

Major Article

Association of caspase-1 polymorphisms with Chagas cardiomyopathy among individuals in Santa Cruz, Bolivia

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Abstract

Introduction: *Trypanosoma cruzi* (*Tc*) infection is usually acquired in childhood in endemic areas, leading to Chagas disease, which progresses to Chagas cardiomyopathy in 20–30% of infected individuals over decades. The pathogenesis of Chagas cardiomyopathy involves the host inflammatory response to *T. cruzi*, in which upstream caspase-1 activation prompts the cascade of inflammatory chemokines/cytokines, cardiac remodeling, and myocardial dysfunction. The aim of the present study was to examine the association of two caspase-1 single nucleotide polymorphisms (SNPs) with cardiomyopathy. **Methods:** We recruited infected (*Tc*⁺, n = 149) and uninfected (*Tc*⁻, n = 87) participants in a hospital in Santa Cruz, Bolivia. Cardiac status was classified (I, II, III, IV) based on Chagas cardiomyopathy-associated electrocardiogram findings and ejection fractions on echocardiogram. Genotypes were determined using Taqman probes via reverse transcription-polymerase chain reaction of peripheral blood DNA. Genotype frequencies were analyzed according to three inheritance patterns (dominant, recessive, additive) using logistic regression adjusted for age and sex. **Results:** The AA allele for the caspase-1 SNP rs501192 was more frequent in *Tc*⁺ cardiomyopathy (classes II, III, IV) patients compared to those with a normal cardiac status (class I) [odds ratio (OR) = -2.18, p = 0.117]. This trend approached statistical significance considering only *Tc*⁺ patients in class I and II (OR = -2.64, p = 0.064). **Conclusions:** Caspase-1 polymorphisms may play a role in Chagas cardiomyopathy development and could serve as markers to identify individuals at higher risk for priority treatment.

Keywords: Chagas cardiomyopathy. Single nucleotide polymorphisms. Caspase-1.

INTRODUCTION

Chagas disease is the most important parasitic disease in the Western hemisphere, responsible for a disease burden that is estimated to be 7 times higher than that of malaria in this region¹. Chagas disease is caused by *Trypanosoma cruzi* infection, which is most commonly acquired in childhood in endemic areas but often remains clinically silent, and therefore undiagnosed, for decades. Vector-borne transmission is focused on endemic rural communities with poor housing conditions. However, migration has brought people living with Chagas disease to several cities in Latin America, North America, and Europe^{2,3}.

Although the majority of infected individuals will never develop overt symptomatic disease, 20-30% of cases will progress to Chagas cardiomyopathy, characterized by conduction system deficits, brady- and tachyarrhythmias, eventually leading to progressive dilated cardiomyopathy⁴. In one large public hospital in Santa Cruz, Bolivia, 60% of the cases of congestive heart failure and 79% of cases of advanced heart failure were associated with *T. cruzi* infection⁵. Once dilated cardiomyopathy is present, the patients' short-term mortality rates are high⁶. Anti-trypanosomal therapy in the early chronic phase is associated with a cure rate of 60% based on serology, and this treatment is presumed to decrease or eliminate the likelihood of future cardiac progression^{7,8}. However, once structural heart disease is present, anti-trypanosomal therapy does not appear to influence disease progression⁹. Therefore, identifying early indicators of Chagas cardiomyopathy risk would help to best focus treatment on those with the highest probability of future morbidity.

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The pathogenesis of Chagas cardiomyopathy includes a strong immunological component¹⁰. Control of the parasite soon after infection requires a robust inflammatory immune response. The acute phase ends when *T. cruzi* replication is suppressed by an effective T helper cell 1 response. Nevertheless, the infection persists in the absence of treatment, and failure to appropriately down-regulate the inflammatory response appears to play a central role in the pathogenesis of chronic Chagas cardiomyopathy^{11,12}. The innate immune response against *T. cruzi* involves recruitment of the NLRP3 (nod-like receptor family pyrin domain containing 3) inflammasome with a caspase recruitment domain¹³. Inflammasomes are cytosolic receptors that respond in the face of infection to control morbidity; however, their excessive activation can also contribute to the ongoing pathology¹⁴. Upon NLRP3 inflammasome recruitment, pro-caspase-1 is cleaved, thereby activating the inflammatory cytokines interleukin (IL)-18 (interleukin 18) and IL-1β (interleukin 1- beta)^{15,16}. Increased expression of IL-18, IL-1β, tumor necrosis factor-α, and interferon-γ has been demonstrated in cases of Chagas cardiomyopathy *in vivo*^{17,18}. The widespread involvement of myocardial cells in this inflammatory process results in scarring and fibrosis that contribute to the subsequent cardiac pathology¹². These findings suggest that caspase-1 may play an important role in the development of *T. cruzi*-induced myocardial dysfunction.

