

Automated and observer based light field indicator edge evaluation in diagnostic X-ray equipment

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Abstract Introduction: To analyze edge detection and optical contrast calculation of light field-indicators used in X-ray via automated- and observer-based methods, and comparison with current standard approaches, which do not give exact definition for light field edge determination. Methods: Automated light sensor array was used to measure the penumbra zone of the edge in the standard X-ray equipment, while trained and naïve human observers were asked to mark the light field edge according to their own determination. Different interpretations of the contrast were then calculated and compared. Results: In contrast to automated measurements of edge definition and detection, measurements by human observers showed large inter-observer variation independent of their training with X-ray equipment. Different contrast calculations considering the different edge definitions gave very different contrast values. Conclusion: As the main conclusion, we propose a more exact edge definition of the X-ray light field, corresponding well to the average human observer's edge determination. Such errors could potentially affect the approval of X-ray equipment, and also increase the radiation dose. The automated measurement based on human observers' edge definition and the corresponding contrast calculation may lead to a more precise light field calibration, which enables reduced irradiation doses on radiology patients.

Keywords Diagnostic X-ray, Light field indicator, Edge determination, Radiation protection, X-ray equipment type test.

Introduction

In radiography, the light field-indicator is generally incorporated in the X-ray equipment to predict the aperture and dimensions of the irradiated field. Characteristics of this light field, such as illumination and contrast are typically evaluated according to international standard requirements (International..., 2009) to ensure the lowest possible discrepancies between the light and the X-ray fields. Therefore, the maintenance of an illuminance of at least 100 lux, in a uniform field with the minimum defined contrast level (International..., 2009) to define field edges is important for safety reasons, as the edges

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are strongly related to X-ray irradiated area limits and accuracy. Although a methodology based on the ratio of inner and outer illumination in the edge region is provided to determine the acceptable contrast of the light field, the definition of its edge is not unambiguously given, and the concept of contrast lacks precise definition in international standards.

Light-field indicator type tests

IEC standards are provided for type tests of a wide range of medical electrical equipment used in diagnostic imaging, such as ultrasonography, magnetic resonance and diagnostic X-ray equipment. For the most part, these standards are intended for the basic safety of the equipment and include not only a scope mainly related to electrical, mechanical, thermal and other specific risks, but also essential performance tests for each medical equipment category. These standards are used for certification processes all over the world, and are the principal guides for projects, laboratory type tests and production assurance of safety and performance.

A light field-indicator described by these standards (International..., 2009), is understood to be the device in radiological equipment that delineates the irradiated

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field with a visible light field before the more powerful X-ray radiation is applied for medical use. It is therefore, part of the beam limiting device in all diagnostic X-ray equipment, and is normally composed of a lamp with a timer control and a mirror that intercepts the X-ray beam. The same jaws embedded in the X-ray beam-limiting device are used by the light-field to adjust the irradiation area.

In conventional diagnostic X-ray systems, the light field is normally an illuminated rectangle with two central axes that enable centering and size control of the X-ray field. The adjustment of the light field area in most equipment is manually controlled, and thus, the size of the irradiated area is mainly defined by the operator. Since errors in the determination of those areas (*e.g.* light field control uncertainties, incorrect relationship of control marking and field aperture, jaws misalignments, etc.) are directly related to radiation protection risks, international standards state some type tests regarding illuminance, optical contrast and discrepancies between the light and the X-ray fields.

According to IEC standard 60601-2-54 (International..., 2009), the contrast at the edge of the light field should be determined by the ratio of the illuminance 3 mm from the edge of the light field towards the center of the field, and the illuminance 3 mm from the edge away from the center of the field. The acceptable contrast values are 3 for mobile equipment and 4 in other categories. The measurement aperture required is 1 mm. For these conditions, the average illuminance provided by the light field-indicator in the light field should be above 100 lux or above 160 lux (21CFR1020.31, Food and Drug Administration – FDA) (Food..., 2015) at a 1 m distance. However, this method lacks the exact definition of the edge of the light field, which is required to perform optical contrast and discrepancy tests. Moreover, the IEC standard defines the exact position of the X-ray field's edge at 25% of the maximum irradiation value, yet the technical basis of this is neither clear nor referenced.

In an ideal situation, the light field should have very well defined edges with a profile similar to that in Figure 1; left profile. However, due to the characteristics of the beam limiting device, the light field has no such ideally defined edges, but a more realistic profile, as shown in Figure 1; right profile.

