

Respiratory quotient: innovative method for monitoring 'Royal Gala' apple storage in a dynamic controlled atmosphere

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Introduction

In Brazil, 'Royal Gala' apples (*Malus domestica*, Borkh.) are stored after harvest under CA conditions with about 1.0 to 1.2 kPa O₂ and 2.0 to 2.5 kPa CO₂ at a low temperature (0.5 to 1 °C), and relative humidity of about 94 %, for up to seven months (Weber et al., 2011; 2012). If oxygen levels are excessively reduced, hypoxic and even anoxic zones may develop and switch from aerobic respiration to fermentation, which can lead to physiological disorders (Pesis, 2005; Gasser et al., 2010).

A new trend in commercial CA is to consider the use of a dynamic rather than a static controlled atmosphere. In the dynamic controlled atmosphere (DCA), the oxygen level can be changed during the storage period, but remains always slightly above the lowest oxygen limit (LOL). Therefore, the LOL must be measured in real time in the storage rooms. Since 2010, we have been testing a new method to store apples in DCA based on the respiratory quotient (RQ). The O₂ partial pressure reduction below the anaerobic compensation point (ACP) triggers an increase in fermentative products and RQ (Boersig et al., 1988). Therefore, monitoring the RQ will identify the moment when apples reach a critical level of ethanol production, which might damage their tissue (Gasser et al., 2010).

Apples often have higher metabolic activity on the sun-exposed side than on the shaded side (Wright et al., 2012). Therefore, the chlorophyll fluorescence measured on the sun-exposed side of the fruit might result in a higher LOL DCA-CF (Prange et al., 2007). In this way, the LOL

ABSTRACT: Apples (*Malus domestica*, Borkh.) which are not stored at low temperature or in a properly controlled atmosphere (CA) may have a high metabolic rate during the postharvest stage resulting in losses in quality. The aim of this study was to evaluate the quality of 'Royal Gala' apple fruit stored in accordance with a new method of dynamic controlled atmosphere (DCA). The respiratory quotient (RQ) was monitored at two temperatures which were then compared using a commercially available technology based on chlorophyll fluorescence DCA (DCA-CF) and static CA. Ethylene production and respiration rates were lower in apples stored in DCA than in CA, as a result of lower 1-aminocyclopropane-1-carboxylate oxidase activity, especially in apples stored in DCA-RQ2. Flesh firmness of apples stored in DCA did not differ from those stored in CA. Apples stored at 1 °C had less flesh breakdown occurrence and a high percentage of healthy fruit. 'Royal Gala' stored at DCA-RQ2 had less flesh breakdown than apples stored in CA; however, the apples stored in DCA-CF did not differ from those stored in DCA-RQ2 and CA. Apples stored at the highest RQ value (6 and 4), especially at 0.5 °C, had low O₂ injury occurrence after storage. However the increase in temperature to 1.0 °C, reduced the occurrence of this disorder. Therefore, storage in DCA-RQ2 at 1 °C or DCA-CF at 0.5 °C are the recommendations of preference for ensuring maintenance of quality in 'Royal Gala' apples after eight months of storage.

Keywords: ethanol, ethylene, physiological disorders, chlorophyll fluorescence

might be underestimated if fruit samples are exposed to the shaded side or originate from the inside part of the tree, where it normally has little direct sun exposure.

Temperature is an important factor that affects fruit metabolism and, thus, DCA conditions. Variation of ACP for the same cultivar may occur depending on the storage temperature (Wright et al., 2010). If the storage temperature is higher, LOL increases, resulting in higher O₂ partial pressure for storage. The storage temperature generally has a high interaction with the oxygen partial pressure in the storage room (Chu, 1999; Watkins and Liu, 2010; Weber et al., 2011; Kweon et al., 2013).

The objective of this study was to evaluate the quality of 'Royal Gala' apples exposed to the new Respiratory Quotient DCA technology, subject to RQ levels and two temperatures, and compare them with a static controlled atmosphere and the DCA-CF technology.

Materials and Methods

The experimental material consisted of 'Royal Gala' apples harvested in 2011 from commercial orchards in Vacaria (-28°45' S and -50°88' W), in the state of Rio Grande do Sul, Brazil. Fruits with any kind of injury or defect were discarded, and then randomized. Treatments were applied in experimental CA chambers with a volume of 233 L and, finally, the samples were placed in two refrigerated chambers, at 0.5 °C (± 0.1) and 1.0 °C (± 0.1).

