



## Inulin as a growth promoter in diets for rabbits

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**ABSTRACT** - Sixty New Zealand rabbits aged 40 days were divided into 4 groups of 15 animals. The control group received a free diet of antibiotic growth promoter (AGP) and inulin. The second group was supplemented with 2.5 g/kg of inulin. The third was administered AGP with 0.1 g/kg of flavomycin. Finally, the fourth group received a 2.5 and 0.1 g/kg inulin/AGP diet. Body weight gain was higher in the control group. Rabbits supplemented with inulin had lower values of triglycerides compared with the control and AGP groups, and their glucose level was significantly lower than those treated with AGP. Additionally, serum calcium and magnesium concentrations were higher than the other groups, particularly with regard to AGP. The bone content with regard to calcium, phosphorus and magnesium in the groups treated with inulin was higher compared with the control; moreover, phosphorus and magnesium were higher than in the AGP group. The thickness of the mucosa and crypt depth in the caecum were significantly higher in rabbits treated with inulin than in the other groups, but especially compared with the AGP group. Also, triglyceride values were lower for rabbits treated with inulin/AGP than for those treated with AGP and the bone magnesium concentration was significantly higher compared with the control group. In addition, inulin was shown to have positive effects on the rabbit, promoting increase in bone and serum calcium, magnesium and phosphorus, decrease in triglyceride levels, and improvement in the caecum (changes in morphology, crypt depth and mucosal thickness).

Key Words: bone, caecal, crypts, diet, inulin, minerals, mucosa

### Introduction

The use of low-dose antibiotics as growth promoters in animal production has been linked to the resistance of some bacteria and public health implications (Allen et al., 2011; Huber et al., 2011). Since 2006, the EU has decided to withdraw the use of antibiotics as animal growth promoters (AGP) (Torres & Zarazaga, 2002; European Union, 2003). Flavomycin is an antibiotic that is often used as an AGP in pig, poultry and ruminant production systems (Van der Merwe et al., 2001; Edwards et al., 2005). Animal growth promoter abuse results in the necessity to test natural products such as inulin (Maertens, 2008; Chu et al., 2011) that selectively stimulate the growth of beneficial commensal microbiota, including bifidobacteria and lactobacilli (Roberfroid et al., 2010); this probiotic reduces the risk of infection as a result of exerting a protective effect against opportunistic enteropathogenic bacteria (Verdonk et al., 2005; Veereman-Wauters et al., 2011).

The effect of inulin on the regulation of blood glucose and lipid metabolism has been studied (Delzenne et al., 2002; Verbrugghe et al., 2009). It also stimulates the absorption of calcium and magnesium, which helps to strengthen the

skeletal system (Scholz-Ahrens & Schrezenmeier, 2002), because the degradation of inulin by bifidobacteria and lactobacilli increases the production of volatile fatty acids (VFA), acidifies the microenvironment of the large intestine and increases the ionized and soluble fraction of the present minerals, facilitating its absorption (Demigné et al., 2008; Varley et al., 2010).

Rabbits experimentally infected with *E. coli* 0103 and supplemented with oligofructose have shown better responses to infection than the control group, which have also shown decreased pH and increased VFA concentration (Morisse et al., 1993).

Maertens et al. (2004) and Juskiewicz et al. (2007) reported that the employment of fructo-oligosaccharides or inulin in the diet of rabbits produced an increase in volatile fatty acids. In accordance with previous studies, inulin inclusion is used to avoid possible gastrointestinal infections and may be an alternative to the use of AGP. The objective of this study was to evaluate the effect of inulin inclusion on calcium, magnesium and phosphorus amounts in the femur, serum biochemical parameters, and the thickness of the mucosa, as well as the depth of crypts of the caecum.