A transition region with changing illuminance values describes these edges, making it difficult to define the contrast required by the relevant IEC standard, since this considers a well-defined edge position for the contrast measurement. Our research aimed to analyze how difficult it is for the observers to define the edge position and how this can affect the resulting contrast values. This transition zone between the dark and light portions of the field is called the 'penumbra zone'. The illuminance level related to the contrast requirements in the IEC 60601-2-54 (International..., 2009) suggests a relatively small penumbra zone (less than 6 mm), as it is understood that edge contrast would always be determined with reference points 3 mm towards the center of the illuminated area and 3 mm away from it. In practice, what we observe is that this is not true and penumbra zones normally go beyond 6 mm. Most medical physicists and practitioners usually determine the field edges, and also the radiation field edges in X-ray images, as a virtual line at approx. 50% of intensity inside the penumbra zone (Balderson et al., 2011). This is demonstrated in literature for radiotherapy (Balderson et al., 2011; Kron and Ferguson, 2000; Woo and McParland, 2001) but not mentioned for diagnostic purposes. Although the 50% value is the most common reference to determine light field edges, therapists of radiotherapy procedures tend to choose a faint edge in the light field, which might contribute to higher irradiated regions and consequently, higher doses, especially in therapy procedures (Kron and Ferguson, 2000). These studies (Balderson et al., 2011; Kron and Ferguson, 2000) also confirm the importance of analyzing the direct effects of irradiated area determination on the Dose Area Product.

In summary, if the penumbra region is sufficiently narrow, it would be easy to define for the human eyes. In contrast, a broader penumbra zone would be more difficult to determine by eye, even for an expert technician, physicist or physician. Therefore, the goal of this study was to verify and compare automated and human-based procedures of determining the light field edges, and to define an acceptable width value for the penumbra zone.



Figure 1. Left: Ideal light field edge's intensity profile, where A and B show the exact light field edges in one cross section of the light field. Right: Real light field profile, where A and B are the light field edges with larger transition zone without clear definition.

Methods

For the purpose of the instrumental light field edge determination, a measuring system was developed at the IEE/USP Medical Electrical Equipment Laboratory consisting of a photodiode array sensor with 16 elements of 1 mm linear dimensions of sensor area and an integrated illuminance meter. Both of these components were connected to pre-amplifiers to provide adequate electrical signals to the Analog to Digital Converter (ADC) of an ARDUINO MEGA microcontroller board (Figure 2). The photodiode array sensor was connected to a 16-channel Analog Switch Integrated Circuit (IC) to provide a single analog output, improving the ARDUINO ADC sampling rate.





Figure 2. Self developed light field edge detecting system. (A) Top view with illuminance meter and its pre-amplifier Amp01 and Array sensor with its Analog Switching IC and pre-amplifier Amp02; (B) Bottom view with Infrared Positioning Sensor and Alignment Bars indications.

The array sensor was mounted on a circuit board with its central array placed in a convenient distance of 5 cm from the illuminance meter. This distance allows the illuminance sensor to be positioned in the central illuminated area of each four quadrants of the light field during edge measurements within normal apertures in diagnostic practice (18 x 24 cm, providing quadrants of 9 x 12 cm), as illuminace is measured at each edge to attend the requirements of IEC 60601-2-54 (International..., 2009). Such sensor positioning also allows the illuminance measurement in an alternative aperture of 13 x 13 cm used in the present work for validation purposes.

The measuring system board is coupled into an ARDUINO MEGA microcontroller system, which communicates with a microcomputer and a control and analyzing software (Figure 3) developed using the LabVIEW software (National Instruments, Austin, TX). This software receives all analogical data from the photodiode array and from the illuminance sensor and performs calculations according to the methodology described in IEC 60601-2-54 (International..., 2009), and also provides an output file with edge profile data for further calculations.

To validate the illuminance meter and photodiode array sensor the system was previously calibrated with a Photometric Bench equipped with a Secondary Standard Incandescent Lamp (FLUXO) for luminous intensity, connected to an OPTRONICS power supply, and a standard illuminance meter (LMT S1000). Calibration was performed at 1 m distance of the Secondary Standard Lamp to reproduce the IEC 60601-2-54 (International..., 2009) measuring setup. Calibration of the photodiode array was performed from 10 to 200 lux to provide edge variations normally found in practical tests, and from 50 to 800 lux, as IEC standard requirements are restricted to a minimal value of 100 lux. Calibration factors were applied into the LabVIEW software for measuring corrections during tests.

