

Original articles

Using a screening tool to identify the auditory behavior of students who are learning to read and write

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ABSTRACT

Purpose: to analyze the use of a screening tool, by teachers, to identify the auditory behavior of students who are learning to read and write.

Methods: a cross-sectional study including 22 students who answered the Fisher's Auditory Problems Checklist (QFISHER). The analysis of this questionnaire approached the categories of hearing, attention, memory, language, and school performance. The chi-square statistical test and Mann-Whitney test were used to compare the scores between the age groups, considering the 5% significance level.

Results: school performance had the worst frequency in QFISHER (87.72%), followed by attention (62.10%), language (60.53%), and hearing (59.65%). The median revealed worse assessment in school performance (100.0%) followed by attention (60.0%). The QFISHER overall score was 66.7%. The comparison between age groups did not reveal any significant difference for the domains assessed.

Conclusion: the QFISHER, used by teachers, as a screening tool for children who are learning to read and write, can identify behavioral changes suggestive of auditory processing disorder, broadening the possibility of early interventions.

Keywords: Literacy; Audiology; Learning Disabilities; Surveys and Questionnaires; Auditory Perception; Hearing Disorders

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INTRODUCTION

Studies in Brazil point to a high number of children with learning difficulties, particularly written language¹⁻³. The causes of school failure go beyond pedagogical issues – whether they are appropriate to children – and include policies for them and the environment where they live – which is often inadequate to their development. Data from the 2016 School Census showed that 57.8% of the Brazilian schools had students with a disability, who attend regular classes⁴.

Hearing, language, and learning are interfaced. Hence, the integrity of the central nervous system, the sustained selective attention skills, auditory perception and discrimination skills, short- and long-term memory, phonological awareness, and so forth are necessary, for instance, to reading comprehension⁵⁻⁷. Thus, in terms of hearing, children with sensory deficits (hearing loss) are not the only ones that may have problems. Someone may have auditory processing (AP) difficulties, for example, even with normal peripheral hearing (normal audiogram)⁶.

AP consists of mechanisms and processes of the central auditory system responsible for various behavioral phenomena, including speech and language. It encompasses a set of auditory skills and competencies necessary to the detection, localization, lateralization, discrimination, and recognition of auditory patterns (competing and degraded acoustic signals) and sound information⁸.

In this context, the auditory processing disorder (APD) is the impaired development of the communicative functions related to oral and/or written expression and/or comprehension, impacting academic performance. Indeed, learning problems are more properly noticed in the classroom⁹.

The signs of learning disorders involve APD, which is characterized by an impaired ability to understand, discriminate, recognize, recall, and/or comprehend information presented to the auditory structures, even with normal intelligence and peripheral hearing¹⁰. APD is classically related to how we analyze, classify, organize, and interpret acoustic events – i.e., what we do with what we hear⁷.

Children with APD have school and communication complaints, including the incapacity to follow complex verbal instructions and the presence of poor verbal cognitive performance compared with nonverbal performance, reading and writing difficulties, language delay, competing sound difficulties, and attention difficulties when presented to auditory information⁸.

Learning difficulties are common problems at school and may occur regardless of having normal intelligence, absence of sensory or neurological problems, adequate school teaching, and sufficient sociocultural opportunities⁴. The main causes of learning difficulties are doubtless pedagogical in nature and may take place at both school and home⁴.

Including routine questionnaire or screening procedures sensitive to identify actual hearing difficulties has proved to be indispensable in speech-language-hearing therapy. In 1996, the American Speech-Language-Hearing Association (ASHA) task force on central APD approached the need for universally accepted screening tools for children. More recently, the British Society of Audiology highlighted the importance of having parents and/or teachers administer validated questionnaires to screen the auditory processing of people at risk of APD¹¹.

Behavioral questionnaires that assess AP make it possible to identify qualitative everyday information that may be related to APD. Some of these stand out, namely: the Children's Auditory Performance Scale¹², Children's Home Inventory of Listening Difficulties¹², and Fisher's Auditory Problems Checklist (QFISHER)¹³. The routine use of this type of screening can help identify children who would benefit from formal AP assessment.

The QFISHER reveals data on overall characteristics associated with AP skill categories, guided by the following principles: It includes problems related to all AP components; it uses simple language; it is quick and easy to administer and interpret; it distinguishes people with normal and abnormal AP; it can be filled out by any source of reference (parent, teacher, speech-language-hearing therapist); it can be used as a screening tool^{13,14}.