## Material and Methods

Sixty New Zealand rabbits aged 40 days, weighing  $889.2 \pm 173.8$  g on average, obtained from an experimental farm at Universidad Nacional Autónoma de México, were randomly divided into four groups, each with 15 animals. Different treatments were assigned to the groups (Table 1). The rabbits were placed individually in stainless steel cages under controlled temperature conditions (15 to 22 °C) with adequate room ventilation and periods of 14 h light and 10 h darkness. Diets and water were provided *ad libitum* throughout the study period until slaughter at 42 days. Weight measurements were always taken between 8 and 9 a.m., before the feed was supplied, and the weight gain of rabbits was estimated.

Tables of the nutritional requirements for the fattening of rabbits from the NRC (1977) and de Blas & Mateos (2010) were consulted for the elaboration of the experimental diets (Table 1). The antibiotic growth promoter used was flavophospholipol (flavomycin), at a final concentration of 4 ppm in the two diets that contained it (Flaveco 40<sup>®</sup>, 40 g of flavomycin/kg) (European Union, 1999). Inulin inclusion (Inulina IPS Raftifeed<sup>®</sup>, Orafti) in two of the four diets was at a concentration of 2.5 g/kg. Each treatment was prepared by mixing the individual ingredients before carrying out a chemical analysis on each of the four resulting experimental diets.

Rabbits were sacrificed by cervical dislocation, following the procedure described by NOM-062-ZOO-1999 (Mexican Official Norm, 2001). Immediately, a blood sample was obtained from each animal by cardiac puncture with a 10 mL disposable syringe, transferred to tubes with

gel and centrifuged at 3,500 rpm for 10 minutes. The serum was stored at 4 °C, in order to measure glucose, triglyceride, cholesterol, calcium, magnesium and phosphorus levels.

The ash content was determined by combustion for 1 h at 550 °C (AOAC cod. 923.03, 2003). Ether extract was extracted by diethyl ether anhydrous using a Soxhlet apparatus (AOAC 920.15 and 963.39, 2003). Crude protein was measured by Kjeldahl nitrogen analysis (AOAC cod 976.05, 2003). The neutral detergent fiber (NDF), acid detergent fiber (ADF) and acid detergent lignin (ADL) contents were determined according to the Ankom method, following the protocol of manufacturer, using filter bags model F-57 (Ankom Technology, NY, USA). Energy was calculated for each diet in a Parr Calorimeter model 1241 (Parr Instrument Company, IL, USA), following the protocol of the manufacturer (1966).

Bone samples for the analysis of Ca, Mg and P were obtained from the femur of 9 rabbits taken at random from each treatment. Bones were fleshed and degreased in chloroform for subsequent drying in an oven at 60 °C for 48 hours and then pulverized in a mill (Thomas Scientific Mod 174931). Powdered samples of femur (0.1 g) were subjected to a sequential wet digestion technique according to AOAC 975.03 (2005), using nitric acid (5 mL) followed by perchloric acid (3 mL) and hydrochloric acid (0.5 mL); in each case the sample was heated to boiling until evaporation, using a Microkjeldahl grid, with six 100 mL flasks. The determination of Ca and Mg was performed by atomic absorption spectrometry (Perkin Elmer Mod. Analyst 800). For the measurement of phosphorus, the photometric method AOAC 986.24 (2005) was used. All samples were quantified in triplicate.

Table 1 - Calculated composition of the four experimental diets

Ingredients	Control (g/kg)	Inulin (g/kg)	AGP (g/kg)	Inulin/AGP (g/kg)
Corn	116	116	116	116
Wheat bran	251	251	251	251
Soybean meal	129	129	129	129
Soybean oil	31	31	31	31
Alfalfa	438	438	438	438
Calcium phosphate	10	10	10	10
Vitamin and minerals premix <sup>1</sup>	1.0	1.0	1.0	1.0
Antioxidant BHT	0.01	0.01	0.01	0.01
Potassium sorbate fungicide	0.01	0.01	0.01	0.01
Inulin	0	2.5	0	2.5
Flaveco 40 <sup>®2</sup>	0	0	0.1	0.1
Coccidiostat <sup>4</sup>	0.5	0.5	0.5	0.5
Binder <sup>3</sup>	20	20	20	20
Sodium chloride	5.0	5.0	5.0	5.0