The shield board was also equipped with alignment bars and an infrared sensor, aligned with the center of the photodiode array, to enable precise positioning in



Figure 3. Automatic edge detection measuring software. Filled (green in reality) LEDs below the chart identify the penumbra zone in the array sensor.

manual procedures of edge determination as described below (Figure 2B).

To generate the light field, a conventional diagnostic X-ray equipment was used, which is equipped with a RALCO R302/A beam limiting device, in compliance with IEC 60601-2-54 standard (International..., 2009). Two field sizes (illuminated areas) were defined: 18x24 cm and 13x13 cm at a 1 m distance. The field had a distribution in four quadrants and eight edges (edges - from A to H in Figure 3).

Automated measurement procedure

The automated process was performed in a dark room (illuminance lower than 1 lux), where the measuring system was positioned out of the illuminated area, away from the center, moving it towards the center, or moving from the center towards the non-illuminated region, at each of the eight edges for both light field sizes. The LabVIEW software determined the ideal position range for the measurement by first identifying constant maximal illuminance within 10% variation (defined as the standard deviation of the illuminance values over their average) at a 3 mm wide zone in the brighter side of the penumbra zone. Second, a 3 mm wide zone with illuminance values of 10% and less of the maximal illuminance was selected at the darker side of the penumbra zone (see Figure 1). The acceptance value was set to the variation coefficient of 10% at the darker side because with lower values, edges were not always determined within the sensor's available length due to non-uniformities in the illumination field. For values higher than 10%, edges were considered well inside the penumbra zone, which was visually noticeable.

After registering the edge profile, different decisions can be made for the determination of the exact edge position, as this is not defined by the relevant standards: i) The first measurement point in the edge profile reaching 10% of the average maximal illuminance or less was selected and the edge was defined at equal distance between this and the neighboring measurement point that had illuminance higher than the 10% (Figure 4 $-N^{\circ}$ 1); ii) The edge can be considered as the whole penumbra zone, meaning that the 3 mm distances was measured at the lower 10% and at the higher constant maximal illuminance regions; iii) One could also define the edge at the 50% illuminance of the penumbra zone (Figure $4 - N^{\circ} 3$); iv) Following the recommendations for the X-ray radiation field edges in IEC 60601-2-54, the 25% of the maximum value could be considered as well (Figure $4 - N^{\circ} 4$). The resulting contrast values were calculated as the ratio of the lower and the higher illuminances at a 3 mm distance from the edge in both directions.

Manual measurement procedure

Twenty-eight observers with no visual problems and good or corrected visual acuity (based on personal interview) participated in the manual tests of identifying the edges of the illuminated areas on a millimeter paper for each light field and edge. Of the 28 observers, 17 work actively with clinical X-ray equipment, either in the operational field or in quality control (i.e. "trained" observers). Among them, eight were experts on X-ray type tests and diagnostic quality control assessment at IEE/USP. Thus, 11 observers were "naive" to the task. The tests were carried out in accordance with the Declaration of Helsinki for experiments involving



Figure 4. Possible edge definitions of the light field and the related illuminance measurement locations for contrast calculation. Vertical lines with the smallest dots indicate the locations for contrast calculation considering the illuminance value at 3 mm out of the penumbra zone from the 10% of the maximal illuminance at the lower end and at 3 mm into the brighter zone at the higher end. Number 1 shows the edge considering the 10% of the maximal illuminance and the vertical lines with the largest dots show the measurement points. (Note that illuminance measurement location at the lower end is coincident for this and for the former case.) Number 3 indicates the edge at the 50% illuminance. Number 4 shows the edge at 25% illuminance. Horizontal dashed lines and vertical dotted lines indicate the illuminance measurement points at 3 mm from the edge in both directions.

humans, and informed consent was obtained from all participants.

The participants stayed in the dark room for a few minutes, during which they were instructed about the task. Their task was to mark the edges of the light field according to their observation and personal definition, without giving any hints about specific edge definition. After marking all eight edges with a thin black pen, the measuring device was positioned on top of the markings to measure the transition. The procedure was repeated for both light field sizes in a random order.