The experiment was conducted in a completely randomized design with four replications per treatment.

Each replication was composed of 30 fruits, resulting in 120 fruits per treatment. The fruits were stored for eight months (Figure 1), in the following conditions: i) Controlled atmosphere (CA) with 1.2 kPa O₂ and 2.0 kPa CO₂; ii) Dynamic controlled atmosphere (DCA) with chlorophyll fluorescence measurement (DCA-CF); iii) DCA with respiratory quotient monitoring at level 2 (DCA-RQ2); iv) DCA-RQ2 stored at 1 °C; v) DCA-RQ4; vi) DCA-RQ4 stored at 1 °C; and vii) DCA-RQ6. The storage temperature was 0.5 °C, except for treatments iv and vi, and the CO₂ partial pressure for all DCA conditions was maintained at 1.2 kPa during the storage period.

Temperature was controlled by thermostats and checked daily by Hg bulb thermometers (with a 0.1 °C resolution) inserted in the apple flesh, which were stowed in the storage chamber. Relative humidity was monitored by using psychrometers with mercury thermometers in the chambers, and was maintained at 96 % \pm 2 %.

The O₂ partial pressure was reduced on the first storage day, about two days after harvest. O₂ reduction was obtained by flushing the chamber atmosphere with nitrogen until it reached the pre-established concentration. For DCA conditions, O₂ was reduced to 1.7 kPa, and the decrease thereafter resulted from the respiration process. CO₂ partial pressure was reached by injecting this gas until the desired concentration was reached.

Gas concentration in the chamber was monitored and corrected by a Kronenberger/Siemens® device for automatic control. This equipment corrected O₂ partial

pressure by injecting atmospheric air and absorbing the excess of CO₂ through air circulation in a CO₂ absorber containing hydrated lime until the desired gas concentrations were reached.

The DCA-CF was monitored according to the instructions of Prange et al. (2007). The device was used to monitor chlorophyll fluorescence from six apples during fruit exposure to low O₂. Apples cooled to 0.5 °C were placed in a perforated plastic container (18 cm width, 27 cm length, 25 cm height) with the fluorescence sensors attached to the inside of the container top. The container was placed inside a CA chamber; the chamber was sealed, and covered with black plastic to exclude light. The fluorescence monitoring system was activated and then O₂ was subsequently reduced to 1.7 kPa by N₂ injection. Afterwards, the respiration process reduced the O₂ partial pressure until a change in fluorescence was detected. The lowest O₂ set point was determined by identifying the O₂ partial pressure where an inflection in the fluorescence signal was detected, and then by increasing O₂ by 0.2 kPa as a safety factor (Figure 1). Chlorophyll fluorescence was monitored every hour for the entire storage period during the experiment.

Respiratory Quotient (RQ) DCA conditions were determined daily during the eight months of storage. For RQ determination, O₂ and CO₂ partial pressure were measured immediately after the chambers were tightly closed. After 24 h, the gas partial pressure was measured again. RQ was calculated as the ratio between the CO₂ released and the O₂ consumed within a period of 24 h. The O₂ partial pressure was controlled by RQ variations (Figure 1). If the calculated RQ was higher than the pre-established value, O₂ was increased to reduce fermentation and reduce RQ. If the calculated RQ was lower than pre-established RQ, the O₂ partial pressure was decreased to allow increased fermentation.

The quality parameters were evaluated after eight months of storage plus seven days of shelf storage at 20 °C. The parameters were: i) ACC (1-Aminocyclopropane-1-Carboxylate) oxidase enzyme activity determined according to the methodology proposed by Buefler (1986); ii) Ethylene synthesis: determined through the stowage of approximately 1.5 kg of apples in a 5L container which was hermetically sealed for approximately one hour; then, two aliquots from each container were drawn and injected into a gas chromatograph equipped with a flame ionization detector (FID) and a 2.0 m Porapak N80/100 steel column; iii) Respiratory rate: determined through air circulation, from the same ethylene synthesis analysis container, using a gas analyzer, with an infrared gas analyzer (IRGA) system which analyzed CO₂ partial pressure in the container; iv) Flesh firmness: determined with the aid of a penetrometer equipped with an 11 mm probe; v) Flesh breakdown; vi) Mealiness; vii) Low O₂ injury: determined by counting the apples that demonstrated such disorder; viii) Healthy fruit: determined by counting the apples which did not present any kind of physi-

