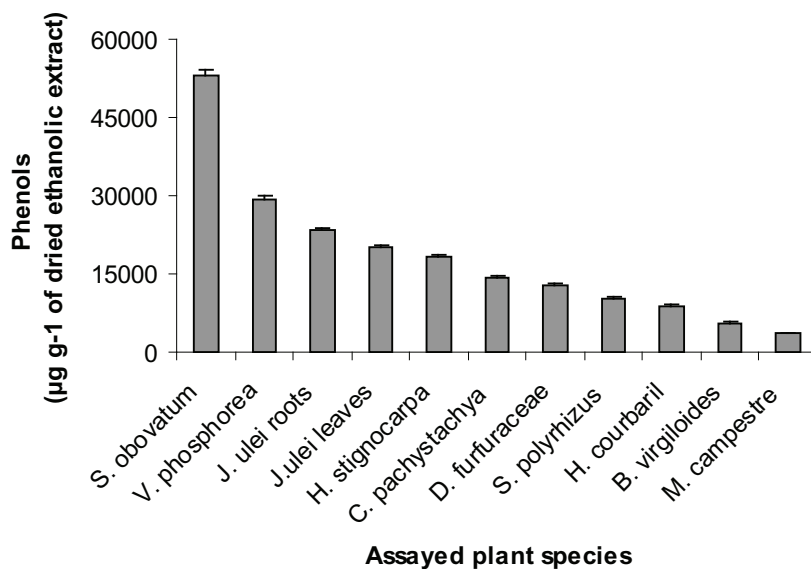
TABLE 2. IC₅₀ values against DPPH, total antioxidant capacity and reducing power of Brazilian cerrado plants.

Botanical name	IC ₅₀ ($\mu\text{g mL}^{-1}$)*		Total antioxidant capacity**	Reducing power**
	Dried hexanic extract	Dried ethanolic extract	Dried ethanolic extract	Dried ethanolic extract
<i>Bowdichia virgiloides</i> Kunth.	—	5.26 ± 0.01	120.14 ± 3.23	131.13 0.88
<i>Cecropia pachystachya</i> Trécul	8.60 ± 0.78	2.15 ± 0.24	186.78 ± 1.49	140.66 ± 0.96
<i>Duguetia furfuraceae</i> (St. Hil) Benth. & Hook	8.71 ± 0.52	3.40 ± 0.28	152.95 ± 0.68	146.12 ± 3.82
<i>Hymenaea courbaril</i> L.	—	4.18 ± 1.93	123.69 ± 0.74	125.8 2.75
<i>Hymenaea stignocarpa</i> Mart. ex. Hayne	—	10.21 ± 1.17	202.03 ± 0.75	176.86 ± 1.54
<i>Jacaranda ulei</i> Bureau & K. Schum. Leaves	8.92 ± 1.43	6.38 ± 0.06	138.23 ± 1.46	187.78 ± 1.14
<i>Jacaranda ulei</i> Bureau & K. Schum. Roots	5.02 ± 4.69	8.54 ± 0.55	135.13 ± 2.57	138.24 ± 0.76
<i>Melacium campestre</i> Naudin	4.46 ± 0.07	4.53 ± 0.09	118.21 ± 3.54	120.13 ± 2.30
<i>Struthanthus cf polyrhizus</i> Mart.	8.87 ± 0.37	5.29 ± 0.02	132,48 ± 0.85	118.81 ± 0.58
<i>Stryphnodendron obovatum</i> Benth.	5.46 ± 0.95	0.80 ± 0.25	393.41 ± 2.18	312,76 ± 1.00
<i>Vernonia phosphorea</i> Vell.	23.48 ± 10.11	15.85 ± 0.88	215.81 ± 1.49	207.97 ± 1.00
BHT		2.66 ± 0.08	228.51 ± 3.25	355.70 ± 0.96
Rutin		1.39 ± 0.01	168,93 ± 2.14	253.96 ± 2.48
Quercetin		0.40 ± 0.22	245.34 ± 3.22	515.74 ± 2.20

Results are expressed as mean ± SD, n=3.

*IC₅₀: concentration of drug in mg mL⁻¹ that caused 50% of DPPH inhibition.

** mmol ascorbic acid mg⁻¹ of dried ethanolic extract; concentration of extracts used = 50 mg mL⁻¹.

**FIGURE 1.** Total phenolics of ethanolic extracts from Brazilian native plants studied (mg gallic acid g⁻¹ of dried ethanolic extract). Results are mean ± SD (n = 3).

test, while *in vitro* reducing power test *S. obovatum*, *V. phosphorea* and leaves of *Jacaranda ulei*. With some small variations, the three antioxidants assays were able to confirm the proton and electron donating of the extracts evaluated. By using the Folin-Ciocalteu method to determine the total phenolic and antioxidant activity, it was shown that these extracts contain abundant phenolics, mainly *S. obovatum* and *V. phosphorea*. In addition, *V. phosphorea* also contained rich and effective phenolics in the reducing power and total antioxidant tests but they are not so effective in the DPPH system. This may be attributed to the compounds of plant extracts possessing small differences in their proton and electron donating abilities (Rice-Evans et al., 1996). It is important to point out that there is a positive correlation between antioxidant activity potential and amount of phenolic compounds of the extracts, because these substances can act as reducing agents, metal chelators and singlet oxygen quenchers (Leong & Shui, 2002). Thus, the total phenolics may play a role in the antioxidant activity (Duthie & Crozier, 2000).