Results

Automated edge evaluation

Using the self-developed measurement equipment, we evaluated the detection of eight different edges of two illuminated areas (18x24 cm and 13x13 cm). The evaluation was repeated five times with repeated adjustment to the size of the illuminated areas.

Figure 5 shows the average and standard deviation of the results (n = 40) for both areas. It indicates that there was practically no difference between the two (p >> 0.05 for all detectors with Student's t-test comparison). At the same time, the standard deviation of the measured values was slightly smaller for the area of 18x24 (0.08 ± 0.04) than for the area of 13x13 (0.10 ± 0.05). This was most likely due to differences in the size adjustment performed by the same technician on the scale of the equipment.

Manual evaluation of the illuminated area edges

The manual marking results for the 13x13 area, showed on average, similar patterns to the 18x24 area. However, the general edge determination at the 13x13 light field was done closer to the light field than in the case of the 18x24 area (Figure 6). The individually marked edges by the 28 observers showed that three (no. 2, 7 and 13) of the 28 observers (one with expertise on X-ray equipment and two without) had marked the edges around the 50% illuminance level in both light field sizes. On the other hand, 25 observers indicated the edge close to the dark region. There were relatively large inter-individual variations in the exact edge determination, but the individual definition of the edge in the penumbra zone stayed the same for all observers when marking the eight edges in both light field sizes.

For a more detailed analysis and contrast calculations, we separated the results of the three observers who marked inner ('IN') edges (around 50% of the maximal illuminance) from the 25 subjects who marked outer ('OUT') edges (close to the dark zone). It can be seen in Figure 7 that the average of the three 'IN' manual results practically coincided with the automated measurement profiles, whereas the 'OUT' results were clearly more inside the darker part of the penumbra zone. The majority of the human observers ('OUT') marked the light field edge at approximately 7% relative to the maximum illuminance value acquired by the automatic measurement (Figure 7 – dotted line).

Contrast values calculated with the relative illuminance values 3 mm either side of the possible edges (Figure 4) are shown in Table 1 for the automated measurements together with the values based on the average of the manual markings. Contrast values from manual edge determination by the majority of the observers was close to the contrast calculation with the 10% method, even though there were differences between the manual markings of the two areas (see discussion). If the markings were considered around the 50% illuminance level ('IN') the resulting contrasts would, in most cases, stay below the acceptance levels of the relevant standard (International..., 2009).



Figure 5. Average edge zones with the automated method. The filled points represent the average values for the 18x24 area and the circles for the 13x13 area. The coincidence of the points for the two areas indicate the small influence of the size on the results. Note that the relatively large standard deviations in the middle range of the measurements are due to the non-uniform illumination of the collimator of the X-ray equipment.



Figure 6. Relative illuminance profiles of the average manual edge markings as indicated by the majority of the observers. The difference in the curves indicate that the manual edge detection was closer to the light field in the case of the smaller (13x13) size.



Figure 7. Automatic (bold) and manual (18x24) measures of the edges for observers marking at the dark side of the penumbra zone (OUT – majority of the observers) and at around 50% illuminance (IN – minority of the observers). The dotted horizontal line indicates the relative illuminance level where the edge was marked in the manual OUT case.

 Table 1. Calculated contrast values based on the edge detection.

Area	18x24 cm ²	13x13 cm ²
C _{man.OUT}	5.0 ± 2.0	9.7 ± 4.4
C _{man,IN}	3.7 ± 2.0	2.3 ± 0.7
C _{auto,50%}	3.0 ± 0.58	
C _{auto.penumbra}	26.5 ± 7.9	
C _{auto.25%}	7.3 ± 0.9	
C _{auto,10%}	8.5 ± 2.1	

Discussion

Based on our results, we can state that most manual edge markings made by human observers were generally estimated at the initial rise of the penumbra area, where the illumination starts. The majority of the observers, independent of their expertise with X-ray equipment, marked the edges close to the 10% of the maximal illuminance value, contradicting the findings of the literature with physicist observers, who tend to find edges at 50% of the maximal illuminance value (Kron and Ferguson, 2000). Thus, the 10% relative illuminance criterion (considering the exact determination of the maximal value as described in the methods) could be a good candidate for a more specific edge definition in light field-indicators for diagnostic X-ray equipment. Along with the relatively large variations in human edge markings compared to the automatic method (Kron and Ferguson, 2000), our study revealed that the size of the light field also introduces human differences. Scientific literature in the area of experimental psychology indicates the effect of area size and edge on brightness perception (Davidson and Whiteside, 1971; Grossberg and Mingolla, 1985; MacEvoy et al., 1998). Although the analysis of such a psychophysical phenomenon is not the aim of this study, we suggest the findings in human edge definition to be closer to the illuminated area when the total area is smaller. This might come from an underlying perceptual and/or psychophysical phenomenon. Therefore, human perceptual effects can influence edge detection and can cause discrepancies where exact edge definition is needed.