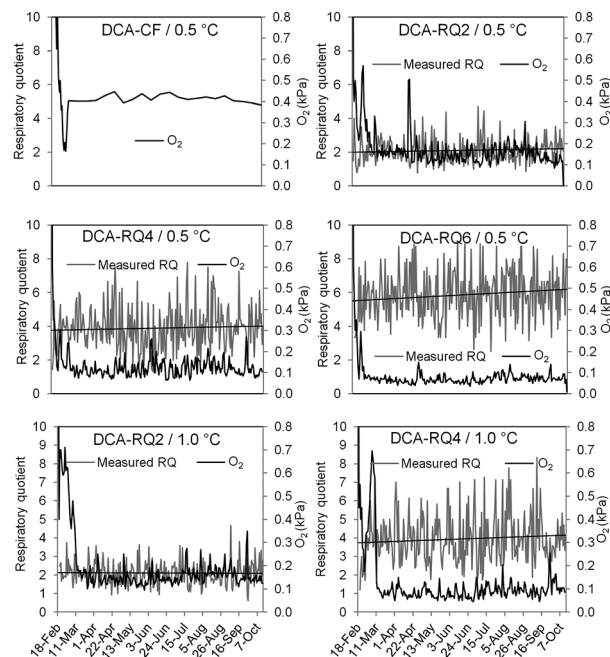


Figure 1 – Oxygen partial pressure (O₂), respiratory quotient (RQ) variation and RQ trend line during eight months storage of 'Royal Gala' apples in dynamic controlled atmosphere (DCA).

ological disorders or incidence of decay; ix) Titratable acidity: determined by titration with 0.1 N NaOH of a solution with 10 mL of juice diluted in 100 mL distilled water, until pH 8.1 was reached; and x) Soluble solids: determined by refractometry.

Analysis of variance (ANOVA) was performed for all evaluated parameters. ANOVA significant parameters were compared through Tukey's test at 0.05. Data were tested for normality and homogeneity of errors by the Lilliefors and Bartlett tests, respectively. The data expressed in percentage were transformed by the formula $\text{arc.sen}((x + 0.5)/100)^{0.5}$ before analysis of variance; however, the averages shown in this paper have been back-transformed. The software programs, Sisvar and Action for Excel, were used to run the statistical analysis.

Results and Discussion

Ethylene production was reduced by the dynamic controlled atmosphere with respiratory quotient 4 and 6 at 0.5 °C after 1/2 day of shelf storage. However, after 2 and 4 days of shelf storage, all DCA conditions reduced ethylene production. The temperature increase from 0.5 °C to 1.0 °C just resulted in higher ethylene production for DCA-RQ4 at 1/2 day of shelf storage, having no effect on ACC oxidase activity and on ethylene production during shelf storage (Table 1). The reduced oxygen level in the storage room reduces oxidative metabolism by enhancing fermentative pathways, which induces ethanol production (Imahori et al., 2013). Therefore, ripening may be delayed by the induced production of ethanol metabolites or ethanol application (Asoda et al., 2009), especially by decreasing ACC oxidase activity and ethylene production (Liu et al., 2012). Brackmann et al. (2013) also observed lower ACC oxidase activity in 'Royal Gala' apples when stored under low oxygen partial pressure (0.6 kPa). The highest ethylene production was measured at the first evaluation, that is, after 1/2 day at shelf storage. After 2 days until 6 days at 20 °C, the

ethylene production was lower than the first evaluation, however, this pattern was not observed for the DCA-RQ4 and DCA-RQ6 stored at 0.5 °C (Table 1), while the respiration onset at DCA-RQ2 and DCA-RQ4 occurred on the second day of shelf storage (Table 2).