<sup>1</sup> Vitamin and mineral premix content in grams per kilogram: vit A - 32,000 IU; vit D - 4,000 IU; vit E - 4.0 g; vit K3 - 4.0 g; vit B<sub>1</sub> - 8.0 g; vit B<sub>2</sub> - 8.0 g; vit B<sub>6</sub> - 8.0 g; vit B<sub>12</sub> - 40.0 g; biotin - 200 mg; pantothenic acid - 40.0 g; iron - 4,000 mg; copper - 600 mg; cobalt - 100 mg; zinc - 6,000 mg; manganese - 4,300 mg; iodine - 32 mg; selenium - 8 mg (BASF from Mexico).

<sup>2</sup> Flaveco 40<sup>®</sup> contains 40 g of flavophospholipol per kg.

<sup>3</sup> Carboxymethyl cellulose.

<sup>4</sup> Coccidiostat robenidine hydrochloride at 33 ppm (Alpharma AS).

AGP - antibiotic growth promoter.

For determination of serum Ca and Mg, 0.5 mL of each sample was taken and homogenized with 1.5 mL lanthanum oxide (0.1%) and absorbance was read in an atomic absorption spectrophotometer. For serum phosphorus, glucose, triglyceride and cholesterol determination, SYNCHRON CX® kits were used.

Once euthanasia was performed, the tissues were dissected by taking a caecum portion (10 cm) from the proximal segment. Samples of freshly digested tissue were used for the immediate determination of pH, and the rest was removed. Subsequently, this portion was rinsed with physiological saline solution and preserved in 10% formalin. From each segment, 0.5 cm transverse portions were taken by cutting with a microtome for haematoxylin-eosin staining; these were embedded in paraffin. Intestinal mucosa and crypts were characterized by optical microscopy with a 2.5X objective, performing the measurement of mucosal thickness and depth of caecal crypts with the Automated Morphometry package (Q Leica 500/Win). The caecal epithelium width had 10 random measurements, completing 50 measurements for each treatment group.

Data are expressed as mean values  $\pm$  standard deviation of the mean (SD). The results were processed statistically using the variance of a test track, and the difference between groups was determined by Tukey's multiple tests with a significance of  $P \leq 0.05$ . For data that did not show a normal distribution, nonparametric Mann-Whitney U and Kruskal-Wallis tests were used. For this purpose, the statistical package SPSS 15 (Statistical Package for Social Science) was used.

## Results and Discussion

The digestible energy was greater in the rabbits supplemented with inulin compared with the other groups (Table 2). Furthermore, the neutral detergent fiber (NDF) was higher in the groups studied than that observed by de Blas et al. (2002).

Digestible energy was higher in the two treatments with inulin, probably due to their prebiotic effect observed in digestible energy values (Table 2), which was higher for the diet with inulin than the inulin/AGP group, which might be due to the antibiotic effect on the intestinal microbiota. Although the digestion energy of the inulin group was high, this was not reflected in weight gain since the control group presented a significantly greater weight gain than the groups Inulin, AGP and Inulin/AGP ( $P < 0.05$  and  $P < 0.01$ , respectively) (Table 3).

Acetic fermentation occurs in the cecum and utilizes the carbohydrates derived from the fiber as the main source of energy. Furthermore, a great part of this fiber directly intervenes in the accumulation of cecal digesta due to its effect on intestinal motility.

It has been reported that in concentrations of 387 g/kg of NDF, the cecal content is minimal and feed intake increases, consequently improving growth; however, to the contrary, in the present study, high concentrations of NDF were observed in all treatments, resulting in greater cecal digesta, and thus lower feed intake, causing a reduction in weight gain (de Blas et al., 2002). The above coincides with the reports of Fabre et al. (2002), who, increasing the level of fiber to 41%, observed a reduction in carcass weight.