Although polymorphisms of inflammatory cytokines (IL-18, CCR2 (C-C chemokine receptor type 2), CCR5 (C-C chemokine receptor type 5), LTA (lymphotoxin α), and TGF-β (tumor growth factor-β))¹⁹⁻²⁴ have shown associations with an elevated risk of Chagas cardiomyopathy, polymorphisms of the caspase-1 gene (*CASP1*) have not previously been evaluated in patients with Chagas disease. Given that caspase-1 plays a pivotal role in the inflammatory cascade provoked by *T. cruzi* infection, we hypothesized that polymorphisms that affect caspase-1 expression could function as early indicators of Chagas cardiomyopathy risk. Accordingly, we evaluated the associations of two known *CASP1* single nucleotide polymorphisms (SNPs) with the presence of Chagas cardiomyopathy in a Bolivian population.

METHODS

Ethical considerations

The study protocol was approved by the Institutional Review Board of Universidad Católica Boliviana (Santa Cruz, Bolivia), PRISMA (Lima, Peru), Johns Hopkins Bloomberg School of Public Health (Baltimore, MD, USA), and University of California San Francisco School of Medicine (San Francisco, CA, USA). All participants provided written informed consent.

Patient population and recruitment

Recruitment occurred in the internal medicine ward, outpatient clinic, and waiting area of San Juan de Dios Hospital, the largest public general hospital in Santa Cruz, Bolivia. All adults 18 years or older were eligible to participate. Some participants, who were aware of the study, also came to the hospital for voluntary recruitment. Exclusion criteria included

active hospitalization for a severe non-cardiac disease such as sepsis, chronic obstructive pulmonary disease, or chronic renal insufficiency, and pregnancy.

Specimen handling and determination of *Trypanosoma cruzi* infection

Blood samples were collected from patients, and genomic DNA (deoxyribonucleic acid) was extracted using the Roche High Pure PCR (polymerase chain reaction) Template Preparation Kit (Roche Diagnostics) according to the manufacturer instructions and stored at -20°C. Serum specimens were tested for *T. cruzi* infection by enzyme-linked immunoassay (Wiener Recombinante 3.0 ELISA (enzyme linked immunosorbent assay), Rosario, Argentina) and an indirect hemagglutination test (Chagas Polychaco kit, Lemos Laboratories, Santiago del Estero, Argentina). For specimens with discordant results, the trypomastigote excreted-secreted antigens blot assay was performed according to a previously published protocol²⁵. *T. cruzi* infection was confirmed based on positive results by at least two of the above tests.

Classification of cardiac status

Participants were categorized according to *T. cruzi* infection status and cardiac severity class. Epidemiologic data were collected using a structured questionnaire. Cardiac severity was determined by electrocardiography (Welch-Allyn portable machine) and echocardiography (Sonosite Micromaxx ultrasound) evaluated by cardiologists blinded to patient infection status, and readings were provided in a structured data format. Class I was defined based on normal results on electrocardiogram and a normal ejection fraction [(EF); >50%] on echocardiogram²⁶. Class II was defined if any of the following were present on echocardiography: intraventricular conduction delay, right bundle branch block, left bundle branch block, left anterior hemiblock, left posterior hemiblock, 1st, 2nd or 3rd degree atrioventricular block, multifocal or paired ventricular premature beats, atrial fibrillation or flutter, pacemaker, atrioventricular dissociation or severe bradycardia (<50bpm)^{2,27}. Participants were assigned to class III (EF 40-50%) or to class IV (EF < 40%) based on echocardiogram findings²⁶. We followed the severity classification system published by Rassi et al.²⁸. EF cut-offs for Class III and IV were based on the recommendations of the American Society of Echocardiography (ASE), in which an EF of 40-50% indicates mild to moderate global ventricular dysfunction (Class III) and an EF < 40% indicates severely abnormal function (Class IV)²⁹.