The respiration rate was higher for CA storage than for DCA-RQ2 even at 0.5 or 1.0 °C. 'Royal Gala' apples stored at DCA-RQ4 and DCA-RQ6 did not differ from CA storage during shelf storage (Table 2). The respiration rate is normally closely associated with the ethylene production rate, especially when the oxygen level in the storage room is very low. If their rate is low, the entire metabolism is reduced and fruit quality is maintained (Thompson, 2010). However, flesh firmness was not related to respiration rate and ethylene production during shelf storage. Flesh firmness was lowest for apples stored at 1 °C among all samples, differing only from DCA-RQ6 (Table 3).

Fruit firmness is the dominant factor in consumer acceptance of apples, but sugar content and acid content also play a role in defining quality for specific cultivars (Harker et al., 2008). In this experiment, flesh firmness of apples stored in DCA did not differ from those stored in CA; however, some flesh softening occurred in all treatments (6 to 13 N, which is the difference between the initial flesh firmness and that after the storage period) after eight months of storage (Table 3). Flesh softening in apples occurs through the activation of cell wall degrading enzymes, such as polygalacturonase, pectatelyase, pectin methylesterase, endoglucanase, β -xylosidase, and especially β -galactosidase, which are activated by ethylene (Wei et al., 2010; Ortiz, 2011). In addition to higher ethylene biosynthesis for apples stored at CA during the first four days at 20 °C, the entire ethylene production was low. Therefore, the total amount of ethylene produced may not have been enough to activate cell wall degrading enzymes, and, therefore, did not affect fruit firmness (Table 3).

Table 1 – Ethylene production rate and 1-Aminocyclopropane-1-Carboxylate (ACC) oxidase activity of 'Royal Gala' apples after eight months of storage at different temperatures and dynamic controlled atmosphere (DCA) conditions plus seven days of shelf storage at 20 °C.

DCA conditions	Temperature °C	Ethylene production rate				ACC oxidase $\eta\text{L C}_2\text{H}_4 \text{ g}^{-1} \text{ h}^{-1}$
		Days at 20 °C				
		½ day	2 days	4 days	6 days	
	Initial Analysis**		$\mu\text{L C}_2\text{H}_4 \text{ kg}^{-1} \text{ h}^{-1}$			18.9
CA***	0.5	0.18 aA*	0.06 aB	0.09 aB	0.06 aB	60.19 a
DCA-CF	0.5	0.08 bcA	0.00 bB	0.01 bB	0.01 aB	39.00 b
DCA- RQ2	0.5	0.12 abA	0.01 bB	0.01 bB	0.03 aB	14.38 c
DCA- RQ2	1.0	0.09 bcA	0.03 bB	0.02 bB	0.03 aB	18.96 c
DCA- RQ4	0.5	0.05 cdA	0.02 bA	0.03 bA	0.02 aA	15.05 c
DCA- RQ4	1.0	0.14 abA	0.02 bB	0.02 bB	0.01 aB	25.47 c
DCA- RQ6	0.5	0.02 dA	0.00 bA	0.02 bA	0.01 aA	38.48 b
CV (%)			66.94			16.82

*Means followed by equal letters, lowercase in the columns and uppercase in the lines, do not differ (Tukey's test, $p < 0.05$); **Initial analysis took place before fruit storage; ***CA (controlled atmosphere) was 1.2 kPa O_2 /2.0 kPa CO_2 ; CO_2 for DCA was 1.2 kPa; CF: chlorophyll fluorescence; RQ: respiratory quotient; VC: Coefficient of Variation.

Table 2 – Respiration rate of 'Royal Gala' apples after eight months at different temperature and dynamic controlled atmosphere (DCA) conditions, plus seven days of shelf storage at 20 °C.

DCA conditions	Temperature °C	Respiration rate Days at 20 °C			
		½ day	2 days	4 days	6 days
		mL CO ₂ kg ⁻¹ h ⁻¹			
	Initial Analysis**	5.89			
CA***	0.5	4.48 aA*	4.56 aA	3.41 aB	3.30 aB
DCA-CF	0.5	3.79 abA	3.38 bcAB	2.56 bC	2.94 abBC
DCA-RQ2	0.5	2.47 dB	3.24 cA	2.50 bAB	2.34 bB
DCA-RQ2	1.0	2.78 cdB	3.60 bcA	2.50 bB	2.58 bB
DCA-RQ4	0.5	3.31 bcA	3.75 abcA	3.14 abA	3.22 aA
DCA-RQ4	1.0	3.11 bcdB	3.87 abcA	3.10 abB	2.65 abB
DCA-RQ6	0.5	3.49 bcAB	4.17 abA	2.98 abB	3.25 aB
	VC (%)	11.60			