Using the markers of the majority of the observers, the resulting contrast was very different from those of the minority of the observers, who marked the edge at the transition zone (at 50% illuminance), or from the results of the method when the whole penumbra zone was considered as the edge. In comparison, the contrast calculated with the edge at the 25% definition, adopted for X-ray field edges determination, did not differ much from that calculated with the 10% method; however, the 25% selection is quite different from the majority of the manual markings (i.e. 7% of the maximal illuminance).

Given that the illumination area coincides with the outer limits of the X-ray irradiated area, the edges marked by the majority of the observers would result in under-irradiation. This was also observed by Brookfield et al. (2015) with pelvic radiography procedures, which concluded that even small collimator errors would result in Dose Area Product (DAP) increase. If we considered that the edges of the minority of observers (who marked them at 50% illuminance level) would open the light field more than the majority of observers (close to the light field start), the overall dose would be in a larger area, since there would be irradiation outside the markings as well.

According to Kisielewicz et al. (2011) there is a linear relationship between DAP and patient dose (Entrance Surface Dose - ESD) in diagnostic X-ray procedures. DAP and ESD are also linearly related to phantom thickness, tested from 14.5 cm to 35 cm. In a very simple example, a 3 mm increase (considering a 6 mm penumbra zone), for the 18x24 cm² selection (43,200.00 mm² area), would increase the area with 2,556.00 mm². This corresponds to approximately 5.9% increase in (DAP), which is the result of human adjustment, very close to the findings of Brookfield et al. (2015). Moreover, if the calibration between the irradiated and illuminated areas is done by someone adjusting the illumination window to the transition (50%) or to the 25% of the penumbra zone, further adjustments of the illumination windows to the outer limits (i.e. 7%) of the illuminated area by other technicians would generate X-ray images that are too small, potentially missing parts of the body area to be irradiated. This latter situation might result in necessary repetition of the irradiation attempt, increasing the overall dosage (Brookfield et al., 2015). All these factors increase the risk of giving extra doses unnecessarily because of human light field adjustment, which could be avoided if there was a clear edge definition and/or automated edge detection.

The width of the penumbra zone also influences contrast calculations, independent of the edge definition. Thus, the maximal size of the penumbra width should be a set parameter, based on the DAP discussions above. Together with a clear edge definition, the current contrast acceptance limits (± 3mm from the edge) should generally result in a small penumbra zone. Still, the penumbra zone of the illumination system could be potentially reduced with inclusion of imaging optics to reduce the blur of the light field edges.

In conclusion, in this study we propose a clearer definition of the light field edge, also for the IEC 60601-2-54 (International..., 2009) requirements. The field edge reference point definition is proposed to be 10% of the maximum illuminance level and a penumbra zone limit, which is related to DAP to increase safety limits. We also propose an automated measurement procedure that simultaneously provides contrast results close to general human observation, and avoids human introduced variations:

Light field edge should be indicated at the locus where illuminance is 10% of the maximum level (considered to be uniform over the illuminated area except for the penumbra zones). To define the light field edge it is necessary for an accurate measurement to have at least 3 mm of dark zone (region lower than 10% of the maximal illuminance) and 3 mm of maximal uniform illuminance zone (light field inner region with 10% variation coefficient over the range);

Penumbra zones should have a maximum width to limit DAP increase at 10%;

The edge profile must be measured with a light sensor array properly validated with a standard light source, with an adequate (<= 1mm) aperture.

The penumbra zone of the illumination system could be potentially reduced with inclusion of imaging optics to reduce the blur of the light field edges. This concept could be the topic of further studies, as although this purpose is relevant, it shall take into consideration the impacts on radiation quality and performance of the introduction of new elements for optical enhancement in the light field-indicator that would directly affect the X-ray field and equipment performance.

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