Several simple bioassays were developed for screening purposes, in an effort to discover new lead compounds. Many research groups screen plant extracts of Brazilian biomes, like Cerrado, Atlantic Forest, Amazon and Caatinga to detect bioactive substance (Cecilio et al., 2012; Tretin et al., 2011; Mesquita et al, 2009; Pavan et al., 2009; Cardoso-Lopes, 2008; Alves et al., 2000).

According to Myers et al. (2000) Atlantic Forest and Cerrado are part of the 25 global biodiversity hotspots. Together, these hotspots contain 44% of all plant species are endemic. Thus, these biomes are rich in endemism, so an important source of bioactive substance.

There is tremendous amount of reports of plants as antioxidants under various disease conditions like diabetes, cancer, atherosclerosis and arthritis, showing that the mechanism involved in treatment of these diseases may be also with antioxidants (Dinesh & Ghosh, 2012; Lönn, et al., 2012; Psaltopoulou et al., 2011; El-barbary et al., 2011 ;Collins, 2005). From the study, it is evident that most plants from cerrado in Brazil possess potent antioxidant activity, mainly, *S. obovatum* and *V. phosphorea*. *S. obovatum*, popularly known, in Brazil, as “barbatimão”, is used traditionally by the local population to treat leucorrhea and diarrhea, as anti-inflammatory and antiseptic agents and to promote wound healing (Rizzini, 1997). Studies of *Stryphnodendron species* have demonstrated that these have significant wound-healing, anti-inflammatory, anti-ulcerogenic, anti-tyrosinase and Molluscicidal activities (Table 1). The chemical composition of this genera have shown mainly tannins (Mello et al., 1996a; 1996b; 1999). Lopes et

al. (2005) demonstrated that *S. polyphyllum* showed DPPH free radical scavenging activity between 70.10% and 74.78% and *S. obovatum* nearly half this value (35.85% to 36.40%) at a concentration of 4 g mL⁻¹ and its activity of both species probably favored cicatrization of cutaneous wounds.

Vernonia phosphorea, popularly known, in Brazil, as “assa peixe”, is used traditionally by the local population to treat asthma bronchial, cough, hemorrhoid, diabetic, diuretic, wound-healing, rheumatism and expectorant agent (Côrrea, 1962). Studies of *Vernonia* species have demonstrated that these have numerous activities: antimalarial, anticancer, hypoglycaemic (Table 1). Phytochemical studies of these species have revealed among others the presence of sesquiterpene lactones, steroids and flavonoids (Tian et al., 2004; Suo et al., 2008; Erasto et al., 2006). Erasto et al. (2007) demonstrated that the methanol extract of *V. amygdalina* exhibited high activity, by scavenging 75-99.3% of the DPPH radicals. But there is no study about free radical scavenging activity in *V. phosphorea*, this is the first study.

Previous phytochemical studies of *Cecropia pachystachya* have shown the presence of flavonoids and tannins. Aragão and collaborators (2010) demonstrated that methanolic extract of *Cecropia pachystachya* possesses hypoglycemic and antioxidant effects with IC₅₀ = 3.1 µg/ml (DPPH assay), which confirmed the traditional use of the plant in the treatment of diabetes (Tabela 1). Chlorogenic acid and the C-glycosylated flavonoids may explain these activities, showing that our results are in good agreement with the medicinal use of this species.

In the most biological screening of multiple plant extracts, *Jacaranda* presented activity against specific biological targets (Tabela 1). For example, it has been cited that “garrafada”, a remedy prepared with roots and leaves of *J. decurrens* in wine, is used to treat syphilis, rheumatism, inflammation and skin diseases (Maroni et al., 2006). The ethanol extract from bark of *J. acutifolia* is used against rheumatism and sciatica. The decoction of leaves from *J. copaia* is drunk to treat rheumatism and the infusion of leaves in a bath to heal general weakness and fever (Gachet & Schühly, 2009). Phytochemistry studies of *Jacaranda* genus have shown that it is source of phenolics, including arilethanoids of cinnamoyl glucosides, as verbascoside (Martin, et al., 2009; Arruda et al., 2011).

Considering that the species studied occurs in an ecosystem with a high degree of endemism and its ethnomedicinal uses (Tabela 1), it is feasible to infer that they should be a potential source of bioactive compounds. Several studies are going on throughout the world seeking to identify

antioxidant compounds that are pharmacologically potent (Dinesh & Ghosh, 2012; Lönn, et al., 2012; Psaltopoulou et al., 2011; El-barbary et al., 2011; Aragão et al., 2010; Mesquita et al, 2009; Collins, 2005).

The high presence of phenolics and the antioxidant activity of the three studied species have validated the importance of *S. obovatum*, *V. phosphorea*, and *C. pachystachya* as medicinal plants. Thus, a more focused research and understanding is required to validate this species as foods or/and drugs for treatment of ROS related diseases.

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