Single nucleotide polymorphisms selection and genotyping

We selected two *CASP1* SNPs for analysis: rs501192 (C_27136097_10) and rs570685 (C_962600_10). *CASP1* rs501192 was selected because previous studies have shown an association of this SNP with non-Chagas heart disease³⁰, and *CASP1* rs570685 is a tag-SNP defining a *CASP1* haplotype that is differentiated within Latin American populations. Data from the 1000 Genomes Project (<http://www.1000genomes.org/>) were used to compile *CASP1* haplotypes, and linkage disequilibrium

was assessed by Haploview (<https://www.broadinstitute.org/scientific-community/science/programs/medical-and-population-genetics/haploview/haploview>). Genotyping was performed using the Taqman SNP Genotyping Assay according to manufacturer's protocol (Applied Biosystems, Foster City, CA, USA). Non-DNA template controls and positive controls (Coriell DNA Laboratories, Camden, NJ) were genotyped concurrently also using manufacturer's protocol to ensure high-quality genotyping (>95% call rate).

Statistical analysis

The target sample size for this study was determined to be $n = 66$ for all cases (cardiomyopathy Class II, III, IV, either *T. cruzi* positive or negative) and controls (cardiomyopathy Class I, either *T. cruzi* positive or negative) to be able to detect a difference of 20% (30% for cases and 10% for controls) in SNP prevalence at a power of 80% with a 95% confidence interval.

For baseline characteristics, differences among continuous variables were evaluated by the Kruskal-Wallis test. Comparisons of dichotomous variables were analyzed using chi-squared or Fisher's exact tests, as appropriate. All groups were tested for markers of Hardy-Weinberg equilibrium by Fisher's exact test. Genotype frequencies were analyzed by three inheritance patterns (dominant, recessive, additive) using logistic regression adjusted for sex and age in the SNPAssoc R package. Goodness of fit was assessed for each model by Akaike information criterion values. Statistical significance was defined as $p < 0.05$.

RESULTS

Genotyping data were generated for 149 *T. cruzi*-infected ($Tc+$) and 87 uninfected ($Tc-$) individuals (**Table 1**). Among the $Tc+$ participants, increasing severity of cardiac disease was associated with a progressively increasing median age ($p=0.0019$). This trend was also detected among uninfected participants, but it did not reach statistical significance. A higher proportion of $Tc+$ Class I participants were female as compared to those in Class II ($p=0.0327$) or all patients in the $Tc+$ cardiomyopathy group ($p=0.0264$). The sero-negative study population showed no significant differences in sex distribution according to cardiac class.

Among the $Tc+$ participants, the AA allele for the *CASP1* SNP rs501192 was more prevalent in those with cardiomyopathy (Class II, III, and IV) compared to those with a normal cardiac status (Class I) (**Table 2**). This pattern was stronger when restricting this analysis to only the $Tc+$ individuals of Class I and II, and approached statistical significance (OR -2.64, $p = 0.064$). Among the uninfected participants, there was also a positive trend observed for carriers of these SNPs who had cardiomyopathy (Class II, III, and IV) compared to those of Class I (**Table 2**). However, neither SNP was associated with an altered risk of *T. cruzi* infection in this study population (**Table 3**).

DISCUSSION

To our knowledge, this is the first study to evaluate *CASP1* polymorphisms in the context of Chagas cardiomyopathy.

Within our Bolivian cohort, we observed a stronger trend of an association of these polymorphisms with diseases in the Class I vs. Class II comparison for the $Tc+$ group than when considering all of the $Tc+$ cardiomyopathy subjects (Class II, III, IV) vs. those of Class I, despite the smaller sample size. This finding may reflect a higher specificity of the criteria for diagnosing class II for Chagas cardiomyopathy than those for classes III and IV, which require a decreased EF and thus may include patients with other etiologies of congestive heart failure. However, the positive trend for an association of both polymorphisms with cardiomyopathy among uninfected participants suggests that several caspase-1-related genes may be involved in cardiomyopathy development, in which inflammation is integral to the pathogenesis, regardless of the specific etiology.