An exploratory study on the usefulness of the QFISHER concluded that it can be used as a tool to screen children with APD, as those who scored 28% (seven points) in the questionnaire were significantly more prone to being diagnosed with APD, according to the Buffalo model diagnostic test battery¹⁴.

The QFISHER has been translated into a Brazilian version and divided into subareas. The auditory functioning scale has 24 questions that furnish data on behavioral difficulties manifested in the person's daily life, considering the following subareas: hearing, attention, memory, language, and school performance¹⁵. Thus, it enables a broad understanding of the auditory behavior associated with the processes

involved in AP. A study with 19 people (aged 12 to 15 years old) diagnosed with APD used the QFISHER to monitor the evolution of their auditory behavior after auditory training. It found a statistical difference in the total score with a decrease in auditory complaint score halfway through the training and at its end. They suggested that the questionnaire can be used to monitor the auditory behavior during an intervention¹⁵.

Given the complexity of school learning, elementary and middle school teachers should be able to identify children with learning difficulties, particularly those with auditory skill disorders, including APD. Children with hindered learning often have school complaints; hence, identifying these difficulties immediately helps develop strategies to potentialize the teaching-learning process.

Therefore, APD must be identified at school as early as possible. On the other hand, teachers at the Municipal School System of Recife, Brazil, may be unacquainted with aspects related to AP and its relevance to learning. The objective of this study was to analyze the teachers' use of a screening tool to identify the students' auditory behavior while learning to read and write.

METHODS

This is a descriptive, observational, cross-sectional study, approved by the Research Ethics Committee of the *Universidade Federal de Pernambuco* (Federal University of Pernambuco – UFPE), Brazil, under protocol no. 2.622.355. It was carried out in 2018, in Recife, with municipal school first- to third-grade classroom teachers whose students were learning to read and write. The study had two stages. The first one encompassed 40 teachers who took a course named *Auditory Processing: Essentials for Teachers*, offered by the Speech-Language-Hearing Sciences program at UFPE in partnership with the Professor Paulo Freire Teachers' Training School of Recife. The objective was to train them to administer the QFISHER screening tool¹⁵ (Annex 1) and identify qualitative information on the students' everyday life that may be related to signs of APD. In the second stage, the 12 teachers who had finished the course chose 22 students based on

the QFISHER. The exclusion criterion was students with comorbidities – i.e., cognitive disorders, specific language disorder (SLI), or attention-deficit/hyperactivity disorder (ADHD). The teachers' sociodemographic data reveal a mature group, with a mean age of 43.68 years (SD=7.87). All of them were females, who had been teaching for 3 to 26 years (M=13.22; SD=7.06), 76.67% of them with a specialization, 3.33% with a master's degree, and 20% with a bachelor's degree.

The QFISHER analysis was made following criteria proposed by Cibian and Pereira¹⁵, considering the score of the five subareas: hearing (9 points); attention (5 points); memory (3 points); language (4 points); school performance (3 points). The total score is 24 points, with one point for each item checked. If seven or more items are checked (28%), the person is considered at risk of APD, and the recommended procedure is a clinical AP assessment. The cases that scored seven or less were excluded from the analysis as they did not indicate a risk of APD.

The data were analyzed with SPSS software, version 18. To assess the students' year in school, age, and the QFISHER subareas, the percentage frequencies were calculated, and the respective frequency distributions were constructed. Also, the chi-square and Mann-Whitney tests were applied to compare the scores between the age groups. All conclusions were based on the 5% significance level.

RESULTS

Risk of APD was found in 19 (86.36%) out of the 22 students screened with the QFISHER, while the other three (17%), whose score was below seven points, were excluded from the analysis because they were not classified as at risk of APD. Regarding the sociodemographic profile, 40.91% of the 19 students who comprised the sample were males, while 59.09% were females. Most of them were 7 years old and were in first grade. The proportion comparison test was not significant, indicating a similar number of students in the first, second, and third grades, as well as those 7 years old and 8 to 9 years old (Table 1).