*Means followed by equal letters, lowercase in the columns and uppercase in the lines, do not differ by Tukey's test, at 5 % probability; **Initial analysis took place before fruit storage; ***CA (controlled atmosphere) was 1.2 kPa O₂/2.0 kPa CO₂; CO₂ for DCA was 1.2 kPa; CF: chlorophyll fluorescence; RQ: respiratory quotient; VC: Variation Coefficient.

Table 3 – Flesh firmness, titratable acidity and soluble solids of 'Royal Gala' apples after eight months of storage at different temperature and dynamic controlled atmosphere (DCA) conditions, plus seven days of shelf storage at 20 °C.

DCA conditions	Temperature °C	Flesh firmness	Titratable acidity	Soluble solids
		N	% Malic Acid	°Brix
	Initial Analysis**	76.4	0.292	11.2
CA***	0.5	66.9 ab*	0.237 c	12.0 ab
DCA-CF	0.5	68.8 ab	0.237 c	12.1 a
DCA-RQ2	0.5	66.9 ab	0.245 ab	12.0 ab
DCA-RQ2	1.0	63.7 b	0.265 a	11.9 abc
DCA-RQ4	0.5	67.0 ab	0.241 ab	11.7 cd
DCA-RQ4	1.0	63.1 b	0.258 ab	11.8 bcd
DCA-RQ6	0.5	70.2 a	0.253 abc	11.5 d
	VC (%)	4.17	2.97	1.42

*Means followed by equal letters in the columns do not differ by Tukey's test, at 5 % probability; **Initial analysis took place before fruit storage; ***CA (controlled atmosphere) was 1.2 kPa O₂/2.0 kPa CO₂; CO₂ for DCA was 1.2 kPa; CF: chlorophyll fluorescence; RQ: respiratory quotient; VC: Variation Coefficient.

Although DCA did not maintain higher flesh firmness of the apples stored in RQ 2 and 4, it kept the titratable acidity higher after seven days of shelf storage. This result is in accordance with the lower respiration rate mainly just after 1/2 day at shelf storage (Table 2). However, with higher RQ, which means lower oxygen level in the storage chamber, lower soluble solids were measured (Table 3). Hypoxic concentration in a storage room results in an induction of the fermentative metabolic processes in order to supply cells with energy. However, the energy yield on anaerobic respiration is very low, with only two ATPs produced per glucose molecule (Raymond et al., 1985). Therefore, for cells to maintain energy supply and cell function, e.g., selective membrane permeability and basic metabolism, a greater amount of glucose must enter glycolysis, which in turn, leads to a decrease in soluble solids and also an increase in ethanol accumulation that might culminate in higher physiological disorders (Franck et al., 2007).

Apples stored at 1 °C had lower occurrence of flesh breakdown and higher percentage of healthy fruit

(Table 4). Weber et al. (2011) also observed lower occurrence of physiological disorders for 'Royal Gala' apples stored in CA at 1 °C than those stored at 0.5 or 0.0 °C. The 72 % of healthy fruits obtained in the best storage condition was not high; this percentage could be seen as commercially unviable. However, all fruits with any kind of inner physiological disorder in this study, regardless of its size, were considered not healthy. For commercial store companies, the inner quality is not a factor that excludes apples from the market.

Flesh breakdown is often associated with deficient gas diffusion, which can cause anoxic spots in fruit flesh, resulting in the occurrence of this disorder (Franck et al., 2007). However, temperature normally does not influence tissue diffusion (Schotsmans et al., 2003; Ho et al., 2006). Therefore, the main reason for the higher occurrence of flesh breakdown at 0.5 °C was probably chilling injury. Diffuse flesh browning in 'Pink Lady™' apples is characterized by browning throughout the cortex tissue of the fruit, with the vascular tissue remaining clear and relatively unaffected (James and Jobling, 2008).