Caspase-1 is the primary activator of the inflammatory cytokines IL-1B and IL-18, and plays a major role in the pathogenesis of viral myocarditis^{16,31,32}. A previous study showed that heart tissue from patients with viral myocarditis had increased caspase-1 expression, and the intensity of expression was directly related to the severity of heart failure and lack of functional recovery at 6 months³³. *In vivo* models of dilated cardiomyopathy also showed increased cleavage and activation of pro-caspase-1, resulting in increased myocardial inflammation and systolic dysfunction³⁴. These studies reflect the acute inflammatory response to infection that can translate into the consequences observed with long-standing disease. Although caspase-1 polymorphisms have not previously been studied in Chagas disease, they have been linked to variations in IL-1B and IL-18 activity³⁰. Moreover, polymorphisms of the cytokine IL-18 are known to be associated with susceptibility to Chagas cardiomyopathy¹⁹, providing a likely mechanism for our detected trends.

We chose to focus on the SNP rs501192 because of its known occurrence in Latin American populations based on the 1000 Genomes database. Paradoxically, this SNP was previously reported to be associated with a lower risk of coronary artery disease in a European study³⁰. Therefore, further investigation will be required to understand this apparent inconsistency in two genetically different populations.

Many of the findings associated with early Chagas cardiomyopathy, including ST-T changes, abnormal Q waves on electrocardiogram, and microvascular abnormalities, have been attributed to an ongoing inflammatory process². These indications are also the earliest signs of cardiomyopathy resulting from fibrosis, as seen by an increased myocardial signal on magnetic resonance imaging³⁵. The SNPs rs501192 and rs570685 are both located in the intronic regions of *CASP1* (intron 6 and 2, respectively), and could therefore play a role in splicing errors during transcription. Dysregulation of the inflammasome NLPR3 due to genetic mutations of its related genes has been implicated in other inflammatory diseases such as cryopyrin-associated periodic syndromes, familial Mediterranean fever, pyogenic arthritis, pyoderma gangrenosum, and acne syndrome³⁶. Both the NLPR3 inflammasome and caspase-1 are also key players in the molecular mechanisms underlying

TABLE 1
Median age, sex distribution, and genotype distribution for the *CASP1* polymorphisms in *Tc+* and *Tc-* patients.

SNP	Allele	Total (N)	Serology			
			<i>Tc+</i>			
			Cardiac classification			
			I	II	III	IV
			N (%)	N (%)	N (%)	N (%)
Rs501192	GG	101	31 (41.8)	22 (42.3)	5 (35.7)	7 (77.7)
	GA	98	36 (48.6)	19 (36.5)	6 (42.8)	2 (22.2)
	AA	37	7 (9.4)	11 (21.1)	3 (21.4)	0 (0.0)
Rs570685	AA	72	24 (32.4)	18 (34.6)	4 (28.5)	4 (44.4)
	AC	109	37 (50.0)	19 (36.5)	6 (42.8)	4 (44.4)
	CC	55	13 (7.5)	15 (28.8)	4 (28.5)	1 (11.1)
Sex [female]			64.0%	44.0%	43.0%	56.0%
Median Age [IQR]			60 [60-65]	55.5 [42.2-65.7]	64 [55-68.5]	65 [55.5-68.5]
<i>Tc-</i>						
Cardiac classification						
			I	II	III	IV
			N (%)	N (%)	N (%)	N (%)
Rs501192	GG	101	24 (45.2)	4 (21.0)	2 (40.0)	6 (60.0)
	GA	98	22 (41.5)	9 (47.3)	2 (40.0)	2 (20.0)
	AA	37	7 (13.2)	6 (31.5)	1 (20.0)	2 (20.0)
Rs570685	AA	72	15 (28.3)	3 (15.7)	2 (40.0)	2 (20.0)
	AC	109	28 (52.8)	8 (42.1)	2 (40.0)	5 (50.0)
	CC	55	10 (18.8)	8 (42.1)	1 (20.0)	3 (30.0)
Sex [female]			66.0%	58.0%	60.0%	40.0%
Median age (interquartile range)			60 (60-62)	52 (45-65)	54 (44-70)	60 (48-67)

CASP1: caspase-1; *Tc+*: *Trypanosoma cruzi* positive; *Tc-*: *Trypanosoma cruzi* negative; SNP: single nucleotide polymorphism; IQR: interquartile range.

other diseases in which inflammation plays a critical role in the pathophysiology, such as psoriasis, gout, and Alzheimer's disease^{36,37}. Our data suggest that the genetic influences of NLPR3 inflammasome and caspase-1 merit further investigation in mediating the pathology and risk of Chagas disease as well.