Table 1. Distribution of age and grade in school of students at risk of auditory processing disorder (N=19)

Variable	n	%	p-value ¹
Grade in school			
1st	7	36.8	0.949
2nd	6	31.6	
3rd	6	31.6	
Age group			
7 years	11	57.9	0.491
8 to 9 years	8	42.1	

¹p-value of the chi-square test for proportion comparison

Considering the overall classification of the five QFISHER subareas, school performance had the highest absolute frequency (87.72%), followed by attention (62.10%), language (60.53%), and hearing (59.65%). The distribution of the median, analyzed to better understand the values without distortions, is

shown in Table 2. In general, the students' total score in the QFISHER was 66.7%. The proportion comparison test regarding the QFISHER percentage score between the age groups was not significant in the domains assessed, indicating that there was no significant difference.

Table 2. Distribution of the median total score of the subareas assessed with the Fisher's Auditory Problems Checklist (QFISHER) of the students at risk of auditory processing disorder (N=19)

Subarea	Statistics			Median % per age		
	Score variation	Median	%	7 years	8 to 9 years	p-value ¹
Hearing	0 - 9	5.00	55.6	66.7	55.6	0.530
Attention	0 - 5	3.00	60.0	80.0	50.0	0.091
Memory	0 - 3	1.00	33.3	33.3	50.0	0.608
Language	0 - 4	2.00	50.0	75.0	50.0	0.443
School performance	0 - 3	3.00	100.0	100.0	100.0	0.543
Total	0 - 24	16.00	66.7	75.0	47.9	0.406

¹p-value of the Mann-Whitney test

Concerning the frequency of the questions in the five QFISHER subareas, all of them were checked. Some aspects stand out, such as the students' difficulties remembering sequence, their short attention spans, distractions with sounds at school, the lack of attention to verbal instructions, and difficulties remembering

what they heard in the previous week. They also had difficulties understanding spoken messages. Most students' school performance was below the average, with evidence of reading comprehension difficulties (Table 3).

Table 3. Distribution of questions per subareas of the Fisher's Auditory Problems Checklist (QFISHER) of the students at risk for auditory processing disorder (N=19)

Categories assessed ¹	Yes		No	
	n	%	n	%
Subarea: hearing				
2. Does not attentively listen to instructions	10	52.6	9	47.4
3. Says: "huh?" and "what?" at least 5 times	6	31.6	13	68.4
8. Has difficulties with the language sounds	10	52.6	9	47.4
9. Has problems discriminating sounds	11	57.9	8	42.1
10. Has difficulties recalling the sequence heard from someone	17	89.5	2	10.5
14. Has difficulties following auditory instructions	15	78.9	4	21.1
17. Responds slowly or late to verbal stimuli	14	73.7	5	26.3
20. Cannot relate what they heard to what seems to be	10	52.6	9	47.4
21. Learns little by hearing	10	52.6	9	47.4
Subarea: attention				
1. Does not pay attention to 50% or more of the instructions	12	63.2	7	36.8
4. Cannot focus on auditory stimuli for more than a few seconds	6	31.6	13	68.4
5. Has a short attention span	15	78.9	4	21.1
6. Sometimes daydreams (gets distracted)	11	57.9	8	42.1
7. Gets easily distracted with background sounds	15	78.9	4	21.1
Subarea: memory				
11. Forgets what was said a few minutes before	11	57.9	8	42.1
12. Does not remember simple things of their everyday routine	6	31.6	13	68.4
13. Has problems remembering what they heard in the previous week, month, year	12	63.2	7	36.8
Subarea: language				
15. Often does not understand what others say	16	84.2	3	15.8
16. Does not understand many words – verbal concepts or the age or grade in school	10	52.6	9	47.4
18. Has language problems	9	47.4	10	52.6
19. Has articulation problems	11	57.9	8	42.1
Subarea: school performance				
22. Lacks learning motivation	13	68.4	6	31.6
23. Has a performance below the average in one or more areas	19	100.0	0	0.00
24. Has difficulties with reading comprehension	18	94.7	1	5.3

Base¹ - Considering that there is more than one answer to the same student, the basis is recorded for percentage calculation, instead of the total (N=19).

As for the open-ended questions, of the 19 students at risk of APD, the ones who did not have difficulties with the language sounds (n=8), in question 8, and who did not lack learning motivation (n=6), in question 22, were excluded. Question 8 identifies what reading method the teacher uses when the student has difficulties with

the language sounds, and it was verified that the most used one was asking the student to repeat it aloud. As for behaviors related to learning motivation, the students' degree of inattention and/or distraction in the classroom stands out (Table 4).