Table 4 –Flesh breakdown, mealiness, low O₂ injury, and healthy fruit percentages of 'Royal Gala' apples after eight months of storage at different temperature and dynamic controlled atmosphere (DCA) conditions, plus seven days of shelf storage at 20 °C.

DCA conditions	Temperature °C	Flesh breakdown	Mealiness	Low O ₂ injury	Healthy fruit
				%	
CA**	0.5	22 a*	39 a	0 c	57 c
DCA-CF	0.5	19 ab	35 ab	0 c	66 ab
DCA-RQ2	0.5	15 b	30 ab	1 c	66 ab
DCA-RQ2	1.0	8 c	29 ab	0 c	69 ab
DCA-RQ4	0.5	18 ab	34 ab	8 b	50 cd
DCA-RQ4	1.0	8 c	23 b	1 c	72 a
DCA-RQ6	0.5	18 ab	23 b	49 a	43 d
VC (%)		6.77	9.96	27.05	6.03

*Means followed by equal letters in the columns do not differ by Tukey's test, at 5 % probability; **CA (controlled atmosphere) was 1.2 kPa O₂/2.0 kPa CO₂; CO₂ for DCA was 1.2 kPa; CF: chlorophyll fluorescence; RQ: respiratory quotient; V.C.: Variation Coefficient.

'Royal Gala' apples stored at DCA-RQ2 (at 0.5 or 1.0 °C) and those stored in DCA-RQ4 at 1 °C had lower flesh breakdown than those stored in CA; however, the apples stored in DCA-CF did not differ from those stored in CA (Table 4). Watkins (2008) showed that DCA was especially effective to reduce superficial scald development in 'Cortland' and 'Delicious' apples, but they did not mention flesh breakdown. LOL is inherently variable, like fruit mass, color, sugar or acid levels, even among apples from a given cultivar and tree or between the sun-exposed and shaded regions of a single fruit (Wright et al., 2012). Therefore, the current DCA-CF recommendations suggest that O₂ partial pressure should be set at 0.2-0.3 kPa above LOL (Prange et al., 2007). If the O₂ partial pressure set above LOL, fruit quality might be not maintained at its best. As a result, apples stored in DCA-CF might not differ from those stored in CA condition.

Mealiness was higher in apples stored at CA condition; however, it differs only for apples stored at DCA-RQ4 plus 1 °C and DCA-RQ6 (Table 4). Mealiness is a physiological disorder which is characterized by the sensation of a deteriorative texture and lack of juiciness that degrades the quality of apples and makes them unsuitable for marketing. The intensity of juiciness decreased while the intensity of mealiness increased, and these changes were associated with the deterioration of the mechanical strength of the apple tissue during storage (Billy et al., 2008). The most relevant biochemical marker which is associated with texture change, as a mean of mealiness appearance, is the increase of galacturonic acid content analyzed in water soluble pectin extracts (Billy et al., 2008).

The apples stored at higher RQ (6 and 4), especially at 0.5 °C, showed skin browning after storage, probably because of the low oxygen level during storage (Table 4). The temperature increase to 1.0 °C reduced the occurrence of this disorder. The apples from DCA-RQ4, at any temperature, and DCA-RQ6 had an alcoholic taste after eight months of storage and even after seven days of shelf storage (data not shown). Therefore, skin injury probably occurs because of higher fermentation under high RQ conditions, which results in a larger

amount of ethanol, acetaldehyde and ethyl acetate production which, in turn, can damage apple skin (Pesis, 2005). The disorder caused by low O₂, and in addition to higher flesh breakdown, reduced the percentage of healthy apples stored at 0.5 °C in the DCA-RQ4 and DCA-RQ6 treatments (Table 4).

Conclusions

'Royal Gala' apples stored in DCA-RQ2 at 0.5 °C maintain fruit quality comparable as those stored in DCA-CF and better than those stored in static CA after eight months of storage. Apples stored in DCA-RQ4 at 1 °C also maintain fruit quality. The lower O₂ partial pressure inside the storage chamber can result in higher fermentation disorder risk. Therefore, DCA-RQ2 is recommended. A temperature increase from 0.5 °C to 1.0 °C reduces the incidence of physiological disorders, such as low O₂ injury and flesh breakdown in 'Royal Gala' apples stored in DCA-RQ.

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