In the present study, no reports of ailing or dead rabbits were registered, possibly as a result of the high level of fiber in the diets which favored a more active renovation of the digesta in the cecum, sufficient to reduce pathogenic gut flora in all groups (García et al., 2000) and also in the case of the rabbits treated with inulin by its prebiotic effect.

In addition, in this study, the pH in the digested caecum from rabbits supplemented with inulin only and in combination with AGP decreased ( $P < 0.05$ ; Table 3). This could be because of microbial fermentation of inulin, which causes an increase in volatile fatty acids (acetic, propionic and butyric acids), and in turn suggests greater proliferation of beneficial bacterial species, and a decrease in the competitive exclusion of pathogenic species in the

Table 2 - Chemical analysis of the diets

Ingredients	Control	Inulin	AGP	Inulin/AGP
Dry matter (g/kg)	945	926	939	920
Ether extract (g/kg)	39	30	29	42
Crude protein (g/kg)	169	169	168	170
Ash (g/kg)	104	102	101	102
Neutral detergent fiber (g/kg)	525	530	517	514
Acid detergent fiber (g/kg)	224.6	201.7	192.7	250
Lignin (g/kg)	120	92	89	123
Hemicellulose (g/kg)	305	328	310	320
Digestible energy (MJ/kg)	10.8	13.5	11.7	12.8

AGP - antibiotic growth promoter.

digestive tract, resulting in improved health of the rabbit (Flickinger & Fahey, 2002; Juskiewicz et al., 2007).

Rabbits supplemented with inulin had higher concentrations of calcium, magnesium and phosphorus in the femur (Table 4). Calcium was also significantly higher than in the control group ( $P<0.01$ ), while animals supplemented with inulin showed higher phosphorus values than the control and AGP groups ( $P<0.01$  and  $P<0.05$ , respectively). In the case of magnesium, the levels were higher compared with those treated with AGP and the control group ( $P<0.05$ ,  $P<0.01$ , respectively). Also, a higher concentration of magnesium was observed in those treated with inulin/AGP in comparison with the control ( $P<0.05$ ).

The relative increases in calcium, magnesium and phosphorus in the bone might be related to the indirect effect associated with microbial fermentation in the caecum, which is increased by inulin supplementation and volatile fatty acid production; this facilitates the absorption of minerals via trans epithelial transport due to induced pH decreases which changes the solubility of calcium, magnesium and phosphorus in the intestinal lumen, facilitating transport across the epithelium (Younes et al., 2001; Lobo et al., 2006; Scholz-Ahrens & Schrezenmeir, 2007). The short-chain fatty acids contribute directly to the increased absorption of calcium, phosphorus and magnesium through a cation-

exchange mechanism (Ladislav & Hannelore, 2005; Raschka & Daniel, 2005) and there is evidence that narrow bonds (tight junctions), located on the luminal side, adjacent to epithelial cells, regulate the absorption of several nutrients including calcium (Mineo et al., 2002; Pérez et al., 2008). In this regard, another pathway that may explain the increased mineral absorption is the trophic effect of inulin on the intestine, due to cell proliferation, especially as a result of the increased production of butyrate (Goñi & López-Oliva, 2006; Kien et al., 2007).

Serum glucose and triglyceride levels were different between the groups. The two treatments with inulin had lower glucose levels than AGP ( $P<0.01$ ). Similarly, treatments with inulin and inulin/AGP showed lower triglyceride levels compared with the AGP group ( $P<0.01$  and  $P<0.05$ , respectively; Table 5).

Serum cholesterol did not differ among the groups treated with inulin and control. However, the values of the control group were significantly lower than those for the inulin/AGP and AGP groups ( $P<0.05$  and  $P<0.01$ , respectively; Table 5).