Table 4. Analysis of the open-ended questions of the Fisher's Auditory Problems Checklist (QFISHER)

Question 8 (N=11)	n	%
What reading method is used?		
The teacher reads	3	27.27
The student reads aloud	5	45.45
The letter/syllable is pronounced	3	27.27
Question 22 (N=13)	n	%
Observed behavior reveals a lack of learning motivation		
Their attention is called	3	23.07
Is distracted in class	6	46.15
Dependency for activities	4	30.76

The most prevalent aspects that directed the teachers to choose the students for screening (n=22) were their distraction and language problems

(morphology, syntax, vocabulary, inverted writing) in the classroom (Table 5).

Table 5. Distribution of the main aspects considered in students screening with Fisher's Auditory Problems Checklist (N=22)

Aspects	n	%
Distraction/inattention in the classroom	06	27.27
Inverted letters	04	18.18
Language problems	06	27.27
Articulation problems	02	9.09
Does not understand in the classroom	04	18.18

DISCUSSION

The high failure rate in third grade (typically, when the student is 8 years old and finishes the process of learning to read and write) and in the first years of middle and high school in public schools causes concern⁴. Associated with this factor, the new generation of students connected to various technologies has doubtless posed a challenge to teachers' training, especially in continuing education. Moreover, it is a greatly important current topic for public education policies, given the possibility of both formal and informal learning in the digital era¹⁶. The teacher is responsible for the tough task of identifying the students' difficulties in the classroom that result in their low achievements⁹.

In this study, the screening tool used in the classroom guided the teachers more objectively in observing and identifying the cases with signs of APD. Factors pointed out by the teachers, such as distraction and language problems (morphology, syntax, vocabulary, and inverted writing), corroborate this statement. There were, however, five cases selected without

signs of auditory skill disorder typical of AP – e.g., the mother suspects their child has a disability (referral for assessment with a neurologist); the child behaves differently (yells when it is noisy or is quite unstable emotionally); constantly has earaches; does not learn to read and write; does not perform any task they are asked to; and barely speaks. Regarding the cases with comorbidities, it is inferred that the teacher did not distinguish the memory auditory attention skills from overall memory and attention aspects.

The results showed that school performance was the subarea with the worst frequency. This is expected, due to the high inattention rate (62.10%), associated with weak language performance (60.53%) and spoken message processing (59.65%). Common characteristics in children before they learn to read and write, such as difficulties memorizing verses, learning songs, telling stories, rhyming, developing narratives, and so forth, may be signs of AP difficulties.

Based on this finding, the possibility of perception bias on the part of the teachers cannot be dismissed.

However, they had been previously trained to properly administer the instrument. Moreover, previous studies show that, even when administered by the parents, caregiver, or speech-language-hearing therapists, this category may be impaired¹³⁻¹⁵. Given these two facts, such bias has probably not occurred.

According to Martins, Pinheiro, and Blasi¹⁷, APD affects the interpretation of sound patterns and can hinder information comprehension and cause behavior changes, consequently leading to school failure. The auditory skills help understand speech (even with poor sound quality), keep on listening for a given time, discern whether two sound stimuli are different or the same, identify the direction and distance of the sound source, and establish the correspondence between a sound, its sources, and its meanings⁸.

Concerning open-ended question 8, the reading method used with this population noticeably involves the student's participation in reading aloud, either continuously or syllable by syllable. According to Pinheiro and Rothe-Neves¹⁷, this method gives the child cues on the grapheme-phoneme association, information on the effects of a varying number of letters (length effect) on reading, the effects of varying word familiarity levels on reading and writing, and the involvement of the semantic process. The lack of learning motivation was revealed in the distracting behavior in the classroom, once again pointing out attention as an important component in the learning process. According to Moraes¹⁸, attention is maintained by the person's interest in something they want, which motivates them enough to overcome the resistance. Hence, the teacher can choose strategies that arouse the children's interest.

The lack of attention occurred more frequently in this study in short attention spans, easy distraction with background noise, and little listening attention. According to Larimer¹⁹, children with APD have changes specifically related to listening attention. This condition sharpens everyday difficulties in the oral communication process and causes academic loss – hence, these people commonly have some type of social adjustment difficulty.

In the language category, there was a prevalence of “The child often does not understand what we say”. The causal relationship between language problems and APD, particularly in terms of oral language

comprehension confirmed in some studies^{20,21}, agrees with this finding and explains it. Characteristics that cause difficulties decoding sounds can associate with changes in reading and writing. This is so in phonological disorders, in which similar-sounding words (voiced and voiceless) are switched or letters are inverted. Difficulties can accompany other AP changes^{3,5,20}.