Our study was limited by its relatively small sample size and cross-sectional design, and the relative infrequency of patients with advanced cardiomyopathy in the study population. These factors limited our statistical power for the case-control analysis. Therefore, examination of both *CASP1* polymorphisms in a

larger study population will be needed to provide more robust results. Ideally, future studies would be longitudinal in design to provide unambiguous data on the progression of Chagas cardiomyopathy. We attempted to recruit case and control groups with similar age and sex distributions; however, this was not easily achieved because the natural history of cardiomyopathy inevitably leads to older age in groups with more severe disease. In addition, women were more likely to be available and/or willing to participate than men. Lastly, we did not obtain consent to generate genetic data related to ethnicity, and therefore,

TABLE 2
Association of *CASP1* polymorphisms between subjects with Class I and Class II/III/IV cardiomyopathy according to infection status, adjusted for age and sex.

SNP	Model	Genotype	Cardiac Classification (ABCD) and Odds Ratios			
			<i>Tc+</i>			
			I N (%)	II/III/IV N (%)	I vs. II/III/IV OR (95% CI)	
RS501192	Dominant	GG	31 (41.9)	34 (45.3)	0.89 (0.45–1.76)	
		GA/AA	43 (58.1)	41 (54.7)		
	Recessive	GG/GA	67 (90.5)	61 (81.3)		2.18 (0.80–5.92)*
		AA	7 (9.5)	14 (18.7)		
RS570685	Additive		74 (49.7)	75 (49.7)	1.20 (0.75–1.94)	
	Dominant	AA	24 (32.4)	26 (34.7)	0.90 (0.44–1.86)	
		AC/CC	50 (67.6)	49 (65.3)		
	Recessive	AA/AC	61 (82.4)	55 (73.3)	1.57 (0.70–3.53)	
		CC	13 (17.6)	20 (26.7)		
	Additive			75 (50.3)	75 (50.3)	1.11 (0.70–1.75)
			<i>Tc-</i>			
SNP	Model	Genotype	I N (%)	II/III/IV N (%)	I vs. II/III/IV OR (95% CI)	
RS501192	Dominant	GG	24 (45.3)	12 (35.3)	1.72 (0.67–4.41)	
		GA/AA	29 (54.7)	22 (68.8)		
	Recessive	GG/GA	46 (86.8)	25 (73.5)		2.57 (0.79–8.41)**
		AA	7 (13.2)	9 (26.5)		
Additive		53 (60.9)	34 (39.1)	1.51 (0.81–2.82)		
RS570685	Dominant	AA	15 (28.3)	7 (20.6)	1.23 (0.42–3.58)	
		AC/CC	38 (71.7)	27 (79.4)		
	Recessive	AA/AC	43 (81.1)	22 (64.7)	2.57 (0.90–7.37)***	
		CC	10 (18.9)	12 (35.3)		
Additive		53 (60.9)	34 (39.1)	1.56 (0.81–3.01)		

CASP1: caspase 1; **ABCD**: Cardiac classification; **SNP**: single nucleotide polymorphism; **OR**: odds ratios. *p = 0.117. **p = 0.115. ***p = 0.075.

the potential influence of genetic background could not be evaluated. However, the majority of patients at this hospital are known to be of mixed indigenous and European descent.

Our results suggest an etiologic role of *CASP1* genetic variations in the risk of Chagas cardiomyopathy, which shows potential for development as a genetic biomarker to identify asymptomatic *Tc+* patients at high risk of subsequent cardiomyopathy. The current available prognostic markers are only able to indicate late-stage findings (i.e., New York Heart Association Class III/IV, cardiomegaly, impaired left ventricular

systolic function, and ventricular arrhythmias on ambulatory monitoring) that occur long after anti-parasitic treatment can have any impact^{6,9}. Therefore, infected individuals who carry the SNP of interest could be flagged as high priority for anti-trypansomal treatment.

In summary, the results of the present study suggest that caspase-1 variants may contribute to Chagas cardiomyopathy development, highlighting the need for continued research into caspase-1 as a mediator of inflammation, preferably in robust, longitudinal study designs.

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Conflict of interest

The authors declare that there is no conflict of interest.

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