Rabbits supplemented with inulin showed a decrease in postprandial serum triglycerides, which could be explained by the indirect effect of inulin on lipid metabolism, due to the reduction of triglycerides by increased caecal VFA

Table 3 - Weight *in vivo* and pH of caecal contents of rabbits

Ingredients <sup>1</sup>	Control	Inulin	AGP	Inulin/AGP
Initial weight (g)	790.7±149.9	788.3±101.5	858.4±218.6	1078.9±72.2
Final weight (g)	2268.5±63.5	1938.8±126.7	2035.6±63.5	2170.1±20.6
Weight gain (g/day)	34.7±2.5a	*29.8±1.5b	**26.6±5.6b	**26.4±2.7b
pH	6.7±0.19a	†6.3±0.20bc	†6.8±0.28a	6.5±0.29b

<sup>1</sup> Estimates followed by different letters in the same row differ, \* $P<0.05$ , \*\* $P<0.01$  (Tukey) and † $P<0.05$  (U Mann-Whitney).  
AGP - antibiotic growth promoter.

Table 4 - Bone mineral content in rabbits

Ingredients <sup>1</sup>	Control	Inulin	AGP	Inulin/AGP
Phosphorus (g/100 g of bone)	7.9±1.0c	**9.1±0.36a	*8.2±0.33bc	8.5±0.56ab
Calcium (g/100 g of bone)	18.3±1.60b	**20.1±0.77a	18.9±0.61ab	19.0±1.17ab
Magnesium (g/100 g of bone)	0.37±0.05c	**0.42±0.02a	*0.39±0.02bc	*0.41±0.01ab

<sup>1</sup> Estimates followed by different letters in the same row differ, \* $P<0.05$  and \*\* $P<0.01$  (Tukey).  
AGP - antibiotic growth promoter.

Table 5 - Serum parameters in rabbits fed the experimental diets

Ingredients <sup>1,2</sup>	Control	Inulin	AGP	Inulin/AGP
Glucose (mg/dL)	142.7±13.2ab	136.7±7.8c	**157.0±14.0a	137.1±6.51c
Cholesterol (mg/dL)	58.1±11.7c	65.4±8.9bc	††81.1±15.2a	†71.9±13.3ab
Triglycerides (mg/dL)	71.1±19.67ab	†45.5±18.7c	††84.4±5.4a	†56.4±25.9c
Calcium (mg/dL)	9.6±3.0ab	*13.9±2.5a	*6.2±1.0c	*9.4±2.6ab
Magnesium (mg/dL)	2.1±0.2b	**2.9±0.8a	*1.8±0.3c	**2.0±0.3bc
Phosphorus (mg/dL)	7.5±1.1	8.43±1.7	7.6±1.6	7.7±2.0

<sup>1</sup> Estimates followed by different letters in the same row differ, \* $P<0.05$  and \*\* $P<0.01$  (Tukey).

<sup>2</sup> Estimates followed by different letters in the same row differ, † $P<0.05$  and †† $P<0.01$  (U Mann-Whitney).  
AGP - antibiotic growth promoter.

Table 6 - Mucosal thickness and crypt in the caecum

Ingredients <sup>1</sup>	Control	Inulin	AGP	Inulin/AGP
Thickness of mucosa ( $\mu\text{m}$ )	182.8 $\pm$ 39.1b	231.4 $\pm$ 63a	83.3 $\pm$ 12cd	103.8 $\pm$ 24.5c
Crypt depth ( $\mu\text{m}$ )	106.4 $\pm$ 22.7b	136.1 $\pm$ 39.1a	47.9 $\pm$ 8.5cd	60.4 $\pm$ 16.6c

<sup>1</sup> Estimates followed by different letters in the same row differ,  $P < 0.01$  (Tukey).

AGP - antibiotic growth promoter.

production, mainly propionate; this is reported to inhibit fatty acid synthesis by decreasing cholesterol and triglyceride levels (Lin et al., 1995; Hosseini et al., 2011). The AGP group had higher levels of triglycerides, cholesterol and glucose, which is consistent with Edwards et al. (2005), who suggested an inhibitory effect of this antibiotic on the beneficial commensal microflora with decrease in the production of VFA (Table 5).