The most frequent item in the results regarding memory was “The child has trouble remembering what they heard in the previous week, month, year”, followed by “The child forgets what was said a few minutes before”. This reveals the auditory memory impairment in people with signs of APD. According to Pires, Mota, and Pinheiro²², children with APD and phonological awareness difficulties also present with changes in cognitive aspects, such as working, declarative, and procedural memory systems. The auditory skills also help the sequential memory and the organization of auditory stimuli to plan responses.

According to Moore²³, the central auditory function goes beyond a map of the central nervous system to the auditory portion. It involves a complex sound transformation process in the cochlea and the efferent and processing pathways in the brain. Moreover, the structures outside the posterior temporal lobe play a role in understanding the spoken message, “hearing and listening”. Thus, satisfactory learning requires fully synchronous biopsychosocial factors, creating favorable conditions for this process. When learning is not satisfactory, the various causes that might have hindered it must be considered and understood in the search for solutions¹⁵.

A continuing education program should be established for teachers at the Municipal School System of Recife, addressing auditory skills and their relationship with learning.

CONCLUSION

The results of this research show that the QFISHER can identify behavioral changes suggestive of APD, broadening the possibility of early interventions in students. Having the teachers use the QFISHER in this study enabled a more effective perception of the students' everyday qualitative information that may be related to signs of APD.

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ANNEX 1. FISHER’S AUDITORY PROBLEMS CHECKLIST FOR AUDITORY PROCESSING EVALUATION

School: _____ Grade in school: _____ Date: ___/___/___
 Student: _____ Teacher: _____

The QFISHER identifies the auditory behavior based on the teachers’ perception and provides data on behavioral difficulties manifested in everyday routine. It aims to establish relevant evidence that might indicate signs of disorders related to auditory processing. The QFISHER total score is 24 points – one point for each item checked. If 7 or more items are checked (28%) the child is considered at risk of auditory processing disorder and the required procedure is an auditory processing assessment.

INSTRUCTIONS: Check with an “x” each item that you relate to the child’s behavior.

- _____ 1. Does not pay attention (listen) to 50% or more of the instructions.
- _____ 2. Does not listen attentively to the instructions – they have to be repeated many times.
- _____ 3. Says: “Huh?” and “What?” at least five times.
- _____ 4. Cannot focus on auditory stimuli for more than a few seconds.
- _____ 5. Has short attention spans (check the corresponding span): _____ 0-2 minutes; _____ 2-5 minutes; _____ 5-15 minutes; _____ 15-30 minutes
- _____ 6. Sometimes daydreams (distraction).
- _____ 7. Gets easily distracted with background noise.
- _____ 8. Has difficulties with the language sounds. What reading method is used? _____
- _____ 9. Has problems discriminating sounds.
- _____ 10. Has difficulties remembering the sequence they heard from someone.
- _____ 11. Forgets what was said a few minutes before.
- _____ 12. Does not remember simple things from their everyday routine.
- _____ 13. Has problems remembering what they heard in the previous week, month, year.
- _____ 14. Has difficulties following auditory instructions.
- _____ 15. Often does not understand what is said.
- _____ 16. Does not understand many words – verbal concepts for their age / grade in school
- _____ 17. Responds slowly or late to verbal stimuli.
- _____ 18. Has language problems (morphology, syntax, vocabulary, phonology).
- _____ 19. Has articulation problems (phonology – difficulty with expressive speech sounds).
- _____ 20. Cannot always relate what they hear with what seems to be.
- _____ 21. Learns little by hearing.
- _____ 22. Lacks learning motivation. Does the behavior observed reinforce this concept? _____
- _____ 23. Has a performance below the average in one or more areas.
- _____ 24. Has difficulties with reading comprehension.

COMMENTS: _____

CATEGORY	QFISHER (9 points) Hearing	QFISHER (5 points) Attention	QFISHER (3 points) Memory	QFISHER (4 points) Language	QFISHER (3 points) School performance
Respective Questions	2, 3, 8, 9, 10, 14, 17, 20 e 21	1, 4, 5, 6, 7	11, 12, 13	15, 16, 18, 19	22, 23, 24
Sum of the Categories					
QFISHER – TOTAL					

*QFISHER analysis per category proposed by CIBIAN and PEREIRA (2014).