Rabbits supplemented with inulin showed higher levels of magnesium and calcium with respect to the other treatments, but in particular in comparison with the AGP group ( $P < 0.01$ ). Phosphorus did not show any significant differences (Table 5).

Rabbits supplemented with inulin had higher levels of calcium, magnesium and phosphorus in bone and serum (Tables 4 and 5); an estimate of the increase was observed for bone calcium and phosphorus (10% and 15%, respectively), whereas serum calcium increased by 45%. Although no significant differences in serum phosphorus concentrations were seen among treatments, a 12% increase was estimated in the group treated with inulin. This is consistent with studies in rats, which showed that the intake of inulin and fructooligosaccharides increased the absorption of calcium, magnesium and phosphorus (Scholz-Ahrens & Schrezenmeir, 2007; Demigné et al., 2008; Lobo et al., 2009).

In relation to magnesium, rabbits treated with inulin had estimated concentration increases of 38% in serum and 13.5% in the bone when compared with the control group (Tables 4 and 5). For the group of inulin/AGP, increased magnesium in bone was similar to the inulin group (11%); these results are similar to those reported by Takahara et al. (2000), who found an increase in magnesium in the femur of growing rats on a diet supplemented with fructooligosaccharides at a rate of 50 g/kg. In contrast, the AGP-treated group had an estimated decline of 35% calcium and 14.3% in serum magnesium, which was associated with an increase in the pH of the digested caecum, perhaps due to less dissociation of minerals and therefore a decrease in the absorption (Table 5). This could be explained by the results of Edwards et al. (2005), who observed a decrease in total VFA and increased pH in the rumen of flavomycin sheep.

Histological examination of the caecum showed that the inulin-supplemented group had greater mucosal

thickness and crypt depth than the other groups, especially with respect to the AGP group ( $P < 0.01$ ) (Table 6).

Supplementation of the diet with inulin promoted thickening of the caecum in relation to other groups and in particular for the AGP group ( $P < 0.01$ ; Table 6). This increase is linked to the production of VFA and especially butyric acid, which directly affects the lining of the intestine to promote cell proliferation; this, in turn, promotes increase in thickness. It also increases the microcirculation of the mucosa and consequently increases the surface absorption of minerals and nutrients, thereby strengthening the intestinal and systemic health of the rabbits (Scheppach et al., 1994; Blotière et al., 2003; Metzler & Mosenthin, 2008).

An increase in crypt depth was also observed in the group supplemented with inulin. This increase may reflect the thickening of the protective layer that lines the luminal surface as a result of increased mucin as well as an increase in regenerative epithelial cells and greater absorption of electrolytes (Kleessen et al., 2003). In contrast, the decrease in crypt depth was especially apparent in rabbits treated with AGP. The consequent adverse effects on the crypts and caecal mucosa could cause functional impairment of the caecal luminal surface due to the use of AGP. Also, groups treated with AGP had a significantly lower mucosal thickness than the other groups ( $P < 0.01$ ), which could also affect the absorption of nutrients and minerals due to the reduced area of contact of the mucosa (Table 6).

## Conclusions

Rabbits supplemented with inulin show higher concentrations of calcium, magnesium and phosphorus, both in serum and bone, reduction in triglycerides, and favorable caecal morphology. Flavomycin reduces the serum Ca and Mg, increases glucose, triglycerides and cholesterol levels and also reduces the thickness of the mucosa and caecal crypt depth, producing a negative effect on the status of the rabbits. Inulin/flavomycin show greater bone magnesium concentrations and a decrease in triglyceride and increase in cholesterol levels; however, despite the beneficial effect of inulin, the results show a decrease in mucosal thickness and crypt depth. In addition, high levels of fiber in the diets, as those used in the present study, might reduce the

liveweight gain of the animals. Therefore, the use of inulin in the diet of rabbits could be an alternative to the use of antibiotics as growth promoters.

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